

HARD NEWS:

Camp Loveway: Guest was Starman who lives in the mtns somewhere on 1-2 acres; he has met the Tall Whites, beings from Andromeda. Was on CL a couple of weeks ago and told of his near death experience – was taken by them to the Anterres Midway Station and was revived.

- He is on the run from DARPA – they do things that are out of the sci – fi channel; told some stories of what they are planning in their “near future:: creating trans-humans – transferring human thought processes into perfect android bodies that never get old: an Old World Order agenda to have a perfect Ayrian society, a term that is synonymous with Ron / Rand Paul which is their agenda
- Spoke of what he saw working out at DARPA – goes along with stories discussed on Project Camelot about super soldiers for example – yet cannot infuse love into a soul matrix or create love to go in these entities; they are playing with this stuff and it is insidious
- Starman said he is like Snowden but less known; has all kinds of information he can dump but he is here to help the planet heal; the Tall Whites are here to help as are all the others. They are intervening on many different levels; they will be invited to the White House sometime soon.
There is more and more coming out about the star people and their role in our lives.
- Those in DARPA are creating their final demise and cooking in their own juices at the moment – more and more fiascoes about fake terrorist attacks
- This week, Julian Assange said that it was 78,000+ that were killed on 9/11 [on the Ed Schultz show] & why has no one gone to jail for 9/11?
 - So many pieces to this – Bush Jr is his cousin – we can send them only love; the only way to do this T – if Bush Jr is your cousin, then JFK Sr is your uncle!!!
- Teran was having an experience in his back yard – some 12' tall fairies showed up in their garden and said their corn needed talking to as it was fading; the family and the fairies gathered round and talked to the fairies and in 6 hours they revived!
These are the moments when we are being showed something about ourselves
- Starman said that even though they know where everyone is due to the soul signature, he is not worried – what is happening is ascension and it is happening to and for everyone.
- Teran wanted to be a baseball player when he was growing up; woke up in 1968 & took a different path
- The only way R can talk of the hard news is with love: the Justice League is coming into physical manifestation, along with the League of Doom which is running around – not one person has gone to jail so far for doing 9/11, Fanny & Freddie, Liebor, Goldman Sachs and all the other crimes that have happened since 9/11 and before that.
 - Legion of Doom has already failed – they hold no candle compared to the light; they are running as fast as they can from Mother who is patiently waiting and saying there is no more time; the separation of worlds is happening; deal with it!
 - As we rise to the occasion, each moment is a new beginning of love and infinite joy. The old story that is unravelling at the moment – the hell on earth like Aleppo and all the places he goes to in his night work. Speaks of a car bomb that went off in Baghdad – 52 + people died. Let there be peace, and let it begin with me.
- Teran became an astrologer to put out the word. Could have been rich, but chose the mission.

T: Have a good month to do the work – whatever we do, make it joyful

- References a piece by Michael King – there are chemicals that trigger joy – we are the ones who create our own attitudes - we can't navigate when we are a basket of drive! Need to stay steady in ourselves & keep our eye on the prize.
- They play a piece of music as this is a celebratory time, whatever it looks like!

T: Discussion about the sun –

- everything comes from the sun, the Great Central Sun, Alcyone, all seeing eye of the One, Mother Sekmet's twin flame
- our sun Sol takes energy from the sun behind the sun, Helios & Vesta, the door of Das in the Tree of Life
- Behind H & V , the sun behind the sun, is Alcyone, the Great Central Sun at the centre of our Milky Way Galaxy
- The sun, Alcyone, is a portal and when you go through it, you go into the galaxy of Andromeda which

is opposite ours;

- This is where Obama comes from, and he has been there in the physical in this body, in this lifetime!
- Obama can give opinions: said he does not consider Snowden a whistleblower – when he is saying that he is saying that we have yet to prove there are criminals running round in the NSA – innocent until proven guilty
- It appears that Ms Yellin and Mr Sommers are being considered for being head of Federal Reserve in lieu of Bernanke stepping down on Sept 1 as a result of the Apostolic Letter of Francis – innocent until proven guilty! We must learn to remain neutral! The football fields of evidence are in – yet HOW we get there is the point!

Reading: The Nazarene way of Essenic Studies - the Beatitudes of Christ and the origins of Christ's teachings. **[SEE BELOW]**

Audio: Amy Goodman – Democracy Now **[SEE BELOW]**
2013, Aug 9 Son of Victim in Sikh Temple Attack Unites with Former White Supremacist to Fight Violence and Hate

R: Pardeep's father worked with Dr Steven Greer on the Sirius Project [the video]
More than shooter at the Sikh temple – it was Black Ops once again

Audio: Amy Goodman – Democracy Now **[SEE BELOW]**
2013, Aug 9 Onondaga Leader Oren Lyons, Pete Seeger on International Day of the World's Indigenous Peoples

Audio: Amy Goodman – Democracy Now **[SEE BELOW]**
2013, Aug 9 Pete Seeger Remembers His Late Wife Toshi, Sings Civil Rights Anthem "We Shall Overcome"

Audio: Democracy Now - post commentary with Oren Lyons and Pete Seeger **[NO TRANSCRIPT]**
2013, Aug 9

Audio: Melissa Harris Perry – August 10, 2103
▪ **Discussion about the Washington Post** – Amy Goodman is on the panel.
▪ **Background to the March on Washington** – interview with Dick Gregory

2013, Aug 9 The Syllabus: What you need to know for the August 10 'MHP' by Sarah Bernstein

While it's not a full on return to the [Cold War](#), in the [sweltering hot days of August](#), it sure is getting chilly between the United States and Russia.

On Saturday's *Melissa Harris-Perry*, our panel of experts on U.S.-Russian relations will deconstruct President Obama's Friday afternoon press conference remarks about increasing tensions with the country led by Vladimir Putin. These tensions could be because Russia has consistently supported the Syrian government, or because Russia has granted asylum to NSA leaker Edward Snowden. In the wake of these strains, the White House announced Wednesday that [President Obama was canceling his meeting with Putin](#), scheduled to be held next month ahead of the G-20 economic summit.

Putin's stance on homosexuality has also become a prominent issue, as he recently [signed a bill](#) that bans any public demonstrations that promote equality for LGBT people in Russia. With the upcoming 2014 Winter Olympics being hosted by Sochi, Russia, some are calling for the games to be [boycotted](#) or for [the location of the games to be moved](#) altogether—although the president himself took a stance Friday against such a boycott.

We'll then turn a critical eye inward and look at all the fuss over the media this week. From actor [Wil Wheaton's outrage](#) about a "mockumentary" leading off the Discovery Channel's ever-popular Shark Week to what prompted Republican National Committee chairman Reince Priebus to [write letters](#) to both CNN and NBC Entertainment to the sale of [the Washington Post](#). Host Melissa Harris-Perry will sit down with NYU journalism professor Farai Chideya, BuzzFeed foreign editor Miriam Elder, Democracy Now! host and executive producer Amy Goodman, and NPR media correspondent David Folkenflik to discuss the effect the media has on the public's perception.

Also, join us as we preview the upcoming [50th anniversary](#) of the March on Washington, and revisit the true legacy and decades of struggle that led up to that amazing August day in 1963.

Be sure to read what we've linked above, and watch *Melissa Harris-Perry Saturday* at 10 a.m. EST on MSNBC! Also, don't forget to join us on [Facebook](#) and [Twitter](#) with the hashtag [#nerdland](#).

Audio: Breaking the Set – more info on 9/11

2013, Aug 9 Conspiracy to Tell the Truth | Interview with Lance deHaven-Smith

http://www.youtube.com/watch?v=bm3Z-cKRMN4&feature=c4-overview-vl&list=PLI46g-I12_9pbIc7FuM0hfUacz-b-jSok7

Abby Martin talks to Lance deHaven-Smith, Florida State University professor and author of 'Conspiracy Theory in America', about some of the US' most controversial events and how labeling truth-seekers as 'conspiracy theorists' damages democracy.

Audio: about Quantitative Easing; gold; why the current financial situation will not improve

Dr. Paul Craig Roberts - Former US Treasury Official, Co-Founder of Reaganomics, Economist & Acclaimed Author - Dr. Paul Craig Roberts is an American economist, a columnist and recent author of "The Failure Of Laissez Faire Capitalism". He served as an Assistant Secretary of the Treasury in the Reagan Administration earning fame as a co-founder of Reaganomics. He is a former editor and columnist for the Wall Street Journal, Business Week, and Scripps Howard News Service who has testified before congressional committees on 30 occasions on issues of economic policy. Dr. Roberts has written extensively that during the 21st century the Bush and Obama administrations have destroyed the US Constitution's protections of Americans' civil liberties and has been a critic of both Democratic and Republican administrations.

