

**INFORMATION REGARDING CALLS PRESENTED AND/OR SUPPORTED BY
2013 RAINBOW ROUND TABLE**

I TO ACCESS THE THREE WEEKLY CALLS via the Internet

A BBS RADIO Go To www.bbsradio.com; click on Talk Radio Station #2; click on "64K Listen"

Thursday: 9 pm – 12:00 pm EST **Stargate Round Table** **Host: Marietta Robert**

Friday: 9 pm – 2 am EST **Friday Night Hard News** **Hosts: T & R**

Saturday: 4:30 pm – 2 am EST **History of our Galactic World & NESARA** **Hosts: T & R**

Friday, Saturday: From **10 – 11 pm EST**, for one hour, the call moves to the Conference Call Line [PIN below] and then returns to BBS Radio.

- **BBS Toll Free # in Canada, US 1 – 888-429-5471** - picks up whichever line is available.

B Conference Call 1-209-647-1600

Thursday PIN #	87 87 87#
Friday PIN #	23 23 23#
Saturday PIN #	13 72 9#

C Skype **BBSradio2**

D Archives for the 3 Programs listed above

- To access the **FREE BBS archives** for any of these programs:
 - Go to BBSRadio.com; scroll down the column on the left hand side and click on "Live Radio Shows"
 - The next page which comes up lists the programs alphabetically under the picture of the presenter. Find MariettaRobert's picture: Stargate Roundtable with Marietta Pickett and RIGHT click on "Library Archives".
 - When that screen comes up, LEFT click on the date you want. It opens in a new tab – you'll see the "free to listen box"; inside it is the tab that allows you to play the podcast.
- The **2013 Round Table website also has an archive section:**
<http://2013rainbowroundtable.ning.com/> See the **"Archives"** tab for written notes.
- Listen-in live 24/7 via conference phone dial 716-748-0144

II TO ACCESS OTHER CALLS SUPPORTED BY 2013 Rainbow Roundtable

A Sunday, Mondays: 9 – 10:30 EST **Cheryl Croci's Activation Calls**
By telephone only: 1 – 605-475-5950 PIN 9467441#

B Tuesdays, 2nd & 4th of each month: 9:30 – 11:00 pm EST **Ashtar on the Road**
Host is Fran; Susan Leland channels Ashtar, Sekhmet & others
www.Ashtarontheroad.com

- Phone Number: 1 – 695-562-3140; PIN 163731#
- Call is free [except for long distance charges]
- Can also listen to the call via Skype

C Wednesdays: 7:00 – 9:00 EST **The Friends of The Aboriginal Moabite Nation Call**
By telephone only: 1-712-432-0900 PIN 666238#
Replay # [good for 1 week] 1-712-432-0990 PIN 666238#

Host: Marietta Robert

Meditation: Angelsu To contact Angelsu for an angel card reading, use **angelsu@bellsouth.net**

Using the Angel Cards, Angelsu looks at the coming week: a reading for individuals & the group

- 1st card focuses in on what is needed on the planet for the next 7 days
- 2nd card will represent the remainder of the week
- last card is the special blessing, the gift.

1st card: Thurs – Sun: the planet of a distant star – a gold earth and white aspect of the oceans separating the continents: “I am there to take stock, rest, and take stock of who I am” – going back to our true origins, to call in the loving vibration that ups us higher with the ascension energies

2nd card: Rest of week: a sun shining on the card – golden The Light Transfusion and Transmutation “my mind body and awareness are being altered by new light coming in”

3rd card: Gift to use both cards with: beautiful navy blue sky of nights, and many gold starseed **Card of mastery and divine expression** – “I look to the stars for my strength, wisdom and power”. So call in the energies & calibrations from our original source

Mayan Calendar: Rainbird

- **Go to Space2plaza.com** – to locate specific days & lots more information: on the home page, you can find out what your Mayan birthday is
- The link to www.lawoftime.org – more info on the calendar & how the 28 day/moon cycles work.

