

# What to expect when you attend a Car Control Clinic

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Whether this is your first ever Car Control Clinic or your first Car Control Clinic that the Audi Club Glacier Lakes (ACGL) chapter has put on, this document describes what your preparation for the event should entail as well as what you can expect during the event.

Car Control Clinics are also referred to as Teen Driving Clinics, Adult Driving Clinics, and Womens Driving Clinics, depending upon the audience targeted for the event.

Our goal is simple: Audi Club Glacier Lakes driving events are designed and run to educate, build skills and promote the application of driving technique on the street well beyond the drivers' education courses found in high schools.

We will use the Dakota County Technical College closed circuit driving course in order to provide a safe and structured environment for our students.

Modern technology has given us cars with capabilities far above those required for relatively safe everyday driving, however, what we teach is based on the premise that you should never be a passenger in the car you are driving. This simply means that when you experience adverse situations on the road, you will be prepared to take decisive action as opposed to panicking or doing nothing.

**We do not promote nor do we condone illegal driving activities e.g. speeding.**

## **Preparation**

In preparation for the event, you need to make sure your car is safe, not only for you but for the other instructors and drivers attending this event. This means, that your car needs to have working headlights, taillights, turn signals, brakes, steering, suspension, it must not be leaking any fluids, and the tires should be properly inflated.

Clothing also plays an important safety role. Shoes should have fairly soft, non-slip soles. Open toes, sandals, flip-flops and the like are not allowed.

Safety is our primary concern. Cars and drivers not judged to be safe will not be allowed on the driving course. However, the ultimate burden for safety is yours. The management team cannot foresee and codify every potential situation. Thus, the school management reserves the right to make ad hoc decisions concerning the operation of the school. Your participation in the school is contingent upon your abiding by these decisions. One of these decisions may be that inappropriate behavior on the part of a student is grounds for expelling a student from the balance of the school without refund.

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## Event Structure

The event is held regardless of weather, unless there is severe weather approaching, which the staff monitors closely. Please arrive on-time.

Parents attending the teen clinics will be volunteers assisting with resetting the driving cones into position if the teens drive over them. These are very small cones and do not damage vehicles, so it's OK for the drivers to hit the cones. Waterproof shoes would be a good idea since we do have a number of exercises on the wet skid pad area. Also, parents should never let the vehicle going through the exercise get outside of their field of view. This is for your own safety.

This driving school mimics actual driving conditions on the street, and is designed to probe the limits of your car and the driver under safe, controlled conditions. The purpose of this is to get the students accustomed to the experience of having to deal with adverse situations on the road, and if that happens, the element of surprise is minimized. We will have you doing a lot of driving, doing the same exercises over and over to instill these reactions to adverse events as 'muscle memory' or instinctive reactions.

For teen driving clinics, you, and your legal guardian, if you are under legal age, will have to read, understand, and sign a waiver form; for the adult driving clinics, you will have to read, understand, and sign a waiver form.

You will be provided with a schedule for the day, a color assignment (green or blue), and a name tag to wear. You can then proceed to grab some sustenance - juice, milk, coffee, roll, fruit, and/or water.

Prior to the first classroom session you will meet with your assigned instructor and get fitted for a helmet.

Then, you will go to your car with your instructor to prep your car for the car control exercises. This usually involves personal introductions, checking your tire pressures, the torque of your lug bolts, and making sure that there are no loose objects anywhere in your vehicle.

Then you will proceed to the classroom for a quick session on car control basics.

If at any time during the event, you want, **for any reason**, to switch instructors, please talk to the chief instructor, or the event master. Not every instructor will meet the needs of every student. Please do not hesitate to ask for a different instructor. We will be glad to help find a better fit for you and your learning style.

Lunch is provided by Audi Club Glacier Lakes for all attendees, including parents of teens, it typically consists of fruit, sandwiches, chips, juice, soda, water, and cookies.

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## Event Schedule

Here is the typical schedule for our car control clinics.

### Teen Driving Clinic Schedule

	Student Timeline
7:30-8:00	Arrive at DCTC (classroom location)
8:00-8:30	Registration / Meet with instructor
8:30-9:20	Classroom session I – Basics
9:25-9:45	Green – Dry Slalom
(20 min)	Blue – Wet Slalom
9:50-10:10	Green – Wet Slalom
(20 min)	Blue – Dry Slalom
10:15-10:30	Green – Dry Braking
(15 min)	Blue – Wet Braking
10:35-10:50	Green Wet Braking
(15 min)	Blue – Dry Braking
10:50-11:00	Mini Break
11:00-11:25	Green – Dry Accident Avoidance
(25 min)	Blue – Wet Accident Avoidance
11:30-11:55	Green – Wet Accident Avoidance
(25 min)	Blue – Dry Accident Avoidance
12:00-12:45	Lunch Break
12:50-1:25	Classroom session II – Cornering
1:30-1:55	Green – Cornering & Offroad Exercise
(25 min)	Blue – Skidpad
2:00-2:25	Green – Skidpad
(25 min)	Blue – Cornering & Offroad Exercise
2:30-3:00	Mini Break & Drivers Meeting
3:10-3:45	Green & Blue – Combination Exercises
(35 min)	Green & Blue – Combination Exercises
4:00-4:30	Classroom Wrap-Up

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## Requirements

### Driver Requirements

- Driver must be at least 15 years of age and must bring their drivers permit or drivers license.
- Teen and parent/guardian forms must be completed and signed before proceeding to the driving course.
- Vehicles must have state-mandated insurance coverage limits in effect.
- Drivers must wear a minimum approved helmet or better at all times while on the course. ACGL does provide helmet 'rental' as part of the registration fee.
- Cleated shoes, heavy boots and sandals are not permitted. Pants and shirts of 100% cotton - no poly blends.

### Vehicle Requirements

- Car must be empty of all loose objects in trunk, glove and passenger compartments.
- **All street legal vehicles are permitted at these car control clinics, however, the event master, at his/her discretion shall disallow any vehicles deemed unsafe from participating.**