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- T & R:**
- **RENT NOW PAID! THANK YOU! THANK YOU! THANK YOU!**
 - we can eat for them too; go into unity consciousness and state your intention

- On the website: www.2013RainbowRoundTable.ning.com
- There is a **Paypal** button on this site
- **Please notify them if you're sending something:** koran999@comcast.net
- Rama's mailing address for cheques, Money orders: Ram D Berkowitz
1704 B Llano St, # 249
Santa Fe, NM 87505
- **phone contact** is via MariettaRobert: 317-773-0061
or by e-mail: stargatemarietta@gmail.com
- **Remember you can have a session with Mother, as well!**

- We also need to remember to support MariettaRobert's show as well!!!!

T: someone called once and said they only had \$5 - didn't think it mattered!
OF COURSE IT MATTERS - every little bit matters!

- For those who do not like paying electronically, here is the **mailing address of BBS:**
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Hard News

T: reads the names of some Dragon People: Bruce Lee, Charles Darwin, John Lennon, MLK, Jr.; Ringo, Starr; Robin Williams; Roseann Barr; Salvador Dali, Shirley Temple, Tom Jones -

- the best dragon occupation: performers, artists, architects, doctors; film stars, film producers

Rainbird:

- important to have clarity of mind
- the Chinese astrology, Angelsu's angel card and the Mayan calendar are all in the same place

R: Ruth the Dragon: he thinks Ruth has awakened; she works with the energies of Hawaii; she was one of the great white dragons he met in Atlantis; it was her idea that they would ride through the main city and set fire to it as they were beamed out of it;

- she is a good dragon - there are dragons that never fell from grace

T: Rana Mu said that naughty dragons are to be nipped

- Rama got a text message from Al Gore - out of the blue! Rama and Al are both from House of Dracule - [Dracula] - St Germain is their cousin
- "Dear Rama, my cousin: our other cousin is about to do what he wants to do"

R: talked to KOS - with this eclipse, anything that is not like love is being boiled up for transmutation

- the 14,000 - 15,000 of the DOW is FAKE: the markets are walking on black ice
- He also hinted - Randi Rhodes played Valerie Plame's speech before a closed door Senate hearing - from 2003 just after she was outed by ??
- KOS said that Valerie Plame will have her day in the sun to tell the people what happened; she was a covert CIA agent - this is treason
- More than half of Congress is guilty of high treason

Ed Schultz show: John Nichol, Leo Gerard - talked of the bridge that failed; had a trucker on who crosses the longest bridge over the Mississippi River: can see the grid under the asphalt - we don't need another scenario like the one in WA

- **Rachel** explained that there is no redundancy in the bridge: one piece fails, the whole bridge goes - 3 people fell in the water - all saved.
- **John Nichol:** a town hall meeting involving the entire nation changes how we look at things: arresting the criminals

T: the steel girders were brought here from China; steel is inferior; Freedom Tower at Ground Zero is of the same kind of steel; also used in Oakland Bridge - cheap labour, cheap materials - should be obvious that there is some kind of subterfuge here

R: what Medea Benjamin did will have all kinds of ripples -

T: hard to listen to the drone psychology too

R: Mediamatters.org and others are picking up the story about the potential of the gov't using some kind of ???

T: other countries are calling out the shoddy??

R: talking about chem trails and Operation Cloverleaf and the Nebraska Navy - say what? Nebraska has a pile of nuclear warheads underground as does S Dakota - Ashtar has already neutralized them!

T: this represents the end of nuclear holocaust

Ed and John: Wall Street is on the chopping block-can no longer sustain the idea that things are getting better - gold is dropping like a rock - below

- Max Keiser - they are selling their stock and buying it back to keep the story going - called BS!
- Story about Gov Chris Christie - story will come out that he was an office boy for Bernie Madoff, and Marcio Rubio was a trader

- Unlawful trading - hedge funds - quite a bit of good news!

Reading: Pyramid Power:

[SEE BELOW]

R: talks of what Terrence McKenna and other said: spores can come to the planet in the centre of comets

Audio: All In - Chris Hayes - May 24, 2013

The House is letting banks write their own laws now

- In May, the House Financial Service Committee passed a bill that would create a loophole to derivative regulation in Dodd-Frank. Chris Hayes talks about the bill with former New York Governor Elliot Spitzer. [SEE BELOW]

Conf Call:

Caller: asking about the list of banks T was reading out

T: the banks were involved in hedge fund trading and Chris Christie, Marco Rubio were also involved - and they want to run for president?

Angelsu: what's going on about the IRS - someone called her: an article about IRS between now and July 30 would be shutting down and letting people go - excited about IRS going down

Caller: has not had a cold for many years; if she gets the flu, only has it for a couple of days - will accept this!

T: tomorrow will be protests against Monsanto world wide

Reading: 2013, May 17 [Rare Cosmic Event~"Dance of the Planets"-May 24-30, 2013](#) [SEE BELOW]

Reading: 2013, May 19 **US Government Claims 100% Ownership Over All Your DNA And Reproductive Rights; Genetic Slavery Is Already Here ~ Mike Adams** [SEE BELOW]

T: they all get arrested and cannot do any of these things!

