

4 Special Elective 3-Hour Workshops

Tuition: \$25; 5 for \$100

SATURDAY, AUGUST 12

(23081) QUICK AND IMPRESSIVE DEMOS YOU CAN DO ANYWHERE—Demonstrate The Power Of Your Profession

Kevin Martin, CH and Brenda Martin, CH

All-levels

- List at least 4 occasions in which you can do demos
- List the types questions to ask to get the best candidates
- Differentiate these given demos from typical hypnosis demos
- Easily relate these demos to hypnosis for your audience
- List the types of issues that the demos can be used for
- Be able to perform these demonstrations on others

This workshop will show you 3 incredible and quick NLP based demonstrations that can create change within a person instantly. Every demonstration will be broken down to show you how they work and everyone will be given a chance to practice 1 or 2 of these demos. These can be done anytime and anywhere. *Lecture/Demonstration/Exercise/Q&A*

(23021) HYPNOSIS FOR MOVING THROUGH ILLNESS—Helping Those With Chronic And Critical Illness (And Their Caregivers) Attain And Maintain Serenity And Peace Throughout The Course Of Illness

Angella Ocheltree, CH

All-levels

- 6 common ways a client may feel and react to devastating news about their health
- Tools to effectively manage the emotions and stress surrounding illness
- The different types of pain associated with critical and chronic diseases and management of that pain
- Learn about the decision making process surrounding treatments and physicians and how to aid their clients in accepting their decisions and having faith in that decision
- How to prepare for and recover from upcoming surgery
- Learn how hypnosis aids in the healing process after surgery...less anesthesia, blood loss etc

- Learn how the immune system works
- Learn what may be affecting sleep...
- Why good nutrition is so important in the battle and recovery of illness
- How to help children deal with their own illness
- How to help children deal with the issue of an ill parent or sibling
- Caregivers - signs that the caregiver may be struggling
- Tools to help the caregiver cope and stay as healthy mentally, physically and emotionally as possible
- How to understand the various losses that a client experiences

This workshop is especially important to hypnotists at this time because of the very high rates of illness in our country. As the knowledge and belief in Integrative Medical Care comes of age it opens the doors to hypnotists to assist the medical community in helping their patients mentally, emotionally and spiritually as well as physically. Offering these services to patients eases their journey and promotes mind and body healing.

Lecture/Q&A

ANNUAL RE-CERTIFICATION INFORMATION

This is a Great Way to Earn Your Continuing Education Hours

This is a recommendation not a requirement.

This annual re-certification recommendation is standard among other professions and has been enacted by the Guild for the advancement of our members and the profession since 1990.

We recommend that you have 15 hours of annual continuing education for your re-certification. Here are just some ways you can accumulate 15 hours for approved continuing education programs:

- Attendance at the annual NGH Convention, Solid Gold Weekend, an NGH continuing education workshop/ seminar, or course given by an NGH Certified Instructor.
- Attendance at NGH chapter meetings.
- Submit a completed quiz from the Journal of Hypnotism.®
- Any pre-approved (by NGH) course or seminar conducted by a recognized professional hypnosis group.

The annual period in which to attain these fifteen hours of credit starts on your dues renewal date (if your renewal is due January 1, 2017, you have until January 1, 2018 to accumulate the next fifteen credit hours).

Keep track of any of the ways in which you achieve your re-certification hours during the next 12 months. Have that information available when you pay your yearly dues. Approved credits sent to NGH during the year will be entered as you accumulate them and will appear on your dues invoice next year. It's up to you to keep track and to inform us as you accumulate hours ... it's up to us to add the hours to your computer information. We keep track of only the number of hours, not the breakdown of the courses.

***Important*—If you do not complete the continuing education recommendation your membership will *still* remain active on payment of your dues. If you need assistance, please call the NGH at (603) 429-9438.**