

2015-05-22

Friday Hard News Call

INFORMATION REGARDING CALLS PRESENTED AND/OR SUPPORTED BY 2013 RAINBOW ROUND TABLE

I TO ACCESS THE THREE WEEKLY CALLS via the Internet

A BBS RADIO Go To www.bbsradio.com ; click on Talk Radio Station #2; click on "64K Listen"

Thursday: 9 pm – 12:00 pm EST **Stargate Round Table** **Host: Marietta Robert**

Friday: 9 pm – 2 am EST **Friday Night Hard News** **Hosts: T & R**

Saturday: 4:30 pm – 2 am EST **History of our Galactic World & NESARA** **Hosts: T & R**

Friday, Saturday: From **10 – 11 pm EST**, for one hour, the call moves to the Conference Call Line [PIN below] and then returns to BBS Radio.

- During the radio show, use the following phone numbers to ask questions or make comments
530 – 227-7602 [line 1]
530 – 413-4522 [line 2]
530 – 530-413-5011 [line 3 & 4]

- **BBS Toll Free # in Canada, US** 1 – 888-429-5471 This number picks up whichever line is available.

B Conference Call: 1-860-970-0300

Thursday PIN #	87 87 87#
Friday PIN #	23 23 23 #
Saturday PIN #	13 72 9#

C Skype: **BBSradio2**

D Archives for the 3 Programs listed above:

- To access the **FREE BBS archives** for any of these programs:
 - Go to [BBSRadio.com/ Station 2](http://BBSRadio.com/Station2); scroll down; click on **Live Talk Radio Shows**
 - Scroll down to **Hard News on Friday with Tara and Rama**, and click on **"Library Archives"**
 - Click on those words and you will be taken to the listing of all program archives, the latest one being at the top.
 - Right hand click on "direct MP3 Link" and then you can download the program to your own computer, or click on "Listen" without downloading the archived program.

- The **2013 website also has an archive section:**
<http://2013rainbowroundtable.ning.com/> look under the "Archives" tab for written notes.

II TO ACCESS OTHER CALLS SUPPORTED BY 2013 Rainbow Roundtable

A Sunday, Mondays: 9 – 10:30 EST **Cheryl Croci's Activation Calls**
By telephone only: 1 – 860-970-0300; PIN 9467441#

**B Tuesdays, 2nd & 4th of each month:
9:30 – 11:00 pm EST** **Ashtar on the Road**
Hosts: Fran; Susan Leland channels Ashtar, Mother Sekhmet
www.Ashtarontheroad.com

- Phone Number: 1 – 559 – 726 – 1300; PIN 972400 #
- Call is free [except for long distance charges]
- Can also listen to the call via Skype

C Wednesdays: 7:00 – 9:00 EST **The Friends of The Aboriginal Moabite Nation Call**
By telephone only: 1– 712-432-0900 PIN 666238#
Replay # [good for 1 week] 1-712- 432-0990 PIN 666238#

Opening Meditation / Reading:

D'Yanna

Housekeeping:

Rainbird

Thank you!

- BBS:**
 - A listener-supported radio program; we know the White Knights listen but they cannot contribute anything; part of our job is to pay for them too
 - **We need \$300 to cover this week!** Many, many thanks for helping keep us up-to-date. The more people contribute, the easier it is for all.
 - What we hear and learn feeds our minds and our souls! And, as LM Nada said, it is also part of our contribution to the work being done by Tara & Rama and to the changes going on.
 - Go to BBS.com/Radio 2; find the listing for Friday Night Hard News; find the **Paypal** button
 - BBS appreciates getting checks through the mail – no fees taken off by Paypal
 - **NO COST TO ACCESS THE ARCHIVES** for any of the T & R PROGRAMS, or the one for Thursday night: Stargate Round Table, hosted by MariettaRobert
 - Re: archives of the other programs on BBS: the money we pay to listen to someone else's archives is put towards our BBS bill!
 - The mailing address for those who do not like paying electronically:
 - BBS Network, Inc. [Attention: Don]**
 - 5167 Toyon Lane**
 - Paradise, CA 95969**
 - A check to BBS means all of the money you send is received; using Paypal incurs a fee.

• **CUSTOMER SERVICE # - IN CASE YOU CANNOT HEAR – DON'T WAIT: CALL!! 1- 888-710-8061**

T & R: • **Time to start collecting for the rent;** still need food, gas money & something for bills.

- Can donate via the Paypal button on the website: www.2013RainbowRoundTable.ning.com
- **Please notify them if you're sending something:** koran999@comcast.net
- Rama's mailing address for cheques, Money orders:
 - Ram D Berkowitz
 - 1704-B Llano St, # 249
 - Santa Fe, NM 87505
- **phone contact** is via MariettaRobert: 317-773-0061
or by e-mail: stargatemarietta@gmail.com
- **Remember you can book a session with Mother, as well!**

MR: • Please remember to support MariettaRobert's show, too

Introductory Notes:

- **CONFERENCE CALL FROM 9 – 10 PM, est: 1 - 209 – 647 – 1600 PIN#: 353 863#**
Conference Call in HD: 1- 209-647-1600, 353 863# [just for the Conference Call]
- **716-748-0044 - use this number to hear the call very clearly: Link is courtesy BBS!**
- **NOTE:** Please use the following audio link to listn to the entire program.