17th Thurs – 10 LAMAT – the stargate, a portal day; we're manifesting our incentive into reality. Stargate is starseed awakening. Lined up beautifully with the cards! It's magnified due to the portal day; another eclipse on Wed, and the vernal equinox on Sunday. In the Wave of cuauc the storm energy - about transmutation, transfiguration. Wed is also the full moon.

18th Friday – 11 MULUC – Muluc is the moon, so we work with abundance, telepathy

19th Saturday – 12 OC – Oc is the dog, unconditional love with 12 which reminds us of the crystal energy of complex stability.

20th Sun – 13 CHUEN – a powerful day; we are already in the energy of the vernal equinox. We have the transcendent 13 tone as we finish this wave. Chuen is the magical artistry given to us by the monkey balancing work and play.

21th Mon – 1 EB – a new wave of EB which is the human: the servant warrior working for the benefit of humankind; to connect with earth

22nd Tues – 2 BEN – a portal day: Skywalker – cosmic energy – embodying the space walker, striving to better self. 2 is polarity and stability

23rd Wed – 3 IX – the Lunar eclipse on the powerful 23 number. IX is the jaquar priestess, the magician. Eclipse is at 8:01am!

24th Thurs – 4 MEN – the eagle of vision

Friday is Good Friday – this is a powerful week!

Introductory Items

1. NEW NUMBER FOR PEOPLE TO CALL IN AND LISTEN TO THE CALL ON BBS: 1- 605-475-1600

The advanced technology of the APP allows people with smart phones to JUST PUNCH #2 TO REACH station 2. Can call in and talk to a host. Can also listen to either station and get access to the archives, as well.

2. To listen to the entire program: Please use the following audio link

<http://bbsradio.com/podcast/stargate-round-table-march-17-2016>

HARD NEWS

T: It's a strange world! Homeland Security has entered into the fray:

- The gofundme had \$5400 and when there was \$500 more added, they were to transfer it into the credit union account; this didn't happen even after another \$1000 had been added so they called to find out what was going on:
- Homeland Security is investigating ALL gofundme projects – has to do with the fear and fascination with Islamaphobia - which is just an excuse: **the real story** is that gofundme programs are helping so many people, and someone doesn't like that.
- For those who want to donate, PLEASE PUT IT INTO PAYPAL WITH A NOTE ABOUT ITS PURPOSE
 - at this point, they are not eating again and they cannot go to the homeless people
 - They still owe \$500+ to BBS - please send this information out to people and encourage them to help this happen!
 - T & R also need food and gas money -

Hillary stole 5 states from Bernie: they flipped the votes in 5 states

- they know how to do it on the machines: vote for Bernie and it flips to Hillary!
- In 2004, the vote for Kerry went to Bush Jr – need paper ballots again!
- Ireland is using paper ballots again!
- Lee Camp on **Redacted Tonight** talked about Diebold – voting machine manufacturer!
- Everything happening in these final few seconds seems like an eternity!
- We learned last week that America has been in the corporate venue from the very beginning – learned this from the judge, Anna Van Reitz
 - “WE” refers to the people: we are not in a democracy, we are in **the US corporate venue** and have been since the very beginning of the country: the founders made a deal with England – we did NOT get our Declaration of Independence or the true constitution from the very start: a total sham. Which is why everything in that venue will go bye-bye!
 - SO everything that is going on is not true -
 - PLEASE DIVEST YOURSELF OF ALL THE STUFF: DONGS, DINARS, ETS
- also found out **St Patrick was not the saint he's been made out to be:** he aided and abetted the church in lieu of helping the people, did the obscence rite and other things!
 - This is why it is so important to know the true history: what T & R play from the TV, they comment about and point out what has been inserted or left out by the sponsor of the program / owner of the station, corporation - everything on PBS feels kind of good, yet Amy cannot talk about 9/11 etc or she'd be killed.
 - The Thurs, Fri, Sat shows are CLASSES
- Keshe **does 3-5 hours per program with many on his website [their friend comes over and tells them about what Keshe is doing, as T & R have no time to watch the information]**
 - his information comes from the place of wisdom from the ascended masters about how to live on plasma energy
 - Penny, Connie are getting plasma units and it's expensive: paying in Euros; the US dollar is extremely strong and then going to the Canadian dollar makes it more expensive, in

