

**INFORMATION REGARDING CALLS PRESENTED AND/OR SUPPORTED BY
2013 RAINBOW ROUND TABLE**

I TO ACCESS THE THREE WEEKLY CALLS via the Internet

A BBS RADIO Go To www.bbsradio.com ; click on Talk Radio Station #2; click on "64K Listen"

Thursday: 9 pm – 12:00 pm EST ***Stargate Round Table*** **Host: Marietta Robert**

Friday: 9 pm – 2 am EST ***Friday Night Hard News*** **Hosts: Tara & Rama**

Saturday: 2:30 pm – 2 am EST ***History of our Galactic World & NESARA T & R***

Friday, Saturday: From **10 – 11 pm EST**, for one hour, the call moves to the Conference Call Line [8-9 pm MST **1-209-647-1600** pin 353 863#] and then returns to BBS Radio.

- Use the following phone numbers to ask questions or make comments during the radio show.
 - 530 – 413 – 9537 [line 1]
 - 530 – 763 – 1594 [line 2 & 3]
 - 530 – 746 – 0341 [line 4]

- **BBS Toll Free # in Canada, US** 1 – 888-429-5471 This # picks up the first available line.

B Conference Call: 1-860-970-0300

Thursday PIN #	87 87 87#
Friday PIN #	23 23 23#
Saturday PIN #	13 72 9#

BBS Phone Line: 1-716-748-0144 NO PIN REQUIRED: **this line is very, very clear!**

C Skype: **BBSradio2**

D Archives for the 3 Programs listed above:

- To access the **FREE BBS archives** for any of these programs:
 - Go to *BBSRadio.com/ Station 2*; scroll down; click on **Live Talk Radio Shows**
 - Scroll down to **Saturday History Call with Tara and Rama**, and click on **"Library Archives"**
 - Click on those words and you will be taken to the listing of all program archives, the latest one being at the top.
 - You can download the program to your own computer or listen directly.

- The **2013 website also has an archive section:**
<http://2013rainbowroundtable.ning.com/> look under the "Archives" tab for written notes.

II TO ACCESS OTHER CALLS SUPPORTED BY 2013 Rainbow Roundtable

A Sunday, Mondays: 9 – 10:30 EST ***Cheryl Croci's Activation Calls***
By telephone only: 1 – 605-475-5950; PIN 9467441#

**B Tuesdays, 2nd & 4th of each month:
9:00 – 10:30 pm EST** ***Ashtar on the Road***
Host is Fran; Susan Leland channels Ashtar & others
www.Ashtarontheroad.com

- Phone Number: 1 – 559 – 726 – 1300; PIN 972400##
- Call is free [except for long distance charges]
- Can also listen to the call via Skype

C Wednesdays: 7:00 – 9:00 EST ***The Friends of The Aboriginal Moabite Nation Call***
By telephone only: 1-712-432-0900 PIN 666238#
Replay # [good for 1 week] 1-712- 432-0990 PIN 666238#

Opening Meditation: Cheryl Croci

Housekeeping: Rainbird

- BBS:**
- A listener-supported radio program; we can access program archives on BBS
 - The radio program costs \$300 per week; **this week, we need \$ 300**
 - Everyone doing a little helps a lot - **many thanks to everyone for paying it forward!**
 - Go to BBSradio.com/Station2; find the listing for True History call; find the **Paypal** button
 - BBS appreciates getting checks through the mail – no fees taken off by Paypal
 - **NO COST TO ACCESS BBS ARCHIVES** for either of the 2 T & R PROGRAMS, or the Thursday night program or MariettaRobert's Stargate Round Table
 - The mailing address for those who do not like paying electronically:
BBS Network, Inc. [Please put **"Attention Don"** on the envelope.]
5167 Toyon Lane
Paradise, CA 95969
 - Sending a check to BBS means all your money is received; using Paypal incurs a fee.
- T & R:**
- Their full-time, life time commitment is to be tuned in to what is really going on behind the artificial world we see around us. They don't ask for anything but they do require food, gas, a home, and access to BBS Radio on order to get the information out.
 - **This week** they need food money, gas money, and some money for bills [\$ 300]
 - **THEY ALSO NEED ANOTHER \$650 FOR THE RENT – BY MONDAY.**
 - We can donate via the Paypal button on the **homepage of 2013 Rainbow Roundtable**
 - **Please notify them if you're sending something:** koran999@comcast.net
 - Rama's mailing address for cheques, Money orders:
Ram D Berkowitz
1704 B Llano St, # 249
Santa Fe, NM 87505
 - **phone contact** is via MariettaRobert Pickett: 317-773-0061
or by e-mail: stargatemarietta@gmail.com
 - **Remember you can book a session with Mother, as well!**
- MR:**
- Please remember to support MariettaRobert's show, too
 - **You can also book a session with MR for a transformational clearing.**
- T:**
- **if you have any trouble hearing, that means there is an issue with the sound and it is an emergency - so call this number: 1-888-429-5471**
 - **if you cannot get through,** use this # 1-888 – 710-8061

Intro Notes

- The following audio link allows you to listen to the entire program.

<http://bbsradio.com/podcast/true-history-march-5-2016>

- The **new number for the Conference Line: 605-475-1600**
Press #2 in order to reach BBS Radio
 - for an hour, 8 – 9 pm MST, every Friday, Saturday
 - for the rest of the show, it's BBS Radio for those with computers, or for those without - 1 - 860 - 970 – 9300; pin codes are listed on page 1
 - **if you can't hear on the 860 number, call 1-716-748 – 0144 out of Texas:**
this gets you straight into the BBS radio program which is very clear.
 - There is no PIN CODE; you can only listen – and you can hear BBS Radio 24/7.

HARD NEWS

- Happy Month of the Goddess! [International women's Day]
- Story about a priest who went out of his body and found out that god is a female!
- Cheryl did some work with the earth goddess: some suggestions that there may be some quaking done in the Ring of Fire -

Camp Lovewave

- They were talking about the so-called election which is more of a selection in the sense that until Citizens United is gone, and money is gone from politics, there is an issue: the only real choice is Bernie as he is the only one making logical suggestions that will help to bring us back into balance with the goddess at this time.
- Also about Bill Maher last night laying it out about Mr Hair: as you want peace, vote Bernie; as you want the war machine to keep on going, vote Hillary
- Snowden's files on Hillary are out, but are redacted!
 - Looks like Valerie Plame's book that describes what she went through - **Fair Game** - is mostly redacted – completely blacked out

Left, Right and Centre: Robert Scheer called out the Republicans: he lit into the republican female strategist Dana ?? who was on the show today: said she was supporting Trump

- Robert told her that as she voted for Trump, she was sending black people, Mexicans to the ovens. She said she was not voting for that! She used to be on dylan Ratigan show along with Karen – SOMETHING IS UP IN THE ZOO TO HAVE SUCH A CONVERSATION ON RADIO!!!
- then he went on: if you're not supporting that, then vote for Bernie – she was trying to say she didn't have much choice! He went on to say that the Bushes, the Trumps, the Republicans – **they all did 9/11**. Her response was that he did not: George kept us safe.
- Robert replied that with all due respect, he did not keep us safe: we are in the mess we are in because he lied his way and all us into war. The crime for that is high treason and d he needs to be tried for war crimes. No more out of her!

T: when you hear things like this, it's a sign something that is up!

R: names being thrown around like Mitt Romney and Speaker Paul Ryan throwing his hat in the ring at the last second at the brokered convention; as you bring the Frankenstein monster home to roost, it's what the Republicans created!

- he does not know where to go with these threads, as they are major distractions from the other issues which are monumental and uplifting.

Camp Lovewave's Teran:

- we are in the very last stages of the Kali Yuga cycle even though Sat Yuga has begun even those these guys battle it out:
- As Lady Di and Dodi said yesterday: Trump has been put into the story as they play out a Revelations kind of scenario – **it has been cancelled: NO Armageddon!!!**
- An actor Kurt Cameron made a series of videos: it's essentially christian propaganda about the end times and people being left behind, the revelations story and the coming of the anti Christ: Trump is the perfect wealthy billionaire/wealthy investor/ industrialist who comes mysteriously into the sphere of influence.
- Teran brought up how the Anti-christ in these movies gets a wound in the head and mysteriously comes back from death
- yet the dark side, the 13 families and the ancient life forms are failing every day in their energy, whether we see it or not: this is why the ascension symptoms are so intense to the point that people land up in the ER! We have to STAY CALM in the midst of such insane stories

Tom the Cat: today, he talked of the fact that some F2ers are pushing the idea of Gen Dunford being in the Oval Office & Obama is just a show card in the mix of the corporation – **B S!!!**

R: Dunford is one of the Joint Chiefs of Staff AND IS NOT THE PRESIDENT: Mr 19.5* is Commander in Chief – this story has to do with Mars & Comdr Korton aka K17; Lord Monca of Ashtar Command; Cmdr Soltec – this is how deep the story goes.