Reading: T reads Barack Obama's comments on Aug 10th re the death of Trayvon Martin – be certain that in each community we are doing all we can to widen the circle of compassion and understanding in our own community, to stem the tide of gun violence that claims too many lives, to consider how we can prevent future tragedies – this is a job for all citizens.

Music

Astrology: Richard

Moon is in Libra – will be exactly opposite Uranus soon – so it makes a Cardinal Cross [4 squares and 2 oppositions] – it energizes the uncomfortable T-square and makes it more intense and moodier – means easier to push people's buttons & lash out in revolt!

- Moon will square Pluto and then Jupiter and will be opposite Uranus
 - the Grand Water Trine and the Kite are still in formation, but a bit weakened because Jupiter has moved away a bit, but still there – both are tied together through Pluto
 - The Cardinal Cross is still anchored on Pluto – makes things more intense
- also have Mercury square Saturn – adds to the mental challenges as to how we think about and react to our experiences

Mon: no exact aspects; meteor shower from the Persiads

- Monday pm: 2 full days of a Scorpio Moon – will conjunct Saturn and square Mercury, sextile Pluto

Tuesday: starts with Scorpio Lunar energy

Wed: moon trines Mars and squares the sun at 7 am

Thurs: moon is in Sag & Friday morning; will create a fire trine Thurs pm – trines Uranus, Mercury

Fri: Venus goes into Libra in am – in about 10 days, after the full moon, Venus will be opposite Uranus

Sat: Venus square Pluto, moon conjuncts

- Full moon on the 20th in Aquarius – at 7:45 MDT – this is also an Aquarian moon like the first one in Aug

Sun goes into Virgo on 22nd - then will have the double merkaba in the sky on the 25th when moon gets back in Taurus.

26th – Women's Equality Day

28th – March to Washington in honour of MLK's March on Washington [relates this to M H-P's interview with Dick Gregory']

Richard plays **Pele report from Mr Tom** – said some good things about this current energy
August 7th Pele Report from James Gilliland's Trout Lake Centre, the ECETI Ranch

- new moon in Leo until it goes into Virgo on Sat; Scorpio on Mon; sag on Wed – moving away from sun
- Mercury goes into Leo on 8th: have Jupiter opposite Pluto
- Intense and crazy times - time of breaking free and getting in touch with Cancer – Leo and Cancer deal with personal – not to conform; we are coming out of Cancer when we were feeling and getting in touch with the non-conforming part of us – now time to share

- the sun is at 15* between the Cardinal, fixed signs – a mid point in the cycle – it's moving on
- Now Venus moving through Virgo – Mercury square Saturn is the main point – about facing confrontation, criticism, powerful people who do not like what you are expressing – time to work with not everyone will like what you have to share – coming into the place of seeing ourselves through the eyes of other

- We are social creatures – not going to the ashrams any more – have to learn how to get along, how to live – we need the mirror to see ourselves, no longer can we sit under a tree – the paradigms are changing – the new way of being we have to learn to share -
 - Mercury left brain, Saturn Sirius need to have serious conversations

- Saturn in Scorpio wants maturity, objectivity: our personal unconscious is moving into our conscious -

His Mantra:

As I speak my truth,
I must be prepared for others to feel, react and share
If I can get over feeling threatened or scared,
I will learn the lessons life has for me there.

- Self Knowledge, self-awareness – we are using each other to evolve; using all the experiences to grow in self-awareness and self-knowledge: as we breathe deeply, don't react & listen, we can make our relationships and bonds deeper & develop and grow.
- The outcome of unpleasant meetings and confrontations can be extremely positive results if we don't cringe, run, hide or fight but sit in the Council of Elders and work it out

Aug 15, 16: James Twyman - in Syria with Children of the Sun; will be in Egypt on 18 17

Aug 15: Ascension of LM Mary

Aug 16, 17: Harmonic Convergence

Aug 18: **we enter 2015!!!!** to take on the multi dimensional layers of ourselves!

In sum: let the other person share; stand your ground in a good way

T: Played Democracy Now from Aug 5 on Friday night – Greenwald spoke out against all the odds
Reads a bit from an astrology report: this is the month that people will speak out – don't get your feelings hurt – consider what you hear with visionary thinking and creative problem solving

Ri: if you find your feelings getting hurt, it often indicates a button has been triggered from somewhere from your past history – take a moment and think about when someone else treated you the same way and you stuffed it – this season, we get our buttons pushed is a good thing as it gives us chance to find the original cause behind the current upset – we can behave like an Elder

T: continues reading – feels like let's dance, the summer of love all over again

The New Moon August 6 2013 is at 14° Leo and aligned with the fixed star [Dubhe](#) in the Great bear, while the general energy of Leo decan 2 is primal, spontaneous and uncensored. This month people will be unusually “*mouthy*”, outspoken, fearless in their reasoning and dive into debates with gusto. We should get interesting discussions in forums and intellectual groups, so this is a good time to partake in any form of brainstorming.

Bernadette Brady says the constellation Ursa Major gives “*Insight, persistence, endurance and passive strength....It is the strength of patience, and the use of time to calmly solve problems rather than to take dynamic action*” [1]. The Moon trine Uranus will ensure innovation and visionary thinking when these groups get together, and there should be some unexpected solutions to problematic issues that have been bothering us for some time. This could be a breakthrough moment for many of us, a period where we won't hold back from taking charge of our lives. The courageous fire of Leo will thrust us forward into territory we never dreamed of. It is both shocking and exhilarating.

The indulgent, easy-going, harmonious grand trines, that we have been experiencing for some time, have melted into the sunset. Now we have some work to do. For the New Moon chart we have a forceful rod of Jupiter opposite Pluto plunging down the middle of it. And both the Moon and Pluto are making an aspect to Uranus. The great mother bear is soothing things for us, while Jupiter opposite Pluto are creating what's known as the millionaires aspect. Is mother bear preparing us for great loss or great gain?

<http://darkstarastrology.com/new-moon-august-2013/>

Reading: 2013, Aug 5 **Planet Alert August 2013**

[SEE BELOW]

Audio: story about fairies from Nova Scotia, Canada
to be completed after the conference call.

Conf Call: no notes

Music: The Art of Gilbert Williams – Music by Gerry Stadler

T: Had an in depth discussion of how to set yourself free of the commercial venue – ie, The Vatican.

- A document is something that is valid according to Nature and Nature's god – backed up by hieroglyphics; coding of the Ice Age; going to archeological digs and digging something up; stellas; native paintings.
- The Club of Rome paper is called an 'instrument' which means it is a manmade piece of “poppycock”. The Club of Rome defines all people as property owned by the owner & in that instrument, it is the Vatican which owns every square inch of the planet, including our bodies – they are body snatchers!
- The Vatican does not worship the Office of the Christ, they worship Lucifer; before the white smoke goes up after a Pope has been chosen, they do a ritual and invoke through black magic Lucifer into the body of the incoming Pope.
- So the entire commercial venue of the entire global economic situation we find ourselves in, but not of – if we wish to be in that way, we work through and extricate ourselves from Lucifer's control. We do it by studying and learning about this – takes a while; Lucifer's administrative “law” is not law, but legalese – word games: light is dark; water boarding is not torture;
 - This requires great wisdom; as we go into their venue, we make an “appearance”: an apparition is not real – this is what they mean when we have a court appearance: we could show up as a hologram! We have to know how to deal with their word magic and not succumb to it. People study this and many have not their land, or paid taxes
 - Difference between YOUR NAMES IN CAPS = a commercial venue; Your Name With A Capital Letter – also a commercial venue. You are defining yourself as a commercial vessel - which means your body can be killed when they are done with you. Literally, your body can be killed with impunity

- This is why you cannot receive Dinars in this venue – they are Lucifer's dinars, not ours. They intend to get all that money back and kill you as well.
- NESARA literally does for the whole world what the non-commercial process does for individuals. We will learn about this in due course on TV, Radio, newspapers – we will hear it over and over again.
- Last week [end of July – Aug 3] 450 men, women, children and babies - Kurds in northern Iraq - were rounded up and burned alive – because they could do it! Lucifer rules and intends to keep it up This is why we have been learning about the higher state of divine love
- T reads the material that explains how one is no longer a commercial vessel from someone who has done the work and received the statement that he is no longer a commercial vessel.
 - Postmaster General of the Divine Province – means you are no longer part of Lucifer's web: we have to know their codes inside out and upside down
 - To be put up on the web for us to study.

