

TO LISTEN TO THIS CALL:

- GO TO BBS RADIO 2 & SCROLL DOWN THE SCHEDULE UNTIL YOU REACH SATURDAY.
- CLICK ON "HISTORY OF OUR GALACTIC WORLD & NESARA" & THE INFORMATION PAGE WILL COME UP.
- UNDERNEATH THE PICTURE OF THE GALAXY AND THE LOTUS, YOU WILL SEE A BLUE BOX WITH THE WORDS **PROGRAM ARCHIVES**.
- CLICK ON THAT BOX TO GET TO THE LISTING OF PROGRAM ARCHIVES: latest ones are at the top.
- YOU CAN DOWNLOAD THE PROGRAM TO YOUR OWN COMPUTER OR LISTEN DIRECTLY.

Opening & Meditation: Cheryl Croci

Everyone is invited to Cheryl Croci's Sunday and Monday ascension and activation calls

- 8:45 pm EST/5:45 pm PST
- 213-342-3000; PIN 9467441#

Housekeeping: Rainbird

- BBS:**
- A listener supported radio call – Grateful for all the donations from all of us!
 - **We owe \$ 603 for this week and last week. Thank you! Thank you! Thank you!**
Many people are sending small amounts – that works! Every small amount adds up.
 - Go to BBS radio.com; at top of home page, click on Station 2 where you will find the listing of the 3 calls we have every week. Click on either or both of Stargate Round Table, MariettaRobert's website, and 2013 Rainbow Round Table, T & R's site. Scroll down to find the Paypal button on either or both of the sites.
 - Website: <http://2013rainbowroundtable.ning.com> - scroll down on home page, close to blog page to find the donate button - can indicate whether it's for BBS or T&R

- T & R:**
- Need \$ for a bill + \$ for food, gas
 - Can access the paypal account on home page of 2013 RainbowRose Roundtable
<http://2013rainbowroundtable.ning.com>

- **Can trade with T & R for readings by Mother Sekhmet**
- **Please let them know if you'd like a reading or when you are gifting:**

E-mail: koran999@comcast.net

Mintaka9999@yahoo.com

Mail: Ram D Berkowitz
1704 B Llano St, # 249
Santa Fe, NM 87505

Or contact MariettaRobert at 317-773-0061

- The work we do together, the sharing we do – all of this is important: thank you all for sharing!
- As we assist T & R so they can focus on the work at hand, we are also assisting ourselves.

Phone Numbers: 530 - 413 - 9537 line 1
530 - 763 – 1594 Lines 2 & 3

BBS Toll Free 888 – 429 - 5471 [Canada, US]

Hard News:

T&R: thanks to all for the help they are giving! The energies are here now

R: the story is about the cat in the corner: her children are trying to keep their distance from her, and they cannot – we are all in the Sacred Hoop and none of us get out of it until we all get out of it!

- The last shall be first, and the first shall be last was what Ashtar told him in 1969!

Camp Loveway: The Whistleblowers were Indigo children who came in to this dimension in 1987 after Harmonic Convergence: they spoke of the world wide protests across the planet for Jeremy Hammond, Bradley Manning and Julian Assange

- **All goes back to 9/11** – Jeremy H of anonymous – the 3 of them talked of Anonymous and that the Lavendar Lad is **on the money**. There are rumours today of money being paid out: **IT WILL NOT BE PAID OUT UNTIL THE WICKED WITCH IS DEAD!**
- Katar Tec, one of Mother's Paschats who is of great import – talked to Rama today:
 - it is goes back to the cat in the corner, and inter galactic war crimes committed across the galaxy; we'll see them dealt with; then Dave the Carpenter, Homer Simpson & Joe the Plumber will get a wake up call & meet Mr Spock & the others
 - Very soon now, Julian Assange will be releasing millions of Wikileaks about US military, civilians and space visitors and **POSITIVE ENCOUNTERS OF THE ASCENDED MASTER KIND!**
 - One of the kids talked about a couple in Death Valley whose car broke down & “visitors” showed up, fed them and took them to a garage so the car could be fixed.
- More positive news being shared now
- also spoke of the frequencies coming in as we just went past last eclipse & energies going across planet:
 - the ripple effects of an eclipse mean the frequencies get stronger and stronger the farther away we get from the eclipse event
- Mr 19.5* is playing 5D chess which involves the tin soldiers he is putting up there who have been tainted with that thin sliver of Darth Vader, and they will be removed. The lady & the man going into the FB I– the Indigos said they have all been tainted with the sliver of Vader

Right, Left and Centre: Robert Scheer – said outright that Mr Holder was a war criminal & will be charged with High treason and will sent to the Hague

- Also included will be Bush, John Ashcroft, Cheney, Rumsfeld, Rice, Gonzalez, Guliani, Michael Bloomberg Bernie Karac [police commissioner during time of 9/11 – involved in bringing down the towers] and would it not be interesting if
- Would it not be interesting if Anthony Weiner became mayor of NYC & turns states evidence against Bloomberg – Weiner knows more than a lot of people have ever talked about; he & his wife took a leave of absence for a while & once things are over and settled, they could get out there & turn states evidence on the Wicked Witch of the West

T: Weiner tied in with Israel, quite racist – **R:** he says what he had to say & walks the razor's edge;

- Chris Hayes exposed Weiner on Friday night program; Weiner used some nasty tactics to get in office in 1991; won by very few votes –

R: until you walk in someone's shoes, you don't know what they had to face: this is about the Alpha and Omega – there is a cat waiting in the corner: goes back to Mother and Temple of Karnak and the real story and the time of the people of the Black Land needs to be restored

- Mr 19.5* and family are doing that restoration which changes the course of our destiny on this planet - 520 years of missing history to be restored.
 - Kartar Tech told Rama: Mr Moab, they are going to find your grave in the Piska Forest and it will be linked to Moses; will blow the history books out of the water; **it is a galactic history not an earth-based history** [just like finding the graves of Antony and Cleopatra in the caves in Illinois]

**[\[National Forests in North Carolina - Pisgah National Forest
www.fs.usda.gov/recarea/nfsnc/recarea/?recid=48114](http://www.fs.usda.gov/recarea/nfsnc/recarea/?recid=48114)**

The Pisgah National Forest is a land of mile-high peaks, cascading waterfalls, and heavily

forested slopes. Comprised of over 500,000 acres, the Pisgah is ...]

Counter Spin: tore into Eric Holder again: he is in bed with Jamie Dimon, Fanny & Freddie, Lehman Bros, Leibor – we'll hear from Max, Stacy & others about all this tonight!

- Teran described the energies just rolling out today – anything is possible!

T: talks of various people being held by authorities for various “infractions” - like Jeremy Hammon, Julian Assange

R: R, L & Centre: Robert Scheer – called Holder a war criminal, that he would be going to The Hague too

R: Person being recommended to be head of FBI – to get the job means turning from light to dark side

T: Obama saying he has full confidence in Holder – still has to walk to the double line

Talks of Pritsker - a \$ 1.5 billionaire who did not get the money in a good way

[Penny Pritsker - nominee to be next US Secretary of Commerce]

R: unless people who have millions and trillions have been aligned with the Office of the Christ, that money has been ill-gotten and is covered in blood

T: since 1996, over 40,000 shale gas wells have been fracked in the US alone

- this is also happening in other countries
- This is messing with Mother Earth and she is bleeding across the whole planet
- At least 800 allegations of major fracking damage suits have been filed in the US alone -
- “A List of the Harmed” is the name – no jury has ever heard a fracking law suit and all cases have been settled out of court!

