

2013, Mar 21

## Thursday Night Call

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**Host:** MariettaRobert  
**Opening Meditation:** Angelsu

**Mayan Calendar:** Rainbird not present today

**MariettaRobert:** with thanks to all who have contributed to providing support for BBS

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### Hard News:

- R: Randi Rhodes** show: Ray McGovern was on - there are 3 look-alikes of Hillary around - one is arrested and the other 2 are making mischief; he said we are about to have a spiritual revolution/evolution like never before - has to do with what is about to come out now: war crimes; Hubris
- Foster Gamble got a visit from the MIB and they flashed their little red light and there is lots of misinformation/disinformation going on about all kinds of stuff
    - all has to do with spiritual revolution/ evolution going on with the equinox

**MR:** is Ray OK?

**R/T:** Ray McGovern is OK; Hillary gave him leukaemia but he is OK - has been telling the truth longer than most; Hillary had him hauled from the room full of people when he turned his back on her when she was speaking and showed the back of a tee shirt with "Occupy" on it; the police put 3 pairs of handcuffs on him & he was bleeding from his wrists; had him beaten while he was in prison - he showed the results - welts on his back and arms - on Amy Goodman the next day

**T: Max Keiser** ripped into Hillary on his program last night: exposed her her for the way she played the hedge funds & rigged them in her favour

- **Amy Goodman inadvertently exposed Hillary as well:** she had Thomas Young on - he was shot in the same convoy as Cindy Sheehan's son; he's been paralyzed from the neck down
  - he gave a talk at the Riverside Church, & all the time he would bend over and put his head between his knees to stop the dizziness, then he would get up again and say a few more words
  - Started getting extreme pain in his stomach; the pain was gone for 2 days after a colostomy and then it returned afterwards and it is excruciating.

- he wrote a letter which indicts the entire Bush Clinton Crime family - will play it Saturday
- With Senator Bryd, he read the plaque and the names of those who voted against Iraq War
- This am, they played Hillary making the case for war along with Rumsfeld, Cheney, Rice, Bush
  - Tom Hannigan - the 15 clones [of Hillary] are all dead except for 3; one is under house arrest, the other 2 are running around: none of them know what the other is doing
- another short YouTube: from the 2012 CPAC conference where Obama was speaking - shows a security guard shape-shifting; he's part human, part reptilian from Rigel 4; he is a 5 star general from the Inter-galactic Confederation of Worlds, and he is on the ground to protect Barack Obama

**R:** the X Files are being opened as we speak

**T:** footage from Larry King Live before he resigned: the footage of the 4 people he had on: it shows a missile being launched & one star ship showed up and sent a blue laser into it, went around & sent blue lasers from the front, and went around and sent a blue laser into the other side - it was neutralized in space

- This is what happened with the Cuban Missile crisis: Castro is an asset of the CIA and always has been ; they went to Cuba and launched a nuke to Los Angeles - and it was taken out, as it would have killed 3 million people; it shows this is not an alien invasion: we are them and they are us

**R:** ties in with the new message from Dr Keshe: if there were some kind of conflict with Iran and Israel the same things would happen - nothing would work! [tanks, weapons and so on]

**T:** Netanyahu was brazen: even if our closest ally has a different opinion, we reserve the right to do what we want in spite of what they think - he said this in front of Obama

- Keshe said if Israel ever sent anything, Keshe's technology would send the missile back to its source - at that point, the ground crew / Ashtar Command / Sovereign Militia would show up & arrest Netanyahu, and the video would be shown so the people in the area know that Ashtar has saved their butts!

**R:** has never been about oil, only about Stargates

**Ed show** this morning: had on Max Keiser: he started out with "It's Mr Olsen"; "it's Mr Cameron"; It's Angelca Merkel and when is she going to tell who was her father?"

