



DISSEMINATION ACTIVITIES (M31-M36) (1-JAN-2016 TO 30-JUN-2016)

1. PREVIEW newsletters

PREVIEW newsletters 2016 (M37-M42)

No.	Date	Type of activity	Main responsible	Title/ Description	Place (of publication)	stakeholders addressed	Size of audience (if known)	Countries addressed
1	30-Mar-2016	Newsletter	HEL	PREVIEW HEL 4th Newsletter	HEL	PREVIEW HEL participants		Finland
2	March 2016	Newsletter	UNSYD	PREVIEW USNYD Easter 2016 Newsletter	Sydney (Email)	PREVIEW Participants	~120	Australia
3	Spring 2016	Newsletter	UNOTT	PREVIEW UNOTT spring 2016 Newsletter	Nottinghamshire	PREVIEW Participants (subjects)	~200	UK
4	May 2016	Newsletter	USTUTT and UM	PREVIEW 6 th Newsletter	The newsletter was posted on the PREVIEW website and distributed by email to a subscriber list of interested individuals and organisations	Health professionals	~1000	International
5	June 2016	Newsletter	UCPH	PREVIEW Newsletter		PREVIEW UCPH		Denmark



No.	Date	Type of activity	Main responsible	Title/ Description	Place (of publication)	stakeholders addressed	Size of audience (if known)	Countries addressed
						participants		
6	Summer 2016	Newsletter	UNOTT	PREVIEW UNOTT summer 2016 newsletter	Nottinghamshire	PREVIEW Participants (subjects)	~200	UK
7	Autumn 2016	Newsletter	UOA	PREVIEW Autumn newsletter	Auckland (study participants)	PREVIEW Participants	~200	NZ
8	June 2016	Newsletter	UNSYD	PREVIEW UNSYD Winter 2016 Newsletter	Sydney (Email)	PREVIEW Participants	~120	Australia
9	20-Jul-2016	Newsletter	HEL	PREVIEW HEL 5th Newsletter	HEL	PREVIEW HEL participants		Finland



2. News and articles in the press

News and articles in the press 2016 (M37-M42)

No.	Publication date	Main author	Title	Place of publication	Stakeholders addressed	Size of audience (if known)	Countries addressed
1	10-Feb-2016	Mikael Fogelholm (HEL)	Färre kolhydrater i pågående dietforskning (Fewer carbohydrates in an ongoing diet research)	Svenska Yle https://svenska.yle.fi/artikel/2016/02/09/farre-kolhydrater-i-pagaende-dietforskning			Sweden
2	31-May-2016	In response to the media release by Cambridge Weight Plan	Global study finds weight loss could be key for tackling pre-diabetes	News Medical http://www.news-medical.net/news/20160531/Global-study-finds-weight-loss-could-be-key-for-tackling-pre-diabetes.aspx			
3	31-May-2016	In response to the media release by Cambridge Weight Plan	Diet to halt diabetes revealed: How eating soup can slash your risk of developing disease	Express http://www.express.co.uk/life-style/health/675231/Diet-halt-diabetes-revealed-How-weight-loss-slashes-risk-developing-disease			



No.	Publication date	Main author	Title	Place of publication	Stakeholders addressed	Size of audience (if known)	Countries addressed
4	01-Jun-2016	In response to the media release by Cambridge Weight Plan	Low-carb diet may cut risk for type-2 diabetes by almost 90 percent	Techtimes http://www.techtimes.com/articles/162236/20160601/low-carb-diet-may-cut-risk-for-type-2-diabetes-by-almost-90-percent.htm			
5	01-Jun-2016	In response to the media release by Cambridge Weight Plan	Low-carb diet may cut risk for type-2 diabetes by almost 90 percent	Nutrition Insight http://www.nutritioninsight.com/news/Low-Carb-Diet-May-Cut-Risk-for-Type-2-Diabetes-by-Almost-90-Percent-New-Study-Suggests.html			
6	2-Jun-2016	Jennie Brand-Miller (UNSYD) was interviewed by Michael Mosley	Eight weeks, 800 calories a day: the diet that could save your life	The Times http://www.thetimes.co.uk/article/eight-weeks-800-calories-a-day-the-diet-that-could-save-your-life-blf2ttl6	Consumers	Several million	