<http://bbsradio.com/podcast/hard-news-friday-may-22-2015>

HARD NEWS

T: R went to visit a place just north of Santa Fe, an elderly Afghani man, saved by the Afghani Poppy Lady who got her blessings early; R saw the gold certificate. She's been using her blessings by putting them in a larger bank as collateral, going to Afghanistan and saving people who have been shot and left for dead, as this man was. She is also bringing children

over.

- The real Osama Bin Laden was in Saudi Arabia on a dialysis machine and died
- The older man was saved from death, brought to Santa Fe by the Poppy Lady who got him well; he now has a house in the town north of Santa Fe; he calls himself Moustafa – the daddy lion in The Lion King; a lion is on the banner of Afghanistan.
 - He was the shaman for his people, a Pashtun. Gen Tommy Frank, US soldiers and the Northern Alliance – a documentary put up in 2007 Afghan Massacre: a **Convoy of Death** – killed all the Pashtuns. T describes how it happened
 - Mustafa's village was near Torra Bora; told R that his village in the area around Tora Bora looks like a moon scape because of the carpet bombing
 - he showed R and the Poppy Lady's sacred sites and said the US soldiers were guarding the sites because there are vortexes over these sites and they could not go in; some just blacked out, others died from the vortex sites – US soldiers are being used as experiments!
- This is another experimentation thanks to the cabal; did a similar thing in Irag – would make the scientists & doctors go through the stargates and they all died.
- Moustafa said the vortexes will not let those with inadequate energies enter the vortexes.

Audio: Thom Hartmann – Conversations with Great Minds – Jeffrey Smith, author of Genetic Roulette: the documented results of the effects of GMO foods
the start of his journey: Smith went to a presentation in 1996 by a man who knew all about GMOs & was blowing the whistle back then!

Genetically modified foods:

- soy; cotton seed oil; canola seed oil; sugar from sugar beets; and 3 more
- Produce: Zucchini; yellow squash; corn

Conversations w/ Great Minds - Jeffrey Smith GMOs - Seeds of Deception P1

https://www.youtube.com/watch?feature=player_embedded&v=FS72J9bDvPM

Jeffrey Smith, Executive Director-Institute for Responsible Technology, leading spokesperson on the health dangers of Genetically Modified Organisms (GMOs), author of the books "Seeds of Deception: Exposing Industry and Government Lies about the Safety of the Genetically Engineered Foods You're Eating" and "Genetic Roulette: The Documented Health Risks of Genetically Engineered Foods." Genetically modified crops are all the rage these days - and have taken over the agriculture industries of many countries. But just how dangerous are genetically modified crops - and do we really need to be relying so heavily on them?

Conversations w/Great Minds - Jeffrey Smith GMOs - Seeds of Deception P2

<http://conversationswithgreatminds.com/video/conversations-wgreat-minds-jeffrey-smith-gmos-seeds-deception-p2>

Jeffrey Smith, Executive Director-Institute for Responsible Technology, leading spokesperson on the health dangers of Genetically Modified Organisms (GMOs), author of the books "Seeds of Deception: Exposing Industry and Government Lies about the Safety of the Genetically Engineered Foods You're Eating" and "Genetic Roulette: The Documented Health Risks of Genetically Engineered Foods." Genetically modified crops are all the rage these days - and have taken over the agriculture industries of many countries. But just how dangerous are genetically modified crops - and do we really need to be relying so heavily on them?

CONFERENCE CALL

1-209-647-1600; PIN 353 863#

Caller: thunder and lightning so huge in TX, it shook the entire building, freaking everyone out

- Wichata Falls on the border between Texas and Oklahoma – completely under water
- Thom Hartmann and Rachel are doing a job and a half on the story of the oil pipeline leak in Santa Barbara
 - they are saying the ante has been upped: 5000 barrels is now up to 21,000 barrels that's loose in the ocean
 - 42 gallons in every barrel; so that is 4 million gals / 200 barrels almost as much as went out in the Gulf of Mexico
 - The company is not doing a thing: the news people are saying that it's on the pipeline company to pay for this but they are nowhere to be found – only volunteers working there. The people on the news are saying the volunteers shouldn't be doing this, as they will get sick from what is in the oil
 - Dolphins, sea lions and turtles etc are dead – Amy Goodman had this news on today
- In 1969, there was an oil pipeline company in the same place – same kind of pipeline break: they have not kept their word about making good changes
- The guest on Conversations with Great Minds talked about companies going around the courts; this happens in these situations as well.

Thom Hartmann: if you think this is scary, wait until we get on TTP – what happens in the Rachel Maddow Show is related to that idea.

[The Rachel Maddow Show](#) 5/21/15

<http://www.msnbc.com/rachel-maddow/watch/news-gods-are-testing-your-outrage-tolerance-449081411877>

News gods are testing your capacity for outrage

Rachel Maddow shares recent news stories that are pushing her outrage-o-meter into the red zone, including a Colorado law that requires the family of an Aurora mass-shooting victim to pay \$220,000 in legal fees to the ammunition maker they tried to sue.

Duration: 17:24

- Background to the trial in Aurora, CO:
 - a CIA agent lived with the kid at least a month before the shooting took place; he was drugged him up
 - July, 2012 at the opening of *The Dark Night Rising* is when he shot the theatre up
 - The young man was studying to be a neurosurgeon and was getting all As and A+s
 - He was sitting in a car, catatonic – it was one of the Black Ops who dressed like him and went in and did the shooting
- They talk of the young man who tried to save his friend Jessica

T reads from the notes she took: **if you watch the clip, you'll see it all**

Tommy: aren't you tired of reading all about this death and destruction?

