

8:00-9:50 AM

(32081) INDUCTIONS – NOTHING BUT INDUCTIONS!—A Potpourri Of Induction Techniques

Joann Abrahamsen, BCH, OB, CI *All-levels*

- Rediscover inductions you already know
- Learn many new inductions and variations
- Become skilled in induction techniques
- Gain confidence
- Choose the right induction for each client
- Practice many of the inductions learned
- Have fun!

Induction methods abound. Knowing many methods empowers you to pick and apply the precise technique for each client. Learn new induction skills and improve those already possessed. Discover new variations of inductions you already know. Increase your confidence level, and practice many of the inductions demonstrated: instant, rapid, Ericksonian, confusion, non-verbal, etc. Learn and practice my own special technique that shows you how to detect and overcome resistance, test the client and deepen the hypnosis in one smooth process. *Lecture/Demonstration/Practice/Q&A*

(32082) NLP AND JOURNALING IN DEALING WITH STRESS

—Speeding The Process Of Stress Relief

Charles Curtis, BCH

All-levels

- Describe in one sentence a theory of stress recovery
- List the 8 sequential stages of stress recovery
- Describe a 3-step process for assessing the client's requirements
- Describe 3 reasons why NLP is ideal for stress recovery
- List 3 benefits of journaling in stress recovery
- Describe a 4-step process for implementing the 8-stage model

Every client has stress. Pinpointing stress is easy, easing the stress is more difficult. NLP's focus on calibrating distinctions in subjective awareness makes it ideal for an assessment using an 8-state model, which shows where the client is stuck. Add journaling to form a synergy, relieving stress easily, and leading to movement quickly. Learn & practice this easy-to-use technique to relieve stress in yourself and your clients.

Lecture/Demonstration/Experiential/Q&A

To register, call (603) 429-9438

(32083) HYPNODONTICS—Kick Start Your Practice Into High Gear With Dental Hypnosis

Timothy Jones, BCH, CI, BMin, FNGH

All-levels

- Identify the differences between dental anxiety, fear, and phobia, and how to measure them
- The inherent precautions of pain removal while enhancing and accelerating the client's natural self-healing abilities
- How to approach the dental practitioner and how to have their front office staff work for you referring clients
- The most effective ways to advertise your services, and to how to easily generate referrals from clients

80% of all people grow up affected with dental fear from a combination of experiences. Of those, it's estimated 40-50% don't seek dental help until their discomfort exceeds the level of pain expected during treatment. This workshop details how to help reverse those negative dental beliefs, boost client confidence and overall physical health, which results in a noticeable increase in word-of-mouth referrals.

Lecture/Demonstration/Discussion/Q&A

(32084) THE POWER OF SOUND IN HYPNOSIS—How To Use Your Voice, Music And Tones As Hypnotic Tools

Marcel Klasen, BCH, CI, OB

All-levels

- Why sound affects us physically
- The importance of tonality in hypnosis sessions
- Ways to use induce trance through toning sounds
- How we resonate with vibrations in our surroundings
- Effective methods to use sound, voice and music as hypnotic tools

Sound, voice and music are potent tools for restoring the inner balance of the body and awakening the spirit. Understanding how and why sound and vibration affect us is essential for hypnosis practitioners to fine-tune their techniques. Applying the musical principles of entrainment, resonance, toning, and harmonics helps us achieve overall wellness, greater energy, and a deep level of fulfillment. Using the power of sound helps hypnotists to take their practice to a higher level.

Lecture/Experiential/Demonstration/Q&A

Questions? Call the NGH
Office at (603) 429-9438

(32085) EASY, QUICK AND EFFECTIVE GROUP HYPNOSIS INDUCTIONS—How To Hypnotize Groups From 10 To 100 To 1000 Quickly And Easily To Make A Massive Impact!

Dan Candell, CH, CI

All-levels

- How to condition large groups of people to be hypnotized
- The 5 steps that have to fall into place with any group before hypnotizing them
- The powerful and effective group pre-talk
- 3 power inductions to use on groups
- How to adjust these to stage hypnosis, classes, or presentations
- A quick change motivational process to do with groups

Giving presentations, demos, and/or stage shows is one surefire way to ignite your hypnotism career. You will learn powerful inductions step-by-step that will hypnotize any group and how to give them an experience. Knowing these strategies will give you a competitive advantage, give you unlimited confidence, and teach you how to make an impact. You will also learn a very transformative process that can be done on any group. This one process has helped change thousands of lives, and now you can learn it so that you too can use it to change the lives of your clients or the lives of the attendees of any group or stage show.