Audio: more about fairies [still have to do Parts 4, 5, 6]

Audio: Greg Braden - **Lost Knowledge and Consciousness** – from Coast to Coast Live; host is Ian
Also on YouTube: <http://www.youtube.com/watch?v=Wa8FQMD64MY>

Published on 23 Feb 2013

Then, author Gregg Braden revealed lost knowledge and forms of prayer.

Biography:

New York Times Best selling author Gregg Braden has been a featured guest for international conferences, and media specials, exploring the role of ancient wisdom and spirituality in science.

A former Senior Computer Systems Designer for Martin Marietta Aerospace, Computer geologist for Phillips Petroleum and a Technical Operations Manager for Cisco Systems, Braden is now considered a leading authority on bridging the wisdom of our past with the science and peace of our future. Through his journeys into the remote mountain villages, temples and monasteries of times past, Braden marries the wisdom of ancient traditions and modern science to benefit our lives today.

From his groundbreaking books, *Awakening to Zero Point* and *Walking Between the Worlds*, to his pioneering work in *The Isaiah Effect*, he offers meaningful solutions to the unique challenges of our time. In his newest book, *The God Code*, Gregg Braden ventures beyond the traditional boundaries of science and spirituality, revealing the words of an ancient and timeless message encoded as the DNA of all life!

Amazon

A former Senior Computer Systems Designer for Martin Marietta Aerospace, Computer geologist for Phillips Petroleum, and the Technical Operations Manager for Cisco Systems, Braden is considered a pioneer in bridging the wisdom of our past with the science, healing and peace of our future.

For more than 20 years Gregg has searched high mountain villages, remote monasteries, ancient temples, and forgotten texts to uncover their timeless secrets. His search led to the 2004 release of his paradigm-shattering book, *The God Code*, revealing words of the ancient message coded into the DNA of all life.

Between 1998 and 2005 Gregg's journeys into the monasteries of central Tibet revealed a forgotten form of prayer that was lost during the biblical edits of the early Christian Church. In his newest book, *Secrets of the Lost Mode of Prayer*, he documents this mode of prayer that has no words or outward expression, yet gives us direct access to the quantum force that connects all things.

From his groundbreaking book, ***Awakening to Zero Point***, to the intimacy of ***Walking Between the Worlds*** and the controversy of ***The Isaiah Effect***, Gregg's work awakens the best in each of us, inspiring our deepest passions with the tools to build a better world.

The God Code: god eternal in the human body [summary of the book]

The Lost Mode of Prayer: idea is that one does not pray with words, petitions or even images – only with the present tense of an emotion. A prayer where we are invited to feel the emotion in our heart as if it were already answered.

To be completed next week.

Audio: Max Keiser Episode 482 Aug 9, 2013

<http://rt.com/shows/keiser-report/episode-482-max-keiser-275/>

Max Keiser and Stacy Herbert discuss the KK Ho of central bankers, Mark Carney, seeking 'escape velocity' while impersonating a bond trader. They also discuss the dreadful summer wind for the currency impersonating a reserve as good as gold. In the second half, Max talks to Robert Prechter of ElliottWave.com about debt, deflation and hyperinflation. Regarding the latter, Prechter asks, "If central banks were interested in hyperinflation, then where were the helicopter drops for Cyprus?" As there is no such thing as magic money, it won't happen, he says.

Reading: Voices of our Ancestors by [Dhyani Ywahoo](#)

"Age is a concept of mind, and it has become a way of separating rather than acknowledging wisdom."

Closing: Rainbird

The Nazarene Way of Essenic Studies
The Beatitudes of Christ

And the Origins of Christ's Teachings

{bee-at'-i-tood}

The sublime promises of the Sermon on the Mount have always been the crowning moment and the heart of the Christian message. But now, scholars have accepted the Sermon on the Mount as the scripture of the Essenes.

The words of the Beatitudes are attributed to those of the Teacher of Righteousness, the founder of the Essenes who they recognized as their long-awaited Messiah. Their content can also be found in the Credo of the Essenes.

The texts found among the Dead Sea Scrolls show how the ancient Essene teachings were the origin of many of Christ's teachings. Paul and other New Testament writers often used the very phrases, sometimes word for word, of the Dead Sea Scrolls.

The Sermon on the Mount was taken directly from Dead Sea Scrolls texts. Yet, only an Essene initiate would have had access or knowledge of these teachings. These scrolls would have been strictly limited to only members of the Holy Order; those who have been mortally sworn to secrecy. (*Give not that which is holy unto the dogs. Give not pearls unto swine, lest they turn and rend you.* Matt 7:6)

The Beatitudes of Christ

A beatitude is a declaration of happiness or promised blessing resulting from an individual's virtue or good deeds. They describe the qualities of perfection and the promise of future blessings rather than current material or physical rewards.

The Beatitudes of Christ represent eight upward steps toward attaining the Blessedness of a Divine Life. They are expressed in Matthew 5 in the New Testament, and Lektion XXV of the Gospel of the Holy Twelve, as an important part of the Sermon on the Mount.

These are the words as spoken by Jesus in Matthew Ch.5, v.3-12:

Matt. 5:1-2. *And seeing the multitudes, he ascended a mountain: and when he was seated, and his disciples came to him: And he opened his mouth, and taught them, saying:*

Matt. 5:3. *Blessed in spirit [are] the poor: for theirs is the kingdom of heaven.*

This is the necessary first step, Austerity: a measure of personal and especially spiritual discipline in appearance, manner, and attitude. A conscious effort toward a modest and unassuming lifestyle.

Matt. 5:4 *Blessed [are] they that mourn: for they shall be comforted.*

This is the second step, Penitence which implies humble realization and a sincere regret for one's misdeeds. A mourning regarding past sins and the human condition. The action or process of repenting especially for moral shortcomings.

Matt. 5:5 *Blessed [are] the meek: for they shall inherit the earth.*

This is the third step, Meekness: to endure with patience and without anger or resentment. The release of ego and pride indicates the awakening of a divine Spirit.

Matt. 5:6 *Blessed [are] they who hunger and thirst for righteousness: for they shall be filled.*

This is the fourth step, the continual quest for spiritual wisdom and understanding. The pursuit of acting in accordance with divine or moral law. Following a spiritual path signifies growth.

Matt. 5:7 *Blessed [are] the merciful: for they shall obtain mercy.*

This is the fifth step, Compassion for all living things, an attribute which indicates advanced spiritual awareness.

Matt. 5:8 *Blessed [are] the pure in heart: for they shall see God.*

This is the sixth step, Purity of Heart, which marks the quality or state of pure being.

Matt. 5:9 *Blessed [are] the peacemakers: for they shall be called children of God.*

This is the seventh step, Peacemaking, a Christ-like influence, calming the storms of life.

Matt. 5:10 *Blessed [are] they who are persecuted for righteousness' sake: for theirs is the kingdom of heaven.*

This is the eighth and final step, Attainment of the Summit, Suffering for Christ, standing besides the prophets, saints and martyrs.

Matt. 5:11-12 "Blessed are ye, when [men] shall revile you, and persecute [you], and shall say all manner of evil against you falsely, for my sake. Rejoice, and be exceeding glad: for great [is] your reward in heaven: for so they persecuted the prophets who were before you."

These teachings were also used in the Testaments of the Twelve Patriarchs. It was a great favorite among the early Christians and is often used and quoted by St Paul. The Gospels also quote liberally from this source.

Origin of Christ's Beatitudes

Scholars are now recognizing the Dead Sea scrolls as the prototype for Christ's Beatitudes. Scroll 4Qbeat reads:

*[Blessed is] ...with a pure heart
and does not slander with his tongue.*

*Blessed are those who hold to her [Wisdom's] precepts
And do not hold to the ways of iniquity.*

*Blessed are those who rejoice in her,
And do not burst forth in ways of folly.*

*Blessed are those who seek her with pure hands,
And do not pursue her with a treacherous heart.*

*Blessed is the man who has attained Wisdom,
And walks in the Law of the Most High.*

*He directs his heart towards her ways,
And restrains himself by her corrections,
And always takes delight in her chastisements.*

*He does not forsake her when he sees distress,
Nor abandon her in time of strain.
He will not forget her [on the day of] fear,
And will not despise [her] when his soul is afflicted.
For always he will meditate on her,
And in his distress he will consider [her]*

Origins of the Essene Beatitudes

The original beatitudes were actually spoken by the Buddha some five centuries before Christ, when the Buddha delivered the first "sermon on a mountain."