T: yes, basically; yet all the other information that is going out is incorrect, and Rachel went pretty far down the rabbit hole with two main stories in this segment

- Yes, it is disgusting, and the rest of the story is even worse.

Tommy: the mind can only be in one place at a time

T: you can be in two places at once if you are clear and not being hoodwinked

Tommy: how much of this do you need to know?

T: She chose to discuss this story because it touches on so many areas

- Miss Hillary is a full blooded DuPont and so she is totally responsible for what the DuPont family have done

Tommy: when is this going to come out?

T: she is reading the material from the segment because it had to do with the info coming out

Tommy: it might all come out in 10-20 years!

T: NO – THE INFORMATION FROM PATTI COTA ROBLES TALKED ABOUT THE ENERGY FROM THE DISINTEGRATING STAR 12.1 BILLION years ago; WHEN THAT ENERGY GETS HERE, IT WILL AFFECT THE TIMELINES SUCH THAT THINGS WILL GO REALLY FAST

- Also, when she was doing work for her Masters degree: she wrote the story from several perspectives: east/west, psychology, and religious perspectives – she included all her experiences in her dissertation. A year's worth of experiences, 3 intense weeks to do the initial writing
 - When she reads material like what Rachel is presenting – not to mention that Rachel was put in a prison cell for 8 years when they wanted to shut her up for while because she was an active, loud mouth radio host; so drugs were planted on her and she was put away. She used the time to get 2 degrees: one degree in prison psychology, the other for sociology and media
 - So Rachel is speaking from quite a background and is putting things together in a way no one else does; have to create outrage like this and put a bomb under couch potatoes
- When T reads this to / for this group who comes regularly and yet still has a little bit of trouble getting out there in the public with the information, she is doing it knowing that the more we get to know, the more responsible we are for getting the info out – like Sanada Kumara is no longer in the Office of the Christ, he has moved up
 - and **we are now the ones who are the Office of the Christ;** it is not about the 3D law but the Law of the One
 - Coming from the perspective of integrating it: the **outrage-o-dometer** is creative; when we listen and do not close our minds and our hearts, we can penetrate into the 4th and 5th dimensions and beyond

Tommy: he could say his view point about a lot of what she said, but there is no time for a discussion. He does not agree but he hears what she's saying.

- Wants to change the discussion – he listened to a conference call today – the Dinarians; likes to keep up on their psychology
- the TNT group have a million folks on the calls: they feel strongly it is going to happen and they are going to get rich, so they are being taught how to look after their money and has all kinds of other people to talk to them. Tommy knows they are being disinformed, etc – and that we are already rich! Their biggest benefit is likely to be the forgiveness of debt – difficult for people to live through this survival stuff; incredible to have so many people together because of having so much money – would not happen for any other thing. All they will do with the money is buy stuff;

won't be any closer to the idea of One or other people – can't wait to see the look on their faces when they don't get rich, when they have to get the hard lessons of the crimes against humanity – will be very disappointing – these guys are pumping the idea of getting rich and going to the bank with it. Tommy knows one guy who wants an RV bus and a plane, and that he is keeping from his family the financial trouble he is in

T: Thom Hartmann was talking about this with a man describing Libertarianism – goes back to medieval times: in order to govern people, made those with money into the leaders, and the people without, the followers: this is the false teaching of the Christian church

Tommy: these are grown adults listening to these calls: 40 – 70 years old; they'll take the money and run.

- There are state lotteries of \$100 - \$ 200 million and they give it to one person: no one asks if you want to help people: why don't you give 10,000 people \$20,000 dollars and help a lot of people?

T: the average person has \$47,000 on their credit card

Tommy: just saying you could relax out of the survival mode! And the gov't seems to pull the money out of their hat when they need something for a foreign aid package – do nothing for the homeless, etc and won't.

- When people are in survival mode, and listen to the news at the top of the hour and learn about the latest sad story of death etc, the idea of being the change you want to see in the world is almost out of the question because your mind is being hijacked with all this negativity.

T: this is where it all changes. No matter what we do, as long as we do not worry and use the power of the positive thought – there is the 5th element – this only works with love

- The Poppy Lady dresses up like a man, carries an AK47, goes through piles of dead people to find the living ones and brings them back; has been doing this since 1999; she got \$14 billion and she has a daughter and a son; her husband is dead –
- she dedicates her life to this; she was not looking for \$ before this – she was working in the deli with Rama and designed Afghani clothes for sale, raised her kids alone, then she was asked if she would like to do more of this kind of work.
- We came here to be of service to others and that does work. Love heals all.

BBS RADIO

- As Patti CD and Mother was saying: the Sekhmet Temple would open and the peace energies, the enlightened Christ energies, would come back though not in the same form / way

Mother Sekhmet / Alcyone [M/A]

Greetings, in the Light of the Most Radiant One; in the Office of the Christ and only in the Office of the Christ, we invoke the loving energies of St Germain and the Violet Flame.

- We ask at this time for inspiration and for completion in a much-needed speeding up of the time/space continuum to end the backward way we are in at the moment & penetrating against the flow of those who are trying to run the show

Greetings, Children of Ra!

