

Vladimir Antonov

Spiritual Heart — Religion of Unity

**Translated from Russian
by Mikhail Nikolenko
and Maxim Shafeyev**

**New Atlanteans
2010**

ISBN 978-1-897510-66-7
New Atlanteans
657 Chemaushgon Road RR#2
Bancroft, Ontario
K0L 1C0, Canada

Printed by Lulu
<http://stores.lulu.com/spiritualheart>

In this book the author presents an understanding of the primary philosophical truths and the form of religious activity of people that God wants to see on the Earth. He also provides a detailed explanation of God, Evolution, man, the purpose of human life, and the Path of spiritual self-realization.

The author discusses also the process of perversions of the Teachings of God by people.

The book includes an extensive list of literature on the considered subjects.

The book is addressed to all those seeking to know the Truth and to participate actively in the Evolutionary Process.

www.swami-center.org
www.spiritual-art.info

© Antonov V.V., 2010.

Contents

INFORMATION ABOUT THE AUTHOR	5
GOD AND US	8
THE EVOLUTION OF THE UNIVERSAL CONSCIOUSNESS ...	9
THE SPIRITUAL HEART AND THE CHAKRAS	13
WHAT IS GOD	18
ABOUT COMMUNICATION WITH DIVINE TEACHERS	20
SELF-CENTEREDNESS – VERSUS GOD-CENTEREDNESS ..	21
HELL, PARADISE, AND KARMA	28
FROM THE HISTORY OF RELIGIONS OF THE EARTH	34
ATLANTIS	34
EGYPT	36
MAYA	39
TIBET.....	40
CHINA.....	43
INDIA	47
PERSIA (IRAN).....	49
THE EVOLUTION OF CHRISTIANITY.....	51
Early Stages of the Establishment of Christianity	51
The Inquisition	57
“Witch Hunt”	61
“Crusades”	63
The End of the Inquisition	64
Were Inquisitors Christians?.....	65
Catholicism Today.....	66
RUSSIA	68
From the Slavic History	68
From the History of Ancient Russia.....	72
The USSR.....	79

The Perestroika.....	82
Russian Perspective	85
What Should We Do?.....	86
Optimism.....	87
What Should Everyone Do?	88
CONCLUSION	91
TO LIVE IN HARMONY WITH THE EVOLUTION OF THE UNIVERSAL	
CONSCIOUSNESS	91
THE RELIGION OF UNITY.....	92
TO ENTER THE PRIMORDIAL ONE — AND TO COME OUT FROM HIM..	93
FIVE STAGES OF GROWTH OF THE CONSCIOUSNESS	
ON THE SPIRITUAL PATH	93
YOU ARE WELCOME TO COME THERE!	94
TRUE REVELATION OF THE APOSTLE JOHN, THE EVANGELIST	97
BIBLIOGRAPHY	100

Information about the Author

The author of this book was born in Russia into an atheistic family in 1946. After graduating from the Saint Petersburg State University, majoring in bioecology, he worked in medicine for many years, obtained a Ph.D. degree researching the formation of behavioral patterns under the influence of outer factors. He conducted scientific research in the fields of physiology of higher nervous activity including neurophysiology, also in the fields of obstetrics, sexology, psychology (regularities in the formation of behavior, then — correction of the emotional sphere and of the capacity for work with the help of the art of the psychical self-regulation), etc.

He dedicated — as a scientist — the last decades of his life to studying the subject of the *methodology of human spiritual development*. He published tens of books on this subject, created (together with colleagues) many video films.

He learned from many remarkable people: from scientists-biologists Alexander Parinkin, Alexander Malchevsky, Gennady Shichko; from several remarkable priests of the Russian Orthodox Church: Vassily Lesnyak, Leo from the temple devoted to Dmitry Solounsky, Ioann Kronshtatsky from Pskov-Pechersky monastery. Then he became a direct disciple of God.

One of the most important scientific achievements of the author is the *system of psychical self-regulation*

based on working with the chakras and main meridians of human organism. Its essence consists in the fact that mere movement of the concentration of the consciousness into one of the bioenergy structures mentioned above results in a certain attunement of the emotional-volitional sphere. Thanks to this, one can easily regulate the capacity for mental and physical work, also emotions; in particular, one can get rid of negative mental dominants and unfavorable emotional states, can enter calm and pure states of consciousness.

The author also did (for the first time) and published a complete thematic analysis of the Teachings of Jesus Christ (with the use of the Apocrypha); also for the first time he created competent editions of translations of the Gospel of Philip, of Tao Te Ching, of the Bhagavad Gita, and of some other great religious-philosophical treatises of the past [8, etc].

Based on knowledge received from literary sources and personal experience (of the author and of his colleagues), he described for the first time in an easy-to-understand language the essence of God-the-Father, of the Holy Spirit, of the Triunity of God, also the path to personal cognition of God in all of His Aspects [2,5-6,8-15].

Jesus Christ once personally blessed the author to do this search and service to people by providing to them knowledge which a worthy person can receive directly from God [5]. The basis of this service consisted in development of the ancient Christian tradition of Hesychasm [9] and distribution of this knowledge through teaching, books, and films.

When the author began to study religion, he adhered to the following principle: to collect and to integrate all the best from the historical spiritual experience of the humankind. And he managed to do this. On this basis a new direction of modern science was formed — *methodology of spiritual development*. One of its branches is

practical *ecopsychology*, where development of man (as a soul, consciousness) is realized, among other things, through meditative trainings on special natural zones called positive *places of power* [9]. That is, for each stage of development of the consciousness one can select — according to the local energies — areas in the forest, desert, water bodies, where one's development can go much quicker than in other conditions. It is these methods of work on oneself that allow worthy people to come to direct personal cognition of God and to gain the ability to easily converse with Him. (Of course, the worthiness mentioned above is determined first of all from one's success in ethical and intellectual aspects of development).

For many years in the past, the author had been teaching the methods of spiritual self-development, giving lectures and classes in a number of cities in Russia and other countries.

He experienced clinical death two times after being killed by the members of a strange sect¹, who practiced wearing subway tokens in between the buttocks, wagging their posteriors, and hatred [5,9]. He was resurrected by God in the same body so that he could continue his personal development and serve other people with his spiritual knowledge.

He was a personal disciple of Jesus Christ and other Divine Teachers, was admitted by God to His Abode, described in many books the essence of God, His Intention regarding the Creation, the mechanism of the universal Evolution, the purpose of human life, and the methods of spiritual self-development: from the entry-level — to the highest.

At present he continues his personal development and seeks solitude among living nature.

¹ The term *sects* denotes religious movements or groups which deviated in their worldview from the true knowledge.

God and Us

God is Love.

Jesus Christ was the first to tell these words to people.

They are also the basis of the preachings of all the Divine Teachers — Messiahs (Avatars) and Holy Spirits².

What is implied by these words? Our Creator loves us, His creatures, like a caring Father-Mother, and seeks to give us as much good as possible. Even if what He does feels painful sometimes — it is but His educational measure: by means of pain He teaches us what we should not be and what we should not do. This is for our own good. And it is in our interests — to be sensitive to such instructions of His.

The purpose of our lives consists in qualitative and quantitative development of ourselves as consciousnesses (souls). After reaching God-like degree of development by these two criteria in the end of this long process we merge into the Creator and thus enrich Him with ourselves. This constitutes His growth. And this accounts for His direct concern in our advancement in the direction that He prefers. He points out to us any deviations from this correct path by means of pain and various troubles. But if He is satisfied with our advancement, He gives us a tremendous amount of happiness and bliss — and then there remains no doubt as to the power of His most sincere Love.

Sometimes one may hear an opinion that existence of innumerable sufferings on the Earth proves that God does not exist. This way of thinking is pertinent to extremely egotistic people who consider everyone, includ-

² The Holy Spirit is a collective concept; in reality, there are many Holy Spirits — Representatives of the Creator coming out from His Abode.

ing God, to be their servants. But the Truth is opposite to this: it is us who must put ourselves to His service!

How can we serve God, then?

In order to answer this question we should first find out what He is interested in, why He created planets, stars, plants, animals, and people.

The answer cannot be found in the distorted and degraded religious concepts, which lack the *evolutionary approach* to the explanation of these problems, while declaring man a paltry and hopelessly sinful creature, doomed to beg the dreadful Universal Lord for forgiveness of his actual and imaginary transgressions.

But no: if we are able to break free from the darkness of religious ignorance, we can dramatically transform our miserable existence full of resentment, diseases, hate, grief and sorrow — into a vigorous life filled with joy, help provided to others, service to God, and cooperation with Him — Who is visible, audible, and loving, always there to hear us out and give us advice.

But such relationships with Him are possible only if we make real efforts on transforming ourselves in accordance with His plan and if we offer ourselves to Him as assistants, co-workers, and servants.

The Evolution of the Universal Consciousness

The universal space is inhabited by living self-aware energies, called souls, spirits, or consciousnesses. “Lumps” of some of them are small, some bigger, while others are large. But there is also the largest Consciousness that occupies the entire boundless universal space. This is the Creator, Who is also called God-the-Father, Jehovah, Sa-vaof, Allah, Ishvara, Tao, Primordial Consciousness, Adi-buddha, etc.

Non-incarnated consciousnesses of different levels of evolutionary advancement abide in different layers of multidimensional space, which are called in Greek eons, in Sanskrit — lokas, etc. These layers range by the level of their subtlety-coarseness. This can be likened to radio waves of different frequencies which do not interfere, although they exist within the same volume of space.

Such layers of multidimensional space have borders, which resemble a partition plane between transparent oil and water poured in the same glass vessel. This is how the borders between some eons really look like.

In the deepest layer of the multidimensional universal Ocean of the Absolute, there resides the United Consciousness of the Creator; this is the layer of the subtlest Consciousness. At the opposite end of the subtlety-coarseness scale there are layers of hell inhabited by devils and demons — by the coarsest souls; this is hell.

Thus, there are numerous layers-eons between the two ends of this scale. Throughout their individual evolution, units of consciousness (souls) move from one layer to another in both directions, finding their abode either in hellish eons, or in paradisiacal, or in intermediate ones. But we have to strive to get into the subtlest eon, which is called the Abode of the Creator and is located *deeper* than paradise.

The Life of God consists in His Evolution, i.e. continuation of the positive development of His Universal Organism.

This is the reason why He creates material worlds in various parts of the universe and then settles tiny particles of His energy into organic bodies on planets, which are suitable at the particular time for the existence of the latter. These particles should grow and merge back into Him and enrich Him in the end. Their growth starts on the crystalline lattices of minerals, continues in the bodies of plants, animals, and then those of humans.

Each of us has come through a multitude of incarnations in the process of personal evolution — before getting in the current human body. And our task for now is to make maximum efforts in order to become worthy of Mergence with the Creator in His Abode.

It is clear to us now how we should love God, isn't it?

We have to do everything we can to attain Perfection ourselves and to merge into Him, also to help other people in doing this.

We advance toward Perfection by means of:

— ethical transformation of ourselves according to the commandments given to us by God; the first one of them is cultivation of love for all living beings and for the Creator,

— refinement of ourselves as consciousnesses so that we can move into more subtle eons — away from hell and closer to the Abode of the Creator.

— intellectual self-development: accumulation of knowledge about the most important, training of the thinking abilities, intellectual creativity, etc.,

— developing the power aspect of the refined consciousness, which is directly proportional to the size of its "lump",

— development of the ability to merge with God.

An individual consciousness has the ability to increase quantitatively (to grow). It grows in the course of incarnations as it enters physical bodies of increasing size. But at the human stages of the evolution of an individual soul, this growth is accelerated if one leads an intense life in different areas: physical labor, intellectual work, healing, etc. But there are also special (esoteric) methods of acceleration of the quantitative growth of the consciousness that consist in various types of meditative trainings. These trainings are especially effective if conducted in combination with athletic exercises and on special *places of power*.

One must remember that an increase of the size and power of a coarse consciousness will make a devil out of the person and will determine a quite “stable” life in hell for him or her. It is only growth of a refined consciousness that has a real value.

What, then, leads to the coarsening of the consciousness and what — to the refinement of it?

There are both external and internal factors. Among the former is the introduction of certain kinds of energy into the organism from outside: either coarse or refined. For instance, eating bodies of killed animals, prolonged stay inside coarse energy fields generated by coarse people, by negative *places of power*, by powerful voltage transformers, and by other similar sources — all this coarsens the consciousness. On the contrary, communication with refined people, getting attuned to the subtlest phenomena of living nature and with works of art, with Divine Teachers — contribute to refinement of the consciousness.

But what is even more important in this process are the person’s own emotions. Emotions are nothing else but states of the consciousness. They are generated in special energy structures of the human organism — chakras. (Electric processes registered in the brain merely reflect these states, since the brain does not generate them but only takes part in the processing and transferring of corresponding information to various organs of the body and layers of the multidimensional human organism, as well as between the consciousness that lives in the physical body and the outer environment).

All emotions and their nuances can be ranged along the subtlety-coarseness scale.

To coarse emotions belong all manifestations of anger (from the emotions of condemnation and irritation — to fury), also fear (from anxiety to terror).

Subtle and the subtlest emotions are represented by all kinds of love, especially by tenderness (including sexually-colored one). It is not by chance that the New Testament contains many statements on this theme: "Be brotherly loving one another!" (Rom 12:10), "Greet one another with a holy kiss!" (2 Cor 13:12), etc. (See more detail in [8-9]).

What concerns controlling of one's own emotions, any attempt to hold back anger or to force yourself to kiss people whom you do not love would be very ineffective. A radical solution to this problem can come through practicing methods of psychical self-regulation, based on influencing the reflexogenic zones of emotional-volitional sphere. Among these are the methods developed in our scientific spiritual School [9-15].

The most important reflexogenic zone of the human organism is the chakra anahata. It is in this chakra that the spiritual heart begins to develop and to grow then outside of the physical body.

The Spiritual Heart and the Chakras

The chakra anahata is the organ that is responsible for generating emotions of love. This is the most important part of the human organism. It is called also the middle dantyan. This structure is what the spiritual seekers of Hinduism, Buddhism, Christianity, Islam, and most likely representatives of other religious schools have trained and worked with [8-15].

However, there are numerous wrong attempts to determine the location of the chakra anahata and of the spiritual heart, including quite preposterous ones.

Some early Christians believed that the spiritual heart was located in the physical heart.

Some authors shared in the literature their “firm conviction” that the spiritual heart, unlike the physical one which is located in the left part of the chest, is located in the right part of it.

On the schemes contained in some books, the spiritual heart for some reason was depicted as located around the stomach area, and some incompetent authors accepted this opinion. But it is clear that if one spends the whole life developing the stomach area by means of various psychic techniques, one is not going to advance a bit in gaining the ability to love cordially.

In reality, the spiritual heart starts growing in the center of the thorax and then continues to grow from the thorax.

During the first centuries of the Christian era many true spiritual seekers used the method known as the *Jesus Prayer* for developing this organ. They started to diligently repeat a certain variations of the following prayer all day long: “Jesus Christ, our Lord, Son of God, have mercy on me!” or simply “Jesus! Jesus!”, in an attempt to invoke and perceive Jesus-the-Sweetest (the Most Beloved). And in some of them — usually after years of such practice — this prayer involuntarily “got down” from the head to the thorax and... — the person suddenly realized what love really is! As a result, his or her life changed dramatically starting from this moment [9, 39,69].

But in the following centuries — as the Christian movement degraded — this method was gradually forgotten. In Russian Orthodoxy the opinion started to prevail that the secret of the *Jesus Prayer* had been “lost”...

However, by using the scientific method we were able to discover the secret of opening the spiritual heart and to work out techniques that allowed almost everyone desiring to learn it to accomplish this task in one or two months or even quicker.

How one can do it in practice (even by oneself) is explained in detail in a series of our books [9 and others] and is demonstrated in our films.

* * *

God is Love. And in order to get closer to Him, to become a part of Him by merging into the Him, we also have to become Love.

One can also put it in other words: the Primordial Universal Consciousness, the Creator is as if the “Universal Anahata” — the United Spiritual Heart of the Absolute, which is constantly replenished by spiritual hearts of seekers from all inhabited planets of the universe who attain Perfection and merge into Him. This is why the Straight Path to one’s own complete spiritual Self-Realization, which consists in Mergence with the Primordial Consciousness, implies development of oneself as a spiritual heart, first of all. Only through this one can merge into Him.

All other valuable qualities of an individual consciousness (soul) may be considered as auxiliary, supplemental to the functions of the spiritual heart and contributing to their full and correct realization.

* * *

In the Chinese spiritual tradition the chakra anahata is called the middle dantyan. It is located in the center of the human organism. Two other dantyan “supplement” it, supporting its activity and development: the lower dantyan supplies it with power, and the upper dantyan carries out primarily the intellectual function.

The dantyan are composed of chakras; each chakra plays a certain role in the life of the organism (see more details in [9]).

The middle dantyan consists of only one chakra — the anahata.

The upper dantyan consists of three chakras. In particular, the sahasrara and ajna chakras are responsible for the intellectual function, while vishudha (that adjoins anahata) — for aesthetic appraisal.

The lower dantyan, which is also composed of three chakras, represents the “power plant” of the organism.

