

7:00-7:50 AM SEMINARS

(11071) YOGA EXERCISE

Dorothy Kerzner, CH

All-levels

Begin your day relaxed and in control with stress-reducing, easy movements for body and spirit. Attendees should wear comfortable clothing and bring a towel to sit on. *Experiential*

8:00-8:50 AM SEMINAR

(11081) THE POWER OF YOUR PROFESSION

Dwight Damon, DC, BCH, DNGH

All-levels

Keynote Address of 2017 Convention

Lecture

9:00-9:50 AM SEMINARS

(11091) DESTRUCTIVE TRIGGERS - HEALING TRIGGERS—Eliminate Urges, Cravings, Obsessive Thoughts And Actions

Anthony DeMarco, DNGH, LLB, BCH, CI, OB

All-levels

The passion, or the circumstances, or the repetition with which any given stimulus is presented to us, dictates the effect resulting in specific reactions that please us, or empower us, or haunt us, or disturb us, or 'attempt' to destroy us. Tony shall offer his insights into the workings of the subconscious mind and the collective unconscious, the elevation of consciousness, and several triggers to use to combat cravings, urges, obsessions and give your clients the kick-start. *Lecture/Demonstration/Q&A*

(11092) HOT FLASH! HYPNOSIS AND MENOPAUSE

Amye Scharlau, CH, CI

All-levels

Learn to tell fact from fiction in order to provide the absolute best care and support for your clients going through "the change." Help your clients ease genuine physiological changes, dispel the fears and myths of rampant misinformation, and empower your clients as they enter a fabulous new chapter in life! *Lecture/Discussion*

(11093) THE GIGGLE—Give Your Clients The NLP Giggle To Change

Roger Willard, CH, BA

Introductory-Intermediate

Based on Richard Bandler's research and techniques of NLP, this seminar will show you how to quickly collapse client's negative triggers with a simple giggle while in hypnosis. It will also show how to motivate your clients to continue positive outcomes which will be self-rewarding for them. This powerful technique is broken down to its simplest form, no knowledge of NLP is required for it to work. *Lecture/Demonstration/Q&A*

(11094) TEACHING SELF-HYPNOSIS IN GROUPS—Make Money, Inform, & Publicize Your Practice

Lee Pascoe, BCH, CI, FNGH, OB

Introductory-Intermediate

Teaching a self-hypnosis class not only establishes you as a credible professional, but at the same time you remove the fear of hypnosis, educate the public, create rapport with the audience, and actually make money for yourself instead of paying out for expensive publicity. Lee will take you step-by-step through a 6-hour course, to be presented over 2 or 3 separate sessions. *Lecture/Exercise/Q&A*

(11095) 9 WAYS TO GET MORE CLIENTS WHICH WILL COST YOU NEXT TO NOTHING

Helen Mitas

All-levels

Effective marketing is expensive, right? WRONG! 8/9 of the strategies in this seminar are completely free (and the last costs next to nothing). Generate a steady flow of clients into your practice with these simple, effective and affordable strategies. This seminar describes the 9 strategies that I used to grow my practice well beyond the 6 figure mark and that I still use today to attract new clients. *Lecture/Discussion/Exercise/Demonstration/Q&A*

(11096) EFT'S POWER FOR THE PROFESSION—What You Didn't Know About EFT

Charles Crenshaw Jr., CH, CI

All-levels

Emotional Freedom Technique has evolved out of the subtleties of the human energy body (chi body). The general consensus is that EFT is just blindly tapping and talking, but it is a lot more subtle than that. It can be used as part of the arsenal of tools that continue our progress as hypnotists in the present and into the future, helping to prove to clients the reality of change work. *Lecture/Demonstration/Experiential/Q&A*

(11097) THE OVERLOAD & OTHER FUN INDUCTIONS—Learn Several FAST Rapid & Instant Inductions In This Fun Seminar!

Cris Johnson, BCH, CI

All-levels

Discover the hidden power of the Overload Induction, a rapid induction even faster than the Elman Induction! Learn The Handshake Interrupt Induction and the incredible Ambiguous Touch Induction, which as legend has it, was so effective for Milton Erickson that people refused to shake his hand! Cris will demonstrate the inductions, explain some of their uses, and time permitting, have you practice to deepen your understanding of the processes involved. *Lecture/Demonstration/Practice*

10:00-10:50 AM SEMINARS

(11101) HEALING PAST RESENTMENT AND NEGATIVITY—Moving Forward To Success

Tricia Meister, BCH, CI

All-levels

Raise awareness of past, unforgiven events and people leading to resentment and harness personal power in order to move forward. By surfacing previously unrecognized, yet limiting beliefs, and helping to identify recurring behaviors blocking success, the presentation will enable you to release negative influences from the past, to progress personally, and in turn to transfer this empowering approach to assist others, including your own clients. *Lecture/Demonstration/Exercise*

