

**INFORMATION REGARDING CALLS PRESENTED AND/OR SUPPORTED BY
2013 RAINBOW ROUND TABLE**

I TO ACCESS THE THREE WEEKLY CALLS via the Internet

A BBS RADIO Go To www.bbsradio.com ; click on Talk Radio Station #2; click on "64K Listen"

Thursday: 9 pm – 12:00 pm EST **Stargate Round Table** Host: Marietta Robert

Friday: 9 pm – 2 am EST **Friday Night Hard News** Hosts: T & R

Saturday: 4:30 pm – 2 am EST **History of our Galactic World & NESARA** T & R

Friday, Saturday: From **10 – 11 pm EST**, for one hour, the call moves to the Conference Call Line [PIN below] and then returns to BBS Radio.

- Use the following phone numbers to ask questions or make comments during the radio show.

530 – 413 – 9537 [line 1]

530 – 763 – 1594 [line 2 & 3]

530 – 746 – 0341 [line 4]

- **BBS Toll Free # in Canada, US** 1 – 888-429-5471 This # picks up the first available line.

B Conference Call: 1-860-970-0300

| | |
|----------------|-----------|
| Thursday PIN # | 87 87 87# |
| Friday PIN # | 23 23 23# |
| Saturday PIN # | 13 72 9# |

C Skype: **BBSradio2**

D Archives for the 3 Programs listed above:

- To access the **FREE BBS archives** for any of these programs:
 - Go to [BBSRadio.com/ Station 2](http://BBSRadio.com/Station2); scroll down; click on **Live Talk Radio Shows**
 - Scroll down to **Saturday History Call with Tara and Rama**, and click on "**Library Archives**"
 - Click on those words and you will be taken to the listing of all program archives, the latest one being at the top.
 - You can download the program to your own computer or listen directly.
- The **2013 website also has an archive section:**
<http://2013rainbowroundtable.ning.com/> look under the "Archives" tab for written notes.

II TO ACCESS OTHER CALLS SUPPORTED BY 2013 Rainbow Roundtable

A Sunday, Mondays: 9 – 10:30 EST **Cheryl Croci's Activation Calls**
By telephone only: 1 – 605-475-5950; PIN 9467441#

B Tuesdays, 2nd & 4th of each month: **Ashtar on the Road**
9:30 – 11:00 pm EST Host is Fran; Susan Leland channels Ashtar & others
www.Ashtarontheroad.com
 • Phone Number: 1 – 559 – 726 – 1300; PIN 972400##
 • Call is free [except for long distance charges]
 • Can also listen to the call via Skype

C Wednesdays: 7:00 – 9:00 EST **The Friends of The Aboriginal Moabite Nation Call**
By telephone only: 1– 712-432-0900 PIN 666238#
Replay # [good for 1 week] 1-712- 432-0990 PIN 666238#

Opening Meditation: Rainbird

Housekeeping: Rainbird

- BBS:**
- A listener-supported radio program; we can access program archives on BBS
 - We need \$ 300 each week; **this week, we need \$ 675** for the radio.
 - Everyone doing a little helps a lot - **many thanks to everyone for paying it forward!**
 - Go to BBSradio.com/Station2; find the listing for True History call; find the **Paypal** button
 - BBS appreciates getting checks through the mail – no fees taken off by Paypal
 - **NO COST TO ACCESS BBS ARCHIVES** for either of the 2 T & R PROGRAMS, or the Thursday night program: Stargate Round Table, hosted by MariettaRobert
 - Re: archives of other BBS programs; the money we pay to listen to someone else's archives is put towards our BBS bill!
 - The mailing address for those who do not like paying electronically:
BBS Network, Inc. [Please put "**Attention Don**" on the envelope.]
5167 Toyon Lane
Paradise, CA 95969
 - Sending a check to BBS means all your money is received; using Paypal incurs a fee.

- Website:**
- Samana & partner have taken over paying \$25 / mo to support the site
 - Debbie de Bois remains as webmaster.

- T & R:**
- The **rent has been paid!**
 - They also need **food & gas money**
 - We can donate via the Paypal button on the homepage of 2013 Rainbow Roundtable
 - **Please notify them if you're sending something:** koran999@comcast.net
 - Rama's mailing address for cheques, Money orders: Ram D Berkowitz
1704 B Llano St, # 249
Santa Fe, NM 87505
 - **phone contact** is via MariettaRobert: 317-773-0061
or by e-mail: stargatemarietta@gmail.com
 - **Remember you can book a session with Mother, as well!**

- MR:**
- Please remember to support MariettaRobert's show, too
 - **You can book a session with MR for a transformational clearing, too.**

- T:** if you have any trouble hearing, that means there is an issue with the sound and it is an emergency - so call this number: 1-888- 429 – 5471
- if you cannot get through, use this # 1-888 – 710-8061

http://bbsradio.com/syncf/True_History_of_Our_Galactic_World_and_NESARA/True_History_of_Our_Galactic_World_and_NESARA_2015-03-07.mp3

http://bbsradio.com/syncf/True_History_of_Our_Galactic_World_and_NESARA/True_History_of_Our_Galactic_World_and_NESARA_2015-03-07_HOUR_6.mp3

Conference call number: NEW 209-647-1600; PIN 353 863

Hard News:

T: Malcolm X was with Obama when he made this speech today at the foot of Edmund Pettis Bridge in Selma. The focus of 1965

- RanaMu from 175 million years into our future coming back to today
this is the final separation of the new timeline – NOW – that we are in from the evil fingers of Sauron, the evil wizard in The Lord of the Rings, who lost his body in the war & became the great eye

R: google via duckduck go – “eye of Saroun, Abu Dhabi”

- The hotel in Abu Dhabi is very high with lasers and lights; our friends in black use that hotel to observe things on the planet – so says Rana Mu
- Yes, it is a very dark eye! They are observing us through this lens – their perception of controlling the planet.
- Eric Prince and others go to Abu Dhabi: money talks!

Camp Lovewave: guest was “Steve” a vet who wrote a book; was going through PTSD stuff

- got hooked on atterol, a derivative of opium; took it for sleeping disorders
- he went cold turkey into the addiction and then the detox & kicked it
- went on a shaman's journey, a vision quest, up into forests of northern NM; not prepared, no guide
- got to the place where his body went into a coma; some bears found him, didn't kill him, knew he was in an altered state; they took him to their den and gave him food and water for 3 months;
- then he came out of it and found himself with the 3 bears, he was naked and had to find clothes
- came into town late at night and went to the homeless shelter & told the story: they called the paddy wagon and took him to hospital for 3 days: called him delusional!
- Got a bit annoyed with the system: one goes to get some help; get told to get it somewhere else
- Took his story to a NYC reporter who listened, called in National Geographic; the book was born
- He cured his addiction to atterol, had bears looking after him and helped him with their medicine – he is also free of PTSD.
- The bear shaman showed up and showed him the strength of the bear: big dipper and little dipper.
- Also took it as meaning Russia is going to step in some time: the middle east has incurred the wrath of Mother
- and Isis [an Annunaki name] – Isis energy has nothing to do with the lunatic fringe, Mad Max folks, being supported by John McCain
- the stuff that has been around for 6000 – 10,000years since we last walked the shores of Atlantis – you don't play with these technologies which are not for dumb and dumber
 - and the gov'ts on this planet are playing with technologies they have no business touching
 - That fake religion was created and our wayward brothers and sisters came and did some technological feats we call magic – the rest is her story, history
- the one story not told is how the black race of Kemmet comes into the picture and Selma and the “Ain't I a Woman?” [Sojourner Truth]
 - this is were the black goddess comes back, the Black Madonna
- They also talked about the upcoming eclipse and the equinox: what we are watching today with Obama is about how it changes everything:
 - we are in a new timeline as Rana Mu has said. Whatever part of the old timeline people want to play with – fake wars, nukes etc – they will be doing it elsewhere: they are going to be moves right NOW as KOS said it
- It's a piece of work to watching this: the criminal gang that did not show up to honour Mr 19.5* - since politicis is about the amount of money you can wave in someone's face courtesy of the Koch Bros and other collaborators around the planet, it is a dangerous game to be playing at the moment. We are playing with the brinkmanship of a false story: the nukes are neutralized; next the guns, the planes, and all the equipment will not work. We will have to talk! Instead of picking up clubs, we will have to talk.
 - The ones coming don't look like us: we gotta talk! There will be lots of beams on the situation, and

folks are going to get an upgrade just like that! We are not in Kansas anymore; we are in OZ, the outer zone; it is the fact that we are part of a galactic society in the neighbourhood, and they want to come over for a cup of tea: the galatics mean us no harm.