[\[List of the Harmed | Pennsylvania Alliance for Clean Water and Air](#)

[*pennsylvaniaallianceforcleanwaterandair.wordpress.com/the-list/*](http://pennsylvaniaallianceforcleanwaterandair.wordpress.com/the-list/)

*PDF version here - *List of the Harmed*. The following is an ever-growing list of the individuals and families that have been harmed by fracking (or fracked gas ...]

Alex Witt, MSNBC this morning: 73% of the people want to focus on the economy, not the scandals

T: Little do they know that the big scandal will take out all the little things and NESARA will be put in

- There will now be a levelling of the playing field, and we may or many not receive the things we think we will receive in federal reserve note consciousness
- the levelling of the playing field is about the rainbow note currency
- Every man, woman and child, no matter what programs they are in or not, will receive – provided they are on a spiritually awake and aware, responsible, adult path, they understand the principles of the age of enlightenment and they are in pursuit of and the knowledge of the consciousness of their soul intact – we are all being watched
- Money cannot be given to anyone else; the reason is that the entire project of saving the planet cannot go on unless the people involved know that as one is harmed all are harmed, as one is helped, all are helped and therefore in the name of my being and I am One with all that is and I ask that only the highest good of all concerned happen here, and I give thanks that this is done – so be it!

T: In AK, IL, MS, OK – people without power, people dead and injured; massive destruction in OK; people were killed on Hwy 40 because the cars were bumper to bumper and they could not get out of the way of the tornado

- In Germany: in Frankfurt in front of Deutsche Bank [the bush family] – Angela Merkel will be called out on her crimes & have to tell the people about what her father has done, what she has done

T: Project Camelot: A Rothschild speaks out: - Erin Rothschild – her father was killed, his information, records wiped - won't play it because it is so negative,

R: there are stories on Veterans Today: Gordon Duff saying that visitors coming that will say they are the Prince of Peace & turn out to be the Anti Christ:

THE ANTI CHRIST STORY, ARMEGEDDON HAS BEEN CANCELLED, ONCE AND FOR ALL!

T: Over 7 million jobs have been created; a booming auto industry going on

- Deficit shrunk by 50% [\$600 billion from \$1.3 Billion] still hefty as people are suffering a great deal

Right Left and Centre: Christian Frieland said they could cancel the sequester

T: not really true: they have to be arrested – they carry out killing games and murder!

- Obama Care has taken to task the insurance brats – cannot have more than a 15% overhead, and they were used to 40% -

R: time to go to next step: Universal Health Care

T: Issues not going away – yet we have quite a set of Millenials and Indigos as news people – not so many older ones – Ed is not as old as Rachel! They are Indigos

- The ones under 30 are the Millenials, and they are leading the way!

- We can be proud that we who came in as early Indigos, even though we were in the Prophets Generation, had a blend of our energies and we raised these kids – we had the spirit of freedom; the spirit of the age was in us, Flower children, and all we did was get in the streets! Thom Hartmann almost got himself dead at one point.

R: Today, they have created the atmosphere where if you have been in the streets, you have been labelled something of a terrorist until you are not, and that is how the right to free speech will be quelled.

Yet our friends who are already here remind us: at one minute, the force field is around those speaking the truth and the next minute, the tanks are in a pool of jello!

T: there is a strengthening housing market – yet quantitative easing has reached its limit

Caller1: how to find the information on Ireland discussed last week – the Declarations

R: on Montague Keen's website: a PDF file

<http://www.montaguekeen.com/NotificationCEObanks-rev-FINAL-1.pdf>

<http://www.montaguekeen.com/Declaration2013.pdf>

- Discussion of the meaning of these documents
- Discusses the shift in energy from the end of May to the beginning of June – the full moon eclipse was the Goodwill Eclipse of humanity – we have crossed the threshold and the power has been transferred into our hands; the month of May was about exposing these guys and the list of crimes was published at the end of May – IT WAS ALL HILLARY!
 - Hillary took over the power of Bush Sr since 1992 – he is just a heroin addict
- This is round 2: they are all D-E-A-D! We are looking at Round 2 – the urgency of bringing their power to an end had to happen in spite of the fact that people were not awake enough;
 - to have the exposure, the dossier out there on the one who has silenced so many and holds the gun to Rachel Maddow's head is fantastic!
- They have to be careful how they do it because there is so much ignorance: we have the sovereign militia ready to take out the president because they believe he was born in Kenya?
 - This is not true and they know it: it is a proxy excuse for racial hatred.

Caller1: asks about the number of the Commandments – is it 18, and not the 10 we grew up with?

T: The Phoenix Journals are A COMPLETE FRAUD – they are a Black Op

- The Four Winds 10 is a fraud with it, too
- Bellringer is an ex-Nazi who came here & became a minister; the Journals are not correct information

R: Commander Hatonn does not speak the way he speaks in those documents; Rama knows the real Commander Hatonn & has talked with him face to face

Caller1: is there an authentic, organic set of Commandments?

R: The 42 principles of Ma'at

- this has to do with cutting out 520 years of history of Mother being in a body in Egypt on the ground and bringing in the teachings of Sekhmet, Horus, Isis, Osiris and Set
- These are the true teachings, and God is Mother, not father
- Are also known in as **the 42 negative Confessions**, each of which is said out loud twice daily

T: Reads the list of principles from www.Spiritchange.com

[SEE BELOW]

Audio: Thom Hartman **The body economic and why austerity kills** – Prof David Stuckler, economist at Oxford University, and Sanjay Basoo, an epidemiologist at Stanford University
- about the effects of budget cuts and effects on public health

- in Greece, first time since the 70s, a major epidemic in malaria due to cut back on mosquito spraying
- in Saudi Arabia, an advanced version of SARS – WHO is saying its a biological reduction of the human population

R: big pharma and the bio-medical – industrial complex behind this

T: only the kids who don't get sick any more will be OK, plus adults who are spiritually adept
also reduction in funding in HIV programs = 200% increase in infection

There are 60 million kids who cannot get this illness because they know we are all connected as we contribute to this movement, we are working in the right direction

There are only 2 powers: the power of the people, and the power of empire which is crumbling
we would not have this if people's fear did not exist

- The mandate Rama and Tara got 40 years ago: not to be in the system at all, for the work they can do by not being tethered to that system

They had told the story about a lady who came to visit them and whose husband was killed – but before that happened, he spent 6 weeks talking to Linda Moulten Howe and got her to see what was really happening.

RAMA IS THE ONLY PERSON ON EARTH WHO HAS A DIRECT CONNECTION TO FACTION 3 WHITE KNIGHT INFORMATION; HE IS THE ONLY ONE WITHOUT A GAG ORDER – THERE ARE PEOPLE IN HOLLYWOOD, THE MEDIA, POLITICS WHO KNOW WHAT IS GOING ON BUT THEIR GAG ORDERS FORBID THEM TO SPEAK.

