

**INFORMATION REGARDING CALLS PRESENTED AND/OR SUPPORTED BY  
2013 RAINBOW ROUND TABLE**

**I TO ACCESS THE THREE WEEKLY CALLS via the Internet**

**A BBS RADIO** Go To [www.bbsradio.com](http://www.bbsradio.com) ; click on Talk Radio Station #2; click on "64K Listen"

**Thursday:** 9 pm – 12:00 pm EST *Stargate Round Table* **Host: Marietta Robert**

**Friday:** 9 pm – 2 am EST *Friday Night Hard News* **Hosts: T & R**

**Saturday:** 4:30 pm – 2 am EST *History of our Galactic World & NESARA* **Hosts: T & R**

**Friday, Saturday:** From **10 – 11 pm EST**, for one hour, the call moves to the Conference Call Line [PIN below] and then returns to BBS Radio.

- Use the following phone numbers to ask questions or make comments during the radio show.

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**B Conference Call:** 1-213 -342-3000

Thursday PIN #	87 87 87#
Friday PIN #	23 23 23#
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**C Skype:** **BBSradio2**

**D Archives for the 3 Programs listed above:**

- To access the **FREE BBS archives** for any of these programs:
  - Go to *BBSRadio.com*; scroll down; click on the name of the call you want to access & the information page will come up.
  - Underneath the picture of the galaxy and the lotus, you will see a blue box with the words **Program Archives**.
  - Click on that box to get to the listing of program archives.
  - You can download the program to your own computer or listen directly.

- The **website also has an archive section:**

<http://2013rainbowroundtable.ning.com/> look under the "Archives" tab for written notes.

**II TO ACCESS OTHER CALLS SUPPORTED BY 2013 Rainbow Roundtable**

**A Sunday, Mondays: 9 – 10:30 EST** *Cheryl Croci's Activation Calls*  
By telephone only: 1 – 213 - 342- 3000; PIN 9467441#

**B Tuesdays, 2<sup>nd</sup> & 4<sup>th</sup> of each month:** *Ashtar on the Road*  
**9:30 – 11:00 pm EST** Host is Fran; Susan Leland channels Ashtar & Mother Sekhmet  
[www.Ashtarontheroad.com](http://www.Ashtarontheroad.com)  

- Phone Number: 1 – 559 – 726 – 1300; PIN 163731#
- Call is free [except for long distance charges]
- Can also listen to the call via Skype

**C Wednesdays: 7:00 – 9:00 EST** *The Friends of The Aboriginal Moabite Nation Call*  
By telephone only: 1– 712-432-0900 PIN 666238#  
Replay # [good for 1 week] 1-712- 432-0990 PIN 666238#

**Host:** MariettaRobert

**Opening Meditation:** Angelsu

**Mayan Calendar:** Rainbird

**19<sup>th</sup> Sept Thurs – 11 CAUAC** – the blue storm + 11 + full moon /harvest moon

**20<sup>th</sup> Fri – 12 AHAU** - it's the sun, the end of this unial – we've gone through the first 20 days of Sept.  
12 is the crystal clear understanding, will be a good day including the cosmic consciousness  
12 is more evolved – there are 3 fours in there; a good tone to work with; stabilizing

**21<sup>st</sup> Sat – 13 IMIX** - Imix completes the wave of Maluc; it transcends into the next wave

**22<sup>nd</sup> Sun – 1 IK** the new wave is IK, listening to the voices of ancestors and spirit; also the autumnal equinox at 4:43 pm; 1 is the tone of that day which means it doubles its energy – **1 is unity consciousness**  
**It is also a portal day, as well as a double IK – powerful day**

**23<sup>rd</sup> Mon – 2 AKBAL** – Akbal is the night – looking into the unseen; 2 is in the polarity; it's an artist's energy and learning from the dream time

**24<sup>th</sup> Tues – 3 KAN** – KAN is the seed energy, self-determination

**25<sup>th</sup> Wed – 4 CHICCHAN** – Chicchan is the snake, 4 is about measure and stability

**26<sup>th</sup> Thurs – 5 CIMI** – cimi is the bridger of worlds; 5 is a pillar day

Today until the end of Sunday are powerful days!