Lecture/Demonstration/Discussion/Q&A

(32086) MOLECULAR HYPNOTISM—Achieving Perfect Health Of Body, Mind And Spirit

Chuck Mignosa, CH

Intermediate-Advanced

This technique has been used for over 10 years and has produced significant results in relieving physical ailments. This is applying hypnotic techniques to the molecular level of the body. It is based on the principle of science that says "the mere process of looking at something changes it". Come and find out what results have been obtained and how you can add this technique to your hypnotic tool box and give your clients the opportunity of producing miraculous results. *Lecture/Demonstration/Practice/Q&A*

"The smallest big convention where everyone is a friend."

—Cecilia Bergstein,
Manorville, NY

94 Special Elective 2-Hour Workshops

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SUNDAY, AUGUST 13

(32087) DREAMWORK—New Keys To Unlocking The Power Of The Subconscious Mind

David Quigley, CH, CI, OB *Introductory*

- Learn to recognize when to use dream work with clients
- Discover how to incubate a dream to gather insight from the subconscious mind
- Learn to speak to dream entities and hear their wisdom
- Learn to use regression with dreamwork to resolve emotional issues presented by the dream

Your dreams contain many valuable keys to understanding your life and living it more fully. These keys are often practical answers to your important personal, relational and financial questions. Learn techniques to “incubate” a dream, then enter that dream in a hypnotic state and talk to the dream figures to gain the answers you seek. These dream figures can also tell you how to utilize their resources to enhance your life.

Lecture/Demonstration/Q&A

10:00-11:50 AM

(32101) 21ST CENTURY NLP FLASH TECHNIQUE

—Remove Restrictive Movement,
Or Pain In Under 5 Minutes

David Frederick, CH *All-levels*

- Remove any restricted movement
- Remove chronic pain
- Clear cellular memory
- Enhance performance
- Remove mental blocks

You will learn how to remove or clear cellular memory from the initial sensitizing even. It is PTSD on a cellular level. It can be used to remove restricted movements, chronic pain, performance enhancement, emotional blocks, weight, nervous tics and much more all in under FIVE MINUTES.

Lecture/Demonstration/Participation

“I am a new hypnotist. At my first NGH convention, I found everyone to be helpful, friendly & very informative. I have learned so much that can be applied right away in my practice.”

—Cheryl Reynolds. Warwick, RI

(32102) BUSINESS MIND-SET FOR NEW PRACTITIONERS —Business Mind-Set Program

Roy Cantrell, CH, CI *Introductory-Intermediate*

- Offer steps to beginners and intermediate hypnosis practitioners to further their respective businesses for growth within the local community
- Offer proven steps to gain “becoming the local expert” in your area of practice
- Interactive discussion

Offer proven methods to those struggling to get their business off the ground. Offer methods to overcome the fear of meeting the public to get their business name and credentials in front of the public. Numerous handouts provided only to those attending the class.

Discussion/Q&A

(32103) DOWSING - “TUNING INTO YOUR INTUITION”—Instant Rapport & Appropriate Inductions Every Time

Dorothy Campbell, CH, CI *All-levels*

- Learn how to become balanced and centered to allow the intuition to process
- Understand how to use dowsing rods to tune into your intuition for practical, spiritual and healing purposes
- Learn how to ask clear, precise questions to receive accurate answers
- Understand how to locate and access the 4 energy fields surrounding the body and the chakra energy centers within the body

When you know the condition of each energy field and chakra of your client, you have the information that will assist in choosing the most appropriate induction for that client. This workshop teaches how to tap into your intuition through dowsing and accelerate the power of each hypnosis session. Learn how to locate and assess the client’s energy fields and chakras to determine their physical, emotional, mental and spiritual condition before they arrive for their session. Get ALL the answers you need for yourself and your clients.

Discussion/Demonstration

Please note:

An important notation below the seminar or workshop description indicates what technique the presenter is using and would include at least one of the following: Lecture, Discussion, Demonstration, Participation, Q&A, Visual, and Experiential.