addition

- The plasma devices do not work automatically: need an electrician to use hook it up in order to connect to the plasma energy of the unit.
- There also has to be a conscious relationship to the unit and this is a gradual development - have to entrain yourself and listen to the Keshe classes: as you listen and start to realize that we [the human beings] are the connection - as our consciousness starts to work with it, the more it takes over the process of producing power - might take 2-3 months to remove the cost of your electric bill
- we pay for the original unit - the entrainment classes lead to INNERSTANDING - the more and more we have of it, the more consciousness we develop and the more entrainment there is on our part, and the less and less the amount of the bills
- So these **Thursday, Friday and Sat night shows are also classes**: we have to know what is happening; everything is coming from

- **Kerry declared ISIL was a genocide [as we have the INNERSTANDING, WE know the the Black Ops as criminal]**
 - Ed Schultz last night had on a woman from RT and the question was why is ISIL even in existence? She explained: go back to the war, to Bremner who did 9/11 and was part of the team who killed JFK Sr; Bremner was in power for 14 months, and in the the first 6 months he fired 600,000 Iraqis from their jobs and they are the ISIL of today
- In **Syria**, a full army of citizens of Syria is fully intending to take Bashar al Assad down
 - Last Monday, Putin was announcing he had already removed troops except for a small group to look after the port in Syria; by Wednesday, the planes were gone.
 - He also said on Tuesday night: they are going to intensify their call for peace in Geneva
- **Angela Merkel and the foreign ministers of the EU** trying to meet the crisis & they are not! There are 3 conditions for it to happen:
 - all 28 member states have to agree to the whole deal - not looking likely at the moment
 - the deal has to be fully lawful under international law - and nothing about it is - and
 - the Geneva Convention on Human Rights and Refugees says this cannot be done as you cannot send refugees back to whence they came. Cannot choose to take refugees from one country and not another. AND NONE OF THESE PEOPLE ARE MIGRANTS, THEY ARE REFUGEES, YET the EU countries refuse to call them refugees - as migrants, they are not eligible to work anywhere.
 - In **Afghanistan** - the young men are being threatened by our Taliban with death so they are refugees too
- From Watching the Hawks, T learned that Wilileaks assisted Edward Snowden to get all 30,000 e-mails of Hillary out to the public, so the people of the world can read every word - and the e-mails go beyond level of Cosmic Clearance. Right into the secret space program, the ETs and the whole story

MR: asks Rama did you talk to anyone this week that you haven't mentioned yet?

- Katrina vanden Heuvel; John Nichols either Tuesday or Wednesday
 - talked of the fiasco with Bernie and Hillary
 - how the media has sold themselves to Mr Hair - decribing Trump as saying that if he does not get the nomination, there'll be riots in the streets; Paul Ryan saying it's unacceptable
 - Donald Trump is only a game show host; has taken it to the level of playing with the most powerful man in the world - the so-called free leader of the world and you just don't make jokes or racial slurs or incite violence
- Katrina vanden Heuvel is the editor in chief of *The Nation* magazine; her husband is Steve Cohen, PhD of history, professor of history on Russia - both know Putin, are White Knights
 - Putin is an immortal and has been given technology on the ground by the Andromedans:

he can flip a switch and nothing related to military equipment will work –
• Putin is one of the 3: President Xi, President Obama and Putin – 3 White Knights and have the authority to do this at their level