**Hard News:**

**T:** now the Republicans want to shut the gov't down unless they can get what they want

- Obama was angry: just because you don't want to get what you want, you

**R: Sam Seder of Majority Report:** guests were Max Keiser and Richard Wollfe, the economist

- Jamie Dimon is going down like a rock
- Mr Adolf Ashcroft has not been formally charged for 9 /11
- Tom Delay's ruling has been over turned – now it will go to the highest court in the land

**T: Amy Goodman now on Public Television [PBS.org]** a good update every day!

**R:** Max and Sam brought up the question of why they want to shut the gov't down when Obamacare is already instituted – Obamacare works and is moving toward Universal Health Care

- We are watching the fall out at a rapid rate:
- Erron - the man who was killed on Monday - is a subject of MK Ultra program: they were using ELF waves and he probably ate something or drank something with a chip in it:
  - he was hand picked early – we were told his mother died when he was young and suddenly he has a mother? He was an amazing Buddhist – he got programmed along the way by playing violent video games
  - He had only been in DC for about 2 weeks: they had him programmed to do what he did in the Navy Yard, and **the other 2 were to kill the whole Obama family** – there was a whole team of galactics who protected Michelle, the girls and the grandmother! Tara describes two women on either side and behind Obama when he was speaking: they are galactics.

**Ed Schultz:** Jim McDermott and Bernie Sanders

- Jim talked of Boehner and his alcohol habit: he is a multi-millionaire and does not care about the people; has already committed treason by handing out cheques on the floor of Congress for the tobacco companies

- Bernie: Obamacare is the next step to Universal Health Care
- These are final seconds: as there is no solution to this, **Obama has said they will not shut down the gov't!**
  - With the equinox energies coming in & the full moon, send love to Goddess Columbia who works with Divine LM Victory, Hope and Beauty: they are real; they are 300 - 400 foot angels & radiate light from all their chakras.
- **Max** said that even RT is compromised: if he does not blame everything on Obama, he will be cut off – so when he talks about Obama, he means the Dark Lords of Sith

**Randi Rhodes** yesterday told the story of Star Wars through the eyes of Jamie Sands {?} who created the Medicine Cards; Princess Leah came through her

- the story of the Orion Wars is being played out to this day in the Middle East
- Iran has said they are not going to play with nukes – the nukes are dead anyway
- the others are playing brinkmanship games that are dangerous –
- what they are afraid: Ashtar and Sananda have the grid under control and they can turn it on when they wish to do so

**T:** a discussion about Syria going back to the time of Benghazi: McCain was arranging for the murder of the ambassador and arranging for Hillary to hijack Gaddafi's 400 tonnes of gold, he was also running guns to El Nisra

- There is proof that al Assad did not hurt his people with gas
- The US has some pretty dark characters everywhere: they took Mahar Arar from Canada even though he was a Canadian and took him to Syria for torture etc etc – Al Assad is a sidekick to what the US is doing – his brother is a real despot and murderer.
- It is the overlordship of the USA that is really at the core of all that is and has been going on
- John Kerry is having trouble not shape shifting back into his reptilian form: seeing his eyes – shape shifting live & flicking his tongue – they are all afraid because they don't want us to get our freedom

- The new Prime Minister of Iran and the Ayatollah, the Supreme Leader of Iran, are aligned. [The Iranians know who the **great satan is: the Israel Khazars** ]
  - Dr Rouhani and the Ayatollah gave identical speeches to the revolutionary guard. Both of them spoke about things that have never been discussed before like the role of the Revolutionary Guard
  - this means that the Great Satan and the US are powerless to go after Iran – already cancelled.
  - **THEY ALL KNOW THEIR NUKES DO NOT WORK – remember this!**
- The Republicans will not get what they want, as the Senate will stop it.
  - Bernie wants Boehner to get help for his alcohol problem and give the gavel back to Pelosi