3. Conference contributions

3.1. Oral presentations at conferences

Oral presentations at conferences in 2016 (M37-M42)

No.	Date	Presenter	Title	Conference Title (City, Country)	Stakeholders addressed	Abstracts submitted	Abstracts approved	Abstracts published
1	1-4-May-2016	Mathijs Drummen	Brain reward activity and insulin resistance in pre-diabetes –a PREVIEW study	ICO2016, Vancouver, Canada	Scientific community	YES	YES	YES In the conference book of abstracts Obesity Reviews vol. 17 S2 http://onlinelibrary.wiley.com/doi/10.1111/obr.12399/abstract pp.23



No.	Date	Presenter	Title	Conference Title (City, Country)	Stakeholders addressed	Abstracts submitted	Abstracts approved	Abstracts published
2	1-4- Jun-2016	Pia Christensen	Metabolic outcomes after an 8 weeks low-calorie-diet in overweight, pre-diabetic individuals: the role of gender in the PREVIEW study	EOS2016, Gothenburg, Sweden	Scientific community	YES	YES	YES In the conference book of abstracts Obes Facts 2016; 9(suppl 1) pp. 48 http://www.karger.com/Article/Pdf/446744
3	1-4- Jun-2016	Anne Raben	PREvention of type-2 diabetes (T2D): Why is the PREVIEW project important? Comparison with previous T2D prevention studies	EOS2016, Gothenburg, Sweden	Scientific community	YES	YES	YES In the conference book of abstracts Obes Facts 2016;



No.	Date	Presenter	Title	Conference Title (City, Country)	Stakeholders addressed	Abstracts submitted	Abstracts approved	Abstracts published
								9(suppl 1) pp. 32 http://www.karger.com/Article/Pdf/446744
4	1-4- Jun-2016	Mikael Fogelholm	The PREVIEW intervention study: How does 8-weeks weight loss and 4 mths weight maintenance phase influence T2D risk factors?	EOS2016, Gothenburg, Sweden	Scientific community	YES	YES	YES In the conference book of abstracts Obes Facts 2016; 9(suppl 1) pp. 32 http://www.karger.com/Article/Pdf/446744



No.	Date	Presenter	Title	Conference Title (City, Country)	Stakeholders addressed	Abstracts submitted	Abstracts approved	Abstracts published
								744
5	1-4- Jun-2016	Diewertje Sluik	PREvention of type-2 diabetes and the role of protein: Evidence from population-based studies in PREVIEW	EOS2016, Gothenburg, Sweden	Scientific community	YES	YES	YES In the conference book of abstracts Obes Facts 2016; 9(suppl 1) pp. 32 http://www.karger.com/Article/Pdf/446744
6	1-4- Jun-2016	Elke Dorenbos	Adolescents: Associations with gender, puberty stage and body composition	EOS2016, Gothenburg, Sweden	Scientific community	YES	YES	YES In the conference book of abstracts



No.	Date	Presenter	Title	Conference Title (City, Country)	Stakeholders addressed	Abstracts submitted	Abstracts approved	Abstracts published
								Obes Facts 2016; 9(suppl 1) pp. 32 http://www.karger.com/Article/Pdf/446744
7	1-4- Jun-2016	Mathijs Drummen	PREvention of type-2 diabetes and brain food-reward activity	EOS2016, Gothenburg, Sweden	Scientific community	YES	YES	YES In the conference book of abstracts Obes Facts 2016; 9(suppl 1) pp. 32 http://www.karger.com/Article/Pdf/446744