The heart of man, Buddha said, was a burning fire, and so were the objects in the three worlds, the objects that could be seen, felt, heard, or touched. This fire was the fire of lust, of anger and of ignorance. It was due to the shortcomings of a life posed to rebirth, sickness, old age and mortal anxieties.

Only disciples of Buddha could escape the torments of this fiery furnace. Freed from lust and human passion, they had acquired the wisdom that leads to the Perfect Man.

This sermon was delivered on Elephant's Head Mountain near Buddha Gayâ.
The Suffanspita, U. Sutra reads:

The Blessed One was once living at the monastery of Anithapic ika in Jeta's grove, near Savatthi. Now when the night was far advanced, a certain deity, whose surpassing splendour illuminated the entire Jeta Grove, came into the presence of the Blessed One, and, drawing near, respectfully saluted Him and stood on one side. Standing thus, he addressed the Blessed One in verse:

(The Deity)

Many angels and men have held various things a blessing when they were yearning for inner wisdom. Lord Buddha, do declare to us the greatest blessing.

(Buddha)

*Not to serve the foolish, But to serve the spiritual;
To honour those worthy of honour,— This is the greatest blessing.*

*To dwell in a spot that befits one's condition, To think of the effect of one's deeds,
To guide the behaviour aright,— This is the greatest blessing.*

*Much insight and education, Self-control and pleasant speech,
And whatever word be well spoken,— This is the greatest blessing.*

*To support father and mother, To cherish wife and child,
To follow a peaceful calling,— This is the greatest blessing.*

*To bestow alms and live righteously, To give help to kindred,
Deeds which cannot be blamed, These are the greatest blessing.*

*To abhor and cease from sin, Abstinence from strong drink,
Not to be weary in well-doing, These are the greatest blessing.*

*Reverence and lowliness, Contentment and gratitude,
The hearing of the Law at due seasons,— This is the greatest blessing.*

*To be long suffering and meek, To associate with the tranquil,
Religious talk at due seasons,— This is the greatest blessing.*

*Self-restraint and purity, The knowledge of the noble truths,
The attainment of Nirvana, This is the greatest blessing.*

*In the midst of the eight world miseries, Like the man of pure life,
Be calm and unconcerned,— This is the greatest blessing.*

*Listener, if you keep this law, The law of the spiritual world,
You will know its ineffable joy,— This is the greatest blessing.*

When we begin to compare the literatures contemporaneous with the New Testament, such as the Dead Sea Scrolls, the Nag Hammadi Codices, and Early Christian and Jewish Pseudepigraphical materials, and compare them with other spiritual or mystical traditions, we begin to find much to digest and much to ponder, as we discover the profound understandings of universal truth.

http://www.thenazareneway.com/beatitudes_of_christ.htm

2013, August 13

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2013, August 9 **Son of Victim in Sikh Temple Attack Unites with Former White Supremacist to Fight Violence and Hate**

Guests

[Pardeep Kaleka](#), son of slain temple president, Satwant Singh Kaleka. He is founder of Serve 2 Unite.

[Arno Michaelis](#), former white supremacist and the author of *My Life After Hate*. He is an educator with Serve 2 Unite.

This week marks the one-year anniversary of the attack by neo-Nazi gunman Wade Michael Page on a Sikh temple in Oak Creek, Wisconsin, that left six dead and five wounded. We speak with two guests whose unlikely alliance was born out of this tragedy: Pardeep Kaleka, the son of the former temple president, Satwant Singh Kaleka, who was killed in the attack; and Arno Michaelis, a former white supremacist and author of "My Life After Hate." Kaleka is founder of Serve 2 Unite, and Michaelis is an educator with the group, which works to educate young people to take a stand against violence and hate. "Beyond interrupting the cycle of violence, the motivation for doing that is the essence of taking ownership of the violence in our society," Michaelis says. "That blood is on all of our hands; it's all of our problem, and we all need to be part of the solution."

Transcript

AMY GOODMAN: This week marks the one-year anniversary of the attack on a Sikh temple in Oak Creek, Wisconsin, that left six people dead and five wounded. People of all faiths joined the Sikh community for vigils to remember those who died August 5th, 2012, when neo-Nazi gunman Wade Michael Page opened fire on worshippers in the temple.

The Oak Creek tragedy brought national attention to the threat of hate and discrimination that's become routine for millions of Sikh, Muslim, Hindu and Arab Americans in the last decade. According to reports, hate crimes against these communities are now at their highest since 2001, and the number of hate groups has more than doubled since 2000. Last Friday, ahead of the anniversary, Attorney General Eric Holder announced the Justice Department will begin collecting data on hate crimes committed against Sikhs along with other religious groups. The Sikh community has long sought such inclusion. This is Jasjit Singh of the Sikh American Legal Defense Fund.

JASJIT SINGH: In the year after Oak Creek, we have made some progress with the government. And, you know, in one year, to get the FBI to agree to start tracking hate crimes against Sikhs, that's progress, in the context of one year later. You know, we know that the government has challenges in moving quickly, especially in this environment. But for them to recognize the need and move on it, that should be absolutely acknowledged, and we applaud that effort. At the same time, it's not exactly a victory, in the sense that we're simply requesting that we be recognized when we are facing these horrific challenges, and so it gives you a sense for how much work really there is to be done in a broader scope.

AMY GOODMAN: On the day after the anniversary of the shooting, five golden domes were added to the Oak Creek Sikh temple, something the late temple president, who was killed in last year's massacre, had wanted.

Well, to talk more about the implications of this tragedy, one year later, we go to Milwaukee where we're joined by two guests, whose unlikely alliance was born out of this tragedy. Pardeep Kaleka is the son of slain temple president Satwant Kaleka. He's a founder of Serve 2 Unite. Arno Michaelis is also with us, former white supremacist, author of *My Life After Hate*. He is an educator with Pardeep in Serve 2 Unite.

We welcome you both to *Democracy Now!* Pardeep, I'd like to begin with you, and it is a year later. My condolences on the death of your father and the others in your community. Talk about what happened that day.

PARDEEP KALEKA: Good morning, Amy. Yeah, thank you.

That day, August 5th, I guess sort of marked—marked our community being victimized by a hate crime committed by a white supremacist that—I mean, I think, you know, he didn't think that we represented what America was about. And basically he came into the temple that day and shot six people dead, one including my father, and, you know, others injured and some still—one's still critically in a vegetative state. This past weekend—I'm glad that you talked about this past weekend—was a healing process. It's been a healing process throughout the year, but this past weekend especially, with the marking of the one-year vigil and obviously with the domes going up. One of the wishes that my dad really wanted is for the gurdwara to look like a gurdwara.

AMY GOODMAN: Pardeep, can you talk about the guest you're sitting next to right now? Can you talk about how the two of you met after this killing last year?

PARDEEP KALEKA: Sure. I mean, last year, right after August, there was a lot of media, and we were working with a lot of other nonprofits around the area. As I was working with some nonprofits, as far as the gun debate that was—that was festering at the time, I was walking out of a meeting, and one of the people asked me, "Did you—have you contacted Arno Michaelis yet?" And I had been meaning to contact Arno, because I knew the work that he was doing in the community. And, you know, fortunately, we both were part of another network called Against Violent Extremism, which is made up of former, I guess, violent extremists and survivors, who link together and share their stories of forgiveness and compassion for a broader message of forgiveness and compassion. And I contacted the organizer of AVE, Ross Frenett, and he told me how to get a hold of—or, he told me how to get in contact with Arno. And we went back and forth via email and text, and eventually we finally talked one evening.

AMY GOODMAN: Arno—

PARDEEP KALEKA: The evening that we talked, I remember—

AMY GOODMAN: I wanted to bring Arno into this—

PARDEEP KALEKA: Yeah, the evening—

AMY GOODMAN: —Arno Michaelis, and ask about your background. You were a racist skinhead, a white supremacist. Talk about how you ended—how you started there and ended up working together against violence and hate with Pardeep.

ARNO MICHAELIS: I'd be happy to, Amy. Good morning. Thanks for having us on.

