

**INFORMATION REGARDING CALLS PRESENTED AND/OR SUPPORTED BY
2013 RAINBOW ROUND TABLE**

I TO ACCESS THE THREE WEEKLY CALLS via the Internet

A BBS RADIO Go To www.bbsradio.com; click on Talk Radio Station #2; click on "64K Listen"

Thursday: 9 pm – 12:00 pm EST **Stargate Round Table** **Host: Marietta Robert**

Friday: 9 pm – 2 am EST **Friday Night Hard News** **Hosts: T & R**

Saturday: 4:30 pm – 2 am EST **History of our Galactic World & NESARA** **Hosts: T & R**

Friday, Saturday: From **10 – 11 pm EST**, for one hour, the call moves to the Conference Call Line [PIN below] and then returns to BBS Radio.

- During the radio show, use the following phone numbers to ask questions or make comments
530 – 227-7602 [line 1]
530 – 413-4522 [line 2]
530 – 530-413-5011 [line 3 & 4]
- **BBS Toll Free # in Canada, US** 1 – 888-429-5471 This number picks up whichever line is available.

B Conference Call: 1-860-970-0300

Thursday PIN #	87 87 87#
Friday PIN #	23 23 23 #
Saturday PIN #	13 72 9#

C Skype: **BBSradio2**

D Archives for the 3 Programs listed above:

- To access the **FREE BBS archives** for any of these programs:
 - Go to [BBSRadio.com/ Station 2](http://BBSRadio.com/Station2); scroll down; click on **Live Talk Radio Shows**
 - Scroll down to **Hard News on Friday with Tara and Rama**, and click on **"Library Archives"**
 - When that screen comes up, click on ARCHIVES; when that screen comes up, check on the date you want. It opens in a new tab: you'll see the "free to listen box"; click the bars to play; use the tab to stop and start the tape.
 - Right hand click on "direct MP3 Link" and then you can download the program to your own computer, or click on "Listen" without downloading the archived program.
- The **2013 website also has an archive section:**

<http://2013rainbowroundtable.ning.com/> look under the "Archives" tab for written notes.

II TO ACCESS OTHER CALLS SUPPORTED BY 2013 Rainbow Roundtable

- A Sunday, Mondays: 9 – 10:30 EST** **Cheryl Croci's Activation Calls**
By telephone only: 1 – 605-475-5950; PIN 9467441#
- B Tuesdays, 2nd & 4th of each month:
9: 00 – 11:00 pm EST** **Ashtar on the Road**
Hosts: Fran; Susan Leland channels Ashtar, Mother Sekhmet
www.Ashtarontheroad.com
- Phone Number: 1 – 605-562-3140; PIN 980339 #
 - Call is free [except for long distance charges]
 - Can also listen to the call via Skype
- C Wednesdays: 7:00 – 9:00 EST** **The Friends of The Aboriginal Moabite Nation Call**
By telephone only: 1-712-432-0900 PIN 666238#
Replay # [good for 1 week] 1-712- 432-0990 PIN 666238#

Opening Meditation: Rainbird

Housekeeping: Rainbird Thank you!

- BBS:**
- A listener-supported radio program; we know the White Knights listen but they cannot contribute anything; part of our job is to pay for them too
 - **We need \$ 300 /week; this week it is even Steven! Can start on next week!**
Thanks to all who pay it forward. Thanks to new donors, too – makes it easier for all.
 - What we hear and learn feeds our minds and our souls! And, as LM Nada said, it is also part of our contribution to the work being done by Tara & Rama and to the changes going on. **Every little bit helps!**
 - Go to BBS.com/Radio 2; find the listing for Friday Night Hard News; find the **Paypal** button
 - **NO COST TO ACCESS THE ARCHIVES** for either of the T & R PROGRAMS, or the one for Thursday night: Stargate Round Table, hosted by MariettaRobert
 - Re: archives of the other programs on BBS: the money we pay to listen to someone else's archives is put towards our BBS bill!
 - The mailing address for those who do not like paying electronically
**BBS Network, Inc. [Attention: Don]
5167 Toyon Lane
Paradise, CA 95969**
 - BBS appreciates getting checks through the mail – no fees taken off by Paypal

AN OPTION ON HOME PAGE: A BUTTON TO SET UP A MONTHLY SUBSCRIPTION

- T & R:**
- Can donate via the Paypal button on the website: 2013RainbowRoundTable.ning.com
 - **need \$** for food; gas; sundries

FROM ASHTAR ON THE ROAD: donate to the Santa Fe Coop so T&R can access organic, fresh food

- Your donation here sets up an account for Tara & Rama with Beneficial Farms Community Supported Agriculture in Santa Fe, New Mexico. This will make available a weekly supply of fresh produce raised with organic and sustainable methods.
- These funds will be exclusively used to maintain this weekly account for a steady supply of produce to Tara and Rama. They and we are very grateful for your assistance.
- It's in the A-O-T-R store & is designated for the food. People can do multiples if they want: <http://www.ashtarontheroad.com/catalog/item/2497194/10263880.htm>
- Fran will put the link on their page as well. http://www.ashtarontheroad.com/tara_rama_A_A_news_reports.html
- **Please notify them if you're sending something:** koran999@comcast.net
- Rama's mailing address for cheques, Money orders:
Ram D Berkowitz
1704-B Llano St, # 249
Santa Fe, NM 87505
- **Phone contact** is via MariettaRobert: 317-773-0061
or by e-mail: stargatemarietta@gmail.com
- **Remember you can book a session with Mother, as well!**
- Please remember to support MariettaRobert's show too.

Introductory Notes:

- Gofundme for Rama's operation/follow up is doing well: <https://www.gofundme.com/RamaSurgery>
- **please keep the donations coming & send them to his paypal a/c with a memo**
- **\$13, 246** is the amount donated to date

<https://bbsradio.com/podcast/hard-news-friday-march-11-2017>

HARD NEWS

R: a coyote came up to Rama in the Whole Foods parking lot, let R pet him, then went on his way along the side of the parking lot! Need to ask Mother about this!

KOE a.k.a. Anubis: called Rama today: something needs to be afoot for him to call!

- And all the kingdoms are telling us they are here: set an extra place at the table!
- in ruins of Luxor, 66 undiscovered statues of Mother and her Paschat warriors – maybe these are not just statues but beings in suspended animation
- brings up the stories of Gargoyles that turn to stone during the day, and at night do what they have to do

2017-03-08 **66 statues of Pharaonic goddess Sekhmet discovered in Luxor [SEE BELOW]**

KOS: other stuff like that coming up – can animate themselves when they need to – on the purpose of what their timing is for the sake of this planet.

- Also, strange radio signals coming from the edge of our universe: could be intelligent dialogue from other civilizations; maybe from anti matter universe, maybe from other side of a black hole
- the guy who was talking sounded like Nassim, but wasn't – a quantum physicist, & he was just saying: we are being called upon to respond, whether NASA says so or not: how do you respond to a message when you don't know the language
- the universal language is Solex Mal – colour, symbols, sounds – it was the language we spoke before this sound came
- all the kingdoms are showing up to participate: don't be surprised if your pets suddenly start talking: there are so many strange things coming into focus
- the major distraction is the orange hair on fire – nothing to do with reality – just another day in fake news world
- Everyone he talks to is saying: the news is a major distraction: other things going on around our planet, local universe that have to do with so much love, frequency upliftment – he can only describe the little slice of it as PT Barnum and the carnival show which is 24/7 with the ABC agencies playing.
 - And there are some inside those agencies who know what time it is – being given **no dates, just that it's NOW** – don't know what that means

KOE: coming down like a rock behind the scenes – they are playing with the Goebbels idea of playing it over and over until people believe

• he identified Alex Jones as making up stories that are so big and are lies -

R: put Rachel in the Circle of Support: she's getting down on things but still having to lie

KOE – says a time will come when she gives up her news suit; put on her sunglasses, on her jeans and sneakers and pull on Bill Maher who will say he lied a lot

- goes back to 911, JFK Sr who'll be here to tell us and the truth about Marilyn, Twin Flames

- Other than what he heard from KOE, all the things going on now: things leaking out all over the place: someone called Michael Steele, British, worked for MI 6, was in news about a month ago because he discovered in the the dossier about Trump and world wide mob dealings are further ties with Vatican, Opus Dei
 - After making this public, he went into hiding for almost a month, then came out breathless thinks it's all rigged to make things more exciting: he is not telling the truth about Russia and the hacking of the DNC
 - Rachel has to talk about this stuff and lie; and in between, she drops real bombshells
 - don't know if Michael Steele will tell that story; R will leave it to others to talk of it

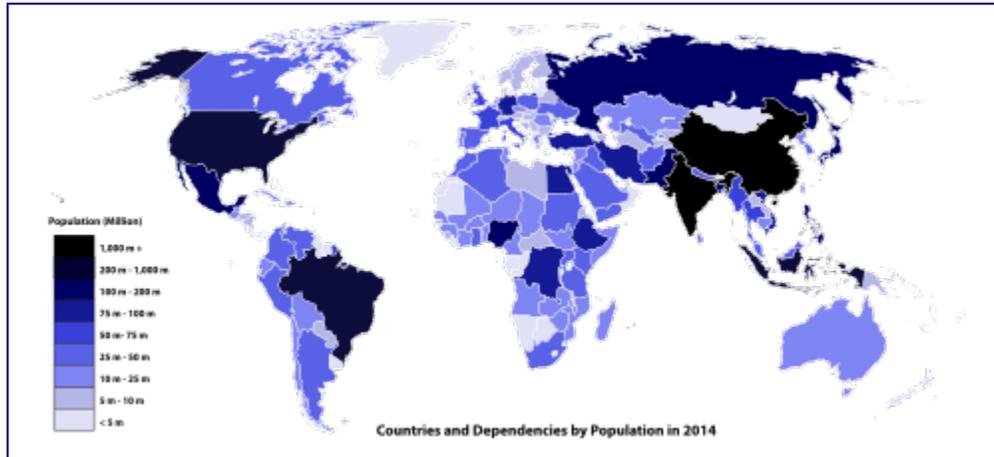
T: they know these things but when they put it out like this

- remember when they watched the specials of the Global Citizen on NBC and there was talk of ending poverty by 2030?

