

ST FRANCIS

5.0 miles

EXIT front of Lucie Stern
courtyard to Melville

RIGHT on Melville

LEFT on Channing

RIGHT on Lincoln

RIGHT on Hamilton (it curves to
the right)

RIGHT on Greer

CROSS Embarcadero

LEFT on N California (back to
Embarcadero)

RIGHT on Embarcadero—stay
on sidewalk

RIGHT on St Francis (it curves
left and then right)

RIGHT on Oregon Ave (frontage
road)

CROSS Middlefield

RIGHT on Waverly

CROSS Embarcadero

RIGHT on Melville

CROSS Middlefield

FINISH Lucie Stern courtyard

EDGEWOOD

5.2 miles

EXIT back of Lucie Stern
courtyard to Hopkins

AHEAD on Hopkins

LEFT on Newell

RIGHT on Channing

LEFT on Edgewood

LEFT on Southwood

RIGHT on Hamilton (at 5 way
intersection with Center Dr)

LEFT on Hale

RIGHT on Forest

CROSS Middlefield

LEFT on Bryant

LEFT on Kingsley

CROSS Middlefield

RIGHT on Fulton

FINISH Lucie Stern courtyard

S PALO ALTO (new)

5.6 miles

EXIT front of Lucie Stern
courtyard to Melville

LEFT on Melville

CROSS Middlefield

LEFT on Bryant

CROSS Embarcadero

CROSS Oregon Expressway

LEFT on Loma Verde

CROSS Middlefield

LEFT on Greer

CROSS Oregon Expressway

LEFT on N California

RIGHT on Newell

CROSS Embarcadero

LEFT on Hopkins—continue past
the tennis courts to the back
of Lucie Stern

FINISH Lucie Stern courtyard

TREE

5.3 miles

EXIT front of Lucie Stern
courtyard to Melville

RIGHT on Melville

LEFT on Guinda

CROSS University Avenue

LEFT on Lytton

CROSS Middlefield

RIGHT on Byron (it dead-ends)

LEFT on Palo Alto Avenue

RIGHT to cross foot bridge

LEFT on Willow Road

RIGHT on Waverly Street

RIGHT on Laurel—continue
almost to Ravenswood

LEFT through Civic Center and its
parking lot

LEFT on Alma—continue to end
at foot bridge

CROSS bridge

LEFT on Palo Alto Avenue
(shortly after the bridge)

RIGHT on Bryant

CROSS University Avenue

LEFT on Kingsley

CROSS Middlefield

RIGHT on Fulton

FINISH Lucie Stern courtyard

STANFORD

5.2 miles

EXIT back of Lucie Stern courtyard to Rinconada Park—run through park past the pool to the fire station at Newell and Embarcadero

RIGHT on Newell

CROSS Embarcadero

RIGHT on N California

LEFT on Middlefield (to light)

RIGHT on N California—continue to Alma underpass (on left)

AHEAD on underpass (under Alma)

RIGHT on Park Blvd (at fountain)—bear right at fork to Park Ave (stay on Park Blvd to El Camino)

CROSS El Camino (Park becomes Serra heading onto Stanford campus)—use sidewalk on Serra Street past the fire station

RIGHT on Campus Drive (after fire station)

CROSS Galvez

RIGHT on Galvez (use sidewalk on left, track and stadium are on right)

CROSS El Camino (Galvez becomes Embarcadero heading into Palo Alto)—run under Alma on Embarcadero underpass—bear left through the bench area to Kingsley

AHEAD on Kingsley

LEFT on Waverly

RIGHT on Addison

CROSS Middlefield

RIGHT on Fulton

FINISH Lucie Stern courtyard

BAYLANDS

7.4 miles

EXIT back of Lucie Stern courtyard to Hopkins

AHEAD on Hopkins

LEFT on Newell

RIGHT on Channing

RIGHT on St Francis

CROSS Embarcadero (stay on St Francis, it curves left and right)

LEFT on Oregon Avenue (pedestrian bridge is immediately ahead on the right)

AHEAD on pedestrian bridge (it crosses highway)

CROSS Bayshore Drive to paved path (ahead and slightly to the right)