(32104) HIDDEN FOOTPRINTS FROM THE PAST—How Past Lives Can Influence The Present Lifetime

Lucy Portlock, CH *All-levels*

- Identify at least 7 ways that past lives can affect the present life
- List 3 or more strong emotional words in “infinite phrases” which when spoken in a death scene in a past life will often carry over into the present life and affect the actions and even health of the client in present day
- State 2 reasons why most people don’t remember past lives
- Give at least 2 reasons that show how past life regressions can help a client free themselves of these “time stream hang overs”

This workshop is about relating perceived cause and effect of past lives on our present one. It is to show that past lives are a series of parables or metaphors. Examples will be taken from the presenter’s personal experience as well as some from well-known hypnotists and authors. There will be a guided group hypnosis session for you to experience a past life regression of your own, in which you will be instructed to find a connection or lesson in that life which relates to your own life today. This workshop looks at the “time stream hangovers” or “footprints” that can be a leftover of a memory in a traumatic past life. What are these “footprints”? Are they harmful? Can you get rid of them? Come and find out and even have a past life regression of your own!

Lecture/Experiential/Discussion/Q&A

(32105) HYPNOSIS, THE KEY TO THE METAPHYSICAL

—The Power Of Your Profession

Ernest VanDenBossche, BCH, CI *All-levels*

- Be open to spiritual awareness of others
- Discover needs and intent of client
- Map strategy with client
- Resolve issues
- Discover appropriate suggestions and affirmations
- Introduce potential success

People have many varying views, realizations and experiences which lead to spiritual goals and aspirations. Hypnosis is the way to explore and solidify them. Be prepared for the many paths people seek and the depth they may wish to take it to. Help them to integrate their higher-selves into their daily conscious lives through hypnosis, using a prearranged agreement and plan. Set goals and create suggestions together for success.

Lecture/Exercise/Q&A

(32106) CREATE YOUR OWN MAGIC SCRIPT—Secrets Of Hartland's Ego-Strengthening

Lisa Halpin, BCH, CI, OB *All-levels*

- Identify the key components in Hartland's script
- List several hypnotic triggers within the script
- Describe how/why the 'negative' language is actually a positive
- Begin to formulate your own scripts following this pattern

For many years, I have been explaining how to effectively use Hartland's Ego-Strengthening script which is so effective that I refer to it as "The Magic Script". Hypnotists continue to tell me that this script 'saved' their practice, or increased their income, or has increased their clients' success more than any other single tool they've learned! If you're a new or old fan of The Magic Script, join me to go behind the curtain as I deconstruct the magic script and show you the framework that can help you create your own magic!

Lecture/Visual/Q&A

(32107) EMPOWER YOUR FACEBOOK MARKETING—Strategies For Local And Global Success

Jason Linett, BCH, CI *All-levels*

- Name no-cost to low-cost strategies to grow your hypnotism business
- Describe action steps to be found on social media
- Identify practical steps for spending marketing dollars where it matters most
- Name methods to track which strategies are performing best

More than a billion people are active on Facebook each month, and it has become one of the fastest ways to get in front of your potential clients... only if you're using the right strategies. In this hands-on workshop, you will learn methods to get found, position yourself as experts in your field, and use your valuable advertising dollars based on strategies I've tested in my own business for you.

Lecture/Demonstration/Discussion

"It was interesting to meet fellow hypnotists from around the world. I enjoyed the diversity of workshop options."

—Kristine Miller, Rochester, NY

(32108) ADVANCED VALID MUSCLE TESTING TECHNIQUES—Learn To Integrate Muscle Testing With Hypnosis, EFT, NLP And Other Modalities

Andrew Neblett, CH *All-levels*

- Identify conscious and subconscious incongruities with client and how to correct them
- Demonstrate and perform clearing meridian blockages
- Perform locating root cause and waking state affect bridge
- Learn and perform blockage removal and desired integrations to allow faster and deeper NLP changes

This hands-on workshop will teach you to integrate valid muscle testing with hypnosis, EFT, NLP and other modalities. Using muscle testing, the client can see and feel the imbalances in their energy and their thoughts and when identified, techniques from EFT, NLP and hypnosis can be rapidly applied providing instant feedback for both the client and the practitioner. This allows for much higher client confidence in themselves, the practitioner and the process.