- as you want to know how deep Hillary's e-mails go, they go all the way to Cosmic Clearance like Master Sgt Dean talks about: everything circles back to what ET Corey, Greer, Bassett, Michael Salia, the Disclosure Project, and others are all pushing Hillary to talk about the Rockefeller Initiative: when you play in these circles, you have to know how to dance in circles with the white dragons who know how to dance within the circle – Mother who knows how to dance, too but she doesn't play games with double talk.
- They want absolute control of this local universe of Nebadon and the Universe has said NO; Gaia/Vyamus have said NO –
- the planet, the galaxy, the universe are living beings in combination with all of us joined in Unity Consciousness. It's a mind game of galactic and inter-galactic proportions - when you play in the realms of the gods: think of *the Guardians of the Galaxy* and the one who wants the gauntlet of power: it ties in with sidereal technologies the ancient war weapons that go back to the Mahabarata & are now being found, and as the military is exploring some of these ideas behind the scenes using the black budget \$ that deals with the ABC agencies which are far more nefarious than what Will Smith describes in *MIB*
- He explains it in terms of people sometimes ending up in debtor prisons – a PRIVATIZED PRISON where people are locked in and forgotten, and those in charge do with you what they will - some of the ones who fall between the cracks will volunteer to serve time and become super soldiers to get out of the prison hell hole – they get experimented on
- In a certain way, they do stuff so they can say what has been going on with the young men and women who disappear with no explanation – to pursue it to the VA gets you blank stares and further pursuit can get you dead.

- Miss former Arkansas wrote her memoirs – Bill Clinton was so-so in bed and danced around in her nightie playing the Sax - the author is afraid – as her book comes out, will the Clintons come and kill her? Like Michael Hastings and others . . .
- As Bernie and Bernie's wife: get out there & add your voice: if you are led to show up at a Trump rally as James Tymm who showing up at a Trump event and have people meditate

Big Will: status of Hillary Clinton and e-mails: understands her aid has been given immunity in order to testify against Hillary – this happened 2 days ago

R: has to do with how the Justice Dep't has been compromised

T: yes, Loretta Lynch is compromised: won't talk about putting the banksters - cannot do anything against the 13 families – until they are all arrested, others get killed if they speak against the 13 families – and they won't stop until the plug is pulled!

- an important call with Caroline Oceana Ryan on Thursday night: the big question is WHEN, WHEN, WHEN? what is happening is according to divine timing and they cannot tell us "when": if they say anything, it changes the time line. WE are waking up from a long sleep - 456 Billion years worth of a long sleep! - and we asked to do this and not have our free will interfered with.
- There is some divine intervention going on now AND THERE IS ALSO DIVINE TIMING
- This is the same Reason as is also why T & R cannot receive any money from F# because it would affect the timelines, as Fe is on galactic timelines
- T recalls an episode on Star Trek:

Big Will: he does understand [the point of her story]

- Just recently, talk about black boxes & satellites that activate them around the world

R: the black boxes are connected with the satellite called The Black Knight – has to do with the story of Nibiru coming in, as well as the Sphere Alliance and all other contingency forces

- if you see a black box, don't get too close to it: it will emanate a force field – it is self-aware and sentient, and it will send out a beam and then you are not here!
 - This stuff is not to play with! It has to do with containing the 13 families
 - some of them are monitoring probes which are checking our atmosphere, our water – all of that which has to do with how our planet is made up – all life forms.
 - If something is amiss, the black box has a way of self-correcting the frequencies that have gone awry – there is probably a timing, processor chip in the box which is hooked up the amino acid, sentient mother computers on the ships

Big Will: recent news about Malaysia Flight 370: there was a piece of the tail or something – it's a phony story?

R: Yes, the people and staff are completely safe. Any parts being "found" are planted, as those 'in charge' are still trying to find an explanation that covers over the idea that there exist portals and vortexes and stargates that open and close

BW: the 139 passengers and crew are in save and good hands?

R: YES! In the safest of hands

T: this is an honouring time of the goddess in all shapes and forms

- Tulsi G resigned from the DNC so she could vote for Bernie and disengage from Debbie Wasserman Schultz – Rachel had a good interview with her this week
- News about David Duke & KKK – a while ago, they read a list of who was associated with the KKK and their activities
- on The last Word, talked about Robert Byrd who was denounced by the Republicans; just before he died, he stepped across the aisle and voted for Obama – gives us hope

Reading: <http://www.portaltoascension.org/our-true-world-history-disclosed/> **[SEE BELOW]**

**Audio: Coast to Coast - George Noory and Steve Quayle: vimana in Afghanistan Cave
Published May 5, 2015**

SECRET 5,000 Year-Old Vimana FOUND! [Coast To Coast AM]

<https://www.youtube.com/watch?v=Ryo9z9XjFbo>

"It looks like in 2010 the U.S. Military discovered an ancient cave in Afghanistan. The cave contained a 5,000 year old spacecraft known as a Vimana. It wasn't easy but we removed the Vimana and transported it back to the USA - Dallas Fort Worth International Airport. NASA has a research area there. By looking around the cave, we have discovered that the Vimana belonged to the Prophet Zoroaster. The Galactic Federation / Andromeda Council found out about it and asked that it be surrendered to the Galactic Federation or else! We refused and tried to reverse engineer it."

Reading: Harriet Tubman's Biography **[SEE BELOW]**

Harriet Tubman escaped slavery to become a leading abolitionist. She led hundreds of enslaved people to freedom along the route of the Underground Railroad.

Reading: 2016-02-10 Why Hillary Clinton Doesn't Deserve the Black Vote **[SEE BELOW]**

From the crime bill to welfare reform, policies Bill Clinton enacted—and Hillary Clinton

supported—decimated black America.

By **Michelle Alexander**

Please listen to T's reading of this article, and hear her commentary.

Audio: 2016-02-02 Phyllis Bennis: Understanding ISIS

<https://www.youtube.com/watch?v=x0dABKLvx5o&feature=youtu.be>

Published on 19 Feb 2016

The global reign of terror and violence from ISIS continues to intensify, despite significant advances from the United States and other nations. With the increased frequency of these attacks and their public displays of defiance, understanding the somewhat mysterious origins of ISIS is crucial. Phyllis Bennis (fellow at the Institute for Policy Studies, author of Understanding ISIS) pulls back the curtain on this organization and its relationship to the war in Iraq. She explained how the United States became so wrapped up in this conflict, and address the underlying question on many minds: "Can you really go to war on terror?"

Thanks to Seattle Town Hall, University Bookstore, and and the Rachel Corrie Foundation for Peace and Justice

Musical break

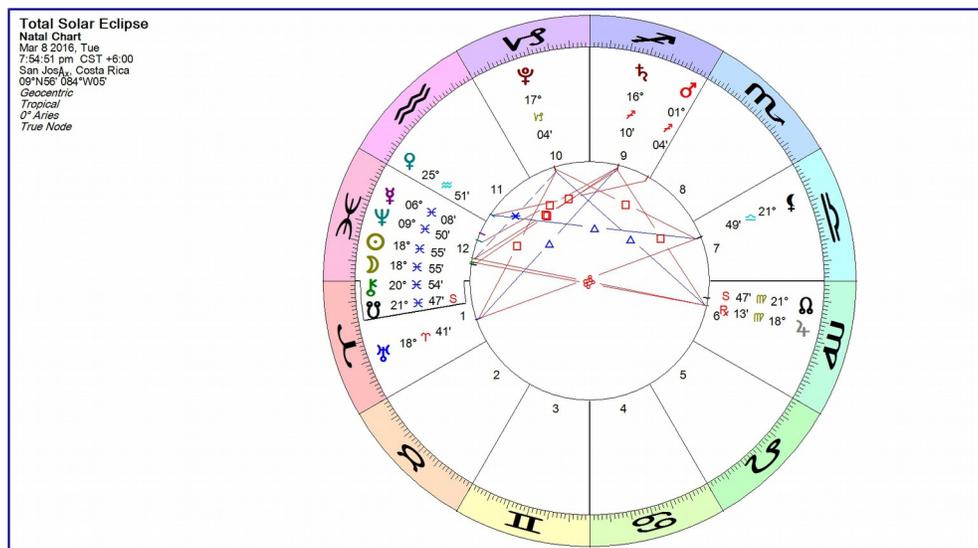
ASTROLOGY

The Pele Report

https://youtu.be/f_GZxFbfYMs

[click here to download/listen to the Pele Report mp3](#)

When I am truly able,
To let go of all the ego,
I'll feel the flow of the river,
And be one with all of nature.



Total Solar Eclipse, Tuesday at the 19th degree of Pisces! Wow! What does that mean? LOTS.

As I attempt to explain in this report, it is about becoming more and more aware of our illusions and self-delusions that are based on a limited sense of self (ego versus infinite spirit) so we can let 'em go! If we don't get stuck in the process of discovering that we blew it, missed it, ignored it etc. which brings us down on ourselves, then we can forgive, accept, let go and ride the wild river of Life!

I used myself as an example in the report to show that there is layer upon layer upon layer of beliefs, fears, and illusions influencing our choices every moment. The node/Jupiter in Virgo is saying that the more we dig beneath our "reasons," the more we may discover that they are totally unreasonable, paranoid, programs that are not who we ARE anyway. Then and only then can they be let go... because they are no longer driving us from the unconscious since we have shed light down there and become aware.

It is an exciting time with many things changing, expanding, and manifesting! Virgo, holding her wheat, has long been a sign of the harvest, and Jupiter there promises big returns for our efforts. The more we can include, as in relinquishing some control, tolerating some chaos or the unknown, the more we may be pleasantly surprised. Don't be fooled. Knowingly allow, observe, and enjoy. Namaste!

Richard:

today: sun in 6* Pisces, eclipse is in 19* Pisces this is the last sign in the zodiac

Reading from Dane Rudyer: sets the scene as part of the explanation of what is happening
Then reads about several degrees in Pisces

Gets to 1* Aquarius – a mental aspect, air element – it's about contribution - "the power inherent in all great human works to endure beyond the worker's life span"

Before he died, Dane Rudyer wrote his book about what he discovered/learned. His dates: March 23, 1895, in Paris – September 13, 1985, in San Francisco.