Its upper chakra — manipura — is located in the upper abdominal area — in the region of the solar plexus and digestive organs: the stomach, the pancreas, the liver, some part of the intestinal tract, etc. Among other functions it performs is accumulation of energy derived from food.

Whether a person is energetic or not depends on the condition of his manipura. Using special techniques of cleansing and development of manipura [9] one can eliminate sluggishness and sleepiness, as well as pathological excitability, fidgeting, and irritability.

Another chakra of the lower dantyan — svadhista — is located in the lower part of the abdomen. It is responsible for the reproductive function and for generation of emotions associated with it.

While manipura is responsible for ensuring normal activity of the organism, correctly developed svadhista is responsible to a significant degree for the refinement. One of the emotions that are the most important in the beginning of spiritual Path — sexually colored tenderness — is experienced as a result of interaction between svadhista and anahata. Most subtle emotions can be experienced during harmonious communication with children or when enjoying the subtlest phenomena of living nature (especially at spring dawns and dusks).

When the organism is overfilled with the subtlest emotions, these energies get partially reserved in a special repository connected with the lowest chakra — muladhara. The energy accumulated there is called *kundalini*. This is an extremely important energetic reserve of

the organism; it is accumulated and stored from one incarnation to another. One day it can — provided that the soul is mature enough and there are auspicious circumstances — contribute to the breakthrough of the soul into the Divine eons and to Mergence of the individual consciousness with the Primordial Consciousness. The fact is that kundalini is Atmic energy. It is identical by the level of subtlety to the Primordial Consciousness. I must mention that, being in as if an “archived” state (in computer terms), kundalini is located not in the physical body but outside it. It is not related to the coccyx in any way (which sometimes is asserted in many dilettantish books on “yoga”), and neither bringing it up to the body nor moving it through the body can be induced by beating with the coccyx against the floor or by shaking dancing or by other extravagant methods, which can be harmful in some cases.

Special methods of spiritual practice allow a person to combine the three lower chakras into one “power block” called *hara*. From this moment on, the growing spiritual heart starts to receive an adequate supply of power from below. Thanks to the latter, one gains the ability to accelerate the expansion of the spiritual heart beyond the body — up to the size of the Earth, then — of our galaxy..., the entire universe... and farther...

No chakras are “bad” or “good” (such ignorant fantasies can be found in some publications). All the chakras must be developed — in structural and functional terms — up to the full realization of their functions [9].

But let us never to forget that the main chakra (which always should be paid special attention) is the anahata chakra — with its functions of love.

What Is God

Almost all people living on our planet believe in the existence of God (although degrees of their faith differ). Nevertheless, people may assign different meanings to the word *God*.

The main meaning of this word is the Primordial Consciousness, the Creator.

But, God may also be viewed as the Absolute — i.e. as one Conglomerate of the Creator and the Creation, which the Creator created of Himself. In this sense, it would be correct to say that God is All (the term *Absolute* — by its origin — means *Absolutely All*). The only exception is hell with its inhabitants: Jesus Christ spoke of hell as of the *outer darkness* (Matt 8:12) — outer in relation to God in the Aspect of the Absolute. (We will come to this topic below).

It is very important to take into account these terminological nuances, since many people who fell under the influence of false religious sects of Indian origin are convinced that since God is All one do not have to do anything: believing that “I am a part of God” is enough to consider oneself a person who has attained Self-Realization.

But such an opinion is erroneous, since our evolutionary Goal is not the Absolute but God in the aspect of the Creator.

Some people may regard only one particular Divine Teacher as God. For example, some may say, ‘Our God is Jesus Christ!’, or ‘Our God is Krishna!’, or ‘Our God is Babaji!’, or ‘Our God is Sathya Sai Baba!’... While in reality all of Them are Parts of one God-the-Father, the Creator, the Primordial Consciousness.

One could encounter the extreme degree of absurdity from Orthodox believers: ‘Our God is Jesus Christ, while Muslims have their own, a false God — Allah!’.

But Allah is the same God-the-Father, to Whom Jesus Christ called us! It is just His name sounds like that in Arabic!

Anyone who achieved the Mergence with God-the-Father in His Abode and established themselves in that state becomes a part of Him. (Philip, an Apostle of Jesus Christ, gave a detailed account of this [8], methodological details can be found in [8-15]). And there can be no disagreements or disputes among Parts of God-the-Father.

In the practice of our School we have enjoyed a constant guidance of many Divine Teachers — Jesus Christ, Krishna, Babaji, Sathya Sai Baba, Huang Di, Adler, Apostles Philip, John, Mark, Andrew, Matthew, also Juan Matus, Genaro, Lada, Surya, Ptahotep, Elisabeth Haich, and many Others [8]. All of Them have been helping us — either taking turns or all together — by suggesting meditative techniques and ways of their easiest mastering, giving organizational advice and recommendations on helping other people, also supervising our work on writing books. There were no disagreements among Them in Their Tutorship. They indeed supplemented one another.

Such Divine Teachers — Holy Spirits, Parts of One Universal God-the-Father — are numerous; we know only a few. Some of Them attained Divinity in Atlantis, ancient Egypt, China, India, in the countries of Europe (including the territory of modern Russia), Asia, both Americas. Names of many of Them have been forgotten. Names and deeds of Others have remained in the memory of incarnated people, but information about what They were doing and preaching may have gotten replaced by myth-type fantasies.

About Communication with Divine Teachers

When trying to establish first contacts with Divine Teachers, beginner mystics often meet with some type of misunderstanding. The main reason for that is that these people are unable to correctly identify their Interlocutor and to critically assess the information they receive.

First, a certain spirit (even a hell being) can pretend to be a Divine Teacher. Divine Teachers Themselves sometimes speak in such a manner that could be understood in two ways; They do it on purpose — in order to develop ethical qualities and intellectual abilities of Their disciples, as well as to probe their level of development by these criteria.

There are several ways one can recognize Divine Teachers. The main criterion is the Divine Level of Refinement of the Consciousness. They usually appear in a giant anthropomorphic form (Mahadouble) consisting of Divine *Fire* — the subtlest, non-burning flame-like tender goldish or white light. A spirit who has not attained Divinity cannot accept such a form.

But in order to be able to see Divine Teachers like that, one has to become close to Them by the level of refinement of the consciousness. This is not easy to achieve. And until it is, one must assess the information obtained by mystical means very carefully. It must be necessarily checked against the precepts and instructions of God that can be found in the holy books.

Many people who do not do this get into the traps set by hellish spirits and end up in mental hospitals as a result of their contacts with “cosmic teachers”.

Self-centeredness — versus God-centeredness

We have discussed already that in order to realize the meaning of our lives as humans, to realize our love for God that should be manifested in the desire to serve Him, to cognize Him, to become like Him, and to merge with Him in the Embraces of Eternal Love — we have to grow ourselves as spiritual hearts and to refine ourselves as consciousnesses.

But there is another aspect of self-development that needs to be understood and fulfilled. I am talking about the destruction of one's lower self (ego).

The lower self is a part of a person that manifests itself as a feeling of separate existence, isolation from the Absolute.

A large number of vices are manifestations of the pathologically inflated lower self. Among these are greed, the desire to take possession of what belongs to others, arrogance, pride, conceit, resentfulness, anger, revengefulness, jealousy, self-admiration, attachment to material objects, and so on. Also — emotional vulnerability.

All this creates trouble and pain to both other people who surround such a person and to the person himself or herself. He or she cannot be loved and respected by people. Moreover, actions performed under influence of this kind of emotions form a negative karma (destiny). And coarsening of the consciousness, which inevitably results from the domination of coarse negative states, steers the development of such a person into a demonic pattern and determines hell for him or her.

This is why Jesus put such a great emphasis in His preachings on the importance of conquering the “sticking out” lower selves of His disciples. In particular, He taught never to sit on the “high” place, to think “big” of

oneself; on the contrary: He said that he who is willing to serve people should feel himself as their servant. (More details can be found in [8]).

Lao Tse, Krishna, Gautama Buddha, Pythagoras, Babaji taught the same. Today this is taught by Sathya Sai Baba [8].

The opposite qualities to those of the “protruding” lower self, which is proud, boastful, arrogant, self-admiring, touchy, rude, hasty, revengeful, envious, irritable, angry, greedy, lascivious, — are simplicity and lowliness of mind (humble thinking of oneself), also dedicating the life not to caring about oneself but about the good of others [8-15].

Studying of spiritual literature, in particular *The Philokalia* [9,39], can help in acquiring these qualities. Mistakes that one has made must become the subject of a thorough intelligent repenting, which we have discussed in detail in many books [5-6,9 and others].

But the ultimate solution of this problem can come only through practice of meditation.

The point is that it is impossible to be in Divine eons as a separate entity: one can be there only in a dissolved and merged with other Consciousnesses state, the state of “non-I”. It can be likened to a drop of water which fell to the ocean and must dissolve in it and become its integral part. If the drop does not do it, then it will not be identical to the ocean and will not become a part of it, no matter how many times it dips into or swims inside it.

The same is true for us: for the sake of Mergence with our beloved Creator we have to sacrifice our selves — they have to die. Only in this case we can associate with His Self — the Higher Self.

But let no one think that it can be accomplished as a result purely mental process. No. In order to realize Mergence with the Creator one has to go a long Path of purifying oneself of vices and refining the consciousness.

One's love for the Creator has to be so strong that it would enable one to renounce all the "earthly" goals. Also one has to bring up the Atmic energy kundalini to the body and move it through the body. Upon coming through the body, it merges into the Creator. Starting from this moment, you may consider a part of "yourself" as already being in Him [9-10]. And all that remains to accomplish is to learn to move yourself into Him completely and then to come out from Him. Then we become like our Divine Teachers.

Let me explain this in other words. The state of "non-I" means that there is only He and there is no Me. This is Mergence with God; the state when I as a consciousness completely dissolve in Him.

This is achieved through the method of *total reciprocity*.

We can begin mastering it in the harmony of forest, in spring evening best of all. Then we enter the meditative state when "there is only the forest and there is no me".

Then, as we master subtler eons, we do the same in them.

Realization of this meditation in the eon of the Primordial Consciousness (Abode of the Creator) means Mergence with Him.

If one masters then abiding in this state in all eons of the Absolute simultaneously starting from the subtlest one and putting the emphasis on it — it would be Mergence with the Absolute.

Mastering of this stage of spiritual work can be performed best on special *places of power* intended for this task. And it is possible only for those who have transformed themselves into giant spiritual hearts. After all only this part of human soul is capable for mergence.

* * *

Once God told me:

“Death of your body can happen tomorrow. Be ready.”

And after some time He added:

— You should have more humility.

... Winter. Morning. It is still dark. I walk down the road with a backpack. Along the sides of the road there are high icy walls of packed snow that has been cleared off the road.

All of a sudden I see headlights: a tractor is rushing at high speed by the shoulder of the road right towards my body. It is impossible to jump aside to the road: there is a dense traffic there. I am pressing into the snow wall hoping that the tractor will pass by. No: it proceeds without slowing down or turning aside. A deliberate run-over attempt! At the last instant I jump on the icy wall, cling onto it — hoping that the body does not start sliding down! The vehicle flashes by within less than an inch of my feet. I survive! If the body had slid down, the severe injuries would have been inevitable.

I walk further, thinking. An ordinary man would have burst with negative emotions: offence, spite, a desire to revenge, etc. Or rather, it is the lower self that would have burst. How did he dare?! Bustard! Catch him! Punish! And if it is impossible to catch and punish, then it translates into prolonged stress, stenocardia, high blood pressure, stroke, infarct, etc. ...

In cases like that it is best to recall the words of Juan Matus that he said to Carlos Castaneda [54]:

“A (spiritual) warrior could be injured but not offended. For a warrior there is nothing offensive about the acts of his fellow men...”

The other night you were not offended by the lion. The fact that it chased us did not anger you. I did not hear you cursing it, nor did I hear you say that he had no right to follow us. It could have been a cruel and malicious lion for all you know.

To achieve the mood of a warrior is not a simple matter. To regard the lion and the water rats and our fellow men as equals is a magnificent act of the warrior's spirit! It takes power to do that."

Sufis say [88] that there are three types of people:

- a) demoniac;
- b) animal-like who live only primitive instincts and whose intellect can be compared with that of animals;
- c) people capable of engaging in serious spiritual practice.

If we get stuck in the conflicts that representatives of the first two groups thrust on us we will not only lose such a precious time that God allotted us for self-perfection in these our bodies. But we also run the risk of growing embittered, accustoming ourselves to anger... and becoming like them — without even noticing it.

Temptations to become involved into conflicts when the interests of the lower self are being vindicated are a sort of "filters" that stand in the way to the Abode of the Creator. Only those who are free of self-centeredness can pass through them.

* * *

Looking back at my life I clearly realize now that I could not have accomplished anything serious either for myself or for other people if I had not learned to ignore insults, slander, betrayals, and even murdering of my body performed by a sect consisting of people who refused to follow the fundamental principles of spiritual practice [5,9].

... How many people live with emotions of hatred and with the desire to revenge on their offenders!... But what sense does it make to dedicate years of our lives to these passions? Life was given to us for another purpose!

But anger, even "righteous", — can lead us only to hell.

... I also know very well what a desperate (as it seemed then) lack of money is.

When the KGB prosecuted me for my religious convictions — in the “soviet” times, I sometimes had to collect and turn in empty bottles from the streets...

Or when my body was crippled by that gang of primitive people and I was disabled for several months — I also had no money. I could not even receive any “sick leave” compensation: the center where I had worked before was closed by me. And my “best friends” who used to travel with me tens of kilometers to the woods and even to seminars in Moscow (from Saint-Petersburg) decided that they could not receive anything more from me and thus lost any interest in me. At that time, when it was not them but I who needed help, it turned out that I lived “too far away”: one long hour of traveling by subway...

In this manner God showed me the true nature of those to whom I was going to dedicate my life...

At that time we lived together with my mother on her pension. But she died soon: her heart could not withstand the view of her son’s crippled body...

But God used to say all the time then:

— Do not worry about money! Come to Me! I will take care about the rest!

And He ordered me to write books: the first one, then the second, the third... Every time publishing them turned out to be a problem. But the resolution would always turn up somehow. Along the way He introduced me to new (for me) types of people: liars, thieves, those who were willing to do something for other people only for money, or primitive people who would set to leading others on the “spiritual path”...

But I also met those who saw a long-awaited Good in me, and the Creator behind me — they would begin to help me, although they lacked the resolution necessary to make their own spiritual efforts...

He also brought to me those who were able to effortlessly master the most complex things and demonstrated an absolute devotion to the cause. They were the people, who, as Krishna said in the Bhagavad Gita [8,11], already sought for the Creator in their past lives; and now He was presenting them with buddhi yoga through me — so that they could get close to and merge into Him soon...

* * *

Everyone chooses their own abode themselves: some choose hell, some — paradise, while others — the Abode of the Creator.

It is a pity though, that there are so few people on the Earth who possess sufficient knowledge that would allow them to make a deliberate choice...

“There is no life but the life to come!” — this is how one of the most important and fundamental themes for meditation is worded in the Quran [8]. In other words, this life in the body is but a preparation for the life “on the other side”, which usually is much longer than the one on the Earth. And one must live the earthly life having a profound understanding of the mechanisms of destiny formation, understanding of the true meaning life and the ways of its realization.

* * *

What is God-centeredness mentioned in the title of this chapter? It implies that one has the Creator rather than oneself as the center of one’s perception of the world.

Taking a positive intellectual decision in this matter is good but not enough. It is meditative realization that is important.

And how one can come to this — it is discussed in many our books including this one.

Hell, Paradise, and Karma

By the way, did you notice the difference between creation of good or bad karma during one's life in the material body — and the mechanisms that determine the qualities of one's "afterlife" abode?

In this respect one should understand that certain ethically significant emotions, thoughts, words, and actions form the corresponding type of karma. What is the meaning of this? By means of forming our destinies in accordance with this rule God seeks to disaccustom us to the evil and to make us cling to the good.

What abode we prepare ourselves to live in after the death of our bodies — hell, paradise, or Divine eons — this depends on the levels of subtlety-coarseness scale (of states of consciousness) to which we accustomed ourselves during our lives in the physical bodies on Earth.

Our being associated with some particular religious organization or whether we have faith in the existence of God or not — does not directly matter in this case.

I had numerous chances to make sure the latter is true by observing the "post-death" state of people whom I knew very well.

One of them was a famous scientist, who was a determined and staunch atheist. But he dedicated his life to doing Good, heroically and self-sacrificially helping people with that highest knowledge and methods that he possessed. His predisposition for atheism was determined by the fact that he lived with a gruesome "Jew stigma" in Russia during a cruel era of "militant atheism" and that of all religious concepts he was familiar only with the one which could not possibly satisfy him as an intellectually highly-developed person.

He was leaving his body being a decrepit old man, suffering because of this, realizing with a deep sorrow that his "end" was coming.

And one can only imagine how astounded he got later on discovering that there was no “end”!

Shortly before his leaving he called me on the phone with a clear intention to say “good-bye”. (We used to work together for a long time). Summing up his life he was saying very sincerely:

“I have lived an honest life, Vladimir! I have also given all of myself so that people would live better!”

I made again an attempt to steer the conversation into topics related to God and the immortality of the soul. But he was reluctant to talk about it, he was totally occupied with personal results of his life. The dialog did not happen...