- Indeed, now is the time; blessed are the peace makers! This holy time we are in, as the master came back and said "here we are!" This is the issue that is front and centre - where are the peace makers?
- Yes we understand/overstand; comprehension of our time here as space/time illusion of separation - as our beloved children husbands, fathers, brothers, sisters, mothers: let us say in loving respect: we recognize the observance of these sacred times, yet it is about honouring the peace makers. It is fallacy to honour war; as we have said, these brave souls made a choice to do certain things and let's say they found themselves outside these temples of the living god, often quite literally in sub-atomic particles, where Lord Metatron and Napatha El Ra had to reconstitute them from their etheric blue print. Isn't it time we let go of the old ways?
- Refers to the message brought forth by a sister from Beloved Ascended Master El Morya - where are the peace makers at this time? Blessed are the peace makers: this is the focus front and centre. You want Peace? A challenge - let it begin with me.
 - In these moments here of divine chaos: we have all entered in these times, at such a magnificent time to be here and be fully awake, alive and watching what is happening simply because transfiguration is happening in spite of the noses on our faces.
- And everything is changing in this nano second. There are so many good things happening on this planet and, at the same moment, this main focus on the issues of the hour - honouring the dead.
 - It is a bit of a challenge to talk about, simply because where she comes from - all time, space, eternity is NOW; there is no death - there is transition, transfiguration; these bags of water, these temples of the Living God / Goddess / All That Is - we are returning to the frequencies where the Divine Feminine is calling the shots, and it is the order of the day how this magnificent planet ascends and us along with it, with all the Children of Ra, as we have asked to be here, this particular time: 2015 - 2016 is coming up here; coming up in August, we are in 2017 - something wonky with the calendars;
 - that guy Greg / Gregory - one of the fake religious figures: our 13-20 time cycle is where they are at; 12-60 - we are in a new reality like Patti has said: the past 3 years - some folks say this is year #3 of the new time yet, like our friend Tommy said: Where is it? All we see is these fiascoes, shenanigans, about everything, anything that has nothing to do with our ascension. And her wayward children love that, to put it simply, to distract the mind from the heart and keep us in eternal slavery whether it is in the matrix or another dimension.
- Yet all of this is being shattered and consumed within the frequencies of the mighty I AM Presence of the Violet Flame fire; it is **that** frequency that is moving this planet headlong into ascension already - there are anomalies that cannot be stopped! Like we heard Nassim talk about the great circle of magnets in Switzerland trying to recapture the divine big bang [the collider]
 - It is not possible to recreate the divine spark of that cosmic kundalini; when she came together with her Divine partner Alcyone, we got the Big Bang - cannot come

together in a hollow tube that is 18 miles long;

- she's talking about what Nassim was talking about last night - when the super collider was turned on, it blew a gasket; when they tried again, it blew another gasket - cannot play with the energies of the sacred union of that kundalini experience about co-creation - it is only done in . . .

T: Nassim mentioned a whole group of people who don't eat, drink; they live on the **vacuum**; also called **prana** by Jasmouhine or the Buddha; this is the parallel between science and spirituality

M: it's also called **soma** and our pineal, pituitary, hypothalamus produces this; it's also called **GMT** and it is in our brain.

T: as discussed on the conference call: the survival mode has got us distracted

- there are people who don't need on food or water, but on the vacuum
- That is a literal confirmation that's it's actually parallel to this life that it appears that we need to eat

M: 91% of the people in the US do not know who the Vice President is - Uncle Joe who ordered up 911. How do we get this conveyance across science, spirituality meeting

T: and people are also confused about Obama - he looks like the turn coat of all turn coats

- it's just as hard as it can be for people to hear what is going on, and there is a double agent here, and the other characters in the play are being paid off by the Vatican

M/A: and the skin walkers who are posing as billionaires and would like nothing more to eat our livers for dinner!

- Mad Max and Road Rage - already here - look at Ferguson, Baltimore, Mad Max
- It is already in our face, about the fact that we the people have the ultimate 4 aces: she likes to play poker, 5 card stud and she is good! The 4 aces are called humanity: 144,000 x 10 hundred thousand x 10 hundred thousand, physically manifested in the temples of the living god; the 1/10, the 1/32nd of the 1% do not hold a candle to the 144,000 here, yet it does not seem like that at the moment;
- looks like we're going to the camps and the ooglies called Alex Jones - this particular time, right now, in year #3 of this new moment here: we have already passed 2012 and are already in the new heaven, the new earth -
- yet all many see is the horrrs of the aftermath of the 911 and the idea that the gestapo is coming to get you and your gun because of issues that have not been dealt with - the fact that we are free, sovereign individuals whose divinity is intact goes way beyond what we call this funny issue at the moment of so-called "patriots" - words, just words!
- But take it up a notch and go to the realms where we co-exist with them in eternity and that time is right now, right here, in this moment; the physicality of this is no laughing matter; there is a Game of Thrones on this planet; yet there is not one worthy to sit on that throne.
- The only one is he in the Office of the Christ who said blessed are the peace makers. It is a challenge to be able to be in this moment and to hold our divinity in this sacred place and not lose our sanity - this is the place where there is no spoon, as Neo said: there is only us and the universe; we are One, and All There Is, is more than enough time, love, money - it is about the exchanging of the energies that are

at such a deep core level: they wish to exchange some energies with us – it is not that they need to get paid for anything, but that they wish to share the divine spark .