**Sam Seder:** the folks called lawmakers are just a small facet of the reflection of the administration: if you are down and out, kick them while they are down. The so-called House cut food stamps even more

- With the equinox the energies are causing things to be hung out to dry.
- that is why on Monday there was a shooting; R backs Gabby Giffords: background checks; no need for such kind of arms

**T:** finally admitting in Japan that amny more leaks are happening; 400 gallons a day, every day, are coming out of Fukishima – think they can stop it by 2015

- will need the help of the Ashtar Command to do this.

- Keep people of Colorado in the Circle of Support: 2,000 sq miles involved  
Have 5500 fracking wells in CO, and nearly half of them in the water; lots of chemicals as well

**MR:** are we getting help from the other dimensions?

**R:** yes, the galactics ARE HELPING

**T:** as each one of us prays and meditates and raises our vibration, there is help

- As there is still non-intervention in a civilization's development, we have to ask.

- Those who only believe in 3D, it's pretty scary because that is where the brunt of

**R:** The separation of worlds; folks he speaks to are on the naqual side; the joyous, raucous is so loud!

- The folks who are least tuned in – still working for the man - have trouble

**T:** This is why John Kerry is having trouble; the lizards can eat the radiation and love it. They also thrive on our fear.

**R:** the energies are rising by the nano second and so they have trouble keeping their shape

**T:** There are 2 trillion gallons of methane gas under the ice cap in Antarctica; the entire ice cap will be gone by late 2015, 2016 – with out help, the planet will go extinct – mass extinction

- the Permian mass extinction was caused by the same thing

**R:** we will get help!

**T:** this is not time to throw in the towel

**MR:** the Monsanto Protection Act is coming up tomorrow – time to call

**R: Obama will veto it**

**T: YET STILL CALL UP YOUR PEOPLE – KEEP THE PRESSURE ON.**

- This is more insidious: letting monsanto affect our food.

**T:** Carolyn Kennedy looks like being the Ambassador to Japan, yet she will support Trans Pacific Partnership!

- Which goons showed up in her bedroom?

**Thom Hartmann:** someone called in – how about Elizabeth Warren for pres, and Alan Greyson for VP?

- A Fantastic idea!
- E. Warren has talked so much about getting these ones arrested: she has the power to do it.

**Guest: Lloyd Mear**

- One main thing he is dealing with is people whose blood has taken on an immature status
  - Chromosome 21, 22, and 23 go out of function
  - The blood production becomes immature; immature blood cells cannot provide enough oxygen to supply the body's needs and people get fatigued – this is a prelude to leukemia
  - lymphocytes need to be brought to normal & chromosomes 21, 22, 23 brought up, then the blood returned to normal
- Not always the end of it: finding out what causes this and how to handle it is the question
- Very common - people from England, New Zealand – could be that the gamma rays of the sun has increased the amount of gamma globin – he measures it regularly: sometimes high, sometimes low.
- MS is showing up a lot: consistent pain needs to be checked as it won't necessarily be picked up the the medical profession: **he can pick it up very early on.**
- A theory he is working with: the human body may well be made up of 1.2 million frequencies
  - seems a frequency can flip, end for end – so have to look at a person's condition, ask for the
  - people who do not have the condition have the number in the opposite order to the sequence that energy supporting that condition, and when you read the number backwards, you change the number back to what it should be – could be revolutionary – has to do more testing
  - could be what's going on with drug addictions – an addictive framework could make the frequency flip
- He will be speaking at a health fair in Detroit, MI on Oct 13<sup>th</sup> speaking at Cobalt Hall

**Caller1:** asking about numbers that bring on prosperity

**LM:** there are numbers that prosperous people have; need to repeat the numbers – could help tells the story of a group of women in an investment club; using the numbers helped them