Then he, non-embodied, often visited me together with his wife — a kindest beautiful woman who left this world shortly before him. They are both in an excellent state and their abode is paradise. They would stay watching me doing something, and then exchange opinions between each other. Sometimes, addressing me, he said:

“Right, Vladimir! Right!”

Having to live in the Russia of that time, both of them suffered much. And, of course, they could not accept that “Christianity” which had contrived to officially damn all Jews and had treated them in a more or less hostile manner ever since. They endured everything humbly, never slipping into bitterness and exasperation. They just silently wondered at the moral primitivism that was surrounding them. And they were right! Now they live in paradise.

I knew also one of his closest colleagues, who was also a scientist and a Jew by the ethnicity of the physical body, and who did very much during the last years of his earthly life to bring people closer to the understanding of the soul’s immortality, and who wrote many works on psychology. But he lived his life in an endless bustle, made assertion of his name among other people the main

goal of his efforts, developed super-mendacity (he could become tangled in lies even in the course of one conversation, laying himself bare), insisted that “man is an autonomous, closed system”, did not think about God and did not conform his life to God’s Existence, developed his lower self to such an extent that it was full of various vices “sticking out”. He ended his earthly life of a brain disease. Now that he left his body he can be seen as a “warped”, dark being, still devoid of peace. The hell he created is continuing for him...

I am saying this with a great sorrow: this man helped many people on Earth to start seeking for the true Freedom. But it turned out that he himself did not seek it.

Another couple of examples are two singers who were well-known in Russia and who contributed significantly to the liberation of the country from the tyranny of the Communist Party and.

Igor Talkov, who used to sing quite ordinary songs about earthly love, upon maturing started to sing in a rich, bold, and beautiful manner about the political freedom and about God! And soon he died as a hero for the other people’s freedom. He spend last years of his earthly life in a triumphant and confident union with God, being strongly assured in the continuity of life — with or without a body... And his current status in his new life without a body is quite high. He is still beautiful!

But another Russian bard, a Talkov’s contemporary, who had written and sung a lot more wonderful, glorious, and wise songs, than Talkov had, and who also died in the struggle with Russian evil, who struggled but never found peace, harmony, and tranquil and tender love — after the death of the body he remained in this “psyched out”, “ruffled” state. He continued to live in this “I-am-lacking-air!” kind of emotion and with the desire “to rush on horses along the brink of the precipice”... But

where he is now — it is not needed; it is — inappropriate *there*... And hence — his unquenchable anguish...

After all, after the death of the body we remain in the same state to which we accustomed ourselves during life in the body and in which the death of the body caught us...

And let us, my dear readers, keep it in mind: even performing great sacrificial feats in the state of exasperation, without inner peace and love, but with a feeling of dissatisfaction of our lower selves we may improve our karmas, but we do not get closer to the Creator. And we do not realize the purpose of our lives in full.

God does approve of heroism and feats. But these feats should not be a sort of personal rebellion (although righteous), but rather conform to the profound philosophical understanding of the Plan of our Creator regarding all of us who live in bodies on Earth!

How many people could have benefited if they had timely received this knowledge! What a huge number of brilliant souls could have avoided making tragic mistakes that had such a devastating impact on their destinies!

But, every one of us can choose to help make tragedies like this less frequent, to help other people, so that they could stop making grave mistakes because of their lack of the true religious knowledge.

* * *

... I have never been seriously or for a long time interested in spiritism. I was drawn towards the cognition of the Creator. However, I have had numerous contacts with non-embodied people and animals.³

In particular, many Russian physicians who graduated from Saint Petersburg Pediatric Institute certainly

³ See also [87].

remember my mother — Irina Antonova: she had a medical education and taught physiology for several decades in this institute. Those who knew her during her life on the Earth would be pleased to know that now she continues to fulfill doctor's duties, wearing a white doctor's smock and a phonendoscope around her neck. The last time I saw her she helped a woman who was being re-animated. Irina Antonova comforted the woman when she found herself "on the other side", in the world of the non-incarnated consciousnesses, and explained to her that she was alive, just in a different way...

That woman got well after that and now continues to live in her physical body.

... My mother was prepared by me to her own departure. When she left her body — peacefully and painlessly — she made sure that I did not need her help and went to look for her husband, who left his body several years ago (I wrote about his life and circumstances in which he left in the book [5]). Later she returned, upset, complaining that she had been unable to find him anywhere...

But one day — someone helped her, apparently — she did find him! It turned out that he had just incarnated again. Used to helping people during her embodied life, she attempted to start caring about him. But... later she came back to me in grief:

"He is not interesting to me!"

He was only two months old at that time...

"He does not understand anything yet!..." she complained.

These were her first steps in getting used to the non-material existence.

Later on, as we already know, there appeared more serious responsibilities for her.

... I have already mentioned that not only people, but also animals can live in the "other world", and one

can really communicate with them: such communication occurs on the level of thoughts and emotions, without using words.

Paradise and hell also exist for them. As in case of people, their status can be easily determined using clairvoyance according to the level of refinement of the consciousnesses: light ones are inhabitants of paradise, while gray and black ones (in terms of the color of the soul) are those who live in hell.

Hellish animals very frequently can be found in the bodies of incarnate people as demons, which cause certain kinds of diseases. One of the reasons for this type of their behavior can consist in their feeling of resentment, because those people caused them pain or killed their bodies. In other words this represents the mechanism of manifestation of the negative karma for people who eat bodies of killed animals.

But “paradisiacal” animals, who are free of malignancy, revengefulness, but on the contrary — who used to be full of love during their lives in the bodies, continue to live there in joy and happiness.

I had a chance to communicate with the dogs, who used to be my friends and assistants in my scientific research. I initiated the first contact with them, who were killed by other scientists after my studies had been completed, when I repented deeply of my forced betrayal of them. But they... — were just jumping around joyfully and licking my hands and face.

“We will be protecting you!” — this was their sincere desire, which could be easily perceived without words: being transferred directly from one consciousness to another.

From the History of Religions of the Earth

Atlantis

Judging from the information that has appeared during the recent years [23,24,57,59,89,90], the pre-Deluge events that were described in the Bible and several other ancient books of the East took place in Atlantis. This was the paradise on earth, mentioned in the Bible. The Creator inhabited this land with many evolutionary advanced souls, who lived in the bodies for several hundred years and whose bodies were larger than those of modern human beings.

But outside Atlantis, there lived another type of people, which modern scientists call palaeoanthropus. It was to them that Biblical Cain was expelled for the murder of his brother Abel; he found those people there and left among them numerous descendants.

The bodies of the Atlanteans differed considerably from those of the palaeoanthropus people. When they met people of other continents, the latter would take them for Gods.

Modern people, except maybe for several small groups, can be considered a product of genetic mixing of the Atlanteans and paleoanthropus people.

The racist concept that claims superiority of some races over others is absolutely invalid: the color of the skin, which is determined by the congenital, genetically fixed amount of melanin pigment contained in it, protecting the skin from the excessive solar radiation, depends exclusively on the original habitats of the particular groups of people. The closer it is to the equator, the more intensive the ultra violet radiation is and the greater amount of protective pigment the skin has to contain;

and vice versa, the closer it is to the poles — the lesser amount of melanin is needed, thus the skin is lighter, since it needs to absorb as much ultra violet radiation as possible.

Atlantis was called the paradise on earth not only because it was located in an exceptionally auspicious climatic zone (the Atlantic ocean at the latitude of the Mediterranean Sea), but also (which is much more important) because the Atlanteans possessed the highest spiritual knowledge and were familiar with the methods of spiritual self-development.

But as time went by, in this “paradise on earth” there appeared those ugly social phenomena, when certain people start to turn back in their evolution, to cultivate egocentrism, to seek power over the others, to proclaim themselves to be the “most high”, the superior, and to defy God... (This process was reflected in the legend about the “fallen angel”... But there have always been people like that — both then and now).

This phenomenon was especially dangerous since many Atlanteans possessed the magic knowledge, the misuse of which (applying them against Evolution) could lead to tremendous cataclysms that could ruin life on the whole planet. Black magic was widespread, and those people started to seek usurpation of power... At that time God made a decision to destroy this hotbed of mystical contagion. He devised the Deluge of Atlantis.

Those of the Atlanteans who remained steadfast devotees of God were informed by Him beforehand and moved out of the doomed continent: some to America, some to Europe, Africa, and Asia. There they started to originate new centers of the highest spiritual culture. Such centers are known in America, Egypt, Tibet.

And Atlantis submerged into the ocean.

Egypt

Now we have sufficient historical information about the existence of the ancient Egyptian hearth of the highest spiritual culture [18,23,59,89].

The Egyptians received that knowledge directly from the Atlanteans. It included description of the Supreme God (the Creator, the Primordial), Who manifested Himself both as Ra (an active state of the Creator which can be likened to Divine Flame) and as Amun (another — the non-Fiery — Manifestation of the Creator). The Egyptians also knew how one can cognize God and develop oneself to Divinity.

Pharaohs were spiritual leaders of Egypt. The supreme priests of the Great Egyptian pyramid, which was constructed by the Atlanteans with the purpose of being an educational center (but not at all as a sepulcher), were their assistants.

From the population of the country the supreme priests selected those who were worthy of receiving the highest spiritual knowledge and then trained them. For the rest of the population, ritual religious ceremonies, intended for strengthening faith and raising morality were mostly conducted.

The list of principal steps of spiritual ascent, which worthy disciples studied in Egypt, consisted of initial purification of the consciousness abiding in the body, followed by stage-by-stage development of the soul, cognition and exploration of increasingly subtle layers of the multidimensional space, up to Mergence with the Consciousness of the Creator.

The order of these stages and the interim results of their mastering turned out to be amazingly identical to that which God taught us here, in Russia, thousands years after those Egyptian mysteries took place. This clearly indicates that these stages are universal in nature.

The ancient Egyptian civilization also helped many souls attain the complete Victory in their evolution. This was possible, among other reasons, because the Egyptian priests, always bearing in mind the tragedy of Atlantis, made efforts to prevent unworthy individuals from getting access to the highest psycho-spiritual techniques.

“They kept their knowledge in the strictest secrecy, so that the very name *Egypt* itself became associated... with the greatest mystery.

“... The majority of those who had ever knocked on the doors of the temples of the mysteries, had never gotten admitted there; out of those who were admitted many overstrained their nerves or simply grew reluctant to undergo initiation because of increasing level of difficulty of the tests which they had to pass before this. Thanks to this process of winnowing out — a sort of natural selection — the mysteries turned into one of the most closed institutes of antiquity, and the secrets that were hidden behind the tightly closed doors of the temples, were confided only to those who had made a solemn vow never to bring them out of there. Everyone who had managed to get through those doors till the rest of their lives belonged to the secret society of people who continued living among the uninitiated masses but pursued higher goals”. [23].

... But the Egyptian civilization perished, nonetheless, — for the same reason as the Atlantic one.

In the beginning of the decline of the highest spiritual culture in Egypt the very fundamentals of religion were distorted. Most importantly, the primary purpose of the spiritual efforts — Mergence with the Creator — was forgotten. And what was taught is merely a practice of “monadic” existence of the individual consciousness outside the body.

Later on, as in the case of Atlantis, black magic came to take place of spirituality.

Paul Brunton writes the following about this [23]:

“... The prophecy of Hermes — one of the most ancient prophets — came true. He said: ‘Oh, Egypt, Egypt, of thy religion nothing will remain... but graven words, and only the stones will tell of thy piety. Symbols... will be erroneously called gods, and Egypt will be found guilty of worshipping the monsters of hell’.

“With time the control of the mysteries transferred to unworthy egotistic individuals who sought to use the tremendous authority of the mysteries to their selfish ends. Even noble pharaohs sometimes bowed before their wicked will. Numerous priests started to engage in performing horrible rituals and using sinister incantations of black magic and turned into agents of dark forces of evil. Some of them transformed into... sheer devils in human form, who invoked the most disgusting hell personages for their no less disgusting purposes. In the most sacred places spirituality was driven out by witchcraft. In the conditions of spiritual darkness and chaos that set in Egypt, the mysteries soon lost their original character and lofty purpose. As time went by, finding worthy candidates for initiation was becoming an increasingly difficult task, thus their number was constantly decreasing.

“And the moment came when possessors of the highest knowledge... started to rapidly disappear, leaving for other worlds without coming back. The wicked people took their place.

“Those few who stayed longer than the others could not perform their spiritual mission, as before, all they could do is to mourn over their unfortunate lot. Always prepared to die, they were closing their sacred books, sorrowfully but quietly abandoning the temples and underground vaults, and taking a last look at their ancient abodes were silently leaving...”

God decided not to destroy the whole Africa because of that. But Egypt got involved into warfare with its neigh-

boring countries, lost its independence, and as the conquerors were replacing one another the ancient culture got completely destroyed.

Maya

The Atlanteans who moved to the American continent also created a hearth of the highest spiritual culture there. In particular, they built sanctuaries for spiritual initiations that had a form of pyramids.

Special research [24,55,57] shows evidence that the culture of Maya reached a very high level. The Maya possessed knowledge about the Supreme Universal God, the Creator, Whom they called Hunab Ku (in the Mayan or Atlantic language), and His Fiery Manifestation in the Creation — Itzamna.

But... later, primitivism started to prevail there as well. The Fiery State of the Creator was reduced in people's minds to worshipping regular fire which they started to deify and regard as a medium between people and "gods": the "gods" were believed to receive food from men via fire in the form of burnt sacrifice. Later it was "discovered" that "gods" also needed human sacrifice...

And then cannibals — the Aztecs and Toltecs — came to the land of Maya.

What resulted from the combining of cannibalistic religious "culture" with the fragmentary information about the importance of possessing the power of refined consciousness we can see from the book of Carlos Castaneda *The Eagle's Gift* [54]: black magicians hunted spiritually advanced individuals and when they caught them they would eat their bodies while they were still alive, cutting off pieces with a knife. They hoped to take possession of their personal power through this... I wonder

if it was those magicians who ate bodies of all last true spiritual seekers?

This was the end of the surge of spiritual culture of Central American Indians. And then Spanish “Christians” invaded Central America and exterminated almost all Indians who lived in that region.

Tibet

Information about the activity of the Atlanteans in Tibet and what they left for their descendants can be found in the book [74] by Lobsang Rampa.

How degradation of the Atlantean culture in Tibet happened — this we do not know. What we do know is that Tian tribes invaded Tibet... By the beginning of the second millennium the religion of Tibetans (Bon) did not prevent them from launching predatory campaigns against their neighbors, killing one another in the struggle for power, sacrificing animals (including horses, to which they would break their legs first) to “malicious gods” ... [45]

* * *

Buddhism came to Tibet from India in the VII — VIII centuries A.D. and gradually, though not without difficulties, started to prevail [70] in this region. What can be said about its Tibetan form that exists today?

On one hand, Tibetan spiritual adepts of this tradition developed very efficient systems of training of the consciousness that lead to the highest spiritual achievements [37-38,70,94].

On the other hand — the principle of Love-compassion, which the Founder of Buddhism — Gautama Buddha — made the essence of His Teaching, was abandoned in the mass Buddhism of Tibet. Namely, killing

of animals was permitted. Moreover, black magic was “legitimized” in the form of seeking cooperation from non-incarnate hellish beings that started to be named “wrathful deities” [94].

A reasonable person understands that “whomever one is friends with, from them one learns”. Wise people seek the association with the Primordial Consciousness. But foolish ones... What happens to them is described in the book [9], where I gave an example of followers of this perverted tendency in Saint Petersburg.

Those who were supposed to explain all this to the believers were Dalai Lamas. But...

Moreover, it is in Tibet that the concept originated stating that Perfection can be attained not by means of cognizing the Primordial Consciousness and Mergence with It but as a result of “momentary enlightenment”. It was believed that for the sake of attainment of this “momentary enlightenment” disciples had to be insulted, humiliated, and beaten, preferably when they do not expect it.

The following story was included in the “heroic epos” of Tibetan Buddhism. A master with his disciple who were starving finally approached a village. The master sent the disciple to ask the villagers for some food. The latter came back with the food that he had been given, hoping to also satisfy his hunger. But the master devoured all the food himself... and told the disciple to drink a stinking slush from the runoff ditch... And then beat him with his dirty shoe on his face... The disciple, as the story goes further, attained a “momentary enlightenment” as a result...

(This tendency of obtruding this kind of “enlightenment” on other people became popular among many pseudo-Buddhists with devilish souls, especially those of some extremely perverted “Buddhist schools” in China and in other countries, including Russia).

To make it easier for the readers to understand what it is all about I should clarify that the term *Enlightenment* implies transformation of the individual consciousness of an embodied man into *Light*, when it gets close to the state of the Creator. (Remember “God is *Light!*...”? (1 John, 1:5)). This *Light-Love* then starts shining out of the adept’s body. Man acquires such a state, which we have already discussed, as a result of the refinement of the consciousness and growing it in the subtlest eons. I must emphasize: this can be achieved only through the growth of consciousness as refined and tender love-peace, followed by Mergence of it with the Fiery Manifestation of the Creator (or “*Clear Light*”, in Buddhist terms). True Enlightenment can be attained only as a result of realization of the functions of the spiritual heart. And not by means of cultivating aggressive arrogance, rudeness, and the ability to suppress other people with the power of the devilish-quality consciousness.