- Yet there are some who are xenophobic because they are not human and are faking being human and they are going to be exposed and it will be embarrassing and because they have not chosen love in any form

- the disrespect for this man is so outrageous for this man in this country that heaven is being moved to earth for us to get it because we are going to do this with love, and we are getting all the chances we need to get it that love is the only way!

- He tried to talk to folks today: all were focussed on Obama & his family on the bridge & keeping them alive. The real story is about the Aboriginal Moabite nation: fits in with the ones who destroyed Nimrod who will pay a heavy price by the galactics because they crossed a line: they are in Mother's turf
- Not much else to bring up about the news: John Lewis was on MSNBC and said the scars are still visible from the time they tried to take him out. Yet there is a sacred sense about the bridge as the whole event created a push forward for everyone.
 - It is doing the same thing again [pushing us forward], and this time we have help from our star brother and sisters.
- When Obama landed in Montgomery, some one was saying 1,000 people were killed by police in US; over 33,000 by guns – compared to 0 in UK; 4 in Germany, 12 in Canada.
 - We allow police to use deadly force more than other countries do.
 - This is the result of misinformation regarding the 2nd amendment!
 - John Lewis still has an ache in his heart from that day – there is so much to be done.
Yet Obama gave lots to be hopeful about!
- Happy Birthday to Rainbird tomorrow, as well as International Women's Day

Audio: Up With Steve Kornacki 3/7/15

Powerful symbolism in Selma 50 years later

Fifty years after the events in Selma, Alabama, President Obama leads a nation still battling discrimination and heads to Selma to speak. Northwestern professor Alvin Tillery, Princeton professor Julian Zelizer, and msnbc's Trymaine Lee join. Duration: 7:00

<http://www.msnbc.com/up/watch/powerful-symbolism-in-selma-50-years-later-409737283728>

Audio: Melissa Harris-Perry 3/7/15

50 years later, the struggle continues

While this weekend's events in Selma are a commemoration of the history-making civil rights actions of 1965, so too are they a modern day call-to-action to bring attention to the fact that injustice remains and the right to vote is still under assault. Duration: 12:02

<http://www.msnbc.com/melissa-harris-perry/watch/50-years-later--the-struggle-continues-409746499505>

Selma anniversary a 'call to action'

This weekend's Selma anniversary is a commemoration of what was achieved as a result of the march across the bridge, but it's also a call to action for activists today. Duration: 12:33

<http://www.msnbc.com/melissa-harris-perry/watch/selma-anniversary-a-call-to-action-409749571668>

'Stunning' Ferguson report hits municipal practices

Thomas Harvey, executive director and co-founder of ArchCity Defenders, joins Dorian Warren to discuss the Justice Department's Ferguson report on the city's municipal court.

Duration: 5:05

<http://www.msnbc.com/melissa-harris-perry/watch/ferguson-report-hits-municipal-practices-409750083835>

President Obama on why Selma is relevant to younger generation

As President Obama pays tribute to the civil rights legends who were there on Bloody Sunday 50 years ago, Melissa Harris-Perry looks at how Obama must look at how "his own legacy is in the context of being this bridge."

Duration: 3:51

<http://www.msnbc.com/melissa-harris-perry/watch/obama--why-selma-is-relevant-to-young-people-409747523595>

Selma then and now: Policing and communities

The Southern Poverty Law Center's Mark Potok and Selma Police Chief William T. Riley III join Melissa Harris-Perry to discuss policing issues in communities like Selma, Alabama today.

Duration: 7:16

<http://www.msnbc.com/melissa-harris-perry/watch/selma-then-and-now--policing-and-communities-409748035867>

Interview with Diane Nash and Bob Moses

video not available.

'Stunning' Ferguson report hits municipal practices

Thomas Harvey, executive director and co-founder of ArchCity Defenders, joins Dorian Warren to discuss the Justice Department's Ferguson report on the city's municipal court.

Duration: 5:05

<http://www.msnbc.com/melissa-harris-perry/watch/ferguson-report-hits-municipal-practices-409750083835>

Interview with Peggy Wallace Kennedy, daughter of Gov George Wallace Jr of Alabama

video not available

Moral Mondays and modern movements

On the 50th anniversary of the events in Selma, Alabama, Rev. William Barber, president of the North Carolina NAACP State Conference, talks with Melissa Harris-Perry about the North Carolina progressive movement that continues to fight.

Duration: 5:41

<http://www.msnbc.com/melissa-harris-perry/watch/moral-mondays-and-modern-movements-409758275738>

Audio: John Lewis' presentation

Audio: President Obama's speech

[SEE BELOW]

Audio: Tim Wise "White Like Me: Reflections on Race from a Privileged Son" Talks at Google

Published on 30 Sep 2013

<https://www.youtube.com/watch?v=oV-EDWzJuzk>

Tim Wise is an American anti-racism activist and writer. He is coming to Google to talk to us about addressing and deconstructing racism in institutions.

T: the speech / discussion adds all kinds of details to the discussion of racism: now what do we do about this?

NOTE: the audio on the tape came from Free Speech TV; there might be some discrepancies.

Also, here is his website: <http://www.timwise.org/>

The following is from that site:

Tim Wise at Portland Community College – 1/29/15 – “Ferguson and Beyond: Racism, White Denial, and Criminal Justice”

https://www.youtube.com/watch?feature=player_embedded&v=rVmrmkp8kF8

Audio: In honour of International Women's Day

Ain't I A Woman?

<https://www.youtube.com/watch?v=uf9oGDUiZIM>

A speech given in 1851 by Sojourner Truth [1797 – 1883] to the feminists in Ohio “Ain't I a woman?” - quoted word for word by an actress.

[SEE BELOW]

Music Break

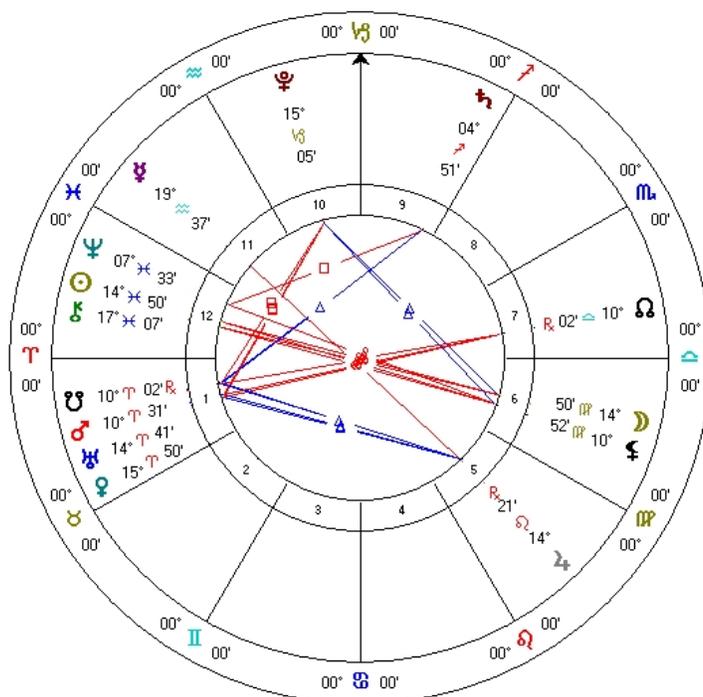
Astrology: The Pele Report March 3, 20150222

https://www.youtube.com/watch?feature=player_embedded&v=TZu9n5b7zFc

The time is NOW to be who I am,
Fully expressed as a woman or man,
Releasing the guilt of man-made religions,
To be an example for the
next generations.

**Full Moon
Natal Chart**
Mar 5 2015, Thu
12:06:34 pm CST -6:00
San Jose, Costa Rica
09°N56' 08"W05'
Geocentric
Tropical
0° Aries
True Node

OK! This is the month when it all comes down on either one side or the other (perhaps both for some of us). Like a tropical thunderstorm, some unnecessary attachments will go, and some new realities will emerge! Between this full Moon (Thursday) and the next (lunar eclipse), we will see the culmination of years worth of work and intention, and Life will show us just how on or off track we have been. The tension is mounting, and staying calm and centered will be the trick. Please check out the yoga section of my website for breath, yoga and meditation exercises to assist you in holding your space.



After turning the camera off for the Pele Report, of course, I thought of so much more I should've said that I came to the computer and talked some more! I was going to add it onto the Pele report but it was just too long. If you are interested, you can [CLICK HERE](#) to download and watch. (PS - if you have trouble with the download, please try a different browser) Injoy!

This is a transcript in English:

<https://s3.amazonaws.com/newparadigmastrology/Pele+en+Español/2015/English/03.03.2015.pdf>

Reading: Mystic Momma Know the hidden and forgotten Mother~ [SEE BELOW]

What a recovery of the wisdom of the Mother brings to all of us is the knowledge of inseparable connection with the entire creation and the wise, active love that is born from that knowledge.