Reading: 2013, Mar 8 **Sugar Industry's Secret Documents Echo Tobacco Tactics** [SEE BELOW]

MOTHER:

Greetings in the Light of the Most Radiant One; in the Office of the Christ and only in the Office of the Christ, we invoke the loving energies of St Germain and the Violet Flame

T: ask to ingest the ruby ray - may all things that have been tampered with be restored - ask for the highest good of all concerned

Greetings, Children of Ra:

- Do we in this moment need to shape shift as the Woman in Red?
- It is the moment of divine timing - what is unravelling is happening at such a rapid rate that we need to be in present time in all moments; as we turn around, things have changed - it is that fast!
 - we stand beside you - there is no veil; we can be seen - it is time we have that discussion about the good Red Road and the circle of light we are all involved in.
 - already being formed by those who have the ability to make the clarion call - those are meeting in the Just League Halls
- the good senator Mike Gravel getting things done in the moment about disclosure, first contact -

- there is a lot unravelling for our wayward children who only want to acquire more wealth - it is in our best interest that we relieve them of their funds and distribute it to the rest of the world .
- that is why Rama got a call "Hey, Cuz our other cuz is getting ready to put on his dealer's hat & divvy up the pile!"
- No more passing the buck: Monsanto is out of the picture, as well as Mr and Mr Koch; the corporations are being run out of here because they are exposed. Mr JP Morgan could be wearing some shackles at any moment as Elizabeth Warren gets done with them.
 - We have to love them more - we are in the final second or two - and then another kind of discussion goes on: we have a mission to complete here; here is what you need to do to complete that mission!
- It is that close - these are the moments of such chaos that the right hand does not know what the left hand is doing. This is the time when Beloved Master St Germain said we would be here to do the final step & get this planet on the right track as the 33rd member of the Confederation of Worlds.
 - We did not need oil to do what our civilization has done - there are new technologies that are here - Tesla Motors may be expensive, but as NESARA is announced, we can have our Tesla car if we so wish.
 - There are other alternatives: the Temple of the living God as we think with our heart like the children are telling us - what is being presented on our screen is BS news
 - **the real news is our ascension which is assured and is already occurring in our cells** - the seriousness of it is what is creating the chaos - the 100th monkey finally got it; the rest got it, and created a unified field which is where it's at
 - the millenials are teaching these dinosaurs about how to move those old bones
- It is an equal dance here: the goddess is back, she's black & she is beautiful
 - The story is about Mr 19.5* & his Beloved; we had to get to this place where we start with the original couple- Adam and Eve were black as coal, not white folks; they were part of the Annunaki landing parties who played in the garden, and the talking snake was our kundilini saying "I'm on fire, let's light the night!"

T: thought that Eve was from Andromeda and was an Eva woman

Mo: Yes, and there were many Adams and Eves - the Adamic Race - **T:** so it's a metaphor story / **YES**

- there was a group of Adams and Eves and the story propagating of the seeds
- we have gold dust coming into the atmosphere already, and it is waking all the cells up and they are dancing for joy and everything is, in a way, very good
- yet the holographic program being projected into our reality matrix is still unravelling, and at a certain moment, Mr KOS will shut off the projector and there will be a real shake up about how we discuss a new reality: like the power going off, then coming on and it will be a new day.
 - Those who loved power have to move to the power of love - the power of love is the key;
 - the medicine for Mother Earth is US; we are in a symbiotic relationship with this beloved planet - as she ascends, so do we and our pots and pans, our teta kettles go with us - time for Earl Gray, hot!

T: what is the fate of Al Gore? A kind of corporate schill

Mo: Mr Al Gore sold his station to Al Jazeera and by end of May, into June, will see a whole new line-up on Current TV and we will see the Palestinian comedienne Maysoon Saheed on the big screen

- Keith Olberman is biding his moment to do the right thing - and he needs to lay it out in lavender about the criminality that goes back to hair on the floor called Vince Foster, and judge buster

Sherman Skolnick & the Keatings and Loan Scandal - why did you need \$50 million Mr Bill & Hillary? Mother calls it a sordid tale! The madam from DC has names in her book, and David Vitter is at the top, as is Darth Vader Dick - she discusses it no further!

- At the same time, we have given ourselves the keys to the kingdom - we have the ability like Lazarus to vacate that tomb! As we are living masters, we can do the same.
- Mother has tears of joy for the wisdom of what is unfolding for each of us now!

T: many things going on with our bodily changes; on Journal News talking of the hydrogen fuel cells again - the fuel cells are in the car wheels

Mo: Dorian /thorium is a form of radio active isotopes; the thorium is contained in a way that the axles of the wheels generate the power for the car & the thorium never leaks out - cannot take a geiger counter to it and make it stop working. The thorium is contained in the right way to prevent harm to the body. This is how the right use of the atom has occurred

Mo: Thorium is a naturally occurring isotope that exists in the atmosphere of earth and in the earth itself; we can extract it to create unlimited amounts of energy - it never runs out

T: Still means we need to have pavement for cars

Mo: the pavement goes by the wayside and we have our shuttle craft

T: they talk about the bridge over the Mississippi - it goes back to the 50s and is in poor shape; the pavement is paper thin: can see the metal and the water below - not a modern bridge

- only road to get into Indiana in one direction [I 35 or I 51]

Mo: angels are holding that bridge in place

- gotta change your infrastructure from limitation and lack; and the square boxes you live in suck the energy from you: gotta live in spherical - or cylindrical with gardens that go round the whole thing - the animals are helping us along the way so we can make it

T: our relationship with them has got to improve

T: What about Al Gore?

Mo: what he is doing: he is saying the cousin who holds the dealer's hat is going to divvy it up soon - ie, any second! Meaning that when all is said and done, he is also saying he is going to turn himself in and answer to the proper authorities for what he has done against the people of the earth

- our children chose to take on that much darkness to help the rest of us achieve our potential

Mo: we have 3 days of magic that is unravelling; we cannot say what is going to happen here yet it is about what this man said: it is Medea Benjamin's voice has been heard, the voice of concern, and the issue of using drones and android technology to kill - one step away from Star Wars

T: there are bigger arrests - pointing out that our little archon Christine Lagarde has been in court for 2 days: **MO:** does not look too happy; thinks she can be a skin walker & get away with it

- what is happening is the exposure that the IMF is broke
- being questioned in court about her time in France as the finance minister and wrong doing at the time overseeing \$400 million euro payment to a business man!

Mo: Mr Sarkozy comes to mind as well as Christine Lagarde and they are all friends of Bush and Cheney - this is an ugly dance of the dead

T: someone helped Sarkozy get into power; she is head of IMF - time to pull the plug

Mo: that dude is going to be exposed for what she is: a male reptile archon!!!