**LM:** gives detail about the services he offers

**MR:** asks him about chemtrails – could be affecting people because of the chemicals put on the land

**LM:** has not been able to identify effects from chemtrails, though he does not deny what people say about this.

**LM:** trying to develop numbers to neutralize the effects of GMOs – certainly there are lots of negative effects

**MR:** there is something called a false protein that the body does not know what to do with it; affects the animals the same way. Once people get off the foods, they get better

- The Food Plague by Dr. Arden Andersen – a soil scientist and a medical doctor: documents what happens to people, how GMOs affect the soil and the body

[SEE BELOW]

**LM:** some merit in being concerned; deals with it when he comes across it

- may not be possible to reverse it, may just have to learn how to live with it

**MR:** the author says it can be reversed but people have not decided to do anything about the issue

**T:** says where she lives; has many friends in the flooding in CO: 17,000 fracking wells and the chemicals have leaked into the waterways – a 2,000 sq miles area; the crops in the flatlands to the east have failed

- one of the nuclear plants leaked plutonium into the water as well
- these guys are playing with the Space Station Technology: all along I 40 in NM, there are sinkholes – a man got too close, fell in and died
  - 94 sink holes in Florida
  - Big sinkhole areas in Louisiana

**LM:** the earth is changing and will continue to; sometimes wonders if it's not about make work projects!

**T:** there is systemic corruption that needs clearing up: are there planetary numbers one could use?

**LM:** it is not so simply defined: what number are you looking for? What is the cure you want - when you come down to specifics, that's the difficulty – though there is room for improvement!!!

**T:** when you put 75,000 fracking wells under ground, and put all the pipelines in; and look at the aquifer that is supposed to provide water for the entire west -

**LM:** you cannot create water, you cannot destroy water – it can be altered to where you don't have the quality you are looking for – nano water is what comes from lakes and streams. As we put the water under pressure to deliver to the house, we create a particle is much larger than what nature intended.

**T:** “they” is the corporations looking for the profit they can make out of fracking

**LM:** does not want to be an alarmist

- Discussion of world population: size, how to feed; etc etc – an organization called Grow Better Food

**LM:** one of future projects will be to go to Africa and show them how to energize water

- Leave 20% in the tank and refill the 80%
- has found out he can energize to neutralize the larvae: now has to develop that number

**T:** asks him what he is doing about passing on the information he has gained

**LM:** has a group that is medically trained that he is working with

- In the 17 years he has been involved, he has seen people recognize this is all about energy – maybe not understand it, but know it works.
- People are all about frequency: 8 will be found in nurses, seldom found in doctors who are more procedural – nurses have a better understanding of the energies and the care required to deal with people.

- Tells us how to deal with medications in such a way that we avoid the chemicals in them:

(1) If you have a medication & it does not sit well with you or you do not want to take a chance on it, put some of the capsules {6} in a sandwich bag in a pocket on the left hand side of your body and use the energy only, without the chemicals!!! Then throw them out after 3, 4 5 days and use new tablets

(2) Take a medication and tape it to the side of a bottle, glass or plastic; the medication energizes the water in the bottle, then by having a 108 frequency developed in your own body [by repeating the number] , you become a transmitter of energy. after 8 hours, you put your right hand on the bottle and say “ Raise and stabilize the potential to 100, 000” . Then you can put the bottle on your left hand side – and every now and then you have to re-charge the water by repeating “ Raise and stabilize the potential to 100, 000”

T: doing it on the left side as it is the receive side; recharging with the right side which is the giver side

LM: a friend with a kidney stone problem: has the water charged to 300,000 – it is the number for morphine that is in the water and so there are no addictions involved! This helped relieve the pain greatly.

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Contact info: 760 – 362-4679

MANY THANKS to Lloyd.

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MR: thanks to all who have helped with the costs of the call, especially to the new people

CL: she's listening! Glad to learn that Lloyd is working in other venues

T: More fun to hear about the full moon!

