

CHAPTER 8

MANIFESTATION

“The power of the word and of the thought is the creative force.”

THEO

Since 1985, THEO has been teaching humanity that it is shifting energetically into the 5th Dimension. They describe this planetary energy as a spiritual frequency that exalts us to express ourselves as more than physical bodies. Inherent in this remembrance of ourselves as spiritual beings is the activation of magnificent abilities beyond the limitations of five sensory perceiving.

You have a choice to believe that you can create miracles in your life or not. It is our experience that the tools given us by THEO are very effective, and the perception that something miraculous can happen at any moment in our lives has certainly made life more fun. In our personal and professional lives the confirmations are continuous as people, information, money, answers, and other expressions show up at the perfect time. We know that a large part of being able to manifest these experiences comes from the belief that we will. It requires only a shift in perception.

The universal energy of creation works in wondrous ways. It is our job to “get in the flow of it” if we want it to work for us in manifesting all of our dreams and desires. Our good friend, Karen Malik once asked Dr. Elmer Green, a pioneer in the field of mind/body medicine, and his wife Elise, how to best describe this “flow”. The response was to imagine a sailboat at the moment the wind fully catches the sails propelling it forward effortlessly, with you at the tiller, making minor adjustments as needed.

In the interest of manifesting your dreams and hopes, we would like to share with you one way that we manifest ours: write down on paper that which you desire and place that piece of paper in a special container or box. We call ours “The God Box.” It can be an unused jewelry box, a small wooden box, or in anything that has some special meaning to you. You may check on it periodically, as you like. We revisit our “God Box” once a year on our birthdays (they are one day apart) and celebrate as we recognize how many of our dreams have come true during the past year.

Now that we are in the fifth dimensional energy, how does this affect our ability to manifest our desires?

It is a refinement of energy. It is the abilities, an awareness; a consciousness for humanity now that they have full ability to think, to project, to accept and to receive that which would be their desire fully. There's also an awareness, in this energetic time, that there is that capability, and that the thought processes are the creative force, for many are experiencing this manifestational process now.

Is our ability to manifest dramatically greater now than it has been in any other time in history?

There has always been ability, however, there is a consciousness that one has that ability so that in the consciousness there's a greater receptivity. It is also a refinement of energy that allows for that to be more fully experienced, let us say. So, in essence, yes, it is far easier for this to occur – less resistance.

Can you explain the process that makes thought the creative force?

It is creativity, it is an energy exchange. It is that which is the thought perceiving; it is perceptivity. Do you understand? That then allows one to formulate, let us say, matter. If one

desires a chair, then one perceives it first, do they not? So it is perceptivity, as well as projection. You wish us to speak of the physiological or the physics of the circumstance that is the creation, and we have no words that would allow for the head to understand, nor for the masses to perceive. A scientific mind could do such but the masses could not in general. Do you understand? It is experiential. It is the projection of thought, then the occurrence in one's life. Many can do this in the sense of individuals placing intent on another, have one call them up. So there is that telepathic occurrence. As one begins to perceive that they can think about something and then receive it, drawing it to them, magnetizing it. Manifestation is only magnetizing, becoming a magnet to that which you wish and desire.

So, we're talking about the law of attraction, correct?

You are.

Please explain the process involved.

It is a process. It is experiential. To do it is the confirmation. To do it, and to have the experience of it being completed, and the attraction or the manifestation then occurring. Then as one experiences and attempts again and has confirmation of it happening, then it becomes an occurrence that is continual. When things are experiential, it is difficult to describe in words, for the words are limiting to the experience. Do you understand? We wish people not to be caught up in the words but to enjoy and to experience the experience.

What's the relationship between neurolinguistic programming and the manifestation process that you are describing?