TARA AND RAMA ARE IN A PERFECT POSITION TO SEE WHERE THE TRANSFER OF POWER FROM EMPIRE BACK TO THE PEOPLE IS TAKING PLACE AND THEY CAN TALK ABOUT IT. THIS IS WHAT IS HAPPENING AND THEY ARE BEING ASKED TO DO THIS WORK OUTSIDE THE SYSTEM, AND THEY REQUIRE OUR SUPPORT TO DO THIS WORK: ENOUGH FOOD, GAS AND A ROOF OVER THEIR HEADS.

Audio: Alternate Focus: Palestine has to change or we go nowhere

Ilan Pappé in Stuttgart Nov 2010: has been writing and speaking of Palestine

[Ilan Pappé - The Zionist Ideology of Israel \(Stuttgart Nov 27th 2010 ...](http://www.youtube.com/watch?v=oWbgiPB7tUg)

www.youtube.com/watch?v=oWbgiPB7tUg -

[Ilan Pappé - The Zionist Ideology of Israel \(Stuttgart Nov ...](http://www.youtube.com/watch?v=qdx4YclGBVk)

www.youtube.com/watch?v=qdx4YclGBVk

Music:

Audio: Democracy Now Jeremy Hammond <http://dncdn.dvllabs.com/ipod/dn2013-0529.mp4>

Tara: reminds us all that this is **ALL HILLARY**, and that many of them know it, but cannot say it.

Audio: Democracy Now Poet, Author Alice Walker Meets the Inner Journey with Global Activism in "The Cushion in the Road"

[SEE BELOW FOR TRANSCRIPTS OF BOTH INTERVIEWS]

Breaking the Set: Rap Poetry http://rt.com/files/episode/1f/46/70/00/bts_0106.mp4

Abby Martin showcases two spoken word poets; Omar Musa, Australian-Malaysian poet, who incorporates hip hop and poetry to present a piece called 'My Generation', Remi Kanazi, Palestinian-American poet and activist, who uses his educational art to perform the poems 'Normalize This' and 'Refuse'. Abby also features two exclusive interviews with both artists. Finally, a look at the worldwide resistance against GMOs and the bio-chemical giant, Monsanto.

Music:

ASTROLOGY: RICHARD

Today's chart:

- still have huge amount of Gemini frequencies & energies happening; sun in 12* Gemini, a sensitive place
Venus about to leave Gemini
Mercury went into Cancer this week
Mars has moved into Gemini

All in Gemini: Mars at 2*; Sun at 12*; Jupiter at 25*, Venus at 29*
the combo of Mars, Sun, Jupiter in Gemini, an air sign, spells tornado!
Cancer is the sign of the hurricane – a combo of air and water

- Mercury far enough into Cancer to create a Grand Water trine
The Saturn – Neptune trine becomes various frequencies for the Grand Water trine
The next 30 days, the Sun will be 6* Cancer and the Grand Water trine with Saturn and Neptune
- The cosmic play is that Mercury, then Venus, & the Sun will get into Cancer before Jupiter does
- On the 19th is when Sun Conjuncts Jupiter, the 21st, when sun enters Cancer, Jupiter will be at 29* and also Mercury and Venus will be in 23* Cancer
the shadow planets are Pluto, Saturn and

• Tom talks of the energies of the week; reporting done on Wednesday – through the weekend

Saturday - In a Pisces moon at the moment – it goes into Aries tonight

Monday – Mercury completes the Grand Trine – trines Neptune in Pisces in afternoon, Saturn in Scorpio,

Tuesday - Moon opposite Saturn

Wed – moon in Taurus; we start a long void of course moon in Taurus

Thursday – remains void of course all day, until 11:30 pm – 36 hours – a good planting day/Pisces moon is good for planting

Thursday/Friday: moon goes into Gemini – Friday is a busy day with moon and majors; also day before new moon – the lunar energies are always toned down the last few days before a new moon – carrying less raw power – 4:30 am on east coast, Neptune goes retrograde 6* Pisces

- Saturn is retrograde in Scorpio
- Moon goes into Gemini and conjuncts Mars in the early morning
- Moon goes to 6* angle and square Neptune in Pisces;

Friday morning: at 11:20 am Venus will be trine to Saturn

Friday pm: Mars squares Neptune; then moon sextiles Uranus

Sat am: new moon at about high noon on East Coast – 19* Gemini

- Discussion of meaning of what has been presented: an extra energetic twist in the cosmic energies!
 - Geminis are getting their solar return this month; Geminis have a challenging choice of incarnations
 - The Cancers coming up next month will get the whammy-whammy also!

Audio: Tom of www.Newparadigmastrology.com

Richard: points out that as Mars has left Taurus, Pluto is the only remaining planet in an earth sign

- Pluto transmits Divine Love – a good place to hang out! Especially if Gemini keeps the brain going at super speed!
- An over active Gemini left brain frequency going on: we need to remember that the mind is here to serve the heart, and the heart is anchored in love which is anchored in Pluto!
- Take time out to meditate and be quiet, turn off the radio, computer and be in nature for a while – helps to keep us grounded. The air and water turmoil of the weather is also true for the individuals – as above, so below!

A third of the chart is empty and wide open for influences from the initiating signs of Leo,

Audio: Melissa Harris-Perry: Reviews the weather across the US/ Oklahoma

Then she turns to man-made disaster: the sequester

[The sequester is real. So are its effects.](http://video.msnbc.msn.com/melissa-harris-perry/52067254)

<http://video.msnbc.msn.com/melissa-harris-perry/52067254>

[Next round of cuts could directly affect us all](http://video.msnbc.msn.com/melissa-harris-perry/52067277)

<http://video.msnbc.msn.com/melissa-harris-perry/52067277>

[Sequester's reality hits home](http://video.msnbc.msn.com/melissa-harris-perry/52067290)

<http://video.msnbc.msn.com/melissa-harris-perry/52067290>

[Who should pay the price for the sequester mess?](http://video.msnbc.msn.com/melissa-harris-perry/52067297)

<http://video.msnbc.msn.com/melissa-harris-perry/52067297>

Conference Call:

Caller1: sent some information about the caves – brings up question of how to pronounce the name of an Egyptian royal person

Caller2: when will Basel III go into effect: will this have anything to do with arrests and the announcements of NESARA? Thought Basel 3 had something to do with these things.

T: won't get Basel III until the arrests are done, as the ones to be arrested won't let the system go there! They have to be gone first

Caller2: seems like it's pretty imminent

T: looks like it won't go past June 7th. Where did he hear 2019?

Caller2: on line – but nothing about arrests at the same time.