No.	Date	Presenter	Title	Conference Title (City, Country)	Stakeholders addressed	Abstracts submitted	Abstracts approved	Abstracts published
								e/Pdf/446744
8	1-4- Jun-2016	Julia Thurn	PREvention of type-2 diabetes: Importance of psycho-social variables beyond diet and physical activity	EOS2016, Gothenburg, Sweden	Scientific community	YES	YES	YES In the conference book of abstracts Obes Facts 2016; 9(suppl 1) pp. 32 http://www.karger.com/Article/Pdf/446744
9	19-22-Jun-2016	Anne Raben	Metabolic outcomes after an 8 weeks low-calorie-diet in overweight, pre-diabetic individuals: the role of gender in the PREVIEW	NNC2016, Gothenburg, Sweden	Scientific community	YES	YES	In the Conference book of abstracts http://dx.



No.	Date	Presenter	Title	Conference Title (City, Country)	Stakeholders addressed	Abstracts submitted	Abstracts approved	Abstracts published
			study					doi.org/10.3402/fnr.v60.31961
10	29-Jun-2016-1-Jul-2016	Jennie Brand-Miller	Metabolic outcomes after an 8 weeks low-calorie-diet in overweight, pre-diabetic individuals: the role of gender in the PREVIEW study	34 th International Symposium on Diabetes and Nutrition DNSG2016 Prague, Czech Republic	Scientific community	YES	YES	YES In the conference book of abstracts pp.35



3.2. Keynote speeches/Invited speakers at conferences

Keynote speeches/invited speakers in 2016 (M37-M42)

No.	Date	Presenter	Title	Conference Title (City, Country)	Stakeholders addressed	Size of audience (if known)	Countries addressed
-	-	-	-	-	-	-	-



3.3. Posters at conferences

Posters at conferences in 2016 (M37-M42)

No.	Date	Presenter	Title	Conference Title (City, Country)	Stakeholders addressed	Abstracts submitted	Abstracts approved	Abstracts published
1	1-4-May-2016	Elke Dorenbos (UM)	Persistent Insulin Resistance Is Associated With Gender, Puberty Stage And Fat Mass In Overweight And Obese Adolescents - A PREVIEW Study	ICO2016, Vancouver, Canada	Scientific Community	YES	YES	YES In the conference book of abstracts Obesity Reviews Vol 15 S2 http://onlinelibrary.wiley.com/doi/10.1111/obr.12402/abstract PP.130
2	1-4-May-2016	Radhika	Effect of an 8-week Low energy	ICO2016, Vancouver,	Scientific	YES	YES	YES



No.	Date	Presenter	Title	Conference Title (City, Country)	Stakeholders addressed	Abstracts submitted	Abstracts approved	Abstracts published
		Seimon	diet on muscle strength in adults with overweight and obesity - the PREVIEW study Australia	Canada	Community			YES In the conference book of abstracts Obesity Reviews vol. 17 S2 http://onlinelibrary.wiley.com/doi/10.1111/obr.12403/abstract pp.168
3	1-4- Jun-2016	Elke Dorenbos (UM)	Insulin resistance in overweight and obese adolescents is associated with gender, puberty stage and fat mass - a PREVIEW sub-study	EOS2016, Gothenburg, Sweden	Scientific Community	YES	YES	YES In the conference book of



No.	Date	Presenter	Title	Conference Title (City, Country)	Stakeholders addressed	Abstracts submitted	Abstracts approved	Abstracts published
								abstracts Obes Facts 2016; 9(suppl 1) pp. 227 http://www.karger.com/Article/Pdf/446744
4	1-4- Jun-2016	Mathijs Drummen (UM)	Brain reward activity is not associated with body weight and body composition – a PREVIEW study	EOS2016, Gothenburg, Sweden	Scientific Community	YES	YES	YES In the conference book of abstracts Obes Facts 2016; 9(suppl 1) pp. 57 http://www.karger.com/Article/Pdf/446744