Reading: Equinox Portal 2013 – Full Harvest Moon & autumn Equinox – Setp 18-22, 2013 [SEE BELOW]

Caller: discussion of meaning of numbers, colours, etc

T: Bill McGibbon has written a new book: [Oil and Honeybees](#)

Caller: when Lloyd was talking about the fracking, waters in Colorado are permanently affected

- people that connect to the earth: Mother Gaia will give them an antidote to the pollutions
- People need to work as a group -

T: this is the age of World Group Service – what she says is right on.

T: notes from a radio show today

/Barbara Ehrenreich was on with David Barsamion who teaches at U of California in San Diego

- talked about time for a debt jubilee
- Does anyone remember Jet 99? That was real – Bush Sr hired Ted gunderson to get rid of
- Debt Jubilee and NESARA - all the ingredients are here: **this is not the time to call it a day!**
- Then they said that Erron Alexis was set up by a set of rogue agents inside the navy who hate Obama
  - he joined the army, hoping to go Afghanistan – grew up in the Bronx, from the age of 10 – 17, he got crack from his mother who then died of an over dose
  - Then Erron helped out during 9/11 – got a general discharge when he was 22 they had started to program him; his senior authorities did not nice things to him –
  - Got a general discharge is not honorable or dishonorable – when he got home, they kept him from sleeping and got him into violent video games
  - he became a buddhist to counter indicate what was happening to him; worked at a Thai Restaurant and spoke fluent Thai
  - **The other 2 shooters were stopped from murdering the Obama family by the galactics**
- **Rama had Mr X corroborate** what was said on the radio program – yesterday!
- Today, BO is giving these guys – he was so resolute, with just anger – something very powerful is happening here – there is an energy he carries that is bigger than anyone who has had this office have ever shown.
  - His outer aura goes 90 miles in every direction – from the lady who reads auras. This dimensional chess is quite a game!
- We did not come here to lose everything; we came to dance with Tita Lacoria

Closing: Rainbird

## PRINTED INFORMATION RELATED TO THE NOTES ABOVE

<http://cabecahealth.com/food-plague-could-our-daily-bread-be-our-most-deadly-exposure/>

### **Food Plague: Could our daily bread be our most deadly exposure?**

At the Age Management Conference, I had the opportunity to meet Dr. Arden Andersen, D.O. who is an expert on the impact of genetically modified foods and their impact on our food chain and our health. Below is an excerpt from his recent report titled "The Food Plague". This report is a serious eye opener about how GMO's are increasing our toxic exposure and causing significant damage to our health, vitality and longevity.

"Ladies and gentlemen, genetically modified foods are the Food Plague. This is not a debate about philosophy, political correctness, human economic and technological progress. This is a crisis about toxic food of the worse kind, that this toxic "Frankenfood" will induce permanent internal inflammation, that this infective "Frankenfood" induces permanent antigen production via horizontal gene transfer to our gut bacteria.

"Modern agriculture" produces more calories per capita today than ever in history and those calories have translated into the epidemic of cardiovascular disease, obesity and diabetes seen worldwide. Chronic disease (cardiovascular disease, obesity and diabetes) have now surpassed infective disease as the leading cause of death in developing countries. These calories are empty calories. Analysis of USDA nutrient testing of foods comparing 1941 data to 1991 show anywhere from a 15 to 76 percent decline in food nutrient value. British Ministry of Agriculture studies show the similar nutrient decline.

GMO crops are toxic in and of themselves aside from the increased use of glyphosate or any other chemical weapons. Science is our guide and science has proven over and over that GMO crops are toxic to mammals. The first, yet unintentional human trial of GMO materials occurred in 1987 with l-45 tryptophan. 37 plus deaths and over 1500 cases of EMS were documented. Every affected person consumed only the genetically engineered l-tryptophan.

Like x-ray exposure, GMO foods seem harmless at first exposure, but its deadly consequences become apparent as time passes. Like x-radiation, infertility is one of those consequences for subsequent generations. We can ill afford to continue this massive human experiment.