T: KOS said that she hissed at him - shape-shifted and stuck out her forked tongue; KOS gave her his middle finger and said he could turn her into a little spot on the floor but he would wait!

Mo: needs to be brought before the people

T: in 1933 some delegates in the Reichstag, the then Parliament, brave enough to stand up to Hitler - yet it did not quite work

Mo: Because Hitler, along with the Thule Society, used the ancient war technology they got from the greys that he and his men captured the craft in 1934 when it crashed in the Bavarian Forest and the inhabitants and back-engineered the ships

T: when they intrude on another civilization's life force, they are now dealing with Mother because galactic law comes into effect

Mo: this is why the word went out that St Germain said to amp up the mighty I AM presence on the planet - he was getting close to opening up a portal that would bring in the jihad which would not have been pretty!

T: is this why the only person who could head up the Solar Tribunal was from - rare for Rama to talk to LM Nada

Mo: it is because she is getting close to what is going to happen here;

- as full disclosure, first contact occurs, UN will be turned into the Justice League & Asthar can come;
- J L comes from the Marvel comics - it is in R's brain - it is in Manhattan, part of the UN - where Batman, Wonder Woman, Superman have a world wide conference about how to stop Lex Luther;
 - the criminals called the Tea Party have created a Lex Luther called Mr & Mr Koch who think they can acquire the planet in chunks!

T: someone else has \$72 billions himself - yet they are lying about this

Mo: whatever they may have is rapidly disappearing because it was ill - gotten, soaked in the people's blood and this is not how you create reformation on the planet

T: \$80 billion - some lady who was on Morning Joe: she was head of the Hilton chain - it crashed & all kinds of people lost their jobs - all she did was apologize for the people who lost their jobs

Mo: St G said give it all back to the people - he meant it, and it is far past the moments

- More and more comets are coming in; more and more visitors are coming in to our planet's atmosphere because we are crossing the Galactic Plane as we cross the MWG and get closer to the centre of the Galaxy, to the Dark Rift

Mo: as we go through this weekend, remember that the radiant THE I AM THAT I AM is centered in our hearts & all is unfolding in most magnificent ways!

T: we are so ready for this!

Greetings in the light of the Most Radiant One; Kadosh, Kadosh, Kadosh

Rama: was somewhere in a pond on the planet Europa - touched a fish that was like touching the end of a cigarette - did not burn but was very hot

T: reminded her of her friend who went to see Tony the Healer who opened his head and took out the tumour and put it in water; he said it felt so hot yet did not burn

R: the fish felt like that -

Audio: finishes the piece with Chris Hayes and Eliot Spitzer

Audio: Abby Martin Breaks the Set on Police Brutality, Food Safety, Genocide Convictions, & Hacking Journalists

<http://www.youtube.com/watch?v=m8pRzT8gU10>

[166] Documenting Police Brutality, Pure Food, Genocide Convictions, Hacking AP Journalists

2013, May 15 Abby Martin Breaks the Set on Police Brutality, Food Safety, Genocide Convictions, & Hacking Journalists

EPIISODE BREAKDOWN: On this episode of Breaking the Set, Abby Martin looks over a few recent cases of police brutality, including the case of seven Kern County sheriff's deputies beating an unarmed man to death and confiscating footage of the beating from witnesses, as well as the case of California police breaking into a house while being filmed by the homeowners, and highlighting the importance of documenting police abuse and misconduct. Abby then talks to wife of former US Rep. Dennis Kucinich and director of the Center for Food Safety, **Elizabeth Kucinich**, about the US Senate's farm bill, the pure food movement, and the need to adopt better agricultural policies that will benefit American citizens. Abby then calls out the corporate press for their coverage of AP hacking scandal, pointing out how the US government routinely conducts this type of surveillance without the same type of media outcry. BTS wraps up the show with interview with Dominique Diaddigo-Cash, organizer with the School of the Americas Watch, about Guatemala's war crimes conviction of former dictator and School of the Americas Graduate Efraín Ríos Montt, recalling Montt's genocidal actions, and the need to close down the school which has bred some of Latin America's most notorious dictators.

Audio: a documentary what is happening to the Chile Pepper in New Mexico -

[This ties in with what we heard on Thursday, May 16 about the active ingredient in Monsanto's Round-up]

Reading: 2013, May 24 An Interview with Code-Pink founder, Medea Benjamin, on why she disrupted a national foreign policy speech given May 23 by President Barack Obama **[SEE BELOW]**

T comments: unless Congress authorizes the spending of the money to do anything, it will not happen!

T: our job on this call is to go deeper than what Medea has!

Audio: Max Keiser May 22 http://rt.com/files/episode/1f/28/d0/00/keiser_2305.mp4

In this episode of the Keiser Report, Max Keiser and Stacy Herbert look at the narcissists' rally as we drown in central banking - their currency wars and their quantitative easing without wealth creation. In the second half, Max talks to 'Currency Wars' author Jim Rickards about why we don't need to worry about a recession: Because we're in a depression! They also discuss US Federal Reserve Chair Ben Bernanke's plan to not Beggar Thy Neighbor, but Enrich Thy Neighbor by jumping out of the printing plane together with simultaneous devaluations. And, in terms of gold, Keiser and Rickards suggest maybe it's the Chinese manipulating the price of gold... not the Fed!

Audio: Meditation: Beloved St Germain reveals the hidden secrets of Mt Shasta & its destiny

http://www.youtube.com/watch?v=uCAY_8DiN3M

Reading: Voices of our Ancestors

Closing Music: Medicine Man

FOLLOWING - PRINTED RESOURCES RELATED TO THE NOTES

2013, May 24

Pyramid Power

All of humanity has turned a corner, and in doing so your attachments to those things that reflected your power has been quietly released. Many of you have seen the remnants of those who put the protective shields in place originally to protect Earth. This is when you talk about who built the pyramids. Much of the unexplainable becomes explained when you see from where humanity is now. Many of the artifacts of Earth still have no traditional explanation about where they came from or what they are doing on Earth.

