Homeopathy
Science Based Medicine
Healing Wounds

“A Law speaks of a recurrent pattern that exists in Nature.”

Presentation provided by
Debby Bruck, founder
Homeopathy World Community
Let’s Take A Closer Look At Homeopathy For Healing

When science finds itself in crisis, open-minded physicians, researchers and scientists can investigate a 200 year old system of medicine that is based upon “laws of nature”
World Wide Popularity For Homeopathy Grows As Citizens Seek Non-Toxic Individualized Medicine

People who seek homeopathic treatment tend to be very well educated. Homeopathic medicine is the leading “alternative” treatment used by physicians in Europe . . . and growing numbers of the citizens around the world.

Dana Ullmann https://ukiahcommunityblog.wordpress.com/2010/03/04/worldwide-popularity-grows-for-homeopathy-alternative-medicine/
Let’s Learn About The Placebo Effect

“The first duty of a man is to think for himself”
— José Martí

Placebo Effect: A beneficial effect, produced by a placebo drug or treatment, that cannot be attributed to the properties of the placebo itself, and must therefore be due to the patient's belief in that treatment.

http://www.homeoint.org/seror/biograph/heringc.htm
Control group

The beneficial effect in a patient following a particular treatment that arises from the patient's expectations concerning the treatment rather than from the treatment itself.

1. (Medicine) med a positive therapeutic effect claimed by a patient after receiving a placebo believed by him to be an active drug.
Constantine Hering
1800 - 1880
Dr Hering

For a series of facts and phenomena to be the object of a science, they must be united by real connections, submissive rules, principles and fixed laws. The scientific mind invents neither facts, nor their relations of causality any more than their laws and principles. Its mission consists in investigating, discovering 'them' and establishing them on a basis as solid as possible.
Observations

Repeated observations and experimentation, which is only observation applied to artificially produced relations of causality, establish the reality of these facts on the firm basis of experience. When the relations of causality are permanent and invariable the existence of positive laws may be concluded from them.
Facts and Causality

As empirically found out facts, relations of causality have too, their raison d'être. They derive from more general laws and have their principles. Leading up to these principles, in so far as they can be positively established, is the highest mission of science. On the limit of these positive principles, experimental sciences stop.
The Search For Principles

If we exceed that limit, we enter the domestic domain of philosophy, the domain of primary and metaphysical causes. No scientific man should remain a stranger to this domain. Willingly or not, those limits are constantly exceeded; as the search for principles is imposed upon the human mind by its very nature.
What Is True Science?

The reality of the relations of causality, of the principles of laws and the possibility of proving them by observation, are the first condition of every true science.
Observations

Another and quite as necessary condition is the fixity of those laws. What makes the strength and superiority of homeopathic therapeutics is that it rests on precise and fixed (LAWS and PRINCIPLES. Beside our great law SIMILIA SIMILIBUS CURANTUR) which forms the solid basis of the Hahnemannian doctrine, there exists a secondary one little known : THE LAW OF CURE.
Observations

Hahnemann says restore health and annihilate the whole, the entire disease, not SUPPRESS certain symptoms.
What is cure?

This discrimination is of capital importance upon which it behooves us to insist very specially, for people usually call "cure" the disappearance of certain symptoms or syndromes, external manifestations of disease, such as constipation, eruptions, leucorrea, piles, etc.
The Medical Community is at war

Study: Meditation Relieves Some Anxiety, Depression Beyond Placebo

Pills have side effects and don’t always work. But it turns out there’s something that may be more effective with no downside, though it takes a bit of effort: meditation for about 30 minutes a day.

http://commonhealth.wbur.org/2014/01/meditation-relieves-symptoms-of-anxiety-depression-beyond-placebo-study-finds
Benefits of Meditation

“Meditation programs appear to have an effect above and beyond the placebo”
Goyal, M.D. M.P.H

http://commonhealth.wbur.org/2014/01/meditation-relieves-symptoms-of-anxiety-depression-beyond-placebo-study-finds
NIH $12.5 million randomized clinical trial

27 million Americans suffer from osteoarthritis of the knee or hip

Glucosamine is an amino sugar that may help renew cartilage, and chondroitin sulfate is a complex carbohydrate that is thought to help cartilage retain water. Arthritis causes pain, swelling and stiffness in joints and damages cartilage over time.

http://www.wbur.org/npr/231451187/exercise-may-help-knees-more-than-glucosamine-and-chondroitin
RESULTS - No significant difference in pain relief between glucosamine, chondroitin, a combination of the two and placebo

1,583 people around the country to take either glucosamine, chondroitin, a combination of the two, an anti-inflammatory drug (celecoxib) or a placebo. Neither participants nor the researchers knew what they were taking.

http://www.wbur.org/npr/231451187/exercise-may-help-knees-more-than-glucosamine-and-chondroitin
Placebo Effect May Account for Half of Drug's Efficacy

The results suggest that the information people have is as important as the effects of the drug in reducing pain.