PLEASE LISTEN TO THE READINGS, as Richard adds his own commentary too.

Reading: 2016-03-03

Planet Alert March 2016 [Mahala](#)

[SEE BELOW]

CONFERENCE CALL

Toryana: Monday is the night you celebrate Lord Shiva because he swallowed the poison for the world – Shiva Rotri

Another Caller: having an argument with someone who does not believe that chemtrails are a fact – nor about geoengineering; she went to Operation Disclosure & found a huge article and lots of photos and describes one of them: some people just do not want to believe about the dark side. The person she was talking to knows about airplane construction and has never seen a plane with the pipes at the back of them – but that is what is in one of the photos she found.

T: can see rain coming down and then the planes with the chemtrails go by, and the rain disappears – and the guys doing it are programmed to the skies.

Caller: they took away the rain today too.

LYN: get the person to go to (1) Geoengineering and (2) kristenmegan.com – she turned whistleblower after having seen so much while involved with geoengineering & related material.

T: the Ring of Fire is much alive at the moment

Caller: discussing Kaypacha's conference to be about medical astrology in San Juan, Costa Rica

T: looks a beautiful place yet there is lots of clear cutting going on – we are at the place now where we will heal this, and Mother has also said it only takes a month to clean up the whole thing – and a whole bunch of new plants etc –

- Fourfeathers was saying that they are holding back on bringing all the energy in because if people are not ready, they can be taken out by the energies: need an open heart. Have worked with the trees and those that used to take hundreds and hundreds of years to reach maturity now take only 100 years. It looks like the dark ones have succeeded in their destruction, yet now if we can grow a tree in 100 years, we will be returning the jet stream back to its regular path in no time.

T: continues reading the rest of Mahala's astrology report.

Rainbird: talks about Dr Keshe's talk on Thursday- he described how to make gold out of almost any metal; gave the recipe and process – the radioactivity in your microwave is enough to do the trick. Has been giving instructions since October – reminds her of a replicator: can make a plasma out of almost anything. Then put the plasma in a tube and put it in a glass of water – can make your own food, electricity, other things. It's a very tangible – he's about the science of this and when he talks of the process of precipitating gold: said it was discovered by one of his people who went to Fukushima – using the mercury precipitated the gold and now Japan is rolling in gold but they don't want people to know about it.

- Some other news that RB just learned this week: they tried to plant pedophiles in the classes to make a scandal to take Keshe down; when Keshe found out that this guy was part of a pedophile ring in Utah, he called in the FBI, Interpol: the guy was arrested [the one who had infiltrated Keshe's organization] – K said the space program is full of people like that.
 - The FBI, Interpol has been working with Keshe & he talked about it, and also about the rules in place for the organization and in the end he said it was Interpol's idea to do this –
 - His way of communicating and teaching, he is so calm and told everyone to pray for the dark ones & love them. He is for humanity – it's about bringing humanity to higher consciousness and a huge part of his teaching is about healing for the people.
 - He said you can walk on the street, pick up a nail and turn it into gold!
- Go to **You tube:** put in **Keshe Foundation** and you'll see a list of the youtubes – just click on their foundation and find a SSI

T: wondering how they get past Black Ops

RB: he did mention that he's had to move his family into exile about 3 times; he needs support in the Circle of Support.

T: talks of all the stuff that is spoken of on the TV and there is stuff that just goes – how to

reverse the gestapo mentality

RB: an earthquake on Feb 29th a few miles away – heard it on the news. But she dreamed it first: she fell asleep during the meditation and she saw the rocks falling! She didn't think she'd been in an earthquake and it was the next day she found out.

RB: Keshe is showing us how to get food out of thin air! Put an orange on a glass and get the nutrition of the orange without eating it – can use it again.

Reading: [Significance of Shivaratri](#)

[SEE BELOW]

BBS RADIO

Audio: 2016-02-02 Phyllis Bennis: Understanding ISIS

<https://www.youtube.com/watch?v=x0dABKlvx5o&feature=youtu.be>

Published on 19 Feb 2016

Audio: Max Keiser

[\[KR884\] Keiser Report: Bankers and miracles](#)

<https://youtu.be/0Qy8bhu0oGE>

We discuss central banks trying to perform monetary miracles whilst chained to the ground by a stubbornly real economy. In the second half Max interviews [Sandeep Jaitly](#) of [FeketeResearch.com](#) about the fact that the unusual negative gold forward rates (gofo) had, in fact, signaled the dark ages of negative interest rates – something all thought impossible at the time gofo was warning us otherwise.

T: explains what has happened at BBS in terms of technology: a storm!

Audio: 2016-02-11 Ted Rall: Bernie Sanders, A New Political Era

<https://www.youtube.com/watch?v=w-HZDYgQMwo&feature=youtu.be>

Bernie Sanders has tied Hillary Clinton in Iowa and trounced her in New Hampshire, making his chances for a Democratic nomination stronger every day. What would a Sanders nomination mean for the future of the Democratic party? Locally, Kshama Sawant has shown that electing a socialist is possible, but is America ready for a democratic socialist president? Political cartoonist and cultural commentator Ted Rall (Snowden, Billionaires & Ballot Bandits), who once called Sanders “the other great liberal hope,” brings his trademark insight to Town Hall for an exploration of Sanders’ history, his liberal platforms, and what left-leaning tendencies he would bring to the White House. Rall will also offer a glimpse at his new graphic novel Bernie and “what his campaign means to you.”

Thanks to Seattle Town Hall and University Bookstore
Recorded 2/4/16

Reading: HHC – The Dalai Llama's Cat

Closing: Rainbird

Music: an event Live from Lincoln Centre – Andrea Bocelli, Rene Fleming, Jamie Barton, et al

**From Bocelli to Barton: The Richard Tucker Opera Gala
Friday, February 5 at 9 PM ([check local listings](#))**

<http://video.pbs.org/video/2365658494/>

A perennial highlight of the opera season returns to PBS with a star-studded galaxy of great voices. This year, Renée Fleming and 2015 Richard Tucker Award winner Jamie Barton are joined by Andrea Bocelli, Angela Gheorghiu, Lawrence Brownlee, Christine Goerke, Isabel Leonard and Piotr Beczala, along with the fresh new face of Nadine Sierra.

Learn more about this performance in the [Program Notes](#).

INFORMATION RELATED TO THE NOTES

2016-03-05 [True World History Disclosed](http://www.portaltoascension.org/our-true-world-history-disclosed/)

<http://www.portaltoascension.org/our-true-world-history-disclosed/>



What if I told you that the world as we know it and what we have been told for generations, and passed down in our history books and schools wasn't true? It is said that humans were primitive and evolved to the state that we are at now... that we have never been as technologically, physically and emotionally more advanced as this moment in our evolution. Archeologists have painted a picture over the last 100 years of how we evolved from an ape like man into hunter gathers and then with the introduction of agriculture we began our advancement into the modern age. I am here to tell you now that that is all incorrect and there is more evidence about to come out and hit the mainstream outlets that will disrupt the commonly accepted timeline and shift our awareness to a greater understanding of who we are and where we came from. The truth is we are not the most advanced civilization who has ever walked on Earth. Humans have walked this planet for 100's of millions of years, ancient civilizations have been completely wiped out without a trace, technologies that we cannot even fathom have existed and space travel was a common factor in society. However, there still are clues left by these ancients about their existence, as well a message for our society waiting to be heard.

For some time now, within esoteric communities and spiritual scriptures, we have been finding stories of ancient civilizations such as Atlantic and Lemuria. Lemuria has been told to have been destroyed around 12,900 years ago and then Atlantis to follow approximately 9,000 years ago. These technologically superior groups of individuals had the ability to connect to a state of consciousness and have constant communication with the Earth and the cosmos around them. They acquired the technology to travel in space and had trade agreements and alliances with Extraterrestrial races. They were the pinnacle of humanity's endeavor to expand their awareness to a level that ushered in peace and unity on the planet. After 1000's of years in Existence ancient

Lemuria was destroyed by an asteroid that exploded in Earth's atmosphere and rained down over the inhabitants of Lemuria. Few survived making their way and resettling after many years into Atlantis. The comet that destroyed Lemuria went into an elliptical orbit around our sun and a few 1000 years later came back while Atlantis existed (during the ice age) and destroyed their civilization and melting huge amounts of ice creating a worldwide flood ending their lives, technology and any trace of their history. Again humanity went into darkness, until they reemerged soon after in Ancient Egypt. **SIDE NOTE:** The flood spoke of here is the exact same flood mentioned in Holy Scriptures worldwide, aka Noah's Flood.

We are told that Ancient Egypt dates back to around 3,000 BC and this is accepted by the world since it is the established view of the mainstream. However, did you know that we are unable to carbon date rock? Since we are 'in the future' many citizens of the Earth take the word of scientists in dating humanity since we have tools to measure this. Egypt's past, however, is immeasurable. The rock does not allow us to come up with a certain exact date. We are able to carbon date papyrus, but the papyrus could date back to the last inhabitants of the pyramids, not the original creators. What does this mean for me? You may be asking. Well... what if we have been lied to? What if there is a deliberate or even unconscious cover up of our true history because we cannot perceive and see the signs that have been left to us from the ancients.