- the Red Circle is the pedophilia circle, an extension of the Illuminati & tied in with Alexander Romaov
 - the Bavarian Illuminati are tied in with all the other human trafficking around the world, including human trafficking, child trafficking, drug running, arms running – Clinton, Prince Charles, Prince Philip are involved, too – Jimmy Saville who used to be comedian on BBC
 - They literally poisoned Keshe and his family 4x yet because they are working with plasma energy, they did not die. Keshe is constantly risking his life doing what he does.
- Need to put the **Light Community across the planet in the Circle of Support** –
 - what is needed now is a threshold of consciousness called **Innerstanding** is the deal and there needs to be enough of this to end the question of why this is taking so long: because it's the Light Community draggin' its wagon!
When we broadcast this program, it goes out to all 7.4 Billion on the planet!
- **Sam Seder's program today**
 - brought up the Rockefeller Initiative and Leon Panetta who is now working with Hillary –
 - how can we trust these ones to tell the truth as they are still dancing in the circle of the 13 families, a group that Dr Greer told "I will not play with you guys; I can't be bought as this is about consciousness which goes into the realm of plasma energy that comes directly from Creator Source"
 - Playing with the Rockefellers, Rothschilds is dancing with the ones who have an agenda to serve one master, the old energy of Lucifer.
 - **Sam Seder's show:** guest was Denise, friends with the Pussy Riot group – the fundamental thing that needs to happen between the eclipses is to elevate our consciousness higher than ever before and cut ties with all that does not serve us
 - Reference to Anna Merkaba's latest article working with the chakras **[SEE BELOW]**
 - Bridget is one of the triple goddesses that brings in the ancient energy which goes way beyond the christian story: anima / animas – the manifested/unmanifested and the naqual

Tom the Cat: A friend of Larry and Curly who is connected with the Bank of Internatinal Settlements is telling them:

- something big, something yuuuuuge is about to fall on the horizon – it's all good!
 - Suspects it could be full disclosure and NESARA have to happen together
- yesterday Janet Yellin said they would not be raising interest rates: the dollar is so strong the US can export nothing!
- At the same time, **China's report** is an export driven country and if they don't export, their people die because the export went down 25.4% last month from where they were last year - they have a ton of people dying because of lack of food!
- **Brazil:** the reason China's export business is not doing well has to do with the fact that Brazil's economy is collapsing, is failing & they cannot import any goods.
 - The last time this happened to Brazil, the IMF re-booted Brazil to the tune of \$46 Billion so it didn't collapse
 - this time, the IMF will not allow this to happen, and once Brazil collapses, the US follows suit

GUEST: MICHAEL KING

- something going round called the Chemtrail Flu – a strange condition that does not respond to normal anti virals

- **List of symptoms:**

from **Activistpost.com**

- headache
 - brainfog
 - fatigue
 - low energy
 - compromised immunity
 - disorientation, dizziness
 - inflamed sinuses
 - stuffed sinuses
 - skin discomfort – on fire, itchy
 - joint pain – muscles
 - breathing
 - heavy lungs
 - dizziness, insomnia
 - memory loss
 - eye problems
 - nausea
 - liver problems
 - gall bladder disfunction
 - neckpain
 - scratchy throat
 - hay fever out of season
 - susceptibility to colds
 - depression
 - coughing, sneezing
 - anger, rage, frustration issues
- can catch it from other people, as it's contagious
 - can exist in the system for quite some time – the micro plasmas can lie dormant – Lyme condition, chronic fatigue syndrome, multiple sclerosis,
 - aggravations can be involved in this; brain disfunction as related to the microplasma
 - also a direct correlation between
 - **The Medical Medium Book** – by Andrew ? - a medical intuitive; has a guide assisting him called Compassion. [MK has just ordered the book]
 - He associated Epstein Barr Virus to all these same conditions which mutate. 16 different versions of EB and it is behind Lymes which is the residue or the poop of the EB virus – when it dies, it leaves toxic material in the body – chemtrails feed toxic waste into the air and we breathe it and this assists an environment that is suitable for pathogens that feed on heavy metals

MR: a friend in hospital with vertigo – could this be related?