- T:** yes and this is the priority, but until the time this completely corrupt criminal system is taken down completely and replaced , , , of course love will express itself in terms of making sure everyone is taken care of. The way to do it is one step at a time: there are over 1 million people who need help and 1/3 of them are children
- the unemployment rate of people of colour is 60 – 70% and to realize this when white privilege does not recognize this: white kids up to 25%; white adults up to 11% - these are the extremes
 - Those who have more invested and have more money, have more to lose. Have heard of the insurance plan – those who work as brokers whose houses have been foreclosed on – they can actually get a lot of it back: they teach the person how to request getting their money back – 2/3 or 50% but **not their property** – then the offer is that the person who does the help gets 30-50% - not fair.
 - As hard as it is, we still have to ask: Christ said Give everything away – even as you process this, give it all away;
- M:** when you got it, it is tainted from the very beginning because it is not based in true divinity.
- Profesor Thom – heard a discussion on his program today about fiat money; someone called to talke about the fiat money & Thom would not go there:
 - has to do with the unspoked issued going on – we are watching a double/triple standard
 - the banksters are in bed with the bad boy billionaires, along with the so-called selected gov'ts of our planet in cahoots with the bio-medical, industrial, military, congressional complex
- What it is about – as we claim our divinity, our mighty I AM, and step out of the matrix, we really wake up to who we are: the creative divine God / Goddess / All That is we really are –
 - simply because it is illusion, we decided to play and made the rules: when we entered into this dimension and promptly forgot ET 101 & forgot how to work with the ascension frequencies in this temple of the Living God, we bought the Great Lie of the Matrix and now that matrix is coming full circle and being shattered by the Violet Flame
 - At the same moment, we've got a wonderful dichotomy of cosmic soup being stirred with the frequencies in this solar system; every single body in the solar system is fully aware of the intentions of what has to happen here: the ascension of us, of the earth to the 33rd member of International confederation Federation of Worlds.
 - It filters down to the micro level – this blue green dot in the vastness of the gems in this local galaxy – when we **really** get the image of how small we are, a dust mite on the back of a cat compared to the vastness of the Universe of Nabadon: they cannot find the end of this Universe and its end no matter how powerful their telescopee are because it is inter dimensional and goes beyond what we have a concept of,

parameters –

- We gotta get through the illusions of parameters – goes way beyond where we are at this moment. If we can take it to the level Nassim talks of – where we are the particle in the cube and 40 zeros and then some are within that cube –
 - it's even more that; all the energies of all the 7 Super Universes are sitting in that cube and the one particle is generating the frequencies of how many black holes and beyond: the frequencies she is talking about here: have to take the red pill, drop out of the matrix and go to the point of being nothing: that particle in the vacuum of this cosmic dance we are doing here in this one single nano second that lasts how many eternities and beyond?
 - she brings it back to this one point: Blessed are the peacemakers! We study war no more!
- Greetings in the Light of the Most Radiant One! Kadoish, Kadoish, Kadoish

R: has been sitting with 4 Tibetan Llamas; he was outside a stupa in Lhasa; the llamas were discussing the orders of the day, what is going on telepathically. They were saying there is an energy rising up because of this moment we are in since we passed 2012 and the Mayan Calendar ended; we are already in Sat Yuga though it does not look like it - the energy rising up from the sacred places in the planet working with the Atlantean grid; it's as if the Earth Mother herself activated something and said she would no longer tolerate any energies of dark, hate, war or death – get with the program or you're out of here!

T: reading the sub titles in **Redacted Tonight:** in Arkansas anyone can become a policeman with no training. In Santa Fe, have to train in yoga, meditation

R: Native America Today: a man came on who has been working with a special group put together with the Albuquerque police and the Santa Fe police that responds in times of crisis: like when people experiment with designer synthetic drugs and have horror hallucinations – Flokka is a new one

- they created a Task Force – if there is a crisis in either place, the first people called are the special team of people who have been taught another way of working with people who have mental health challenges or have used funny kinds of drugs or have PTSD – they talked of all kinds of challenges that come up in 9-1-1 calls.
- They call the special task force rather than the police and the groups shows up and works with the spiritual, shamanistic energies, not a taser, a phaser or a gun. This team has been working with the Sikh brothers and sisters on kundalini; learning yoga, TM and other forms of meditation & how to diffuse situations; you get someone to talk you down, bring you down: talk with you, hug you, hold you – rather than put a gun to your head and shoot you. Need this in law enforcement – not terminators

- The 4 llamas were talking of the energy rising out of Earth Mother that connects with the energy of the Atlantean Grid: Mother earth will no longer tolerate violence - blessed are the peacemakers – this is where we gotta go rather than arguing, fighting with each other.

T: you've been told so many times that this is the last straw: but the energy you keep getting intensifies now, plus there is more disclosure of criminal actions in an obscene way on the regular media – certainly looks like it won't be much longer

R: every single day he sees stories on various channels – there are so many things that are raising people's frequencies, that are bringing spiritual science: spirituality is a science, love is a science – this is taught off planet, and in the eastern traditions but not in the western world.

Music: About the Program

The Lincoln Awards: A Concert for Veterans & the Military Family recognizes outstanding achievement and excellence in providing opportunities and support to our nation's veterans and military families.

Presented by The Friars Foundation, the charitable arm of the legendary Friars Club, The Lincoln Awards are the first ever event of this kind.