No.	Date	Presenter	Title	Conference Title (City, Country)	Stakeholders addressed	Abstracts submitted	Abstracts approved	Abstracts published
								om/Article/Pdf/446744
5	19-22-Jun-2016	Grith M. Poulsen (UCPH)	Development of a scoring system to quantify the intake of animal vs vegetable protein and the association with HbA1c and eGFR – a sub-study of the PREVIEW project	NNC2016, Gothenburg, Sweden	Scientific Community	YES	YES	YES In the conference book of abstracts Food & Nutrition Research 2016,60:31-961 – pp.52 http://dx.doi.org/10.3402/fnr.v60.31961



3.4. Abstracts

Abstracts 2016 (M37-M42)

No.	Date	Presenter	Title	Conference Title (City, Country)	Stakeholders addressed	Abstracts submitted to the conference	Abstracts approved by the conference	Abstracts published
1	1-4-May-2016	Elke Dorenbos (UM)	Persistent Insulin Resistance Is Associated With Gender, Puberty Stage And Fat Mass In Overweight And Obese Adolescents - A PREVIEW Study	ICO2016, Vancouver, Canada	Scientific Community	YES	YES	YES In the conference book of abstracts Obesity Reviews Vol 15 S2 http://onlinelibrary.wiley.com/doi/10.1111/obr.12402/abstract



No.	Date	Presenter	Title	Conference Title (City, Country)	Stakeholders addressed	Abstracts submitted to the conference	Abstracts approved by the conference	Abstracts published
								PP.130
2	1-4- May-2016	Mathijs Drummen (UM)	Brain reward activity and insulin resistance in pre-diabetes –a PREVIEW study	ICO2016, Vancouver, Canada	Scientific Community	YES	YES	YES In the conference book of abstracts Obesity Reviews vol. 17 S2 http://onlinelibrary.wiley.com/doi/10.1111/obr.12399/abstract pp.23



No.	Date	Presenter	Title	Conference Title (City, Country)	Stakeholders addressed	Abstracts submitted to the conference	Abstracts approved by the conference	Abstracts published
	1-4-May-2016	Radhika Seimon	Effect of an 8-week Low energy diet on muscle strength in adults with overweight and obesity - the PREVIEW study Australia	ICO2016, Vancouver, Canada	Scientific Community	YES	YES	YES In the conference book of abstracts Obesity Reviews vol. 17 S2 http://onlinelibrary.wiley.com/doi/10.1111/obr.12403/abstract pp.168
3	1-4- Jun-2016	Elke Dorenbos	Insulin resistance in overweight and obese	EOS2016, Gothenburg, Sweden	Scientific Community	YES	YES	YES In the



No.	Date	Presenter	Title	Conference Title (City, Country)	Stakeholders addressed	Abstracts submitted to the conference	Abstracts approved by the conference	Abstracts published
		(UM)	adolescents is associated with gender, puberty stage and fat mass - a PREVIEW sub-study					conference book of abstracts In the conference book of abstracts Obes Facts 2016; 9(suppl 1) pp. 227 http://www.karger.com/Article/Pdf/446744
4	1-4- Jun-2016	Mathijs Drummen (UM)	Brain reward activity is not associated with body weight and body composition – a	EOS2016, Gothenburg, Sweden	Scientific Community	YES	YES	YES In the



No.	Date	Presenter	Title	Conference Title (City, Country)	Stakeholders addressed	Abstracts submitted to the conference	Abstracts approved by the conference	Abstracts published
			PREVIEW study					conference book of abstracts Obes Facts 2016; 9(suppl 1) pp. 57 http://www.karger.com/Article/Pdf/446744
5	1-4- Jun-2016	Pia Christensen	Metabolic outcomes after an 8 weeks low-calorie-diet in overweight, pre-diabetic individuals: the role of gender in the PREVIEW study	EOS2016, Gothenburg, Sweden	Scientific Community	YES	YES	YES In the Conference book of abstracts http://www