These shadow memories have been intentionally blocked from you by your own design. The pyramids have always formed a protective shield around Earth, even though they have been covered and forgotten in many places on Earth. These are not all pyramids because some are manmade pyramids that have copied the original designs with varying degrees of effectiveness.

Pyramid Power at Work

The network of pyramids on Earth have formed a protective shield around the planet, which has kept specific meteors and comets from hitting it. That has been released and for a very specific reason. You have heard about the two big meteors that have come in and made the front pages of your newspapers, but you are not aware of all the small ones that are coming in now.

Because this protective shield that was in place from almost the beginning of Earth has been released, you will receive a planting of these comets in November of this year toward the end of the month. You will have a comet that will come by and sprinkle life on Earth. We tell you that specifically, because all life was planted originally from comets.

Your scientists do not agree with us on this point, but we will tell you, you are not from Earth nor is anyone. You have been very carefully placed here by yourselves. Now you are going through an evolution. It was always necessary for you to die and leave the physical body, then go Home to recycle and reincarnate to come back and do it again.

This is the first time that humans walked through the gate without going Home, without dying.

You are walking in an ascension process right now and every step of the way you are higher than you were yesterday; all of this is a beauty that you hold in front of you. All of you have control of this. Do not fear these comets, as they are bringing a new form of life for they are sprinkling life forms. You have been losing life forms on planet Earth for a very long time and now it is being re-seeded in a new way so watch and celebrate the November comet. You have already given it a name, but I will hold off on telling you because my names are not the same as yours.

Your scientists know of this comet that is coming and it is sprinkling dust along the way. It is basically disintegrating every time it passes and when it does, it will sprinkle cosmic dust on planet Earth. In fact, your scientists are now trying to calculate to see if you will actually be able to see the dust falling. That is how much dust they are expecting from this November comet.

In fact, the comet would have never hit Earth except that you went through the portal and released every part of it. It is not going to hit Earth; it is going far away from it and hooking around the sun, but it will sprinkle all these beautiful seeds of life on planet Earth. You are here, dear ones, at an incredibly beautiful, critical time in all of humanity and all the timelines of Earth herself, the entire energies of Earth are being re-energized—even the ley lines, the magnetic ley lines that form the magnetic grid that carries your Earth are reducing.

Your magnetic structures on planet Earth have reduced 12% over the last 100 years. That is also leading to your awakening from the dream. Very beautiful. You have done well; you have carried it here and you are here. You made it. Not only did you make it, but you are sitting here asking what can you do next?

You are in the perfect position to be conscious creators of planet Earth and we hope that you enjoy this journey, dear ones, for you have signed up and waited an eternity for the opportunities that now lie in front of each of you. You know the way Home and if you will stop thinking with the brain and start feeling with the heart, it will lead you Home. You know the way and we will greet you with the most incredible open arms and welcome you Home when you finally do decide to shed those bodies to re-turn.

Dear ones, even now you are the greatest angels that have ever lived and we mean that in all sincerity. We have never seen what has happened on Earth and we are so proud of you. You have created magic with your eyes wide open. It is with the greatest of honor that we ask you to treat each other with respect. Nurture one another and hold those doors open every chance you get and play well together. Espavo.

The group

Stever Rother

<http://www.lightworker.com/>

The House is letting banks write their own laws now

In May, the House Financial Service Committee passed a bill that would create a loophole to derivative regulation in Dodd-Frank. Chris Hayes talks about the bill with former New York Governor Elliot Spitzer.

This content comes from Closed Captioning that was broadcast along with this program.

>>> earlier this month a bill passed through the house of representatives , a created a massive loophole for big banks. a loophole which will likely allow banks to engage in the same kind of derivatives trading. who on earth would right a piece of legislation to allow big banks it run wild again? the banks would of course. who would pass a bill while lawmakers write their legislation. according to e-mail reviewed by the new york times, there were more than 70 lines of the 85-line bill. they were copied nearly word for word. lawmakers changed two words to make them plural. that's why we have law makers to make sure that all of the pluralities are in agreement. this is the same committee whose chairman of texas went on a ski i havecation with banking executives just six weeks after he took over committee leadership. but it wasn't just the 31 committees on the committee that voted on the bill. all seven freshman democrats voted yes. if you are wondering where democrats voted for this bank written piece of legislation one answer might plausibly be found. this picture on congressman beat oo's website. on the same trip they were treated to, according to the new york times, a tour of goldman's lower manhattan headquarters and a meeting with the bank's chief executive. they went to j.p. morgan 's office and chatted with jamie dimon , about dodd -frank and immigration reform . the trip, an fund-raiser, was to introduce the freshman class to the washington elites they hope will one day fund their campaig campaigns. the financial committee is allowing them to blow up dodd -frank from the democrats freshman class of 2013 . joining me tonight, eliot spitzer . elliott, the house financial services committee , i have covered them before and you had run-ins with them.

>> indeed i have.

>> this is not the most shocking thing. nrs.

>> no, this is par for the course . there is a degree of transparency here. the committee has corrected grammar, not passing substantive laws. i have to tell you this quick vignette. when i was attorney general we were making cases against wall street . house financial services committee passed a billen by by morgan stanley . they took away information from my office to take away from the banks. it wasn't x, y or z, it was just get this guy out of our turf. it was written by morgan stanley , passed by house financial services . this is insane.

>> here is citigroup's response. citi has taken a lead role to find a common sense solution. they don't like the regular lugs. the result of this club racing, i love that word, the result of this collaboration is allowing to an approach to the transaction --

>> they are right. this is a good thing because we had so much fun in 2008 and 200 the in the financial crisis when all tax dollars went to bail them out. they want it do this over again.

>> and we should be clear. the thing that blew it all up was derivatives and they were traded out of one office in london at aig. the thing that took it from, you know, a forest fire to like this threatened the world, was that.

>> yes. that why they want to deregulate again --

>> they make so much money on it.

>> how five years, six years later, we want to say, we want to go back to permitting them to do it in the opaque world of black boxes . it is insane.