I got involved in white power skinhead groups really just as a angry, bored, unchallenged teenager. I don't believe anyone really has an excuse to be violent, but I absolutely had no excuse. I came from a privileged background in Midwestern Wisconsin, born into the middle class. I really had everything going for me. But I came from an alcoholic household; there was a lot of emotional violence. My parents were pretty miserable, and that made me want to distance myself from them, and it also kind of got me lashing out at an early age. I was a bully on the school bus as early as kindergarten. In elementary school, I started getting in fights in the schoolyard. This kept escalating to breaking and entering and vandalism in middle school. By the time I was a teenager, I started drinking, myself. I got into punk rock, which I was—I still love, and I—you know, I really appreciate the DIY attitude and question-authority aspect of punk, but back then, to me, it was just about smashing things and hurting people and lashing out.

And that's kind of who I was when I came across the idea of getting involved with white power skinheads. And I initially donned a swastika really for shock value, because it was the most effective way to piss people off that I had come across by that time. And so, I wasn't really a racist looking for other racists; I was just a bored, angry kid, like looking for something to make me feel worthwhile and a cause to kind of join up with. And I found very quickly that once I started radiating hate and violence out into the world around me, the world reflected it back. And as I was expressing my hostility and the hostility was being returned to me, it made me more hateful and violent. That ultimately led me through a seven-year involvement in hate groups.

I got out in '94. The two milestone events in me leaving were becoming a single parent and, about a couple

months after that, a second friend of mine was murdered in a street fight. And by that time, I had lost count of how many friends had been incarcerated, so it struck me that if I didn't change my ways, death or prison was very likely to take me from my daughter. Beyond those milestones, though, I truly believe that it was acts of kindness that I had been given to me by strangers and people that I was openly hostile to. There were times when black people, Jewish people, gay and lesbian people treated me as a human being, even though I refused to acknowledge their humanity. And while those acts of kindness didn't change me on the spot, they did plant seeds that kind of stuck with me and built on a growing sense that what I was doing was wrong.

AMY GOODMAN: Your—

ARNO MICHAELIS: And I believe that if it wasn't—

AMY GOODMAN: You have said that your—

ARNO MICHAELIS: Excuse me?

AMY GOODMAN: You have said that you feel you were so heavily involved in the white power movement, also your music, that you may have influenced the shooter to kill?

ARNO MICHAELIS: Yeah, I—when August 5th happened, I was, first and foremost, heartbroken for Pardeep and his family and the families of the other victims. I thought, you know, what it would be like to have someone murder my father or my grandfather or my mother, and I—that human level was really what was most important to me. But the next thought was that I did a lot to contribute to the environment that created Wade Page. In many ways, he was exactly who I used to be. He was a white power skinhead. He was lead singer in white power bands. And I had done that years before he became active, and I was, you know, kind of instrumental in creating the environment that created him.

AMY GOODMAN: Pardeep, you were a police officer before becoming a teacher?

PARDEEP KALEKA: Yeah, I was a police officer for four years in the inner city and went on to become a teacher in that same inner city. Right now I—that's what I do part-time. Something else that we do part-time is, with Serve 2 Unite, we go out to schools, and outreach programs try to get students to engage in their environment and identify social issues that they have to deal with and try to find constructive ways of dealing with them. It's been a good run for the last six months, and we're planning to keep doing it and moving forward, you know.

AMY GOODMAN: Arno, have you reached out to white supremacists?

ARNO MICHAELIS: I am not a white supremacist intervenor. When I started doing outreach in January 2010, I started speaking openly about my past and writing, and it was very important to me to address racism. But in the grand scheme of things, while they are—can be very dangerous and they are very destructive, as Pardeep can unfortunately attest to, in the grand scheme of things, white supremacist groups aren't—I don't think they're the—they should be the main concern. I'm more concerned with the cumulative effects of 500 years of white supremacy and the effect that it has on our inner cities. So I've been focusing my efforts on trying to help people who are struggling in socioeconomically depressed areas to realize the power that they have to change their lives and their environments. I think those are the people who are suffering effects of racism on a broader scale, and so that's where I focus my work. Now, over the course of doing that and of sharing my story and of just being out there publicly, I have had a small but steady stream of people looking to me for guidance to leave the white power movement. I've had slightly a few more people doing that than I have gotten hate mail from my old buddies, I'm happy to say.

AMY GOODMAN: And, Pardeep, as the two of you go to schools and as you live in your community, what is the message that you're sending out now? How do you think we can reduce hate and violence in society, as you honor now this first anniversary of what took place, you honor the memory of your father and the others killed and wounded?

PARDEEP KALEKA: Yeah, I mean, good question. That when we go out to schools and we talk to students, we want to engage them in a few different things. We want to engage them in the ideas of compassion and the

ideas of kindness and the ideas of being immovable. And what that basically means is we want students to be self-confident, confident enough that they don't—they're not easily persuaded by somebody else or somebody else's beliefs about them. And we also want them to be social agents of change, basically, to take—take ownership of their surroundings and their environment, and sort of mold not only their school culture, but also their broader culture when they get outside.

AMY GOODMAN: I want to thank you both for being with us and ask: You're both wearing a T-shirt—one blue, one brown—and they have a hand on it; what does the hand represent?

ARNO MICHAELIS: The hand is essentially—it means we're interrupting the cycle of violence. We're very inspired by Ameena Matthews and her Interrupters organization in Chicago. Beyond this interrupting the cycle of violence, the motivation for doing that is the essence of taking ownership of the violence in our society, that blood is on all of our hands, it's all of our problem, and we all need to be part of the solution. So the hand signifies our ability to affect that situation and our willingness to take ownership of it.

AMY GOODMAN: I want to thank you both for—

PARDEEP KALEKA: Yeah, this laceration right here—

AMY GOODMAN: I want to thank you both for being with us, Arno Michaelis, author of *My Life After Hate*, and Pardeep Kaleka, founder of Serve 2 Unite, working with Arno in that group. Pardeep's father was among those killed last year at the Sikh temple in Oak Creek, Wisconsin. They're speaking to us from Milwaukee.

When we come back, we'll be joined by Pete Seeger, live in our studio, and the indigenous leader Oren Lyons. We'll find out why indigenous people paddled down the Hudson to the U.N. today on this Indigenous People's Day. Stay with us.

http://www.democracynow.org/2013/8/9/son_of_victim_in_sikh_temple

2013, Aug 9 **Onondaga Leader Oren Lyons, Pete Seeger on International Day of the World's Indigenous Peoples**

Guests

Oren Lyons, faithkeeper of the Onondaga Nation, and he sits on the Onondaga Nation Council of Chiefs. He also helped establish the United Nations Working Group on Indigenous Peoples in 1982.

Andy Mager, project coordinator for the Two Row Wampum Renewal Campaign and a member of Neighbors of the Onondaga Nation.

Pete Seeger, legendary folk singer, banjo player, storyteller and activist.

Hundreds of Native Americans and their allies arrive in New York City today after paddling more than a hundred miles down the Hudson River to commemorate the 400th anniversary of the first treaty between Native Americans and the Europeans who traveled here. The event is part of the International Day of the World's Indigenous Peoples, first proclaimed by the United Nations 20 years ago. We speak with Oren Lyons, faithkeeper of the Onondaga Nation who helped establish the United Nations Working Group on Indigenous Peoples in 1982. "We're concerned about the future, we're concerned about the Earth — seven generations hence — and the conduct of people," Oren says. "We wonder, how do you instruct seven billion people as to the relationship to the Earth? Because unless they understand that, and relate the way they should be, the future is pretty dim for the human species." We are also joined by one of their supporters, Pete Seeger, the legendary folk singer, banjo player, storyteller, and activist; and by Andy Mager, project coordinator for the Two Row Wampum Renewal Campaign and a member of Neighbors of the Onondaga Nation.

Transcript

AMY GOODMAN: Today marks the International Day of the World's Indigenous Peoples. First proclaimed by the United Nations 20 years ago, the day focuses on indigenous people's alliances, honoring treaties and respecting cultures. Events in New York kick off this morning when more than 200 Native and non-Natives are set to arrive in New York after a two-week journey paddling in canoes down the Hudson River. They'll be met by Dutch Consul General Rob de Vos, representatives of Native nations, and many supporters, before heading to the United Nations for a series of events. The canoers began their journey in Albany, the capital of New York, and paddled over 140 miles on a voyage to commemorate the first agreement between the early European Dutch settlers and the Haudenosaunee, the Iroquois Confederacy, known as the Two Row Wampum Treaty. This is Chief Jake Edwards of the Onondaga Nation explaining its significance.

CHIEF JACK EDWARDS: In the Two Row Wampum, it's stated, all the teachings that we shared from the Great Law of Peace, we shared with these newcomers to the forest. And so, in doing so, we also told them to be respectful of all and only take from Mother Earth as what you need to survive. And so this agreement came about. And what the Two Row represents is the Haudenosaunee people, Onkwehonwe, in their canoe, traveling down the river of life alongside the newcomers in their vessel, their ship.