It is beliefs about particular words. That's what we're saying, that words can be limiting. So in the neurolinguistic programming, it is to shift words, particularly words that block the flow in one's life circumstance. For each individual has particular words that are uncomfortable

because they have been used in a negative way in their environment. It is not the word that has the energy, it is the energy placed upon the neurolinguistic programming, and it is training and entraining the mind and the brain and the being to use words that are attractive rather than repelling. Meaning, if there is a word that is uncomfortable for a personality, it can attract a negative because of their belief or the feeling they have about that particular word. So it is retraining the self to use words that are attractive, similar in content, but less charged in a negative way. For many of the words that block, block because of a lack of self-esteem attached to them, an unworthiness that is felt.

What are some of the tools that you can provide us for manifestation?

When there is a desire, there is a creation of a thought that is a bridge to that outcome. So when one has a thought or a desire to be manifested, one then creates the thought bridge, meaning those attitudes and perceptions that are positive for that outcome. That places that bridge of thought into the universe for that manifestation to occur. There is a universal energy that is the attraction or creative energy that when one places the thought, or the seed, let us say, as if in one's garden, places a seed, then it creates an environment of gestation that then allows for the growth of that seed to become a flower. So what you are doing with your thought is placing the seed, on the intention, in the fertile soil. The universal energies is the soil in which it is placed ultimately, and the intent and the thought and the positive actions or thoughts is that which is the food to fertilize and feed the seed to bring it to fruition. In turn it is also that which is the attraction, the energy of attraction, to that positive outcome. Not to negate it with a negative thought, that it could not be so, because that breaks down the bridge to the universal energy that attracts.

Then it is critical to move from the place of questioning our self-worth into a place of self-love, which if I am hearing you correctly, is really at the core of this whole process.

Knowing that one is worthy of all that they desire. But then one must be judicious in their desires for surely they will manifest. Be certain it is what you want. So then one becomes discerning of those desires, gains clarity within the self of what one truly wishes. In that certainty and awareness of self and thought process then one lives the life to its highest good, do they not? Then one wastes not their energy on the unimportant but on that which would be the joyfulness and bliss that they seek and desire.

What determines the length of time that it takes for us to manifest certain desires?

Openness and receptivity, and living into that receptivity. Oftentimes it takes some growth on the part of the individual, or if others are involved, a combined growth of acceptance. Do you understand? Timing, right timing is one's evolutionary process. And the soul defines that, not the conscious human being.

How can we most effectively manifest financial abundance in our lives?

First, by addressing the old belief systems that one is not worthy of the abundance that one seeks. And know that can come from family structure, most often does, from the patternings within the structure of family that have been learned. As one's soul enters the body it is in full awareness of its uniqueness perfection and divinity and there is a belief that it does deserve all that it desires. Not from an egocentric point of view, but from a centered self, a soulful self. But as it enters into a physical structure it does adopt and become like those environments in which it is living. The conscious mind adheres to beliefs and patternings that it is taught. So as one desires financial abundance, one must look within the self to that ability to receive, to relinquish those old patterns that do not serve that outcome, and to recognize the worthiness of the being

for an abundant life on all levels, not only financial but all of that which is part of the earthly experience.

Does the purpose that accompanies the desire to make lots of money have anything to do with our ability to manifest it? Some people would have the intent of sharing it with the world and for the highest good of all people, others for their own selfish reasons. Does this intent matter?

No.

So, there's no judgment about that?

There is not. More importantly, good deeds are good deeds, they stand unto themselves. Greed and egotism stand for itself as well. For the intention of the soul is to grow, and to learn, and to experience. Each experience is manifested unto the self for that process, do you understand, whatever that learning may be, whatever that feeling may be, whatever the emotion is. One cannot judge another's experience, for the soul will manifest perfectly what is appropriate for its growth.

There are those on a spiritual path who have had the perception that financial abundance is somehow contradictory to spirituality. This is not true, is it?