Even when a medication works, half of its impact on a patient may be due to one aspect of the placebo effect: the positive message that a doctor provides when prescribing the treatment, according to a new study.

Published Study from New England Journal of Medicine
Expectations

The placebo effect is centered on the idea that a person’s expectations and beliefs drive changes in symptoms, even though they have received a sugar pill or a sham treatment with no effect. Knowing that they have received a placebo changes their expectations, which is expected to alter the placebo effect.

Published Study from New England Journal of Medicine
Contradictory Outcomes

people in the study also reported pain relief even when they knew the pill they were receiving was a placebo, compared with no treatment at all. This finding "contradicts the medical beliefs," Kaptchuk said. "Because in medicine, we think you have to think it's a real drug for placebo to work. But apparently, the body has memories, or an embodied awareness, which operates below the level of consciousness."

Published Study from New England Journal of Medicine
Ethical Dilemma’s

Before 1970, doctors used to lie to their patients all the time. They knew that some hypochondriacs became noticeably better when doctors gave them a sugar pill.

Ted Kaptchuck

The placebo effect can be administered like a drug, in different doses and achieve different results. He says the ritual of medicine — from the act of taking a pill, to whether the doctor stares thoughtfully into the distance while examining you — is far more than a placebo. This ritual can be used to increase the effectiveness of modern drugs.

One Dose Can Kill

Concerns about drug risks have led 28 state attorneys general to ask the Food and Drug Administration to reverse its approval of Zohydro, a long-acting narcotic painkiller, before the medicine is even put on the market.

Taking a Closer Look at Opioid painkillers Vicodin and Percocet

The risks for addiction and overdose from the potent opioid outweigh the benefits of pain relief, critics say. Some point to the risk for children, in particular. A single capsule of Zohydro could kill a kid, the medicine's instructions warn.

Paracelsus founded the discipline of toxicology. 1493 - 1541

“All things are poisons, for there is nothing without poisonous qualities. It is only the dose which makes a thing poison.”

Paracelsus was a Swiss German Renaissance physician, botanist, alchemist, astrologer, and general occultist.

Look In Your Cabinets

### Medicinal Preparations potentially Fatal to a 10 kg toddler upon Ingestion of 1-2 Tablets, Capsules, or Teaspoonfuls

<table>
<thead>
<tr>
<th>Drug</th>
<th>Min. potential fatal dose</th>
<th>Max unit-dose available</th>
<th>Amount that may cause fatality</th>
</tr>
</thead>
<tbody>
<tr>
<td>Camphor</td>
<td>100 mg/kg</td>
<td>1 g / 5 mL</td>
<td>1 tsp</td>
</tr>
<tr>
<td>Chloroquine</td>
<td>20 mg/kg</td>
<td>500 mg</td>
<td>1 tab</td>
</tr>
<tr>
<td>Hydroxychloroquine</td>
<td>20 mg/kg</td>
<td>200 mg</td>
<td>1 tab</td>
</tr>
<tr>
<td>Imipramine</td>
<td>15 mg/kg</td>
<td>150 mg</td>
<td>1 tab</td>
</tr>
<tr>
<td>Desipramine</td>
<td>15 mg/kg</td>
<td>75 mg</td>
<td>2 tabs</td>
</tr>
<tr>
<td>Quinine</td>
<td>80 mg/kg</td>
<td>650 mg</td>
<td>1-2 tabs</td>
</tr>
<tr>
<td>Methyl Salicylate</td>
<td>200 mg/kg</td>
<td>1.4 g / mL</td>
<td>&lt;1 tsp</td>
</tr>
<tr>
<td>Theophylline</td>
<td>8.4 mg/kg</td>
<td>500 mg</td>
<td>1 tab</td>
</tr>
<tr>
<td>Thioridazine</td>
<td>15 mg/kg</td>
<td>200 mg</td>
<td>1 tab</td>
</tr>
<tr>
<td>Chlorpromazine</td>
<td>25 mg/kg</td>
<td>200 mg</td>
<td>1-2 tabs</td>
</tr>
</tbody>
</table>

Tylenol

Acetaminophen, sold generically and under the brand name Tylenol, is a popular pain reliever for children. A single dose isn't usually a problem. But an overdose can cause liver failure and death. The drug is an ingredient in many over-the-counter remedies, so it's easy to lose track of how much a child is taking.