AHEAD on paved path—follow to T intersection

RIGHT on paved path (at T intersection)—follow path as it eventually parallels Bayshore

LEFT on gravel road (just before first wooden bridge)—continue on gravel road (it curves to the left)—bear right at the fork (road forks ahead and right)—continue on gravel road (keep hill on left, water on right)

LEFT on the first footpath that heads up the hill (gravel road continues straight)—follow footpath up to top of hill, down a dip, back up—follow ridgeline

LEFT at first footpath that leads down the hill—continue past restrooms on the left, water on right

RIGHT on Harbor Road (landfill to left)

LEFT on Embarcadero

LEFT on Faber (Faber dead ends)

AHEAD on paved path at the end of Faber (path turns to right)—continue on paved path to first right turn

RIGHT on paved path (paved path also continues straight)

CROSS Bayshore Drive to pedestrian bridge (ahead and slightly to the right)

AHEAD on pedestrian bridge (it crosses highway)

AHEAD on Oregon Avenue (St Francis soon on right)

RIGHT on St. Francis

LEFT on Embarcadero

LEFT on N California

RIGHT on Newell

CROSS Embarcadero

LEFT on Hopkins—continue past the tennis courts to back of Lucie Stern

FINISH Lucie Stern courtyard

LAKE LAGUNITA (summer)

6.3 miles

EXIT front of Lucie Stern courtyard to Melville

LEFT on Melville

CROSS Middlefield

RIGHT on Byron

LEFT on Kingsley—go to end and through the bench area to Embarcadero

AHEAD on Embarcadero—run under Alma on Embarcadero underpass

CROSS El Camino (Embarcadero becomes Galvez heading onto Stanford campus)

RIGHT on Arbotem

LEFT on Palm

CROSS through the oval—up the steps and through the Quad towards Memorial Church—circle to the right of the church toward Duena

AHEAD on Duena (crossing gates are on this street)

RIGHT on Santa Teresa

LEFT on Lomita

RIGHT into parking lot and up the steps (careful on steps)

RIGHT on lake trail and circle counter-clockwise

RIGHT back to Lomita

CROSS Lomita onto Mayfield

AHEAD on Mayfield

LEFT on Campus Drive

LEFT on Alvarado—bear to right to end of Alvarado—continue ahead through campus on sidewalk/paths to Galvez

CROSS Serra onto Galvez (use Galvez left sidewalk)—continue on Galvez to El Camino (track and stadium are on right)

CROSS El Camino (Galvez becomes Embarcadero heading into Palo Alto)—run under Alma on Embarcadero underpass—bear left through the bench area to Kingsley

AHEAD on Kingsley

CROSS Middlefield

RIGHT on Fulton

RIGHT on Melville

FINISH Lucie Stern courtyard

LAKE LAGUNITA (winter)

5.4 miles

EXIT front of Lucie Stern courtyard to Melville

LEFT on Melville

CROSS Middlefield

RIGHT on Byron

LEFT on Kingsley—go to end and through the bench area to Embarcadero

AHEAD on Embarcadero—run under Alma on Embarcadero underpass

CROSS El Camino (Embarcadero becomes Galvez heading onto Stanford campus)

CROSS Galvez (towards the stadium) use Galvez left sidewalk toward campus

RIGHT on Campus Drive (cross Galvez)

LEFT on Palm

CROSS through the oval—up the steps and through the Quad towards Memorial Church—circle to the right of the church toward Duena

AHEAD on Duena (crossing gates are on this street)

RIGHT on Santa Teresa

LEFT on Lomita

LEFT on Mayfield

LEFT on Campus Drive

LEFT on Alvarado—bear to right to end of Alvarado—continue ahead through campus on sidewalk/paths to Galvez

CROSS Serra onto Galvez (use Galvez left sidewalk)—continue on Galvez to El Camino (track and stadium are on right)

CROSS El Camino (Galvez becomes Embarcadero heading into Palo Alto)—run under Alma on Embarcadero underpass—bear left through the bench area to Kingsley

AHEAD on Kingsley

CROSS Middlefield

RIGHT on Fulton

RIGHT on Melville

FINISH Lucie Stern courtyard