But modern proponents of Tibetan Buddhism coming to Russia teach their followers not development of the spiritual heart and refinement of consciousness but... to plug the lower foramens of the body with corks — so that one does not fall down to hell out of them...

...Thus, in Tibet there was the same typical situation of gradual degradation (after a period of development and culmination) of great and pure Teachings which were displaced by human ignorance.

... And Chinese Cultural Revolution swept Tibet away.

China

From ancient times the religious life of China has been supervised by the Divine Teacher Huang Di⁴.

It is Him — Huang-Di — Who was the Teacher of Lao Tse, to whom He dictated “Tao Te Ching”. It was Him Who laid the foundation of Chinese Taoist spiritual alchemy — the science about transmutation of human coarseness and ignorance (“lead”) — into “gold” of shining Divinely Perfect Consciousness.

But with time human ignorance prevailed here as well. The Teaching of the Way to Tao, as the Universal Primordial Consciousness, Who is described as the “Tender Being” (“Tao Te Ching”, see [9]), was reduced to senseless waffling about dividing everything on “Yin” and “Yang”, spirits that allegedly abide in thousands in the body of man... The word “Tao” itself acquired a new meaning: “way”, “path”. A “path” — leading where? And why? For many esoteric schools God got... out of sight. And the “path” turned into... the accumulation of “personal power” — of the same coarse power that is good only for subduing other people, for the raising of their inflated primitive lower selves over them.

It is in those degraded Chinese esoteric schools where a “new method” of accumulation of “personal power” was “discovered”: one just needs to have as many sexual contacts and with as many partners as possible without coming to one’s own orgasms; in this way one saves one’s own energy (udana), which otherwise is discharged

⁴ This name of His is known from His incarnation as the first emperor of China.

It should be noted, though, that *The Yellow Emperor’s Tractate about the Inner* has no relation to Him, but is a someone else’s fantasy — He Himself testifies about it, in particular.

We published conversations with Huang Di and other Representatives of the Creator in [8].

by the organism during the orgasm, and accumulates for oneself the energy of the partner.

This disgusting concept of selfish bioenergetic vampirism spread from China to Russia and, most likely, to many other countries under the name of “spiritual sex”. But in reality, there is nothing spiritual in such a practice: egotism, stealing, as well as casual sex do not have anything to do with the Path to Perfection and to God. On the contrary, they lead one in the opposite direction, which I witnessed in numerous cases here in Russia. Personal power does increase as a result of this, but it is not at all subtle. The people who accumulate it are headed for diseases, coarsening of consciousness, and, as a consequence, — hell. And in addition to this — a bad karma for their next incarnations...

Here is an example. A young woman got tempted by representatives of such a sect and plunged into unrestrained sexual debauchery.

Once in the presence of many people, she addresses one of the men in a loud voice for everyone to hear:

— Slava! Come over to my place the day after tomorrow — let us have sex!

He asked me:

— Is it right — in *this way*?!

I said that in *that way* — it was not. Sexual aspect of love — it is good. But not in *that way*. And, at the least, sex should never be publicized; this is also the opinion of Jesus, which He expressed, in particular, through Maria Magdalene and Philip: sexual love should be a secret matter of two people who love each other and walk the spiritual Path together; let only God be a witness of this kind of relationships. (See [4-5,8,10] for more details).

I made an attempt to bring her to reason. But she replied in this way:

— You just cannot imagine how much one can learn about people by having sex with them! Sometimes a man

comes just from seeing my naked body! You know, “good” men are so rare!

Her conviction in her being right, reinforced by the authority of a foreign “guru” who came to Moscow, was so strong that it did not make any sense to talk to her about it anymore...

And very soon devilish “personal power” was radiating out of her graceful, beautiful body, making other people literally recoil from her...

I asked her then whether she realized what was happening to her. She replied happily:

— Oh, yes! I began to feel strong among people!...

... The leader of a similar “yogic” organization accumulated such a great amount of devilish power that it enabled him to sack the funds belonged to the organization and to evade taxes. Devilish power of this leader of pseudo-yogis was so intense that nobody wanted to deal with him: people would get sick just as a result of talking to him...

... Having lost the understanding of the essence of the Evolution of Consciousness and aspiration for Tao, some Chinese Qui Gong schools also degraded. (*Qui Gong* stands for *working with energy*. This stage corresponds to the Indian raja yoga. But within this system there may exist different variations of methods). Having cast away ancient knowledge and principles, given by Huang-Di, which hold that the practice should start with cleansing and developing of the “central palace” of the organism (this is what Chinese alchemists called the middle dantyan), having rejected — as “unnecessary” — the tendency towards the refinement of consciousness and all ethic prerequisites, including the killing-free diet, leaders of such schools started to teach all interested people the techniques that included exercises with the non-refined “power” lower dantyan and distributing its coarse energy all over the body through the meridians.

I saw also the results of this kind of training: students, including women, turn into energetical “pig-irons” — and start to feel “invulnerable” in a company of coarse people and even succeed in commanding them...

... Another misfortune came to China from India in the form of “Buddhist” perversions.

The man who first introduced them in China is described as a person with a terrifying, intimidating appearance, whom no one could resist in arguments [90].

What it means — we already know.

And he started to teach not love, not the refinement and development of the spiritual heart, not aspiration towards the Primordial Consciousness — but... the art of fight...

Many Chinese adopted this orientation and developed a strong belief that the spiritual Perfection consists in a mastery of beating up and killing other people in a hand-to-hand fight.

All that was accompanied by the activity of those “Chan Buddhist” sects in which people gained a “momentary enlightenment” through spits in the face, sudden blows, loud yelling in the ear after sneaking from behind...⁵

... And then the “cultural revolution” began. Students, inspired by the “great helmsman” of China Mao Tse-tung, were destroying spiritual centers, burning books and icons, and killing all who were not demonstrating admiration of what they were doing. The personal physician of Mao Tse-tung, after years from the death of the “helmsman”, recounted to the media that, when ministers had reported to him of school students who had killed their teacher, prepared cutlets from his

⁵ Although, it is without doubt that along with all that darkness many wonderful sound spiritual traditions existed in China [8,12 and others].

flesh and eaten them — Mao Tse-tung was laughing “from the heart”...

* * *

Today China has recovered from the consequences of the “cultural revolution” and is confidently developing its economy, raising the level of its people’s welfare.

I would like to wish these people, who are wonderful in their majority, spiritual progress through development of the true spiritual culture on the national scale.

India

When Aryans came to India they brought with them an already degenerated form of religion, in which people had to participate in “saving” rituals, to “feed gods” with sacrifices (rice, water, and other kinds of food, that they were supposed to send to the “gods” by burning in ordinary physical fire). And there, in Heaven, the “gods” quarreled with one another, had children... (all this is written in the ancient Vedas; the same kind of incompetence one can see in the Arjuna’s words in the beginning of his conversation with Krishna on the field of Kuru [8,11]; see also [67,77]).

The most significant event in the Indian history was the coming of Avatar Krishna in the human body. Krishna gave people the Bhagavad Gita [8,11] that contained knowledge as to how and where they should seek the Creator, what God is, and what the purpose of human life consists in. And a great number of people, undoubtedly, attained full spiritual Self-Realization thanks to these Divine Teachings.

But human masses even in this country proved unable to retain the supreme Truth in their minds for a long time.

Then the Creator sent Chaytanya to the land of India. Chaytanya revitalized the Eternal Teachings of the Creator and again many people reached the Highest Goal, while others got closer to It...

But with time people of India slipped into primitivism: they started to set hopes not on the Creator but on fictitious fairy-tale “gods” or even abandoned religion altogether in preference to the accumulation of earthly wealth or enslaving other people. The latter existed, in particular, in the form of the system of heritable belonging to certain varnas and in the tradition of burning widows alive...

After some time Mahavir — the founder of Jainism — came to India [36]. But even Jainism, that started out so well, also degenerated to merely “adhering to the rules”, and gradually Jainist monks grew concerned not with the cognition of the Creator but rather with preventing the bodily excreta from getting into water (they do not have the right to use toilets in the urban apartments: there is water there!) and with making sure that women and men do not stay in the same house during the night (even on different floors of many-storied urban buildings!)... [72].

Many other Great Enlightened were coming to teach in India. But the result always remained the same: evolutionary immature souls were unable to comprehend the Highest and since they have always constituted the majority of the society, religion would degenerate again.

... And then God brought Muslims on the territory of India, who affirmed it for Hindus again that they should seek the true Universal God, Who is One for all, and that all people are equal before the Creator — regardless of their ancestry or possession of earthly wealth.

But since the concept of love and compassion was not and could not be sufficiently represented in Islam, which was originated by God among cattle-breeders,

Muslims were not meant to suppress Hinduism with the good elements that it did have.

* * *

We can see that the Creator keeps helping the people of India to revive their descending spiritual culture. In the 20th century God incarnated on this land at least twice: in the bodies of Babaji, and now — of Sathya Sai Baba [5,8,10].

Persia (Iran)

In the Persian history we can observe the same regularity: degradation of religious truths some time after it had been received from God.

The essence of the knowledge, which Aryans-Perians possessed since ancient times and which degenerated later on, but were revived by Zarathushtra (Zoroaster), consisted in the following [73]:

There exists Universal God-the-Creator (called Ahura Mazda — in Persian). He manifests Himself as an Infinite *Light*. He can be contemplated also as subtlest *Goldish Fire*.

Forces of good and evil participate in the evolution, but it is Ahura Mazda Who supervises the process.

Man must adhere to three ethic principles: good intentions — good words — good actions.

Cleanness of nature must be maintained even more carefully than that of one's own body: because everything — all objects and forms — deep inside their multi-dimensional structure are permeated by the Divine Fire of the Creator. Thus any pollution of nature constitutes desecration of God.⁶

⁶ It would be very good for all people living on the Earth now to accept and realize this principle. Let us think: how the Creator

But... as time went by, Persians forgot about the Divine Fire and started to worship ordinary physical fire.

Evil became deified, and people started to believe that a permanent battle was going on in Heaven between the “god of good” and the “god of evil”...

Religious practice got reduced to rituals, for the performance of every single one of which the priests charged a specified amount of money. It was alleged that if a priest was not satisfied with the payment received — the ritual would lose its power... Since numerous rituals were declared absolutely obligatory for each Persian to perform — this resulted in the extraordinary enrichment of the priesthood and the utmost impoverishment of common people.

In addition to this, people were supposed to pay special taxes on the firewood used for large ritual fires (the “holy lights”) that had to be constantly burning. People would buy whole forests of wood in order to maintain them — and all those huge number of trees would get senselessly burnt. [84]

Ultimately... God brought Muslims to Persia, who destroyed the sanctuaries of Zoroastrians and outlawed all kinds of paganism — i.e. worshipping of fictitious “gods” and idols rather than Universal God.

* * *

... But Muslims themselves, both in Persia and in some other countries, not always remained steadfast devotees of the Creator (Allah in Arabic language). In most cases it was expressed in the fact that aggressive primitive people who had accumulated coarse *personal power* and obtained power over people with its help would

regards those people who do not love, do not respect His Creation?

start to establish their own tyranny, on the pretext that they attempted to “restore order”.

Formally it looks like an intention to introduce the social traditions that existed in Arabia at the time of the prophet Mohammad. But it has always been just an excuse for establishing a dictatorship of a group of devil-like individuals — with religious free-thinking punished by death and the female part of the society suppressed in a cruel manner...

... But such dictatorships make visible those Great Souls that incarnate in order to become — through personal martyrdom — the saviors of whole nations. This happened both in “fundamentalist” Iran [69] and in several other Muslim countries.

* * *

Let us wish the people of Iran emancipation from the chains of “fundamentalism” and returning to the family of states with sound internal and foreign policies.

Let the number of sound Sufi schools increase in this country, which used to have many good spiritual traditions; let myriads of enlightened sheikhs grow toward God!

The Evolution of Christianity

Early Stages of the Establishment of Christianity

When Judaism reached the bottom of its degradation in Judea (with the worshipping of Sabbath instead of God, the disdain of other nations, lost of love, a complete lack of knowledge about the spiritual Path [86]),

the Divine Martyr Jesus Christ came to this land and sacrificed Himself for the sake of spiritual salvation of people — the salvation through revival of the Truth.

He gave them Teachings about God and about Love [8].

And after that He surrendered Himself to executioners, was tortured and crucified.

But when His body was taken down from the cross, He dematerialized it and then materialized again, appearing several times before His disciples to prove thus that consciousness is immortal.

Jewish followers of Jesus, including the majority of His closest disciples, started to preach His Teachings in the Roman Empire, Arabia, India, and even possibly in China [76,92, and others]. Among the places where Apostle Andrew taught and baptized were southern regions of Russia [42].

The largest number of His followers lived in the huge Roman Empire, which included also Judea and Byzantium (Greece). Authorities of the Roman Empire would harshly persecute and kill Christians in the beginning. But their number was continuously growing. The situation changed in the IV century A.D., during the reign of the emperor Constantine, who sympathized with Christianity and began making it the state religion.

That was the time when the most interesting started...

It is one thing when a religious movement is persecuted and membership in it, let alone the leadership, is severely punishable. And it is completely another — when it becomes a state religion and active membership in it provides one with power over people and a material welfare.

There are very detailed chronicles of the early stages of the establishment of Christianity as a state religion [80]. In particular, they contain a documented account of the struggle among bishops “in all its glory”: they pro-

nounced anathema (damnation) on one another, organized murders, concocted slanderous reports to the emperor demanding him to execute their competitors...

At one of the “synods” (the Nicene one) the situation was the following [90]:

“... Bishops and patriarchs, whose mission is to establish Christianity on an indestructible foundation, are far from fully conforming to the popular image of them. Some of them were almost naked, with an elflock on their heads and tousled beards; others were dressed in animal skins, while almost all of them looked morbid and exhausted by destitution and penance. Some weakened to such a degree that they could not move without assistance, and every one of them had his own temper, corresponding to his lifestyle. Some demonstrated meekness, other appeared as peacemakers, many liked to argue, while still there were those who were extremely aggressive”.

The Nicene synod ordained that anyone who read or kept writings of Arius be put to death [60].

It was these aggressive ones who got to “boss the show” in the end, driving out meek and humble Christians by means of slander, direct physical violence, and even elimination.

It was also them who compiled the New Testament (see [5,8,78] for more details), which included works that do not seem to be Christian at all: the epistle of Jude and the Apocalypse, also those excerpts from the epistles of Paul that were written in an intolerable moralizing Judaic style, and not that of Jesus’ Teachings.

But the “aggressive” did not include in the New Testament one of the most valuable Gospels — the Gospel of Philip, since they could not understand it; it also exposed their mendacity and spiritual failure.

(Even now people are told that the Bible is the book that was allegedly created by God Himself — the “God-

inspired" book. But, even Jesus Christ does not agree with this [58]. And now we can understand — why.)

The evolutionary part of the Teachings of Jesus Christ got prohibited at the same early synods. After that had happened, the purpose of creating the material world, incarnating people and animals into the physical bodies — all that became unexplainable based on a theological theory perverted by those aggressive ignorant people (see [8,82]). The result of this is that for two thousand years after the incarnation of Jesus Christ "Christian" theologians have been unable to explain the meaning and purpose of human life either to themselves or to other people. Yet this had to be the ground for the construction of the entire methodology of spiritual work, on which serious methods could have been developed...

Moreover, the words of Jesus Christ that contained the description of God-the-Father were not included in the New Testament because of the ignorance of the "aggressive". As a result, there is no description of God-the-Father in the entire Bible! But what kind of religion can it be if it misses a description of God?!

This is why aggressive and ignorant "Christians" still propagate hate and animosity against those people who worship God-the-Father rather than "their God" — Jesus Christ!

Lowliness of mind and love (as compassion, tenderness, and caring attention) remained just glorious pages of the early history of true Christianity [68 and others]. But the everyday practice of the followers of the dominating Church became totally different.

In the meantime the doctrine of the Church continued to develop. But not toward the methods of cognition of God and getting close to Him in terms of the quality of the soul. On the contrary, the "aggressive" were creating this doctrine in such a way that would enable them to enslave the congregation and bring it under their con-

trol, to force people to support the “pastors” materially, make them fawn on and cringe before the “holy fathers” and the highest-rank hierarchs...

The doctrine included the following basic premises:

People are absolutely paltry beings, hopelessly stuck in their sins — not only in sin they themselves commit, but primarily those of Adam and Eve... Thus, all people are destined to live in hell.

The only way to save yourself from future hell is to firmly adhere to “our” faith (since all others faiths are from the devil), to visit only “our” temples, to provide “pastors” with livelihood, to go to confession and report your sins to them, and to receive a communion. Otherwise — hell is inescapable!

Who are these “pastors” then? They are those who — through the “sacrament of consecration” — allegedly entered into a special status of intermediaries between God and people. It is only through their prayers that it is possible to make God have mercy on people and save them from hell. What is also necessary is “serving the Church” — materially and, when required, — even with arms.

What one also must do is to alleviate the sufferings of the relatives and friends — who have died and dwell now in hell, of course. The same concerns those who have not died yet but are in trouble. In order to do this, one has to order (for a fee) special services — “for the peace of someone’s soul” or “for health”.