It is not true. Many have stated that God judges those with abundant lives. It's God's desire, if you would, for all beings to have abundant lives. That is the birthright. It is an experience that can be achieved. But not from that egotistical point of view, but as one goes forward and recognizes that one is worthy of an abundant life, whatever that might be, each being has their own perception of what it is. But ultimately what humanity seeks, and we are speaking in generality now, is happiness, and peacefulness in heart. Finances, money, cannot achieve that alone, do you understand – most often does not. For money, in and of itself, has no energy. It is

what humanity places on it, the energetic, that gives it its power. Perception, is it not? It is a tool. It is only a tool of learning, of process. And, of course, when you live in an environment where there is this exchange, it has created an energetic exchange, the energy is placed on it, you see. And ones exchange it, one unto the other for services and for food, for sustenance, and for shelter, do they not? There can be equal energetic exchanges, for that it needs not be money. But in your environment that is what it has become: an energetic exchange.

How do we manifest spiritually fulfilling romantic relationships?

By becoming romantic within the self. Meaning, when one is fully aligned with the self, and integrated with the self, and self-loving, then it is made manifest in the outer world experience. Then it is allowed the vulnerability, because one is whole within self, without the expectation of another creating that wholeness. Then one is fulfilled inwardly and can express fulfillment out into the world and attract that unto the self on all levels – romantic, sexually, financially. One then knows how to receive. For many think giving is the lesson, no, the greater lesson is receptivity. Being able to receive is the greater lesson.

Why is it so difficult for us to receive?

The belief of not being good enough, or worthy enough. It is a belief. It is a perception, a judgment of the self.

Could you address the relationship between the doing and the allowing aspects of manifesting?

Allowing is having a waiting, a period of time when there is a comfortableness in waiting for opportunity to present itself, and the doing then can be. As many have found in doing, doing, doing, it does not allow for receptivity. It is an expenditure of energy that has no allowance. So it

is more important to place intent and desire out, and to learn the patience and the awareness as opportunities present; to discern and then to act. It is better use of energy, is it not?

Are there no limits to what we are capable of manifesting and are we able to manifest instantly that which we desire?

Yes. And many are experiencing, as they move forward in the acceptance of one's totality and integration into the whole self, the ability to manifest in the immediate all their wishes and desires. Meaning, that there are beings that have the ability and awareness, that place intent and act upon the energy as it is brought forward, and have the trust in the manifestational process. So it would then be perceived as instant manifestation, for there are no blockages. There is the placing of the energy forward, the intent, the thought, and then the reflection in the immediate back to the outcome or the event. Do you understand? For then there is the collapse of time and space, and that is the immediate. So there would be the placed intention, and the receptivity, and the awareness of it. That is in the millennium to come. It is in the present.

Will we be able to manifest, as some people on this planet are known to do, whatever it would be that they would desire at that time?

This is what many people perceive as magic.

Exactly. And so the question we get asked often is, how do we really learn how to do that?

Is it a learned ability or is it a remembered ability that we simply allow ourselves to be open to?

It is allowance. The ability is there. It is a remembrance, it is an allowance, it is a recognition, it is a trust, it is a perception. All of those things come into play within that...and knowing.

Is there any guidance outside of ourselves that influences this process?

There is much guidance outside the self when requested.

In the manifestation process, is that applicable?

Assistance?

Yes. Or is it entirely from within ourselves that we are able to manifest?

When asked, there is assistance. But it is within the self that the asking comes, does it not? So the answer is yes on both counts.

How do past life experiences affect our ability to manifest in this life?

Out of old patterns and beliefs of not being good enough. That is why it is a time of full soul integration. For there are those fragmented parts of the soul that do influence the patterning of beliefs within this incarnation. Soul integration. Do you see?

Along those same lines, do we, in fact, create in our reality that which we fear the most?

For is that not a thought? Yes.

There is no differentiation, is there?

There is not. And there is no judgment.

So, if we are fearful of something and attach any energy to that fear, it is likely we will manifest that in our lives, isn't it?