- THE REAL AGENDA IS Agenda 21, THE PLAN TO DE-POPULATE the world by 2030
[See Below]

2017-02-14 Agenda 21: Depopulation Of 95% Of The World By The Year 2030 Is Now Underway

According to [Spirit Egg](#), the United Nations has implemented a plan to depopulate 95% of the world. They say the name of this plan is Agenda 21.



Agenda 21 was developed by the United Nations Department of Economic and Social Affairs, Division for Sustainable Development as part of a sustainability policy.

According to the United Nations website, Agenda 21 is a “comprehensive plan of action to be taken globally, nationally and locally by organizations of the United Nations system, government, and major groups, in every area in which humans have impact on the environment.”

IF YOU WANT TO READ THE FULL DOCUMENT CLICK [HERE](#)

Check out the videos below for more information on Agenda 21:

<https://youtu.be/6l79Qa92DeU>

<https://youtu.be/Gye6JDph4Ro>

To read Agenda 21 on the UN’s website [click here](#), or for the updated Agenda 2030 [click here](#)

Source: <http://countercurrentnews.com/2017/02/agenda-21-depopulation-of-95-of-the-world-by-the-year-2030-is-now-underway/>

- Was not able to download the document T was reading from: the setup of the website does not allow any copying and pasting, and only forwards to PDF documents, readable only on screen.]
- There are many sources on this subject.

- And Alex Jones is painting a graphic, gruesome story; Steve Bannon aids and abets this – people are being bombarded with these kinds of stories, in addition to lacking money, and all other kinds of 3D issues

- Had another galaxy from an anti-matter universe with radio signals show up in our laps out of nowhere – first contact, full disclosure is happening whether or not we are being told – stuff is happening all the time – R says we are being scutinized
 - someone called Keith Bannister is talking about the fast radio bursts could be aliens beaming across space! He thinks it's unlikely – thinks the signal is like what can be caused by a natural phenomenon
- KOE:** said we are not being given the full picture at the moment about the signals; there are anomolies over the whole expanse of our galaxy and universer as our sun is going through a transformation, transfiguration too in conjunction with the centre of the Milky Way Galaxy
- Things are moving behind the scenes and here is some intelligent commentary !!!

Audio: Redacted Tonight VIP 2017-03-09
[51] Rogue Economist Explains why Capitalism is Collapsing

<https://www.youtube.com/watch?v=ozt5uGbTBm0&list=PLdi9R2OWN6k4biEQanAuVpqF-6G7bXRfH&index=1>

In the first part of this latest Redacted Tonight VIP, Lee Camp talks with professor **Richard Wolff**. A noted economist and author, Wolff is the founder of Democracy at Work, a nonprofit that advocates for workers having more of a say in the businesses they work for. Wolff discusses the impact of having Goldman Sachs CEOs occupying positions of power in the White House, the likelihood of another financial collapse akin to the one in 2008 and the importance of promoting democracy in the workplace. In the second half of VIP, Lee shows an example of **the lack of subtlety behind ExxonMobil CEO Rex Tillerson's appointment as Secretary of State** and how an insurance CEO admits on Bloomberg News that he profits off of Americans who are a stone's throw from financial ruin.

- **Be sure and watch this video: lots of information, also great video shots**
- “The president of the White House is now a secretary for Exxon Mobil” - Lee!!!

CONFERENCE CALL

Re: Agenda 21 - can see that the intention is for none of us to survive:

At the beginnings of 2017, statues of the Pharonic Goddess Sekmet have been found

- project began in 1998, with the goal of preserving the remannts of the temple
- discoveries made during that time; found Sekhmet holding an ankh: symbol of life, also related to the goddess energy
 - Made of dioite rock, statues are in good condition – archeological / architectural/historical value: will have a full image of the temple, destroyed by earthquake in pharonic era **[SEE ARTICLE BELOW]**

Randy: Standing Rock update – have stood up against David Ashenbach

- have new evidence that US is bankrupt already; any govt' issued documents against the natives are acts of treason.
 - The tribe owed \$1 million in back taxes and they contrieved a lot of this to get the 3.2M they received in donations.
- Natives filed a lawsuit against Trump at the Hague and if convicted it means death for him.
 - Video came from Margie, a Lakota fire keeper who is close to the Standing Rock people

Here is the video link:

<https://www.facebook.com/DigitalSmokeSignals/videos/10155880055799746/>

THIS VIDEO CONTAINS COME VERY IMPORTANT INFORMATION REGARDING THE RELATIONSHIP OF THE U. S. GOVERNMENT TO NATIVE AMERICANS

Ro: the information about the nanites at the ISS is colossal! Signs that this is the end of the end! won't be antoher year! Can't see it going on for another year!!!!

Carlton: about the ruins and statues of Sekhmet: has talked to someone whose friend was part of a Kryon trip to Egypt: some in the tour who were more psychic said she spoke pretty clearly to them. Her energy has grown so much more powerful over ast 6 months.

C: asks about South Korea

Here is a link to what is happening there:

2017-03-10 **South Korean court upholds motion to impeach President Park Geun-hye**

[Nyshka Chandran](#) | [@nyshkac](#)

[South Korean](#) leader Park Geun-hye became the country's first president to be ousted by impeachment after a panel of justices on Friday upheld a motion to dismiss her over one of the nation's biggest influence-peddling scandals.

<http://www.cnn.com/2017/03/09/south-korean-president-park-geun-hye-impeached-after-court-ruling-south-korean-president-park-geun-hye-avoids-impeachment-after-court-ruling.html>

Who is the one – she's been nailed by others in the gov't as she has been paying a spiritual leader

- Both women will be going to court for crimes
- a couple of corporate heads – one from Samsung – have had to leave the compay
- Lots of chinks in the armour – don't know what's going on behind the scenes

T: all the intel communities are going after each other – the people we don't know/ aren't aware of who are inside the Deep State are killing each other: playing for keeps and taking each other out

C: are there good guys in DS?

T: Deep State pretty much means the dark: Faction 3 White Knights are pretty much infiltrating everything: this means both galactics and the sovereign Militia

- This was officially started on Oct 1, 1979 and has continued since then

C: media is so corrupt, can't tell what's going on, let alone what's true.

T: Reads the story about the statues of Sekhmet: Mother, The goddess who is among the most powerful of all Egyptian deities **[SEE BELOW]**

B B S RADIO Mother / Alcyone

Greetings in the Light of the Most Radiant one! In the Office of the Christ and only in the Office of the Christ, we invoke the loving energies of St Germain and the Violet Flame

Greetings, Children of Ra!

- Indeed the coyote medicine is afoot! It may look like one story; on the other side of it, a completely different story. It's about this trickster medicine of one heart, one mind; think with the heart, the other energies - When you get stuck in your head, believing the false

stories, confusion can happen. They wish to play with that confusion, and they are doing a bit of a good job of it in the moment, muddying the waters.

- it's not about lock her up, but lock them all up – in their own prison of their own consciousness that they have created for themselves
 - Prison is a state of mind. It is about raising consciousness. As you come from the true high heart, with that consciousness, there is no room for doubt or worry or regret or judgment: it just is.

- the trick is to get there without the monkey mind leading you like your bladder to the bathroom. [ref to a tv ad] It is a bit of a challenge! Yet it is this time that we are in that the particles, the Force, is calling, making it so with the energies pouring in.

- Energies that are pouring in like - from one side of this universe it may look like a white hole, on the other side of the universe, looks like a black hole: depends on what side of the exit/entrance you're on
 - there are very stable worm holes to travel through to the next couple of universes. Must be about the awareness of this planet; as Carl Sagan called it - this tiny blue green dot as in the vastness of space, it is not that we are alone – never alone! So much life here at this moment, pouring in – every shape and form and then some.
 - It is about the transfiguration: take asphalt and concrete, change it and rearrange the molecules, and many interesting avenues of infinite possibilities pop up
- It is this time as so magnificent to behold, and it may look like hell, yet it is not that;
 - it is only like Professor Richard Wolff put it: 1% think they're covered; what's covering them is empty air; nothing holding up - all based on false energy.
 - let's just say: someone's gonna use a bic lighter and light this house of cards, and it's over! We will hear when that Max Keiser has to say: it is in our best interest - gold, silver, bit coin

T: isn't any of us doing that!