Found it on www.bewise.com – reference to Basel III not being done until 2019

R: this site is connected to people who think they are in control: more like Faction 1 people

T: they are not in charge: just read it with the idea of understanding what ideas they think they can brainwash you with

- Listening to M H-P discuss who is being affected – over 50% of the US population are under the poverty line; only 1% have the lion's share of the resources of the country
- The beginning of this Saturday call was a dose on **the real core issue:**
 - Palestine – an open air prison of a people whose land was taken over in 1948 when it was an ethnic cleansing exercise, with mass genocide being the next worst step. It has to do with convincing others that those who were ethnically cleansed in Germany now have the right to ethnically cleanse people in another land, that they were/are superior to the Palestinians –
- there was no request, discussion; worse than that, **they are not even Jewish:** the upper echelons in Israel are Azkenazi Jews from the Caucus Mtns [Khazars]

- This all started in 1880 – preparations were begun to carve out an area for their own purposes -
 - the Hebrew language necessitated [creating] wording which denoted ethnic superiority –
 - the people already on the land were animals; babies of the Palestinian people were considered their enemy!
 - To the tune of \$3.1 billion per year people are being supported with this thinking.
- This has never been about money, but getting to the core of how we are as a people; we have our emotional bodies intact, but those ones don't have their 12th strand of DNA so they have no emotions – to be able to murder people indiscriminately
 - Wall Street is a killing machine; they do algorithmic transactions in nano-seconds, and millions die as a result.

T: We will be going through this until we get to the other side!

Reading: Zionism and the Holocaust Alan Brownfield [there is no printed article for this]

Caller3: brings up that some refugees were headed for New York and they were turned away – does not remember the year

T: Israel became the 51st state for a reason; the Zionist Nazis have been manipulating the US as well, just like the Zionists in the article she is reading

Caller3: remembering the 1940s when lots happened, much remembered

T: recalls a movie “The Good Shepherd” - not nice, but the way things are – the movie is blood curdling

Caller3: what was name of CIA before it was the CIA? Does not recall - just that it was started by Wild Bill Donovan

T: not the Secret Service, as there is still a Secret Service - KOS is involved in it

Caller3: OSI – **Office of Special Investigations** – they were part of the assassination of the clone of JFK

T: writer's question: why Jewish refugees were not offered migration in the US after the war: only a minority of DPs would have chosen Palestine [the writer's opinion years later] – the whole thing was manipulated

Caller3: **OSS – Office of Special Services** - June 12, 1942 – Dec 20, 1945

T: They are no better than the Nazis: they were in Europe & were part and parcel of the Nazis

Return to BBS Radio

Music:

T: finishes reading on Palestine begun on the Conf. Call

R: reminds us that the god of Israel – Jehovah, the one of fire and brimstone, is the shadow side of Alcyone so there would be duality in this universe – a being playing at being god: **Mother is god**

- the name Israel is from Isis Elohigh Returned

Audio: M H-P Her letter to Rahm Emmanuel

2013, June 1 Rahm Emanuel, there's a good reason people are mad at you

The photo of [this week's Time magazine cover guy](#) is accompanied by a question that I can only assume is rhetorical. Because the answer to the question about Chicago's mayor—why are people mad at him?—should be readily apparent to [anyone following recent headlines](#) about [the 50 Chicago schools slated to be closed](#). It's certainly obvious to [nine-year-old Asean Johnson](#), who gave the mayor [a piece of his mind](#) when his elementary school was on the chopping block.

It doesn't seem to be a question anyone else is really asking, so I wondered if maybe it might be on the mind of the man himself. In which case I'm happy to oblige and use my letter this week—to tell him why they're mad.

Dear Mayor Rahm Emanuel:

It's me, Melissa. Mind if I call you Rahm? Or how about [Rahmbo!](#)



Remember that? That was the nickname you earned yourself back when you were the gladiator to President Obama's Olivia Pope. The bad cop to his good one

The Merlin to the president's King Arthur. The guy the *New York Times* once described as [“the leading practitioner of the dark arts of the capital.”](#) Back when you were the White House Chief of Staff you used your special magic to help the president advance his agenda.

I miss that guy.

This guy on the *Time* cover in 2013? Not so much. “Chicago Bull?” Only if it's describing what you're full of.

Because let's be honest, Rahm, your reasons for closing those 50 schools doesn't quite hold water. You've said reassigning students from closed schools to higher performing schools is intended to make sure every child can get a quality school with a quality education. But the University of Chicago's Consortium on Chicago School Research found no demonstrable improvement for students whose schools are closed.

In fact, in the short term, the stress and anxiety of being displaced actually causes students to do even worse academically. As for the need to close that billion dollar budget deficit? Funny how that need is pressing only when it comes to schools in predominately black and Latino neighborhoods and not when you're using \$100 million of taxpayer dollars to build a basketball arena for DePaul University.

Meanwhile, your decision is forcing students to cross gang lines to travel to new schools in unfamiliar neighborhoods. Mayor Emanuel—the lives of children are too high a cost to pay for a free education. And students are not the only ones who suffer when a school is closed. It also robs a neighborhood of an institution that is often the heart of a community – leaving in its wake an empty shell that is a magnet for blight and crime in areas that are already struggling with these burdens.

Mr. Mayor, I really hope you start feeling like your old self again, that guy who was the president's pit bull. Because the people of Chicago need a mayor who is a fighter—just one who's fighting for, not against, them.

Sincerely,

Melissa

Audio: Red Ice Creations: 2013, April 25
Harry Hubbard - Hour 1 - The Illinois Mystery Cave

Harry Hubbard has written, arranged, directed and produced over 20 videos for Alexander Helios, Inc. focused on various archaeological sites. He has also written several non-fiction books, reports and articles concerning the archaeological discovery in Marion County, Illinois. Harry will discuss the Illinois caves, first discovered in spring of 1925 by a local resident, Orville Lowery, of Hickory Hill, in the southeast corner of Marion County Illinois. In the first hour, Harry tells the story of how this discovery unfolded, the characters involved and how he arrived on the scene. Harry and fellow researchers were able to amass large quantities of information from the artifacts as to who the people were that constructed the "Illinois Mystery Cave" and the identities of the corpses who lay interred within it, which he'll talk about. We'll also discuss what others have found in the same area, actually called "Little Egypt." Harry comments on the mainstream archaeological community and the suppression of America's true history. In the second hour, we delve deep into what is depicted on the artifacts, including strange but highly detailed images of humanoids, aliens, UFOs and more. Harry explains how the language depicted on the artifacts was decoded, using L.A. Wadell's groundbreaking technique. Later, Harry continues on the cave saga and his pursuit. We end the hour speaking more about the Ptolemaic dynasty and why they may have fled, ultimately arriving in America.

<http://www.redicecreations.com/radio/2013/04/RIR-130425.php>

Listeners can buy material in e-book from at **Alexanderhelios.com**
See also: **alexandercaves.com**

Audio: Max Keiser Episode 450 – 2013, May 27 <http://rt.com/files/episode/1f/37/00/00/keiser.mp4>

In this episode of the Keiser Report, Max Keiser and Stacy Herbert discuss crack babies and debt crack banker babies. In the second half of the show, Max talks to James Howard Kunstler, author of 'The Long Emergency,' about how the US central bank pushes debt crack on an unemployed and under-educated population, and a media high on frack crack – a high that makes the user see the oil wealth of Saudi Arabia in America.

Audio: Max Keiser Episode 452 – 2013, May 30 http://rt.com/files/episode/1f/40/60/00/keiser_0106.mp4

Every week Max Keiser looks at all the scandal behind the financial news headlines. Max Keiser and Stacy Herbert look at the many ways to skin a debt cat: from Iceland where foreign unsecured creditors have been stiffed; to Greece where debtor prisons are under consideration; and to Spain where citizens were steered into Bankia shares before collapsing 99 per cent in value; and finally the UK, where inflation is the preferred debt/death camp option. In the second half, Max talks to George Galloway about Scottish independence, Rocky Marciano at the Senate hearings and the problem with unilateral socialism in a cold water Cuba.