The Sphinx of Egypt shows signs of immense erosion and also reconstruction on the face to portray a human face. We have found within hieroglyphic scriptures that the face of the Sphinx used to be that of a lion. The Sphinx was built when the constellation of Leo was predominant in the sky and the zodiac the Earth was currently passing through at the time. Currently we are in the Piscean age (since the year zero) and we are moving into the Aquarian age. The last time the Earth was in the age of Leo was about 9,000 years ago and the Sphinx was facing Leo directly at that time. This tells us that we are about 5,000 years off in dating the beginning of Egyptian civilization. The Egyptians, therefore, existed in a time that we have been told humans were very primitive. We now know that is not the truth. Additionally, Ancient Egypt just popped on to the scene without any evidence of evolution or the growth of the primitive man in the area to the dynasty of Egypt. They appeared out of nowhere. If that is not enough, we just found that there is a hidden hieroglyph that you can point out when looking at the pyramids from space... a measurement of our solar system and a star far away from our planet. The hieroglyph states that the measurement of the pyramid is one earth cycle around the sun (365.25 days), furthermore, the amount of stones in the great pyramid is 2.3 million stones. The message states that the city in the stars originates 2.3 million Earth cycles around the Sun away from Earth. This takes us to a star in the Andromeda galaxy that is exactly 2.3 million light years away from Earth.

As mentioned at the beginning of this article I stated that this awareness has been kept in esoteric and spiritual scriptures; therefore, there has always been an argument for lack of evidence in order to redefine the time line. But this evidence was found... archeological digs have found skeletons on non-human remains, some dating back to over 200,000 years ago. But what evidence is there about these Ancient Civilizations that connect them back to the timeline we have been finding. Before we get into this we need to briefly discuss the scientific mindset of the mainstream and why this information has not been released.

of the potential for different possibilities. Furthermore, those possibilities and alternative view of the Earth becomes taboo that will bring ridicule and end your career within the sciences. One such a taboo is the possibility that there was a comet that hit the Earth and ending a great civilization. Archeologists have been finding, for quite some time, evidence of a great impact on Earth. Last year, 2015, was a huge year for gaining momentum and support within the alternative archeological movement to present this evidence to the world... and this year is the year it will be disclosed. So... when dating back this cataclysmic impact what date do we find? This comet hit the Earth about 12,900 years ago... the same time as the fall of Lemuria. Furthermore, there was another impact we have now proven occurred... the date for this? 9,000 years ago... the same date range as the estimated fall of Atlantis. Is this a coincidence or are we beginning to discover, within physicality, the true, vast and verifiable history of our planet?

This article is a call out to all humans. WAKE UP! The time is now to break free from our comfort zones and demand the truth. The truth will not always come from the top down... grassroots movements and awareness from the masses will create a shift in consciousness. Yes. We have been lied to, manipulated, controlled and we forgot our true selves. This has happened 1000s of times... with 1000's of advanced human civilizations that are completely and entirely lost to man without a trace of information about them. We have done this before and it seems to all be within a 26,000 year cycle of the procession of the Zodiac. This procession reflects the state of consciousness humanity will be in at any given time during the cycle. If we are aware of this and look at all the proof around us we can heed the warning. The warning isn't that of doom and gloom... but hope, a message to wake up and treat others and our mother Earth with love and respect and break free from the cycle of darkness and light we have been in so that we can transcend and live in harmony with all of the Universe once again. This is a call to all of you. You are reading this article because you are one of the people that will go out and assist in this awakening process... we both know that there are no coincidences and the soul contract you made before incarnating is presented before you now. It is your choice... it is our choice! Do we uplift humanity or destroy ourselves and start all over again. Either way will be fine, since our souls are eternal and this is the role we came here to play... but the end result is that it is always our choice. Do we live consciously and expand into the cosmos or are we content with the way things are unfolding on our planet now? It is up to us...

Join us at www.PortalTOAscension.org, as we are creating online and live gatherings worldwide to share this information and DISCLOSE the truth of humanity...

Recommendations: Research true world history, pyramid code, ancient civilizations and Graham Hancock to find out a more fully encompassing awareness of our true world history.

2016-03-07 Harriet Tubman Biography

<http://www.biography.com/people/harriet-tubman-9511430>

Civil Rights Activist (c. 1820–1913)



Harriet Tubman escaped slavery to become a leading abolitionist. She led hundreds of enslaved people to freedom along the route of the Underground Railroad.

1 of 15 quotes: "I was the conductor of the Underground Railroad for eight years, and I can say what most conductors can't say; I never ran my train off the track and I never lost a passenger." —Harriet Tubman

THERE IS A SHORT VIDEO IN THE ORIGINAL.

Harriet Tubman - Mini Biography (TV-14; 2:47) Watch a mini biography of legendary Underground Railroad conductor Harriet Tubman, who routinely put herself in danger to guide thousands of slaves to freedom.

Synopsis

Harriet Tubman was an American bondswoman who escaped from slavery in the South to become a leading abolitionist before the American Civil War. She was born in Maryland in 1820, and successfully escaped in 1849. Yet she returned many times to rescue both family members and non-relatives from the plantation system. She led hundreds to freedom in the North as the most famous "conductor" on the Underground Railroad, an elaborate secret network of safe houses organized for that purpose.

Early Life

Harriet Tubman was born to enslaved parents in Dorchester County, Maryland, and originally named Araminta Harriet Ross. Her mother, Harriet "Rit" Green, was owned by Mary Pattison Brodess. Her father, Ben Ross, was owned by Anthony Thompson, who eventually married Mary Brodess. Araminta, or "Minty," was one of nine children born to Rit and Ben between 1808 and 1832. While the year of Araminta's birth is unknown, it probably occurred between 1820 and 1825.

Minty's early life was full of hardship. Mary Brodess' son Edward sold three of her sisters to distant plantations, severing the family. When a trader from Georgia approached Brodess about buying Rit's youngest son, Moses, Rit successfully resisted the further fracturing of her family, setting a powerful example for her young daughter.

Physical violence was a part of daily life for Tubman and her family. The violence she suffered early in life caused permanent physical injuries. Harriet later recounted a particular day when she was lashed five times before breakfast. She carried the scars for the rest of her life. The most severe injury occurred when Tubman was an adolescent. Sent to a dry-goods store for supplies,

she encountered a slave who had left the fields without permission. The man's overseer demanded that Tubman help restrain the runaway. When Harriet refused, the overseer threw a two-pound weight that struck her in the head. Tubman endured seizures, severe headaches and narcoleptic episodes for the rest of her life. She also experienced intense dream states, which she classified as religious experiences.

The line between freedom and slavery was hazy for Tubman and her family. Harriet Tubman's father, Ben, was freed from slavery at the age of 45, as stipulated in the will of a previous owner. Nonetheless, Ben had few options but to continue working as a timber estimator and foreman for his former owners. Although similar manumission stipulations applied to Rit and her children, the individuals who owned the family chose not to free them. Despite his free status, Ben had little power to challenge their decision.

By the time Harriet reached adulthood, around half of the African-American people on the eastern shore of Maryland were free. It was not unusual for a family to include both free and enslaved people, as did Tubman's immediate family. In 1844, Harriet married a free black man named John Tubman. Little is known about John Tubman or his marriage to Harriet. Any children they might have had would have been considered enslaved, since the mother's status dictated that of any offspring. Araminta changed her name to Harriet around the time of her marriage, possibly to honor her mother.

Escape from Slavery and Abolitionism

Harriet Tubman escaped from slavery in 1849, fleeing to Philadelphia. Tubman decided to escape following a bout of illness and the death of her owner in 1849. Tubman feared that her family would be further severed, and feared for her own fate as a sickly slave of low economic value. She initially left Maryland with two of her brothers, Ben and Henry, on September 17, 1849. A notice published in the Cambridge Democrat offered a \$300 reward for the return of Araminta (Minty), Harry and Ben. Once they had left, Tubman's brothers had second thoughts and returned to the plantation. Harriet had no plans to remain in bondage. Seeing her brothers safely home, she soon set off alone for Pennsylvania.

Tubman made use of the network known as the Underground Railroad to travel nearly 90 miles to Philadelphia. She crossed into the free state of Pennsylvania with a feeling of relief and awe, and recalled later: "When I found I had crossed that line, I looked at my hands to see if I was the same person. There was such a glory over everything; the sun came like gold through the trees, and over the fields, and I felt like I was in Heaven."

Rather than remaining in the safety of the North, Tubman made it her mission to rescue her family and others living in slavery. In December 1850, Tubman received a warning that her niece Kessiah was going to be sold, along with her two young children. Kessiah's husband, a free black man named John Bowley, made the winning bid for his wife at an auction in Baltimore. Harriet then helped the entire family make the journey to Philadelphia. This was the first of many trips by Tubman, who earned the nickname "Moses" for her leadership. Over time, she was able to guide her parents, several siblings and about 60 others to freedom. One family member who declined to make the journey was Harriet's husband, John, who preferred to stay in Maryland with his new wife.

The dynamics of escaping slavery changed in 1850, with the passage of the Fugitive Slave Law. This law stated that escaped slaves could be captured in the North and returned to slavery, leading to the abduction of former slaves and free blacks living in Free States. Law enforcement officials in the North were compelled to aid in the capture of slaves, regardless of their personal principles. In response to the law, Tubman re-routed the Underground Railroad to Canada, which prohibited slavery categorically.

In December 1851, Tubman guided a group of 11 fugitives northward. There is evidence to suggest that the party stopped at the home of abolitionist and former slave Frederick Douglass.