MK: yes, possibly – when the EB virus gets into the air, vertigo is a symptom of Epstein Barr and is a significant symptom on the list above. Could be something to this.

MR: does the degree of a person's awareness make a difference?

MK: intuitively if you have a spiritual bent and have a clean diet, will be less susceptible as you have less toxins in your body

- more challenging for women who give birth or have hormones in high gear [normal cycles, menopause]: the micoplasmas feed on steroidal hormones – or at least some of them do:

feed on lipids – high stress or high caffeine levels create higher cortisol levels / stress hormones and feed on them – then bury themselves in the liver and the spleen, and can lie dormant there [there are 60 different strains of the Epstein Barr – a prolific pathogen variety which is why symptoms are so varied]

- Epstein Barr – what generally comes out is the milder, more ancient variety of these
 - the Medical Medium says there are 6 different categories and 10 kinds within each category
 - the 2nd level shows up in the 60s and 70s; each subsequent mutation comes in and attacks the younger generation
 - Generally buries itself in liver or spleen and do some damage there: weakened spleen – results from an excess of sweets and starches, stimulants;
 - green tea, matte is worse than coffee which produces more acidity and thus is a double whammy; green tea and black tea are also
 - matte wigs out the spleen in a big way
 - The spleen is connected to thymus and lymphatic system and all 3 produce antibodies, over 100 varieties – the antibodies are how our body deals with infections of various kinds so when the EP buries itself in the spleen and leaves toxic residue, it's doing great damage.
- When you drink enough caffinated beverage, you can get spacey – when you have to read something 3 x
- mucus congestion
- melancholic depression
- Alcohol, sugars of all kinds; the agave, maple syrup these are concentrated sugars! The maple sugar straight off the tree is probably OK. Can get too much honey, but a true raw honey from a local source that you can trust – NOT THOSE FROM CHINA – they are polluted, over heated, thinned down with water

Clean diet and good food combining and keeping body alkaline

• HOW DO WE RETAIN AS MUCH IMMUNE POWER AS POSSIBLE, AND BECOME LESS SUSCEPTIBLE TO

- get the toxins out on a regular basis: not an overnight event!
 - When he was in construction, he was exposed to lots of chemicals – tells the story of painting a room and what happened.
 - Didn't realize until later – if he took his liver a
 - started doing hissop more in his teas, and he'd break out again
 - did sweat therapy and come down with chemtrail flu – and had 100s of red spots as he was detoxing – after a couple of weeks of night sweats, the red spots started to disappear
 - the chemicals got into his body about 20 years ago & he's done a lot of cleansing
 - was in the military -
 - 2 years of anti biotics in high school
 - His health problems took a while to turn around – started to rely on super foods
 - to get high density nutrition out of the store is very difficult – uses herb, humic acids, sea weed, wild crafted herbs [different from organics]
- Chemtrail flu does not respond to anti biotics
 - it's not a bacteria or a virus – it's a micoplasma that has no cell walls
 - antibodies do a similar thing to an herb that can break down cell walls
- Our Immune system is perfectly capable of manufacturing 100 trillion different kinds of anti bodies without any kind of

MR: talking about the chemtrail stuff – what holds it together if there is no cell wall?

MK: he imagines it as a formless, shape-able goo that sticks together and morphs and goes into various cells of the body – the mitochondria and causes it to leak – doesn't understand completely – it's very small so need very high magnification to identify it there are 100s of them so there must be a way