Reading: The Last Word, May 30: the must read of the week by Laurence O'Donnell

2013, May 29 State Rep. Doug Cox~ The GOP and abortion legislation **[SEE BELOW]**

Reading: Voices of our Ancestors

Closing: Rainbird

PRINTED RESOURCES RELATED TO THE NOTES

2013, June 1

The 42 Principles of Maat

The 42 Principles of Maat are also known in Kemetic legacy as the 42 Negative Confessions. Each confession is spoken aloud twice daily, with the corresponding preface. The prefaces are, "I will not...", said after midnight and before 12 noon and, "I have not...", to be said after 12 noon and before 12 midnight. The following translation is accredited to the Shrine of Khpra, worldwide, and reflects the 42 principles for the 21st Century and beyond, for everyday living and transformation.

1. I will not do wrong.
2. I will not commit armed robbery.
3. I will not steal in general.
4. I will not kill another human.
5. I will not unjustly hold back the light.
6. I will not lessen my sacred service to Ntr. (the Most High, Creator, etc.)
7. I will not take the things that belong to Ntr.
8. I will not tell or listen to lies.
9. I will not waste food.
10. I will not pity myself so deeply that I speak wrongly of others.
11. I will not be controlled by sexual desire or action.
12. I will not be the cause of sadness and tears to anyone.
13. I will not disguise the true intentions of my heart's motives.
14. I will not transgress the law (Maat).
15. I will not act with hidden motives.
16. I will not take the property that another person has worked for.
17. I will not discuss the sexual secrets of others that I have overheard.
18. I will not sue another person falsely.
19. I will not step out of Maat and into anger against anyone.
20. I will not take another person's mate.*
21. I will not take another person's mate.*
22. I will not use my sexual strength incorrectly.
23. I will not be a terrorist against anyone.
24. I will not step out against, or cause the natural elements of earth to be polluted.
24. I will not let my temper control or consume me.

26. I will not be deaf to Maat (right/true speech).
27. I will not use words that curse and cause grief.
28. I will not start an argument or bring it to violence (mentally or physically).
29. I will not start trouble or cause strife.
30. I will not pre-judge in my heart.
31. I will not be controlled or seduced by sexual secrets I have heard.
32. I will not speak unnecessarily or loudly.
33. I will not do wrong, or continue to do wrong because others have wronged me.
34. I will not plot against those in current authority.
35. I will not waste water, or use it for selfish reasons.
36. I will not raise my voice arrogantly.
37. I will not curse Ntr (the Most High) or an Ntru (guardian, angel, Divine aspect, etc.)
38. I will not praise wrong doings or produce those who do.
39. I will not take what belongs to the Ntru.
40. I will not steal from the sacred deceased.
41. I will not offend any child or the divinity of my area.
42. I will not offend the divinity of animals.

* note that #'s 20 and 21 are stated twice intentionally.

Maat is the Ancient Egyptian (Kemetite) goddess (ntru-t) of cosmic law. She represents the epitome of truth and justice, and operates solely to restore balance to out-of-balance situations. She is not interested in who, what or why, rather, she operates on the premise of whether an action is in balance and within the will of the One Most High God.

Are you living a life which adheres to the principles of Maat? To answer this question, take a look at your relationships, health (mental, physical, spiritual, emotional), your success with business and finances, and your home environment. Be honest with yourself and determine which area(s) may need improvement.~

[Contact Queen Mother SpiritChange for more information.](#)

SpiritChange.Com Copyright 2008-2013 All rights reserved.

SpiritChange.Com
P.O. Box 380-292
Brooklyn, NY 11238
United States

ph: 1.888.553.0161

SpiritChange@SpiritChange.Com

2013, May 29 **Julian Assange: Stratfor Hacker Jeremy Hammond Guilty Plea Part of Crackdown on Journalism, Activism**

http://www.democracynow.org/2013/5/29/julian_assange_stratfor_hacker_jeremy_hammond

Jeremy Hammond of the hacktivist group Anonymous has pleaded guilty to hacking into the private intelligence firm Stratfor, the FBI and other institutions. Hammond says his goal was to shed light on how governments and corporations act behind closed doors. Some five million Stratfor emails ended up on the whistleblowing website WikiLeaks, shedding light on how the private intelligence firm monitors activists and spies for corporate clients. In a statement, Hammond said he accepted the plea deal in part to avoid an overzealous prosecution that could have resulted in at least 30 years in prison. He has already served 15 months, including weeks in solitary confinement. Joining us from the Ecuadorean embassy in London, WikiLeaks founder Julian Assange says Hammond's prosecution comes as part of a wider crackdown "on effective political activists and alleged journalistic sources." [Click here to watch](#) our web-only extended interview with Assange.

Transcript

This is a rush transcript. Copy may not be in its final form.

NERMEEN SHAIKH: We begin today's show looking at the case of computer activist Jeremy Hammond, who made headlines by hacking into the private U.S.-based intelligence firm Stratfor. Documents obtained from Stratfor were later published by the whistleblowing website WikiLeaks, shedding light on how the private intelligence firm monitors activists and spies for corporate clients.

On Tuesday, Hammond admitted to being a member of the group Anonymous and pled guilty to hacking Stratfor as well as a number of other institutions, including the FBI. In a statement, Hammond said, quote, "I did this because I believe people have a right to know what governments and corporations are doing behind closed doors. I did what I believe is right."

Hammond is facing a maximum sentence of 10 years in prison. He has already spent 15 months incarcerated, including weeks in solitary confinement. Michael Ratner, president emeritus of the Center for Constitutional Rights, spoke outside the courthouse Tuesday after Hammond pled guilty.

MICHAEL RATNER: Jeremy Hammond pleaded guilty to one count of conspiracy, of hacking into a protected computer. That count finishes the case in terms of any other charges. It carries up to a maximum of 10 years in prison. He doesn't have to get that, and in fact the demand is that he get time served. This is part of the sledgehammer of what the government is doing to people who expose corporate secrets, government secrets, and really the secrets of an empire. And the people who should have been on that trial are the very people who Jeremy admitted to hacking into, which is the Stratfor people who have engaged in corporate spying, along with government cooperation, the public safety people in Arizona, the FBI, etc.

NERMEEN SHAIKH: Sarah Kunstler, one of Jeremy Hammond's attorneys, also spoke outside the courthouse.

SARAH KUNSTLER: The United States government has discretion over its cases over who it chooses to prosecute and why, and choosing to prosecute Jeremy Hammond for exposing corporate secrets and government spying is nothing if not a political decision.

AMY GOODMAN: To talk more about the Jeremy Hammond case, we are joined by Julian Assange, the founder of the whistleblowing website WikiLeaks. In February 2012, WikiLeaks began publishing hundreds of thousands of emails obtained by Stratfor. Julian Assange joins us via *Democracy Now!* video stream from the Ecuadorean embassy in London. He took refuge in the embassy last June to avoid extradition to Sweden, where he's wanted for questioning around sex assault allegations. On Tuesday, the Ecuador's foreign minister accused the British government of trampling on Assange's rights by refusing to allow him to travel to Ecuador, which granted him political asylum almost a year ago. We're going to talk about Jeremy Hammond, about Bradley Manning, and about Julian Assange's own case, for this hour.