In April 1858, Tubman was introduced to the abolitionist John Brown, who advocated the use of violence to disrupt and destroy the institution of slavery. Tubman shared Brown's goals and at least tolerated his methods. Tubman claimed to have had a prophetic vision of Brown before they met. When Brown began recruiting supporters for an attack on slaveholders at Harper's Ferry, he turned to "General Tubman" for help. After Brown's subsequent execution, Tubman praised him as a martyr.

Harriet Tubman remained active during the Civil War. Working for the Union Army as a cook and nurse, Tubman quickly became an armed scout and spy. The first woman to lead an armed expedition in the war, she guided the Combahee River Raid, which liberated more than 700 slaves in South Carolina.

THERE IS A VERY SHORT VIDEO IN THE ORIGINAL
Harriet Tubman - Union Spy (TV-PG; 1:44) During the Civil War
Harriet Tubman volunteered to be a spy for the Union and
successfully aided the Union in its effort to win the war.

Later Life

In early 1859, abolitionist Senator William H. Seward sold Tubman a small piece of land on the outskirts of Auburn, New York. The land in Auburn became a haven for Tubman's family and friends. Tubman spent the years following the war on this property, tending to her family and others who had taken up residence there. In 1869, she married a Civil War veteran named Nelson Davis. In 1874, Harriet and Nelson adopted a baby girl named Gertie.

Despite Harriet's fame and reputation, she was never financially secure. Tubman's friends and supporters were able to raise some funds to support her. One admirer, Sarah H. Bradford, wrote a biography entitled *Scenes in the Life of Harriet Tubman*, with the proceeds going to Tubman and her family. Harriet continued to give freely in spite of her economic woes. In 1903, she donated a parcel of her land to the African Methodist Episcopal Church in Auburn. The Harriet Tubman Home for the Aged opened on this site in 1908.



(Photo: Getty Images)

As Tubman aged, the head injuries sustained early in her life became more painful and disruptive. She underwent brain surgery at Boston's Massachusetts General Hospital to alleviate the pains and "buzzing" she experienced regularly. Tubman was eventually admitted into the rest home named in her honor. Surrounded by friends and family members, Harriet Tubman died of pneumonia in 1913.

Harriet Tubman, widely known and well-respected while she was alive, became an American icon in the years after she died. A survey at the end of the 20th century named her as one of the most famous civilians in American history before the Civil War, third only to Betsy Ross and Paul Revere. She continues to inspire generations of Americans struggling for civil rights with her bravery and bold action.

THERE IS A VERY SHORT VIDEO IN THE ORIGINAL
Harriet Tubman - Statue in Harlem (TV-PG; 3:04) Artist Alison Saar
created a memorial statue to Harriet Tubman in Harlem to honor all
that she did and the many lives she saved.

When she died, Tubman was buried with military honors at Fort Hill Cemetery in Auburn. The city commemorated her life with a plaque on the courthouse. Tubman was celebrated in many other ways throughout the nation in the 20th century. Dozens of schools were named in her honor, and both the Harriet Tubman Home in Auburn and the Harriet Tubman Museum in Cambridge serve as monuments to her life. Harriet Tubman

2016-02-10 Why Hillary Clinton Doesn't Deserve the Black Vote

From the crime bill to welfare reform, policies Bill Clinton enacted—and Hillary Clinton supported—decimated black America.

By [Michelle Alexander](#)

Hillary and Bill Clinton in 1992. (Reuters Pictures)



Hillary Clinton loves black people. And black people love Hillary—or so it seems. Black politicians have lined up in droves to endorse her, eager to prove their loyalty to the Clintons in the hopes that their faithfulness will be remembered and rewarded. Black pastors are opening their

church doors, and the Clintons are making themselves comfortably at home once again, engaging effortlessly in all the usual rituals associated with “courting the black vote,” a pursuit that typically begins and ends with Democratic politicians making black people feel liked and taken seriously. Doing something concrete to improve the conditions under which most black people live is generally not required.

Hillary is looking to gain momentum on the campaign trail as the primaries move out of Iowa and New Hampshire and into states like South Carolina, where large pockets of black voters can be found. According to some polls, she leads Bernie Sanders by as much as 60 percent among African Americans. It seems that we—black people—are her winning card, one that Hillary is eager to play.

And it seems we’re eager to get played. Again.

The love affair between black folks and the Clintons has been going on for a long time. It began back in 1992, when Bill Clinton was running for president. He threw on some shades and played the saxophone on *The Arsenio Hall Show*. It seems silly in retrospect, but many of us fell for that. At a time when a popular slogan was “It’s a black thing, you wouldn’t understand,” Bill Clinton seemed to get us. When Toni Morrison dubbed him our first black president, we nodded our heads. We had our boy in the White House. Or at least we thought we did.

Black voters have been remarkably loyal to the Clintons for more than 25 years. It’s true that we eventually lined up behind Barack Obama in 2008, but it’s a measure of the Clinton allure that Hillary led Obama among black voters until he started winning caucuses and primaries. Now Hillary is running again. This time she’s facing a democratic socialist who promises a political revolution that will bring universal healthcare, a living wage, an end to rampant Wall Street greed, and the dismantling of the vast prison state—many of the same goals that Martin Luther King Jr. championed at the end of his life. Even so, black folks are sticking with the Clinton brand.

What have the Clintons done to earn such devotion? Did they take extreme political risks to defend the rights of African Americans? Did they courageously stand up to right-wing demagoguery about black communities? Did they help usher in a new era of hope and prosperity for neighborhoods devastated by deindustrialization, globalization, and the disappearance of work?

No. Quite the opposite.

* * *

When Bill Clinton ran for president in 1992, urban black communities across America were suffering from economic collapse. Hundreds of thousands of manufacturing jobs had vanished as factories moved overseas in search of cheaper labor, a new plantation. Globalization and deindustrialization affected workers of all colors but hit African Americans particularly hard. Unemployment rates among young black men had quadrupled as the rate of industrial employment plummeted. Crime rates spiked in inner-city communities that had been dependent on factory jobs, while hopelessness, despair, and crack addiction swept neighborhoods that had once been solidly working-class. Millions of black folks—many of whom had fled Jim Crow segregation in the South with the hope of obtaining decent work in Northern factories—were suddenly trapped in racially segregated, jobless ghettos.

On the campaign trail, Bill Clinton made the economy his top priority and argued persuasively that conservatives were using race to divide the nation and divert attention from the failed economy. In practice, however, he capitulated entirely to the right-wing backlash against the civil-rights movement and embraced former president Ronald Reagan's agenda on race, crime, welfare, and taxes—ultimately doing more harm to black communities than Reagan ever did.

We should have seen it coming. Back then, Clinton was the standard-bearer for the New Democrats, a group that firmly believed the only way to win back the millions of white voters in the South who had defected to the Republican Party was to adopt the right-wing narrative that black communities ought to be disciplined with harsh punishment rather than coddled with welfare. Reagan had won the presidency by dog-whistling to poor and working-class whites with coded racial appeals: railing against "welfare queens" and criminal "predators" and condemning "big government." Clinton aimed to win them back, vowing that he would never permit any Republican to be perceived as tougher on crime than he.

Just weeks before the critical New Hampshire primary, Clinton proved his toughness by flying back to Arkansas to oversee the execution of Ricky Ray Rector, a mentally impaired black man who had so little conception of what was about to happen to him that he asked for the dessert from his last meal to be saved for him for later. After the execution, Clinton remarked, "I can be nicked a lot, but no one can say I'm soft on crime."

As president, Bill Clinton mastered the art of sending mixed cultural messages.

Clinton mastered the art of sending mixed cultural messages, appealing to African Americans by belting out "Lift Every Voice and Sing" in black churches, while at the same time signaling to poor and working-class whites that he was willing to be tougher on black communities than Republicans had been.

Clinton was praised for his no-nonsense, pragmatic approach to racial politics. He won the election and appointed a racially diverse cabinet that "looked like America." He won re-election four years

later, and the American economy rebounded. Democrats cheered. The Democratic Party had been saved. The Clintons won. Guess who lost?

* * *

Bill Clinton presided over the largest increase in federal and state prison inmates of any president in American history. Clinton did not declare the War on Crime or the War on Drugs—those wars were declared before Reagan was elected and long before crack hit the streets—but he escalated it beyond what many conservatives had imagined possible. He supported the 100-to-1 sentencing disparity for crack versus powder cocaine, which produced staggering racial injustice in sentencing and boosted funding for drug-law enforcement.

Clinton championed the idea of a federal “three strikes” law in his 1994 State of the Union address and, months later, signed a \$30 billion crime bill that created dozens of new federal capital crimes, mandated life sentences for some three-time offenders, and authorized more than \$16 billion for state prison grants and the expansion of police forces. The legislation was hailed by mainstream-media outlets as a victory for the Democrats, who “were able to wrest the crime issue from the Republicans and make it their own.”

When Clinton left office in 2001, the United States had the highest rate of incarceration in the world. Human Rights Watch reported that in seven states, African Americans constituted 80 to 90 percent of all drug offenders sent to prison, even though they were no more likely than whites to use or sell illegal drugs. Prison admissions for drug offenses reached a level in 2000 for African Americans more than 26 times the level in 1983. All of the presidents since 1980 have contributed to mass incarceration, but as Equal Justice Initiative founder Bryan Stevenson recently observed, “President Clinton’s tenure was the worst.”