#### **What can you do?**

- Each and every consumer can act by voting at the grocery store.
- Avoid purchasing GMO foods like the plague they truly are.
- Demand your grocers obtain only labeled food products, purchase only non-GMO grains for your animals.
- Write to your legislators and demand they enact mandatory labeling laws.
- Become informed; look up the references listed throughout this article. (Click here to see the full article/report). Note that most of these authors are USDA, USDA-ARS and Land Grant University researchers or 46 medical researchers publishing in peer reviewed scientific journals.
- Write to your local state politicians, Outman and Emmons, and ask them why they are either uninformed or deliberately ignoring the plethora of scientific literature in this matter.

May 19, 2009 the American Academy of Environmental Medicine (AAEM) issued the following statement: “Avoid GM (genetically modified) foods when possible... Several animal studies indicate serious health risks associated with GM food... There is more than a casual association between GM foods and adverse health effects. There is causation...The strength of association and consistency between GM foods and disease is confirmed in several animal studies.”

***I encourage you to inform yourself and to eliminate all “franken food” from your diet. To read Dr. Andersen’s full report, [click here.](#)***

2013, Sept 13    **EQUINOX PORTAL 2013~ FULL HARVEST MOON & AUTUMN EQUINOX - Sept. 18 - 22, 2013**

~ Carol Ann Ciocco, Astrologer

[www.threemoocean.com](http://www.threemoocean.com)

"The leaves fall patiently / Nothing remembers or grieves /  
The river takes to the sea / The yellow drift of leaves." - Sara Teasdale

### **EQUINOX PORTAL 2013**

September 13, 2013

Hi Everyone, I hope you are well. I would like to share here some thoughts about an energetic portal coming up, from September 18 - September 22, 2013, which includes the Full Harvest Moon (on Sept 19) and the Autumn Equinox (on Sept 22). (It is the Spring Equinox down under). The primary energies at this time are about balance, as both Autumn and Spring Equinoxes are moments of perfect electromagnetic balance on earth.

In addition, the day before the Harvest Moon we also have a key astrological event: Saturn conjunct the North Node (and Venus) in Scorpio on Sept 18. This alignment is in keeping with the themes of harvest and balance, and offers an opportunity for clearing our balance sheet and coming into a more real expression of our most progressive path in this lifetime...

Blessings!  
Carol

### **SEPT 18, INITIATION**

"Initiation is a kind of registration. The main thing is how sincere, serious, dedicated and honest you are." - Subhag Swami

"Tell me, what is it you plan to do with your one wild and precious life?" - Mary Oliver

"The only way to be/do greater is to love what you do. If you haven't found it yet, keep looking." - Steve Jobs

"Make it work." - Tim Gunn

**Important News:** Saturn and the North Node are meeting up in the skies (at 9 degrees of Scorpio) on September 18, 2013. This is a rare occurrence. First, the players:

Saturn is known as the Lord of Karma; but more importantly, Saturn is the Great Initiator. These two things are related. Karma can be seen as Opportunity - an opportunity to shift beyond previous limitations and long-held patterns that aren't supporting our highest good. So, Saturn's energy represents an opportunity for initiation into a higher level of consciousness - but only after we have paid our dues and cleared the decks of past debts, both energetic and material. Saturn stands at the threshold and holds us accountable, checking the balance sheet before we can pass through the ring-pass-not to a higher vibrational rate.

The North Node is a point in the sky that is related to the intersection of earth/moon orbits. For centuries the North and South Nodes have been associated with destiny, the timeline of past and future. The South Node is the past. It represents past lives and past experiences in this life. During our lifetime we are moving along the axis of this nodal line - away from the South Node toward the North Node (which is opposite on the wheel). The North Node is the future, our destiny, and the most progressive path for our spiritual growth.

