Join us on a tour to celebrate and commemorate the life and work of nurse Edith Cavell.

Edith Cavell started the first professional school of nursing in Brussels in 1907. Immediately before World War I she returned to Brussels. She and her staff continued nursing the people of Brussels and soldiers from both sides of the conflict. She refused to hand over Allied soldiers to the German occupiers and worked for nine months to help over 200 soldiers reach neutral Holland.

Eventually members of the ‘underground’ group she was working with were all arrested. After ten weeks in solitary confinement she was tried with 34 others in October 1915. They were found guilty of conveying soldiers to the enemy and she and a Brussels architect, Philippe Bauq, were executed by firing squad at dawn on 12 October 1915. Edith Cavell’s work as a nurse and in training nurses goes on today through the on-going work in the UK of the Cavell Nurses’ Trust. In Brussels a hospital close to her original clinic still bears her name.

Terri Arthur is an award winning American author and the only nurse to have written a book about Edith Cavell. Her research spanned over six years with many trips to the UK and Belgium. She holds degrees in nursing, education and biology, and a MS in Health Business Management. The nurses in Norwich refer to her as “The American Cavellite” a title given to her as an honour and in recognition for her work. She has been invited to join in the ceremonies memorializing Edith Cavell’s life and death.

**DAY 1: 9 OCTOBER**

Arrive at London Heathrow where you will be greeted by your guide and transferred by an executive coach to the historic town of Norwich. Upon arrival you will check into the historic Maids Head Hotel adjacent to the Cathedral. Lunch is at leisure. This afternoon we will travel to the village of Swardeston where Edith Cavell was born. We will wander around the village and learn about her early life with her family. This evening there is a welcome reception and dinner at the hotel which will give you the opportunity to meet our guest lecturer Terri Arthur.

Accommodation: Maids Head Hotel, Norwich
Meals: D

**DAY 2: 10 OCTOBER**

Following breakfast we will walk the short distance to the Anglican Cathedral and receive a detailed conducted tour by Nick Miller, the Chairman of the Norfolk Cavell 2015 Partnership, including the memorial. We will visit Holy Trinity Church. The evening is at leisure.

Accommodation: Maids Head Hotel, Norwich
Meals: B

**DAY 3: 11 OCTOBER**

After breakfast we depart for London by coach. During the journey videos will be played. Upon arrival in London we see the Capt. Fryatt memorial at Liverpool Street station and learn about the connection to Edith Cavell. We then check into our hotel. After lunch our tour will include the Royal London Hospital where Edith trained to be a nurse. Then visit the Florence Nightingale museum. The remainder of the day is free to explore and dinner at own expense.

Accommodation: Park International, London
Meals: B

**DAY 4: 12 OCTOBER**

We will leave the hotel at 9.30am following breakfast for our tour of significant places relating to Edith Cavell. We will visit St Pauls Cathedral, (a must while in London) before we lay a wreath at the Edith Cavell memorial in St. Martin’s Place. The remainder of our day includes visits to:
- The Imperial War Museum with the WW1 exhibition
- Westminster Abbey where a memorial service was held with Edith’s body in attendance, plus we will visit the grave of the Unknown Warrior and learn about the connection to Edith.
- We then return to the hotel for an early dinner then the evening is at leisure.

Accommodation: Park International, London
Meals: B

**DAY 5: 13 OCTOBER**

Today we depart for Brussels travelling south via Dover to Calais on a P&O Ferry.
- Stop on route at Lijsseghoek Military Cemetery, which is the second largest British & Commonwealth cemetery in Belgium where Nurse Nellie Spindler was buried, with full military honours and with the Last Post played over her grave. She was officially described as ‘killed in action’ by the War Office, and had only been on the Western Front since May 1917. According to the CWGC records she is one of only two female Great War casualties who are buried in Belgium.

Packed/Picnic Lunch (included). Upon arrival in Brussels we will be met by the passengers taking part in the Belgium tour and we will check into the historic Hotel des Colonies, which respectively served as headquarters to the German military (WW1 and WW2) and to the British and American liberation armies (WW2). Brussels is a vibrant city with many restaurants and cafes to explore.

Accommodation: Hotel des Colonies, Brussels
Meals: B L

**Date**

9th – 16th October 2016

**Price**

£1,470 per person

More itinerary on the following page
**DAY 6: 14 OCTOBER**

Depart after breakfast in hotel. We will drive to Liège to hear of the impact of the outbreak of the Great War on Belgium. Our day includes stops at:

- Fort de Loncin, one of a ring of ancient forts that defended Liège — an important monument to the bravery of the Belgian soldiers who stood in front of a much larger army and denied them passage.
- The Senate Chamber – Place de la Nation (pre-booked Tour included) where the trial of Edith Cavell was hastily conducted, along with 34 other members of the resistance network. A commemoration plaque is on one of the walls of the senate chamber.
- There are commemorative plaques in French and in Flemish of all those executed in WW1 here.
- Place of execution – At 7am on 12 October 1915, Edith Cavell along with Philip Baucq was executed at the Tir National Shooting Range and hastily buried where she fell. The memorial site near the Tir commemorates those executed in WW1 and WW2. We perform an act of Remembrance here.

Return to hotel. Dinner at own expense. Overnight in hotel.