Some might argue that it’s unfair to judge Hillary Clinton for the policies her husband championed years ago. But Hillary wasn’t picking out china while she was first lady. She bravely broke the mold and redefined that job in ways no woman ever had before. She not only campaigned for Bill; she also wielded power and significant influence once he was elected, lobbying for legislation and other measures. That record, and her statements from that era, should be scrutinized. In her support for the 1994 crime bill, for example, she used racially coded rhetoric to cast black children as animals. “They are not just gangs of kids anymore,” she said. “They are often the kinds of kids that are called ‘super-predators.’ No conscience, no empathy. We can talk about why they ended up that way, but first we have to bring them to heel.”

Both Clintons now express regret over the crime bill, and Hillary says she supports criminal-justice reforms to undo some of the damage that was done by her husband’s administration. But on the campaign trail, she continues to invoke the economy and country that Bill Clinton left behind as a legacy she would continue. So what exactly did the Clinton economy look like for black Americans? Taking a hard look at this recent past is about more than just a choice between two candidates. It’s about whether the Democratic Party can finally reckon with what its policies have done to African-American communities, and whether it can redeem itself and rightly earn the loyalty of black voters.

* * *

An oft-repeated myth about the Clinton administration is that although it was overly tough on

crime back in the 1990s, at least its policies were good for the economy and for black unemployment rates. The truth is more troubling. As unemployment rates sank to historically low levels for white Americans in the 1990s, the jobless rate among black men in their 20s who didn't have a college degree rose to its highest level ever. This increase in joblessness was propelled by the skyrocketing incarceration rate.

Why is this not common knowledge? Because government statistics like poverty and unemployment rates do not include incarcerated people. As Harvard sociologist Bruce Western explains: "Much of the optimism about declines in racial inequality and the power of the US model of economic growth is misplaced once we account for the invisible poor, behind the walls of America's prisons and jails." When Clinton left office in 2001, the true jobless rate for young, non-college-educated black men (including those behind bars) was 42 percent. This figure was never reported. Instead, the media claimed that unemployment rates for African Americans had fallen to record lows, neglecting to mention that this miracle was possible only because incarceration rates were now at record highs. Young black men weren't looking for work at high rates during the Clinton era because they were now behind bars—out of sight, out of mind, and no longer counted in poverty and unemployment statistics.

To make matters worse, the federal safety net for poor families was torn to shreds by the Clinton administration in its effort to "end welfare as we know it." In his 1996 State of the Union address, given during his re-election campaign, Clinton declared that "the era of big government is over" and immediately sought to prove it by dismantling the federal welfare system known as Aid to Families With Dependent Children (AFDC). The welfare-reform legislation that he signed—which Hillary Clinton ardently supported then and characterized as a success as recently as 2008—replaced the federal safety net with a block grant to the states, imposed a five-year lifetime limit on welfare assistance, added work requirements, barred undocumented immigrants from licensed professions, and slashed overall public welfare funding by \$54 billion (some was later restored).

They are not just gangs of kids anymore...they are 'super-predators.' —Hillary Clinton, speaking in support of the 1994 crime bill

Experts and pundits disagree about the true impact of welfare reform, but one thing seems clear: Extreme poverty doubled to 1.5 million in the decade and a half after the law was passed. What is extreme poverty? US households are considered to be in extreme poverty if they are surviving on cash incomes of no more than \$2 per person per day in any given month. We tend to think of extreme poverty existing in Third World countries, but here in the United States, shocking numbers of people are struggling to survive on less money per month than many families spend in one evening dining out. Currently, the United States, the richest nation on the planet, has one of the highest child-poverty rates in the developed world.

Despite claims that radical changes in crime and welfare policy were driven by a desire to end big government and save taxpayer dollars, the reality is that the Clinton administration didn't reduce the amount of money devoted to the management of the urban poor; it changed what the funds would be used for. Billions of dollars were slashed from public-housing and child-welfare budgets and transferred to the mass-incarceration machine. By 1996, the penal budget was twice the amount that had been allocated to food stamps. During Clinton's tenure, funding for public housing was slashed by \$17 billion (a reduction of 61 percent), while funding for corrections was boosted by \$19 billion (an increase of 171 percent), according to sociologist Loïc Wacquant "effectively making the

construction of prisons the nation's main housing program for the urban poor."

Bill Clinton championed discriminatory laws against formerly incarcerated people that have kept millions of Americans locked in a cycle of poverty and desperation. The Clinton administration eliminated Pell grants for prisoners seeking higher education to prepare for their release, supported laws denying federal financial aid to students with drug convictions, and signed legislation imposing a lifetime ban on welfare and food stamps for anyone convicted of a felony drug offense—an exceptionally harsh provision given the racially biased drug war that was raging in inner cities.

Perhaps most alarming, Clinton also made it easier for public-housing agencies to deny shelter to anyone with any sort of criminal history (even an arrest without conviction) and championed the "one strike and you're out" initiative, which meant that families could be evicted from public housing because one member (or a guest) had committed even a minor offense. People released from prison with no money, no job, and nowhere to go could no longer return home to their loved ones living in federally assisted housing without placing the entire family at risk of eviction. Purging "the criminal element" from public housing played well on the evening news, but no provisions were made for people and families as they were forced out on the street. By the end of Clinton's presidency, more than half of working-age African-American men in many large urban areas were saddled with criminal records and subject to legalized discrimination in employment, housing, access to education, and basic public benefits—relegated to a permanent second-class status eerily reminiscent of Jim Crow.

It is difficult to overstate the damage that's been done. Generations have been lost to the prison system; countless families have been torn apart or rendered homeless; and a school-to-prison pipeline has been born that shuttles young people from their decrepit, underfunded schools to brand-new high-tech prisons.

* * *

It didn't have to be like this. As a nation, we had a choice. Rather than spending billions of dollars constructing a vast new penal system, those billions could have been spent putting young people to work in inner-city communities and investing in their schools so they might have some hope of making the transition from an industrial to a service-based economy. Constructive interventions would have been good not only for African Americans trapped in ghettos, but for blue-collar workers of all colors. At the very least, Democrats could have fought to prevent the further destruction of black communities rather than ratcheting up the wars declared on them.

Of course, it can be said that it's unfair to criticize the Clintons for punishing black people so harshly, given that many black people were on board with the "get tough" movement too. It is absolutely true that black communities back then were in a state of crisis, and that many black activists and politicians were desperate to get violent offenders off the streets. What is often missed, however, is that most of those black activists and politicians weren't asking only for toughness. They were also demanding investment in their schools, better housing, jobs programs for young people, economic-stimulus packages, drug treatment on demand, and better access to healthcare. In the end, they wound up with police and prisons. To say that this was what black people wanted is misleading at best.

By 1996, the penal budget was twice the amount that had been allocated to food stamps.

To be fair, the Clintons now feel bad about how their politics and policies have worked out for black people. Bill says that he "overshot the mark" with his crime policies; and Hillary has put forth a plan to ban racial profiling, eliminate the sentencing disparities between crack and cocaine, and abolish private prisons, among other measures.

But what about a larger agenda that would not just reverse some of the policies adopted during the Clinton era, but would rebuild the communities decimated by them? If you listen closely here, you'll notice that Hillary Clinton is still singing the same old tune in a slightly different key. She is arguing that we ought not be seduced by Bernie's rhetoric because we must be "pragmatic," "face political realities," and not get tempted to believe that we can fight for economic justice and win. When politicians start telling you that it is "unrealistic" to support candidates who want to build a movement for greater equality, fair wages, universal healthcare, and an end to corporate control of our political system, it's probably best to leave the room.

This is not an endorsement for Bernie Sanders, who after all voted for the 1994 crime bill. I also tend to agree with Ta-Nehisi Coates that the way the Sanders campaign handled the question of reparations is one of many signs that Bernie doesn't quite get what's at stake in serious dialogues about racial justice. He was wrong to dismiss reparations as "divisive," as though centuries of slavery, segregation, discrimination, ghettoization, and stigmatization aren't worthy of any specific acknowledgement or remedy.

But recognizing that Bernie, like Hillary, has blurred vision when it comes to race is not the same thing as saying their views are equally problematic. Sanders opposed the 1996 welfare-reform law. He also opposed bank deregulation and the Iraq War, both of which Hillary supported, and both of which have proved disastrous. In short, there is such a thing as a lesser evil, and Hillary is not it.

The biggest problem with Bernie, in the end, is that he's running as a Democrat—as a member of a political party that not only capitulated to right-wing demagoguery but is now owned and controlled by a relatively small number of millionaires and billionaires. Yes, Sanders has raised millions from small donors, but should he become president, he would also become part of what he has otherwise derided as "the establishment." Even if Bernie's racial-justice views evolve, I hold little hope that a political revolution will occur within the Democratic Party without a sustained outside movement forcing truly transformational change. I am inclined to believe that it would be easier to build a new party than to save the Democratic Party from itself.

Of course, the idea of building a new political party terrifies most progressives, who understandably fear that it would open the door for a right-wing extremist to get elected. So we play the game of lesser evils. This game has gone on for decades. W.E.B. Du Bois, the eminent scholar and co-founder of the NAACP, shocked many when he refused to play along with this game in the 1956 election, defending his refusal to vote on the grounds that "there is but one evil party with two names, and it will be elected despite all I do or say." While the true losers and winners of this game are highly predictable, the game of lesser evils makes for great entertainment and can now be viewed 24 hours a day on cable-news networks. Hillary believes that she can win this game in 2016 because this time she's got us, the black vote, in her back pocket—her lucky card.

She may be surprised to discover that the younger generation no longer wants to play her game. Or maybe not. Maybe we'll all continue to play along and pretend that we don't know how it will turn out in the end. Hopefully, one day, we'll muster the courage to join together in a revolutionary movement with people of all colors who believe that basic human rights and economic, racial, and gender justice are not unreasonable, pie-in-the-sky goals. After decades of getting played, the sleeping giant just might wake up, stretch its limbs, and tell both parties: Game over. Move aside. It's time to reshuffle this deck.