(11102) HOW TO MAKE POST-HYPNOTIC SUGGESTIONS STICK!—The Automatic Reinstatement Of Specific Suggestions After The Hypnotic State

William Mitchell, CI, BCH

All-levels

Post-hypnotic Suggestion refers to the subject's ability to respond at a later time to a suggestion given during trance. The post-hypnotic suggestions can be directed toward behaviors, attitudes, or feelings and can involve any one of the hypnotic phenomena such as anesthesia, amnesia, tunnel vision, hypnotic dreaming, etc. Learn how William Mitchell, CI, routinely delivers suggestions that STICK! *Lecture/Demonstration/Q&A*

201 Expert Seminars

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FRIDAY, AUGUST 11

(11103) HOW TO USE THE WEB MESMERIZINGLY —Project Yourself And Your Story And The Art Of Hypnosis To Make Your Practice Mesmerizing

Ralph Benko, BA, JD, OB, CH *All-levels*

By configuring your website to present your own narrative, conveying yourself, your skills, your credibility, and the ability of hypnosis to bring about desirable outcomes will engage prospects as clients far more powerfully than mere descriptors and stock images. You will learn the basics of how to do this simply and effectively. *Lecture/Q&A*

(11104) DEALING EFFECTIVELY WITH WEIGHT CONTROL—How To See Less & Less Of Your Client

Jacob Bimblich, BCH, CI, OB, DNGH *All-levels*

Through many years of research and experimentation, some very effective suggestions with great impact have been developed for use in the hypnotic approach to weight control. In this seminar, you will learn the mechanism and suggestions that will produce the best results. Learning basic nutritional approach that will motivate the client to pursue the desire weight goal. You will be impressed with the incredible results the client will achieve. *Lecture/Demonstration/Q&A*

(11105) USING MIND STYLES TO IMPROVE CLIENT RAPPORT—An Easy Technique That Improves Practitioner Effectiveness

C. Scot Giles, BCH, CI, OB, DMin, DNGH

Introductory-Intermediate

The Eye-Roll, when done properly discloses how hypnotizable your client can be. It also tells you a lot about the client's personality and what sort of hypnotic approach will be most effective. The Complementary Medical Hypnotism Certification program of the NGH uses this technique extensively and this seminar will give you a boost if you desire to use those techniques in your practice. *Lecture/Discussion/Q&A*

(11106) THE POWER OF MINDFULNESS. ATTRACT NEW CLIENTS FAST!—Secrets To Deliberately Create The Hypnotism Practice Of Your Dreams

Donna Bloom, BCH *All-levels*

Build the hypnotism practice of your dreams with excitement, enthusiasm and the proper mental mind-set! You will learn how to get clients by consistently focusing on that which you really, really desire. Discover four quick and easy processes to start attracting new clients! This class is full of visualizations, exercises and processes to help you create a thriving hypnotism practice with practically no money. *Lecture/Participation/Q&A*

(11107) NEVER GOOD ENOUGH—Cognitive Behavioral Method; A Low Self-Esteem Intervention

Patricia Pearson, CI, CH *All-levels*

Our beliefs are the foundation of our actions and choices. But negatively distorted core beliefs result in low self-esteem and high self-criticism. This seminar introduces Cognitive Behavioral Hypnosis, an exciting new option that rapidly alters core beliefs. It improves self-confidence and boosts motivation for those with low self-esteem. Learn how incorporating CBT into your practice will help your clients rapidly improve, increase your acceptance in the professional counseling/medical community and boost your referrals. *Lecture/Demonstration/Discussion/Q&A*

11:00-11:50 AM SEMINARS

(11111) HOW TO USE DREAMS TO EMPOWER YOUR CLIENTS—Helping Clients To Actively Engage Their Dreams for Health, Well-Being, Guidance, And Personal Success

Janice Matturro, CH, CI *Introductory*

Dreams and their powers are the best kept secret among the most successful and inventive people of our time and across history. In fact, the fields of medicine, manufacturing, media, art, music, literature, psychology, science, politics and business have all been influenced by dreams - in practical ways. As professional hypnotists, we have a unique opportunity to empower our clients by guiding them to actively engage their dreams for success and personal transformation. *Lecture/Discussion/Q&A*

(11112) HYPNOSIS THE PERFECT MATCH FOR PTSD

Don Mottin, BCH, CI, FNGH, OB *All-levels*

There are millions of people who have some degree of PTSD that took place after an injury, a crime, or other traumatic event. In just one hour, you will master the ten most common symptoms of PTSD and how to treat them. Emotional & Physical Reactions - Understanding the risk factors - How to use anchors - Children and PTSD - Overcome Self-blame - The side effects - Causes of PTSD - Impact phase First responders - Irrational behavior. Here is your chance to give back to those who have given so much to all. *Lecture/Q&A*