M: very soon, and she does mean in this nano second - we can afford the bit coin and the gold and the silver there is a REA; there is a re-arranging of the deck chairs on the Titanic

T: we are going to set up foundations; people will come together to create many, many projects with galactics among us, and Councils of Elders, and co-operation and collaboration

M: magic math - using our brain and higher consciousness with the heart

T: are your digital devices spying on you?

M/A: don't do anything in front of your TV that's kinky, mind you – they don't need any more ideas - have a whole manual on CIA tactics.

- It is this grand story, at this time that is unravelling for everyone as the whole of it comes to the light of the noon day sun.

M/A: a long long time ago in a galaxy not so far, far away, magic occurred. It is this cosmic story that is rapidly being expanded upon by all kinds of folks at this time, from all sectors of life that have a part to play in how we live, move, have our being with the wisdom of the ages

- It is a fact - speaking of facts after 50 days of non-facts that are innuendos, allegations, hints, trails of breadcrumbs that lead to the zig zag path to nowhere: we are not doing that story again.

T: no more wire-tapping and Wikileaks

M/A: Julian Assange has to do what he has to do to get the word out: how since the time Jack began to tell the stories about, very possibly, we're going to be visited: yet already he was contacted by the galactics at the conference 1960 when the galactic councils said share the word – he went on to share the word – JFK

T: it was 1961 - the Star Nations meetings

- M/A:** now everything that - Jack will be 100 coming up, and the stories that need to be told about the bio-medical, military, industrial, congressional complex need to be unravelled.
- It is about how they [M etc] are visitors from our future which is their past, coming here to let us know that the remaining technologies of splitting the atom in the wrong way are ceasing to exist
 - the verbal abuse that goes on about Armageddon – thoughts are things – have to watch the tongue; think perfect thoughts,
 - as we focus on positive things, and mantras about colour light and sound changes realities, space/time
 - this changes how the energies interact with physical matter and space/time, since everything is alive and kicking with so much energy – we are in such a magnificent moment where, as this planet was created
 - the universe is an amusement park for consciousness with such beauty, magnificence to behold - this is a garden amongst the stars in this local sector of the galaxy - many beautiful planets:
 - Sister Venus with liquid lakes, and the birds: it is like Pandora, and we can talk to the Great Ewah, goddess; when you touch the plants, they talk to you with light, colour, sound, just like we saw in *Avatar*
 - this is going on in so many places throughout the galaxy
 - Alpha Centauri where Pandora is, is only 4.1 light years from earth, 4-6 hours away at warp 6 – not a long time to see beauty of such joy and it is also right here, within us as well
 - this is the true discovery of enlightenment; as we turn off the transmission box of lies and get in touch with the real transmission box in the heart, we will see the energies of which she speaks
 - already happening - the millennial children - 1 in 10 of them can tell us about the beings that are showing up here that have the solutions.
 - Yet the human grown-ups, as they call them, don't want to listen to the tinkle bells – which is the sound of that one hand clapping that is so loud. Does the big bang come to mind? That's what this is.
- When we [Mother and we who became “humans”] began the story with the big bang – and the ripples in the virtual pond are still going on; only now are we receiving wisdom from things that happened so many light years [ago] trillions of years, hundreds of trillions years – no words to describe what we are seeing; it is when Jeb and Newt created Father Sky and Mother Earth **before** what we might call Genesis
- best way to describe it is an episode of *Star Trek: Next Generation* – Q took Captain Picard to the beginning of earth and stuck his hand in some amniotic fluid coming out of a pond; in the background, volcanoes were going off pm the planet; sky was full of asteroids.
 - Q said to the Captain “Here are the building blocks: it is about eartj. air, fire, water, fire, ether – the 5 elements; the 5th element is love”. When you breathe love into the energy, magic happens which is called life. It's not about Artificial Intelligent creation that comes from algorithms created by humans . . .

T: they can have life too

- M/A:** they can, yet there is something going on with the re-arranging of the molecules of our dimensions as the old energy goes by the wayside.
- She is speaking about - as energies go up and up and up, they cannot do their trans-humanist agenda of trying to put soul matrix into artificial intelligent bodies created in laboratories: cannot be done – love is the answer – it's about out of the high heart, that kundalini yoga, that life, comes into manifestation
 - the Dakini, the shaktipat between two Twin Flames whether in the physical or non-physical

- yes, love in the cells: what is happening is these wisdom teachings coming out in all the kingdoms as these things are shared by tuning into the trees, the rocks, the grass –
- Like Master Joda said “Leave all things behind; do the meditations, do the movements, the ways in which you get your body in shape – walking, simple walking can change everything; changes consciousness.
- Which is why Don Juan told Carlos in those books to find his spot; it took Carlos days for him to find his spot; finally found it – it’s about where you find a crack between the two worlds, and it is all over this planet – called vortexes where energies come in, go out:
- also called breathing holes that the indigenous people of this land before they started writing things down; they spoke with the original languages of Solex Mal, Language of Love
- these breathing holes are everywhere on the planet – the wisdom coming out of what we call earth, air, water, fire, ether – it is about the magical elements that come into play that take a greater role with the kingdoms who are in balance with the cosmic cycle that has kicked in since 2012

- we’re moving vast amounts of energy across this galactic plane, moving ever closer to Galactic Centre, and things that have not been discovered starting to find out who and what we are – not about apocalypse; it is about enlightenment
- they - the old energy - want to play with apocalyptic stories and this is what is destroying their own energies: cannot love when in this state; maybe you can, but these dinosaurs are dying – love them on their way out: it is their choice: she will not get in the way of their own demise
- what is there to say – she does not know the outcome

T: China is challenging the US in its goal to be super power
North Korea is challenging Japan

M: the South Korean president got sacked yesterday

T: going to have elections down the road

M: the left leaning president

T: he’s not that at all – elections in September - thinks he will make president

M/A: He is more open to opening the borders to N K rather than playing footsie with the US

T: they’ve been already doing nuclear missile tests with South Korea; they do it every year which is why NK is being the way it is

- Kim Jong Un is an asset of the CIA

M: the chess pieces on the cosmic board are being moved: there is no more check mate time – 1 or 2 or 3 places left: the 1% moves – got move again as they are in check - have only 1, 2,3 places on the board; they move the bishop or queen into place - checkmate

- as Cmdr Ross said time for this one to go The Hague

T: has to be done all at once, or someone else just replaces him

M/A: in the past she has made jests about a hanging and a key lime pie

- at the same time, the death penalty is an interesting story on the planet. As we get past this moment here where things are looking quite uncertain, because we are not on the right side of how they see things play out from the greater viewpoint
- when we get to the other side of the door opening, we will see how things shift in consciousness, in nano seconds, at quantum light speed, and we see that what was about ideas of removing physicality goes into another place when we begin to figure out how to work there with the energies and the Council of Wise Elders who have ancient wisdom that brings to the table consensus about how we deal with those who have done energies out of their time/space continuum

T: isn’t this the soul of the I AM race that got lost in the shuffle?

- M/A:** and how that gets healed and brought into balance: rather than picking up the double bladed axe or the electric chair or the gas chamber, we look each other in the eye and we figure out how to do this with peace, with love
- we may not get it all at once but it's happening and there are messengers on the planet to help us begin to get it; there are counselors already here; one we already know – the Dalai Llama – listen to his lightness of the heart:
 - It is how we deal with these issue of statesmanship without playing Kalima – that's her role yet there are other ways to do things in a civilized manner, as she speaks with blood dripping from her chin!
 - it is about LOVE in this context of how we work with healing
- a story: Lord, make me an instrument of thy peace where there is hatred let me sow love

Lord, make me an instrument of your peace.
 Where there is hatred, let me sow love.
 Where there is injury, let me bring pardon.
 Where there is doubt, let me bring faith.
 Where there is despair, let me bring hope.
 Where there is darkness, let me bring your light.
 Where there is sadness, let me bring joy.
 O Divine Master, let me not seek as much
 to be consoled as to console,
 to be understood as to understand,
 to be loved as to love,
 for it is in giving that we receives,
 it is in pardoning that we are pardoned,
 it is in dying that we are born to eternal life.
 [Ascribed to St Francis of Assisi]

- as we watch of the old energy out of its space/time continuum spiral out of here, and it is already happening, we move into that eternal life energy
 - for some it is about making a life style change: what we put in the pie hole affects the living matter; that is why – in metaphor and what she did on the planet, she consumed that energy which is called evil. Yet it is about eating liquid light – the closest is spirulina, plankton on this planet
 - Dr Roland Thomas has enough, and some others – when we eat algae, whether fresh water, naturally grown – there is algae growing in Lake Titicaca: might be the right kind of algae to eat, don't know

T: that lake needs a lot of cleaning up: it's a sewer – stuff going on everywhere

M/A: better go

T: was that you in that coyote body?

M/A: was not her; was another goddess: her sister Seket – came to let this one know "Now's the time!"