Michelle Alexander is a legal scholar, human rights advocate, and author of *The New Jim Crow: Mass Incarceration in the Age of Colorblindness* (The New Press).

2016-03-03

Planet Alert March 2016 [Mahala](#)

Today is the first day of March and it is coming in like a lion, the winds are really blowing here in Seattle. In fact my electricity almost went out a minute ago. It also seems like we are moving at warp speed these days. I am having a hard time keeping up with my life, how about you? Does it seem like you no sooner wake up, and then it is time for bed. The week's also speed by so fast that it is hard to keep up with everything.

There will be four very important events this month. First of all we will have the total solar eclipse on March 8 or 9, depending on where you live. Here in the Pacific Northwest it is at 6:54 PM PST on March 8th. The darkness from this eclipse will be felt over Sumatra and the surrounding areas of the South Pacific Ocean. At the time of this eclipse the planet Jupiter will be opposing the sun and moon and this is an indication of a large earthquake (there was a 7.8 quake March 2 in Sumatra) a few days before the eclipse.) I looked at my ephemeris and it said that the sun was opposing Jupiter and Uranus today by declination. This aspect will last for several days so there may also be quakes in other parts of the world because of this strong aspect.

The sun and moon will be conjunct the dwarf planet Chiron at the time of this eclipse. Chiron is considered the wounded healer so there will be a lot of healing going on this year. Chiron was on top of my Saturn for the better part of this past year and I have been going through a lot of emotional healing for the past few months. Mars in Scorpio has also been a help in bringing up the stuck emotions I needed to release. What a feeling of freedom this has brought to me. In the heavens Saturn is in the sign of Sagittarius and that sign rules freedom.

A lot of people are going through the healing of their emotions at this time. The sun and moon are in the sign of Pisces right now and this is the most emotional sign of the zodiac. Because of the high frequency energy that is coming to Earth there are a lot of people who cannot handle this energy and are losing it. They become very emotional and depressed. Hopefully this will change before too long, although it might not stop until we totally feel the splitting of the two densities. It's time to manifest the energy of the higher density Earth where love rules and we live in Unity Consciousness.

Neptune is in the sign of Pisces right now, and it is the planet that rules Pisces. Is anyone having feet problems? Neptune is on the degree of Man's ability to develop powers and skills by transcending natural limitations that will allow him to operate in the mental-spiritual realms. Neptune also rules water and the oceans. The energy in water has really been stirred up lately and this causes people's emotions to be stirred up. Or maybe the water is stirred up because people are stirred up. Thought and emotions create events.

In the eclipse chart Mars is in the sign of Sagittarius, which is a big change from Mars in Scorpio. In Scorpio Mars allowed us to once again look at the blocks or obstacles in our life and to release them. Mars is now in the fire sign of action. Sagittarius rules the banking system and the desire for freedom. This is the time period where we will see lots of changes in the banking system. We are about to witness a whole new financial system and this system will eliminate poverty. Check out these links. [Basic Income for Ontario Province](#), [G20 Finance Ministers Meeting](#).

The negative aspects of Saturn and Mars in Sagittarius are: feeling angry, lots of ambition for power, police or military action, and challenges with foreign countries. This year adds up to a nine. The word "anger" adds up to nine and the word "love" adds up to nine. We have the choice which word we choose to manifest this year; will it be love or anger? If we release our anger, we will be able to manifest Christ Consciousness which also adds up to nine. Unfortunately it looks like anger rules right now.

A friend of mine named Mona channeled for me last night and she said there was a major event in the core of the Earth on February 13, 2016. She referred to this event as a great inner earthquake. This event has affected everyone on earth because we are all connected to Mother Earth and, if her core is all shaken up, then so is ours. I think we are going through a magnetic shift right now. Energy from the stars is hitting the North Magnetic pole and has been for a couple of weeks. Our brains are affected by magnetic energy. The

earthquake in Sumatra is where the first large Tsunami happened on December 26, 2004 and caused the Earth to shift. I think it is shifting again because I have been dizzy for days. Check out this link. [Earth Energy](#)

My intestines started to bother me around mid-February. I thought 'do I have the flu?', and I got the message 'no' although it might be Ascension flu. How many people have had the flu in the past couple of weeks? I think you are feeling the trauma in the core of the Earth. Our core is our solar plexus and that is where the flu affects us along with just plain feeling awful. My head brain has also been affected by being dizzy.

We have three brains in our body. One is in our head, one is in our hearts, and the other is in our solar plexus. All three of my power centers have been affected by this event in the core of the Earth. The solar plexus is our power center, and the one in our head is our mental center. I think this is telling us that we need to combine all three brains together so we can finally think with our heart. I don't know how long we will feel this energy although I hope it is gone soon because I like to feel good. Life is much better when a person feels good.

Those who have not had the flu are lucky although it is making many people angry. If you live in the United States all you have to do is watch the election process and you can see how many people are angry about everything and are looking to Trump to change that. He is just an actor on our stage of evolution right now. In the channeling it was said that this anger will build until this fall and then there will be a large crescendo and lots of things will happen. I also think there will be lots of action this month.

The Spring Equinox occurs on March 19 just a few days before a lunar eclipse. The Equinox is the Astrological New Year and I think this is when everyone should start their new year. We move into the sign of Aries on the Equinox and this is the sign of new beginnings. The lunar eclipse will be on March 23 on 4 degrees Libra and the sun will be on 4 degrees Aries, and Mercury and Uranus are also in Aries. Uranus is on the exalted degree of 19 Aries. This will add power to the manifestation of Uranus. Expect the unexpected.

We end this month with the celebration of Easter which occurs on March 27, 2016. We are living in very exciting times and do not worry or fear anything. Everything is going to be all right. There has been a lot of talk about doom and gloom and that has happened to the people who are in wars, the people who are homeless, and to those who have lost everything. They have gone through their own Armageddon. We create what we choose to experience and this is why it is so important to watch what we think and to live in the vibration of unconditional love. So Be It! I love you! Mahala Gayle

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IMPORTANCE OF SHIVARATRI

Ratri means 'night'. Every month of the year, in accordance with the phases of the moon, has two halves or parts, the dark half and the bright half. The dark half is when the moon is waning or becoming less bright; the bright half is when it is waxing or becoming full. The bright half ends on the full moon day. The dark half ends in a dark night, when you do not see any moon. Thus, there are two special nights in every month: full moon night and the completely dark, no moon night. This Shivaratri, which is an annual celebration, is called Grand Shivaratri, Mahashivaratri or super *Ratri*. *Ratri* means night. *Ratri*, the night associated with Shiva, is called Shivaratri. What is Shiva? Who is Shiva? Shiva is an aspect of God, who is formless, attributeless, without a beginning and without an end. Shiva is what you call a doctrine, a philosophy, an idea but not a form.

Rama has a name and form. Krishna has a name and form. However, Shiva is nameless and formless. All *Avatars* had a beginning and an end. But Shiva has no beginning and no end either. All incarnations have a physical frame, body, and personality. Shiva has no physical frame or body. So, *Shivam* is a concept, a notion, and an idea. *Shivam* is vitality, vital force. *Shivam* is dynamism, activity.

Shivam is a sacredness that is totally auspicious. So, *Shivam* is a supreme, important concept spread all over the universe or cosmos. *Shivam* or the Divine principle is present in all; from micro-organisms to man, the macro-organism. We are like this because of the *Shivam* within everybody. We are active, smart, smiling, and healthy because of *Shivam*. Once this *Shivam*, this Divinity is gone, what will happen? When the lights are off, power cut in the night, what will happen? It will be totally dark.

Therefore, this human body with *Shivam*, the vital force, is active and dynamic. Without this vitality *Shivam*, this becomes *sevam*, a dead body. *Shivam* is alive, *sevam* is dead. So, everyone here is Shiva, filled with life.

CELEBRATION OF LIFE IS SHIVARATRI

The recognition, the understanding of *Shivam*, the life and vitality within me, the celebration of that awareness is Shivaratri. The celebration of life is Shivaratri. Celebration of vitality and dynamism is Shivaratri. Knowledge of Divinity, the experience of Divinity is the purpose of Shivaratri.

Then the question arises, why *ratri*, the night? It is said that the moon is the presiding deity of the mind. The moon has 16 phases, shades or aspects. After two weeks of the month, 15 phases are gone. One phase is left on that holy night, Shivaratri. When all 16 phases or aspects are there, the moon shines; the moon has visible light, culminating in the full moon. The full moon starts losing one phase after another. On this Shivaratri, only one phase or aspect or *kala* is left. By constant meditation on the Divine, even the last trace of the moon disappears, leading to a fully dark night. The moon is the symbol of the mind.

A moon that shines brilliantly can be likened to the mind with all its emotions, with all its desires and worldly involvements. Moon in its fullness stands for all that is worldly and sensual. As we come closer and closer to Shivaratri, the moon starts losing one aspect after another until the last trace or sliver is left. This symbolises the burning, passionate, emotional, sentimental, fully

desire-laden mind becoming less active as Shivaratri approaches. By and by, the mind slowly becomes withdrawn, annihilated. Therefore the waning of the moon phases symbolises the annihilation of the qualities of mind.

When the mind is withdrawn in such a manner, you will notice that you are God. That which separates you from God is your mind. When the mind is withdrawn, the realisation is there: yes, you are verily God.