Also, children have to be baptized. It is absolutely necessary! What if a child dies without having been baptized — he or she will surely go to hell then! Baptizing of children is another service that requires a fee. Just as the “burial service”, which allegedly provides some benefit for those who died! How can one assume

that God is so primitive that He does not love those who have not undergone such rituals?!

This is how the “aggressive” who captured power by means of selfish lies have “played” on loving feelings of the believers, securing power and money for themselves.

One of the most effective tricks of the “aggressive” was the declaring of the sexual aspect of love sinful, extremely sinful.

Masturbation, which is quite normal for the overwhelming majority of people at the age of pubescence (see [4]), was named the cause of almost all known diseases, including tuberculosis, dementia, etc... And this was used as a basis for convincing the youth of their heavy sinfulness and guilt before God...

Sexual relationships could not be totally prohibited for quite obvious demographic reasons, but people had to get permission from the “pastors” of the Church to have them, although God had never authorized “pastors” to do that!

Women who entered into sexual relationships without this permission from the “aggressive” would become subject of especially strong humiliation.

And children who incarnated through the bodies of such mothers would receive a “stigma” of the “illegitimate”. It was not allowed to baptize them — thus they were deprived of all rights, including the right to enter into a “Church” marriage (only such a marriage was recognized by state authorities) and to create a “legitimate” family.

There was established a real cult of the hymen of Mary — the mother of Jesus — who was believed to conceive and even to give birth to Jesus without losing her virginity. Virgins started to be called the “innocent”. Therefore, all other women — regardless of the circumstances under which “that” happened — were con-

sidered guilty. The women who lost their “innocence” without permission from the Church had to endure contempt and rejection of “Christians”; they felt desperately guilty (“deadly sinful”) and totally dependant on the “prayers” that “pastors” performed for their salvation...

... A striking fact that vividly demonstrated the criminal self-interest of the “aggressive” who used to run the Catholic Church was the possibility to openly purchase a “forgiveness of sins”... People were given special receipts as a proof of payment, which were called “indulgences” — “certificates” for a soul to present to God in the other world?

People could buy indulgences for sins that had not been committed yet — for any kind of sin! They just had to pay money! Just pay, purchase God’s forgiveness — and go sin without fear! Then pay again — and go commit all imaginable sins! Pay, pay, just pay!...

... In reality, for God there is no mechanism of remission of sins whatsoever! He needs not from people reports about their sins, but rather that they actively get rid of vices and develop missing positive qualities! He needs that in this way we aspire to Divine Perfection! Jesus Christ very exactly said about this: Be perfect even as your Heavenly Father is perfect! (Matt 5:48).

The Inquisition

This mendacious activity of the Church caused a natural rejection in all intelligent and honest people. A. Arnun [16] wrote the following: “... Hate toward the clergy reached such a level that even the word *priest* was considered a curse”. Here and there would appear “protestant” Christian communities. The largest one was the Lutheran movement that originated in Germany. At that time the “aggressive” declared all, who were discontented with the existing order, “heretics”, i.e. the ones who

deviated from the “true”, “the Apostles’” Church. “Heretics” were declared a merciless war on.

In order to exterminate all their opponents the “aggressive” established a “Christian police” in the form of a special monastic order of the “holy inquisitors” headed by “saint” Dominic. The task of those “monks” was the elimination of all “heresies”. Later on, Minorites (monks of the Franciscan order) and Jesuits joined the ranks of the “holy inquisitors” [16,33-34,60,62].

The “chief theologian” of Catholicism at the time — Thomas Aquinas — declared that “Heresy is the sin, the guilty of which must be not only excommunicated but also taken out of the world by death”. And the Pope ratified this postulate with his encyclical [60].

The most popular means of struggle against “heretics” was burning them alive. But since such executions had to look like “legitimate” acts, inquisitors made all efforts to “knock” the confession out of the victims. For this they always used tortures. The most popular of them were the following: burning of the limbs in fire, pouring water into the lungs; there was also the “rack” — the torture technique of dislocation of both shoulder joints simultaneously; while the victim’s body was still hanging on the hands it was stretched down by a load attached to the legs or with a special winch. The tortures were conducted in the torture chambers that existed in monasteries.

This is how A.Arnu [16] describes the manner in which the Inquisition worked in Spain:

All people — boys from 14 and girls from 12 years old — had to give an oath that they would prosecute “heretics”; in case they refused they were going to be treated as suspected “heretics”, i.e. tortured and burnt alive.

All property of “heretics” would get confiscated for benefit of the king and the inquisitors, their children disinherited.

Sentence would also get passed on those “heretics” who were already dead by the time. Their remains would get exhumed and burnt. This was done with the purpose of confiscating the property from their heirs.

“Monks”-inquisitors were immune from the jurisdiction and control of the temporal authorities.

Among the grounds for sentencing a person for heresy were the following: information or rumors that someone incorrectly understands the omnipotence of God, evokes spirits, hides heretics, or sympathizes with them. Secular officials who refused to implicitly obey the demands of the inquisitors would also get cursed and persecuted by the Inquisition.

People were supposed to inform the Inquisition on heretics. The proof of their guilt was not required. Testimonies of the most wretched individuals would get accepted, and their “testimonies” would be enough to throw any person in the fire. So, everyone who was at odds with somebody or lent money to someone, who did not want to pay back, would get reported to the Inquisition as a heretic. As a result, the creditors were murdered; all their property confiscated. Their families were made destitute. Any protest or expressed discontent would get interpreted as a sympathizing with “heresy” and would serve as a ground for arrest, tortures, and execution. “... Spying and denouncing were considered a Christian’s primary duty and had to be the major occupation of the crowd of ignorant fanatics and mean individuals...” [16].

There were many cases when people would get burnt only for wearing a clean shirt on Saturday: that was enough to accuse a person of being a follower of Judaism [62].

“Laymen” would get burnt even for reading the Bible: since the only ones who had the right to read it were members of the clergy — since “ordinary people” could “misunderstand” it... [60].

Dominican and Franciscan “monks” were so carried away with their inquisitorial activity that they would start prosecuting “monks”-inquisitors who belonged to the contending order, when they lacked victims for the tortures and burning [60].

It was not that “heretics” were burnt in secret: in the woods, on special isolated territories. No! They were burnt in public — on squares, with specially organized festive church ceremonies! Often those burnings were dated for certain important events or celebrations.

With time, none of the events like that was conducted without the burning of people. The more solemn the celebration was, the more victims had to be burnt during the event. Usually their number was measured by hundreds. Once there was a record: 950 people died in fire! [62].

Although, an embarrassment occurred one day. That did not happen during some inauguration... No! That nonsense took place during canonization of Dominic himself! Pompous festivities already began when it turned out that the organizers had overlooked preparing victims for the burning... Then, the woman who had been suspected of heresy was hastily found. When inquisitors came to her place she was already near death. Then they took the dying woman out to the square on a stretcher and threw her into a fire [60].

... But one should not think that there were no true Christians in Europe at that time. There were! They were among the “heretics”, who for the sake of the true Path to God were willing to resist those devil-like “monks”, which at the time represented the primary force of the Catholic Church. History preserved the names of some great spiritual heroes, true Christians, who preferred death in fire to betrayal of the true faith. Some of them, even when being burnt, would support and hearten their fellows who suddenly gave in to fear.

One of those heroes was Giordano Bruno, who had been tortured for four years! This is what he told his executioners in response to the sentence: "Perhaps you pronounce this sentence against me with greater fear than I receive it!" [33].

Spain was hit the hardest by the Inquisition. During the time the Inquisition prevailed, it lost half of its population (burnt, escaped, and expelled), including all Semites (Jews and Arabs), who lived on its territory, as well as a great number of Indians in its American colonies.

Indians, in particular, would be treated in this way: Spaniards would gather them in one place, read to them the instructions as to how they were supposed to conduct themselves in order to be considered good Christians — instructions in Spanish which Indians could not understand, of course. And then they would torture and burn all who did not comply with those rules [34-35].

"Witch Hunt"

Another "holy task" of the Inquisition was the so-called "witch hunt". The Catholic Inquisition burnt tens of thousands women alive. Sometimes men were also persecuted with this type of charges.

To be accused of sorcery even a petty cause would suffice, for example, when a woman was seen standing in her courtyard during a thunderstorm or collecting horse manure (for fertilizing the garden?). If a person got under suspicion, the death in the fire was inescapable.

The executioner would shave all hair on the victim's body first: it was believed that devilish force abides in hair. And after that the already-known things started: daily dislocations of joints, tortures with fire, water in the lungs...

The executioners demanded confession by the following two points: 1) admission of guilt, and 2) reporting the accomplices.

Tortures would bring the victims in such a terrible state, that their only wish was to die in the fire as soon as possible!

On the first point everyone would tell “standard” stories about their “flying on brooms” to “witches’ Sabbaths” and “initiations” received from the Satan...

When answering the second question, some were giving out the names of all their acquaintances. But others — true Christians — persisted until the end, resolved not to calumniate other people.

N.Speranskiy [81] describes a case when a woman-victim pleaded with her torturers to burn her as “innocent”, since she knew of neither her own guilt nor that of others...

The same author provides a testimony of a torturer, who was describing how beautiful young female bodies were gradually, day by day, turning into burnt and swollen sacks of bones, which lost the human appearance...

... Discontinuing of daily torments just before the execution was called “relaxation”, while the commitment to the flames — “reconciliation with the Church”... [62].

... There is no doubt that a certain number of people always practiced black magic — in any country at any time. (Although, it is clear that none of them were actually flying on brooms or taking part in “Sabbaths” with the Satan: it is nothing but fantasies).

But the issue is: who was darker (in that sense) — actual black magicians or this horrible sect, which was torturing and burning both them and tens of thousands of innocent people?

“Crusades”

But all the terrible crimes described above were not enough to those “Christians”. They wanted more wealth and power, and they started to organize so-called “crusades”. [47-48]

As a formal cause for those bloody campaigns they declared “liberation” of the “Holy Sepulcher” from Muslims.

Although, there was no such a thing as the “Holy Sepulcher” whatsoever: the body of Jesus was placed into a cave, where it remained only for three days, and then it disappeared...

Moreover, Muslims respected everything related to the life of Jesus Christ: they considered themselves continuers of His cause and regarded Him as a Messiah; it is written in the Quran (see [8]). They regarded Christians as their brothers and sisters, and invited them to visit their common holy places together. They even built hotels for Christian pilgrims [47] in Jerusalem. Muslims even sent symbolic keys from Jerusalem to their Christian brothers in Rome — as a symbol of friendship [90].

Therefore there was no necessity to “liberate” anything from anyone. The only motive for all those crimes was craving for pillage.

To incite “Christians” to mass murders and robberies, the “aggressive” promised them life-time indulgences for taking part in the “crusades”; they also allured them with “innumerable riches” of Muslim countries.

Those, who were setting out for the robberies, were giving their lands, houses, cattle, and all property in “custody” or selling for nothing... To whom? — To the Church, of course...

The detailed account of the atrocities that “Christians” were committing on their way can be found in the books by M.A.Zaborov [47-49]. All “crusades” en-

tailed the complete sacking of villages and cities, that those troops of the devil were encountering on their way, and murdering of their populations: hundreds of thousands armed robbers needed food (like do soldiers of all armies that set out for a long campaign), but where were these people, who went on foot or on carriages for thousands of miles, supposed to find it?

Some “crusades” ended just after plundering and destruction of cities in “Christian” countries (including Constantinople). Others reached their goal, although at the cost of a great number of casualties on the side of the aggressor.

Even “child crusades” were organized (based on the belief that “innocent” boys and girls would cope with the task better). They resulted in tens of thousands of 12 year-old children having died or been sold into slavery by ship-owners.

What was the overall effect of the “crusades”? — They resulted in a drastic change of attitude of Muslims toward “Christians”.

But those Muslims... saved people of Africa and Asia from the Inquisition.

The End of the Inquisition

Humanity was delivered from the “holy Inquisition” by the great emancipator Napoleon Bonaparte.

He abolished it in France first, then in Spain and other Western and Central European countries, after which he set out to deliver Russia from this evil (more details on this will be provided in the following chapters). But the Russian forces routed his army, which was not prepared for military operations in the severe conditions of Russian winter.

And the Inquisition was again restored almost everywhere for some time.

However, its positions were undermined by the Napoleon's activity; people had breathed the "air of freedom", and soon the Inquisition was abolished completely [34 and others].

Were Inquisitors Christians?

Summing up what was said in the previous chapter, I want to emphasize one essential detail: when substantiating their monstrous atrocities "Christian" tormenters were citing... the Bible [60], namely the words from the Deuteronomy (13:8-9) instructing how one should treat those who understand the religious path differently than one and one's associates: "...You must not yield to or heed any such persons. Show them no pity or compassion and do not shield them. But you shall surely kill them; your own hand shall be first against them to execute them, and afterwards the hand of all the people..."

Do these words comply with what God told the Jews in the Ten Commandments: "You shall not kill!"? It is clear that the Deuteronomy, which contradicts the words of God said through Moses, cannot be from God — it was compiled by those who once seized power over the Jews and perverted the Teachings of God beyond recognition.

Where is in the doctrine of this sect the requirement to implement the precepts of Jesus Christ "Do not judge!" and "Do not condemn!", let alone all of His other precepts of forgiveness and love?

In all of its countless crimes this devilish sect, which was established at the time of the emperor Constantine and afterwards split into the "western" and "eastern" branches, has never been truly Christian from the outset: it was — Judaic! It has never followed the Teachings of Jesus Christ but rather based its activity on the Judaic

“law” written down in the Jewish Bible — the “law” that Jesus fought against! It was Judaism disguising itself as Christianity, and as such it became dominant on a huge part of the Earth! In their insane fury the leaders of this sect, which became “international”, were subjecting even ordinary Jews to repressions, damning them and burning them in fires by the thousands!

Let us understand the essential idea that true Christianity must be based not on the Old Testament but on the true Teachings of Jesus Christ not “crippled” or diluted with lies!

... Another question to consider: on what grounds this movement called itself “Christianity”?

Only on the basis that they mention the name of Jesus Christ in their rituals!

Here we come to another important point to consider: Jesus Christ never taught ritualism to people!

Therefore no ritualism can be considered as a sign of Christianity!

Christianity implies studying and realization of the Teachings of God given to us through Jesus Christ!

Catholicism Today

It is necessary to say a few words about modern Catholicism.

Due to the salutary activity of Napoleon Bonaparte and other heroes, the epoch called the Middle Ages ended. Catholicism began to change. The Inquisition was abolished, and “crusades” were not launched anymore.

Catholicism stopped to fight against “heresies”, grew much more tolerant to other religions. Damnation was remitted from the Jews; sound relationship was established with Israel, with Muslim, Protestant, and other countries.

Catholicism started to study experience of other religions in a positive manner. In Vatican there are special scholars who do this kind of research.

John Paul II was apparently the first pope to actually possess a developed spiritual heart.

But... he, too, commenced his “pastoral” activity with attacking women who made abortions — the women who got into trouble. The women who did that for very different reasons: not only because of their own foolishness, but also very frequently because of the criminal attitude of men toward them... From the position of an arrogant man who lacks understanding of women’s problems, the pope advocated the ban on abortions...

But in the following years the emphasis of the pope’s activity shifted towards struggle for peace.

As far as theology is concerned, he was the first pope to refuse to assert that God is a male!... That alone was a tremendous step away from the religious primitivism that was inculcated by the “aggressive” in previous centuries.

Journalists praised John Paul II for apologizing on behalf of the Catholic Church for the crimes it made in the past. He even ordered to open the archives of the “holy Inquisition”. They praised this as a feat of the pope... But to every intellectually and ethically developed person it is clear that all these crimes were nothing but crimes before people and God; thus I cannot see any particular heroism in this deed of the pope...

If Catholicism could

— acknowledge the Evolution of the Divine Universal Consciousness in physical bodies,

— acknowledge that there were other Messiahs from one Universal God — both before and after Jesus Christ,

— publicly support that eternal integral Teaching of God that all of Them have been giving to people,

then it would really perform a greatest deed for the humanity and for God. Only then it would become a co-operator, an assistant to Jesus Christ.

Russia

If you think that all these terrible perversions of the Teachings of Jesus Christ took place only in Catholic countries — you are not quite right. In Russia it was the same...

But let us start from looking at the Slavic history.

From the Slavic History

In legends of many European tribes, including the Slavs, there is a mentioning of Arius who was their ancestor. Most likely it was one of the Atlanteans who begot the northern branch of the modern human race with light skin, which is more sensitive to the ultra-violet radiation scarce at high latitudes. On these grounds, the modern researchers call all light-skinned people Aryans [17,46,90 and others].

Later on one part of Aryans migrated from Europe to America, while another one — moved south-east, to the territory of modern India, Pakistan, Bangladesh, Afghanistan, Iran, and other countries, where they mixed with the aboriginal black-skinned people that lived closer to the equator.

The Slavs represent the Eastern branch of the Aryans. Their history is presented in *The Book of Veles* [17] in particular.

The ancient Slavs had an advanced religious culture. They knew about the Creator Who lives in His Abode (they called Him Rod) and about His Fiery Creative Manifestation — Svarog.

And Holy Spirits were called by the Slavs by the name *Svarozhichi* (meaning children of Svarog).

People also worshipped other individual Manifestations of God, which was based, apparently, on the specific knowledge of Them.