The rarity of a cycle always adds to its importance: Saturn and the North Node are conjunct in this area of the sky only about every 148 years (but not always in the sign of Scorpio). Take a look at the unusual quality of Saturn conjunct North Node in Scorpio:

"Saturn has a 29-year orbit and the Nodes have a 19-year orbit. This means these two coming together in Scorpio is a rare event. About every 148 years or so, Saturn and the North Node do come back to being near the same seasonal cycles. For example, in 1865 about 148 years ago, Saturn and the North Node did NOT meet in Scorpio, though they did meet at the last degrees of Libra almost in Scorpio.

The same is true for 1717 when they came together in Libra but missed connecting in Scorpio. In 1603 Saturn and the North Node were both in Scorpio but their exact conjunction occurred in early Sagittarius. If we go all the way back to 1454 on November 29 both Saturn and the North Node were at 18 Scorpio - 559 years ago. Looking forward we only have to wait 148 years for Saturn and the North Node to again join in Scorpio on the 5th of November 2161 at 24 Scorpio." - Cayelin Castell, [celestialtimings.com](http://celestialtimings.com)

Because this wonderful Opportunity happens to fall on the day before the Full Harvest Moon, and just four days before the Autumn Equinox, we can see how these several days in September become a portal of great potential. The Harvest Moon begins our reaping of what we have sown since the Spring - the seeds, i.e. projects and personal changes, that we planted at that time. The Autumn Equinox is a time of balance, bringing the accounts to balance and sorting out what we will be wheat and what will be chafe.

One definition of karma is: what you sow, you shall reap (from the Bible). Combined with the North Node, the message is: your progressive path awaits, but you must deal with 'your stuff' before you cross the threshold of this doorway.

It is as if the past 30 (or 148?) years of your life have been carved into a stone tablet. That tablet must be broken to pieces, a new stone taken out, polished and written on: with an updated mission statement. Free and clear of past burdens (drop the rock) you can then move more easily into the future. New structures will then be built for the next epochal chapter of your life.

In the sign of Scorpio, great intensity is added. Scorpio needs to be passionately and intensely ALIVE. So this new script we are writing now can't be hum-drum. It must be something that fills us with desire, passion and a deep feeling that "hey this is what I came here to do!" Here we are being initiated into the most passionate and fully alive expression of our destiny. Ask yourself - what would it take for me to live my most alive, exciting and passionate life possible. This can be made real, beginning now.

In addition, Venus is also near Saturn and North Node - by less than two degrees. This only adds to the passion and depth of this singular moment.

**NOTE:** this process doesn't have to take place in a single day! With Saturn cycles, you have at least a year to mold them. Saturn moves slowly in its process and then after a year or two what you have created gets 'written into stone' and becomes a firm foundation/structure upon which you will build.

So just pay attention to what is happening in your life this month. And at your Harvest Moon/Equinox celebrations, come into awareness of what your passion is, and allow Saturnian energy to help you make it real.

## **SEPT 19: FULL HARVEST MOON**

Each fall the trees "sacrifice" their leaves. They let them fall to the ground to be recycled. Trees benefit

greatly from this "sacrifice." - @Share\_This

The Full Harvest Moon occurs on Thursday September 19, 2013 at 7:13am EDT at 27 degrees Virgo/Pisces. The Full Harvest Moon is a sight to behold and it's shimmering light brings grace and holiness.

Last year at the December Winter Solstice the process leading to harvest began: within the darkness of the womb of creation we gestated unformed intent - dreaming of the upcoming growing season. At the Spring Equinox in March we decided what seeds we wanted to plant and planted them in fresh soil. Now, nine months later in September, we gather our harvest.

From this point on, we rush to the dieing, to the point of Winter Solstice No-Light which will be the womb of a higher octave of creation at the next Spring Equinox.

Our ancestors were often frantic in their efforts to bring in the harvest before winter arrived. Without electric lights as we have, the Harvest Moon was the one night during peak harvest when the fields were lit up as if it was daytime. The people labored joyously and with celebration to store up their rich reaping for winter.