>> this is tough technical stuff. we sat around at an editorial meeting this morning. we thought, man, we are kind of like, keep this accessible to folks. and you have now the banks are doing a full spectrum assault on dodd -frank.

>> they don't want regulations to be issued. so they appeal them, appeal them, appeal them. then in congress they try to repeal it. i think there's an answer. here it s what it is. any amendment or legislation that is written, half of it or more by a bank, we don't call it the smith bill, it is the goldman sachs city bill --

>> and take the congressman's names off of it.

>> i like that.

>> it is not william shakespeare . put the real name on it.

>> i won't dispute for one second the immense amount of fund-raisers. it is appalling, disgusting, waste full, conflict of interest and corruption. unfortunately the world we live if.

>> but he is good. he lived at goldman. he understands conflict. as one of the bankers, what used to be a conflict of interest is now a synergy. they walk into the middle of it and enjoy it. it is a perverse world. i'm glad you made the point, both parties are playing this game. we can't pretend to be sanctimonious.

>> one thing about how the financial institution services committee is, it is a great place to raise money and they take a appreciateman who will have a tough re-elect. kirsten, and i like her a lot, i had her on the show. she is in a a/50 district. she is on the district to raise money . you have been told you're on this committee it raise money . how do you go about raising your job in the way that doesn't stalk you the whole time.

>> isn't it amazing. these freshman that just come from new york , they meet with lloyd and jamie dimon who a mere few years ago were leading institutions that took us to the presspies and now they are given the respect like it never happened.

>> the word collaboration, i was thinking about today, i think it would be nice in food stamp recipient could collaborate with congress. ex felons, i think congress would benefit not collaborating so much with wall street .

>> wall street is just appalling.

>> eliot spitzer , thank you. enjoy your weekend.

>> thank you. you too.

>>> an ordinary citizen who liked terror in the face and refused to succumb to the fear that terrorism feeds upon. amazing. it is coming up.

2013, May 17 **Rare Cosmic Event~ "Dance of the Planets" – May 24-30, 2013**

- By Larry Rotolo, San Diego Entertainer – May 17, 2013

<http://www.sdentertainer.com/news/rare-cosmic-event-dance-of-the-planets-to-appear-may-24-to-30-2013/>

From the latter part of May and continuing for a month, an amazing display of planets will play itself out near the horizon in the west-northwest part of the sky. Beginning each night right after the sun sets around May 19, a "dancing with the stars" exhibition is put on by the three brightest planets as seen from Earth: Venus, Mercury and Jupiter.

In 2013 we will get to see the most compact three-planet grouping visible without binoculars for the next 13 years. The planets will not appear this close together again until the year 2026! Added to this sight will be a beautiful apparition of Mercury.

- The three worlds will appear to skip about one another. The alterations in their positions in the early evening sky will be visible to the naked eye night by night. Venus and Jupiter will be very close together by May 28. Afterwards, Venus will move in a northwesterly (to the upper right) direction compared to Jupiter. At that point it will be six times as bright as Jupiter.

Mercury becomes possible to observe at Venus's lower right around May 19th. It appears closer to Venus each evening until May 24th, when it's just $1\frac{1}{3}^\circ$ to the upper right of Venus. From May 24th to 29th, Venus, Jupiter, and Mercury will all fit within a 5° circle. Thus, they can all be viewed simultaneously through binoculars without moving the glasses.

- The pattern is most compact on May 26th, when all three planets are close enough to each other to fit in a $2\frac{1}{2}^\circ$ circle. Jupiter appears right next to Venus on the 27th, and after that it slowly pulls down and right of Venus, disappearing from view in early June. But Mercury is only now in the major phase of its apparition, flying over Venus until June 7th.

At that point, the planet will start to gradually move downward, nearing Venus again. However, Mercury has started to grow dimmer, as it must while engaged in an evening apparition. It will diminish little by little, the fading speeding up by June 15. Mercury had been almost as bright as Jupiter when the apparition started, but will shrink to a tenth of that brightness by the 20th of June.

2013, May 19 **US Government Claims 100% Ownership Over All Your DNA And Reproductive Rights; Genetic Slavery Is Already Here ~ Mike Adams**

<http://shiftfrequency.com/mike-adams-us-government-claims-100-ownership-over-all-your-dna-and-reproductive-rights-genetic-slavery-is-already-here/>

NaturalNews May 19 2013

The United States government claims 100% ownership over all your DNA and reproductive rights. This astonishing revelation has emerged from the fact that the U.S. Patent and Trademark Office claims the power to *assign* ownership of your DNA to private companies and universities who apply for patents on your genes.

To date, more than 4,000 genes have been assigned ownership to corporations and universities by the U.S. patent office. Such an assignment of ownership proves that the government believes it owns 100% of all human genes — you cannot transfer ownership of something unless you first own it yourself.

To date, 20 percent of your genetic code is owned by someone else. About two-thirds of these patents belong to private companies, and one-third belong to universities. The company that owns the most patents is called *Incyte*, a drug company based in California which “owns” the patents on 2,000 human genes.

Although you have never agreed to sell your body to a corporation, a multitude of corporations now **claim ownership over every cell in your body**. That ownership makes you a slave to their patent demands, and patent “troll” lawyers are some of the most vicious, blood-sucking demons on the planet who will threaten to drag you into a million-dollar court proceeding if you don’t pay them money. Right now, at this very minute, dozens of corporations can lay claim to your body, and those claims will be 100% upheld in the U.S. court system.

Story continues below, following this infographic:

Genetic enslavement is here

Virtually no one is aware of the fact that 20 percent of their genes are currently “owned” by corporations and universities. This ownership is, of course, a form of **genetic enslavement** that seeks to dominate and control all humans. How, exactly?

Consider this: When you have a child, you are **replicating your genetic code**. Because your genetic code is 20% patented and “owned” by someone else, the act of having a child is, by definition, an act of **genetic piracy** that you are committing in violation of the law.