There was also worship of particular *Svarozhichi* based on concrete knowledge about them.

For example, they worshipped Lada — the Goddess of Love (hence the Russian noun *lad* — which means harmony, and the verb *ladit'* — to get on well (with someone)).

They also worshipped Perun — God of military valor and courage.

Invoking Lada and attuning to Her one could learn to love tenderly, “from the heart”. Then they could achieve harmony in their families and to become more perfect in Love.

By getting attuned to Perun, identifying oneself with Him, filling one’s body with His Might and Courage one could develop the power aspect of the consciousness and to be more successful in repulsing the attacks of enemies.

It is these two qualities that the Slavs respected in people: 1) love, and 2) military valor.

The meditative attunement to Lada or Perun, asking Them for assistance in good deeds helped people to become more perfect.

And Surya — a female individual Manifestation of the Creator, similar to the gentle light of the morning sun was suggesting Herself as a model for attunement to spiritual seekers who reached a significant level of perfection. Today, Her task is the same — to help people to cognize Svarog and to realize the complete Mergence with Him.

... All religious people can be classified into several groups depending on the object of their sincere (!) religious aspiration:

1. Those who seek the Creator.
2. Those oriented toward certain Divine Teachers — Individual Manifestations of the Creator.
3. Those who perceive nature as the Living Force — in this case there emerge mythological ideas of specific manifestations of this Force as “gods” of wind, rain, water, the sun, the moon, stones, lakes, etc., as well as of multitude of spirits who surround us, which is the case in reality. This form of religion pertains to people who live in harmony with wildlife and who have never heard about knowledge of a higher level.
4. Those who worship fictitious “gods” — fairy-tale personages or incarnated people who have not attained Divinity yet.
5. Those who worship spirits (including their own deceased relatives).
6. Those who worship non-embodied evil beings for the sake of deriving personal benefit (usually for domination over other people)

All listed categories are always represented in each society. The factor that determines to which group an individual belongs, is first of all the age of the soul, but it also depends on one’s upbringing and free will. Lifestyle also has a certain influence, as well as the environment. I.Zabelin [46] made a good observation that nomads and hunters “chase nature”, whereas settled farmers live by caring about it. Farmers study nature; they start an “intelligent conversation” with it, giving it grain and expecting a harvest, for instance.

People who made up Slavic tribes also were not of the same soul age, of course. The most evolutionarily advanced of them were members of esoteric schools headed by Divine Teachers. Adepts of such schools were called *volkhvy* (magus).⁷

⁷ It should be noted that not everyone who called themselves magus were advanced spiritual adepts. Undoubtedly among them

In other words, we can see that the Slavic religion was not primitive paganism at all, but rather a quite mature system, which possessed knowledge about the Creator and about concrete Divine Teachers, and about methods of spiritual work in esoteric schools.⁸

Moreover, at that time the Slavs did not know of alcohol; as a “holiday” drink they used so-called “surya” — a “sunny” beverage, made of clabber, infused with herbs, with honey added. It was the Greek who got them addicted to alcohol later.

Another distinctive feature of the Slavs’ life of that time was that human body was not considered “shameful” (which later was introduced by Judaic-Greek pseudo-Christianity). This is evidenced by the fact that all men and women would take a bath together at the same time. “Christians” had not been able to extirpate this custom until the epoch of Peter the Great [79].

* * *

The Slavs first came to Eastern Europe as a single tribe. But this tribe grew and divided into separate clans, some of which migrated to new territories and settled there.

Southern coast of the Baltic Sea got populated by Russian Varangians, who engaged in sea fishery and trade.

Other clans settled in Southern prairies and became nomadic cattle-breeders (the Scythians and others).

Therefore, we can see that because of the vast territory of settling apart, the cultural and religious homogeneity was hard to be expected among the Slavs after the passing of many centuries.

there were insane, cheats, and black magicians.

⁸ For more details see [8].

From the History of Ancient Russia

Ideas of Jesus Christ about love as a method of self-development for the sake of cognition of Universal God-the-Father and Mergence with Him Who is Love, were first brought to the southern regions of Russia by Apostle Andrew. And people did not have any reasons not to accept these Divine Teachings; they would get massively baptized by this Personal Disciple of Christ.

The second “baptist” of Russia was prince Ascold. He was baptized by the Greek and himself baptized a certain number of Russian into Judaic-Greek faith.

But the main tragedy of Russia began later. This is how the events unfolded.

The successors of Ruerick were: Oleg — the guardian of his son Igor, then Igor himself, and after Igor’ death — his widow Olga. It was a family of extremely cruel, treacherous, aggressive, and greedy rulers.

Having a strong fighting squad made up of scumbags devoid of any humane trait, whose favorite occupation was murder and brigandage, they used to undertake regular armed assaults against their neighbors.

After Oleg and then Igor had died, Olga took over as the head of the retinue, and as such she manifested even more gruesome degree of cruelty and treachery: with Olga as the leader the squad not only would kill people for the sake of robbery, but also murdered in a sophisticated manner peace envoys from the neighbors and people of the captured settlements, burying or burning them alive [46,79].

Later on she was baptized in Constantinople, but it did not have any positive impact either on her temper or her behavior (we may understand now why).

The son of Igor and Olga — Svyatoslav — adopted the same kind of temper. He would pick a victim out of his neighbors and declare through a messenger: “I am

willing to go against you!” — after which his ruthless squad would murder thousands of people for the sake of robbery or just for fun.

After Svyatoslav had died, his son Vladimir — the main “baptist” of Russia — started to reign.

When he grew up, he also became a bloodthirsty robber, like his ancestors. And following his grandmother’s example, he also accepted baptism from the Greek.

Having learned the way the Church was operating in Byzantium, he realized that he could derive a great personal benefit in terms of robbing his subjects and neighbors from introducing this religious system in Russia and decided to “baptize” Russia into the faith of that grossly perverted pseudo-Christian sect, which existed at the time in the eastern part of the decaying Roman Empire. The “advantages” of the new faith for the atrocious ruler were evident: with its help he could totally suppress free-thinking, to “belittle” the people and to bend them to his will trough “priests”...

Did Vladimir become a Christian himself after he had been baptized? — No: he continued with brigandage and mass murders.

...Some readers may ask: what is the true Christian baptism?

Normally by this word they call a certain ritual. Today, baptized people most often regard it as a ritual of guarding magic, hoping that it will protect them from the forces of evil.

But reasonable people understand baptism as something different. For them it is an oath before God: I know and accept Your Teachings, I will live according to them, I will serve You by helping other people and ask Your help in this task!⁹

⁹ It is in this way that the author of this book accepted baptism.

Such baptism is effective. All other variations are not; they are nothing but deceit and self-deceit. After all, God regards as important here not bodily movements or words from people but their emotions and powers of their decisions!

... Another bloody crime of Vladimir was mass compulsory baptism of people, which was carried out by the same gang of murderers, who made up his squad.

Naturally, the population did not want to accept this devilish faith from the bloody executioner and the leader of gangsters. People would evade being baptized. Then Vladimir's bandits started to give wooden crosses to those who had already been baptized, which they were supposed to wear around their necks, so that to make it easier to identify those who were evading this ritual, to catch, torture, or kill them.

And later Vladimir and then his son Yaroslav, with the assistance of Greek "monks", began to establish in Russia the same order that existed at this time in Western Europe.

One should not think that in the "Christian" temples people were told about the Christ's Teachings of love and methods of cognizing God-the-Father. Of course, not! Instead, people were instilled with the idea of their total sinfulness and insignificance, of "saving" power of prayers performed by "priests" who pray "for us" so hard, get tired and suffer so much because of this that they need to be rewarded by money and by other things for that.

Did such faith do any good to the Slavs, if the new "culture" and lifestyle were to be compared to those existed before the Vladimir's "baptism"? — I am sure that it did not.

Even the legend that Constantine (his monastic name was Cyril) and Methodius, Greek envoys, created a written language for Russians is a lie. Even before the "bap-

tism" there existed as many as two types of alphabets: the Glagolic alphabet and that which later was named the Cyrillic alphabet. Both were used for writing legends on the coins, princes' credentials to the merchants, and even books. *The Book of Veles*, for instance, was finished during the time of the "Ascold's baptism". It was written in the same Cyrillic alphabet that existed, as it turns out, long time before Cyril.

The New Testament was also translated into Slavic written language (the same old Cyrillic alphabet) before Cyril and Methodius arrived. And in this form it was found by Cyril in Khersones, which is recorded by him in his biography [26,43-44].

But the Church that formed in Russia was reluctant to present the New Testament translated into Slavic to the believers. On the contrary, this scripture was unavailable to people for many centuries on the pretext that "laymen" could misinterpret it; only priests and their superiors had access to its text. Unauthorized reading of the New Testament was punished by death [21].

Instead of the Christ's preaching of tender love and lowliness of mind, efforts on developing oneself and helping others — this "Christianity" brought cruelty and violence to Russia along with the destruction of all good spiritual traditions of the ancient Slavs.

Those who were discontent with the activity of this sect and did not want to implicitly obey it, began to be called "sectarians" (by analogy with "heretics" in Europe). They were tortured with fire, torn on the rack, burnt live, and impaled on sharp stakes.

As in Western Europe, anathema was declared on sexual love. The words that had sexual meaning were turned into a means of defiling other people — the "mat" (the Russian obscene language — *the translator's note*).

Mass executions of "sectarians" and *raskolniks* (the Old Believers) had been performed for centuries and in-

tensified in particular by the end of the XIX century. Those who had doubts in the truth of such “Christianity” would get caught and thrown into special prisons that existed in monasteries — without a court trial, just based on a suspicion. There executioners, following the example of the Inquisition, would torture them with fire and the rack, break their thighbones, crippling them, and burn them alive (not in public, though). *Raskolniks* were chopped off their right hands — so that they would not write. And torn off their tongues — so that they would not preach [1,21-22,32,63-65,71,91].

While doing this, the Russian inquisitors directly referred to the positive experience of their Byzantine colleagues in maintaining the stability of their faith [91].

Even when the Inquisition was abolished in the rest of Europe, the Russian Inquisition was still continuing — on the national scale and using the state power structures — the hunt for the “sectarians”, i.e. those people who understood Christianity differently.

Mass executions of “sectarians” and *raskolniks* were taking place until 1917. At that time the whole country was filled with detectives, who hunted their victims. The property of the victims was confiscated, a part of it passing to the informers. The victims were tortured, “smoked” slowly over fire, burnt in specially constructed wooden frames, or left to die hanging on the hooks stuck in between their ribs [63].

Policemen, various state officials, and mayors used to “feed” on priests. And priests were pulling money and other means of subsistence from people — for “praying for forgiveness of their sins” and for various chargeable rites...

If someone stopped attending Sunday service — this would instantly become a warning signal for the priests and their menials, an indication of a threat to their welfare. Such people would immediately become subject of

police repression, or priests would stir gang of the “faithful” against them. There are descriptions of cases of mass murders of “sectarian” families by crowds of such “faithful” [21,65].

Priests were turned into police detectives by special state decrees: they were obliged to inform the police of everything that their parishioners reported to them at the confession [32].

The “seduction from Orthodoxy” was persecuted as a criminal case [32].

Marriages of people who did not marry in an Orthodox church were considered illegitimate. Authorities would take children away from such parents, sometimes even from the entire communities of non-Orthodox believers. Those children received the stigma of “bastards” (“illegitimate children”) for life and were deprived of all rights, even the right to have parents [65].

The persecutions went so far that it was not even allowed to bury dead *raskolniks* on the “land of Orthodox Russia”. Their corpses were appointed special guards and putrefied for weeks [22].

Priests forced people to drink hard. “Monks” drank hard as well [27,79,82,91]. If someone refused to drink, it was qualified as “sectarianism”, and this person would become an enemy and was persecuted by the police [18].

S.M.Solovyov describes the Russian reality of that time as follows: “...You will not find such disgraceful drunkenness neither with Germans, nor with other Slavs, — nowhere, except for the Russian state: men and women, laymen and clergymen are wallowing in mud in the street, some die of alcoholism” [79].

An Englishman Richard Chansler, who visited Russia, describes his impression of the Orthodox priesthood as follows: “As for debauchery and drunkenness, there is not anything like this in the entire world, and in terms

of extortion — these are the most disgusting people under the sun” [91].

Those horrible events of the Russian history produced many heroes-martyrs — true Christians, who preferred tortures and death to accepting — even on the outside — such a “faith”.

In particular, there are descriptions of cases, when Orthodox soldiers or Cossacks surrounded a settlement of “sectarians”, who thus were doomed to prolonged tortures and burning alive, and the people would make fires themselves and enter into them by whole families... [64].

“Which apostles taught so? I do not know. My Christ did not order the apostles to teach like that, to bring people to faith with fire, with the whip, and with the gibbet!” — wrote archpriest Avvakum, who was later burnt alive together with his associates [1,64].

Some other clergymen would rebel, — for instance, Hesychasts Nil Sorsky and Maxim Grek, who attempted to initiate a movement of *non-possessors* among the priests and monks. They opposed the bloody atrocities that the Church was committing and the parasitism of priests and monks, and tried to bring them back to the Teachings of Jesus Christ. But they and their followers also got repressed by the Church as a result: some were burnt, some sentenced for life in the monastic prisons... [91].

Does it resemble Christianity in any way? — No, not a bit.

During the “bloody Sunday” in 1905, when unarmed people (men, women, and children) marched carrying portraits of the tsar and icons in the capital of the Russian Empire in the direction of the Palace Square in order to address the tsar, — Orthodox Cossacks slashed them with sabers in all parts of the city, and then Orthodox soldiers shot the survivors. Just children’s corpses were collected for many carriages. Thousands of innocent people died or were crippled that day... [27].

At that time the entire population was divided into two camps: priest-executioners with their “faithful”, headed by the tsar and supported by the punitive state machinery on one side, and on the other side — their victims, who either disguised themselves as the “faithful”, or did not put up with the regime and became heroic martyrs.

The “bloody Sunday” predetermined the destiny of the Russian autocracy and that “Christianity”. 1917 brought two coups. Bolsheviks shot the tsar together with his family and drowned and shot a lot of priests hated by people. The monastery on the Solovki islands and several others, where victims of Orthodoxy were tortured before, now were turned into jails for former priests [30].

The majority of people did not support the dominating Church, and it was totally destroyed together with its appendix — the autocracy.

The USSR

... But having eliminated one centuries-old tyranny, Russia got immediately under the grip of another.

When people do not have true religious knowledge and understanding why we live on the Earth and what we are supposed to do here, — whatever political system is established — it will do no good.

Bolsheviks’ revolution destroyed the Russian inquisition. But almost the same type of dictatorship formed in Russia after it, where the society was again divided into executioners and victims. And again heroic souls came to shine among the latter, who preferred tortures and death to living as slaves... Or were willing to die with honor for the sake of liberating others...

Now people were not burnt in Russia, but tortured for long and then shot. “Days and nights people were being shot. Days and nights thousands of people were

taken away and vanished without leaving a trace in the distant death camps. But the number of “enemies” was still growing. It seemed to Soviet authorities that the entire population of the huge country turned into “class enemies”, and all of them had to be caught, thrown to jails, hidden behind barbed wire, shot, and destroyed. A prosperous peasant is *kulak*, an enemy; less prosperous one — is *podkualachnik*, also an enemy. Even an illiterate peasant, who believed that Christ will soon come, was punished as the worst enemy of the “power of the working people”, he would get accused of such a terrible “contra-revolutionary crime” that he would get deprived not only of his family and household but also of his very life. At night in the Lenkoran bay the GPU (secret police) was drowning hundreds of shot dead bodies, attaching bricks to them with wire. Many of them were killed only for writing a letter to their relatives who lived abroad... The country turned into one big prison, where people crazed by hate and fear wanted to destroy the entire nation. ... Even such words as *Christ* and *Gospel* were considered a threat to the existence of the Soviet regime. And this regime could not tolerate not only the Christian teaching but also any teaching of the truth and love. Any teaching, except for Marxism, was regarded as a “hostile ideology of class enemies”, “propaganda of people’s enemies” etc. No faithful member of the Party dared to think that one could find the truth and the good beyond “leaders of the proletariat”. For a true “soviet patriot” religion could be nothing but a dangerous poison..., and there was not and could not be God in the country of the ‘victorious proletariat’” [56].

On the radio there were always the same songs: “The cantata about Stalin”, “Wide is my native country, ... where man can breathe freely!”, “Let’s drink for the Motherland, let’s drink for Stalin!”, etc.

This is how the image of a positive hero was being created...

There were also commented football games: "Durla dodges Jacobson, kicks... Go-o-o-a-! Go-o-o-a-!" The whole country was supposed to jump out of joy by the radio sets (there were no TV sets yet, they appeared later) and to scream also: "Go-o-o-a-!"

This is how patriotic feelings were being formed.

Also, Stalin and then his successors energetically propagated alcoholism in the country: it was done, first, so that people would think less, and second, in order to ensure a generous income for the state budget from the sale of vodka.

And after some time very few of Russian people who constituted the majority of the population (the "big brother" in the "friendly family" of the rest) had any doubts or objections, when Stalin was arranging famine for Ukrainians and Kazakhs, exiled whole nations, throwing people out in open prairies (Crimean Tatars, Ingushes, Chechens, hundreds thousands of Jews), when there was the "expansion of borders" of the USSR by means of interventions and seizure of the neighboring countries' territories (Finland, Estonia, Latvia, Lithuania, Poland, Romania)...