A Closer Look at The Lincoln Awards

Gregory Porter and Arturo Sandoval perform onstage at The Lincoln Awards: A Concert For Veterans & The Military Family presented by The Friars Foundation at John F. Kennedy Center for the Performing A...

Getty Images for Friars Club

More About the Program

The Lincoln Awards partnered with nearly fifty veteran and government organizations — including the U.S. Department of Veteran Affairs, the Elizabeth Dole Foundation and Walter Reed National Military Medical Center— to distribute free tickets to active-duty service members, veterans and wounded warriors, along with their caregivers and family members.



On January 7, 2015, The Lincoln Awards honored its ten inaugural recipients with a special concert at the John F. Kennedy Center for the Performing Arts Concert Hall.

The exciting, celebratory night in honor of our veterans and their supporters includes appearances from **Dr. Jill Biden, The American Military Spouses Choir, Alec Baldwin, Jon Bernthal, Aloe Blacc, Whitney Cummings, Gavin DeGraw, Rhiannon Giddens, Nick Jonas, Miss America Kira Kazantsev, Harvey Keitel, Jerry Lewis, The Lone Bellow, JR Martinez, Gregory Porter, Rob Riggle** and **Arturo Sandoval**.

The Lincoln Awards is named in honor of President Abraham Lincoln, whose second inaugural address laid the groundwork for The U.S. Department of Veterans Affairs:

"With malice toward none, with charity for all, with firmness in the right as God gives us to see the right, let us strive on to finish the work we are in, to bind up the nation's wounds, to care for him who shall have borne the battle and for his widow and his orphan, to do all which may achieve and cherish a just and lasting peace among ourselves and with all nations."

[Learn more about the 2015 Lincoln Award recipients.](#)

Audio: Max Keiser Episode 760 May 21, 2015

http://img.rt.com/files/episode/3f/93/50/00/keiser_2105.mp4?event=download

In this episode of the Keiser Report, Max Keiser and Stacy Herbert discuss the national economic patient with a diagnosis our central banks can't understand – and why the economy will never return to "normal." In the second half, Max interviews John Aziz (Twitter: @Azizonomics) about Keynesianism and what it could do for our sick economies.

Audio: Democracy Now – Amy Goodman, Juan Gonzales May 22, 2015

2015-05-22 **Legendary Native American Singer-Songwriter Buffy Sainte-Marie on Five Decades of Music, Activism** **[SEE BELOW]**

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2015-05-22 **Legendary Native American Singer-Songwriter Buffy Sainte-Marie on Five Decades of Music, Activism**

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Guests: **Buffy Sainte-Marie**, legendary folk singer. Her new album is called *Power in the Blood*.

As we head into the Memorial Day weekend, Buffy Sainte-Marie returns to the Democracy Now! studios. Her song "Universal Soldier" became one of the classic antiwar songs of the 1960s. Buffy Sainte-Marie once said, "It's about individual responsibility for war and how the old feudal thinking kills us all." Buffy Sainte-Marie wrote the song in 1964. A year later, just months after U.S. ground forces invaded Vietnam, the British singer Donovan turned it into a hit. She has also written and sung about the struggles of Native American and First Nations people for decades. She worked with the American Indian Movement and began the Nihewan Foundation for American Indian Education. Her political activism would lead her to be largely blacklisted from commercial radio in the 1970s. On her new album, she re-records two songs from what's become known as her "blacklist years." Five decades later, Buffy Sainte-Marie is still making powerful music. She has just released "Power in the Blood." It's her first studio album since 2008.

AMY GOODMAN: The legendary Native American folksinger Buffy Sainte-Marie singing in our *Democracy Now!* studio in 2009. This is *Democracy Now!*, democracynow.org, *The War and Peace Report*. I'm Amy Goodman, with Juan González.

JUAN GONZÁLEZ: Well, today, as we head into the Memorial Day weekend, Buffy Sainte-Marie returns to the *Democracy Now!* studios. That song, "Universal Soldier," has become one of the classic antiwar songs of the 1960s. She once said, "It's about individual responsibility for war and how the old feudal thinking kills us all." Buffy Sainte-Marie wrote the song in 1964. A year later, just months after U.S. ground forces invaded Vietnam, the British singer Donovan turned it into a hit. Five decades later, she is still making powerful music. She has just released *Power in the Blood*. It's her first studio album since 2008.

AMY GOODMAN: Buffy Sainte-Marie has led a remarkable life. She was born in 1941 on the Piapot Cree First Nations Reserve in Saskatchewan, Canada. She grew up in Massachusetts after becoming an orphan. In the early '60s, she became a leading figure in the Toronto and Greenwich Village folk scenes. Her song "Until It's Time for You to Go" was recorded by everyone from Elvis Presley to Barbara Streisand to Neil Diamond. She has also written and sung about the struggles of Native American and First Nations people for decades. She worked with the American Indian Movement and began a foundation for American Indian education. Her political activism would lead her to be largely blacklisted from commercial radio in the '70s. On her new album, she re-records two songs from what's become known as her "blacklist years."

Buffy Sainte-Marie, welcome back to *Democracy Now!*

BUFFY SAINTE-MARIE: Thanks.

AMY GOODMAN: Tell us about your new album. It's great to have you back in our, well, for you, new studio.

BUFFY SAINTE-MARIE: Thanks.