Julian Assange, welcome back to *Democracy Now!* Can you start off by responding to Jeremy Hammond pleading guilty and what his case means to you?

JULIAN ASSANGE: Let's look at what we know and what the prosecution agrees with about Jeremy Hammond. He's a long-term political activist. He's been involved in political activism throughout his political life. The allegation against him is that, through his political activism, he became a journalistic source to WikiLeaks and to hundreds of other media organizations in the United States and around the world. The crackdown against Jeremy Hammond is part of, yes, on the one hand, the crackdown on effective political activists, but it's also part of the crackdown on alleged journalistic sources.

AMY GOODMAN: I want to turn to Michael Ratner, president emeritus of the Center for Constitutional Rights, also your attorney, Julian Assange, for Julian Assange and WikiLeaks. He spoke about the emails from the private intelligence firm Stratfor that were allegedly published by WikiLeaks.

MICHAEL RATNER: Allegedly, Julian Assange and WikiLeaks published, are publishing the material of the Stratfor emails. And so, the comparison is that they are going after now a whistleblower and a source and a person who has been a source to journalists. If you look at what happened to the Stratfor emails, 31 major media around the world in 17 countries published those. He's a whistleblower. He's a source. He ought to be protected like whistleblowers and sources ought to be protected. My client, WikiLeaks and Julian Assange, ought to be protected as publishers. He shouldn't have to wind up in the Ecuadorean embassy.

AMY GOODMAN: Julian Assange, your response?

JULIAN ASSANGE: Thank you, Amy. Well, this is part of the wider crackdown against journalistic sources, which has been in the news recently as a result of the FBI and the DOJ taking records from the Associated Press and for Fox News journalist James Rosen. That is something that has really risen up under the Obama administration. Obama has, in relation to the Espionage Act, applied it to more people, more journalistic sources and journalists, than any—than all previous administrations combined, going back to the origin of that act in 1917. In fact, Obama, on his campaign website, brags that it's twice as many applications as has been previously done.

And that's part of a new centralization of power in the United States. Back in Russia, if we look in the 1990s and Putin's taming of the oligarchs, we had independent points of power in Russia, the seven oligarchs, the KGB, the Ministry of Defense, and eventually they're all pulled in under one central pyramidal structure. And the same thing has been involving in the United States over the last 10 years. That's why, for example, we see that the—rather unremarked, but extremely significant—that the State Department budget, in its entirety, has been moved in under the national security budget, that USAID budget similarly has been moved in under the national security budget, that the head of the CIA is rotated with the head of the military, that there's interexchanges at all points, that private military contractors, like Stratfor, form a type of oil between these different groups, interconnecting them in terms up personnel, information flows and contracts—a giant centralization of power. The previous rivalrous group to this was perhaps U.S. finance companies and banks. Post-2008, it's clear who is winning. And in order to get anything of significance done in the United States, just like in Russia, you need a sponsor within that patronage network.

And as a result of its increasing strength and increasing power, it is able to command an increasing share of the U.S. tax burden, pulling it to itself. The State Department, left on its own, left out there in isolation, was having its budget decline at about 3 to 4 percent per year in real terms, while the military was having a—and the intelligence complex was having a similar increase in real terms per year. So that's presumably why it decided to jettison some of its independence as an institution and move in under this protective financial umbrella. That shows you the increasing political strength. The U.S. tax burden is picketed over like vultures at a corpse, and the biggest vulture can steal more of the—more of the blood of U.S. taxpayers. And the biggest vulture at the moment is the military-industrial complex, and it's getting bigger. It's able to throw more political weight around and able to transfer more finances to itself, which allows it to grow even fatter. Other competing institutions, like the Department of Health or pension programs and so on, they also try and compete politically. But in reality, in fact, they are not competing as well as they could, in the past, so this machine is getting bigger. And as it gets bigger and bigger, it starts to advance its front, to gain more and more power for itself.

And the crackdown in relation to Espionage Act is an example of that, the going after political activists like Jeremy Hammond and trying to put them in prison for 10 years, forcing them to take a plea, by ladling them up with a potential 30-year prison sentence, under exactly the same piece of legislation that Aaron Swartz found himself faced with, the C—the Computer Fraud and Abuse Act, same piece of legislation that's used in the—

partly used in the Bradley Manning proceedings, same piece of legislation that's used in the WikiLeaks grand jury. We know that from subpoenas. So this is part of an advancing front, taking grounds, making new claims that those people that effectively criticize this new centralized power group in the United States should not be able to do so.

NERMEEN SHAIKH: Julian Assange, in addition to facing a maximum of 10 years in prison, Jeremy Hammond may also be required to pay up to \$2.5 million in restitution costs. So you've talked a little bit about how this is part of a widening range of crackdowns on whistleblowers. What do you think this kind of precedent, his plea, sets? And what kind of example do you think it gives for people who are whistleblowers in the future?

JULIAN ASSANGE: Look, the Obama administration is becoming a sausage factory for making political prisoners. And now we have Jeremy Hammond, John Kiriakou, Bradley Manning, and it is after a number of others, as well. The example that it is trying to set, of course, is: Don't criticize this new power bloc at all. We don't care what means that you do it by; there will be a way found to criminalize it. And people like Hammond and Manning, John Kiriakou, they're used as examples: Do something we don't like, and we're going to go after you, in order to decrease criticism and embarrassment on behalf of this new dominant political institution in the United States.

AMY GOODMAN: Do you see Jeremy Hammond as a whistleblower, and if so, why?

JULIAN ASSANGE: Well, Jeremy Hammond is not a whistleblower. He is a political activist. And his—but the mechanism of his political activism overlaps the mechanism of many different whistleblowers. For example, the alleged whistleblowing activities of Bradley Manning, very similar sort of—similar sort of alleged activity. They are going after him because they don't like the results. They're going after WikiLeaks because they don't like the results. They're going after Bradley Manning because they don't like results and to try and keep an appearance of authority. The Pentagon, allied institutions like Stratfor, can't keep up a perception of authority if bright young men, determined, courageous and moral, like Jeremy Hammond, are seen to have struck a blow against them and exposed their corrupt activities.

AMY GOODMAN: We're going to break, then come back to this discussion. We're speaking with WikiLeaks founder Julian Assange. He has been granted political asylum by Ecuador, is in the Ecuadorean embassy right now in London. If he dares to step foot outside, the British government says they will arrest him and extradite him to Sweden. We'll talk about his case, as well as Bradley Manning's case, who is about to go to trial, in a moment.