Almost a century of the new nightmare of Russia had passed in this way — whereas almost all nations around, except the ones enslaved by Russia, were developing successfully.

* * *

What could the future of all those executioners be?

This group was not homogeneous, but every one of them secured hell for themselves.

What is hell from the standpoint of the Evolution? This is a dumpsite, a cesspit for the waste. Those who cultivate coarseness, cruelty, violence, and arrogance, instead

of love and refinement, — proceed to this dumpsite for souls.

Then God sorts this garbage and sends the majority of souls to incarnate again — to continue to live in hell on the Earth after having lived in non-material hellish eons. By doing this He gives those souls another chance to change and to transform themselves. Former executioners become victims of other — new — executioners (there are always enough of them in certain parts of the Earth), so that they know by experience what it is like to suffer because of a cruel caprice of other people.

This is how evil, controlled by God, also serves the Evolution. But the victims, if they do not grow embittered, if they learn to forgive, to cast away vengeance, enduring sufferings like heroes and being unable to betray friends or slander anyone, — they will defeat their bad destiny, leave hell, and receive an opportunity to join the ascending stream of the Universal Evolution.

Every one of us has free will: we may either choose to move towards the dumpsite of the Evolution — or towards the Abode of the Creator.

And let those who “do not know what they do” make their choice while it is not too late!

And based on this book and the books cited here, everyone can make their own personal plan of self-transformation and helping others.

The Perestroika

... The Perestroika was headed by Mikhail Gorbachev — a hero of the planetary scale, who spared the nations of the Earth for some time from the threat of the total destruction in the hell of a nuclear war, — the threat that was coming at the time from Russia as the main breeding ground of the international terrorism.

And inspiring the new president:

*Our exhausted country
Defeated by Communism,
Awakened from sleep,
Believes in you, like in God.*

*Justify the faith:
The moment has come!
Justify this faith,
Mister President!*

And the president gave the deciding battle. The Gorbachev-Yeltsin's Perestroika won the political victory.

But... what came out of it — this does not have to be explained to the contemporary people of Russia.

... The Russian Orthodox Church was almost completely destroyed by the Bolsheviks. It ceased to be the dominating force in the country during the "Soviet" rule. From among the priests who survived the Red Terror, those who were members of the Church for their selfish interests, escaped, since now they started to be persecuted themselves.

And in this new situation the Church began to play a positive role: it became a refuge for those people who sought salvation from the darkness of atheism. And it attracted a great number of pure souls, for whom it could provide a refuge in the beginning stages of their spiritual quest.¹⁰

And the Perestroika, that followed, gave all people the opportunity to read the New Testament and other religious books.

But the theological concept of the Orthodox Church did not change! It was still unable to explain neither

¹⁰ This happened also with the author of this book; see [5].

what God is, nor how Jesus Christ relates to God-the Father, nor what the term *Holy Spirit* denotes, nor what the purpose of human life consists in. It did not teach people to love either living beings, including people, or God. It did not teach the methods of opening and developing the spiritual heart. And if people are not taught cordial love, it means they are not taught Christianity!

Not having understood all this, president Yeltsin, searching for allies against the “red”, started to re-establish the Church de-facto in the status of the state religion. He started to call the patriarch of this organization “the spiritual leader of Russia”...

Priests began to teach schoolchildren the nonsense about the “virginal conception” and the “original sin”... And the schoolchildren divided into fools who are able to believe in this — and the intelligent ones who reject these tales, along with religion and its God altogether. And then they began to try drugs...

Russian Perspective

According to the data collected in 1999, almost a half of the country’s population was addicted to alcohol. Alcoholics bear mentally and physically defective children — their chromosomes are already impaired. They (and their children) are unable to produce a healthy posterity. In Russia, 17% of children were born with congenital imbecility. One more percent could trigger the irreversible process of genetic degeneration of the nation [29]. Such a nation is not able to reproduce itself; it turns into a country of feeble-minded freaks and then becomes extinct.

And this is not all. In 1999 80% of students had tried drugs other than alcohol and nicotine, while 20% were already addicted to “hard” drugs, like heroine. This percentage is growing each year. They live not more than 4 years...

Time will come when there will be not enough healthy young men to serve in the army, to replenish the ranks of scientists, doctors, and engineers. Russia will turn into a country of mentally retarded cripples and pensioners, who do not receive pensions...

None of the mass religious organizations that exist in Russia today can offer a complete and reasonable religious concept which would satisfy people of all stages of spiritual development and, what is even more important, would correspond to the will of God.

What Should We Do?

In this critical time it is extremely important to understand that God does exist.

God is real, regardless of how much effort some people make to defile Him.

He indeed is constantly present everywhere. He takes part in everything that people do, but in most cases He gives them the freedom of will.

He has no intention to make paradise for deprived nations of the Earth.

He takes to His paradise and into Himself only the Worthy Ones from the earthy hell.

And now we have to prove to God that we are capable of progressing, from the Evolutionary standpoint. After all, He intended to gather a good harvest of Perfect Souls. And the nation has to be promising in this regard!

The solution here consists in giving to people — in the scale of the state — the true knowledge about God and about what He wants from us.

Only then Russia could cease traveling along “the river of bloody tears to the land of lies” (from a song of I.Talkov).

The following words can help us in this task, the words which every reasonable person can agree to:

“Formal public worship, mumbling of hymns, habitual mechanic performance of rituals cannot make God dwell in your hearts. The Liberation is not in mystic formulas or beads, but rather in your efforts.

“... We need the faith which would enable us to look at ourselves as children of One God, Whose name is Love...” [8,66].

Optimism

There is an opinion that Russian Orthodoxy is the power which can consolidate the society. Let it be so! But Orthodoxy must change for this purpose. We do not want to come back to new “Middle Ages”!

Very promising in this regard are the words of Cyril, the new Patriarch of the Russian Orthodox Church, which were repeated by Him several times. Namely, He told about His intention to reform the Church, to enrich it with new modern knowledge — in particular with the help of scientists. The Church, according to Him, must cease to be a Church for old women. It could be that He formed this intention after reading my books.

The president of Russian Federation Dmitry Medvedev supported this incentive of the Patriarch and declared that together with him he will try to improve our society by increasing its spirituality.

I would be glad if the knowledge accumulated with my help could be useful for this task.

Introducing into the mentality of the society the fundamental knowledge about the meaning of our lives and correct relationships of man with the world (including God), also the psychological methods described by us would allow, among other things, to reduce significantly the level of aggressiveness, criminality, drug addiction, suicide, illnesses (both somatic and psychical ones).

For example, if there is no such an understanding, then the natural dominant stimulus for actions in most people is their primitive egoism. This is the reason for selfish motives of the majority of various criminal deeds: bribery, blackmail, robbery and theft, rape, etc.

From the standpoint of God, for the sake of correct evolutionary progress everyone must learn to live not for the sake of oneself but for the sake of others, for the sake of God. The example of such a life was demonstrated for us by the life of Jesus Christ.

What concerns the “applicable”, so to say, aspects of spiritual knowledge, it is clear that the health of the nation can be achieved not only through the physical culture and sport. Much more important thing for people is to understand the meaning of their lives on the Earth, also to know the methods of its realization.

One of such methods is the art of psychical self-regulation. It allows one to get rid of negative emotional states and to realize the precept repeated many times by God: that one has to walk to spiritual Perfection, to cognition of God only through opening and further development of the spiritual heart.

What Should Everyone Do?

Whatever politicians may decide, whatever the situation may turn out to be — it is better for everyone to begin as soon as possible to transform themselves.

First let us study all the main ideas expounded in the books cited here: they integrate, among other things, the most important knowledge imparted to people by God and what best people of the Earth said about God.

Then let us get rid of all bad habits: smoking, drinking alcohol and other “stuff”, let us make our nutrition correct from the ethical and medical standpoints (see about this in [8-9,20,28]).

We have to analyze all equally significant mistakes made in the past and to repent sincerely all the instances when we caused pain and other calamities to someone or did not help someone while we had to. This is our repentance before God. And its meaning is to get rid of vices, to grow missing positive qualities in ourselves, to learn not to sin anymore. Let us understand that God at every moment perceives every thought of every person. And in order to bring your thoughts to God, you do not need any intermediates or special rituals.

Let us start to habituate ourselves to being directed with “the eyes of the soul” to God. One can achieve this by reflecting about God and addressing Him. Long time ago God gave me a prayer-meditation, which was very helpful at the time. Here it is:

Lord! Unite our hearts in You!
Radiate us with Your Light,
 permeating the darkness of our passions!
May all-consuming love expand
And fill our hearts with Your exultation!
Oh, develop and grow in us, the seed of Lord!
Filling our hearts with the light
 of wisdom and knowledge!
May we always aspire toward You!
 Amen.

One may also use the Orthodox prayer-meditation “The Heavenly Tsar”: an address to the Holy Spirit.

But it can do no good to you, if you just mechanically recite or mumble these words. Let us understand that each line of these verses is a meditation. Uttering them slowly, with the profound understanding of their meaning, we change the state of ourselves as consciousness with each phrase by attuning to God and cultivating needed qualities in ourselves.

If we have a need to visit temples to take part in collective meditation — it is perfectly all right, unless there is a risk of becoming a victim of the sectarian terror there. Temples, rituals, icons, and other objects of the religious cult can be helpful for the beginners in religion. When people mature, this need falls off naturally. One may well grow out of the temples, in the direct meaning of this word. When the consciousness becomes large enough, such a person feels all temples in himself or herself; at this stage it becomes absurd to be in any temple physically.

Those who develop successfully must find a direct communication with God not in temples but in the universe. And the *entrance* into His Abode is in one's developed spiritual heart.

Let us try to understand also the following: because of the Old Testament's absurdity regarding the "creation of man" virtually all people who read the Bible formed an opinion which is extremely harmful for understanding the most important things about oneself. This opinion consists in the contraposition of man versus the soul (or "I — versus my soul").

While in reality man is a soul.

The true opposition would be the following: "man — versus the body" (or "I — versus my body").

Thus, I am the soul!

Then one can begin developing as a soul, mastering relaxational and psycho-physical exercises, also the methods of cleansing and development of the spiritual heart, etc [9 and others].

As a result, we have to become as near as possible to the state in which God lives. Then our communication with Him becomes as easy as communication with incarnated people. Then direct cognition of Him and Mergence with Him become real.

... On the other hand, there are people propagating the opinion that God is incognizable...

Do you know them?...
One thing is clear: for them God is incognizable indeed!

Conclusion

To Live in Harmony with the Evolution of the Universal Consciousness

In this book we have examined many issues regarding the way we should live on the Earth in harmony with the Universal Process of the Evolution of Consciousness, in harmony with God.

We can emphasize the following main points:

1. The purpose of our lives consists in development of ourselves as consciousnesses (souls) by both qualitative and quantitative criteria — for the sake of merging with our Creator and enriching Him with ourselves upon attaining Divinity.

2. We must develop in ourselves love first and foremost, since *God is Love*. If we want to approach Him, we have to develop ourselves accordingly. This can be achieved by means of ethic self-correction, special methods of psychic self-regulation based on working with the chakras, special meditative techniques of turning oneself (as a consciousness) into the spiritual heart that first grows within the physical body and then within our entire planet, then — our galaxy and the universe.

3. The Creator is the most refined form of consciousness that exists in the universe. He abides in the deepest part of the multidimensional Ocean of the Universal Absolute. Therefore, we can approach the Creator only through refinement of ourselves as consciousness. It is

the methods of refinement of consciousness allow one to experience and explore the increasingly subtle space dimensions — up to the Abode of the Primordial Consciousness, the Abode of the Creator.

4. In order to infuse into the Creator, we have to renounce our lower selves that manifest themselves in numerous vicious emotions, desires, and actions that originate from self-centeredness. The elimination of the latter allows one to realize the Higher Self, which is the Creator.

5. Our love for the Creator must be expressed in the urge to cognize Him and to Merge with Him, as well as in service to Him which consists in helping other souls on this Path.

The Religion of Unity

The general idea of this book consists in the fact that all people, regardless of their sex, ethnicity, original belonging to particular religious form, and other distinctions, must fulfill the main task that God expects from us: they must develop themselves as love, must seek to Merge with Him-Love, helping one another in this. We live here, on the Earth, not by ourselves and not for ourselves. We live — for God. Our Creator needs our positive evolution.

This, among other things, is the true Christianity, because the true Christianity is the religion of love, religion of the spiritual heart. Such is the Teachings of the Creator and of His Messenger Jesus Christ.

This is also the basis of the religious Teachings that God gave for all people — the Religion of Unity.

To Enter the Primordial One — and to Come out from Him

God in the aspect of the Creator can be described as follows:

He is Infinite, Boundless Universal Ocean of Consciousness, abiding in His two major states: the state of Peace and the active state called the Divine Fire.

These both states of the Creator exist in the multidimensional depth beneath every molecule of matter, including the matter of our bodies.

The Creator exists in the whole universe as a single *Whole*, as *One*. Individual consciousnesses which have infused into Him exist in a mutually dissolved state, merged with Him and with each other, like drops of water in the ocean. But for the performance of special tasks, Divine Individualities can partly separate Themselves.

All listed states of the Creator can be experienced: the Peace, the Fiery State, and the Individual Manifestations. This can be achieved by following the methodological principles and methods described, in particular, in our books [5,9,10,13-15 and others].

Cognition of God consists in gaining the ability to enter the state of Mergence with Him in His Abode. Then one has to learn to come out from Him. This constitutes the full spiritual Self-Realization of man.

Five Stages of Growth of the Consciousness on the Spiritual Path

A person significantly developed ethically and intellectually is capable of mastering the following five main stages of the growth on the spiritual Path:

1. This is a preparatory stage: one has to master the true knowledge about God, about the meaning of our lives, about the methodology of the spiritual growth — and then to change correspondingly one's own way of life.

2. Then such a person becomes established in the localization of himself in the chakra anahata and perceives the outer world from it, reacts from this chakra to the events that take place around.

3. Then he/she becomes a spiritual heart much larger than the material body. He/she can assume giant forms similar to the appearance of the human body. Now he/she possesses the ability to move in the universal space as a consciousness free from the fetters of matter: to move, in particular, with the help of the arms of the consciousness which grow from the spiritual heart and are coessential to it.

4. Having refined oneself to the state of the Holy Spirit and having cognize the Creator in His Abode, He/She lives now among other Holy Spirits feeling Them, embracing Them, merging with Them — and together with Them helps other incarnated beings in their spiritual advancement.

5. Having submerged into the Ocean of the Primordial Consciousness (the Creator) and having finally merged with Him, He/She lives in two main states of the Creator: in *Calm* or in an active state which is called the *Divine Fire*. He/She is merged with the wholeness of the Absolute but also comes to incarnated beings as a Representative of the Creator — a Holy Spirit.

You Are Welcome to Come There!

Once in this earthly life I myself was a man of vice: I did not think about God, killed animals — both for

“scientific” purposes and as a hunter and a fisherman [5]. Then — I sharply broke with that tradition of this evil-doing — gave up smoking and drinking alcohol. This occurred thanks to an understanding: I realized why we live and why all evolving beings live. And I knew now that I would not kill an animal for food and would not use the body of a killed one — even if I would be starving to death.

When this dawned on me — the very communication with wild animals in the forest became so blissful!

... Once when I was picking mushrooms in Karelian forest I woke a hare. He stood on his back paws, stretched himself, yawning, like a little puppy, cast a discontent sidelong look at me, and very slowly, not having quite awakened, toddled away...

I would have killed him before — my sweet forest friend...

But by that time I already knew that every killing of an innocent living being (or participation in such) is a transgression against the Evolution, against God.

... We traveled to wildlife areas in order to learn to love nature in its living beauty: to learn to love evolving Life — in the bodies of fish, frogs, ants, beasts, plants...

When we worked at *places of power* on expanding and refining of our spiritual hearts, inhabitants of the forest cling to us, they were delighted in just being close to us.

Woodpeckers started to sing their spring courtship songs — not in spring or in summer, but in November and December...

Robins perched on branches as close to us as they can. Then they started flitting among our standing bodies, flying next to the ground between our legs... They did not beg for food: human food does not appeal to them. They just took delight in being among people of love, among people of good.

But tomtits do eat both bread and cheese. They sometimes perched on our shoulders and heads, flew in circles over our bodies, hung poised in mid-air like bees, against our faces when we were eating, snatched out food from our hands, snatched cheese from sandwiches while they were on the way to the mouth...

Laughter, shared joy, tenderness — this is the background which the Creator uses to explain one how one can make this love universal in size. For this is what Love of the Creator is like.

... Once we were sitting at the dawn at the edge of the forest, when a big hare came close to us. One of us, already an elderly woman, who had never seen a hare before, though, cried out:

— Hey! Look! A nanny goat came to us! What a sweetie!

The hare ran off at a twenty meter distance and sat, staggering, moving its ears. A mute question was reading in its eyes:

— Why — a nanny goat?!

... In order not to offend hares and other animals anymore, I then prepared my friends to encounters like that: I showed to them traces of hares, foxes, beavers, and mice on the snow in winter..., told them what they ate, where they slept, etc. In spring we traveled to mating grounds to listen to the singing of woodcocks, black grouses, skylarks, lapwings, and curlews.