AMY GOODMAN: That was Chief Jake Edwards of the Onondaga Nation. Canoers who are part of the Two Row Wampum Renewal Campaign say environmental conservation is at the heart of the campaign. Many Native organizers are working closely with their neighbors at Onondaga Lake and along the Saint Lawrence River to protest fracking, the controversial method used to extract methane gas from shale.

For more, we're joined by three participants in the Two Row Wampum Renewal Campaign. Oren Lyons is with us, faithkeeper of the Onondaga Nation. He sits on the Onondaga Nation Council of Chiefs, also helped establish the United Nations Working Group on Indigenous Peoples in 1982.

Andy Mager is with us, project coordinator for the Two Row Wampum Renewal Campaign and a member of Neighbors of the Onondaga Nation.

And we're joined by Pete Seeger, the legendary 94-year-old folk singer, banjo player, storyteller and activist. For over 60 years, he's been an American icon, the author or co-author of so many songs, including "Where Have All the Flowers Gone?" "If I Had a Hammer," "Turn! Turn! Turn!" Pete Seeger has also been a longtime supporter of Native American rights.

We welcome you all to *Democracy Now!* Oren Lyons, let's begin with you. What is the significance of this day? Why the paddling up the Hudson River to the United Nations today?

OREN LYONS: Today we're celebrating 400 years of association with our friends from across the great waters. Four hundred years ago, we met with the Dutch on the issues of trade, peace, friendship. And we agreed at that time that we would establish a relationship of peace and friendship for as long as the sun rises in the east, sets in the west, as long as the rivers run downhill, and as long as the grass is green. Grass is quite green today, and the rivers are running, and so is the sun rising. So here we are, 400 years. We're going to have a 400-year-old handshake at—being met by the kingdom of the Netherlands, Attorney General de Vos and his wife, representing the counterparts of that original meeting, which is the grandfather, I would say, of all treaties made after that. This was the original agreement.

AMY GOODMAN: Can you explain? We just watched Chief Jake Edwards holding the treaty, which is not words, it's beads.

OREN LYONS: Yeah.

AMY GOODMAN: Explain.

OREN LYONS: Wampum and the belts and the strings that we've used over these many centuries was at that time the political currency of the time. That's how things were agreed upon. That was our process. And over that past 300 or 400 years, it was used by everyone, all the Spanish, whether it's English, whether it's French—the peace and friendship and also what we call the Covenant Chain, to be polished again and again. The depiction of the two vessels side-by-side going down the river of life in peace and friendship, tied together with the Covenant Chain of peace—three links: peace, friendship and as long as the grass is green. So, we're here celebrating the 400th anniversary of that. The past 400 years, of course, subject to all of this historic events of that time, and yet here we are. And yet, the issue remains, peace and friendship.

And I think, from our perspective, we're concerned about the future. We're concerned about the Earth, seven generations hence, and the conduct of people. And so, we wonder, how do you instruct seven billion people as to the relationship to the Earth? Because unless they understand that and relate the way they should be, future is pretty dim for the human species.

AMY GOODMAN: Pete Seeger, as Oren Lyons is speaking, you're nodding your head "yes." Why are you involved with the Two [Row] Wampum campaign?

PETE SEEGER: I was fortunate to meet a man named Ray Fadden, who was a teacher on the Mohawk reservation near the Saint Lawrence River way back in 1950. And he taught me things. I was trying to run a little festival in the Adirondacks, and he came there with some of the students from his reservation. I remember asking him if he would teach me one of his songs. He said, "Pete, our songs are sacred to us, and you should not even try and sing them, except here's a Seneca canoe song. I'd be glad if you learned that." So, for 65 years, I guess, I've been singing the Seneca canoe song if I'm ever asked about Native American culture.

AMY GOODMAN: Can you sing it now?

PETE SEEGER: *Ka iyo wa jin eh. Yo ho-oh.*

Hey. Yo ho.

Ka iyo wa jin eh.

Ka iyo wa jin eh. Eh!

Ka iyo wa jin eh.

*Yo-ho. Hey.
Ka iyo wa jin eh.
Ka iyo wa jin eh. Eh!*

And it keeps on going.

AMY GOODMAN: You have said that we should look not across the ocean for role models.

PETE SEEGER: An extraordinary man—no one knows exactly how many hundreds of years ago—paddled out of Lake Ontario and went to a little village, the first village he came to, and said, "My name is Deganawida, but you can call me the peacemaker." Well, the local war chief says, "Get out of here. That's women's talk. I am Tadodaho, the war chief." So this young man went to another village, and there he met a man named Hiawatha, who was grieving for his wife and daughter who had died. Longfellow used his name, but Longfellow was actually telling a different story.

But these two men now went from village to village to village and described a very interesting form of keeping the peace. These people, the Six Nations—the Senecas in the far west near Lake Ohio; the Canandaiguas, maybe 40 miles east; Cayugas, another 40 miles east—Lake Cayuga, that's where Cornell is; the Onondagas, where Chief Oren Lyons is from; and the Tuscaroras and the Mohawks, some of them as far east near Vermont—and they started fighting with each other. And the system that this man, Deganawida, proposed was that the women, who were the heads of the clans—they know whose baby is whose—they appoint men who will meet once a year, and they'll meet in the longhouse under a great tree of peace. And the white roots of peace will go east and west and north and south. And the eagle in the top of the tree would look for danger from afar. But they would discuss, instead of fighting, what were the things that people disagreed on. And it had an interesting rule: Nothing would be voted on unless it was slept on at least one night. I think that should be done more often. You don't vote until you've slept on it at least one night.

And at one time, Deganawida predicts an eclipse. He says, "Tomorrow, the afternoon, the sky will darken itself, as proof that we're speaking the truth." And it did darken itself. He must have watched exactly where the moon and the sun were rising and setting, and says, "They're going to touch each other." And, finally, this extraordinary system of government took place. Deganawida stuck around. Nobody knows exactly how long, whether it was half a year or two years. But he stayed to make sure that this system was working, and then he got into his canoe and paddled north into Lake Ontario, and nobody ever saw him again. But isn't that interesting? I told the story more or less correctly, didn't I?

OREN LYONS: More or less. More or less.

AMY GOODMAN: Andy Mager, this campaign that you have helped to organize, why are you involved, as a non-Native? And the significance of it, what you're focusing on?

ANDY MAGER: Well, the campaign is about justice. It's about marking this 400th anniversary of the treaty that Oren talked about and calling on our people, on the people of the United States, the people of New York state, the non-native people of the world, to look at how we've behaved, how we haven't honor this treaty. We haven't abided by it. We have knocked the Haudenosaunee people out of their boat. We have sought to steer their boat. We have tried to control their way of life, in complete violation of this treaty. So it's a call to us to look backwards, but to look backwards to look forward, to see how do we work together to re-establish peace and social justice, and in doing so, to preserve the environment. As Oren mentioned so eloquently, we're in deep ecological crisis, and if we don't shift our ways, the future for all of us looks very bleak.

AMY GOODMAN: Between Pete Seeger and Oren Lyons, you've got 177 years. You've seen a lot of history with the American government and Native Americans. Oren Lyons, this is how the Haudenosaunee reportedly replied to the initial Dutch treaty proposal: quote, "You say [that] you are our Father and I am your Son. We say, 'We will not be like Father and Son, but like Brothers.'" This wampum belt confirms our words. ... Neither of us will make compulsory laws or interfere in the internal affairs of the other. Neither of us will try to steer the other's vessel." Can you talk more about the treaty and what you think happened to it, whether it was honored over 400 years, and the significance of the belt?

OREN LYONS: Well, at this particular time, the Haudenosaunee, the Onondaga Nation, the Tonawanda Seneca and the Tuscarora Nation and the Cayuga Nation are probably the last independent governments still in charge of land and not under the processes of the Bureau of Indian Affairs in Washington, D.C., or the Department of Indian Affairs in Canada. We still raise our leaders as we did before, by consensus and by agreement and by, first of all, having the women choose the leaders. The women have a great deal of responsibility in this process, in that they not only choose the leaders, but the leaders have to be agreed upon by consensus by the family. And until she finds that leader that finds that consensus, then they will agree to raise that leader. And then the Council of Chiefs will also have that right of consensus. If they don't agree, she has to go back again. And finally, it goes to the council. The Grand Council itself, Six Nations, will challenge that, as well. So, this leader is going to be vetted many, many times. And clearly, she has to make a good choice. She also has the power of recall, and she can remove that title for malfeasance of office, for violations against women or children, or any kind of violation that the—the structure of the league is very old, and it's a continuum and probably is the original democracy that so inspired Ben Franklin and the Continental Congress to follow our lead. And we were in discussion with them many, many years and closely associated with their development.