2013, May 28

Poet, Author Alice Walker Meets the Inner Journey with Global Activism in "The Cushion in the Road"

http://www.democracynow.org/2013/5/28/poet_author_alice_walker_meets_the

Legendary author, poet and activist Alice Walker joins us to discuss her newest book, "The Cushion in the Road: Meditation and Wandering as the Whole World Awakens to Being in Harm's Way," in which she discusses many of the dominant themes in her life and work, including racism, Palestine, Africa and Obama's presidency. The collection of essays explores Walker's conflicting desire for deep engagement in the world and for a retreat into quiet contemplation. She has also just published a new collection of her poetry, "The World Will Follow Joy: Turning Madness into Flowers." A film about her life, "Alice Walker: Beauty in Truth," premieres this Friday in the United States. Walker also discusses the Obama administration's recent addition of former Black Panther Assata Shakur to the FBI's Most Wanted Terrorists list 40 years after the killing for which she was convicted, her travels to the Eastern Congo, and the ongoing targeting of WikiLeaks founder Julian Assange. [Click here to see Part 2 of this interview.](#)

<http://dncdn.dvllabs.com/ipod/dn2013-0528.mp4>

Transcript

This is a rush transcript. Copy may not be in its final form.

AARON MATÉ: We spend the rest of the hour with the legendary author, poet, activist, Alice Walker. In her newest book, *The Cushion in the Road: Meditation and Wandering as the Whole World Awakens to Being in Harm's Way*, Alice Walker discusses many of the dominant themes in her life and work, including racism, activism, Palestine, Africa and President Obama. The collection of essays explores her conflicting desire for deep engagement in the world and for a retreat into quiet contemplation. Alice Walker is the first African-American woman to be awarded the Pulitzer Prize for Fiction. She won it in 1983 for her renowned novel *The Color Purple*, which also won the National Book Award for Fiction and was later adapted into a film and musical by the same name.

Alice Walker is also the subject of a new film that plays this Friday at the Seattle Film Festival and premiered in London on International Women's Day in March. The film is called *Alice Walker: Beauty in Truth* and is directed by Pratibha Parmar. This is a clip from the trailer.

EVERLYN WHITE: Alice claimed her space because she needed to be a writer. It saved her life in many regards.

DANNY GLOVER: Intrinsic in her writing is that part of her as a citizen, a citizen of the world, a woman, a woman of the world, and an activist.

ALICE WALKER: *Three dollars cash
For a pair of catalog shoes
Was what the midwife charged
My mother
For bringing me.
"We wasn't so country then," says Mom,
"You being the last one —
And we couldn't, like
We done
When she brought your
Brother,
Send her out to the
Pen
And let her pick
Out
A pig."*

JEWELLE GOMEZ: Whatever perspective you have, when you read her work, you know she's talking to you. And the you in her writing is really quite universal.

HOWARD ZINN: It's interesting. In her creative writing, she puts herself on a firing line, in that she is herself. She is not going to conform to any idea of what a black writer should do.

BEVERLY GUY-SHEFTALL: I don't know any other black writer who has experienced the venom that she experienced from her own community, the community that she cares the most about.

AMY GOODMAN: From the trailer of the new film, *Alice Walker: Beauty in Truth*. You heard Evelyn White, Danny Glover, Jewelle Gomez, Howard Zinn, Beverly Guy-Sheftall. In addition to Alice Walker's new book, *The Cushion in the Road*, a new collection of her poetry has just come out, *The World Will Follow Joy: Turning Madness into Flowers*.

Alice Walker, it's great to have you back on *Democracy Now!* Congratulations on these two books. Talk first about *The Cushion in the Road*. What do you mean by that?

ALICE WALKER: Good morning. I mean that my life is so full of so much activity, and yet my heart—my heart and my soul are longing for my cushion, which is a meditation cushion, where I can contemplate. I can drop into the deep source of our lives and draw a lot of richness from that. And what I discovered, though, was that I would sit on my cushion in meditation, and I prepared a beautiful place just for that, and the phone would ring, and the world would call. And so, in some ways, I was very torn and conflicted, until I realized, by dreaming it, that at that part of my life when I was, you know, called to the world, my solution was to take my cushion with me on the road. And so that is what I have tried to do.

AARON MATÉ: Alice Walker, you began your activism when you joined the civil rights movement in Mississippi over 40 years ago. I'm wondering if you could talk about that experience and how it has informed your activism that still continues today?

ALICE WALKER: Well, actually, my activism started when I got on the—when I was leaving my home in Georgia on the Greyhound bus, and my dad took me to the bus stop. It was such a small town, there was no station, so the bus just stopped by the side of the road. I got on the bus, and feeling the joy and the emotion of the movement starting up in Alabama and Mississippi and other places, I sat in the front of the bus, and I was immediately forced back to the back of the bus. And I had to make a decision whether I would risk my education—I was 17—or whether I would keep on the bus and go to my first year of college and join the movement at my school. And this is what I did, and that was really the beginning of my activism. And years later, I went back to—I went to Mississippi and worked in the movement.

AMY GOODMAN: Talk about—

ALICE WALKER: And how does it—

AMY GOODMAN: Go ahead, Alice.

ALICE WALKER: Now, how does it inform my activism? Well, I see myself in all the people in the world who are suffering and who are very badly treated and who are often made to feel that they have no place on this Earth. And this Earth actually belongs to all of us. The universe belongs to all of us. And we mustn't forget it, you know. And I know firsthand how it feels when people tell you and make you think that, you know, they can have everything, they can have as much as they want, they can buy everything they desire, and you are supposed to have nothing. Well, this is not—it's not right, and we must not accept it.

AMY GOODMAN: I wanted to ask you about Assata Shakur, who you've also written about recently. Earlier this month, the FBI added the former Black Panther to its Most Wanted Terrorists list, 40 years after the killing for which she was convicted. She became the first woman added to the list, and the reward for her capture was doubled to \$2 million. This is a clip from the film *Eyes of the Rainbow: The Assata Shakur Documentary*, when she talks about her experience in prison.

ASSATA SHAKUR: Prisons are big business in the United States, and the building, running and supplying of prisons has become the fastest-growing industry in the country. Factories are moving into the prisons, and prisoners are forced to work for slave wages. This super-exploitation of human beings has meant the institutionalization of a new form of slavery. Those who cannot find work on

the streets are forced to work in prison.

AMY GOODMAN: That was Assata Shakur, and that's from *Eyes of the Rainbow*. Alice Walker, after the roadside shooting in which Assata Shakur was severely wounded, and she went to trial and was convicted, a crime she says she didn't commit, she escaped from prison and got political asylum in Cuba, where she has lived for decades. Your thoughts on what has most recently happened, her being added to the terrorists list?

ALICE WALKER: Well, I see it as an attack, really, a sort of covert sneaky attack on Cuba. I think that the governments, all of them, in recent memory, have wanted to destroy the Cuban people, really, and their insistence on their freedom and their dignity. And I think this is a way of saying that, you know, you have a, quote, "terrorist" there, and we have a right to go in and get her. And so, this could cause a very big fight between these countries, which have never had peace in my lifetime.

AMY GOODMAN: You dedicated *The Cushion in the Road: Meditation and Wandering as the Whole World Awakens to Being in Harm's Way* to Celia Sánchez Manduley and Fidel Castro Ruz. You say, "revolutionaries, teachers and spiritual guides who were, as well, one of the most inspiring power couples of the 20th century." Why this dedication?