Lecture/Demonstration/Exercise/Q&A

2:00-3:50 PM

(320201) VERBAL MEDICINE—Covert Hypnosis Used In The Emergency Department That Can Work Anywhere!

Roger Woods, BCH, RN, CI and Marc Sacco, BCH, RN, CI *All-levels*

- Identify the use of 3 covert hypnosis techniques during the initial assessment of an emergency room patient
- Describe the techniques used to relax & gain compliance with trauma patients
- Name 5 common words that can set patients & staff up for failure or success
- Describe 6 case studies in which covert hypnosis was dramatically successful in the emergency room

How we changed the words we use with patients and coworkers to positively affect their perceptions and outcomes. How we effectively use covert hypnosis techniques during the initial triage assessment. How we successfully integrated complementary medicine practices into the emergency room setting effectively. The practical use of self-hypnosis for managing staff stress. The practical use of hypnosis in trauma patient care and a review of case studies of hypnosis techniques successfully used to help emergency department patients.

Lecture/Demonstration/Discussion/Video/Q&A

(320202) THE POWER OF YOUR PROFESSION USING YOUR NGH TRAINING MATERIALS TO MAKE MULTIPLE SEMINARS—Why Recreate The Wheel When You Have All The Professional NGH Scripts All Ready To Utilize. Create Seminars And Workshops Using This Simple Outline

Vilene Farina, CH, CI and Karla Bracy, CH *All-levels*

- Use your NGH training materials and create a seminar
- Create multiple topics to use in adult educations, lunch-N-learn or special seminars within your own business

We will explain how to make the short 50 min seminars into longer workshops for Adult Education or educating organizations about the value of hypnosis. This technique can be used with any NGH materials, like weight management, and stress management that are a part of the NGH training packets. Be able to incorporate your own specialty into a simple seminar or workshop. Great workshop for CIs to teach to students because the materials are part of the NGH Training package.

Lecture/Discussion/Q&A

(320203) COLOR IN SUGGESTION & DEPTH TESTING—SES Color Induction & Depth Testing

Billy Shilling, CI, CH, OB *All-levels*

- Identify and describe how color and image brightness are used in non-conscious processes, and presented to conscious awareness, and why it can produce optical illusions
- Identify the relative importance and uses of colors in Western & other societies
- Identify and describe how color is perceived and processed while reading
- Describe and experience the use of colors in assessing hypnosis or trance depth
- Observe the Shilling-Elman-Stroop (SES) Induction

The general meaning of colors and their influence as well as their use in demos, visual illusions, suggestion, and practice will be discussed and demonstrated. Specifically the use of the color-based Stroop Test as an objective measure of hypnosis depth versus the Arons Depth Scale will be discussed and demonstrated in the color based Shilling-Elman-Stroop (SES) Induction, which is useful in forensic hypnosis and practice.

Lecture/Discussion/Demonstration/Q&A

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SUNDAY, AUGUST 13

(320204) HYPNOSIS – THE NEXT GENERATION—The Next Generation Of Innovative Secrets & Methods To Enhance Session Results

John Carbone, FNGH, BCH, CI, OB All-levels

- Your next generation of intake management and techniques
- Your new view of suggestion writing
- Creating self-adaptive suggestion and reinforcement techniques
- How to write and structure suggestions to lower resistance
- Systematic suggestions to target your client's weak-spots
- Utilizing the latest methods and techniques
- Intensifying session results while achieving greater session success
- Personally developed readjustment techniques will be taught and shared
- Breakthrough suggestion methodologies are taught and practiced

Time to boost your practice with this workshop, while turbo-charging your session results and more importantly improving clients' lives. After learning how to achieve a more sufficient level of trance depth, and learning the signs detailed in this class, the next most important thing for any hypnotism professional is delivering high impact suggestions that get results! You will learn to create better trance depth, better functioning suggestions, working smarter while building a database of self-written suggestions in this program.