T: Yes, you're the cosmic trickster – they are actually enacting that cosmic trickster stuff being used now: it has been tough medicine, but it's waking pople up

M/A: when things not so chaotic

- the thing that is holding everything in place is – as she's been saying for years - the mother ships in orbit around the planet are holding it together; and at the same time, the legions upon legions upon legions that are here: we come in peace; we come in love!
- Greetings in the Light of the Most Radiant one – kadoish, kadoish, kadoish, Adonai,

R: Has been to Taos Mtn, listening to the energies pouring forth from the mtns, the upliftment, the rising of the sun as we approach the spring equinox -

T: DST on Sunday – clocks ahead by 1 hour

R: just listening to the heartbeat from the mountain itself: a heartbeat kind of sound – very calming – a very quiet moment: might be the calm before the storm

T: their friend came to visit today: so many people are really hurting now; has been said before they are really hurting now!

Audio: Democracy Now

[See Below]

- Colbert was having issues putting a show together: female staff on strike!
- the blind sheik Lynne Stewart defended passed over in prison in last month

2017-03-08 **RIP Lynne Stewart, People's Lawyer & Fmr. Political Prisoner; Watch Her Interviews & Release in 2014**

2017-03-08 **Women in More Than 50 Countries Set to Strike Today on International Women's Day**

2017-03-08 **Eve Ensler & Christine Schuler Deschryver on the Predatory Mindset of President Trump**

2017-03-08 **Hurray for the Riff Raff on Feminism, Gentrification, Gender Violence & Art in Era of Trump**

Audio: Chris Hayes

[All In with Chris Hayes 3/8/17](#)

<http://www.msnbc.com/all-in/watch/bernie-sanders-sounds-off-on-trumpcare-893544003945>

Bernie Sanders sounds off on Trumpcare

Trumpcare will be a disaster and hurt Trump voters the most - just listen to Senator Bernie Sanders describe how bad it will be, especially for older, poorer Americans.
Duration: 6:22

Audio: Max Keiser [\[KR1042\] Keiser Report: Neoliberalism is Junk](#) 2017-03-09

<https://youtu.be/uVWGAVuJsXM>

In this episode of the Keiser Report, Max and Stacy discuss why neoliberalism didn't make us richer. In the second half, Max interviews Steve Keen ([@profstevekeen](#)) about quantitative easing

Audio: Lee Camp Redacted Tonight [139] The Secret Billionaire Behind Trump's Rise, Massive CIA Leak & more

https://www.youtube.com/watch?v=4J_RpGzvsqss

Published on 10 Mar 2017

In this episode of Redacted Tonight, host Lee Camp exposes who is really behind the heinous Trump presidency. He reveals the shady power players who are really calling the shots. It's a disgusting web of bad operators, and it's definitely worth knowing about. Lee also covers the new Wikileaks CIA leaks. These leaks show that the CIA has been spying on us through, not only our phones, but also our TVs and cars. This gross violation is truly disturbing. Lee breaks it all down. In the second half of the

show, Redacted correspondent Natalie McGill joins Lee at the desk to discuss Robo-Bees. Yes, ROBOTIC BEES! Because of colony collapse and climate change, lots of organic bees are dying. Robo-Bees are being used to pick up the pollinating slack. Is this a great innovation or completely horrible? Finally, correspondent Naomi Karavani files a report about hate crime legislation around the country. It turns out the handful of states that don't have strong hate crime laws HAVE MORE HATE CRIMES. Karavani explains this and more on Redacted Tonight.

Audio: John Oliver

Dalai Lama: Last Week Tonight with John Oliver (HBO)

<https://www.youtube.com/watch?v=ndsAxanCbkk>

John Oliver interview DALAI LAMA on Last Week Tonight

<https://www.youtube.com/watch?v=57mCWofCmNY>

Reading: When God was a Woman: Ch 5 – They offered incense to the Queen of Heaven
pp 176 – 179

Closing: Rainbird

Music: Rumi's Sun Shams Tabrizi YouTube

Ellen de Generes: Ellen Meets the Darling Singing Father-Daughter Duo

You've Got a Friend in Me

After 4-year-old Claire and her dad Dave's web video stole hearts around the world with more than 150 million views online, they came to Ellen's show to perform their duet live!

<http://ellentube.com/videos/0-hkc39u6j/>

Reading: on Unicorns

INFORMATION RELATED TO THE NOTES

2017-03-08 **66 statues of Pharaonic goddess Sekhmet discovered in Luxor**

<http://www.egyptindependent.com/news/66-statues-pharaonic-goddess-sekhmet->



[discovered-luxor](#)

[Al-Masry Al-You](#)

Since the beginning of the year, the German archaeological mission operating at the King Amenhotep III Temple area in Luxor has discovered parts from 66 statues of the Pharaonic goddess Sekhmet, the Antiquities Ministry's official Facebook page reported on Wednesday.

The discoveries were made during a restoration project for the Colossi of Memnon, two massive stone statues of King Amenhotep III and his temple. The project began in 1998 with the goal of preserving the remnants of the temple and rebuilding it anew, said head of the Egyptian Antiquities Sector at the ministry, Mahmoud Afify.

The discoveries were made during excavations by the German mission in the area between the courtyard and the hall of columns in the temple. The excavation was originally made to search for the remains of the wall separating the two sites.

Some of the discovered statues represent goddess Sekhmet in a seated position, others depict her while standing and holding in her hand the symbol of life and a scepter of the papyrus flower, said mission head Professor Horig Suruzaan.

She pointed out that all the discovered statues are made of Diorite rock.

The statues are in good condition and well-preserved; they have an important archaeological value as they should provide a full image of the temple, especially after its collapse in a devastating earthquake in the pharaonic era, Suruzaan added.

The statues are undergoing restoration before being replaced in their original locations at the temple, she mentioned.

King Amenhotep III installed a large number of statues of the goddess Sekhmet to protect the temple from dangers and the king from diseases.

Sekhmet, who is depicted as a lioness, was a warrior goddess and the goddess of healing, known to ancient Egyptians as the "powerful goddess".



2017-03-08 **RIP Lynne Stewart, People's Lawyer & Fmr. Political Prisoner; Watch Her Interviews & Release in 2014**

https://www.democracynow.org/2017/3/8/rip_lynne_stewart_peoples_lawyer_fmr

Above: Watch our exclusive 2014 report [Dying Lawyer Lynne Stewart's Jubilant Return Home After Winning Compassionate Release](#)

Radical civil rights attorney Lynne Stewart died Tuesday at her home in Brooklyn from complications of cancer and a recent series of strokes. She was 77 years old.

A former teacher and librarian, Stewart was known as a people's lawyer who represented the poor and revolutionaries. Many considered her a political prisoner herself when she was given a 10-year sentence for distributing press releases on behalf of one of her clients, Omar Abdel-Rahman, an Egyptian cleric known as the "blind Sheikh," who was convicted of conspiring to blow up the United Nations and other New York City landmarks.

Democracy Now! first interviewed Stewart about the case in 2002.

https://www.democracynow.org/2017/3/8/rip_lynne_stewart_peoples_lawyer_fmr

We were also at the court house in [2006](#) when Stewart was first sentenced.

In 2009, Stewart spoke to Democracy Now! in her [last broadcast interview before beginning her prison sentence](#), explaining the background to the case and why she had been charged.

"We found out later that the Clinton administration, under Janet Reno, had the option to prosecute me, and they declined to do so, based on the notion that without lawyers like me or the late Bill Kunstler or many that I could name, the cause of justice is not well served. They need the gadflies.

So, at any rate, they made me sign onto the agreement again not to do this. They did not stop me from representing him. I continued to represent him.

And it was only after 9/11, in April of 2002, that John Ashcroft came to New York, announced the indictment of me, my paralegal and the interpreter for the case, on grounds of materially aiding a terrorist organization. One of the footnotes to the case, of course, is that Ashcroft also appeared on nationwide television with Letterman that night ballyhooing the great work of Bush's Justice Department in indicting.

In [2010](#), Stewart was re-sentenced to a 10-year term, nearly five times her original sentence, after an appeals court ruled her original punishment was too light.

Attorney Leonard Weinglass said Stewart's sentence would "mark this era as the era of the war on terrorists, which includes the war on lawyers who defend those who are accused of terrorism. To put her behind bars when no one was injured, no one was harmed, when those who produced the torture memos, those who produced the war are going free and even prospering is really the irony of our time."

While held in federal prison for nearly four years, Stewart suffered from stage IV breast cancer that metastasized, spreading to her lymph nodes, shoulder, bones and lungs. She was given 18 months to live.

Calls to grant her compassionate release came at a time when the Federal Bureau of Prisons faced increasing criticism for refusing to release terminally ill prisoners. In 2013, we spoke to former [U.S. Attorney General Ramsey Clark and Democracy Now! producer Renée Feltz](#), who went to Texas to interview Lynne Stewart in federal prison, the first face-to-face interview granted to a reporter.

We also interviewed [Stewart's husband, Ralph Poynter, and her daughter, Dr. Zenobia Brown](#), who is a hospice and palliative care specialist with a master's in public health. Poynter cleared up a common misconception about Stewart's comments after her [original sentencing](#).