- Then Max went on to tell Ed that he needs to lose some weight and go to a vegan diet - all he said is that it is a challenge for a foot ball player from the mid-west!
- Only way to save Cyprus is to tell the truth about the Russian oligarchs who have been banking there e

**T:** Iran hung 4 of their bankers for treason; Iceland has arrested 9 of their bankers for the rest of their lives

- Heard on the news that Cyprus was nationalizing their banks, and that orthodox church has \$2.5 million to offer - they need \$5.3 billion - would take the pension funds of all the people and take their gold reserves!
- Thom Hartman says it is not wise to cater to these ones: continue with nationalizing the bank, start over and arrest the criminals, as Iceland did
- she watched the faces on the politicians in Cyprus when the people voted NO to taking 10% out of everyone's accounts to pay for the \$5.3 billion - doing this means it would go to Germany.
  - the EU is really the 4<sup>th</sup> Reich and Germany is running the show, and the German people have put their foot down and say they are not paying for any more bailouts.
  - Angelca Merkel is trying to make this theft happen; if they get away with it, they will try it on us as well

**R:** KOS spoke of the fear stuff out there: Foster Gamble got a visit from the MIB and he got completely

bought out - so sad!

**CL:** asks for more information on the story

**T:** His ancestors are Proctor and Gamble and he is tethered to the corporation

- he has been zapped and fully programmed to work for the dark - this is what they do: get someone to do some great work for the light, and then completely reverse the programming
- the original movie is OK, but his programming has been completely reversed, and what he is putting out about Obama is all fear

**T:** they talked to their friend in London: Bill Miller of a London news service did a complete report on Heather of the One People's Trust: before she became a lawyer,

- she was a prostitute for the 13 families - she was a fishhook, like Foster was
- the ones in London did an entire program on the symbolism for the OPPTrust - it is all upside down - we do Heather and Foster a favour when we do not get lost & continue to hold the light

**Mike Papantonio** laid out the whole background of the new pope Francis: he was the overseer for the Jesuits of South America who ordered up the entire Operation Condor; his role was to see that it went according to plan - we **STILL NEED TO SEND LOVE!**

- It is the infrastructure that has the entire world incarcerated: everyone needs to ask permission of the Black Pope to do anything - this infrastructure has to be changed!

**Caller:** Orly Tate who brought the law suit against Obama re his birth certificate - there is story is that she is an actress, not a lawyer

**R:** she is a strange being, and this ties in with the strange stuff relative to Trump and the birther drama saying he is not born at 19.5; these ones are also tied into the Tea Party

- it is about the absolute hatred of the black man in the white house & that he is making change happen
- Everything that is not of Sat Yuga is being brought up - the good, the bad, the extremely ugly

**T:** **Max Keiser** said Cyprus would be broke if Russia money was pulled out, Cyprus would be bankrupt overnight; Max says too they should do as Iceland did

- the Russian oligarchs have offered a loan and want to take a lease on the natural gas resources they have found in Cyprus - and the people are saying no- we'll do it without you!

**R:** the answer is Dr Keshe

**Caller:** Pope Francis I - has said that he is not going to do things in a traditional way when it comes to celebrating Easter - what do you know about this?

**T:** doing the Mass in a prison chapel, not St Peter's Basilica

- yet the infrastructure of the church was ill-gotten and needs to be given back to the people;
- according to the Club of Rome document, church owns everything on the planet - can do what he wants but not in the name of the people to whom this land belongs

• Lots coming to the surface about full galactic intervention, also about other events

• just watch Barack Obama - he spoke over the heads of the gov't and went to the student body, the youth about change - Barack was given standing ovations over and over again.

- Al Sharpton said what he said is revolutionary in Israel - talking to the young people! He went off script and said the Palestinian children were like his own; talked about peace
- Netanyahu has nothing to say: he barely made it to stay in office: his coalition with 2 other parties is made up of younger people. Net was pulling on fear and it did not work
- He met Abbas in Ramallah for 4-5 hours: some things came up about difficulty with the US because US was against Palestinians getting a new status - Palestine was elevated to a state!