“Unless the human race realizes with a passion and reverence beyond thought or words its inter-being with nature, it will destroy in its greed the very environment it is itself sustained by.

“Unless our fundamental sacred connectedness with every being and thing is experienced deeply and enacted everywhere, religious, political, and other differences will go on creating intolerable conflict that can only increase the already dangerously high chances of our self-annihilation.

“The Mother’s knowledge of unity, her powers of sensitivity, humility, and balance, and her infinite respect for the miracle of all life have now to be invoked by each of us and practiced if the ‘masculine’ rational imbalance of our civilization is to be righted before its too late.

“Coming to know the hidden and forgotten Mother and the marvelous wisdom of the sacred feminine as revealed from every side and angle by the different mystical traditions is not luxury; it is, I believe, a necessity for our survival as a species.

“Knowing her we will know that we are her divine children in a relationship of complete, unconditionally loving intimacy; we will know that nature is holy in all its sacred particulars because it is everywhere vibrant with her light and her love; we will know that we have come to this earth not, as some patriarchal mystical traditions have implied, to escape it but to embrace it fully, not to ‘transcend’ it but to arrive here in full presence, gratitude and love.

“What knowing the Mother means above all is daring to put love into action. The Mother herself is love-in-action, love acting everywhere and in everything to make creation possible.

“Coming into contact with the Mother is coming into contact with a force of passionate and active compassion in every area and dimension of life, a force that longs to be invoked by us to help transform all the existing conditions of life on earth so that they can mirror ever more clearly and accurately her law, her justice, and her love.”

~Andrew Harvey from **The Essential Mystics : Selections from the World’s Great Wisdom Traditions**

Audio: The Oracle Report [Transcript - SEE BELOW]

Reading:
2015-03-04 **Urgent Message To Ground Crew – Total Solar Eclipse – March 20 – Galactics**

Conference Call

2 Callers: not able to hear the new c. call very well Just softer and softer and softer – Rama is

calling the company.

T: Don forgot to dial up the call last night for the first 2 hours

T: they were playing both numbers all day long

**716-748-0144 – this number goes directly to Station 2 24/7
there is no PIN – goes directly to the call on the radio; can be heard very clearly**

Is this a free conference call? Rama does not know -

Reading: completion of **Urgent Message to Ground Crew**

[SEE BELOW]

The galactics are saying that earth will make it / has made it, not that earth “may not make it” -
[paragraph beginning “When I think about everything . . .”]

When you realize that Michelle and Obama sat beside Bush Jr -

Bush Jr was the blue turbaned prince king and Laura was supposed to have been his wife at the same time - Ahab – most evil incarnation on the world

Reading: bio on Leonard Nemoy – will always be known as Spock; was also an exceptional director both in Star Trek and similar movies, plus other kinds as well. A movie called “the Cage”

BBS Radio

Music: Ganesh's mantra, Om Gam Ganapataye Namaha recommended by KOS

background to the mantra and the background of Ganesh, the breaker of obstacles **[SEE BELOW]**

<https://www.youtube.com/watch?v=qXkV1teL4u4>

2015-03-02 **The King of Swords has asked us to do this Meditation!! It changes everything!**

The Ceremony of Original Innocence - 12 Foundation Circuits

thetemplate.org

The Ceremony of Original Innocence - 12 Foundation Circuits from thetemplate.org

<https://www.youtube.com/watch?v=cwhQywupalw>

As a result of the genetic modification of the Human DNA, almost all of our foundation circuits are in a state of disconnection, creating a distorted sense of self that has led to fear, shame, guilt and disease.

The disruption of the bio-circuitry relating to our primal resonant relationships with our mothers and fathers affects our ability to engage unconditionally in relationships. However, it is no longer necessary or ultimately effective to engage in lengthy post-mortems of childhood, casting ourselves into the trauma-vortex of past tragedies and injustices, reinforcing identities anchored in disempowering scenarios. By reconnecting the vital circuits that relate to conception, gestation, birth and childhood, healing is integrated on the DNA level.

The Ceremony of Original Innocence takes us back to our first choice, prior to our first breath, reminding us of our true identity - creators rather than victims.

The key to this shift in perception is forgiveness, the bedrock of the shamanic journey. To embrace forgiveness is to embody the living mandala of love, upon which is based the fundamental Human ethic, acknowledging your “response-ability” within the interconnectedness of all creation.

Although it is possible to be born with the Water Circuits connected, they are almost always disrupted by guilt, regret and anger. Reconnecting these circuits clears these negative emotions, liberating relationships from destructive patterns.

The reconnection of the Thymus Circuit activates the T-cells of the immune system. This has a powerful effect on health.

With the reconnection of the Air Circuits, the pineal-hypothalamus-pituitary complex is revitalised, as the pineal is now enabled to receive the full spectrum of the geometric language of light.

Audio: NASSIM HARAMEIN, The structure of the vacuum, and Crop Circles Ancient Civilizations - PART 4 OF 6

<https://www.youtube.com/watch?v=8LDSk-g3wKA>

In this video, Nassim continues to develop his theory of the structure of the vacuum and shows spectacular animations Isotropic Vector Matrix based on the research of R. Buckminster Fuller and complemented by Nassim Haramein and graphics we see clearly how to deployed geometry and how it connects with Nassim investigations on the structure of the vacuum. He then goes on to talk about crop circles and mathematical relationships that detected in many of them and relating it all ends with the legacy of the various ancient civilizations and again we see a series of geometric and mathematical relationships that lead back to their theories and isotropic Vector Matrix is one of the most significant geometric constructions of sacred geometry and is composed of 64 tetrahedra.

VERSIÓN EN ESPAÑOL DE ESTE VÍDEO ... <http://www.youtube.com/watch?v=4eSDGK...>

Part 1 <https://www.youtube.com/watch?v=W7UOC...>

Part 2 <https://www.youtube.com/watch?v=aaJSP...>

Part 3 <https://www.youtube.com/watch?v=7WYIO...>

Part 4 <https://www.youtube.com/watch?v=8LDSk...>

Part 5 <https://www.youtube.com/watch?v=02RQf...>

Part 6 https://www.youtube.com/watch?v=_HZIZ...

Question Time: https://www.youtube.com/watch?v=_JuFc...

Subscribe to our youtube channel: <http://www.youtube.com/PandorasTv>

Visit our website and sign up for the mailing list: <http://www.lacajadepandora.eu>

From here starts talking about how ancient civilizations could build those huge monuments worldwide precision and knowledge that surprised today that also seem to keep similar relations in all cases even when different civilizations are supposed that were isolated from each other geographically and temporally. But all seem to drink from the same fountain of knowledge that connects them all.

NASSIM Haramein - Cognos 2010 -

Nassim is a theoretical physicist who has developed self-taught one of the most incredible theories unification of physics that exist today. Unification theories are theories that attempt to unify physics explanations of the small (atomic level) and big (cosmological level) ... Nassim

theory but has managed to explain more.

His theory describes the structure and dynamics of what constitutes the 99.9999999999 % of what we see out there ... space .. vacuum. According to science , the vacuum is not empty .. is full of energy ... infinitely energetic. And because of this " infinitez " infinitely annoying , scientists decided renormalizarla (according Hamein what we try to do them all in school .. with varying success ... obviously decided to give a finite value to the infinitez and with that calculation , Nassim has re- developed a comprehensive theory supplementing the Einstein field equations , giving his first result Schwarzschild status or a black hole , all rotational dynamics , coriolis and gyroscopic effects other given at any system, which obviously vary notions of what we understood as reality , extending to a reality in which all objects to be enjoyed , thanks to black holes or wells .. attraction and creation of infinity of sizes, held in place and create , all that exists , from an atom to a human, a planet , a star , a galaxy , or , probably , the universe itself .. because, it seems , everything looks like one autorrecurrente fractal image , learning and experiencing itself ...

We just compress all your extensísima theory in a paragraph ... but we entendáis , which seems to have found , is the structure and the dynamics of movement and performance which , to our knowledge , seems to contain an infinite amount of energy ... vacuum .. space .. and thanks and therefore understood finally evaded the great equation ... gravity.

Gravity is not more than the attractive force generated by black holes, plenty of sizes present in any system ... call this system an atom, a person , a planet , a star , or a galaxy , which, while generating an attractive force to keep the system in place , as any action there is an equal and opposite reaction also generate all the energy that we call matter and we can then see at a glance and experience with our senses.