PETE SEEGER: This—

AMY GOODMAN: Could you—yes, Pete Seeger?

PETE SEEGER: This is an extraordinary thing. Twenty-three years after Benjamin Franklin received a letter describing this method of government, the Constitutional Convention for the United States was about to break up. The Jeffersonians didn't want to talk to the Hamiltonians, the North and the South, and so on. And Franklin holds up this piece of paper, saying, "These are people we call savages because their ways are different from ours, but they have kept the peace for hundreds of years. And if they can, why can't 13 English colonies?" And he shamed the Constitutional Convention to keep on talking and find compromises that they could make a constitution.

OREN LYONS: Yeah, it is the foundation of this United States.

AMY GOODMAN: Can you talk about the significance of the headdress you have in front of you?

OREN LYONS: Well, I talked about the eagle on top of the tree of peace. That's this feather. The eagle represents a spiritual leadership of the animal world for the birds and the leader of the birds, and all animals have leaders. The deer is the leader of all the animals for four legs. And so, the feathers of this powerful entity, who carries our words the highest of any bird, flies the highest and carries our words the closest to the creator. And it is our principal messenger of peace. And so, we revere these feathers, and we revere this representation of our—of the bird nations. And we carry it close to us. And our staffs are always with these great birds' feathers that remind us of our responsibility.

AMY GOODMAN: Andy, can you talk about the horseback ride today?

ANDY MAGER: Sure. The Dakota Unity Riders, who have come from Manitoba, Canada, traveling over 4,000 miles, though not continuously on horseback that journey, have sort of joined with the Two Row campaign. They started as independent initiatives, and we realized that there was much in common, so they have joined us in Troy, New York, before we started paddling down the Hudson, in Catskill, in Beacon, and we expect them to be joining with us at some point today, although there were problems with the permit. There will be a march today after our paddlers—our paddlers are on the water today now in their final journey into Pier 96 in Manhattan. They'll land there. We'll have a welcoming from the Dutch consul general, from our congressman based in central New York, Dan Maffei, and others. Then we'll march across Manhattan to the United Nations, where we'll be welcomed by the U.N. Permanent Forum on Indigenous Issues. Somehow in that process, the Unity Riders will join us. The NYPD would not give a permit, at least the last I had heard, for them to walk beside our march, so there's a little bit still up in the air about that. But there's very much a shared sense of unity, of renewal, of call for respect for Native rights at the core of both campaigns, and we're delighted to work with them.

AMY GOODMAN: How does fracking fit in with this story, Oren Lyons?

OREN LYONS: Well, of course—

AMY GOODMAN: Hydraulic fracturing.

ANDY MAGER: Water—water is the first law of life. And looking through the generations ahead of us and protecting their future and being responsible to that, fracking, of course, impacts water amazingly—millions and millions of gallons of fresh water being used and absolutely contaminated beyond any point of redemption. And so, it's an attack. It's an attack on the future lives of our children and everybody else's children, as well, and life, in general. The laws of nature are such that you will suffer in direct ratio, in direct ratio to your transgressions. Simple as that. And there's no—and people should understand this. There is no mercy in nature, none whatsoever, only the law, only the rules. And if you follow those laws and rules, you have regeneration again and again. And if you want to challenge those laws, then you suffer the consequence. And that's where we are right now. We are—so, fracking is probably the most damaging challenge that America has today in terms of its future.

AMY GOODMAN: Pete Seeger, would you like to weigh in on fracking?

PETE SEEGER: That's absolutely true. It's incredible that people say, "Oh, I need a job. I'll work for the fracking." But to get a little gas to run cars or factories, we'll destroy the future for our children and our grandchildren. Horrifying.

AMY GOODMAN: Oren Lyons and Andy Mager, I want to thank you for being with us. Oren Lyons, faithkeeper of the Onondaga Nation. Andy Mager, one of the organizers of the Two Row Wampum Renewal Campaign. We're going to go to break, and when we come back, I want to speak a few more minutes to Pete Seeger, and then we're going to combine together for a post-show conversation, which we'll post online at democracynow.org. Stay with us on this Indigenous People's Day.

http://www.democracynow.org/2013/8/9/onondaga_leader_oren_lyons_pete_seeger

2013, Aug 9 **Pete Seeger Remembers His Late Wife Toshi, Sings Civil Rights Anthem "We Shall Overcome"**

Guests [Pete Seeger](#), legendary folk singer, banjo player, storyteller and activist.

We continue our conversation with the legendary Pete Seeger here in our New York studio. Born in 1919, the 94-year-old Seeger is an American icon. In the 1940s, he performed in The Weavers, along with Woody Guthrie. In the 1950s, he opposed Senator Joseph McCarthy's witch hunt and was almost jailed for refusing to answer questions before the House Un-American Activities Committee. Seeger helped popularize the civil rights anthem, "We Shall Overcome." In the 1960s, he was a vocal critic of the Vietnam War and inspired a generation of protest singers. He was later at the center of the environmental and anti-nuclear movements. A month ago today, on July 9, his wife, the artist and filmmaker Toshi Seeger, died at the age of 91. She was a key leader and artistic programmer for the Great Hudson River Revival, the annual fundraiser for the Clearwater organization that helped to clean up the Hudson River in New York. She died less than two weeks short of what would have been the Seegers' 70th wedding anniversary.

Transcript

AMY GOODMAN: "My Rainbow Race," Pete Seeger, here on *Democracy Now!*, democracynow.org, *The War and Peace Report*, as we continue the conversation with the legendary Pete Seeger here in New York. Born in 1919—1919, Pete Seeger is now 94 years old, an American icon. In the '40s, he performed with The Weavers along with Woody Guthrie. In the '50s, he opposed Senator Joseph McCarthy's witch hunt and was almost jailed for refusing to answer questions before the House Un-American Activities Committee. Pete Seeger helped popularize the civil rights anthem "We Shall Overcome." In the '60s, a vocal critic of the Vietnam War and inspired a generation of protest singers. He was later at the center of the environmental and anti-nuclear movements.

A month ago today, on July 9th, Pete's wife, the artist and filmmaker Toshi Seeger, died at the age of 91. She was a key leader and artistic programmer for the Great Hudson River Revival, the annual fundraiser for the Clearwater organization, that helped to clean up the Hudson River in New York. She died July 9th, less than two weeks short of what would have been the Seegers' 70th wedding anniversary.

Pete, my condolences on the death of Toshi.

PETE SEEGER: She was the brains of the family. I'd get an idea, but she'd figure out how to make them work.

AMY GOODMAN: Can you talk a little more about Toshi?

PETE SEEGER: We met square dancing in New York, and I came to sing for the square dance group and stayed to dance. And then I remember she volunteered to help me alphabetize a big mess of songs that I had. And one thing led to another.

AMY GOODMAN: Do you have any words of wisdom for couples? You almost hit 70 years together.

PETE SEEGER: Well, she was such an extraordinary person. All I can say is that we—I think we needed each other. And although we were quite different in some ways, we supported each other. Her father was Japanese. And because of the Oriental Exclusion Act, passed by union members on the West Coast that didn't want to have to have cheap Chinese laborers taking their jobs away from them, Toshi couldn't leave the country. I'd sing in Canada, and she'd stay in a hotel, motel, 'til I got out, because if she had gone up there, she wouldn't have been able to get back in—until two very conservative congressmen put out a new immigration law. And this is interesting. Quite often, good things can be done in spite of ourselves. I've made lots of fool mistakes. The dumb things I've done in my life, I wince when I think of them. But I've made lots and lots of—done lots and lots of foolish things in a long life. But you keep—you keep trying to learn.

AMY GOODMAN: Words of wisdom for surviving a beloved spouse?

PETE SEEGER: Yeah.

AMY GOODMAN: Your thoughts?

PETE SEEGER: Yeah.

AMY GOODMAN: Your advice?

PETE SEEGER: Keep a sense of humor. As a matter of fact, if there is a world here, if there is a human race here, humor may be one of the things that may save us.