These companies that “own” your genetic code can, if they wish, demand you pay royalties for every child you create. They can even demand that you pay them royalties for your own body replicating cells during processes like healing skin wounds or generating new red blood cells. Your body, in fact, replicates millions of cells each day, causing you to violate the U.S. government’s laws on the **theft of intellectual property**. You are the criminal!

Corporate patents on human genes – a violation of human rights

This all comes down to a **fundamental human rights issue**. This is about human rights,

2013, May 24

Friday Night



women's rights and reproductive rights. The U.S. Patent office stands in violation of human rights, selling out the bodies of men and women to corporate interests that stand to generate trillions of dollars in profits through DNA testing and treatments.

People like Angelina Jolie actually betray women on this issue by pushing false fear that drives profits into the BRCA1 gene testing industry — an industry that exploits women's bodies for profit. Jolie is using her celebrity status to spread huge fear about the BRCA1 gene mutation, causing women to rush into their doctor's offices to get tested... at \$3,000 – \$4,000 *per test* thanks to the royalty fees paid to the corporate [patent](#) holder.

The U.S. Supreme Court is poised to announce a decision on the issue of gene patenting in just a few weeks (which explains the timing of the recent media push we've all witnessed). If the Supreme Court rules against these patents on human genes, it would mean a multi-trillion-dollar loss to the human gene patenting industry which hopes to collect ongoing royalties on gene testing and gene research for the next thousand years.

By the way, the very idea that the Supreme Court can “rule” on this issue is also a fraud. No court has [ownership](#) over your genetic code. No government authority has a higher power than the Creator of the universe and the creative, life-giving forces that brought you into being. **Your DNA is yours alone**, and any claim over it is null and void from the start.

What else can be patented? Leaves, hands, birds and even green beans

If the Supreme Court upholds the absurd notion that human genes can be patented by corporations, then there's no end to where this all goes: corporations could file patents for grass, fruits, birds, ants, insects and even other human body parts such as ears, hands and feet. Your eye color could be patented because that's controlled by genes, too.

Once all these things that already exist in nature are patented, you can be hauled into court and forced to pay exorbitant fines and fees for having them on your property. Got some ants invading your yard? That's piracy, you criminal, because those ants are patented!

If this sounds absurd, note carefully that Monsanto has successfully sued farmers using the exact same logic. Their patented GMO seeds were blown by the wind into farmers' fields, so Monsanto sued those farmers in court — and won! The farmers' crimes? “Stealing” Monsanto's intellectual property.

Make no mistake that the entire point of seeking patents over things like human genes, animals and plants is so that **the patents can be used as weapons of control** against the masses. The patenting of human genes is, at every level, a crime against humanity. And all those who support this industry — like Angelina Jolie — are supporting criminals who exploit the bodies of men and women for profit.

Say NO to patents on human genes! Say NO to patents on animals! Say NO to Monsanto and NO to the insanity of government-enforced intellectual property laws that violate universal justice.

P.S. The date mentioned in the graphic below has already passed, but the message is powerful nonetheless:

2013, March 8 [Sugar Industry's Secret Documents Echo Tobacco Tactics](#)

By Kelly Crowe, CBC News - March 8, 2013

<http://www.cbc.ca/news/health/story/2013/03/08/f-vp-crowe-big-sugar.html>

When Cristin Couzens went on the hunt for evidence that Big Sugar had manipulated public opinion, she had no idea what she was doing. She was a dentist, not an investigative reporter. But she couldn't let go of the nagging suspicion that something was amiss.

Her obsession started in an unlikely place, at a dental conference in Seattle in 2007 about diabetes and gum disease. When one speaker listed foods to avoid, there was no mention of sugar. “I thought this was very strange,” Couzens said.

And when a second speaker suggested sugary drinks were a healthy choice, she chased him down at the

end of the conference to make sure she'd heard him correctly. "How could you possibly recommend sweet tea as a healthy drink?" she asked the speaker, who paused just long enough to say, "There is no evidence that links sugar to chronic disease," before he bolted out the door.

- Cristin Couzens publicized secret documents in a magazine article titled *Big Sugar's Sweet Little Lies*. (Eric Weber)

"I was so shocked by that statement," she said, "I felt obligated to do a little bit of research, thinking perhaps the sugar industry had somehow had an influence over the lack of advice to limit sugar intake to prevent and control diabetes. That's what set me off."

She quit her job, exhausted her savings and spent 15 months scouring library archives. Then one day she found what she was looking for, in a cardboard box at the Colorado State University archives.

"The first folder that I opened jumped right out at me," she said. "It was on the Sugar Association letterhead which is the trade association in Washington for cane and beet sugar producers. And the word "confidential" was right under the letterhead. So the first document I saw was a confidential Sugar Association memo talking about their PR strategies in the 70s."

What Couzens found was something food industry critics have been seeking for years — documents suggesting that the sugar industry used Big Tobacco tactics to deflect growing concern over the health effects of sugar.

"So I had lists of their board reports, their financial statements, I had names of their scientific consultants, I had a list of research projects they funded, and I had these memos where they were describing how their PR men should handle conflict of interest questions from the press," she said.

The documents survived in the Colorado University Library Archives only because they helped explain a photograph of three men and a trophy. When the Great West Sugar Company went out of business in the 1980s, someone put the files in a box so that librarians would know who the men were and why they were being honored. So who were they?

"That was a picture of sugar industry executives being awarded the Silver Anvil, which is like the Oscars of the PR world," Couzens said. In the 1976 photo, the president of the Sugar Association and its director of public relations smile as they pose with their prize for their successful campaign "forging public opinion," in the face of mounting consumer and government concern over the health risks of sugar.

- After unidentified sugar industry executives were awarded the Silver Anvil trophy for public relations in 1976, company documents were archived to explain their successful campaign. (Courtesy Colorado University Library Archives)

"It's a little bit shocking to me that an industry would be rewarded for manipulating scientific evidence," Couzens said. "At the time the award was given in 1976, there was a controversy. Many people thought sugar was harmful, the sugar industry wanted to turn public opinion toward thinking sugar was safe so they forged public opinion on how the public viewed the effects of sugar," she said.