RALPH POYNTER: What she had said, "As many of my clients have said to me when they received a sentence that was less than possible—possibly expected, 'I can do that standing on my head.'" Now that's a big difference than saying, "I can do that standing on my head." And if you go back and review the tapes, it is very clear what she said. And she began by thanking the judge. And all of this has been skipped by the media, who has lied about what Lynne said.

After months of campaigning, a judge granted Stewart's release, and on New Year's Day, 2014, [Democracy Now! was at the airport when she triumphantly returned to New York](#), and was met by her family and friends.

CROWD: We love Lynne! We love Lynne!

AMY GOODMAN: Lynne, how do you feel?

LYNNE STEWART: Beyond joy. Beyond joy.

AMY GOODMAN: Lynne, did you think this day would come?

LYNNE STEWART: Well, somehow or other, yes, but not as wonderful as it has come—

AMY GOODMAN: And how are you—

LYNNE STEWART: —or as suddenly. It's like bursting on me, you know? I mean, yesterday at this time, I was deep in the dungeons, and here I am in my beloved New York. It's just wonderful. I can't tell you.

[Watch all of our interviews with Lynne Stewart.](#)

2017-03-08 Women in More Than 50 Countries Set to Strike Today on International Women's Day

https://www.democracynow.org/2017/3/8/women_in_more_than_50_countries



[Watch Full Show](#)

Guests [Tithi Bhattacharya](#) associate professor of South Asian history at Purdue University. She is one of the national organizers of today's Women's Strike.

Today is International Women's Day, and thousands of women are staging a one-day strike in what's been dubbed a Day Without a Woman. The impact of the strike is already being felt in the United States. In Virginia, the entire public school system of Alexandria is closed today after 300 women requested the day off. Some schools are also closing in Chapel Hill, North Carolina, and in New York City. The U.S. Women's Strike was called by organizers of the Women's March on Washington, the largest nationwide day of protest after an inauguration in U.S. history. And women in the United States are not alone. Women in more than 50 countries are expected to take part in their own strikes. The International Women's Strike effort was launched in October 2016 after women in Poland, South Korea, Argentina and Sweden organized strikes to fight issues from the criminalization of abortion to femicide. For more, we speak with Tithi Bhattacharya, associate professor of South Asian history at Purdue University. She is one of the national organizers of today's Women's Strike.

AMY GOODMAN: Today is International Women's Day. Thousands of women are staging a one-day strike in what's been dubbed a Day Without a Woman. The impact of the strike is already being felt in the United States. In Virginia, the entire public school system of Alexandria is closed today after 300 women requested the day off. Some schools are also closing in Chapel Hill, North Carolina, and here in New York City. The U.S. Women's Strike was called by organizers of the Women's March on Washington, the largest nationwide day of protest after an inauguration in U.S. history. And women in the United States are not alone. Women in more than 50 countries are expected to take part in their own strikes. The International Women's Strike effort was launched in October 2016 after women in Poland, South Korea, Argentina and Sweden organized strikes to fight issues from the criminalization of abortion to femicide. In this video released by organizers, people share why they're participating in today's Women's Strike.

WOMEN'S STRIKE PARTICIPANTS: I'm striking on March 8th because I believe women should be free to make the decisions regarding their own bodies. I'm striking on March 8th for equal pay and equal opportunity, because women's work makes all other work possible and because it's about time we start valuing women's labor. I'm striking on March 8th because when I go out, I want to feel free, not brave, because women matter. I'm striking on March 8th because reproductive services are a human right and childbirth is a public service.

AMY GOODMAN: Well, for more, we're joined by Tithi Bhattacharya. She's associate professor of South Asian history at Purdue University. She's one of the national organizers of today's Women's Strike.

Welcome to *Democracy Now!* Tithi, thanks so much for being with us. Can you talk about the scope of this protest and why a strike?

TITHI BHATTACHARYA: Thank you for having me, Amy.

I think the first thing to say about the strike is that it is an international strike. And it was put together by women in, at that time, 30 different countries, in October of 2016, actually, who were inspired by mainly the mass actions of the Polish women and the Argentinian women against the abortion ban and against femicide. So, 30 feminist organizations got together and called a strike for March 8th of 2017. I think in the U.S. we were really inspired by the January 21st Women's March, but also by the fantastic mass actions of the airport solidarity protests when the first Muslim ban went in. You know, airports, the most soulless spaces of capitalism, were flooded by ordinary people in solidarity against borders and in solidarity with our Muslim sisters and brothers. Both of those said to us that the moment was right to basically put together this mass energy to talk about women's labor, women's rights in the U.S. context. So that's the sort of genesis, I would say, of calling March 8th an International Women's Strike.

The word "strike," I think, has raised some questions. And I hope I get a chance to answer fully, because I think the word "strike" has traditionally meant work stoppage. And it should. But I think the word "strike" in other countries has had a wider connotation than simply a work stoppage. It has been sort of practically applied in the streets in the way Rosa Luxemburg meant it, as a mass strike, so which is not just work stoppage. And I think, for us, it was important to emphasize that women do not just work in the paid labor market, in the employment sector, in the formal sectors of the economy. Women also do the unpaid labor, the care work, the picking up of the children from the school, and the countless hours that women put in. So when we say "Women's Strike," it has that expansive understanding of labor and stoppage of labor. So, stoppage of labor just does not mean a collective workplace strike. Stoppage of labor also means, "I will not cook today, and I will stand in solidarity with women in 50 countries as I walk out."

AMY GOODMAN: So, can you talk about the scope of these actions, from New York to Europe to Africa? What is happening?

TITHI BHATTACHARYA: Well, I think, first of all, the majority of countries that are taking part in the strike are going to have massive mass demonstrations on the street, so places like Port-au-Prince in Haiti, in places like New Delhi, India, in Ireland, where it is very significant because they're striking against—for abortion rights and against banning of abortion. So, I think women are taking all kinds of mass actions, not just marching on the street, but there have been boycotts of major businesses. There has been demonstrations and walkouts in schools and campuses, of college campuses. There has been household strikes, like women have basically refused to do any household chores, for instance, in Poland. So, all of this is sort of a festival of the oppressed, a kind of diversity of tactics that has been employed.

In the United States, as well, we now have International Women's Strike organizing all the way from Alaska to Hawaii. And here, too, the range of actions is wonderfully varied. So, as you said, that people in North Carolina and Virginia and New York are striking in the sense schools are closing down, but people also are demonstrating. There are conventions in most of the major universities across. There are—there is—in San Francisco, in the Bay Area, they're organizing a gender strike. Sex workers are going to be prominent in that organizing in the Bay Area, and in New York. And I think, on our [website](#), you will see women in Indiana, West Lafayette, Indiana, put together a letter that women can give to their husbands and domestic partners. You can

download that letter from our website. Women can give that letter to their partners as they walk out of household duties and go join a demonstration or a mobilization in their own city. And, you know, it is a long, detailed letter, but the essential message of the letter is: "Honey, you have the dishes. I'm going on strike."

AMY GOODMAN: President Trump [tweeted](#) this morning, "I have tremendous respect for women and the many roles they serve that are vital to the fabric of our society and our economy." Yesterday, the travel ban on refugees from six countries was imposed. Within that time yesterday, apparently, lights on the Statue of Liberty went out yesterday—not clear if it was, as some said, the Statue of Liberty protesting in advance today or whether—what actually was happening. And Hawaii, you mention, may be the first place where a lawsuit against that ban will be coming from. Your comments on President Trump, Tithi?

TITHI BHATTACHARYA: Well, I think many people—many women, in particular—have called him the misogynist-in-chief. And I think not just his comments, which he has made in public before the elections and during, justify that, but I also think his policies, that he is going to put in place, is going to be an instantiation of that title that he has well earned. About the Muslim ban, I think, well, the International Women's Strike has issued a public statement absolutely opposing the Muslim ban and standing in solidarity with all our sisters in the countries, but also elsewhere. But I want to say that the idea of the Women's Strike is precisely against the ban: It is against borders, and it is about opening the borders in solidarity with the global movement right now.

AMY GOODMAN: Your website?

TITHI BHATTACHARYA: It's international—it's WomenStrikeUS.org.

AMY GOODMAN: And finally—we have 10 seconds—what's happening today in New York?

TITHI BHATTACHARYA: In New York, we are going to be gathering at Washington Square Park at 4:00 p.m. There is going to be live music. There is going to be people at the rally. And then we're going to be marching all the way to Zuccotti Park. And it's not going to be famous people on the stage. It's going to be ordinary women, who make our lives possible on this planet.

AMY GOODMAN: Tithi Bhattacharya, we want to thank you so much for being with us, associate professor of South Asian history at Purdue University in Indiana, one of the national organizers of today's Women's Strike. This is *Democracy Now!* When we come back, Eve Ensler joins us. Stay with us.

[break]

AMY GOODMAN: "Rican Beach" by Alynda Segarra. And you'll be hearing more from her later in the broadcast. This is *Democracy Now!*, democracynow.org, *The War and Peace Report*. I'm Amy Goodman.

