

Monthly Open House is April 5th!



Active Aging Series

Health, Happiness & Life Fulfillment in the Later Years

THE Next
Chapter

**Tuesday, April 5
9:00–10:30 a.m.**

**Using Feng Shui to De-Stress &
Energize Yourself & Your Home**

Learn how to arrange your
physical surroundings to create a
peaceful, relaxing, but energizing
haven from Peggy Woodall,
of Simply Organized.

Free & open to everyone!



Also:

Join us the first Tuesday of every month for **Open House!**

- tour the Center and learn more about our 100+ programs
- try out free programs all day
- learn about membership benefits & scholarships
- make new friends
- orientation, refreshments, and prizes at noon

this month on: April 5