<http://www.lacajadepandora.eu>
<http://www.theresonanceproject.org>
<http://www.genlabsystems.org>
<http://www.r-evolucion.org>

Audio: Max Keiser Episode 728 March 07, 2015

<http://img.rt.com/files/episode/3a/31/50/00/kr0703.mp4?event=download>

Max Keiser and Stacy Herbert discuss the publicly-listed companies eating themselves through stock buybacks and what this means for a monetary policy which encourages it in our new financialized era, in which corporations borrow not to invest but to take money out of the company. In the second half, Max interviews precious metals expert Ned Naylor-Leyland about the latest in the gold market - including the various lawsuits against manipulators of the market and the accumulation of reserves and introduction of a price-fix in China.

Reading: The Real Life of Fairies

Closing: Rainbird

It is exciting to be here for the change of the ages, the changes we have been waiting for!

Music: Part 4 Lynn Twist & Deepak Chopra "The Human Form"
from mythicimagination.org – Alliance for the New Humanity

INFORMATION RELATED TO THE NOTES

2015-03-07 **Remarks by the President at the 50th Anniversary of the Selma to Montgomery Marches**

Edmund Pettus Bridge
Selma, Alabama

2:17 P.M. CST

AUDIENCE MEMBER: We love you, President Obama!

THE PRESIDENT: Well, you know I love you back. (Applause.)

It is a rare honor in this life to follow one of your heroes. And John Lewis is one of my heroes.

Now, I have to imagine that when a younger John Lewis woke up that morning 50 years ago and made his way to Brown Chapel, heroics were not on his mind. A day like this was not on his mind. Young folks with bedrolls and backpacks were milling about. Veterans of the movement trained newcomers in the tactics of non-violence; the right way to protect yourself when attacked. A doctor described what tear gas does to the body, while marchers scribbled down instructions for contacting their loved ones. The air was thick with doubt, anticipation and fear. And they comforted themselves with the final verse of the final hymn they sung:

“No matter what may be the test, God will take care of you;
Lean, weary one, upon His breast, God will take care of you.”

And then, his knapsack stocked with an apple, a toothbrush, and a book on government -- all you need for a night behind bars -- John Lewis led them out of the church on a mission to change America.

President and Mrs. Bush, Governor Bentley, Mayor Evans, Sewell, Reverend Strong, members of Congress, elected officials, foot soldiers, friends, fellow Americans:

As John noted, there are places and moments in America where this nation’s destiny has been decided. Many are sites of war -- Concord and Lexington, Appomattox, Gettysburg. Others are sites that symbolize the daring of America’s character -- Independence Hall and Seneca Falls, Kitty Hawk and Cape Canaveral.

Selma is such a place. In one afternoon 50 years ago, so much of our turbulent history -- the stain of slavery and anguish of civil war; the yoke of segregation and tyranny of Jim Crow; the death of four little girls in Birmingham; and the dream of a Baptist preacher -- all that history met on this bridge.

It was not a clash of armies, but a clash of wills; a contest to determine the true meaning of America. And because of men and women like John Lewis, Joseph Lowery, Hosea Williams, Amelia Boynton, Diane Nash, Ralph Abernathy, C.T. Vivian, Andrew Young, Fred Shuttlesworth, Dr. Martin Luther King, Jr., and so many others, the idea of a just America and a fair America, an inclusive America, and a generous America -- that idea ultimately triumphed.

As is true across the landscape of American history, we cannot examine this moment in isolation. The march on Selma was part of a broader campaign that spanned generations; the leaders that day part of a long line of heroes.

We gather here to celebrate them. We gather here to honor the courage of ordinary Americans willing to endure billy clubs and the chastening rod; tear gas and the trampling hoof; men and women who despite the gush of blood and splintered bone would stay true to their North Star and keep marching towards justice.

They did as Scripture instructed: “Rejoice in hope, be patient in tribulation, be constant in prayer.” And in the days to come, they went back again and again. When the trumpet call sounded for more to join, the people came — black and white, young and old, Christian and Jew, waving the American flag and singing the same

anthems full of faith and hope. A white newsman, Bill Plante, who covered the marches then and who is with us here today, quipped that the growing number of white people lowered the quality of the singing. (Laughter.) To those who marched, though, those old gospel songs must have never sounded so sweet.

In time, their chorus would well up and reach President Johnson. And he would send them protection, and speak to the nation, echoing their call for America and the world to hear: "We shall overcome." (Applause.) What enormous faith these men and women had. Faith in God, but also faith in America.

The Americans who crossed this bridge, they were not physically imposing. But they gave courage to millions. They held no elected office. But they led a nation. They marched as Americans who had endured hundreds of years of brutal violence, countless daily indignities — but they didn't seek special treatment, just the equal treatment promised to them almost a century before. (Applause.)

What they did here will reverberate through the ages. Not because the change they won was preordained; not because their victory was complete; but because they proved that nonviolent change is possible, that love and hope can conquer hate.

As we commemorate their achievement, we are well-served to remember that at the time of the marches, many in power condemned rather than praised them. Back then, they were called Communists, or half-breeds, or outside agitators, sexual and moral degenerates, and worse — they were called everything but the name their parents gave them. Their faith was questioned. Their lives were threatened. Their patriotism challenged.

And yet, what could be more American than what happened in this place? (Applause.) What could more profoundly vindicate the idea of America than plain and humble people — unsung, the downtrodden, the dreamers not of high station, not born to wealth or privilege, not of one religious tradition but many, coming together to shape their country's course?

What greater expression of faith in the American experiment than this, what greater form of patriotism is there than the belief that America is not yet finished, that we are strong enough to be self-critical, that each successive generation can look upon our imperfections and decide that it is in our power to remake this nation to more closely align with our highest ideals? (Applause.)

That's why Selma is not some outlier in the American experience. That's why it's not a museum or a static monument to behold from a distance. It is instead the manifestation of a creed written into our founding documents: "We the People...in order to form a more perfect union." "We hold these truths to be self-evident, that all men are created equal." (Applause.)

These are not just words. They're a living thing, a call to action, a roadmap for citizenship and an insistence in the capacity of free men and women to shape our own destiny. For founders like Franklin and Jefferson, for leaders like Lincoln and FDR, the success of our experiment in self-government rested on engaging all of our citizens in this work. And that's what we celebrate here in Selma. That's what this movement was all about, one leg in our long journey toward freedom. (Applause.)

The American instinct that led these young men and women to pick up the torch and cross this bridge, that's the same instinct that moved patriots to choose revolution over tyranny. It's the same instinct that drew immigrants from across oceans and the Rio Grande; the same instinct that led women to reach for the ballot, workers to organize against an unjust status quo; the same instinct that led us to plant a flag at Iwo Jima and on the surface of the Moon. (Applause.)

It's the idea held by generations of citizens who believed that America is a constant work in progress; who believed that loving this country requires more than singing its praises or avoiding uncomfortable truths. It requires the occasional disruption, the willingness to speak out for what is right, to shake up the status quo. That's America. (Applause.)

That's what makes us unique. That's what cements our reputation as a beacon of opportunity. Young people behind the Iron Curtain would see Selma and eventually tear down that wall. Young people in Soweto would

hear Bobby Kennedy talk about ripples of hope and eventually banish the scourge of apartheid. Young people in Burma went to prison rather than submit to military rule. They saw what John Lewis had done. From the streets of Tunis to the Maidan in Ukraine, this generation of young people can draw strength from this place, where the powerless could change the world's greatest power and push their leaders to expand the boundaries of freedom.

They saw that idea made real right here in Selma, Alabama. They saw that idea manifest itself here in America.

Because of campaigns like this, a Voting Rights Act was passed. Political and economic and social barriers came down. And the change these men and women wrought is visible here today in the presence of African Americans who run boardrooms, who sit on the bench, who serve in elected office from small towns to big cities; from the Congressional Black Caucus all the way to the Oval Office. (Applause.)

Because of what they did, the doors of opportunity swung open not just for black folks, but for every American. Women marched through those doors. Latinos marched through those doors. Asian Americans, gay Americans, Americans with disabilities -- they all came through those doors. (Applause.) Their endeavors gave the entire South the chance to rise again, not by reasserting the past, but by transcending the past.

What a glorious thing, Dr. King might say. And what a solemn debt we owe. Which leads us to ask, just how might we repay that debt?

First and foremost, we have to recognize that one day's commemoration, no matter how special, is not enough. If Selma taught us anything, it's that our work is never done. (Applause.) The American experiment in self-government gives work and purpose to each generation.

Selma teaches us, as well, that action requires that we shed our cynicism. For when it comes to the pursuit of justice, we can afford neither complacency nor despair.

Just this week, I was asked whether I thought the Department of Justice's Ferguson report shows that, with respect to race, little has changed in this country. And I understood the question; the report's narrative was sadly familiar. It evoked the kind of abuse and disregard for citizens that spawned the Civil Rights Movement. But I rejected the notion that nothing's changed. What happened in Ferguson may not be unique, but it's no longer endemic. It's no longer sanctioned by law or by custom. And before the Civil Rights Movement, it most surely was. (Applause.)