(11113) THE MAGIC OF METAPHOR —To Make The Change For Good

Karen Hand-Harper, BCH, CI *Introductory-Intermediate*

In this seminar, you find yourself discovering how to easily deliver your suggestions straight into the subconscious without resistance. Learn some tried and true metaphors that work for a variety of issues and be able to add some new ones to your repertoire. Realize you can enhance your sessions with stories-that-stick and increase client (AND YOUR) success. *Lecture/Exercise/Discussion/Q&A*

(11114) TESTING & CHALLENGES FOR DEEPENING HYPNOSIS

Jerry Valley, MACP and Tommy Vee, CH, CI *All-levels*

This presentation will teach you how to effectively use the proper testing and fool-proof challenges to get your subjects into a deeper state. This will also eliminate subjects from saying "I don't think I was hypnotized." If you have ever heard that statement, this class is for you! *Lecture/Demonstration/Q&A*

(11115) HYPNOSIS WITH CHILDREN —Little Rascals - Big Results!

Vicky Thomas, CH *All-levels*

Hypnosis with children (and their parents) is simple and effective. If you can tell a story, remember what it feels like to be filled with childhood dreams, and love to play, then hypnosis with children is for you! In addition, how wonderful you can feel when you teach parents to "be the hypnotist for your child." Rewards and referrals are abundant when you help a child! *Lecture/Exercise/Demonstration/Q&A*

(11116) HYPNOSIS 911

—You Can Make Your Hypnotism Practice Safer

Brian DiRamio, CH

All-levels

You will learn brief descriptions of CPR, first aid, and general office safety. You will learn specific information related to office emergencies and how to respond. Most importantly, you will learn how to obtain free or inexpensive training that will be most useful. This presentation, although useful for all, is most useful for those that are solo providers.

Lecture/Q&A

(11117) ACTIVE-ALERT HYPNOSIS

—From Couch To Bike. Action Instead Of Relaxation

Claude Andre Ribaux, CH

All-levels

Active-alert hypnosis is a gateway into a truly remarkable state of alert, awakened consciousness mind. Individuals can easily learn to seek refuge in this dynamic state of undistracted presence even in the midst of their daily routines. The idea behind this class is to demonstrate to you how easily the active-alert hypnosis can be applied and thus motivate you to use this method in your own practice.

Lecture/Discussion/Demonstration/Q&A

NOON-12:50 PM SEMINARS

(11121) HYPNO-HUMOR - EXPECTING THE

UNEXPECTED—My Heart Was Pounding - But Now I

Am Laughing

Ron Eslinger, CRNA, RN, APN, BCH, CMI, FNGH, OB

All-levels

This seminar presents humorous excerpts from Ron's 40 years of client experiences. They were not funny at the time - some almost heart stopping for Ron. There was the one who as soon as I had her close her eyes and imagine she was in her kitchen started screaming, yelling and crying at the top of her lungs. Then there was the client, when asked to imagine a white light yelled out "BLUE". You will learn how to handle such unexpected reactions.

Lecture/Demonstration/Discussion/Q&A

(11122) GROW A PROFITABLE HYPNOTISM

BUSINESS WITH ZERO ADVERTISING EXPENSE!

—Fill Your Schedule With Paying Clients Using

Powerful Networking Strategies!

Lois Hermann, CH, CI

All-levels

Are you missing a golden opportunity to grow your business with minimal investment? Since hypnotists are natural communicators, it is easy to relate well to other business people. As we help business professionals grow their business, we naturally grow our own. Learn to be an expert Networker, develop tools to connect confidently with others, and fill your schedule with paying clients.

Lecture/Discussion/Exercise/Q&A

(11123) NGH BOARD CERTIFICATION

—The Questions You Ask

Maurice Kershaw, MA, FNGH, BCH, OB

All-levels

A member of The National Guild of Hypnotists Certification Board will conduct this important seminar to provide general information to hypnotists who qualify to sit for the Board Certification examination. This seminar will provide instruction on the requirements necessary and an explanation of the testing process. It will discuss the benefits of this professional recognition, and the level of hypnosis skills and professional practice experience the Board will assess.

Introduction/Lecture

(11124) SELF-LOVE AND APPRECIATION

—Most Important Session To Maximize Success For Every Client & Hypnotist!

George Casazza, CH, CI

All-levels

Everything is easier and success is effortless when self-love and appreciation is present! Learn why every hypnotist should add this specific session every time! Your practice will improve and continue to expand with referrals! Discover the most effective, step-by-step, self-love techniques to empower every client! Experience a powerful group "Self-Love & Appreciation" session.