The racial memory of this time of preparation gives fall a bittersweet quality. If we are tuning in we might even sense our own mortality. Many people have an unconscious fear of winter, and dread the darkness of the short days. So as we frolic in the fall, the exquisite beauty of the dieing leaves reminds us that fierce beauty lives alongside soft, sweet endings. And that the circle continues.

Each autumn, we witness "a swan song of unparalleled brilliance and beauty, a last hurrah before the world falls asleep and gathers its energies for the year to come. Across the years, we join hands and nod to each other in greeting, ancestors and moderns moving to shared and timeless rhythms in the great dance of time." - Catherine Kerr

Every Full Moon brings something to full Illumination. It lights up the night of our consciousness so we can see things more clearly. As the seasons turn, Dance in the Light!

## **SEPT 22: AUTUMNAL EQUINOX**

You're what the autumn knew would happen / after the last collapse / of primary colour / once the last absolutes were torn to pieces / you could begin. // How you broke open, what sheathed you / until this moment / you amaze me / now that I watch you / starting to give yourself / away to the wind. - Adrienne Rich

The Autumn Equinox occurs on Sunday September 22 at 4:44pm EDT (isn't that a great number!) The Equinoxes - both Spring and Autumn - are the seasonal time of balance and harmony when the days and nights are equal in length.

The Equinoxes are a doorway or opening of the magnetic field of Earth. Twice each year, at the Equinoxes, the Sun rises and sets exactly over the equator, tracking exactly due East and due West, no matter where you are on earth.

The Equinox Solar Effect produces a reduction in the magnetic field of the Earth, providing easier access to other dimensions, beginning around 24 hours before, and ending around 24 hours after the exact Equinox point.

It is as if the thick veils between earth and dimensions beyond the physical become their thinnest, and a Threshold forms. It is a Magnetic Threshold, charged and pulsing with energy as the walls of density

collapse.

Sacred sites such as Chaco Canyon in the American Southwest and the Mayan temple complex at Chichen Itza are examples of ancient sites that were built specifically to capture the light at the time of the Equinox. The ancients had clear knowing of the importance of this bi-annual collapse in the magnetic field of earth. A time to collapse our own conscious boundaries and listen for messages - or send messages of our own through the opening.

Equinoxes are a powerful time for doing ceremonial activations at sacred sites or anywhere you happen to be.

The theme for the Equinox is BALANCE, in every sense of the word. The Spring Equinox is about balance as well, but it is different in tone from the Fall Equinox.

In the Spring we are heady with the vibrant life-force energy - dormant for months - now pulsing from the earth. We seek balance in how we plant our seeds, how we visualize our game plan to make hay while the sun shines in the spring and summer.

At the Autumn Equinox, we seek the balance of discernment as we look back on how the seeds we planted at the Spring Equinox have grown. Have they produced fruit? Was the full bloom what we intended? What do we need to tweak in our process for next year's planting season? We may need to abandon certain projects, realizing that they died on the vine or perhaps the fruit is bitter. Perhaps we have changed so much since the spring (which, I am certain we all have) that our perfectly blossomed flowers and delicious fruit are no longer what we truly desire.

In addition, this Autumn Equinox has special energies on a galactic level:

"The Zero Libra point marking the Autumnal Equinox is currently aligned with the North Galactic Pole. The North Galactic Pole lies 90 degrees north of the Galactic Plane in the constellation of Coma Berenices. Astronomers consider this region of the sky to be one of the best for studying other galaxies, because the conditions here are favorable for seeing beyond our galaxy. When the Solar Gates (in this case Equinoxes) align with the galactic poles, an intergalactic doorway is opened. This Timing allows for easier access to the intergalactic energy codes coming in through this doorway via the Sun. We can maximize this Timing by choosing to anchor the incoming energy codes of love and light that are intended to assist us and the Earth in the ascension process." - Cayelin Castell

This is a powerful awareness to bring into your Equinox celebrations. Enjoy!

"By saying grace, we release the Divine sparks in our food."  
- Rabbi Herschel