We do a disservice to the cause of justice by intimating that bias and discrimination are immutable, that racial division is inherent to America. If you think nothing's changed in the past 50 years, ask somebody who lived through the Selma or Chicago or Los Angeles of the 1950s. Ask the female CEO who once might have been assigned to the secretarial pool if nothing's changed. Ask your gay friend if it's easier to be out and proud in America now than it was thirty years ago. To deny this progress, this hard-won progress -- our progress -- would be to rob us of our own agency, our own capacity, our responsibility to do what we can to make America better.

Of course, a more common mistake is to suggest that Ferguson is an isolated incident; that racism is banished; that the work that drew men and women to Selma is now complete, and that whatever racial tensions remain are a consequence of those seeking to play the "race card" for their own purposes. We don't need the Ferguson report to know that's not true. We just need to open our eyes, and our ears, and our hearts to know that this nation's racial history still casts its long shadow upon us.

We know the march is not yet over. We know the race is not yet won. We know that reaching that blessed destination where we are judged, all of us, by the content of our character requires admitting as much, facing up to the truth. "We are capable of bearing a great burden," James Baldwin once wrote, "once we discover that the burden is reality and arrive where reality is."

There's nothing America can't handle if we actually look squarely at the problem. And this is work for all Americans, not just some. Not just whites. Not just blacks. If we want to honor the courage of those who marched that day, then all of us are called to possess their moral imagination. All of us will need to feel as they

did the fierce urgency of now. All of us need to recognize as they did that change depends on our actions, on our attitudes, the things we teach our children. And if we make such an effort, no matter how hard it may sometimes seem, laws can be passed, and consciences can be stirred, and consensus can be built. (Applause.)

With such an effort, we can make sure our criminal justice system serves all and not just some. Together, we can raise the level of mutual trust that policing is built on — the idea that police officers are members of the community they risk their lives to protect, and citizens in Ferguson and New York and Cleveland, they just want the same thing young people here marched for 50 years ago — the protection of the law. (Applause.) Together, we can address unfair sentencing and overcrowded prisons, and the stunted circumstances that rob too many boys of the chance to become men, and rob the nation of too many men who could be good dads, and good workers, and good neighbors. (Applause.)

With effort, we can roll back poverty and the roadblocks to opportunity. Americans don't accept a free ride for anybody, nor do we believe in equality of outcomes. But we do expect equal opportunity. And if we really mean it, if we're not just giving lip service to it, but if we really mean it and are willing to sacrifice for it, then, yes, we can make sure every child gets an education suitable to this new century, one that expands imaginations and lifts sights and gives those children the skills they need. We can make sure every person willing to work has the dignity of a job, and a fair wage, and a real voice, and sturdier rungs on that ladder into the middle class.

And with effort, we can protect the foundation stone of our democracy for which so many marched across this bridge — and that is the right to vote. (Applause.) Right now, in 2015, 50 years after Selma, there are laws across this country designed to make it harder for people to vote. As we speak, more of such laws are being proposed. Meanwhile, the Voting Rights Act, the culmination of so much blood, so much sweat and tears, the product of so much sacrifice in the face of wanton violence, the Voting Rights Act stands weakened, its future subject to political rancor.

How can that be? The Voting Rights Act was one of the crowning achievements of our democracy, the result of Republican and Democratic efforts. (Applause.) President Reagan signed its renewal when he was in office. President George W. Bush signed its renewal when he was in office. (Applause.) One hundred members of Congress have come here today to honor people who were willing to die for the right to protect it. If we want to honor this day, let that hundred go back to Washington and gather four hundred more, and together, pledge to make it their mission to restore that law this year. That's how we honor those on this bridge. (Applause.)

Of course, our democracy is not the task of Congress alone, or the courts alone, or even the President alone. If every new voter-suppression law was struck down today, we would still have, here in America, one of the lowest voting rates among free peoples. Fifty years ago, registering to vote here in Selma and much of the South meant guessing the number of jellybeans in a jar, the number of bubbles on a bar of soap. It meant risking your dignity, and sometimes, your life.

What's our excuse today for not voting? How do we so casually discard the right for which so many fought? (Applause.) How do we so fully give away our power, our voice, in shaping America's future? Why are we pointing to somebody else when we could take the time just to go to the polling places? (Applause.) We give away our power.

Fellow marchers, so much has changed in 50 years. We have endured war and we've fashioned peace. We've seen technological wonders that touch every aspect of our lives. We take for granted conveniences that our parents could have scarcely imagined. But what has not changed is the imperative of citizenship; that willingness of a 26-year-old deacon, or a Unitarian minister, or a young mother of five to decide they loved this country so much that they'd risk everything to realize its promise.

That's what it means to love America. That's what it means to believe in America. That's what it means when we say America is exceptional.

For we were born of change. We broke the old aristocracies, declaring ourselves entitled not by bloodline, but endowed by our Creator with certain inalienable rights. We secure our rights and responsibilities through a system of self-government, of and by and for the people. That's why we argue and fight with so much passion

and conviction -- because we know our efforts matter. We know America is what we make of it.

Look at our history. We are Lewis and Clark and Sacajawea, pioneers who braved the unfamiliar, followed by a stampede of farmers and miners, and entrepreneurs and hucksters. That's our spirit. That's who we are.

We are Sojourner Truth and Fannie Lou Hamer, women who could do as much as any man and then some. And we're Susan B. Anthony, who shook the system until the law reflected that truth. That is our character.

We're the immigrants who stowed away on ships to reach these shores, the huddled masses yearning to breathe free — Holocaust survivors, Soviet defectors, the Lost Boys of Sudan. We're the hopeful strivers who cross the Rio Grande because we want our kids to know a better life. That's how we came to be. (Applause.)

We're the slaves who built the White House and the economy of the South. (Applause.) We're the ranch hands and cowboys who opened up the West, and countless laborers who laid rail, and raised skyscrapers, and organized for workers' rights.

We're the fresh-faced GIs who fought to liberate a continent. And we're the Tuskegee Airmen, and the Navajo code-talkers, and the Japanese Americans who fought for this country even as their own liberty had been denied.

We're the firefighters who rushed into those buildings on 9/11, the volunteers who signed up to fight in Afghanistan and Iraq. We're the gay Americans whose blood ran in the streets of San Francisco and New York, just as blood ran down this bridge. (Applause.)

We are storytellers, writers, poets, artists who abhor unfairness, and despise hypocrisy, and give voice to the voiceless, and tell truths that need to be told.

We're the inventors of gospel and jazz and blues, bluegrass and country, and hip-hop and rock and roll, and our very own sound with all the sweet sorrow and reckless joy of freedom.

We are Jackie Robinson, enduring scorn and spiked cleats and pitches coming straight to his head, and stealing home in the World Series anyway. (Applause.)

We are the people Langston Hughes wrote of who "build our temples for tomorrow, strong as we know how." We are the people Emerson wrote of, "who for truth and honor's sake stand fast and suffer long;" who are "never tired, so long as we can see far enough."

That's what America is. Not stock photos or airbrushed history, or feeble attempts to define some of us as more American than others. (Applause.) We respect the past, but we don't pine for the past. We don't fear the future; we grab for it. America is not some fragile thing. We are large, in the words of Whitman, containing multitudes. We are boisterous and diverse and full of energy, perpetually young in spirit. That's why someone like John Lewis at the ripe old age of 25 could lead a mighty march.

And that's what the young people here today and listening all across the country must take away from this day. You are America. Unconstrained by habit and convention. Unencumbered by what is, because you're ready to seize what ought to be.

For everywhere in this country, there are first steps to be taken, there's new ground to cover, there are more bridges to be crossed. And it is you, the young and fearless at heart, the most diverse and educated generation in our history, who the nation is waiting to follow.

Because Selma shows us that America is not the project of any one person. Because the single-most powerful word in our democracy is the word "We." "We The People." "We Shall Overcome." "Yes We Can." (Applause.) That word is owned by no one. It belongs to everyone. Oh, what a glorious task we are given, to continually try to improve this great nation of ours.

Fifty years from Bloody Sunday, our march is not yet finished, but we're getting closer. Two hundred and thirty-nine years after this nation's founding our union is not yet perfect, but we are getting closer. Our job's easier because somebody already got us through that first mile. Somebody already got us over that bridge. When it feels the road is too hard, when the torch we've been passed feels too heavy, we will remember these early travelers, and draw strength from their example, and hold firmly the words of the prophet Isaiah: "Those who hope in the Lord will renew their strength. They will soar on [the] wings like eagles. They will run and not grow weary. They will walk and not be faint." (Applause.)

We honor those who walked so we could run. We must run so our children soar. And we will not grow weary. For we believe in the power of an awesome God, and we believe in this country's sacred promise.