Lecture/Experiential/Q&A

(11125) POLICE, FIRE AND PARAMEDIC COURSE THAT YOU CAN TEACH NOW!—Train The Trainer Course For Fast Growing Alzheimer's Market

Robert Bayliss, CH, CI, OB and Ruth Garrett

All-levels

Specialize and you can become "The Obvious Expert!" by training the elite in your community. Doctors do it. Lawyers do it. First Responders must now be trained to safely interact with Alzheimer's patients who wander off from their home or facility. Alzheimer's patients will soon be 50% of the senior population and more than half will wander when unattended. Responding to this situation requires special training for First Responders and you can be their "Obvious" instructor.

Lecture/Q&A

(11126) THE POWER OF SUGGESTION

—Using Pre-Talk To Create Effective And Positive Suggestions For Your Client's Success

Ariel Sherker, CH, CI

All-levels

Clients come to see us to help them on their journey of change and our job is to help them get on the right mind-set for their success. This seminar will teach you how to recognize the suggestions that your clients repeat to themselves that keep them from succeeding in their goals. Upon this recognition, you will have a clear direction of where change can happen and can formulate new suggestions that are readily accepted by your clients.

Lecture/Q&A

(11127) I'M NOT GETTING ANYTHING... IT'S NOT WORKING—How To Handle That Dreadful Response From Your Client

Carol Denicker, BCH, CMI, OB

Introductory-Intermediate

Learn to think on your feet and be able to redirect a stalled regression session (even after the client says that he/she is unable to). Know what to say and do so you save the session and proceed productively. On the rare occasion when a client continues to fail to regress, utilize a powerful Ericksonian technique so the client still has a positive experience and they can continue to work on it at home.

Lecture/Discussion/Q&A

"Friendly participants, helpful staff. A great break from real life. A "must" weekend for all hypnotists. Learn something new each year."

—Carol Minalga, Niantic, CT

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FRIDAY, AUGUST 11

1:00-1:50 PM SEMINARS

(110101) SMOKING CESSATION FOR SUCCESS —Master The Skills For The One Session Smoking Treatment

Shaun Brookhousse, DNGH, BCH, CI, OB *All-levels*

One of the key components of a successful hypnotism practice, is the ability to do successful smoking cessation sessions. This one hour presentation will give you the keys as to how to approach this with confidence in a single session protocol. This approach has been fine tuned over a 28 year career.

Lecture/Experiential/Q&A

(110102) READING PEOPLE FOR BETTER RESULTS —Advanced Strategies To Access Your Client's Personality Profile For Better Results And Deeper Rapport

Robert Harrison, CH *All-levels*

In this seminar, you will learn some of the most common mistakes even the seasoned pros make when working with clients and walking them through programs like smoking cessation, weight loss, stress and other common issues. You will then learn how and why personality differences can make or break a client's success and how to leverage them for the best possible results. We will then teach a simple 8-step process to do the initial profile assessment. Finally we'll review testing procedures and troubleshooting tips and tricks. *Lecture/Discussion/Q&A*

(110103) MOLECULAR HYPNOTISM —Achieving Perfect Health Of Body, Mind And Spirit

Chuck Mignosa, CH *Intermediate-Advanced*

This technique has been used for over 10 years and has produced significant results in relieving physical ailments. This is applying hypnosis techniques to the molecular level of the body. It is based on the principle of science that says "the mere process of looking at something changes it". Come and find out what results have been obtained and how you can add this technique to your hypnotic tool box and give your clients the opportunity of producing miraculous results.

Lecture/Demonstration/Practice/Q&A

(110104) YOUR LEGAL OBLIGATION TO KEEPING KIDS SAFE—A Practical Guide To Recognizing & Reporting Child Neglect/Abuse

Elana Schondorf, LMSW, CH *All-levels*

Children have little independent power and rely upon the adults in their lives to protect them and keep them safe. As mandated reporters, we are legally and ethically bound to report any suspicion of child abuse, maltreatment, or neglect. We need to take our role as helping agents seriously and protect our younger more vulnerable clients. *Lecture/Discussion/Q&A*

"As always, the convention is an incredible gathering of some of the most talented and passionate people in this profession."

—Kevin Martin, Lowell, MA

(110105) TURNING PRO—Overcome Your Limiting Beliefs About Becoming A Full-Time Professional Hypnotist

Monica Marusceac, BCH *Introductory-Intermediate*

Leaving your job to become a professional full-time consulting hypnotist can be a nerve wracking and difficult decision to make but a necessary one in order to achieve the freedom and autonomy that a private hypnotism practice can provide.

Lecture/Exercises/Q&A

(110106) SLEEP ISSUES AND HYPNOSIS

Boris Opancha, MS, BCH *All-levels*

1 out of 3 people have sleep issues at some point in their lives, 20-40% of all adults have sleep issues in the course of any year. Struggle for hours to get to sleep, no matter how tired you are? Or do you wake up in the middle of the night and lie awake for hours, anxiously watching the clock? The better we understand sleeplessness, the more charge we can begin to take of sleep and health. That includes understanding how and when hypnosis can be used.