As Couzens sorted through the documents, the full extent of that campaign to forge public opinion emerged. The documents describe industry lobby efforts to sponsor scientific research, silence media reports critical of sugar, and block dietary guidelines to limit sugar consumption.

The Sugar Association's president reported to the Board of Director's meeting in October, 1976 that, "in confronting our critics we try never to lose sight of the fact that no confirmed scientific evidence links sugar to the death-dealing diseases. This crucial point is the life blood of the association."

And the Sugar Association was clear about its intention to use science to defeat sugar's critics. To support

“our desire to maintain research as a main prop of the industry’s defence,” the member companies were told that \$230,000 was being reserved to fund scientific research, according to a report from the Sugar Association’s annual meeting of the board of directors, in Chicago in 1977.

At the next meeting, a year later in Washington, the Sugar Association updated the board of directors on the research program, listing 17 different scientists at some of the world’s most prestigious universities, including M.I.T., Harvard, and Yale, receiving sugar industry money

Some of the money was supplied by “contributing research members,” heavy sugar users including “Coca-Cola, Hershey, General Foods, General Mills and Nabisco” who contributed the funds specifically for the lobby group’s scientific effort. The document reports that those companies each “contributed \$10,000 to our general research fund.”

Targeting media coverage

The documents also reveal efforts to manipulate media coverage. The Sugar Association had been stung by a New York Times headline: “The Bitter Truth About Sugar,” written by a prominent nutritionist in June 1976. “It’s bad for the health, bad for the teeth, and we eat more of it than we think”, the article declared.

The Sugar Association president warned the board of directors that this “shoddy piece” was being followed up by “naive writers working for other papers around the country.” But the association had saved the day. Thanks to an inside tip, they were able to keep Reader’s Digest from running a condensed version of the same article.

“Thanks to friendly sources who alerted us, a progressive approach to research by the Digest and persistence on our part, we were able to persuade them to cancel the story,” the document reports. “We did it in two stages. We failed in our initial conversations, but succeeded when we took our case to the editor-in-chief. Our telegraph to him is included in your folders and might be helpful should you be confronted by criticism.”

- Sugar can be the willpower you need to undereat,”
a vintage advertisement proclaimed. (Mother Jones)

The documents Couzens found in that cardboard box also reveal that the Sugar Association was busy trying to block dietary guidelines that would recommend limits on sugar consumption. At the time, the US Senate Select Committee on Nutrition and Human Needs, headed by Senator George McGovern, had released “Dietary Goals for the United States,” which recommended that Americans should reduce their sugar intake by 40 per cent.

The Sugar Association had been warned by a committee insider that “the final conclusions would hang sugar,” the association’s president reported to the board in 1977. And now that the committee’s report had been released the results “certainly bear this prediction out,” he added.

But the lobby group had a plan. “The McGovern Report has to be ‘neutralized’” that document reports, assuring the members that the Sugar Association would fight back, because “the consequences of losing this battle and permitting dietary goals to become a basic reference are too grave to be taken lightly.”

Sugar industry committed to sucrose consumption

When Couzens approached the sugar industry for comment, she was told the documents were ancient history. “They gave a comment like, that was in the past and does not reflect the mission of the sugar

association currently," she said. But then she found one more document, an internal Sugar Association e-newsletter from August, 2003 that announced "the Sugar Association is committed to the protection and promotion of sucrose consumption. Any disparagement of sugar will be met with forceful, strategic public comments and the supporting science."

Couzens said that document showed "the sugar industry is still very active in nominating scientists to serve on the dietary guidelines advisory committee, and it is still publishing research through connections with the World Sugar Research Organization, based in London. These scientific reviews that are published by the sugar industry are still considered in the evidence review for the dietary guidelines, so they're still serving to balance out the evidence," she said.

Armed with all of these documents, Couzens' next challenge was to make them public somehow. She sought out author Gary Taubes, an American science writer who has reported extensively on the health effects of sugar. He listened to her story and offered to help her get the documents published in the independent news magazine **Mother Jones**, under the provocative title "Big Sugar's Sweet Little Lies." What happened when this bombshell was finally revealed, after months of research and sacrifice? Nothing, Couzens said. The story failed to be picked up by the mainstream media.

Couzens blames it on Hurricane Sandy. The media was distracted. But, she said, the story "has gotten particular attention from food policy folks here in the U.S. and also from researchers who had been studying the tobacco industry who see the parallels," she said.

"I thought it was just wonderful and I got in touch with her right away," said Marion Nestle, author of *Food Politics*, a professor at New York University and vocal food industry critic. "Those kinds of things are very, very hard to come by. One of the things that brought down the cigarette companies was finding enormous documentation of the efforts of cigarette companies to cover up the fact that they knew that cigarettes were unhealthy. It's very, very difficult to find those kinds of things, so it was a real treasure."

When CBC News asked the Canadian Sugar Institute for comment on the revelations that the sugar lobby group influenced science and public opinion, it didn't answer the question. Instead we received this reply: "The Canadian Sugar Institute (CSI) is the national, non-profit association representing Canadian sugar manufacturers on nutrition and international trade affairs. I am providing you with a summary of the scientific consensus on some common misconceptions about sugars and health."

Chiara DiAngelo, the Canadian Sugar Institute's coordinator of nutrition communications, also offered the names of several university professors to talk to for more information about industry-sponsored research.

2013, May 24 An Interview with Code-Pink founder, Medea Benjamin, on why she disrupted a national foreign policy speech given May 23 by President Barack Obama
by Dennis Bernstein

<http://www.opednews.com/articles/An-Interview-with-Code-Pin-by-Dennis-Bernstein-130524-930.html>

Code-Pink founder, Medea Benjamin, took President Barack Obama head-on during a major foreign policy speech the president was giving Thursday on drone policy and related issues. Benjamin demanded that the president close the Guantanamo Bay prison immediately.