**Caller:** April 29 - he is hearing chatter that Dr Greer may introduce for the first time a galactic being on stage - how true is this?

**T:** this is the 1<sup>st</sup> day of the 5 day event about the full disclosure

**R:** wouldn't doubt it but the atmosphere needs to be in the place like that of Klatu [from the movie *The Day the Earth Stood Still*] who had free rein to land with no weapons - all laid down.

- Everything coming to head now with the fear stories that are very intense -
- He would not put it past Greer and others to pull this off

**T:** Sherrod Brown spoke of the assault weapons discussion: that Harry Reid does not want a full out confrontation with Wayne Lapiere

- SB said it will not go away, and H Reid will do some arm-twisting to get the 60 votes, and have a filibuster -proof way of getting this done: universal background checks AND banning assault weapons - Biden and Bloomberg had a media event about the need for banning assault weapons

**R:** many folks asking why is the conversation going to the place of using technologies like you would use again the terminator or the predators like in the movie? They want to create the atmosphere for a fake alien invasion and a full scale assault on this planet - Ashtar and Sananda have said **THIS PLAN IS CANCELLED.**

**T:** the Kurdish leader is in a jail cell in Turkey, spoke from there and called for a cease fire between the Kurds in Syria

**T:** Also the PM of Australia made a public apology for taking 250,000 babies from their mothers at birth and not allowing them to even see them

**Guest: Dr Roland Thomas**

- Reviews what has happened in the last few years
- His focus has changed: discovered quantum state food / nutrition - still thought of it as medicine the change came from meeting folks from the spiritual perspective: has studied with Asmit Gutswami who is a quantum physicist as well as a yogi
- He is beginning to walk away from the medical model: of course, he would use the medical model if he broke a leg, for example, or had some other thing that required such attention
- We are nothing but light - it is all we are.

**Exercise:** it is not medicine - it is mechanical movement that stipulates muscles and cells - there is blood, sweat and lactic acid - exercising is beneficial, and it's benefit is that the cells involved get exercised and it is the cells which make up the muscles that are working

**Rest:** it is not a medicine - it allows the cells that were contributing to exercise, shovelling or talking to have time to do cleansing of the body & repair broken cells, weak cells - a major benefit to health

**Sleep:** our brain requires more energy than any other parts of our body; when the mental chatter stops, there is a major cleanup that takes place: cleansing, preparing, cellular activity

**Water:** not medicine, but a whole food - not distilled water, need the trace elements and some bacterial elements

**Air:** a whole food, it is not just oxygen - we can live on air / prana

**Diet:** everyone has heard "Let thy food be thy medicine" - yet in America one of the leading causes of death is smoking [cardio vascular] and cancer: most people kill themselves greatly with food

- Wants us to exercise, rest, sleep, have good water, air, good diet - they are not medicine: do not depend on external entities for health

**True medicine:** the cell is the most comprehensible unit in our body; atoms are not fixed they are

constantly moving

- The cell can be cornered: an extra ordinary intelligent membrane - it is the intelligence of the cell, not the nucleus it stores the genetics of DNA and RNA

**What is quantum state medicine:** let thy food be thy fuel, and let thyself be the medicine.

What is the best gasoline for the human cell?

What is the best fuel for the human being?

Elephant - not much protein in what an elephant eats: BUT an elephant is a protein- making machine! Eats twigs and grass -

**Google ENERGY PYRAMID** - the traditional medical schools, even naturopathic docs don't discuss this base: plants are the only producers of energy - they get it from the sun, and the atomic energy from the soil has a knack for building the plant, and adding carbohydrates - to the carrot, for example

