

From: TuDiabetes <newsletter@diabeteshf.org>
Subject: **Brian's Story: Fighting Cancer and Diabetes**
Date: July 27, 2009 6:23:20 AM PDT
To: tud diabetes@gmail.com
Reply-To: newsletter@diabeteshf.org

TuDiabetes
Not In Address Book

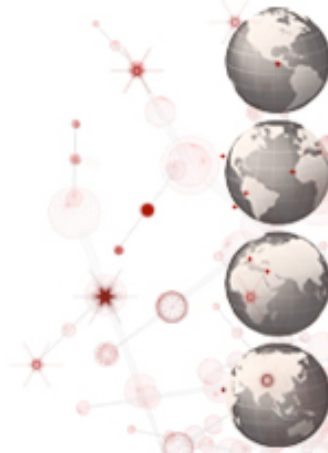
You're receiving this newsletter because of your membership at TuDiabetes.com or your relationship with Diabetes Hands Foundation. Please [confirm](#) your continued interest in receiving email from us.

You may [unsubscribe](#) if you no longer wish to receive our emails.

tudiabetes.com . newsletter



July 14,
a great day
to remember



July 2009

Issue: 11

Dear Manny Hernandez,

In this issue we join [Brian Novak](#) as he shares his inspiring story of strength, courage and love for life in his battle with Colon Cancer while living with Type 1 Diabetes. We celebrate reaching our [10,000 member milestone](#), the success of the [14,000 PWD test-in event](#) that took place July 14.

We would like to hear [your ideas](#) about ways to further TuDiabetes goals and mission and reach out to more people.

in this issue

[Brian's Story](#)

[14k PWD test day](#)

[Check This Out](#)

[Give Us a Hand](#)

**Tu Diabetes Reaches
10,000 members**

Fighting Colon Cancer and Diabetes: Brian's Story

[Brian Novak](#) has been a dear member of TuDiabetes since July 2008. He was diagnosed with Type 1 Diabetes in January 2000. Then, in December 2009 he was diagnosed with Colon Cancer.

"My name is Brian Novak. Often people tell me "You only live once!" but I'm on my 3rd chance at life! I'm a survivor..."

[Read Brian's story.](#)

July 14: a big day for the diabetic community



July 14, 2009 we held the [big test-in](#) where we called all our members (close to 14,000 people, between TuDiabetes and EsTuDiabetes) to [share their glucose reading at the same time](#).

From [Twitter](#) to [Facebook](#), from [Diabetes Daily](#) to the [International Diabetes Federation](#), support for this initiative poured in from all over the diabetic community and beyond. For a day the world felt smaller and diabetes didn't feel so lonely.

[Read More...](#)

Check This Out in *TuDiabetes*

[Forum](#) and [Blogs](#)

- [Ups and Downs with Diabetes](#)
- [Should I Get an Insulin Pump?](#)
- A good old-time reminder: [Did You Exercise Today?](#)

[Videos](#)



Help raise diabetes
awareness

[Donate](#)

Diabetes Hands Foundation is in the process of applying for an exemption from income tax under Section 501(c)(3) of the U.S. Internal Revenue Code.

Please consult with your tax advisor on the deductibility of your donation.



Forward this email
to a Friend

Our newsletter
changes frequency

Starting with this issue
you will receive the
TuDiabetes newsletter
every two months.

- [Meet DHF's Board of Directors](#)
- [The importance of a regular Diabetes Foot Exam](#)
- [Body Powers: Superheroes Preventing Obesity](#)

Groups ([how to use groups video](#)).

- [Are you getting ready for World Diabetes Day?](#)
- [Oh Baby!](#) Pregnancy resources and helpful tips
- Join our regional [groups in the USA](#) and [Canada](#)

We look forward to continuing to see you participate in the *TuDiabetes* community.

Manny Hernandez, [Diabetes Hands Foundation](#)

[Forward email](#)

SafeUnsubscribe®

This email was sent to tudiabetes@gmail.com by newsletter@diabeteshf.org.
Instant removal with [SafeUnsubscribe™](#) | [Privacy Policy](#).

Email Marketing by



Diabetes Hands Foundation | P.O. Box 9421 | Berkeley | CA | 94709