2017-03-08 **Eve Ensler & Christine Schuler Deschryver on the Predatory Mindset of President Trump**

https://www.democracynow.org/2017/3/8/eve_ensler_christine_schuler_deschryver_on



[Watch Full Show](#)

Guests

[Eve Ensler](#)

award-winning playwright and creator of *The Vagina Monologues* and V-Day, a global movement to stop violence against women and girls.

[Christine Schuler Deschryver](#)

Congolese human rights activist with V-Day. She is the director of City of Joy, a revolutionary community for women survivors of gender violence in Bukavu.

When President Trump signed his first executive order in January to temporarily ban refugees and people from seven majority-Muslim nations, he said it was needed, in part, to protect women. A little-noticed part of the executive order reads, "The United States should not admit those who engage in acts of bigotry or hatred, including 'honor' killings, other forms of violence against women." Some observers have noticed the irony in the executive order. Both the man who signed the order, Donald Trump, and the man who drafted the order, his chief strategist, Stephen Bannon, have in the past been accused of committing violence against women. During the presidential campaign, Trump famously boasted about sexually assaulting women and grabbing them "by the pussy," in a leaked video recorded by NBC's "Access Hollywood." Eight women have now come forward and accused Donald Trump of sexual assault and harassment. And Trump is not alone. Stephen Bannon was charged with domestic violence and battery in 1996. Trump's first pick to be labor secretary, fast-food giant CEO Andrew Puzder, was accused of domestic abuse by his ex-wife, who even went on "Oprah" in disguise to speak about domestic violence. For more, we turn to a recent Democracy Now! interview with Eve Ensler, playwright, author of "The Vagina Monologues," and Christine Schuler Deschryver, director of V-Day Congo.

AMY GOODMAN: When President Trump signed his first executive order in January to temporarily ban refugees and people from seven majority-Muslim nations, he said it was needed, in part, to protect women. A little-noticed part of the executive order reads, quote, "The United States should not admit those who engage in acts of bigotry or hatred (including 'honor' killings, other forms of violence against women," unquote. Some observers have noticed the irony in the executive order. Both the man who signed the order, Donald Trump, and the man who drafted the order, his chief strategist, Steve Bannon, have in the past been accused of committing violence against women.

During the presidential campaign, Trump famously boasted about sexually assaulting women and grabbing them, quote, "by the pussy," unquote, in a leaked video recorded by NBC's *Access Hollywood*. Eight women have now come forward and accused Donald Trump of sexual assault and harassment. In the '80s, Trump's ex-wife, Ivana, said during a divorce deposition that Donald had raped her. The author Harry Hurt described Trump holding back Ivana's arms, pulling out fistfuls of her hair, then forcing her to have sex. Ivana Trump later softened her language to say she felt violated by what happened.

Meanwhile, Steve Bannon was charged with domestic violence and battery in 1996. A Santa Monica, California, police report said Bannon grabbed his then-wife, Mary Louise Piccard, quote, "by the throat and arm" and threatened to leave with the couple's twin daughters. Bannon pleaded not guilty to the charges, which were dropped when Piccard did not appear in court. Piccard claimed in divorce proceedings that Bannon pressured her not to testify.

And Trump and Bannon are not alone. Trump's pick to be labor secretary, fast-food giant CEO Andrew Puzder, was accused of domestic abuse by his ex-wife, who even went on *Oprah* in disguise to speak about domestic violence.

LISA FIERSTEIN: The most frightening thing was leaving, because once I made that break and once I made it public—and remember, my ex-husband was a public figure. Everyone knew him and knew what he was doing. And once I made that public, he vowed revenge. He said, "I will see you in the gutter. This will never be over. You will pay for this." I wound up losing everything.

AMY GOODMAN: Puzder's ex-wife later withdraw the allegations as part of a 1990 child custody agreement, but the abuse claims in the *Oprah* video helped lead to Puzder withdrawing his nomination last month.

Meanwhile, advocates of domestic abuse victims have expressed alarm over the confirmation of Jeff Sessions as attorney general. In 2013, he voted against the reauthorization of the Violence Against Women Act, a law which he will now be responsible for enforcing. Tom Price, the new secretary of health and human services, also voted against the law's reauthorization. There are also reports the Trump administration may eliminate programs that aim to reduce domestic violence and sexual assault.

Well, I recently sat down with two pioneers who have spent decades fighting domestic abuse: Eve Ensler, the playwright, author of *The Vagina Monologues*, and Christine Schuler Deschryver, director of V-Day Congo. I began by asking Eve Ensler to talk about Donald Trump.

EVE ENSLER: Yes, and I think I've been feeling this for over two years, that, you know, watching Trump and watching the people Trump surrounds himself with, we are seeing the escalation of rape culture, a predatory mindset, in many respects, but I'll particularly address towards women. I think—I think, from the very beginning, listening to Trump and listening—how is it possible that a nation of people felt OK with electing a self-confessed sexual assaulter? How is it possible we feel OK with Bannon, who seems to be running the show right now, who is known to have beaten his wife, right? If we look at that as something that's acceptable—right?—in a general way, then we understand we haven't really gotten to the root of rape culture in America. Right? But I also think that predatory mindset is affecting everything. Right? We're gutting regulations on air, on water and on the earth. We're escalating extraction. We're seeing the ransacking of laws, a disparaging of immigrants. And this is all part of a predatory mindset, which is really about one person in power who does what he wants without the consent—right?—of the people around him, which is exactly what rape culture is. You seize people's bodies, you take them against their will, and you do whatever you want to them.

AMY GOODMAN: Christine Schuler Deschryver, you're coming here from the Congo. How much attention is being paid to the Trump administration in Congo? And your thoughts when you come here?

CHRISTINE SCHULER DESCHRYVER: Well, we are really following what's going on in the U.S. And I have to say, we are very shocked. First of all, I remember, like weeks ago, we were talking about "What about if Trump was a black president, who had like three—I think three wives?" The kind of guy that he is, I think things would have been totally different. And today we are talking about the U.S. as the—it should be a model. But right now, it's like Eve just said. It's like a rape culture is back. And we are really worried at also the impunity, and it will affect all of us. I think this has to change. And when we were talking, we felt like we have—we also have to march in Congo to stop all this.

AMY GOODMAN: It's interesting you talk about impunity. The women who have come forward and said that Donald Trump sexually assaulting them, Trump's response, saying they weren't telling the truth, was, as soon as the election was over, he would sue them. We haven't heard anything about these suits. Eve?

EVE ENSLER: Well, it's the tactic of the perpetrator, right? Like you always make—you're the victim, right? You take it—you reverse it. It's a mind game, right? You'll sue the people you've already attacked. It's sort of like bombing—

AMY GOODMAN: But, of course, he hasn't, because that would mean discovery—

EVE ENSLER: No, of course not.

AMY GOODMAN: —and information coming out.

EVE ENSLER: But there's—it's kind of a mindset, too. It's like we bomb Iraqis, and we destroy people in the countries around the world, and then we refuse to give them admission and safety. So it's this double thing, right? Not only are you destroying people's lives, but then you're refusing them safety and refuge—

CHRISTINE SCHULER DESCHRYVER: Absolutely.

EVE ENSLER: —after you've destroyed them. And that's the same thing as like after I rape you or after I harass you, I sue you. Right? That way, it takes all the attention off the act that I've done, or even the threat of that. You know? And I also want to say, in terms of the Congo—I mean, we'll get into it, but in the course of all these kind of things that he's attempting to deregulate for the benefit of corporations, you know, now there is a leaked memo saying that it would free the U.S. companies to buy conflict minerals from Central African warlords, which is something we have been fighting and fighting and fighting to get these regulations on these conflict minerals. And if they're—if they're freed again, we will see the escalation of rape in ways that we knew five and 10 years ago.

AMY GOODMAN: Can you talk more about this, Christine? It's just now we're seeing some reports in *The Guardian* and *The Intercept* about the possibility of Trump signing an executive order that would deregulate conflict minerals.

CHRISTINE SCHULER DESCHRYVER: No, it brings us like 20 years—20 years before. And it really legitimates all the perpetrators and also the rape. So, it will strengthen, you know, like all the dictators we have in Central Africa, because now they will feel free to plunder Congo with all the multinationals. And I think that the violence will escalate much more. And the last three, four years, it started, you know,

to go down, but now I think all the dictators will be like so comfortable to continue to plunder the Congo with the international community.

EVE ENSLER: And I think what's connected to that is we know where there is plundering of mines, you know, where multinationals come in and use proxy militias, in the same way that the oil companies are using state violence in Standing Rock, we know women are always on the front lines of those struggles, and women suffer sexual violence. I was in the Bakken oil fields, for example, where—I was there with, you know, Winona LaDuke. And—

AMY GOODMAN: Of North Dakota.

EVE ENSLER: Of North Dakota.

AMY GOODMAN: Where the fracked oil will come from that goes through the pipeline if it's ever completed.