No.	Date	Presenter	Title	Conference Title (City, Country)	Stakeholders addressed	Abstracts submitted to the conference	Abstracts approved by the conference	Abstracts published
								w.karger.com/Article/Pdf/446744
6	1-4- Jun-2016	Anne Raben	PREvention of type-2 diabetes (T2D): Why is the PREVIEW project important? Comparison with previous T2D prevention studies	EOS2016, Gothenburg, Sweden	Scientific Community	YES	YES	In the conference book of abstracts Obes Facts 2016; 9(suppl 1) pp. 32 http://www.karger.com/Article/Pdf/446744
7	1-4- Jun-2016	Mikael Fogelholm	The PREVIEW intervention study: How does 8-weeks	EOS2016, Gothenburg, Sweden	Scientific Community	YES	YES	YES



No.	Date	Presenter	Title	Conference Title (City, Country)	Stakeholders addressed	Abstracts submitted to the conference	Abstracts approved by the conference	Abstracts published
			weight loss and 4 mths weight maintenance phase influence T2D risk factors?					In the conference book of abstracts Obes Facts 2016; 9(suppl 1) pp. 32 http://www.karger.com/Article/Pdf/446744
8	1-4- Jun-2016	Diewertje Sluik	PREvention of type-2 diabetes and the role of protein: Evidence from population-based studies in PREVIEW	EOS2016, Gothenburg, Sweden	Scientific Community	YES	YES	YES In the conference book of abstracts



No.	Date	Presenter	Title	Conference Title (City, Country)	Stakeholders addressed	Abstracts submitted to the conference	Abstracts approved by the conference	Abstracts published
								Obes Facts 2016; 9(suppl 1) pp. 32 http://www.karger.com/Article/Pdf/446744
9	1-4- Jun-2016	Elke Dorenbos	Adolescents: Associations with gender, puberty stage and body composition	EOS2016, Gothenburg, Sweden	Scientific Community	YES	YES	YES In the conference book of abstracts Obes Facts 2016; 9(suppl 1) pp. 32



No.	Date	Presenter	Title	Conference Title (City, Country)	Stakeholders addressed	Abstracts submitted to the conference	Abstracts approved by the conference	Abstracts published
								http://www.karger.com/Article/Pdf/446744
10	1-4- Jun-2016	Mathijs Drummen	PREvention of type-2 diabetes and brain food-reward activity	EOS2016, Gothenburg, Sweden	Scientific Community	YES	YES	YES In the conference book of abstracts Obes Facts 2016; 9(suppl 1) pp. 32 http://www.karger.com/Article/Pdf/4467



No.	Date	Presenter	Title	Conference Title (City, Country)	Stakeholders addressed	Abstracts submitted to the conference	Abstracts approved by the conference	Abstracts published
								44
11	1-4- Jun-2016	Julia Thurn	PREvention of type-2 diabetes: Importance of psycho-social variables beyond diet and physical activity	EOS2016, Gothenburg, Sweden	Scientific Community	YES	YES	YES In the conference book of abstracts Obes Facts 2016; 9(suppl 1) pp. 32 http://www.karger.com/Article/Pdf/446744
12	19-22-Jun-2016	Grith M. Poulsen (UCPH)	Development of a scoring system to quantify the intake of animal vs	NNC2016, Gothenburg, Sweden	Scientific Community	YES	YES	YES In the conference