Lecture/Discussion/Q&A

(110107) RAPID EMOTIONAL RELEASE & EMPOWERMENT—Empowering Clients By Quickly Removing "Stuck" Emotional Issues Through Eye Patterns

Rick Saruna, CI, CH *All-levels*

RER - Rapid Emotional Release & Empowerment is a process that is very unique and fascinating. Through the use of eye patterns and processes RER was developed to very quickly remove stuck emotional issue. The class will explain to you how emotions work and how they get stuck. RER is the only technique that can quickly remove stubborn locked in emotions. This is an intro to RER to demonstrate this process in class.

Lecture/Demonstration/Participation/Q&A

(110108) AMPLIFY YOUR PERSONAL POWER WITH HYPNOSIS—Learn How To Use Hypnosis To Reach Your Potential, Then Teach It To Your Clients

Erika Flint, BCH *Introductory*

You will learn how to identify and amplify your own personal power using hypnosis - then learn how to teach it to your clients. You will learn the science behind these techniques to help educate your clients and empower them for success while you enjoy more personal success than ever before. This is an engaging and dynamic presentation and you will walk away feeling empowered and motivated to take your personal and business success to the next level.

Lecture/Discussion/Q&A

(110109) THE ULTIMATE WEIGHT LOSS HYPNOSIS SCRIPT —Help Clients Achieve Healthier Lifestyles

Selena Valentine, CH, CI *Introductory*

In this professionally written script which can be used to help motivate clients in their quest for a healthier lifestyle, this presentation will offer guidelines and visualization techniques to offer assistance in becoming more mindful of triggers that lead to overeating. We will address issues such as boredom eating, secretly overindulging in food, family obesity, and lack of exercise.

Lecture/Discussion/Q&A

To register, call (603) 429-9438

**(110110) HYPNOTIC LANGUAGE PATTERNS
—An Introduction To The Linguistic Triggers That
Influence Change****Taylor Sherman, CH, CI** *Introductory-Intermediate*

Join us for an exploration of how you can use language patterns in your hypnotism practice or in your life to make you more influential. Language patterns are the structured ways that persuasive people communicate, where they link ideas together within a sentence. Utilizing these patterns will make your hypnosis patter much easier to generate, and more effective. In this seminar, you will learn several specific language patterns to use in any situation.

*Lecture/Q&A***(110111) YOUR CLIENTS WANT THE MAGIC, THE
WOW, THE HYPNOTIC PHENOMENA!!!—Why You
Want To Use Hypnotic Phenomena Such As
Amnesia, Hallucinations, Age Regressions, Age
Progressions, Analgesia, etc. In Your Practice****William Mitchell, CI, BCH** *All-levels*

Clients come to a hypnotist for the Wow, the Magic! The hypnotic phenomena is the Wow, the Magic that allows clients to make powerful breakthroughs! Our unique offering is inducing hypnotic phenomena such as amnesia, hallucinations, age regression, analgesia, hypnotic dreams, post-hypnotic suggestion etc. Too many hypnotists induce trance and hope the subconscious will benevolently do something. As a result many clients do not think they were hypnotized and fail to achieve positive outcomes. Your business and reputation will grow dramatically when you learn to use powerful and relevant hypnotic phenomenon.

*Lecture/Video Demonstration/Q&A***(110112) GUIDANCE FROM YOUR SOUL - SOUL
ENTRAINMENT®—Access The Wisdom Of The Soul****Karen Paolino Correia, CH** *All-levels*

The Soul knows everything about your past, present and future and it can guide you to your highest and best. Learn a powerful technique to access the superconsciousness of the Soul. Help your clients receive the answers they are seeking for healing, growth and change. Come and experience a demonstration of Soul Coaching and receive insight into the future. Discover this transformational process and realize how it can take your hypnotism practice to the next level.

*Lecture/Experiential/Q&A***(110113) CONVINCERS BEFORE, DURING, AND
AFTER EACH SESSION—(Yes, I Said After) Ensure
Your Client Will Be Back For More****Margaret Worthington, BCH, CI** *Introductory-Intermediate*

Convincers used before, during the session, and most important after the session, become lasting impressions. We all know the value of a lasting impression. Join me for this very interesting and valuable time together exploring convincers and a few new ways to use them that makes you GREAT and helps to fill up your book with as many clients as you want! Get the scripts for Before, During, and After Convincers to slide into the program you're already using and let your clients tell you how you're all that!

*Lecture/Demonstration/Q&A***(110114) BASIC NEUROANATOMY—Knowledge That
Is Essential For Stress Reduction And Pain
Management****Annelle Saponis, BCH, CI** *All-levels*

The nervous system can be visualized as a series of pathways like roads on a map. In this seminar, you will learn to differentiate between white and gray matter, neuron and nerve, CNS and PNS. You will also draw a pain pathway using neurons with exact locations of their beginnings and endings in the PNS and CNS. Learning the basics of neuroanatomy makes it easier for you to visualize the pain pathway and explain it to your clients in a pain management session.