EVE ENSLER: Exactly. And the man camps that were set up there, the rate of sexual violence that had escalated there was mind-blowing. Well, this is the same situation in the Congo, once these corporations make deals with warlords, right? The warlords are licensed, and the way they get into these villages, the way they get access to these mines, is they rape, and they destroy women in these communities. They break apart the communities, and then they move in to take the mines. So Trump is not only unleashing rape culture in this culture; he is unleashing it in Africa by, you know, destroying these conflict mineral protections. And to me, that is very terrifying.

AMY GOODMAN: Let's go for a moment to a few clips. I want to go back to what was called the October surprise from last year's presidential campaign, Donald Trump, well, taking a hit and several Republican lawmakers distancing themselves from his campaign, following the release of this 2005 videotape showing Trump boasting about sexually assaulting women.

BILLY BUSH: Sheesh, your girl's hot as [bleep]. In the purple.

DONALD TRUMP: Whoa!

BILLY BUSH: Yes!

DONALD TRUMP: Whoa!

BILLY BUSH: Yes! The Donald has scored!

DONALD TRUMP: Whoa!

BILLY BUSH: Whoa, my man! Wait, wait, you've got to look at me when you get out and be like—

UNIDENTIFIED: Just remember who set this up. Just remember.

BILLY BUSH: Will you give me the thumbs up?

DONALD TRUMP: That is very funny. Look at you. You are a pussy.

BILLY BUSH: You've got to put the thumbs up. You've got to give the thumbs up.

UNIDENTIFIED: You can't be too happy, man.

BILLY BUSH: You've got to give the thumbs up.

DONALD TRUMP: All right, you and I will walk in.

BILLY BUSH: Oh, my god!

DONALD TRUMP: Maybe it's a different one.

BILLY BUSH: It better not be the publicist. No, it's her. It's her.

DONALD TRUMP: Yeah, that's her, with the gold. I've got to use some Tic Tacs just in case I start kissing her. You know, I'm automatically attracted to beautiful—I just start kissing them. It's like a magnet. I just kiss. I don't even wait. And when you're a star, they let you do it. You can do anything.

BILLY BUSH: Whatever you want.

DONALD TRUMP: Grab 'em by the pussy. You can do anything.

BILLY BUSH: Look at those legs. All I can see is the legs.

DONALD TRUMP: Oh, looks good.

BILLY BUSH: Come on, shorty.

DONALD TRUMP: Ooh, nice legs, huh?

BILLY BUSH: Oof, get out of the way, honey. Oh, that's good legs. Go ahead.

DONALD TRUMP: It's always good if you don't fall out of the bus. Like Ford, Gerald Ford. Remember?

BILLY BUSH: Down below. Pull the handle.

DONALD TRUMP: Hello. How are you? Hi.

ARIANNE ZUCKER: Hi, Mr. Trump. How are you? Pleasure to meet you.

DONALD TRUMP: Nice seeing you.

ARIANNE ZUCKER: Pleasure to meet you.

DONALD TRUMP: Terrific. Terrific. You know Billy Bush?

ARIANNE ZUCKER: How are you?

BILLY BUSH: Hello. Nice to see you. How are you doing, Arianne?

ARIANNE ZUCKER: I'm doing very well. Thank you. Are you ready to be a soap star?

DONALD TRUMP: We're ready. Let's go. Make me a soap star.

BILLY BUSH: How about a little hug for the Donald? He just got off the bus.

ARIANNE ZUCKER: Would you like a little hug, darling?

DONALD TRUMP: OK, absolutely. Melania said this was OK.

BILLY BUSH: How about a little hug for the Bushy?

AMY GOODMAN: So, those are the words of the now president of the United States, Donald Trump. The only one who went down over that whole episode, *Washington Post* releasing the videotape, was Billy Bush, the person who was with him at that time, from entertainment television. Eve?

EVE ENSLER: Well, to me, you know—it was so alarming to me, having worked all these years to get an idea of what rape is and what sexual assault is and what it means for women to have agency over their own bodies, and to see not only a president who arrogantly just grabbed women and felt he had access to women, but also to see Republicans and to see so many people around him normalize that so quickly. I mean, that story was in the news for maybe two weeks before it was normalized, before it was accepted. OK, that's just what men do, right? And even the talk of, you know, this is locker room talk—remember that whole period. Whose locker room? Like which locker room are you in? Like I know a lot of men who don't talk that way in locker rooms. But the locker rooms you're in, they're having those kind of—and

AMY GOODMAN: It's interesting. I saw a poster. Actually, it was a waitress who carries a towel with her that she wrote on so that she can protest anywhere she wants to. She balls it up and puts it in her bag, and it says, "The world is not your locker room."

EVE ENSLER: Yes, yes. And I think if we look—OK, let's take the Women's March, which was an unbelievable outpouring of women demanding, speaking up for and cherishing and knowing what their rights are. What did he do a day later? He destroyed reproductive rights and the support of NGOs who were even offering a discussion about abortion around the world. That was his cynical, violent response to 5 million women and men rising around the world. And that is rape culture. That in itself was an act of rape. It was like, "Really? You think you're going to have power? You think you're going to—watch what I'm going to do the next day." I feel like so many of these executive whatever we're calling them, orders, as you said, tweets, you know, moments of dementia, are all these kind of violent acts that are saying, in no uncertain

terms, "I do what I want, regardless of your needs, regardless of what you want in your body, in your life, and I'm going to continue to do that in any way I want."

AMY GOODMAN: And, Christine, what does this mean in the Congo, when we're talking about issues of rape?

CHRISTINE SCHULER DESCHRYVER: You know, for me, I want to compare it like, for example, when you talk it's like they have access to women, women, you know, as a thing, the way they have access to the earth, to the land. And maybe, you know, we also followed in Congo all the grassroots women march for the Standing Rock. And I think it's exactly the same in Congo, because the way they rape women, that's the way they rape the earth also in Dakota, when we see all the pipelines, you know, like raping, raping, raping, raping the land. And we cannot dissociate that. That's also one of the reasons I think all the grassroots women, from all over the world, they have to be—they have to be leaders, and also to protect Mother Nature, because we cannot dissociate both of them. At City of Joy, for example, we—

AMY GOODMAN: And explain what City of Joy is.

CHRISTINE SCHULER DESCHRYVER: City of Joy, it's a place where we receive 90 young women to heal their bodies and minds, and we train them to be leaders.

AMY GOODMAN: They've all been raped?

CHRISTINE SCHULER DESCHRYVER: Most of them, yes. But they are survivors—

AMY GOODMAN: By?

CHRISTINE SCHULER DESCHRYVER: Survivors of gender violence. But most of them, I have to say, they were raped by militias, by the police, by domestic rape. And they're all survivors of atrocities. And they stay—they stay there. It's in Bukavu in eastern of Democratic Republic of Congo. And they stay there for six months. So, the program is to transform their pain to power. And after, some of them, they go, because we also have a farm to transform pain to planting. So they work at the farm. So we also—you know, we live with Mother Nature, and we give back to Mother Nature. For example, they learn how to make—to make compost. And I think City of Joy has to be an example, an example for the whole world, because right now I think the women, like the grassroots women, are the ones who paid—who paid the most for everything that happened. Look in Dakota. Look in Congo, everywhere.

AMY GOODMAN: Christine Schuler Deschryver, director of V-Day Congo and the City of Joy, and Eve Ensler, playwright, author of *The Vagina Monologues*. Eve Ensler is heading to Washington right now on the train for a Women Workers Rising protest this afternoon outside the Department of Labor, where hundreds of women plan to surround the building demanding an end to workplace violence. When we come back, Alynda Segarra of Hurray for the Riff Raff. Stay with us.

[break]

AMY GOODMAN: Taína Asili, performing at the Women's March on Washington, January 21st, the day after the inauguration. This is *Democracy Now!*, democracynow.org, *The War and Peace Report*. I'm Amy Goodman.

2017-03-08 Hurray for the Riff Raff on Feminism, Gentrification, Gender Violence & Art in Era of Trump

https://www.democracynow.org/2017/3/8/hurray_for_the_riff_raff_on



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Guests **[Alynda Segarra](#)** leader of the critically acclaimed band Hurray for the Riff Raff.

When she was just 17, Alynda Segarra, the leader of the critically acclaimed band Hurray for the Riff Raff, left her home in the Bronx and began hopping freight trains. She eventually landed in New Orleans, where she learned to play banjo. Over the past decade, her band Hurray for the Riff Raff has become one of the most celebrated bands in modern folk music. In 2014, the publication *American Songwriter* named her tune "The Body Electric" the song of the year. NPR declared the same tune to be the political folk song of 2014. Hurray for the Riff Raff's new record, "The Navigator," is out this week. For more, we speak with Alynda Segarra.

AMY GOODMAN: We end our International Women's Day special with the musician and activist Alynda Segarra, leader of the critically acclaimed band Hurray for the Riff Raff. When she was just 17, Alynda left her home in the Bronx and began hopping freight trains. She eventually landed in New Orleans, where she learned to play banjo.

Over the past decade, her band, Hurray for the Riff Raff, has become one of the most celebrated bands in modern folk music. In 2014, the publication *American Songwriter* named her tune "The Body Electric" the song of the year. NPR declared the same tune to be the political folk song of 2014.