May He bless those warriors of justice no longer with us, and bless the United States of America. Thank you, everybody. (Applause.)

END

2:50 P.M. CST

2015-03-7 Ain't I A Woman?

<https://www.youtube.com/watch?v=uf9oGDUiZIM>

Uploaded on 5 Mar 2010

Sojourner Truth (1797-1883): Ain't I A Woman?

Delivered 1851

Women's Convention, Akron, Ohio

Well, children, where there is so much racket there must be something out of kilter. I think that 'twixt the negroes of the South and the women at the North, all talking about rights, the white men will be in a fix pretty soon. But what's all this here talking about?

That man over there says that women need to be helped into carriages, and lifted over ditches, and to have the best place everywhere. Nobody ever helps me into carriages, or over mud-puddles, or gives me any best place! And ain't I a woman? Look at me! Look at my arm! I have ploughed and planted, and gathered into barns, and no man could head me! And ain't I a woman? I could work as much and eat as much as a man - when I could get it - and bear the lash as well! And ain't I a woman? I have borne thirteen children, and seen most all sold off to slavery, and when I cried out with my mother's grief, none but Jesus heard me! And ain't I a woman?

Then they talk about this thing in the head; what's this they call it? [member of audience whispers, "intellect"] That's it, honey. What's that got to do with women's rights or negroes' rights? If my cup won't hold but a pint, and yours holds a quart, wouldn't you be mean not to let me have my little half measure full?

Then that little man in black there, he says women can't have as much rights as men, 'cause Christ wasn't a woman! Where did your Christ come from? Where did your Christ come from? From God and a woman! Man had nothing to do with Him.

If the first woman God ever made was strong enough to turn the world upside down all alone, these women together ought to be able to turn it back, and get it right side up again! And now they is asking to do it, the men better let them.

Obliged to you for hearing me, and now old Sojourner ain't got nothing more to say.

2015-03-07

Saturday, March 7 - Sunday, March 8, 2015

Full Moon Phase: illumination, revelation

Moon in Libra

Wisdom Goddess: Saturday: Tara (Goddess Who Guides Through Troubles)
Sunday: Bhairavi (The World Nurse)

Skill: moderation

Positive Imprint: nurturing, desire for deeper understanding or more knowledge, zeal, assisting someone in need, mystical studies, transcending chaos or worries, being in one place or mind space and then going to another

Catalysts for Change: manipulating emotions, too much information or information-seeking, self-indulgence, corrupting things, overconfident, delusion, comparisons to others, overzealous

Sabian Symbol for the Lunar Month: "a crowded public marketplace" (human interchange and exchange, expressions of self)

The Sun makes conjunction with Chiron on Saturday at the degree of the Sabian symbol "in a huge tent a famous revivalist conducts his meeting with a spectacular performance." This energy tends to take people, places, and things to extremes. But the higher level of this energy wants bring something inside of us back to life.

The Sun making conjunction with Chiron empowers the themes Chiron "rules." Chiron is the wounded healer, as is often said. Wounding is experienced in order to activate knowledge of how to heal. Old traumas can be triggered.

But what is not often said of Chiron is that it the energy of the teacher - excellent teachers - and bridging/bridges. The best teachers are able to bridge us from something that we do not understand at all to understanding it. We then can apply this new knowledge in the context of other things we have learned and we innovate it (do something new with it or take it to another level). This is the way Chiron's energy works.

The Sabian symbol of the Sun and Chiron's conjunction, the "revivalist" energy of stirring things up and/or reviving something, is paired with wounding, healing, and teaching. It's tricky because the wound-energy of Chiron easily wanders into the land of victim.

It should be noted that all of this, of course, is reflected in the world around us in the geopolitical theatre. Wounds and division are being reinforced in order to manipulate minds. This is the lowest octave of the energy, perfectly timed to the energetics of the planets, but doomed to fail because it is not based in truth, and truth is overtaking lies.

It's best to focus on or understand this weekend's events in our lives from the teacher-energy perspective of Chiron, with an added element of the events trying to revive or bring something meaningful back to life.

Engaging the imagination and opening the heart will help this revival. Compassion and wisdom will go a long way, as well.

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2015-03-04 **Urgent Message To Ground Crew – Total Solar Eclipse – March 20 – Galactics**

By annamerkaba

SOLAR ECLIPSE 03- 2015 URGENT NOTICE TO ALL OF GROUND CREW.

A set of events that were set into motion resulted in a decision that will change the world as we know it. A few days ago I have received a transmission which is highly important for all of you to read. In it our Galactic Star Aliances talk about what has occurred and what is about to happen around March 20th, the “dark moon” as they call it, which is the solar eclipse.

Please be mindful of what you allow into your psyche. The times ahead are incredibly auspicious, everything that you want to happen will; therefore be careful what you wish for, and whatever you put into motion now will manifest very quickly into your reality. This is the time to create a beautiful new world or, rather, restore it to the pristine state that it once was. Many in know understand the importance of these magnificent energies entering GAIA and so will try to pull your energy to them. Please focus on your now moment, disregarding whatever the media will try to feed you, in order to move your focus away from what you are truly here to do and are trying to achieve. The times between now and September are incredibly important. The more positive you stay the more light you can anchor, the better everything will be once we move closer and closer to September.

https://www.youtube.com/watch?feature=player_embedded&v=bExH2kiw8pU

This is a VERY long message, so I thank you in advance for your time!

A few days ago I was visited, it was a very interesting visitation; for those of you who have experienced what I am about to describe, you will chuckle at this as you will understand perfectly well how strange these experiences are. I was sitting as always at my computer when all of a sudden I felt a presence, and through my third eye I saw various galactic visitors standing around me. I began to converse with these visitors in galactic, light language.

The part of me that was conversing with them was responding to their queries and holding a long detailed conversation, but the other part of me which is the “earth” part did not understand anything that was being said. It was a really odd experience where information was withheld from my earthly self until today. Yet deep within I understood what this whole exchange meant. I have had these visits before, and usually they are akin to a survey being done on earth of the populace to see what they think. I am told that hundreds of ground crew light workers have been visited in the last few days to figure out the next steps in the process and to see if any intervention is necessary.

The violet flame works by changing “vibrations”. In physics, vibration is the speed of oscillation – the speed at which something moves back and forth. On the atomic level, vibration can be understood to be the speed at which electrons orbit around the nucleus of the atom. The violet flame works by changing vibrations on this level.

St. Germain Tool – The violet flame works by changing “vibrations”. In physics, vibration is the speed of oscillation – the speed at which something moves back and forth. On the atomic level, vibration can be understood to be the speed at which electrons orbit around the nucleus of the atom. The violet flame works by changing vibrations on this level. Learn more about it at <http://www.NatalyaAnkh.MyShopify.com>



What I am being told now is that upon surveying all of you the collective decision was made to intervene once again into the collective consciousness.

A few days later as I was doing my meditative exercises, I saw what has happened. A signal from Altair has been sent down to all of our pyramids here on earth. For those of you not familiar with Altair, within this star system live a benevolent race, who looks a lot like humans. This signal has triggered the ancient technology that was being tampered with in the past by malicious beings. And the re-set of this technology was necessary in order to bring balance to earth yet again.

There was a split moment in time when this energy that was sent into the pyramids has set off the “traps” so to speak which resulted in negative energy release. This negative energy release has affected many who presently reside on this planet.

However, at the same time, a wave of love and peace energy has been directed at all of us, which resulted in a strange sensation which many of you are reporting. It was as if two energies have clashed together, producing insurmountable amount of pressure, confusion and insane mood swings. This was necessary to be done in order to stop various “dark” technologies from continuing to influence humanity in the negative way.

This does not mean that all such technologies have been disabled, but the major ones that were pushing human beings into making mistakes in their co-creation that may have resulted in disintegration of this planet completely, were interfered with.

The continuous affect of benevolent energy release by our planetary alignments and our galactic family monitoring the unfolding of various events on earth, will continue to integrate into human psyche and disconnect humanity from the information grid that they are presently on and connect them to another one. All of this is already underway, however the major impact of these changes shall be felt around March 20th total solar eclipse. During which our benevolent star alliance will be able to once again bring the necessary energy of balance back to earth. All of this will be achieved by sending various frequencies through numerous allies which are stationed around this planet. Because each of us acts as a beam of light upon the planet, many of you will experience expansion of consciousness and a feeling that massive amounts of light energy is being passed directly through you into the very core of earth and those around you.

I know we’ve talked about all this previously, however, because earth had to go through a safety corridor which I discussed in my previous channelings, and in case you missed them you can find them on www.SacredAscensionMerkaba.com , because of this “safety corridor” many have receded back into the matrix mode, and have actually taken a step back in addition to the energies that were sent from Altair to disable the modules within the spherical engines located within the pyramids.