There we learned to embrace God with the hands of consciousness, stretched from our refined and expanded spiritual hearts.

At that time Sathya Sai Baba and Jesus in Divine Fiery Form were with us. Krishna, Babaji, Huang-Di, and other Divine Teachers often visited us then. Beautiful Surya illumined us like the Sun with Her wonderful Divine *Light* during overcast weather. Lada, Rada, and Elisabeth Haich — a former daughter of an Egyptian pha-

raoh — gave us Their Divine Tenderness. Don Juan Matus raised His hat in a greeting, while Genaro, David Copperfield, Apostles Philip, John, Mark, Andrew, Matthew, also Ptahotep, Lao, and many Others smiled shingly at us...

We loved Them all — and They loved us, paving the Path to Their common Abode for us — the Abode of the Universal Creator.

You are welcome to come *there* also! It is beautiful *there!* And there is enough room for everyone!

It is more than paradise!

True Revelation of the Apostle John, the Evangelist¹¹

God is Light!

This Living Light of the Divine Consciousness penetrates everything with Itself. And there is no such a place where this Light cannot penetrate.

It is everywhere! It is the Basis of life, and it is the Refuge for Those Who became *One* with It after the death of Their bodies.

Oh, this Light! It is so beautiful, so blissful and attractive, so pure and tender! I find bliss only in It, being It!

It is the subtlest Basis of the Eternal Life!

All human troubles and grieves step away if you enter this Light!

The One Who has cognized It and become It shines on the world with this Light, similar to the morning tender sunlight. From now on, He Himself scatters the darkness, and new souls awake to the True Life! And the

¹¹ Written down by Anton Teplyy in October 2009.

sprouts of love spring up in them, being warmed and nourished by the Light!

This Light gives Calm so blissful and all-penetrating!

I am dissolved in this Ocean of Blissful Light-Calm...

In this way, through the ages, Those Who have cognized the Light and became *One* with It exist. They exist being Bliss, Calm, Eternity, and Infinity...

... And on the surface of the multidimensional Ocean of the Absolute, the storms are raging: people — in chase of illusions — destroy the harmony and create the chaos and darkness...

But Those Who, for the sake of Their Eternal Love for the *Ocean*, always aspire to re-establish the peace and calm everywhere come from the *Depths*, incarnating Themselves into human bodies. But They cannot always stop human chaos. They sometimes sacrifices Their earthly lives, being swept away by the ignorance, and return to the Bliss of the Depths of *the Ocean* to come again later to incarnated people...

One of such Messengers of *the Depths* was Jesus, Whom I loved more than my life, and He gave me the Life!

We all loved Him endlessly!

He was simple and unpretentious, as simple could be a flower which gives its fragrance, nectar, and beauty, as simple could be a brook which nourishes with its water all incarnated beings.

At the same time, He was truly Great, as Great could be the Ocean from Which He came.

He smiled and the Light illumed all around! He carried joy, salvation, peace, and bliss! He carried comprehension, liberation, and purity! He gave us the Highest Subtlety of the Primordial!

What a pity that at that time we could not embrace completely and immediately what He gave us! Our “vessels” were too small then and not cleaned totally yet...

He dedicated His life to us, as well as to many others, so that we could clean our “vessels” and grow as the spiritual hearts.

He helped many people then. And He keeps helping now!

And let gratitude to Him be great!

Gratitude opens “the door of the soul” and He may enter then...

Bibliography

1. Avvakum — Life of Archpriest Avvakum, Written by Him, and Other Works of His. "Vostochno-Sibirskoye Knizhnoye Izdatel'stvo", Irkutsk, 1979 (*in Russian*).
2. Antonov V.V. — General Theology — the Science about God. "Reality", Saint Petersburg, 2002 (*in Russian*).
3. Antonov V.V. (ed.) — Spiritual Heart: Path to the Creator (Poems-Meditations and Poems-Revelations). "New Atlanteans", 2007 (*in Russian*).
4. Antonov V.V. — Sexology: Development and Regulation of the Reproductive System. "New Atlanteans", 2009.
5. Antonov V.V. — How God Can Be Cognized. Autobiography of a Scientist, Who Studied God. "New Atlanteans", 2009.
6. Antonov V.V. (ed.) — How God Can Be Cognized. Book 2. Autobiographies of God's Disciples. "New Atlanteans", 2008 (*in Russian*).
7. Antonov V.V. (ed.) — Spiritual Work with Children. "New Atlanteans", 2008.
8. Antonov V.V. (ed.) — Classics of Spiritual Philosophy and the Present. "New Atlanteans", 2008.
9. Antonov V.V. — Ecopsychology. "New Atlanteans", 2008.
10. Antonov V.V. — Forest Lectures on the Highest Yoga. "New Atlanteans", 2008.
11. Antonov V.V. — Bhagavad Gita with Commentaries. "New Atlanteans", 2008.
12. Antonov V.V. — Tao Te Ching. "New Atlanteans", 2008.
13. Antonov V.V. — Evolution of Consciousness. "New Atlanteans", 2008.
14. Antonov V.V. — Blessed Are the Pure in Heart! "New Atlanteans", 2008.

15. Antonov V.V. — What Is Truth? “New Atlanteans”, 2008.
16. Arnu A. — History of the Inquisition. “Evrasia”, Saint Petersburg, 1995 (*in Russian*).
17. Asov A.I. (ed.) — The Book of Veles. “Nauka i Religia”, Moscow, 1997 (*in Russian*).
18. Assman J. — Egypt. Theology and Piety of an Early Civilization. “Priscels”, Moscow, 1999 (*in Russian*).
19. Babaji the Unfathomable. “Libris”, Moscow. 1997 (*in Russian*).
20. Beyul E.A., Yekisenina N.E., Paramonova E.G., Lukasik I.S. — Vegetable and Fruits in Human Nutrition. “Medgiz”, Moscow, 1959 (*in Russian*).
21. Bonch-Bruevich V. (ed.) — Baptists, Beguny, Spirit-fighters, Leo Tolstoy on Skoptsism, Pavlovtsy, Pomortsy, the Old Believers, Skoptsi, Stundists. In: “Materials on history and for study of sectarianism and the dissent”, ed. by V.Bonch-Bruevich, Issue 1, Saint Petersburg, 1908 (*in Russian*).
22. Bonch-Bruevich V. — Stundists — Fasters, Free Christians, Spiritual Skoptsy, the Old Believers, In: “Materials on History and for the Study of the Russian Sectarianism and the Old Belief”, ed. by V.Bonch-Bruevich, Issue 3. Saint Petersburg, 1910 (*in Russian*).
23. Brunton P. — A Search in Secret Egypt, “Sfera”, Moscow, 1997 (*in Russian*).
24. Vardugin V.I. (compil.) — Myths of Extinct Civilizations: Traditions, Legends, Sagas. “Nadezhda”, Saratov, 1996 (*in Russian*).
25. Vivekananda — Practical Vedanta. Moscow, 1912 (*in Russian*).
26. Vlasov V.G. — The Slavic Alphabet and Slavic Enlighteners. “Znanie”, Moscow. 1989 (*in Russian*).
27. Gapon G. — The Story of My Life. “Priboy”, Leningrad, 1935 (*in Russian*).

28. Harmony through Vegetarianism. "Society for Vedic Culture", Saint Petersburg, 1996 (*in Russian*).
29. Gearasimenko N. — Vodka Is Ruining Russia. Newspaper "SPb-Vedomosti", November 6, 1998 (*in Russian*).
30. Gernet M.N. — Monastic Prisons. In: "Religion and the Church in the Russian History":192-206. "Mysl", Moscow, 1975 (*in Russian*).
31. Golubtsova N.I. — At the Beginning of Christian Church. "Nauka", Moscow, 1967 (*in Russian*).
32. Grekulov E.F. — The Church, the Autocracy, and the People. "Nauka", Moscow, 1969 (*in Russian*).
33. Grigulevich I.R. — History of the Inquisition. "Nauka", Moscow, 1969 (*in Russian*).
34. Grigulevich I.R. — Cross and Sword. The Catholic Church in Spanish America. "Nauka", Moscow, 1977 (*in Russian*).
35. Grigulevich I.R., Darusenkov O.T., Zorina A.M., Iskanderov A.A. — Studies on Cuban History. "Nauka", Moscow, 1978 (*in Russian*).
36. Guseva N.R. — Jainism. "Nauka", Moscow, 1968 (*in Russian*).
37. David-Neel A. — Magic and Mystery in Tibet. "Dyagilev Center", Moscow, 1991 (*in Russian*).
38. David-Neel A. — Initiations and the Initiated in Tibet. "Oris", Saint Petersburg, 1994 (*in Russian*).
39. The Philokalia. "Molodaya Gvardia", Moscow, 1992 (*in Russian*).
40. Dawling L.H. — The Aquarian Gospel of Jesus the Christ. "Society for Vedic Culture", Saint Petersburg, 1997 (*in Russian*).
41. The Life of Saint Issa: Best of the Sons of Men. In: "Around Jesus". "Society for Vedic Culture", Kiev, 1993 (*in Russian*).
42. Life and Work of the Holy Apostle Andrew, the First Called. Odessa, 1894 (*in Russian*).

43. Life of Constantine. In: "Story of the Beginning of Slavic Written Language". "Nauka", Moscow, 1981 (*in Russian*).
44. The Lives of Cyril and Methodius. "Kniga", Moscow, 1986 (*in Russian*).
45. Zhukovskaya N.L. — Lamaism and Early Religious Forms. "Nauka", Moscow, 1977 (*in Russian*).
46. Zabelin I. — The History of Russian Life. Vol. 1,2. Moscow, 1876-1879 (*in Russian*).
47. Zaborov M.A. — The Crusades. "AN SSSR", Moscow, 1956 (*in Russian*).
48. Zaborov M.A. — With Cross and Sword. "Sovetskaya Rossia", Moscow, 1979 (*in Russian*).
49. Zaborov M.A. — Crusaders in the East. "Nauka", Moscow, 1980 (*in Russian*).
50. Zubkova A.B. — Dobrynya — Byliny. "New Atlanteans", 2008 (*in Russian*).
51. Zubkova A.B. — Dialogues with Pythagoras. "New Atlanteans", 2008 (*in Russian*).
52. Zubkova A.B. — Divine Parables. "New Atlanteans", "New Atlanteans", 2008 (*in Russian*).
53. Zubkova A.B. (comp.) — The Book of the Born-in-Light. Revelations of Divine Atlanteans. "New Atlanteans", 2008 (*in Russian*).
54. Castaneda C. — The Eagle's Gift. "Na Vorobyovykh", Moscow, 1994 (*in Russian*).
55. Kinzhalov R.V. — The Culture of the Ancient Maya. "Nauka", Leningrad, 1964 (*in Russian*).
56. Kiroson P., Kalinovskiy P. — Witnesses of Immortality. "Fair", Moscow, 1995 (*in Russian*).
57. Knorozov Y.V. — The Pantheon of Ancient Maya. "Nauka", Moscow, 1964 (*in Russian*).
58. Cullen B. (compil.) — The Book of Jesus. "Polus", Saint Petersburg, 1997 (*in Russian*).
59. Ledinskiy N.P. — The Meeting of the Limits. Saint Petersburg, 1998 (*in Russian*).

60. Lee G.Ch. — The History of the Inquisition in the Middle Ages. "Brokgauz-Efron", Saint Petersburg, 1914 (*in Russian*).
61. Losinskiy S.G. — The History of the Inquisition in Spain. "Brokgauz-Efron", Saint Petersburg, 1914 (*in Russian*).
62. Liorente H.A. — A Critique of the History of the Spanish Inquisition. Vol. 1,2. "Sotsekgiz", Moscow, 1936 (*in Russian*).
63. Melgunov S. — The Old Believers and the Liberty of Conscience. "Narodnoye Pravo", Moscow, 1907 (*in Russian*).
64. Melgunov S. — The Great Zealot Archpriest Avvakum. "Tovarischestvo I.D.Sytina", Moscow, 1907 (*in Russian*).
65. Melgunov S. — The Church and the State in Russia. "Tovarischestvo I.D.Sytina", Saint Petersburg, 1909 (*in Russian*).
66. Mason P., Laing R. — Sathya Sai Baba, the Embodiment of Love. "Society for Vedic Culture", Saint Petersburg, 1993 (*in Russian*).
67. Ovsyanniko-Kulikovskiy D.N. — Religion of Hindus in the Epoch of Vedas. In: "Vestnik Evropy", Book 4: 662-696, Book 5: 216-242. Saint Petersburg, 1892 (*in Russian*).
68. The Way of a Pilgrim. "Sofia", Moscow, 1999 (*in Russian*).
69. Perkins M., Heinsworth F. — The Bahai Faith, Moscow, 1990 (*in Russian*).
70. Petryaev V.N. — The Secrets of Tibet. "Kharvest", Minsk, 1998 (*in Russian*).
71. Popov V.A. — I.S.Prokhanov: Episodes of Life. "Biblia dlya vsekh", Moscow, 1996 (*in Russian*).
72. Rajneesh — The Rajneesh's Bible. "Libris", Moscow, 1994 (*in Russian*).

73. Rak I.V. (compil.) — Avesta in Russian Translations. "Neva", Saint Petersburg, 1997 (*in Russian*).
74. Rampa L. — Caves of the Ancient. "Sofia", Kiev, 1994 (*in Russian*).
75. Religion of Sikhs. "Feniks", Rostov-on-Don, 1997 (*in Russian*).
76. Rudnev V.A. — Historical and Cult Places of India. "Nauka", Leningrad, 1980 (*in Russian*).
77. Rukavishnikova N.F. — The Chariot of Jagannath. "Nauka", Moscow, 1983 (*in Russian*).
78. Sventzitzkaya I.S. — Early Christianity: Pages of History. "Politizdat", Moscow, 1989 (*in Russian*).
79. Solovyov S.M. — The History of Russia since Ancient Times. "Sotzialno-Ekonomicheskaya Literatura", Moscow, 1959-1062 (*in Russian*).
80. Spasskiy A. — The History of Dogmatic Movements at the time of Ecumenical Councils. Sergiev Posad, 1906 (*in Russian*).
81. Speranskiy N. — Witches and Witchcraft. Moscow, 1906 (*in Russian*).
82. Starnden D.V. — The Forgotten Side of Christianity. The Secret of Christ. Saint Petersburg, 1911 (*in Russian*).
83. Thus Spoke Buddha. "Society for Vedic Culture", "Ilona", Saint Petersburg, 1991 (*in Russian*).
84. Terapienko Y. — Mazdeism. Contemporary Followers of Zoroaster. "Sfera", Moscow, 1993 (*in Russian*).
85. Teplyy A.V. (comp.) — The Book of the Warrior of Spirit, "New Atlanteans", 2008 (*in Russian*).
86. Farrar F.V. — The Life of Jesus Christ. "Nachalnaya Shkola", Moscow, 1987 (*in Russian*).
87. Hayat D. — Life and Love after Death. "Nika-Center", "Octopus", Kiev, 1997 (*in Russian*).
88. Khan H.I. — The Teaching of Sufis. "Sfera", Moscow, 1998 (*in Russian*).

89. Haich E. — The Initiation. "Sfera", Moscow, 1998 (*in Russian*).
90. Hall M.P. — Adepts. "Sfera", Moscow, 1998 (*in Russian*).
91. Church in the Russian History (IX century — 1917). Critique Studies. "Nauka", Moscow, 1967 (*in Russian*).
92. The Church of the East, Its History and Rituals. "Rodina", #3: pp.26-31, 1991 (*in Russian*).
93. Shyam R. — I Am Harmony. The Book about Babaji. "Peace through Culture", Moscow, 1992 (*in Russian*).
94. Blofeld J.E. — The Tantric Mysticism of Tibet. "Dutton", N.Y., 1970.

Our video films:

1. *Immersion into Harmony of Nature. The Way to Paradise.* (Slideshow), 90 minutes (on CD or DVD).
2. *Spiritual Heart.* 70 minutes (on DVD).
3. *Sattva* (Harmony, Purity). 60 minutes (on DVD).
4. *Sattva of Mists.* 75 minutes (on DVD).
5. *Sattva of Spring.* 90 minutes (on DVD).
6. *Art of Being Happy.* 42 minutes (on DVD).
7. *Keys to the Secrets of Life. Achievement of Immortality.* 38 minutes (on DVD).
8. *Bhakti Yoga.* 47 minutes (on DVD).
9. *Kriya Yoga.* 40 minutes (on DVD).
10. *Ecopsychology.* 60 minutes (on DVD).
11. *Yoga of Krishna.* 80 minutes (on DVD).

You may order our books at Lulu e-store:

<http://stores.lulu.com/spiritualheart>

and at Amazon:

<http://astore.amazon.com/spiritual-art-20>

On this page you can find also information about ordering our films.

You can also download for free our video films, screensavers, printable calendars, etc from the site:

www.spiritual-art.info

See on the site www.swami-center.org our books, photo gallery, and other materials in different languages.

Our other websites:

www.teachings-of-jesus-christ.org

www.pythagoras.name

www.atlantis-and-atlanteans.org

www.path-to-tao.info

www.new-ecopsychology.org

**Design by
Ekaterina Smirnova.**