*Lecture/Exercise/Discussion/Q&A***2:00-2:50 PM SEMINARS****(11021) THE PROFESSIONAL HOME HYPNOTISM
OFFICE—Key Elements For Opening Your Home
Hypnotism Practice****Celeste Hackett, BCH, CI, OB** *Introductory*

We'll cover the pros and cons of working from a home office including safety concerns. Plus, what equipment and supplies you'll need to gather to properly outfit your office space. Also we'll spend time on simple free ways to keep track of taxes, phone calls, and payments from clients. We'll also discuss why some homes may not be suitable for a hypnotism business and we'll even touch on the income you can expect to make.

*Lecture/Q&A***(11022) HOW TO USE HYPNOSIS TO LOOK AND
FEEL YOUNGER PLUS MORE BEAUTIFUL AND
HANDSOME—Easy, Sweet, Self-Hypnosis Is How!****Wendy Packer, BCH, CI, OB, RN** *All-levels*

This seminar will broaden the viewpoint regarding the benefits in establishing a powerful mind-set of feeling younger which in turn makes one happier plus look younger and more attractive. The effectiveness of the mind-body connection will be referenced. A step-by-step review of the NGH Simple 3-Step Process of Self-Hypnosis will be discussed. Scientific literature will be shared along with information on who to market to...the Baby Boomers.

*Lecture/Discussion/Q&A***(11023) THE UNIVERSAL PATTERN SCRIPT!?!
—Is it Possible That One Script Could Do It All?****Calvin Banyan, MA, BCH, CI, DNGH, OB***Intermediate-Advanced*

Have you ever been frustrated because you didn't have the right pattern script for your new client's issues? That may never happen again when you learn this Universal Script! This script is great for helping people end habits such as smoking, or change behavior such as overeating. I am constantly amazed at the wide variety of issues that are perfect for this universal approach.

Lecture/Discussion/Q&A

*Questions? Call the NGH
Office at (603) 429-9438*

"This convention is superb for substantial content, practical, hands-on at the same time sharing how hypnosis works - the NGH has it all."
—Fredric Mau, Columbia, SC

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(11024) HIDDEN FOOTPRINTS FROM THE PAST —How Past Lives Can Influence The Present Lifetime

Lucy Portlock, CH

All-levels

This seminar is about relating perceived cause and effect of past lives on our present one. There will be a guided group hypnosis session for you to experience a past life regression of your own, in which you will be instructed to find a connection or lesson in that life which relates to your own life today. This seminar looks at the “time stream hangovers” or “footprints” that can be a leftover of a memory in a traumatic past life. Are they harmful? Can you get rid of them? Come and find out!

Lecture/Experiential/Discussion/Q&A

(11025) THE POWERFUL ROLE OF THE HYPNOTIST—Keep The Space Between You And Your Client Safe

Marcel Klasen, BCH, CI, OB

All-levels

Hypnosis can facilitate healing but hypnotists can easily be affected by their work. By influencing the subconscious mind we open a floodgate of feelings and emotional energy. This energy can be so intense that it may affect our health and well-being. In this seminar, you will learn three effective methods to prevent absorption of negative energy released by clients. Hands-on instructions will help your energy be safer and more protected in doing healing hypnosis sessions. You will learn how to balance your own energy centers and those of your clients.

Lecture/Experiential/Demonstration/Q&A

(11026) THE ART OF SPATIAL AND TEMPORAL LANGUAGE—Creating Shifts Through Space And Time

Melissa Tiers, CH, CI

All-levels

This lecture will cover the many ways you can begin to use the language of space and time in ways that matter most. You will learn simple linguistic tricks to doing conversational timeline and using space in ways to activate your clients’ unconscious landscape. You will learn how to create easy nonlinear language patterns to short cut to unconscious processing.

Lecture/Demonstration/Q&A

(11027) THE SIMPSON PROTOCOL: MOVING FORWARD FROM THE CUTTING EDGE —Connecting With The Subconscious Mind For Better Results

Timothy Horn, BCH, CI

Intermediate-Advanced

By communicating with the mind at deeper levels, you can discover, modify and release issues that otherwise could be hidden. This seminar is to introduce the groundwork for communicating with the subconscious mind at the Esdaile and other deep states. This technique is a method that can produce incredible benefits for our clients. At these previously unexplored deep levels, the superconscious mind connects and interacts with areas of mind that were not easily accessible before.

Lecture/Discussion/Q&A

“Excellent workshops! Up-to-date cutting edge! Many choices and variety.”