Hurray for the Riff Raff's new record, *The Navigator*, is out this week. Part of it celebrates Alynda's Puerto Rican heritage. One tune, "Pa'lante," is named after a newspaper published by the Young Lords. Another tune, "Rican Beach," has been described as an anti-gentrification anthem.

Well, Alynda Segarra recently came into our *Democracy Now!* studios to perform and talk about her music. I began by asking her to talk about her life journey.

ALYND A SEGARRA: I left home when I was 17, as you said. I was just kind of like a rebellious kid that felt like there was this big world out there for me. And I grew up in the Bronx. I, for some reason, just really felt like—like I didn't belong here, or anywhere, for that matter. And I really wanted to just kind of escape and see the country and get to know this America that was very like mythical to me. I was listening to some Woody Guthrie. I think he definitely influenced me. And I was like doing bad in school. I just decided to risk it and to go out on the road.

AMY GOODMAN: Were you already playing music?

ALYND A SEGARRA: No, not really. I was writing a lot of poetry. That's what I was doing, writing a lot of poetry, going to see a lot of music. I was really involved in the Lower East Side punk scene. And I was a young feminist, you know. So, it was when I got to New Orleans when I started playing music, because I started playing music on the street there, busking and just trying to make some money.

AMY GOODMAN: How did you pick up the banjo?

ALYND A SEGARRA: Well, I first played the washboard, actually. And, you know, the group that I met there was a lot of other young street kids. And somebody actually gifted me a banjo. And I learned in a very communal atmosphere, like playing around the campfire and learning a lot of American folk songs, a lot of like Appalachian songs and blues songs. So I learned in that way.

AMY GOODMAN: Did you really hop trains across the country?

ALYNDIA SEGARRA: I did, yeah, a lot of hitchhiking and train riding to get around. I was always with a group of kids. We were really just wanting to live on the outskirts of society, basically. We wanted to get in touch with an America that, we felt like, was hidden. You know, we wanted to like be in touch with the land, you know, just live this very radical, like romantic life, I guess.

AMY GOODMAN: Political songs and music—are you satisfied with politics being expressed in music, or do you think it's not happening enough?

ALYNDIA SEGARRA: I think it's just beginning. You know, I felt like for the last couple of years, as the Black Lives Matter movement was growing, I was looking around at at least folk singers around me and wondering where our voices were. And now I feel like there is definitely more of a push for us to wake up and to sing what's going on around us. You know, one of my heroes is Nina Simone, and I feel like it's definitely the artist's duty to talk about the times and to—in scary times, to bring these fears that we deal with alone into the public sphere. And that's how we can feel stronger and feel like we can change something, you know?

AMY GOODMAN: So, can you set the scene for us for "Rican Beach"?

ALYNDIA SEGARRA: Well, Rican Beach is a place in my mind, because in the album there is a storyline. There is a character and a kind of a play-like story that's going on, and it's following this character Navita, which is based off of me. And she goes into the future in her own city, and she realizes that she does not recognize anything. Everything has been so gentrified, rapidly. And she's looking for her people, her neighborhood, and she ends up at Rican Beach, which is where they all are. And so, Rican Beach was used as this—you know, it is a place in my imagination, but it represents what happens when people are pushed out of the city that they, you know, helped create, this city that they're responsible for the culture, and they're responsible for the soul of the city. And it's what happens when you're told, "We don't want to see you anymore." You become the other, and you are pushed out. And I thought it was an important theme for right now, because I think it's really easy for people to feel safe and to say, "Oh, these certain people are being attacked, but I'm safe." But "Rican Beach" kind of makes it—it brings it into this personal place, saying, "No, they're building a wall around you and all of your neighbors." You know, so that's what it's about.

AMY GOODMAN: And tell us some of the models of protest and protecting home that inspired you for "Rican Beach."

ALYNDIA SEGARRA: Well, definitely, the water protectors at Standing Rock were very inspirational to me. You know, I was just watching it, and reading about it, unfold, and felt like it was so—it lined up so much with the lyrics of the song to say that these—these folks were saying, "I will put my body on the line. I will be in danger, because that is how much I care about this land." And also it's about protecting the land for future generations. And I think that is a theme in the album and a theme in "Rican Beach," saying that I'm going to protect this place because I want my children to have this space, and I want them to be able to thrive in this space.

AMY GOODMAN: So, this is an album. It's not a Broadway show.

ALYNDIA SEGARRA: No.

AMY GOODMAN: But some have been talking about the way you tell this story with this figure, oh, some comparisons to *Hamilton*. Do you mind that?

ALYNDIA SEGARRA: Oh, I don't mind it at all. I mean, Lin-Manuel is such an inspiration to me, for sure. I've been a fan of him since *In the Heights*, because I felt like he was bringing the

stories of Latinx people into this very prestigious arena, you know? And I felt like when I—I never got to see *In the Heights*, but when I'd hear the songs and watch snippets of it, I felt like, "Wow! Those are my people and my stories that I—you know, and my neighbors, and we deserve to be represented like that, too." So, I hope to put it on as a play someday.

AMY GOODMAN: Well, I want to go to you singing, here in our studio, "Rican Beach."

ALYNDA SEGARRA: [singing] *Man built the railroad*

Man gotta move

Man made a record

Put a needle to groove

Man been up

Oh, and man been down

Now man don't want

No one around

Well, first they stole our language

Then they stole our names

Then they stole the things

That brought us fame

And they stole our neighbors

And they stole our streets

And they left us to die

On Rican Beach

Well, you can take my life

But don't take my home

Baby, it's a solid price

Comes with my bones

AMY GOODMAN: That's "Rican Beach," Alynda Segarra singing one of the songs on her latest album, *The Navigator*—

ALYNDA SEGARRA: Yeah.

AMY GOODMAN: —which tells your story and your navigation through life.

ALYNDA SEGARRA: Yeah, the idea of *The Navigator* really sparked a lot of concepts for me. You know, it asks questions like: Who's driving us as a country? It asks questions like: Who's driving you as you go through your journey through life? Is it your ancestors or your intuition? And also just the concept of navigating identities and obstacles through society. I feel like my whole life I was trying to learn: How can I be as free as possible as a young Puerto Rican woman? How can I, you know, divert these obstacles that are in my way?

AMY GOODMAN: So, OK, one more treat here: "The Navigator."

ALYNDA SEGARRA: [singing] *Today I feel weak*

But tomorrow I'll feel a queen

I was raised by the street

Do you know that really means?

All this hurt I've suffered

It just begins again

In a baby girl

Or a full-grown man

*Tomorrow will come
Like the turning of the sun
Over tall buildings
And the beating of a drum*

*It lives in my heart
But buried in the past
Here comes the navigator
She knows you're fading fast*

AMY GOODMAN: That's Alynda Segarra. She's the lead singer of Hurray for the Riff Raff, performing in *Democracy Now!*'s studios "The Navigator." And this is the latest album. But talk about, back in 2014, what went into making, to writing, to singing "Body Electric"?

ALYND A SEGARRA: Well, "The Body Electric," at first, I really wanted to kind of respond to the tradition of murder ballads in American folk music. I feel like folk music is a conversation through the ages, and I, as a feminist, wanted to put in my voice and say, "This is what it feels like to be a woman and to be in danger and to be—you know, to be used as a prop, kind of, for a story that ends with, you know, my death." And so, this was my response song. But it also—with time, it grew, and it turned into a song that was about being dehumanized and also having your own body be used as a weapon against you, being told that violence against you was because you were too, you know, sexy or because of your race or because of your—you know, your body type. And so I really wanted to just get into that idea of what that—what that's like to be told that you are the reason for violence against you, you know, when your own body is turned against you.

AMY GOODMAN: Let's go to "The Body Electric."

ALYND A SEGARRA: [singing] *Said you're gonna shoot me down, put my body in the river
Shoot me down, put my body in the river
And the whole world sings, sing it like a song
The whole world sings like there's nothing going wrong*

*He shot her down, he put her body in the river
He covered her up, but I went to get her
And I said, "My girl, what happened to you now?"
I said, "My girl, we gotta stop it somehow"*

AMY GOODMAN: That's a song you may know, "The Body Electric." It is Alynda Segarra, lead singer of Hurray for the Riff Raff. You've always been fiercely political and also personal. Do you feel your music shifting now in the era of Trump?

ALYND A SEGARRA: I feel it's definitely a time to be brave. You know, I feel like I—when the election happened, I was very afraid, like many people. And I think it's OK to say that I was afraid, you know, because I want—I want us to all share that together. But to be—you know, you have to be afraid at first in order to be brave. It's really a time to put all these ideas that I always had into practice. And I look to my idols—you know, like I look to Nina Simone, I'll look to bell hooks, I look to Sylvia Rivera and Julia de Burgos—to give me strength and to just continue the work that I've been trying to do.

AMY GOODMAN: Alynda Segarra, leader of the band Hurray for the Riff Raff. In 2014, *American Songwriter* named "The Body Electric" the song of the year. NPR declared it the political folk song of 2014. Alynda's new album, *The Navigator*, is out this week.

[Visit our website at democracynow.org to see our full interview, with Alynda Segarra's full performance in our studio.](#) And that does it for our show and this special on International Women's Day.