On at least three occasions, Benjamin engaged the president, ultimately forcing him off script. At one point, a frustrated Obama told the peace activist: "Why don't you sit down, and I will tell you exactly what I'm going to do... about Guantanamo." But soon Benjamin was back up on her feet again, definitely not satisfied with Obama's plan to send detainees to other countries.

"Release them today!" she screamed, as security moved to eject her from the room. "You are commander in chief! ... You can close Guantanamo today! ... You can release those 86 prisoners! ... It's been 11 years! ... I love my country! ... I love the rule of law!" As she was finally taken into custody by security, Benjamin shouted -- "Abide by the rule of law! You're a constitutional lawyer!" She also confronted the president on the killing of a 16-year old American citizen.

I spoke to Benjamin right after she was released from federal custody, during a live broadcast on Pacifica Radio's Flashpoints Show. Benjamin said what she really wanted to tell the president if she had a little more time, the significance of the ongoing hunger strike by the detainees at Guantanamo, and why she believes the president should be tried for war crimes based on his extra-legal drone policy.

Here's what Medea really wanted to say had she been given the chance. Although, I think she got more time than most get in that position, and she wasn't even charged with a crime...

DB: *Medea, how are you feeling? You were taken into custody?*

MB: I am doing great. I was held by people in the military base, the FBI, and the secret service, and questioned for a while about who I am and my motives. Then amazingly enough, I was let free with no charges.

DB: *What were you trying to tell the president?*

MB: I got to speak three different times. When he was speaking about blaming Congress for not being able to close Guantanamo, I said he is the Commander-in-Chief so obviously has the ability to close Guantanamo today if he wanted to and release the 86 prisoners who have been cleared for release -- so why isn't he doing that. I got a chance to speak up again, talk about the drone strikes and ask why he isn't taking them out of the hands of the CIA. Why isn't he prohibiting signature strikes where people are killed just on the basis of suspicious activities? And why will he not apologize to, and compensate the families of the innocent victims of our drone strikes? I got one more chance and asked who killed the 16-year-old American Abdulrahman al-Awlaki, and why?

DB: *That's when you were arrested and taken into custody?*

MB: Yes.

DB: *Obama made a major foreign policy speech today. He said something about Guantanamo. What is your response to what the president said?*

MB: I was hoping we would get some significant changes because the rumors had been flying about real policy changes like the ones I just mentioned. Unfortunately what we got is more rhetoric that justifies the drone program. He talked about Anwar al-Awlaki but refused to talk about his 16-year old son. He said the drone strikes are only used when we can't capture people, which is not true. I know many examples where it would have been simple to capture people, such as 16-year old Tariq Aziz from Pakistan, who was in the capital city of Islamabad at a public meeting in a public hotel. Instead of capturing him there, he was killed two days later by a drone strike.

In Yemen there are many drone strikes that are very near the capital city where people could have easily been captured. There were many statements in the speech that weren't true. Unfortunately there were no significant policy changes except the restricting of the self-imposed ban on not releasing people from Guantanamo to Yemen.

DB: *You told Obama you wanted him to recognize the hunger strike. Why is it very important for the president of the United States to recognize the hunger strike?*

MB: It's an absolute crisis. There are over 100 men in Guantanamo who haven't been eating, and they started over 100 days ago. They are being terribly force-fed in a way that even the American Medical Association calls torture. They need some justice, not nice sounding words from President Obama. We [have] heard since before he was president that he was going to close Guantanamo. People are sick of hearing him say that. They want it closed.

DB: *Medea, you have many times put your body on the line. How does it feel? Were you frightened of being hurt?*

MB: I was very scared going in there. I assumed that I would be recognized and kicked out. But I was there for two-and-a-half hours and nobody said anything to me, which sometimes makes me feel that I'm invisible. It was very scary to be in there and think about interrupting the President of the United States. It is not an easy thing to do, but I kept breathing deeply and thinking about the people I met in Afghanistan and Pakistan who have been so harmed by our policies. I thought about the people who have been hunger striking for over 100 days. I thought that maybe I could get it out if I thought about how meaningful it would be for the people who are suffering from our policies.

DB: *You were there as a founder of Code Pink, a women-driven organization. Do you think women are playing a special role in trying to restrain these wars being expanded with advanced weaponry? What is the role of Code Pink and women in the context of a forever war?*

MB: There are women who heed the original call by Julia Ward Howe for a Mothers Day to declare we will not raise our children to kill other mothers' children. We got together with mothers in Pakistan to hold hands and heed that call together in our different languages. But it is certainly not exclusively a women's issue. Today the president talked about the ethical and moral issues of the drone strikes. There certainly are, but he didn't get into them. This is an issue that people of faith must speak out against. It is also a huge legal issue. I wish the entire legal community were more vociferous about ways the administration is violating international law and the U.S. constitution.

DB: *You have said that the President of the United States using extra-legal drone assassinations, killing children, makes him a candidate for a war-crimes investigation.*

MB: Yes, there's an investigation by the United Nations going on now which will conclude in a couple of months. Certainly the U.S. actions like using **devil taps** that kill rescue workers is

definitely a war crime. I look forward to seeing the UN response. The high court in Pakistan recently came out with a judgment, which said the U.S. drone strikes are war crimes.

DB: *Is there anything else you would want to say to the president? Maybe he's listening.*

MB: There were two issues I didn't get a chance to talk about. One is how the over 800 foreign bases scattered around the world, particularly in places like Saudi Arabia, the holy lands, are making us more hated and should be closed. I also wanted to give a shout-out to Bradley Manning because were it not for him, we wouldn't know a lot of the information that our government has tried to hide from us.

DB: *He was thoroughly abused under the authority of the President of the United States.*

MB: Yes, he was kept in horrendous conditions in Quantico marine base and has not been given the right to a speedy trial. He is facing life in prison for trying to shed light on the war crimes of this administration.

DB: *Medea, thanks for your courage and for being with us today.*