Goddess Vortex Disc



The engines which apparently are located within the pyramids are energy generators which originally were designed to generate healing and life giving, FREE energy for all who dwell on gaia. This has been put into

place by many of you who are reading this message, as many of you have been there at that moment when the pyramids were erected. And it was not as our carbon dating indicates, as the pyramids were constructed long before the actual date we are led to believe it has happened. Once again for those of you, who are reading this message if you put this information through your prism of consciousness, you will be able to feel the truth in these statements.

After the veil has been put into place as per the agreement with human souls (souls occupying human bodies, who are presently stuck on the wheel of karma, and from which we are here to assist them in moving away from), earthlings were left without any knowledge of who they are, and another race of beings took this as an opportunity to take control of earth. I know that most of you are aware of this information as it has been mentioned in a variety of publications throughout the years.

Due to all of this tempering with ancient technology in the pyramids, the maneuver that I have described for you here was necessary. All in order to lessen the “negative” impact on the collective consciousness. What was essentially done is akin to a Trojan horse effect, where one reality is being presented and within it another one is hidden. So we were blasted with both energies simultaneously the so called “dark” and the so called “light”.

What this means is while we were “Slipping” back into the “matrix” all of humanity was being “pacified” in order to avert a catastrophe from unfolding.

Now that we are out of this corridor, those who have indeed slipped back into their matrix shells need to once again be pulled out of them, but this time, they are going to take a giant leap forward. However, because earth is also undergoing a massive shift in consciousness, and because we are all operating on various wavelength and frequencies which are akin to how the radio works, we are constantly being connected and disconnected.

What the transmission that I have received from our benevolent star alliances is communicating to us, is that, human beings and everyone who is presently on earth will be disconnected from the grid, from their “memory banks” in order to forget what they were taught, and reconnected to new memory banks where they will be given an opportunity to create new realities. Akin to a blank slate, starting over with memories of the past which they have an opportunity to either leave behind or bring with them. This will be a very turbulent time, as the clashing of energies will be quite difficult for everyone to understand. We will be in a sea-saw state, unable to fully commit to any decisions until we pass out of this momentum into another one which is coming up for us in April. Nevertheless throughout this turbulence, those who have learnt to connect with their own selves, and earth core will be able to float through these times with flare and tremendous success!

Once again, we have FREE WILL here, which means that any and all interferences that will take place from either of the sides “benevolent” or “malevolent” will not have any effect on those who do not wish to allow either side into their consciousness. Those whose higher selves have asked for assistance will have a choice to make, to either stay with the old system of thinking patterns and continue their path on the earth frequencies that have existed for millennia or to shift their consciousness onto a new grid system, which will be very supportive of their new found thinking patterns.

What I am being told is that most of humans will be going through “the loss of their identities” what we (ground crew) have already gone through, the awakening, the remembrance of who we are, why we are here, and the fact that this is a multidimensionality created platform to experience any given reality at any given moment in time. The remembrance that NONE of what we perceived to be real, truly is. The remembrance and understanding that we can morph this reality into any shape or lack thereof as we wish. As long as the collective decides to move into any particular frequency that is the way things are going to go.

Now, what I am also being told is how this will directly affect YOU, the ground crew, as we are called. Most of you will be upgraded again to another level, an octave higher than the rest of humanity. This is

something that you need to keep in mind, as you will always be upgraded an octave higher to vibrate on a higher frequency so that you can continue to pull these souls UP so to speak towards ascension and enlightenment, or rather remembrance of reality of being.

You will always walk a few steps ahead of others, which means that whatever “negative” or “positive” effects of ascension there are, you will be experiencing them first. You will need to figure everything out for yourselves first, feel all of what the rest of humanity will eventually feel, so that you can look back and extend a helping hand to all in need. And when they come to you for assistance you would have already been granted this knowledge of how to move them ahead because you have gone through this yourself.

We are asked to take real responsibility for our actions, think carefully about what we are about to do. Listen to our intuition and pay attention to every day tiniest little details. As in the details of our every day activities in the feelings that we allow ourselves to experience we will find the answers to crucial questions that lay ahead for us. This is the time to be incredibly mindful of our thoughts, as whatever we focus on in the next few months to come, will influence not only our own psyche but everyone here on earth.

I understand that there are a lot of responsibilities being placed on our shoulders, but it is important for all of us to stay in balance, and remembrance of our divinity. Because the energies will be very turbulent, and all of humanity will go through what we already have, which means that the scales will once again be tipped and it will be up to all of us who have signed up for this mission to keep it steady.

When I think about everything that has occurred and everything that is about to, everything that is happening at this moment, I see in my mind a vision of earth as a spaceship traveling home. Flying through space she is faced with various dangers along the way, she is hit with meteorites, various winds, and each time she sustains a hit we all of us “ground crew” are there to seal her wounds, and keep her going to her final destination of bliss. We are here to keep sealing these wounds, all the way trying to shake those who are weaving constant wars all around us and with us into the understanding, that if they continue this way, our beautiful ship that we are all on may not make it! And so, we are all in between these energies at all times, saving the earth, saving humanity, saving ourselves. Finding the strength within to keep on going despite any and all obstacles. All because we remember, all because we know, that all of this is but a glimpse of reality, and there are is so much more out there than meets the eye.

However, once again, it is highly important to stay in the now moment. We are asked to pay attention to every little detail that is unfolding before us, and remember to be in the light, love, peace, harmony, balance. Thankfully we are being assisted from above and from within. We are being guarded and guided, but the actual carrying out of the plan is up to us, as we truly are at the forefront of everything.

We are being informed that albeit the fact that many are refusing to cooperate with what has been set into motion, the “triangular degree of consciousness” shall rapidly evolve on planet earth despite any obstacles. The “triangular degree of consciousness” as I am being explained is CHRIST CONCIOUSNESS!



Pyramidsinthesky

Amazingly enough, as I was preparing to send this message to all of you I was outside, looked up at the sky and saw the picture that you can see on my blog at SacredAscensionMerkaba.com . 2 pyramids being carried by an angel with an infinity symbol and a cherub (if you zoom into it you will see it). Once again showcasing to us that possibilities are endless, the energies are abundant, but what we choose to do with said energies is completely up to us.

Also in the channeling below you will see reference to “human children”. What they mean is that many new children are being born to light workers who are part of the ground crew, network of allies, here on earth. Children who bring with them new identities, who identify themselves not with the human history of the

past, but with the new energies and a new triangular consciousness of being, triangular consciousness of being. Once again Triangular Degree of Consciousness is Christ Consciousness, The Consciousness of unity and purification, balance, harmony and peace, acceptance, patience and understanding, unconditional understanding and unconditional love for all.

So, we are once again about to witness an uprising of various energies, both the perceived positive and the perceived negative, which should continue their dance of balancing patterns. We are going to see a lot of changes throughout our world, in everything once again. And for those of you who believe that we are not moving fast enough, or that this has already been said millions of times, please follow the news on various trusted sites to see how very much things are changing on earth with advancements in medicine, science, technology, spirituality, music, arts, even politics. Everything is changing, and most importantly the way that we relate to each other.

As I say in my book **Mission to Earth – A Lightworkers guide to Self Mastery**, it is important to keep in mind that everything that occurs on a micro level occurs on a macro level. Thereby the more understanding we are of each other on a micro level, day to day, the more understanding the collective will be.

So as always with these changes your body will also be changing which means aches and pains yet again. Stay grounded and connected to the earth and the source at all times. Remember to do your clearing and protective exercises daily! If you have various metaphysical tools such as Natalya Ankh's Metatron Disc, or Goddess Vortex, that you can find at www.NatalyaAnkh.MyShopify.com, or any other crystal tools that you have, now is the time to actively work with them. And if you need any assistance, be sure to stop by my blog at www.SacredAscensionMerkaba.com for various articles and videos to help you figure out how to get through ascension with simple steps without going mad.

Please be mindful of what you allow into your psyche. The times ahead are incredibly auspicious, everything that you want to happen will, therefore be careful what you wish for, and whatever you put into motion now will manifest very quickly into your reality. This is the time to create a beautiful new world, or rather restore it to the pristine state that it once were. Many in know understand the importance of these magnificent energies entering GAIA and so will try to pull your energy to them. Please focus on your now moment, disregarding whatever the media will try to feed you, in order to move your focus away from what you are truly here to do and are trying to achieve. The times between now and September are incredibly important. The more positive you stay the more light you can anchor, the better everything will be once we move closer and closer to September.

As always I send you the love of universal proportions, may each step that you take be blessed with all the octaves of harmonics, may you find balance and peace in any given situation, may you be abundant in all ways that you wish to be. I love you all so very very much and I am so grateful to be a part of your journey here on earth!

