Alpha Omega Healer
Activation Attunement

By Chris Comish
http://cityofshamballa.ning.com
Alpha Omega Healer Activation

This is a basic activation of your hands to allow you to heal yourself and others with Alpha Omega Healing energy.

First, please receive at least two Alpha Omega Healing sessions. The Alpha Omega Healing Session is available at http://cityofshamballa.ning.com or in Alpha Omega Healing Session by Chris Comish available at http://stores.lulu.com/ccomish or at www.Amazon.com or The Scribd Store (http://www.scribd.com/store) or at www.smashwords.com

This will allow you to adjust to the new energies.

Then you may receive the basic activation. This will allow you yourself and others. To receive the activation get in a quiet place where you will not be disturbed for up to one hour.

When you are ready to receive the activation say (mentally or outloud), 'I am now ready to receive the Alpha Omega Healer activation attunement prepared for me by Chris Comish.'

You will feel your hands being activated during the attunement. Please remember to rest and drink water following the attunement to help you integrate the energies.

It is important to know that you should not mix Alpha Omega healing with other forms of healing such as Reiki as it dilutes the power of the energy. Please wait approximately 5 days after using other forms of healing before using Alpha Omega Healing.

The following sections are methods to heal yourself and others but they are not the only methods. Use them as guides only. There are infinite possibilities and methods. Be creative and explore the energies.

Prepare in person healing of others

Intend that ( ) be healed and receives the Alpha Omega Healing energies perfectly for one hour regardless of how long the healing is prepared.

Be aware that your intention is to enter into the Alpha Omega Healing energy for the purpose of healing ( ) and acknowledge it. Intend to bring wholeness to their bodies.

Allow the energy to enter your hands. Feel it getting stronger.

Place the recipient of the healing session between your hands. Beam the energy into the recipient. Let your hands guide you where to place them over the recipient's body. You do not need to touch the recipient. Feel their essence and their energy field. Let your hands guide you and pull out sticky substances in their energy field and balance and harmonize their field. The energy will flow from your hands into them. When you feel the energy stop, the session is complete.
Prepare distant healing of others

Intend that ( ) be healed and receives the Alpha Omega Healing energies perfectly for one hour regardless of how long the healing is prepared.

Be aware that your intention is to enter into the Alpha Omega Healing energy for the purpose of healing ( ) and acknowledge it. Intend to bring wholeness to their bodies.

Sense the higher self of the person with you. Sense the higher self of the person lying down on a table in front of you (they can be full body size or as small as only 2 feet long). Intend that this is ( ).

Allow the energy to enter your hands. Feel it getting stronger.

Place the higher self of the recipient of the healing session between your hands. Beam the energy into the recipient's higher self. Let your hands guide you where to place them over the recipient's higher self. Float your hands over their higher self. Feel their essence and their energy field. Let your hands guide you and pull out sticky substances in their energy field and balance and harmonize their field. The energy will flow from your hands into their higher self which in turn flows into their physical body wherever they are in the world. When you feel the energy stop, the session is complete.

Prepare self healing

Intend that you be healed and receive the Alpha Omega Healing energies perfectly for one hour regardless of how long the healing is prepared.

Be aware that your intention is to enter into the Alpha Omega Healing energy for the purpose of healing yourself and acknowledge it. Intend to bring wholeness to your bodies.

Allow the energy to enter your hands. Feel it getting stronger.

Place your hands over the place that needs healing. Beam the energy into yourself. When you feel the energy stop, the session is complete.
About the Author

Chris Comish is a Reiki Master / Teacher, White Magician, Priest in the Order of Melchizedek, Qan Melchize(dek) from Shamballa and the Stars of Sirius, Pleiades and Arcturus. Member of the Seventh Ray ashram of Saint Germain. Teachers are St Germain, Sanat Kumara, the Lord of Sirius, Lord Melchizedek and Archangel Metatron. He is the author of five books available at http://stores.lulu.com/ccomish and www.Amazon.com: The Living Light, Manifest Divinity Through Reiki, 24 Free Reiki Attunements, 45 Free Reiki Attunements and Alpha Omega Healing Session. Qan Dek is his spiritual name which Qan is derived from Quan (Yin) which means compassionate one, and Dek is short for Melchizedek, the guiding spiritual order of the ages. Chris is the founder of The City of Shamballa social network at http://cityofshamballa.ning.com and his videos can be watched at his YouTube channel at http://www.youtube.com/user/OnenessAndLove