- see his article on pathogens of all kinds: didn't understand its severity until the chemtrail flu showed up
- the one associated with Lyme feeds on cholesterol and fats – when stress is high can end in chronic fatigue state – after giving birth, moving, relationship difficulties
 - the higher levels of hormones can be used as food by the micoplasmas
- Dr Simon Atkins turned MK on to this and Kelly Neraw, a psychic, who published a video on this
 - they were using mineral mannas – clays, minerals, humic acid, a little bit of ormalite which raises your vibrations and gives you better resistance
 - Kelly said she had the flu and none of normal things worked, so she started taking mineral manna and instantly started recovering: if the condition is toxic related and the more toxins, the body gets more toxic and the more worn down, and the more the toxins come in; bringing in the clay via clay baths and in other ways reduces and removes the toxins: a clay bath will do that
 - The higher the quantity of clay used, the more it magnifies the toxins out of the body
 - Sweating is one of the most effective ways to move the toxins out of the body
- Dr John R Christopher, father of herbology in America, would use the cold sheet treatment – could turn people around from very serious condition just overnight
 - dry saunas are good in this respect
 - sweating; mini trampoline; lymphatic massage – stand on toes and jostle the body this causes the lymphatic system to move out of the body and go out through the skin – the lymphatic system is the waste management system, and it also transfers nutrients into the cell and pushed the toxins out of the body in various ways the lymphatic system is very close to the skin and a clay pack on the skin over your liver and close to your spleen, held in place with saran wrap pulls out the toxins and brings in healing energies

MR: is using a chi machine a good way to jostle the lymphatic system?

MK: not familiar with chi machines – if it's the one you stand on, it's good – anything that vibrates the lymphatic system is good

MR: lie on the floor with ankles in a cradle – moves body sideways in an S, fish-like motion

MK: a gentle way of taking a walk – excellent.

- Black clays or tan? One better than the other?
 - Black clay is an ormus product: Ormalite:
 - don't use in the bath as it's very costly
 - excellent for improving the chi flow – opening the heart – all kinds of benefits
- the gentleman with agent orange: clay baths are gentle enough that one does not get debilitated
 - the salt will speed the removal of the toxins out of the body because of the electrolytes
 - 2 tablespoons and ¼ cup of the new sacred clay is more powerful
 - Black Beauty has Himalayan salt, epsom salt, magnesium salt, humic acid and a few clays
 - wash the first 3-4 baths down the drain; after that you can start saving it, and as you use more clay in the baths and it will increase the detox potency
 - he experimented with a 50 lb clay bath! It's a lot of clay: he floated on the water and you get a powerful drawing action

- but starting with that much clay can be debilitating: have to work up to that level

Losing weight – 9 different kinds of fat, one being a toxic fat – the fat cell store toxins

- a clay bath first, then a body wrap with clay – if there's a detox reaction, then another clay bath

MR: Is this that is safe to do alone, or should there be someone else around?

- If you know you've been around chemicals – tells the story of a vet taking a clay bath
- Vast majority of people do not have that toxic level of chemicals -

- what can people do: we're all exposed to this – what about something for a period of time?
 - Mint family variety of herbs – oregano, thyme are mints, also peppermint, spearmint, lemon balm, lemon grass, hyssop –
 - There is good energy from consuming hyssop tea – tastes good
 - Any kind of mint tea with help – the strongest portion of the mix will be hyssop
 - a hyssop cleanse – 1 cup of hyssop and the mints + ½ gallon of water and drink over the course of a day – an effective cleansing, immune-enhancing, energy-enhancing drink –
 - also moderate the intake of fats - even the good fats!
- a cleansing fast: super foods – their green super food cleanse
- Keeping up meditative practices, spiritual awareness
- Oxygenating the body is also important [he describes a new process he's just learned of]
- Alkalizing the body is also important – he uses no stimulants, enjoys mint tea when he goes out.

Contact information:

Vitality Herbs and Clay

<http://www.VitalityHerbsAndClay.com>

Look for vital health news – detox programs, cleansing programs – look for subject lines on the articles

541-482-9633 – ask for Julie, the nutritionist

Michael can do an intuitive review – appointments set up through Julie

most supplements made of isolated compounds are about 1/10 or 1/100 of a whole herb – dollar for dollar, go for the best: whole foods, whole herbs and not the singular isolated compounds. Celation is not very smart – dense seaweeds and other whole foods are wiser

888-325-1475 FREE

9:00 AM to 5:00 PM, Pacific Time M-F (except holidays).

Saturday 9-12 (unless we are in the garden!)