Now having said this, here is the actual transmission that I have received from our galactic counterparts.

“Dearly beloved children of light,

The decreasing evaluation of humanities ability to identify the core issues of the structures of society has caused a massive increase of unrest across nations in the unified field of autonomy. Hence the disintegration of human identities and agendas has begun to activate the core structures of their monatomic preoccupation with self, and decisions have indeed been made to implement new identities into the core structure of their societies.

For the structure of the society that is presently occupying earths sphere is not going in accordance with the universal laws set out by the collective universal consciousness of intoxicating directives. The universal laws state, that the unification project shall begin to unfold rapidly on planet earth through the beings dwelling therein, in order to bring to fruition the project

which has been instituted into the collective consciousness eons prior upon the building of said formalities.

For the earth has indeed undergone a massive phenomenon, and continues to rise in her consciousness daily, whereas the humans that occupy said sphere are refusing to cooperate with the energetic upliftments which are held sacred in the chambers of her inner dwellings.

And so, a new set of identities, beings of light in the form of human children, of those who are already located on the earth shores, those who have come in order to set up a network of allies, are being delivered to the shores of the present day earth, and earthlings consciousness shall begin to shift rapidly, uplifting and unfolding into the triangular degree, into the triangular degree of consciousness.

Whereby they shall begin to realize their potential and realize the links and directives that they have set foot onto this planet to achieve. The triangular degree of consciousness shall spread across the globe receding the darkness held dear to many hearts, and upon the activation of final coalitions, which are set up across the globe, the identity crises shall begin to unfold en mass, for many of the ones that are operating on the old systems, shall be urgently upgraded to a new system of consciousness. They shall begin to be unplugged and moved to a different set of identities.

For the identities that each of the human earthlings identifies themselves with are false, fully and completely, for their identities have been preordained by the very core of their being, the identities which they have acquired upon rising in the density of yesteryear, shall begin to be erased and a new set of identities of that which indeed they are to be fully instituted into the core structure of their being.

And so, this shall cause much upheaval, and misunderstanding, for the transition of consciousness will find many in desolate states. And hence, the light workers, and the ground crew shall also be part of the change, the ground crew shall be notified of the actions of the benevolent forces upon the earth via various allies that are stationed across the globe.

Through these allies the consciousness of the ground crew shall once again be upgraded to a new frequency, a notch higher than the rest of humanities function.

And so, this notice goes out to all who are participating in the set agendas and restructuring of society as a whole, this note is for all the ground crew members participating in said agendas.

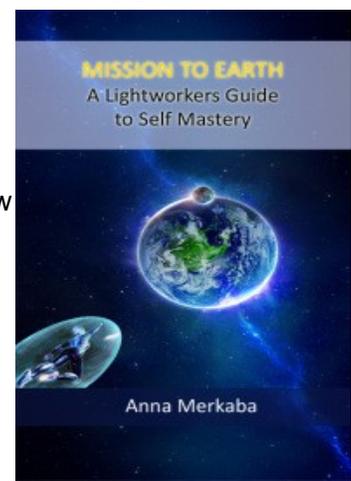
Be prepared to undergo another collective cleansing and another collective upliftment in the form of various important downloads that shall occur before the dark moon (solar eclipse).

Those of you stationed on earth shall experience an upliftment of energies, and a restructuring of your DNA components yet again, as the next stage of purification is fully under way. Expect that miraculous events, and synchronicities shall flood your psyche, as the safety corridor indeed has been passed. You have indeed restored the balance without actively restoring the balance, simply by participating in the earthly ways of life with diligence, benevolence, light and love.

Stay strong in your convictions and walk with diligence upon your chosen path. Stay grounded. Stay in the NOW.

That is all that we have for you now. We are with you. We love you. Goodbye for now.

P.S. To help you on your journey I have written and published a book. It is now available for all of you in both hard copy and digital form. It is called **Mission To**



Earth – A Light workers guide to self mastery. In it I explore topics such as: Why you are here and what you are doing on earth. How Starseeds get to earth to begin with. Why you feel the way you do. How to communicate with your guides. How to discover your life purpose. How to release everything and let it go. How to reprogram yourself in order to fully connect with your true essence. How to release old thinking patterns and institute a new reality into your life. How to change your life and make it what you want it to be, and most importantly how to find a link back HOME! There's a lot more that I discuss in this book. I invite you to join me on this journey of self discovery as we explore together the "HOW", the "WHY" and the "WHEN". For more information please visit : <https://sacredascensionmerkaba.wordpress.com/books/>

~Anna Merkaba – Distant Energy Healer- Channeler – Lightworker. To book a Healing Session with Anna and for more channeled messages to help you on your journey to self discovery visit : Sacred Ascension – Key of Life – DISCOVER YOUR TRUE SELF THROUGH THE VIBRATIONAL MESSAGES FROM BEHIND THE VEIL–<https://sacredascensionmerkaba.wordpress.com/>

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2015-03-07 **Om Gam Ganapataye Namaha**

https://www.youtube.com/watch?feature=player_embedded&v=M7WcWc1_a6M

Om-Gam-Ganapataye-Namaha_Ganesha_Humanity-HealingOm Gam Ganapataye Namaha is one of the mantas of Lord Ganesha.

Lord Ganesha is the master of wisdom and knowledge. He is the remover of obstacles, and guardian of beauty, prosperity, grace and compassion. Lord Ganesha is the first deity to be revered in Hindu rites. He is a guardian of doors of houses and temples. He is the God that removes the internal and external obstacles of our success, and he is the one that grants the opening of your spiritual gifts. He is also the protector of all beings.

Lord Ganesha is known as the Guardian of Knowledge, representing the sage, or a state of consciousness where a man reaches self-realization and plenitude of gifts.

He is the first son of Shiva, the Lord of Transformation and supreme reality and the Goddess Parvati, the Mother of the Cosmos.

Lord Ganesha is an embodiment of wisdom and bliss. He is the Lord of Brahmacharins. He is the foremost among Brahmacharins or celibates.

He rides on the Vahana, the small mouse. He is the Presiding Deity of the Muladhara Chakra.

He is the Lord who removes all obstacles in the spiritual path and brings worldly success. So He is called Vighna Vinayaka. His Bijakshara is Gang. He is the Lord of harmony and peace.

Lord Ganesha represents OM or the Pranava. Pranava is the chief Mantra of the Hindus. Nothing can be done without uttering it. Hence the practice of invoking Lord Ganesha before beginning any rite or work. The two feet are His Jnana Sakti and Kriya Sakti. Lord Ganesha has the elephant-head as that is the one figure in nature which is of the form of Pranava.

Riding on the mouse represents that He has killed egoism. He holds Ankusa. This represents that He is the Ruler of the world. This is the emblem of Divine Royalty.

In accordance with the legends, Sri Ganesha was the scribe for the Vedic Texts, which he did using his tusks instead of a pen.

His Maha mantra is Om Gam Ganapataye Namaha. Lord Ganesha's Mantras can be chanted out loud or internally. They have been used throughout the centuries and it is believed that the sacred power of words and the accompanying sounds in mantra aid in spiritual progression (transcending into higher states of consciousness) and to effect healing in the physical and energetic bodies.

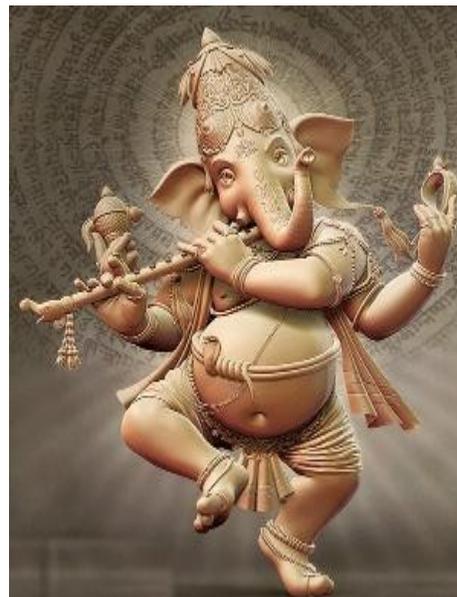
We strongly recommend the practice of the mantras for a period of 40 days (please see the meaning of the number 40) during a spiritual ritual at the same time every day.

Translation of Om gam ganapataye namaha

A very loose translation might be:

Om = Salutations! Everyone wake up!

Gam = The secret power sound of Ganesh. It is his "seed syllable" or bija mantra.



Ganapataye = Another name of Ganesh, the breaker of obstacles.
Namaha = Yo! Ganesh! You da God!

The pronunciation is also pretty easy:

Om = ohm or aum

Gam = Somewhere between “gahm” and “gum”. In some dialects it is “guhng”.

Ganapataye = gah-nah-paht-ah-yeh

Namaha – nah-mah-hah

Video Information

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