AMY GOODMAN: And how you incorporate the past into the present.

BUFFY SAINTE-MARIE: Well, the new album is called *Power in the Blood*. And after I last saw you, I had put together a band, and I told them that we were going on a two-year world tour, and all of a sudden it was like five or six years into a two-year world tour. And True North Records came to me and said, "Do want to make a record?" So we had been doing all these songs, new ones, old ones, songs that either had been forgotten or had never made it to airplay in the first place, and a lot of new ones, as well. So I was just ready to record. So that's what this album is about.

"Power in the Blood" itself is—has some very, very strong words about contemporary issues: GMOs and fracking and war. And it was actually a song written and originally recorded by a group called Alabama 3, who you might know for the theme song from *The Sopranos*: "Woke up this morning, got myself a gun." And it was saying, "And when that call it comes, I will be ready for war." So they're friends of mine. I said, "This would make a great peace song." So I changed the words, updated it. And I said, "And when that call it comes, I will say no, no, no to war."

Another song on the album is called "Carry It On." It's super positive. It's about contemporary stuff. It says, "Hold your head up. Lift the top of your mind. Put your eyes on the Earth. Lift your heart to your own home planet. What do you see? What is your attitude? Are you here to improve or damn it? Look right now and you will see, we're only here by the skin of our teeth as it is, so take heart and take care of your link with Life. It ain't money that makes the world go round. That's only temporary confusion. It ain't governments that make the people strong. It's the opposite illusion. Look right now and you will see, they're only here by the skin of our teeth as it is, so take heart and take care of your link with, Life is beautiful, if you got the sense to take care of your source of perfection. Mother Nature, she's the daughter of God and the source of all protection. Look right now and you will see she's only here by the skin of her teeth as it is, so take heart and take care of your link with Life. And carry it on. And keep playing. And keep praying. And carry it on."

So this is an album of contemporary issues, involving some updated songs, some new songs, some songs by me and some songs by other people.

JUAN GONZÁLEZ: Well, since your last album, the music world has been changing quite a bit. Could you talk—I'm wondering your sense of how music has been changing, the production of albums. And, you know, now with Taylor Swift and Beyoncé becoming the big names these days, what's happened to the music world?

BUFFY SAINTE-MARIE: I don't know. I don't think the music industry changes a whole lot. Stars may rotate, but it's—there's an awful lot of corporate push between some people and not other people. I think there's always an undercurrent of artists who are really truly unique, and there's

only—you know, and 80 percent of people who are following whatever's hot at the moment. But I think writers continue to write, sometimes addressing contemporary issues and sometimes not.

I just think the whole world in general has come a long way since I saw you last, in that I think the general population is more awake now. There are a lot more people who are afraid right now, but it's because they've opened their eyes, you know, thanks to a lot of people like yourselves. People are acknowledging what the issues are. But still, you know, as in the case of "Universal Soldier," still, if you look at our world today, we have five heavily funded colleges of war, and we don't have one such serious, properly funded college that teaches alternative conflict resolution. I mean, in India, people made changes because Gandhi taught them about alternative conflict resolution. There are a lot of things that people ought to be learning right now, because people are awake, but they don't have the tools, the true tools, for making change right now. And I am always telling people, don't put yourself in the position of suicide by going up against somebody who's going to outgun you, whether it's an army, a security force, a police force. We have to learn how to do things in a different way, in order that we're not just killing ourselves while we try to make change.

AMY GOODMAN: I want to play something from the new album, *Power in the Blood*. This is your song, Buffy Sainte-Marie, "It's My Way."

BUFFY SAINTE-MARIE: *I'm cutting my own way thru my own day
and all I dare say is it's my own
I got my own seeds I got my own weeds
I got my own harvest that I've sown
Now I can tell you things I've done
and I can sing you songs I've sung
But there's one thing I can't give
for I and I alone can live
the years I've known and the life I've grown
I got a way I'm going and it's my way*

AMY GOODMAN: "It's My Way," from *Power in the Blood*, Buffy Sainte-Marie's new song. Talk about using a song you recorded 50 years ago and incorporating it into this new song.

BUFFY SAINTE-MARIE: Well, it's a song that we were doing on the road all the time anyway, and I decided to re-record it. Really, that song is about self-identity. And although I'm talking about myself, I'm really hoping to encourage the self-identity of people in the audience to explore their own uniqueness. And there just doesn't seem to be very much that encourages a person's continual growth, continual exploration of their own world. So really it's encouraging other people's uniqueness. I mean, that's what we really need. And yet I think there's so little encouragement given to what I'll call positive mutation. And I think, really, every single person is ripening all the time. I mean, you and me, the guys we're not so sure about, I think everybody is ripening just little by little.

And when I look back 50 years, we've made a lot of great changes. A lot of things are really good right now. But you're always going to have racketeers at any—you know, racketeers have been going on since before the Old Testament. But at the same time, there have always been people like Jesus. There have been people like Gandhi. There have been people like Martin Luther King. There are people out in the audience right now who have—who are the hope of the future. We're

not hearing about them yet. But really, I think all of us, that's the one thing we can do: We can encourage it in ourselves. New thinking.