The question then arises: when the mind is withdrawn, what then remains? It is the consciousness that lies within you, the supreme Self, the spirit or consciousness. We usually function at the level of the mind. Just as during the dark night of the Shivaratri, the moon is withdrawn to dark night, mind also gets withdrawn. The dark night is like a curtain. Behind that curtain there is a mirror. Slowly remove the curtain; slowly you will see your beautiful personality revealed, mirroring the God within you.

MASTER THE MIND

Mirror is life, curtain is mind. Once you remove this curtain, the mind, you will see your consciousness, the Self, your true Self. How to remove the curtain, mind? This is a monkey mind. It is never silent or still. The mind always wants this and that, everything that is possibly available in the world. It is full of endless desires and demands. Mind is constituted of limitless desires. How to drop it? How to withdraw it? Mind is making me very mad, crazy. How to kill that monster in the mind? When I kill the monster in the mind, I can master the mind.

My friends, it is impossible to kill the mind. Mind is like a cushioned chair. The cushion rises when you get up from the chair; it subsides when you sit on it. The mind is something like curly hair. You try to straighten a piece of curly hair—it immediately bounces back. So it is not possible to kill the mind. If anyone tells you, 'I control my mind', take it as bogus. Impossible!

So what should you do? You can divert the mind. The mind, which is normally like a full moon, is extroverted, outward-looking and external. Then you divert that mind. When the mind is diverted, what happens? It starts looking within. If I show you a mirror, you see your face reflected there. If I turn the mirror towards me, I see my face. You don't have to break the mirror. Mirror faces outwards, towards the world.

CELEBRATION OF CONSCIOUSNESS IS SHIVARATRI

On Shivaratri, we turn this mirror, this mind-side, within. And that turning of the mirror to one's own Self, the consciousness we see therein—this is the meaning of the celebration of Shivaratri. *Lingam* means a sign or a symbol. The whole creation came out of *lingam* and gets merged into the *lingam* at the end. So we are all out of *lingam* and we will go back to *lingam*, our place of origin.

So *lingam* is a sign, a symbol of origin and the end of the universe. The *lingam* is directed upwards, meaning we should have an upward, onward, forward spiritual journey. The *lingam* points upward; its vertical egg-shaped part is upward-facing. It rests on a platform or horizontal part which is triangular. This triangular platform of the *lingam* represents the world of three basic attributes or qualities: *thamasic*, *rajasic* and *sathwic*.

So the lower platform represents this body and mind. The upward-facing *lingam* is consciousness. In this way, such a *lingam* is in everyone, my friends. Is there anybody here without a body? Everyone has a body. This body is the platform of the *lingam*. Is there anybody without life here? Is there anybody without vitality here? No! Life, vitality is the upward *lingam* or consciousness.

THE WHOLE COSMOS IS SHIVA

Shiva has another name: Ishwara.

Who is Ishwara? The master or controller, in whose possession there are various forms of wealth. Health is wealth. Intellect is wealth. Good name, good reputation is wealth. Thus, wealth is expressed in eight forms, not necessarily in currency notes. Ishwara is the one who embodies all eight forms of wealth: good name, health, property, intelligence, reputation, success and so on. If you want to be intellectual and knowledgeable, if you want to be rich and influential, if you want to be recognised and reputed, you should pray to Shiva as Ishwara, because all these are under his control.

Shiva has still another name: Shankara. We want only good things to happen in our lifetime. None of us is prepared to face anything that is bad and evil. We want all auspiciousness; that only the best of things happen to us. Therefore, we have to pray to Shiva as Shankara. *Shan* means 'all that is good, all that is auspicious'. *Kara* means 'giver'. He gives you all auspicious things. As I said in the beginning, the whole cosmos is Shiva. We have South Pole, North Pole, the east and the west. These are the four poles or pillars; there is no fifth pole. God presides over all four poles or pillars. The name for this is Digambhara. *Digh* means 'pole', while *ambhara*, 'a canopy or umbrella'. So, the whole cosmos belongs to Digambhara, Shankara, Shiva.

FIERY DESIRES WILL BURN OUR LIVES

Shiva has another name—Kamahari. Every man, every person looks worried. Look at people's faces. Nearly everyone looks worried in one way or the other. They hardly smile. Why? Desires! If they have something, they want to have something more. They will also want something else later. They want to have everything in life. Impossible to satisfy the mind! If you put anything in a fire, do you think the fire will say, "Thank you, I want nothing more to burn?" No, no! Fire will invite you saying, "Put more stuff in, I will burn it." Desires are like that.

Similarly, this fiery desire will burn our lives. Hot, hot desires will make us turn mad. When we pray to Lord Shiva, we become desireless. So another name for Shiva is Kamahari. *Kama* means 'desire'. Hari means 'the one who sees to it that all desires go'.

Then you will ask me, "Why should I conquer desire?" Please understand: desire is the cause of birth. The cause of rebirth is desire. When you are desireless, there is no question of birth and rebirth. Desirelessness makes you immortal, beyond death, beyond all dimensions. Desirelessness means no birth, no death. Deathlessness or immortality is the state when you are desireless. Therefore, when you pray to Shiva as Kamahari, you become desireless. By being desireless, you become deathless, immortal. That is Mrithyunjaya. Who is Mrithyunjaya? Who conquered death? A desireless man conquers death.

Therefore, Shivaratri has so many dimensions. All these names have definite meanings. Shiva is also called Ardhanariishwara. *Ardha* means 'half'. *Nari* means 'woman'. *Ardha nari* means 'half of the body is man, and half of the body is woman'.

"If there were anyone who was half man and half woman, they would be very ugly to look at!" No, no, don't take it that way. The woman represents matter and the man stands for energy. So, Ardhanari means 'matter plus energy'.

LORD SHIVA'S LESSON OF LIFE

For your information, Shiva is the friend of the richest man. His name is Kubera, one with international monetary fund, endless monetary fund! A big banker. While his friend is a banker, a very rich man, Shiva leads the life of a beggar. His friend Kubera is the richest man and He, Shiva, a beggar. Why?

It is only to teach us that towards the end, everyone dies a beggar. At death nobody carries along any belongings, any property, any cash, or any gold whatsoever. You cannot carry anything with you. So everyone has to die as a beggar. This is the lesson of the life of Shiva.

You know He has three eyes: the centre eye and the two regular eyes. The centre eye or third eye is the eye of wisdom. So it is called *trinetra*. *Tri*- three. *Netra*- eyes. So He has two eyes, just like the human, plus the third eye, the eye of wisdom.

The name of Shiva's wife is Parvati. Together they symbolise matter and energy. Shiva and Parvati have two sons. One is Vinayaka, the remover of obstacles; the other is Subramanya, representing strength and wisdom.

Many people complain, "I have a family problem." One says, "My daughter doesn't care for me." The other says, "My son doesn't look at me." Or, "My wife and I are at loggerheads." These are our usual family problems.

Shiva's family also has the same thing happening . . . many problems. But Shiva maintains a balance, so why not you and I? Divorce is not a solution; separation is not a solution. Fighting is not a solution. Understanding, adjustment, co-operation, and integration are the solution. The chariot of Vinayaka, the eldest son of Shiva, is the small mouse or rat. The chariot of Shiva is a bull. Chariot of the mother, Parvati, is a lion. The chariot of the second son, Subramanya, is a peacock. All of these 'chariots'—mouse, bull, lion and peacock—are enemies of one another.

The face of the first son, Vinayaka, is that of an elephant. Chariot of Mother Parvati is a lion. Elephant and lion are opposites. The chariot of the second son, Subramanya, is a peacock. Around the neck of Shiva, the father, are snakes. Snakes and peacocks are opposites, enemies. The chariots of Shiva and Parvati, the bull and the lion, are also enemies or opposites.

There is no unity in Shiva's family. Even in Shiva's body there are opposites! There is water coming from the top of his head. There is fire in the third eye. Water and fire are opposites, but they exist together there. They all live together. Though diversified, though there is diversity, yet there is unity.

So, unity in diversity is the lesson of Shiva's family. It is also the lesson for every one of us. You know the earth revolves around itself on its axis. It also revolves around the sun, which leads to the seasons. You also hear of the lunar system and solar system; you hear of galaxies, stars and nebulas. The whole globe itself is beautiful. This is called the celestial dance or Shiva *tandava*.

BE AWAKE TO INNER CONSCIOUSNESS

On Shivaratri night, if you sing in praise of Him, the last trace of moon, or mind, goes. The mind becomes God. The mind becomes desireless. Then one can experience and witness the supreme consciousness within. On Shivaratri night we observe a vigil: we keep awake through the night.

Some people may be awake through the night watching four movies; some people may be playing cards in Las Vegas.. We should be awake not to the outer world; we should be awake to inner consciousness.

Many people fast on Shivaratri night. The meaning being that the body is secondary, while the consciousness is more important. Mere fasting without understanding is useless. In families we find husband and wife fighting with each other and fasting. That is not Shivaratri. It happens almost every day. That is a family fight, not holy Shivaratri. When we fast on Shivaratri, understand that the meaning is the body is secondary.

Then we worship Shiva *lingam*, pouring holy water on the *lingam*. That is called *abhishekam*. So sprinkling holy water on the *lingam* is *abhishekam*. It is only an external ritual. The inner meaning of worshipping with water is that by singing the glory of God, you shed tears of joy. These are the implications of Shivaratri.

<http://www.saiwisdom.com/sunday/English/2010/06.02.2010%28E%29central.htm>

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