Lecture/Demonstration/Practice/Q&A

(320205) FREEDOM FROM COMPULSIVE HABITS—Hypnosis & NLP For Alcohol & Drug Issues

William Horton, PsyD, CADC, CMI, BCH

Introductory-Intermediate

- Learn the addictions process
- Discover the medical disease model
- Explain the cycle of recovery
- Learn the 12-Step model

Learn from Will Horton's 20 years in the field of addictions. He has worked in inpatient, outpatient, criminal justice, detox and long-term treatment facilities. Will Horton was the regional director for the Governor's Commission for a Drug Free Indiana. He teaches you how to blend traditional methods with cutting edge techniques for rapid and lasting change.

Discussion/Demonstration

NEW this year
the COUE CAFE

(320206) THE "ALTERNATIVE WEIGH" TO WEIGHT LOSS AND WELL-BEING—Implement A Proven 4-Session Hypno-Behavioral Weight Loss Program

Adeline Kania, CH, OB All-levels

- Learn effective weight loss strategies & nutritional tips for successful weight loss/release and maintenance of a healthy weight and life-style
- Understand "the addiction" of emotional eating and learn empowering strategies to unplug emotional eating and get to the heart of "what's eating you"
- 7 keys to effective weight loss

Addie, as an addiction counselor & energy worker, has effectively combined behavioral modification, hypnosis and energy work in her highly successful 4-session weight loss program. Her techniques have assisted her clients to get to understand what is sabotaging them, and get to the heart of "what's eating them." Goals for the client are also learning how to create a healthy life-style, develop positive self-esteem and body image, unplug emotional appetites and thus to shed pounds to reveal their true "healthy size" and "happy self."

Lecture/Discussion/Experiential/Q&A

(320207) HOMEOPATHY AND HYPNOSIS—Holistic Energy Healing

Lawrence Galante, CI, OB All-levels

- Understand what homeopathy is
- How you can combine homeopathy with hypnosis to help your clients to improve their physical, mental and emotional well-being

Homeopathy is the second most popular medicine in the world today. Yet most Americans know almost nothing about it. Many confuse it with Naturopathy or Herbalism. Why have our drug companies fought so hard to suppress it and information about this non-toxic, over the counter system of healing? How can we as hypnotists and citizens, benefit from this benign system of energy healing? This class will teach the history, development and use of this safe, healing system. And teach you how to combine these safe remedies along with hypnosis to get enhanced positive results.

Lecture/Demonstration/Practice

"Hypnosis education at its best. Learn new tools every year!"

—Vilene Farina, Lewiston, ME

(320208) THE EMOTIONAL BODY – YOUR MOST POWERFUL RESOURCE—Resourcing And Reframing For Powerful Results

Nancy Klase, CH, CI All-levels

- Learn how to define client's issues
- Access feeling emotions that govern the behavior
- Witness and/or experience a dramatic change occurring

The magic for change is all in the emotional body. The key is in identifying the true nature of the client's problem. In this experiential workshop, you will learn how to tap into and implement the solutions your clients are looking for. Experience the transformational process of a simple, effective way to eliminate fears, negative thinking and limiting fears.

Lecture/Demonstration/Q&A

(320209) BEYOND MINDFULNESS —The Healing Power Of Mind Meditation

Deborah Yaffee, CH, CI All-levels

- Learn how this technique can be expanded and used as a healing hypnosis session for your clients
- Explore the differences and similarities between meditation and hypnosis
- Learn how mindfulness is used in this hypnotic meditation practice
- Identify the "four healing powers" of the mind that are utilized in hypnosis and in this meditation method

Discover and experience the rich and profoundly hypnotic methods of ancient Buddhist healing practices as adapted by a contemporary Tibetan teacher for modern users. The 12 stage Healing Power of Mind Meditation utilizes powerful hypnotic techniques that take your clients beyond mindfulness meditation and into a deep sense of personal peace and security. It has been used worldwide to help people reduce stress and support mental, physical, emotional and spiritual healing.

Lecture/Experiential/Discussion/Q&A

(320210) NON-VERBAL COMMUNICATION

Scott McFall, DCH, CH, LMT All-levels

The art of gesture, tone, pace, distance and pantomime as it relates to client reactions within the hypnosis environment is the deciding factor that controls client results. This course will demonstrate the profound differences in effectiveness caused by the absence or presence of skill in this area. This set of skills is absolutely a blast to work on and very helpful with regard to maximizing results.

Lecture/Demonstration/Discussion/Q&A