No.	Date	Presenter	Title	Conference Title (City, Country)	Stakeholders addressed	Abstracts submitted to the conference	Abstracts approved by the conference	Abstracts published
			vegetable protein and the association with HbA1c and eGFR – a sub-study of the PREVIEW project					book of abstracts Food & Nutrition Research 2016,60:31-961 – pp.52 http://dx.doi.org/10.3402/fnr.v60.31961
13	29-Jun-2016-1-Jul-2016	Jennie Brand-Miller (UNSYD)	Metabolic outcomes after an 8 weeks low-calorie-diet in overweight, pre-diabetic individuals: the role of gender in the PREVIEW study	34 th International Symposium on Diabetes and Nutrition DNSG2016 Prague, Czech Republic	Scientific Community	YES	YES	YES In the conference book of abstracts



No.	Date	Presenter	Title	Conference Title (City, Country)	Stakeholders addressed	Abstracts submitted to the conference	Abstracts approved by the conference	Abstracts published
								pp.35



4. Scientific publications in journals

Scientific publications in journals in 2016 (M37-M42)

No.	Title	Main author	Title of the periodical or the series	Number, date or frequency	Publisher	Place of publication	Year of publication	Relevant pages	Permanent identifiers (if available)	Is/Will open access provided to this publication?
1	Contributors to dietary glycaemic index and glycaemic load in the Netherlands: the role of beer	Diewertje Sluik (WU)	British Journal of Nutrition	Volume 115 / Issue 07	Cambridge University Press	Cambridge, U.K.	April 2016	pp 1218-1225	http://dx.doi.org/10.1017/S0007114516000052	No



5. Interviews

Interviews given in 2016 (M37-M42)

No.	Date	Interviewee	Title	Place of publication	Stakeholders addressed	Size of audience (if known)	Countries addressed
-							



6. Other activities

This section summarizes all dissemination activities that could not be assigned to any of the other activity sections presented before. They include clinical sessions, meetings, distribution of leaflets, among others.

Other activities in 2016 (M37-M42)

No.	Date	Type of activity	Main responsible	Title/ Description	Place (of publication)	Stakeholders addressed	Size of audience (if known)	Countries addressed
1	13-Feb-2016	Special event for those who have regained weight / not attending CID	UOA	Back on track session	Auckland	Invited PREVIEW Participants	112	NZ
2	27-Feb-2016	1-day symposium	MU	Prevention of type 2 diabetes and obesity	Bulgarian Academy of Sciences	Scientific community		Bulgaria
3	2-April-2016	Special event for those who have regained weight / not attending CID		Back on track session	Auckland	Invited PREVIEW Participants	112	NZ
4	6-April-2016	Presentation about the	USTUTT	(PREVIEW – Die Arbeit in einem EU-finanzierten,	University of Furtwangen	Students of the University	25	Germany



No.	Date	Type of activity	Main responsible	Title/ Description	Place (of publication)	Stakeholders addressed	Size of audience (if known)	Countries addressed
		PREVIEW project		internationalen Forschungsprojekt)		of Furtwangen		
5	26-Apr-2016	Open event for UNOTT PREVIEW participants	UNOTT	Open event for UNOTT PREVIEW participants	UNOTT	UNOTT participants		UK
6	12-May-2016	Open event for UCPH PREVIEW participants	UCPH	Open event for UCPH PREVIEW participants	UCPH	UCPH participants	40	Denmark
7	12-May-2016	Open event for HEL PREVIEW participants	HEL	Open event for HEL PREVIEW participants	HEL	HEL participants	41 (out of 177 invited)	Finland
8	23-May-2016	Open event for UCPH PREVIEW participants	UCPH	Open event for UCPH PREVIEW participants	UCPH	UCPH participants	40	Denmark
9	08-June-2016	Lecture	Teodora	Hormonal changes in	Medical University of Sofia	Scientific		Bulgaria



No.	Date	Type of activity	Main responsible	Title/ Description	Place (of publication)	Stakeholders addressed	Size of audience (if known)	Countries addressed
			Handjieva-Darlenska, MU	prediabetes: the role of genes		community		
10	18-June-2016	Walk		PREVIEW walk	Auckland	All PREVIEW Participants	~180	NZ