—Annelle Soponis, Reading, PA

3:00-3:50 PM SEMINARS

(11031) HYPNOSIS AND QUANTUM PHYSICS —Take The Power Of Your Profession Into The 21st Century By Taking Quantum Physics Into Account

Ina Ostrom, CH

Introductory-Intermediate

In order to take the power of your profession into the 21st century it is important to understand what quantum physics is and what hypnosis has to do with it. In this presentation, the power of belief is taken into the next level, that of the model of consciousness according to quantum physics and what the implications are for the hypnosis practice. The presentation takes you through concepts such as the unified field theory, the butterfly effect to taking responsibility for your own live.

Lecture/Discussion/Q&A

(11032) BELIEF CHANGE-WORK—The Simple And Quick Way To Change Limiting Beliefs And Create Empowering Ones

Kevin Martin, CH

All-levels

Belief change work is often vital in what we do. Clients might think they can’t believe they can quit smoking or can’t believe they can lose weight. Your techniques will help reshape the belief but if you can address the belief beforehand you significantly increase the odds of your client’s success. This seminar is not only geared towards identifying them but showing how to change them and form empowering beliefs which in turn, will help solidify any change work you are doing with the client.

Lecture/Demonstration/Q&A

(11033) A TARGET RICH ENVIRONMENT – WORKING WITH STUDENTS—The 3-Legged Stool Approach To Working With Students

Marx Howell, BS

All-levels

Learn step-by-step how to work with both high school and college students to enhance academic achievement. Learn effective strategies for improving memory and specific strategies to “automatically trigger the relaxation response on demand” to counteract TEST ANXIETY. Discover how to use this practical information, which is presented in a clear, concise and systematic order. You will be able to use these techniques immediately upon returning to work.

Lecture/Q&A

(11034) HYPNOSIS FOR PRE & POST OPERATIONS —The Process

Myles Timmins, BCH, CI, OB and Rondall Bailes, CH, OB

All-levels

You will gain the knowledge of how to combat fear while building trust both in the external team (the doctor and his team of professionals) and the internal team (all systems internally). Learn how to construct a metaphor for pre and post op clients. Recognize client fears and address them. Help clients relax and overcome fear of the procedure. You will be exposed to how to tap into “The Second Wind” which is stored energy used in the “flight or fight process”. This energy can be tapped into and used for healing.

Lecture/Discussion/Q&A

To register, call (603) 429-9438

(11035) AVOIDING BURNOUT —More Than Stress Management

Roxanne Louise, CH, OB, BA

All-levels

Burnout is caused when more energy is being withdrawn from your energy reserves by multiple stressors than is coming in through rest and renewal. Learn multiple ways to get energy into your system and stop it from leaking out, and how to put together a well-rounded life that feeds your spirit and enhances overall health, provides happiness, connection with others, fulfillment, meaning and purpose, to provide the internal resources and increased life force to deal with challenges not just to cope but to thrive. This seminar is designed both for you personally as well as your clients.

Lecture/Q&A

(11036) CONSCIOUS MIND-SET TRICKS FOR A HAPPY, EFFECTIVE HYPNOTIST—How Your Thought Process Before And During Your Time In Session Impacts Your Clients' Success

Cheryl DeDecker, BCH

All-levels

Have you ever found yourself getting stuck in your head before or during a session—your own thoughts, plans and reactions getting in the way? Most hypnosis training fails to cover ways we as hypnotists can effectively manage our own thinking and focus during each session. In this seminar, you will learn components of an ideal mind-set and easy steps to use before and during your sessions to maintain successful focus. Join me and learn how to “get your head on straight” to be the best hypnotist you can be!

Lecture/Discussion/Q&A

(11037) FAILING NEED NOT EQUAL FAILURE —If You Haven't Failed Then You Haven't Reached Far Enough!

Beth Keil, BCH, RN

All-levels

We live in a culture where failing at something has been equated with BEING a failure. The fear of being a failure holds many people back from action, from trying something and, therefore, reaping the gifts failing brings with it: learning about themselves, what worked and didn't work, tenacity, strategizing, patience, and resiliency. Come and learn how each of these is necessary for your growth, achievement, and your success!

Discussion/Exercise/Q&A

4:00-4:50 PM SEMINARS

(11041) COMPASSION AND BOUNDARIES—How To Keep Your Heart Open And Your Guard Up

Peter Blum, CI, CH

All-levels

In our attempts to be understanding and compassionate in working with our clients, we want to keep our hearts open and practice compassion. On the other hand, it is sometimes too easy to lose our own centers and get sucked into our clients dysfunctional stories and patterns. Here, we will address warning signs to look for to prevent this before it happens, and practices to protect ourselves from possible no-win situations involving loss of boundaries.

Lecture/Q&A

(11042) 10 KEYS TO WORKING WITH ADOLESCENT CLIENTS—Exploring The Rewards And Challenges Of Working With Teens

Brenda Titus, BCH

All-levels

The teen years can be tumultuous. No longer children, not quite adults, this is a time for this age group to begin exploring who they are. We will discuss “10 Keys to Working With Teen Clients” to help hypnotists prepare for the unique challenges and rewards of working with this client group. As we help teen clients find themselves, they find their power in this seemingly powerless life stage, therefore preparing them for adulthood.