AMY GOODMAN: Speaking of what can be heard and what can't be heard, can you talk about being blacklisted during the '60s? I mean, on Monday, we're going to be playing this extraordinary panel that Juan moderated in Washington, D.C., with Ron Dellums, who was head of the House Armed Services Committee, Oakland congressman, former Oakland congressman; Pat Schroeder, one of the youngest women to be elected to Congress, from Colorado; and Tom Hayden; Wayne Smith, who was a Vietnam medic. So, it's the 40th anniversary of the end of the war, 50th anniversary of the U.S. invading South Vietnam. When you were singing about it, what happened? Why was it difficult to hear your songs?

BUFFY SAINTE-MARIE: Well, I didn't know at the time, but I found out 20 years later that apparently the Johnson administration, the Nixon administration, apparently, they drowned my career, the career of Eartha Kitt. Taj Mahal had problems. And I was told by a radio broadcaster live on the air at the beginning of an interview—this was in the '80s. I mean, Lyndon Johnson was and Richard Nixon were gone. A Democratic administration and a Republican administration apparently had drowned a lot of careers for being outspoken.

And I don't think it was just that I had written "Universal Soldier" and "Now That the Buffalo's Gone." I think it was because I had gotten famous and was shooting my mouth off on *The Tonight Show*. It was because I had magazine covers. I mean, *Billboard* magazine had named me Best New Artist on the year that The Beatles came to America. So there was—I had a lot going on. But I did. I spoke out. And when "Until It's Time for You to Go," which is just a pop love song, when it was being recorded by, as you mentioned, Elvis Presley and everybody, I was getting big-time publicity, and I was talking about the fact that there was a war in Vietnam. And later on, during the Nixon administration, I was talking about what was going on at Wounded Knee, South Dakota, and in the American Indian movement.

So sometimes people will ask me, they say, "Well, doesn't that make you hate the U.S. government?" And it doesn't. It has nothing to do with the U.S. government. It's not as though an act of Congress is passed and Eartha Kitt and Buffy Sainte-Marie get wiped out of airplay forever and ever. No. It's a few guys in the administration who make nasty phone calls from the back room. It's networking. It's personal phone calls to the media. I mean, I was never allowed to play in Indian country, you know, because who owned the newspapers? Who owned the theaters? Who owned TV and radio? The same guys who owned the big resource companies who were exploiting Native American people and lands.

JUAN GONZÁLEZ: And yet, thanks to PBS and *Sesame Street*, at the same time that some were trying to silence you, they gave you the opportunity to speak to a whole generation of folks. I think we may actually have a clip of when you were on *Sesame Street*. You were a regular there from '76 to '81, including a week of shows from your home in Hawaii. This is a clip from one of those episodes, when you sing, "I'm an Indian Wherever I Go."

BUFFY SAINTE-MARIE: *Well, first there was the Hawaiian land,
the Big Blue Ocean and the sunny sand.
And then in boats that they made by hand came the Hawaiians.
And they brought the aloha.*

*I'm an Indian wherever I go,
Hawaiian sun or Canada snow.
And when I'm in Hawai'ine,
I'm still in Indian. Eya Eya.*

*In Hawaii, the Hawaiians are the kings and queens,
or anyway, that's what I'll sing.
They welcome everybody so fine,
and I respect them. Eya Eya.*

*Now you got one grandmother from the coast of Asia
and another from a South Seas bay.
You got one grandfather from right here
and another from the U.S.A. Hey, hey, hey.*

*That's the way in Hawai'ine
Everybody come, and some folks stay.
Bring a little aloha to Hawaii.
I'm an Indian wherever I go,
Hawaiian sun or Canada snow.
And when I'm in Hawai'ine,
I'm still in Indian. Eya Eya.*

JUAN GONZÁLEZ: That was Buffy Sainte-Marie singing "I'm an Indian Wherever I Go" on *Sesame Street*. The impact that your performances there, your appearances there, had in terms of young people in America, and in the minute that we have left, where you're going to be performing next?

BUFFY SAINTE-MARIE: Well, we've been on—this is the—we have one more concert in Schenectady, New York. This is the very end of a month-long tour. Last month we went all the way around the world. And next month we're going across Canada.

JUAN GONZÁLEZ: And the impact of *Sesame Street* in terms of—

BUFFY SAINTE-MARIE: Well, *Sesame Street* was a place that I could go and take the same positive message about Native American people to 72 countries of the world three times a day. They never stereotyped me. We did things about Native American culture. We also did things on breast feeding, on sibling rivalry, on raising kids—

AMY GOODMAN: You had your son Cody on.

BUFFY SAINTE-MARIE: Yes, my son Cody was on, yeah. He's a big grown-up guy now.

AMY GOODMAN: So, what do you hope to be doing now, as you go on this tour, the message you're spreading? You were fighting the Vietnam War. You were blacklisted. We're now in the midst of—well, I don't know if we can count the number of wars we're involved with in the Middle East.

BUFFY SAINTE-MARIE: Yeah. I really am on a campaign to appreciate the good things that we have going on right now, which is really being awake. I have been to the Alberta tar sands, where fracking—you know, it's fracking central. I've seen it. It's much worse than I could have imagined.

AMY GOODMAN: We have five seconds.

BUFFY SAINTE-MARIE: I live in Hawaii. GMO is everywhere. They're spreading pesticides, spraying them all over us, and it's very, very serious. So, thank you, people, for being awake. Please stay positive. Please put down violence. Step up. Learn alternative conflict resolution.

AMY GOODMAN: Buffy Sainte-Marie, thanks so much for being with us, Canadian First Nations singer, songwriter and activist.