



11:00 am-1:00 pm

Thank you Children's Hospital of Wisconsin for sponsoring Healthy Kids Day.



Children's Hospital of Wisconsin®

A member of Children's Hospital and Health System.

Welcome to Healthy Kids Day at the Rite Hite YMCA. Please join in on one or all of the following activities:

11:00am-1:00pm	Moon Walk across the giant bounce house (this is no little bouncy.)
11:00am-1:00pm	Consult a chiropractor, doctor and other professionals about questions or concerns.
11:00am-1:00pm	Get your Child's ID for their safety, courtesy of Walgreens.
11:00am-12:00pm	Walk through a fire truck and see how our heroes work!
11:15am-11:30am	Watch a McMenamin Irish Dance Demonstration.
11:30am-11:45am	Parent Child Yoga for all to participate!
11:45am-12:00pm	Interested in Zumba? Try out a short version and see how you would like it, or just watch the demonstration.
12:00pm-12:15pm	Want to see some high-flying Action??? Check out the Game Changers, our professional slam dunk team!
12:15pm-12:30pm	Watch Master Murphy's Taekwondo in action, breaking boards and demonstrating their form!
12:30pm-12:45pm	Watch the Gymnastics Team perform some extremely difficult routines!
12:45pm-1:00pm	Take a tour / hike around our famous Camp Itasca!

Fun and educational activities are also being hosted by all departments... come and see the excitement and surprises!

PARTICIPATE IN A SUMMER CLASS AT THE MEMBER RATE! **Already a member? Pass on the savings to a friend.**

Thank you for spending time with us during Healthy Kids Day 2010! Because we see you as part of our Y family we want to extend a special offer to you and your family. When you register for a summer class or program, you pay the member rate. Already a member? Don't worry, invite a friend to join you in your class by passing on the savings to them.



Register Today. Summer Session begins June 7.

Offer valid toward one class or program, can not be applied toward additional classes/programs. Offer not redeemable for cash. Must present coupon to receive offer. Not valid with other offers or discounts and not valid for personal training services, reserved classes, group exercise classes that are free for members or Day/Resident Camp.
Y Metro: Enter as CP, PGO with expiration date plus the difference between community and member rate. Give a copy of coupon to Sales Director.
Offer expires 8/1/10

- Don't forget to participate in the raffles! You have a chance to win...
1. Milwaukee County Zoo passes
 2. Schlitz Audubon Passes
 3. Betty Brinn Children's Museum Passes
 4. YMCA Programs!