AMY GOODMAN: Pete, there are so many historic anniversaries this year. We just passed the 50th anniversary of your historic Carnegie Hall concert that—where the *We Shall Overcome* album was released. You didn't play at the March on Washington 50 years ago, August 28th, coming up, but your songs were sung—what, Peter, Paul and Mary sang "If I Had a Hammer," with its final stirring verse—

PETE SEEGER: And just last week—

AMY GOODMAN: —"the hammer of justice."

PETE SEEGER: Just last week, it was the anniversary of the bombing of Hiroshima, Hiroshima.

AMY GOODMAN: Right. In fact, today—well, August 6th was the anniversary of Hiroshima, and August 9th is the bombing of Nagasaki.

PETE SEEGER: Yeah.

AMY GOODMAN: You didn't play at the March on Washington, but your songs were played, and, of course, the song you helped popularize, Joan Baez sang "We Shall Overcome." And you sang at President Obama's first inauguration, and you sang the forbidden verses of "This Land is Your Land."

PETE SEEGER: Yes. They didn't get on the recording, but Woody Guthrie had that great line: "Was a great high wall there that tried to stop me, great big sign there said 'private property.'" Isn't that wonderful, to rhyme "stop me" with "property"? "But on the other side, it didn't say nothin'. That side was made for you and me." This guy was one of the greatest geniuses, and he made lots of mistakes, too, in his life.

AMY GOODMAN: Woody Guthrie.

PETE SEEGER: But he didn't stop trying to create. And in spite of the mistakes that you make, you keep on trying.

AMY GOODMAN: What are your goals now at 94?

PETE SEEGER: Well, I thought I'd follow the lead of Scott Nearing, the old lefty, who when he was going to hit a hundred, he said to his wife, "Honey, I can't do what I used to do. I'm just going to stop eating about a month before my hundredth birthday. And on my hundredth birthday, there will be a party. And if I'm still alive, I'll be at the party. If I'm not alive, why, you'll have a party without me and maybe remember me." And he did live an extra 10 days. I have an acronym for this. I call it INKSIA GAP. GAP means "going away party." But the earlier thing, INK—I spell "committed" with a K—"it's not kommitting suicide, it's a going away party."

AMY GOODMAN: Do you want to take us out with a song? "We Shall Overcome"?

PETE SEEGER: Yes, that is something the human race needs to be reminded of. Don't give up. And this old, old spiritual originally was "I Will Overcome," and then "We Will Overcome." I guess me, with my Harvard education, thought of "shall." It opens up the mouth better. "We shall overcome. We shall overcome. We shall overcome some day. Oh, deep in my heart, I know that I do believe..."

http://www.democracynow.org/2013/8/9/pete_seeger_remembers_his_late_wife

2013, Aug 5 **Planet Alert August 2013**

How did you experience the energy of July? It was very powerful. There were several important aspects that happened last month. The first was the activation of the Emerald Flame on the new moon of July 8, at least here in Seattle which is called The Emerald City. I've heard there is going to be an activation of the Emerald Flame in California where the Sequoia trees are located. The Earth keepers are having a large gathering on August 16-18. It has been 26 years since the Harmonic Convergence on August 16-17, 1987. It's celebration time. Check out their web site www.Earth-Keeper.com.

The Emerald Flame is also the ray of our heart chakra and indicates more energy coming into our hearts. Basically it is wake-up time. This green ray is also the ray of healing and will activate much healing energy. Mary Magdalene had a healing group called the Sisterhood of the Emerald Fire that did a lot of healing work two thousand years ago. This group (from all over the world) will probably come forward again. I heard through my friend Mona that the Emerald Ray is on the 7th dimension and is connected to the Pleiadian Star system, which is called the seven sisters.

The Emerald Tablets, written by Thoth will also be activated at this time which means new scientific information will come forth for our understanding. It will also be the activation of the little people like fairies and leprechauns and many people will start to see these little ones.

The Mayan Dreamspell Calendar ended on July 24, 2013. Then on July 26th we moved into the year of the seed, which is ruled by Jupiter. This brings new beginnings. Thousands of years ago time bandits from Jupiter and Saturn stole the mathematical code of time. They changed time from 13-20 to 12- 60 which pushed us into the third dimension and threw out the goddess energy. This year 2013 has the vibration of 6 ($2+1+3=6$) which is the vibration of love. It is also the musical tone of love which is 528 HZ, which also adds up to 6, and is the color green.

Now we are moving back into the 13-20 energy by moving through a time tunnel. On July 29th there was a Star of David (Merkaba) in the heavens. This opened the time tunnel and is pushing us through it. Basically it is ascension time. Ascension means we are moving into a higher frequency where we will be able to bring Heaven to Earth. I have a feeling that we will be out of the time tunnel by August 25-26 when there is another Star of David (Merkaba) in the heavens.

Both of these stars have Earth and Water trines. A Star of David also has six points. There is the number 6 again. Maybe we will start manifesting energy from the sixth and seventh dimensions. Won't that be nice? The Earth trine was Pluto in Capricorn, Venus in Virgo, and the moon in Taurus. The water trine was Jupiter in Cancer, Saturn in Scorpio, and Neptune in Pisces. This was when Jupiter and Saturn bowed to Neptune, the heavenly goddess.

Saturn and Jupiter have been going through a tremendous transformation in the past few years, particularly Saturn. Saturn ruled karma. This means that karma is over for everyone, at least by the end of September. No more blaming your parents, spouse, or whomever for your challenges. Take back your power.

We have been manifesting the negative side of Neptune for a long time by the misuse of drugs on all levels. We have drug wars, the misuse of prescription drugs, and there has been a lot of deception everywhere. Saturn in Scorpio has been doing the job of bringing all of this deception out into the open so we can transform this energy. This planet also brought the misuse of oil to the foreground so we can start using a new energy source. I know it seems very dark right now to many people but this will soon

change. As soon as we start vibrating to the positive side of Neptune, which is love and cosmic consciousness, things will get better.

Our scientists say there are 11 dimensions, others say there are 12, and I say there are 13. Anyway, however you look at it, these dimensions or densities do exist and it is our job to manifest the frequency we choose to live in. These densities exist simultaneously and we can jump from one density to another. This is why we all manifest different realities. There are as many realities as there are people on Earth. It doesn't matter what reality you choose to live in as long as you manifest unconditional love. Love is the glue that holds everything together and this is how we can all become one.

And let's not forget about the birth of the new Prince George in England. That was an awesome event. He will be so full of love that he will be able to change the whole British Empire, and maybe more. He will be a great leader as time goes on. His chart is very feminine with all those planets in Cancer along with a water trine. He is a feminine soul in a male body. He was born on July 22, which is a master number and the festival of Mary Magdalene. It was also the full moon. I saw on the Internet that lightning struck in London at the time he was born. A manifestation of the elements like that signifies a great soul was just born on Earth.

Now let's talk about August. I received an email yesterday from a Pleidian channel who says there will be a big shift starting on August 12th. She says there will be vibrational pulses created from the rotation point moving through the Earth plane. These vibrational pulses will create light frequency waves. The intensity will be great and it is time to concentrate on being in your heart chakra and releasing any remaining ego that you might have. Just let it go. Be in the flow and let this energy flow through you. Focus on the Emerald ray and see it opening up your heart chakra to unconditional love. Her web site is <http://www.christinedayonline.com/>.

We are in an intense period of time which will continue at least through September. Right now the sun is in the sign of Leo and this activates fire energy. This energy, when used to activate your heart chakra, can bring much enlightenment to you. It's time to shine like a brilliant candle and move into your power.

James Twyman will be having a peace concert in Syria on August 15 and in Egypt on August 18th. If enough people concentrate on peace during that time period maybe we can actually start creating peace on Earth. Please check out his web site www.jamestwyman.com.

Egypt is a sign to the world. When they experience peace, the rest of the world will also have peace. The drama of Moses was all about freedom. Let my people go. Then a revolution happens and the people become free. We had the Star of David in the heavens on July 29th which is a very nice energy, but during that same time period Mars was opposing Pluto which brought up the energy of violence. This energy continues to be in effect.

Now, today August 2nd Mars is squaring Uranus which brings unexpected events and there is a major terrorist alert in affect. Mars is over Washington D.C. and Uranus is affecting the countries in North Africa including Egypt. Hopefully this threat will not manifest and we will be able to neutralize the energy of Mars, Pluto, and Uranus. Then the peace concert in Syria and Egypt can change the energy so those countries can become more peaceful. Please add your energy of love to those countries on August 15 and 18th. Let there be peace in the world and let it began with me.

Follow your heart and manifest love. And may the God within you bless you and bring you everything your heart desires.

So Be It! *****Mahala Gayle*****