- energy comes from the sun: we can grab 25% of our energy - 20% from walking outside; 80% from food
- the other energy is the frequency of the elements - they come in as families and they are disassembled and brought to our liver and our organs and our blood - trace elements -
  - we gather this 80% from our breath - our breath brings this - we often forget to breathe for days at the time! Electro-magnetic energy comes from the breath!
- Anyone consuming plants gets the energy from the plant - as soon as we consume it, we lose about 90% of the energy
- the carnivore who eats a rabbit will lose another 90% - will be left with 10% of 10% - and the eagle who eats a fox who eats mice gets very little
- This is not partisan: he does eat meat a bit - he used to be more pure vegetarian but not so much now
- Eating carrots all day is not efficient - lots of sugar and carbohydrates - unbalanced diet
- the ability of food to release its energy so consumer will benefit
  - for creating energy at mitrochondrial level, we need chlorophyll "The shepherd of light"
  - he has been learning that part of the facilitation of the chlorophyll - between the 2 kinds of chlorophyll, there is beta carotene:
  - we need minerals and trace elements in a natural state + carbohydrates + facilitator particularly for the chlorophyll. Magnesium and a chain of antenna pigments which help the
- eating potatoes all day will make you die after a while
- Tiger will die if it only eats filet mignon with no bones or hair etc - kill him in 6 weeks
- Green foods with minerals and trace elements + colourful foods which help with the transfer - we need 1000s of minerals, different times of fatty acids - don't need that type of regimen: same # of vitamins each day
- within the realm of plants are micro algae, certain ones

**Contact info:** Bio Algae is what he speaks of : an efficient fuel

It is the most perfect complement to our food: primarily a brain food

[www.bioage.com](http://www.bioage.com)

[www.quantumleapwellness.com](http://www.quantumleapwellness.com)

[www.themagicisback.com](http://www.themagicisback.com)

He will be more available this year.

**Guest: Merelene Isaacs**

- More and more in our waking state, we are healing the duality - we will be more and more consciously integrated with the higher part of our selves and bring that energy down into our body temple.
- We will find a lot of hidden things and more and more of the big picture, and will be more in the flow
- Important to let go of the fear and so we will ascend higher and higher, yet also rooted and grounded

• The awakening is happening - lots of calls from people who are panicing

**MR:** people are calling her, too, feeling mixed and scattered energies - more chaotic, perhaps?

**MI:** we are so used to feeling that things are outside of ourselves - now we are becoming aware of things we have denied or repressed; it is important to know that the things we are perceiving are parts of our own being - don't think about it - when we do, we label things as bad or good for example and this stops us from integrating

**MI:** people last week said they were trying to get in and could not

**Caller1:** thinks what she said about chaos being the fragmentation of ourselves -

**MI:** out of chaos comes order - what is around us is a mirror - pieces of us, and pieces of the whole - we are presented daily and hourly with how to deal with this - we fell so far into the illusion of separation, we lived in fear and perceive them not to be part of ourselves - it is very real as we are totally in present time - it will only stop when you stop feeling separate

- spirit showed her a vision a huge dump truck of stuff for people - whatever we have been working on for lifetimes is all here, right now
- She also saw that we have received a great present - and it turns out to be a 1000 piece puzzle - it is my puzzle and I cannot blame or put off doing it
  - it's about co-creation with spirit right now that is truly about our highest good

**Caller:** it's like a pin ball machine as we get hit during the journey

**MI:** we are in spirit time - has been over whelming for people, as it is an activating energy

**Caller:** as St Germain: we are in the initial layers of 5<sup>th</sup> dimension

**MI:** this is a way of perceiving things; the whole universe is one big body of energy

**Caller:** What country would be in 5D now?

**MI:** does not know: she tries to go above the earth & the countries and think of us as part of the whole universe

**Caller:** happy to know there are such large pieces of the world reaching these levels

**MI:** It is about actualizing the energies.

**MR:** people have been calling about sleeping; also about having enough and getting bills paid

**Caller2:** one of her issues: she thinks a lot and comes up with ideas, and then feels stagnated

**MI:** thoughts are things, and mind is a builder, as Cayce said; when you get an idea, and have such a thought and then a negative feeling comes up - embrace that energy, and breathe into what it feels like