ALICE WALKER: Well, because they were. It's just that we didn't know anything about it. I think if you said to almost any North American, "Who was Celia Sánchez Manduley?" they wouldn't have a clue. They wouldn't know. And I didn't know, actually, very much. But she and Fidel had this partnership and actually were co-revolutionaries together. And she was very prominent in the leadership of the Cuban revolution. And there's a new book about her called *One Day in December* by Nancy Stout. It's the life of Celia Sánchez. And this is a woman who can teach a lot of us about what it feels like and what it can be like to come face to face with the reality that your country is being not only stolen from you, but trashed, absolutely degraded—you know, your mountains despoiled, your rivers a mess, your children badly educated, if educated at all. So this book, I think, is crucial for people to have a guide, especially women, but also men, of course, a guide to see what it's like to actually confront, you know, the forces that are literally destroying you, they're destroying your children—horrible food, horrible laws, you know, rich people permitted to own much more than anyone should own of anything, and poor people being continually ground into the dust.

AARON MATÉ: Alice Walker, I want to ask about your travels. You've gone to Gaza. You've gone to Rwanda and eastern Congo. Can you talk about these experiences and what they left you with?

ALICE WALKER: Well, the Congo was the hardest, because there I saw that people will just do anything for gold and silver and coltan and whatever they can get, and that they care absolutely nothing about the suffering of the people. As you know, the Congo is called the worst place on the planet to be if you're a woman. And I saw that in action. I saw the result of so much horrible atrocity in that place. But this is something that people should be very aware of in places where this kind of atrocity is not yet happening, because this is—you know, it's crucial to see ourselves always as a part of whatever is going on, because we are. You know, this is one planet, and we are one people. And we learn from each other. We learn the awful things just as clearly as we learn the good things. And so, if you want to see what is a possibility for a really dreadful future, even here, go to the Congo and to places where, you know, people are fighting over minerals and resources that actually the people who live there will never benefit from.

AMY GOODMAN: You've also been to Burma, and you write about Aung San Suu Kyi.

ALICE WALKER: Well, I went to Burma before she was freed from house arrest. And we actually went and tried to get our cab driver to stop in front of her gate so we could just, you know, sort of bear witness, but he was so afraid, that he couldn't stop, and he was—you know, sort of wanted us to get out of his cab because we put him in danger. But now she is out, of course. And, actually, once she was freed from her house arrest and she started talking to the world herself, I haven't really kept up. You know, I feel that she's such an amazing being, and she's so smart, and she has a good heart, and she's a practiced meditator, which I think is of value, because it means that her thinking is the kind of thinking that understands that the harm that you do to others is the harm that you do to yourself. And you cannot think, then, that you can cause wars in other parts of the world and destroy people and drone them, without this having a terrible impact on your own soul and your own consciousness.

AMY GOODMAN: Alice, your book of poetry, *The World Will Follow Joy: Turning Madness into Flowers*, could you read a poem from it?

ALICE WALKER: I would love to. This is a poem called "Coming to Worship the 1000 Year Old Cherry Tree." And the preface to that is that I was in Japan at some point years ago for the Tokyo Book Fair, and I knew it was going to be a lot of work, and they did, too. And they, the people who invited me, insisted that not only could they take me to the countryside to have, you know, a wonderful bath and a beautiful place, you know, a massage, but they also wanted me to see this thousand-year-old cherry tree, which reminds us—this kind of old, beautiful tree reminds us of how long humans have been here and how much we have loved this planet. So, this poem is a result of going to see this wonder, this incredibly beautiful cherry tree in full blossom.

*Life is good. Goodness is its character;
all else is defamation.*

The Earth is good. Goodness is its nature.

Nature is good. Goodness is its essence.

*People are also good. Goodness is our offering;
our predictable yet unfathomable flowering.*

Thankful and encouraged

Infused with our peaceful inheritance,

Our peaceful inheritance,

May we not despair.

AMY GOODMAN: Alice Walker, reading from *The World Will Follow Joy*, her poem "'Coming to Worship the 1000 Year Old Cherry Tree.'" Alice, tomorrow on *Democracy Now!* we will be interviewing Julian Assange from his, in a sense, cell. He has taken refuge in the Ecuadorean embassy in London. He is the WikiLeaks founder. And I was wondering if you have a message for him or a message for people in this country about Julian Assange. What do you think of WikiLeaks and his predicament right now?

ALICE WALKER: I think unless the people are given information about what is happening to them, they will die in ignorance. And I think that's a big sin. I mean, if there is such a thing as a sin, that's it, to destroy people and not have them have a clue about how this is happening. So I think that when people like Assange step up to this place of sharing knowledge about what is happening, I think it's an honorable place. I know that there have been charges against him for, you know, other things, but personally, I would have to be convinced. And looking at just what he has given us in terms of sharing information that can help us, I think he's very heroic.

AMY GOODMAN: Alice Walker—

ALICE WALKER: And I think that we should support him.

AMY GOODMAN: We have to leave it there, but we do part two post-show. Go to our website at democracynow.org. Alice Walker, the Pulitzer Prize-winning author.

2013, May 29 **State Rep. Doug Cox~ The GOP and abortion legislation**

<http://newsok.com/state-rep.-doug-cox-the-gop-and-abortion-legislation/article/3835587>

BY STATE REP. DOUG COX • Published: May 29, 2013

All of the new Oklahoma laws aimed at limiting abortion and contraception are great for the Republican family that lives in a gingerbread house with a two-car garage, two planned kids and a dog. In the real world, they are less than perfect.

As a practicing physician (who never has or will perform an abortion), I deal with the real world. In the real world, 15- and 16-year-olds get pregnant (sadly, 12-, 13- and 14-year-olds do also). In the real world, 62 percent of women ages 20 to 24 who give birth are unmarried. And in the world I work and live in, an unplanned pregnancy can throw up a real roadblock on a woman's path to escaping the shackles of poverty.

Yet I cannot convince my Republican colleagues that one of the best ways to eliminate abortions is to ensure access to contraception. A recent attempt by my fellow lawmakers to prevent Medicaid dollars from covering the "morning after" pill is a case in point. Denying access to this important contraceptive is a sure way to increase legal and back-alley abortions. Moreover, such a law would discriminate against low-income women who depend on Medicaid for their health care.

But wait, some lawmakers want to go even further and limit everyone's access to birth control by allowing pharmacists to refuse to fill prescriptions for contraception.

What happened to the Republican Party that I joined? The party where conservative presidential candidate Barry Goldwater felt women should have the right to control their own destiny? The party where President Ronald Reagan said a poor person showing up in the emergency room deserved needed treatment regardless of ability to pay? What happened to the Republican Party that felt government should not overregulate people until (as we say in Oklahoma) "you have walked a mile in their moccasins"?

Is my thinking too clouded by my experiences in the real world? Experiences like having a preacher, in the privacy of an exam room say, "Doc, you have heard me preach against abortion but now my 15-year-old daughter is pregnant, where can I send her?" Or maybe it was that 17-year-old foreign exchange student who said, "I really made a mistake last night. Can you prescribe a morning-after pill for me? If I return to my home country pregnant, life as I know it will be over."

What happened to the Republican Party that felt that the government has no business being in an exam room, standing between me and my patient? Where did the party go that felt some decisions in a woman's life should be made not by legislators and government, but rather by the women, her conscience, her doctor and her God?

Cox, R-Grove, has delivered more than 800 babies.