Lecture/Exercises/Q&A

(11043) THE THREE DOORS—The Creative Subconscious Evaporates Stress, Anxiety & Anger

Fredric Mau, BCH, CI

All-levels

Something happens and I react! The reactions are not conscious choices – they happen at an immediate, visceral level. From anger to stress to the blues we are carried along by emotional responses that happen before conscious thought. This process – useful with any clients with stress or anger – engages the creative subconscious to fix the problem before it even happens. There is no need to manage anger or stress – better automatic responses can unconsciously come first.

Lecture/Demonstration/Discussion/Practice/Q&A

(11044) HOW DO YOU KNOW YOU WERE HYPNOTIZED?—A Checklist To Prove It!

Lisa Halpin, BCH, CI, OB

All-levels

My clients always leave my office with the answer to “How do you know you were hypnotized?” It's important both for our clients' success, and for them to be able to describe and relate their experience to others. It's also important for your reputation. I'll share with you a brief “checklist” and a sample script that you can use with all your first session clients to make sure they know they were hypnotized. You'll see greater results with your clients, get more referrals, and increase your confidence. You can be sure they KNOW they were hypnotized and can tell others when they leave your office.

Lecture/Visual/Q&A

(11045) VIDEO RECORD YOUR HYPNOSIS SESSIONS - TECHNOLOGY UPDATE—Get Started Video Recording Your Sessions For Under \$100!

Scott Babb, BCH, CI

All-levels

New technology lets you get started video recording your sessions for less than \$100. Learn why you should video record your sessions and discover how quickly, easily, and inexpensively you can start immediately. See a live demonstration of a low-cost, highly effective video recording system.

Lecture/Demonstration/Q&A

VISIT THE NGH CONVENTION BOOKSTORE!

Each year participants tell us one of the things they like best about the NGH Convention is the chance to purchase the books audios and videos of our featured speakers. You will be able to choose from a wide assortment of books, audios and videos not easily found elsewhere.

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FRIDAY, AUGUST 11

(11046) HYPNOSIS FOR A HEALTHIER, WEALTHIER LIFE—Life's Wealth Starts With Good Health
Ruth Garrett, PhD, MEd and Robert Bayliss, CH, CI

All-levels

The road map to a healthy, secure retirement begins with expectation and planning. A long life requires planning for financial security and maintaining good health. Gaining/maintaining good health is not optional, if you wish to live well into your 80s and beyond. The link between health and income is clear. Healthy people work longer and harder. Those with better health are generally more financially stable. Learn to use hypnosis for better health and financial security. *Lecture/Q&A*

5:00-5:50 PM SEMINARS

(11051) POWERFUL AND PROFITABLE PRESENTATIONS—How To Turn Any Live Presentation Or Demo Into "Client Getting Machines!"

Dan Candell, CH, CI

All-levels

You have heard it before... Live talks, demos, and presentations are a surefire way to add clients to your practice... There is a very specific way to do presentations, demos, and talks that will get you clients every time. You have to know what to offer, how to offer it, and when. This seminar will teach you what to do in any presentation and how to do it in a way that will add clients and income to your practice. We will also cover the 2 mistakes to avoid when doing group presentations, and three ways to persuade any audience so that they want to work with YOU. *Lecture/Q&A*

(11052) CLEARING AND GROUNDING AT THE END OF THE DAY—Restore Your Energy Using Simple Techniques

Elizabeth Campbell, BCH, CI

All-levels

Hypnotists and energy workers have a tendency to 'pick up' the energy of the people they help. Combining her background in hypnosis, bodywork, NLP and energy work, Elizabeth teaches you how to perform an energy break to separate from the client's energy field at the end of each session, and how to ground and clear your own energy field at any time. She introduces easy, safe bodywork that allows your body, mind and energy field to emerge grounded, refreshed and recharged. *Lecture/Demonstration/Discussion/Exercises/Q&A*

(11053) USE SELF-HYPNOSIS AS A MEDITATIVE TECHNIQUE: HYPNOMEDITATION TO DISCOVER YOUR GREATNESS—Self-Hypnosis And Meditation: Know How To Create Both To Be Great

Michael Myers, CH

All-levels

You can apply the Dave Elman Eye Lock Technique to bypass the critical factor and enter hypnosis or meditation easily. Use 5 steps to deepen any state of hypnosis and meditation successfully. You can use these 3 suggestions to engage the 3 main learning modalities. You can identify and distinguish the difference between self-hypnosis and meditation and know when to use each. There is a demonstration at the end of class to experience the process. *Lecture/Demonstration/Q&A*



FRIDAY STAGE SHOWS



7:30 PM • **Terry Stokes**
A Hypnotic Legend

9:30 PM • **Scott & Heather McFall**
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