

From: Diabetes Hands Foundation <newsletter@diabetesfh.org>
Subject: TuDiabetes.com: The Diabetes Duo; Judith's First Year; Word In Your Hand
Date: September 29, 2008 3:05:41 PM PDT
To: tudabetes@gmail.com
Reply-To: newsletter@diabetesfh.org

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tudiabetes.com . newsletter

september 2008

issue: 4



Dear Manny Hernandez,

As we get closer to [World Diabetes Day, November 14](#), we invite you to consider how you can help raise diabetes awareness. Whether you can get a local building lit up in blue or you yourself are going to [wear blue that day](#), it is very important that all of us actively make sure that this day doesn't go unnoticed.

Meet Captain Glucose and Meter Boy

Not every day do you get a chance to meet a superhero, let alone two. We interviewed The Diabetes Duo, Captain Glucose and Meter Boy. Together, they took the world of diabetes by storm with their heroic acts, bringing joy to the lives of many people touched by diabetes. [Get to know these superheroes!](#)

One Year at Home With TuDiabetes



[Judith Caterall](#) is one of those people that easily earns your trust and love (even if

Participate!
**Word In
Your Hand**
S E P
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in this issue

[Meet the Diabetes Duo](#)

[One Year as a Member](#)

[Word In Your Hand](#)

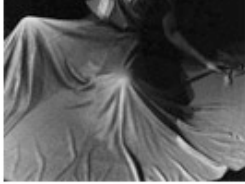
[Things worth checking](#)

Fundraising Ends Sept. 30

There are only a few hours left in our 2008 fundraising campaign.

We have raised more than \$5,500 but we still need your support to reach our goal of \$20,000.

[Learn how you can help.](#)



you have only met her online). Recently, she arrived at her "one year anniversary of stumbling into this Haven of Help and Support," how she described TuDiabetes.

"So. Today is the one year anniversary of my stumbling into this Haven of Help and Support. It feels at once longer and just yesterday."



[Read more...](#)

Last week of *Word In Your Hand*

September 30 will be your last chance to submit a photo for **Word In Your Hand** and be eligible to win a meter and 200 strips. See the winning photos so far, during [week 1](#), [week 2](#) and [week 3](#).

To participate, [visit the Word In Your Hand page](#) for details.

Worth Checking in *TuDiabetes.com*®

Forum Topics

- [Join the High-Fructose Corn Syrup Debate](#)
- [Talk about the pros and cons of the pump](#)
- [Contribute to a story written by all of us](#)

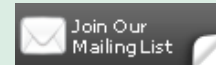
Videos

- [Ninjabetic talks about Diabetes and Depression](#)
- [Interview with Dr. Denise Faustman about type 1 trial](#)
- [Help Hunter win a glucose meter contest](#)



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[Let us know](#) if you would like to help with the newsletter in any way.



We look forward to continuing to see you participate in the *TuDiabetes.com*® community.

Manny Hernandez, [Diabetes Hands Foundation](#)

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