Look In Your Cabinets

Tylenol use in pregnant women increases risk of ADHD by forty percent in the newborn child. Just scrolling through the past history of this drug will provide an indication of its toxicity.

Homeopathic medicines are made from plants, minerals, metals, salts and animal products.

They are usually diluted beyond Avogadro’s number so that there is no chance of toxicity. They are deep-acting energetic medicines that are prepared systematically to reduce side-effects and treat at the deepest levels.
Similia Similibus Curentur

For example, drinking too much coffee can cause sleeplessness and agitation, so according to this principle, when made into a homeopathic medicine, it could be used to treat people with these same symptoms.
The Law of Similars

This concept is sometimes used in conventional medicine, for example, the stimulant Ritalin is used to treat patients with ADHD, or small doses of allergens such as pollen are sometimes used to desensitize allergic patients.
Cinchona / Quinine

Dr Samuel Hahnemann First Proved Cinchona

Malarial Cases: The China patient grows increasingly sensitive to touch, to motion, to cold air, so that he is chilled from exposure. The pains are brought on by exposure to the wind, by cold air, and are increased by motion and touch.

This patient bleeds easily; bleeds from any orifice of the body from the nose, from the throat, from the uterus. And after hemorrhage complaints come on.
Many Uses For Each Remedy

Cinchona; if a nerve has been injured, or if the trouble has come after a severe fall on the back,

Throughout the body there is a gradually increasing sensitivity, a gradually increasing irritability of the nerves; the nerves are always in a fret, so that these people will say: "Doctor, what is the matter with me, I am so nervous?" Pains: Everywhere there are twinning, tearing, cutting pains in the limbs and over the body. And so great is the sensitiveness to touch that the nerves can many times be outlined; as, for instance, the little nerves in the fingers, because of their extreme sensitiveness.
The Observant Homeopath

In general, it may be said that the choice of the proper medicine often depends on the most minute circumstances.
The Mind Body Connection

Itching and scratching engage brain areas involved not only in sensation, but also in mental processes that help explain why we love to scratch: motivation and reward, pleasure, craving and even addiction. What an itch turns on, a scratch turns off — and scratching oneself does it better than being scratched by someone else.

http://www.nytimes.com/2014/02/18/health/itching-more-than-skin-deep.html
According To A World Health Organization (WHO) 2001 Report

Homeopathy is part of the national health system of the many countries. It is the most widely practiced alternative form of medicine. W.H.O. has declared that homeopathy is the second-most used medical system internationally.
Homeopathy is based upon observational evidence

Homeopathy is a safe, gentle, and a natural system of healing that works with your body to relieve symptoms, restore itself, and improve your overall health.

One major difference with homeopathic medicines is that substances are used in ultra high dilutions, through the “potentization” or “dynamisation” process which makes them non-toxic.
Potentization consists of dilution and succussion

A potency is a preparation consisting of a substrate upon which a specific energy pattern has been imprinted through a process of dilution and a succussion process (vigorous shaking).
Numerous potency grades are used by the trained homeopath

To make a 'C' potency the dilution ratio is 1: 99 (ie 1 drop of substance to 99 drops of water/alcohol). Between each dilution step the medicine is succussed i.e. 30C means the dilution step followed by succussion is done 30 times.

New Zealand Council of Homeopaths
http://www.homeopathy.co.nz/homeopathy/potentization/
Hering's law pertains to the direction in which the symptoms of the patient will disappear during a cure under homeopathic treatment.

The observant homeopath will know and recognize when the patient is improving physically, mentally, emotionally and spiritually.

http://www.wholehealthnow.com/homeopathy_info/constantine_hering.html
Hering’s Direction of Cure

The body seeks to externalize disease, noting that symptoms will surface as part of the curative process.

A person's symptoms will appear and disappear in the reverse order of their appearance upon the body.

The body heals from top to bottom, and from more vital organs to less vital organs.

http://www.wholehealthnow.com/homeopathy_info/constantine_hering.html
Resources

National Center For Homeopathy, USA
http://homeopathycenter.org/research

Extraordinary Medicine: The Truth About Homeopathy Canadian Society of Homeopaths
More Stuff

• HomeopathyWorldCommunity.com
• Facebook.com/HomeopathyWorldCommunity
  • Twitter.com/DebbyBruck
• Health Inn Show Monday 11AM ET USA on
  NissanCommunications.com/HealthInn.php
• Alan Phillips Vaccine Rights Wednesday 6PM
• Debby Bruck Last Wednesday 6PM of each Month
  blogtalkradio.com/homeopathyworldcommunity
The physician's high and ONLY mission is to restore the sick to health, to cure, as it is termed.

This presentation courtesy of HomeopathyWorldCommunity.com