- We don't want to feel discomfort or pain and we will eat, drink, smoke, work or anything to avoid dealing with the cause: embrace the energy - **MI** thinks she has fear of success

**Caller:** is in her retirement age: she worked for 3 years, for the last year has done nothing

**MI:** we tend to push ourselves - you are ready, so don't put energy into being busy for the sake of business - you will be aware of where you want to put your energy - what you like and don't like

- Have you been doing movement, walking, stretching - put music on and dance: start connecting with your life in an organic way - get the creative energy going - you are really ready
- From July - October, she sees money coming in you'll be fine.

**MI:** thinks the last of what we are thinking of is coming up to be healed: lack, economy, houses

- we are in the last of things not being right; so many negative things have happened as people have seen things taken from them. Important to let go - don't limit how Spirit will bring prosperity -
- **LIMITED THINKING** is a big barrier at the moment: we get so focussed we do not see the possibilities in front of us - where is this limited thinking coming from?
- She is seeing things moving - there will be a huge flow between April and July with money flowing

**MR:** what is a "how to" at this time?

**MI:** look at how you view money and finances - it is not separate from you; it is about changing your consciousness and - maybe having, not having is a pattern: look at your family and your bloodlines and asks how is that affecting you - we are going out of our DNA and going into our higher levels - see yourselves as a magnet and release the limitation

**Caller3:** out of chaos comes order; how long do I have to put up with the chaos?

**MI:** we have co-created this - it is part of us; again, people have gotten used to suffering or being in chaos and how do we change this?

- We attract things that are familiar, rather than what is good for us; maybe you are ready to set boundaries: certain people, situations you don't want to be around any more - don't want those frequencies any more. The more balanced you become, the more you want the change.
- So ask yourself: how long have you been familiar with chaos? Don't blame yourself, just realize you can make changes - as you open to change, you will find you want to get rid of those chaotic energies - do the inner work and ask why am I here: what do I need to do?
- It is about the quality of the time you are spending with yourself - a couple of weeks, she will have a break through. Start disconnecting the negative umbilical cords

**CL:** she is meeting someone she met over the internet: halfway between where each of them live!

**MI:** feels like CL will have a couple of dreams before Wed; conscious dreams and you will see him at that level:

**CL:** they are connecting in the etheric - have set their intention to meet that way

**MR:** lots of projects underway: things moving rapidly

**MI:** people moving, taking new jobs; getting things done that they have been leaving - embrace it all and don't be afraid -

**MR:** people wanting something better, but afraid to leave what is familiar

**MI:** it is also grieving of and for the old consciousness and the old way of being - important to embrace it and acknowledge that the phoenix is rising from the ashes - the transmutation can be pretty intense

**Caller4:** calls to discuss the changes he has made by calling the person he spoke about 3-4 weeks ago

**MI:** could feel the change in his energy - they discuss next steps

**Caller5:** had a dream about an uncle she has not seen for years - under a pile of clothes

**MI:** how long has he been missing?

**Caller:** 2-3 years; the house she found him in was like the house she used to live in - no longer lives there

**MI:** another person whose house it was: had he ever been connected to that house?

**Caller:** no

**MI:** in the dream, did you feel like he had passed over or was he still alive?

**Caller:** she asked him where he had been and he mentioned something about being in a hospital

**MI:** in the next 8 weeks, something will happen

**Caller:** last seen in Indianapolis

**MI:** did he ever have anything to do with a cabin or a river: she feels like he is by a river or connected to the river - her sense that he has passed over, yet that he has been healed in some way - don't be afraid of it - there will be another dream and it won't be scary

**Caller:** a big river, rushing - two boys with crystal eyes and blonde hair - she sat beside them and talked, no fear

**MI:** the tone for cutting all umbilical cords in accordance with each one's highest good - if anyone is bound by toxic energy: we ask all the negative umbilical cords come forward

**Closing:** Cathy