**Accommodation**: Hotel des Colonies, Brussels or similar

**Meals**: B L D

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**DAY 7: 15 OCTOBER**

Depart after breakfast in hotel. We will tour Brussels following the Edith Cavell Trail to include: (Passengers will not disembark the coach at several locations)

- Royal Army Museum – time to visit the special Great War exhibition (included).
- Holy Trinity Church where Edith worshipped in 1914 also to walk around the location of Church of the Resurrection.
- 154 Avenue Louise, bellies – Edith was Governess here from 1890-95 before training as a nurse in London (drive by).
- Bois de la Cambre – German troops exercised here. At fairly close proximity to where she lived, Edith may have taken a stroll here, possibly with her dog, Jack. (drive through).
- Berkendael Medical Institute – Rue Franz Merjay. This street used to be called Rue de la Culture. From 1907, numbers 143-9 housed the training school for nurses. It was here where hundreds of allied soldiers were hidden before being smuggled to Holland. A barrack for German soldiers overlooked the institute – adding to the risks.
- Café Gaspar – On the corner of 165 Franz Merjay, is Portrait de Famille, a restaurant which was once located on the Bar Jules. This is where the ‘lost soldiers,’ looked after by Edith, would socialize. It is said that Edith hid some of her records of her underground activities under a seat cushion on one of the benches near the front door. Lunch included in Café Gaspar (previously Bar Jules).
- Edith Cavell Clinic – Cavell and Depage Memorial. 13 Rue Edith Cavell. The street and clinic were both named after Edith after the war. Edith and Marie Depage, the wife of the royal surgeon, Dr. Antoine Depage, had tirelessly prepared to move into a larger premises on this site as the Berkendael Medical Institute expanded.

**Extra**: Edith Cavell: A Forgotten Heroine by Nick Miller

**Extra**: The Pitkin Guide to Edith Cavell

**Extra**: A signed copy of “Fatal Decision: Edith Cavell WW1 Nurse” by Terri Arthur

**Extra**: Breakfast daily

**Extra**: 4 Lunches including 1 packed lunch**

**Extra**: Welcome reception and dinner at The Maida Head Hotel*

**Extra**: Tours as detailed in the itinerary

**Extra**: All entrance fees as detailed in the itinerary

**Extra**: Dedicated tour webpage

**Extra**: Tour commemoration booklet with Swardeston village photos*

**Extra**: 2 Poppy Appeal Wreaths for the group

**Extra**: The Pitkin Guide to Edith Cavell

**Extra**: Cavell Nurses’ Trust Pin Badge

**Extra**: Experienced military historian battlefield guide

**Accommodation**: Hotel des Colonies, Brussels or similar

**Meals**: B L D

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**DAY 8: 16 OCTOBER**

Check out and depart after breakfast in hotel. Drive to Mons where we will learn of the experience of the British Expeditionary Force in their first battle at Mons. The retreat that followed produced many starving prisoners who found shelter with Belgian civilians. Many of these were aided by Edith and her helpers. We shall see:

- The First and Last Shots Memorials.
- La Bascule crossroads – A delaying action as the German pressure increased.
- St Symphorien War Cemetery – The grave of the last man to be killed on 11th November-close to that of the first British soldier to die in August 1914.
- Mons Memorial Museum

Lunch in Mons (included)

We continue our tour in the afternoon with a visit to:

- Drive through the Forêt de Mormal and by the Chateau at Bellignies, home of Princesse de Croy whose family coordinated rescue (POW) work in WW1 (Time Permitting).
- 2:30pm Depart for journey home
- 5:00pm Arrive Calais for Channel Crossing
- 8:30pm approx. Tour ends in London

**Accommodation**: None

**Meals**: B

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**DATES**

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<th>DATES</th>
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<td>9 – 16 October 2016</td>
<td>£1,470</td>
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**INCLUDES**

- Luxury coach with DVD and air conditioning throughout tour
- Military historian and experienced guide throughout tour
- Guest lecturer Terri Arthur, author of “Fatal Decision: Edith Cavell WW1 Nurse”
- A signed copy of “Fatal Decision: Edith Cavell WW1 Nurse” by Terri Arthur
- 2 nights at The Maida Head Hotel, Norwich*
- 2 nights at The Park International, London
- 3 nights at the Hotel des Colonies, Brussels**
- Breakfast daily
- 4 Lunches including 1 packed lunch**
- Welcome reception and dinner at The Maida Head Hotel*
- Tours as detailed in the itinerary
- All entrance fees as detailed in the itinerary
- Dedicated tour webpage
- Group forum with photo gallery where group members can ask your guide questions
- Tour commemoration booklet with Swardeston village photos*
- 2 Poppy Appeal Wreaths for the group
- The Pitkin Guide to Edith Cavell
- Edith Cavell: A Forgotten Heroine by Nick Miller
- Cavell Nurses’ Trust Pin Badge
- Experienced military historian battlefield guide

**COSTS DO NOT INCLUDE**

- Meals and beverages not detailed in itinerary
- Porters and tips
- Travel to and from your final destination
- Single supplements

**EXTRAS**

We are pleased to arrange the following: (Subject to additional charges)

- Pre or post tour accommodation
- Travel to and from London to meet tour and return to your final destination
- Single supplements

**TERMS & CONDITIONS**

- £200 Per Person deposit required to confirm booking
- Final Payment 12 weeks prior to departure
- Please see website for full Terms & Conditions

For enquiries or booking please contact:
operations@spiritofremembrance.com or call +44 (0)1634 233785