Yes. Energy does not define what is projected. The energy does not judge or define the projection of thought. It is an energy that is placed forward, whether it be a fear energy or that which one might term positive. Do you understand? There is only energy. And the universal experience is that it is then mirrored back unto the self. Do you understand? Whatever, it is that energy. So the universal energies do not define if one places a fear base for creation, or the desire for money as the creation, it does not discern or judge it. There is no capability of that, you see? Energy is energy. That is why we stated be judicious in your desires, be discerning in your desires, for surely they will manifest. And a desire can be fearfully based.

Do we create traumatic events such as rape or horrible injuries or abuses through our thoughts and words? Do we draw these into our experience?

Through a belief. Yes.

The belief that they may happen?

The fear. Again, that's energy. And it is a projection of thought. It is also that it is a bit more complex than that. It is simplistically stated as we have. But the questioning would be why would an infant be abused? But know that is a soul lesson and oftentimes for the adult or the parent, not only the child. The soul chooses perfectly what is important for its growth. The soul has a blueprint of experiences. Know that oftentimes, particularly in an infant or a young being, a young body, the soul is very old and wise and comes in as a teacher for that body or that environment – those personalities that it touches, whether it be individuals or society. It could have a broader teaching or a very singularly purposed teaching. There are many martyrs that have been in the work, have there not?

So when we place a thought on a particular desire, and an opposing force, another human being or group of human beings, has an opposite intent, what determines the outcome of that?

As to the question being, can another block the manifestation for another, ultimately no. Unless the personality that is placing the intent has a belief that they can do it. For it is the individual belief that is important here. It would be whoever would be most powerful in their intent, and their belief of its outcome. So if you have ten personalities and an equal ten on the other side, and all remain focused on the exact same outcome, each will create a different event, would they not? If it is a similar event, and one wants to usurp the will of the other, to be more powerful, then all things being equal, if there is one in the ten that has a belief that it could not happen,

that weakens its structure, does it not? So in a weakened structure, the outcome can be changed, yes.

And the more people involved in a particular desire for a particular manifestation, the more likely that the event will happen as desired.

Yes. Power in numbers.

As we wrap up this chapter, what else can you share with us about manifestation?

It is God's desire that all beings have the abundance that they seek. It is important in the individual, within the environment of the earth, to understand that it is the ultimate love that allows beings to manifest all they desire. It is the ultimate love that allows beings not to manifest all that they desire, for therein lies the lessons. Love the self. Fully integrate the self, and all things are possible.

REFLECTIONS ON MANIFESTATION

We are now living in the 5th Dimension

- Higher frequency and refinement of planetary energies
- Positively affected by planetary alignments
- No coincidence that it is happening now, 2000 years after the time of Christ
- Greater receptivity and less resistance now than in any other time in the history of our planet

Tools for manifestation

- Building the thought bridge

- Do not negate with a negative thought that it cannot be so
- Planting of the seed into the soil of universal energy which is an environment of gestation
- Love yourself and feel worthy of receiving all you desire
- Eliminate old patterns leading to low self-esteem and of not feeling deserving enough
- Be discerning in your desires
- Write down your desires

Look for confirmations and answers in all aspects of your life

- Dreams
- Meditations
- Telepathic communications – thinking of someone and having them call almost immediately
- Personal meetings. Look for purpose in all activities
- Money or other needs being met just when you needed them to be

Neurolinguistic programming

- It is not the word that has the energy but the energy that is placed upon the word
- The belief associated with the word creates the outcome
- Retrain your thinking to free blockages and to use words that are attractive to you

Length of time it takes to manifest

- Not always when or how you think it will be
- Necessary growth and receptivity are the keys
- The right timing for your soul is not always in sync with your conscious mind
- Be patient
- Trust your abilities

- Be non-attached to outcome

Manifesting financial abundance

- Examine beliefs about money and worthiness
- Recognize your uniqueness, perfection and divinity
- It is God's desire for everyone to have abundance
- Living a deeply spiritual, God-centered life is not in conflict with financial success; you can have it all
- Look to the self, not past conditioning for the ability to receive
- Energy is energy. The universal energy of creation has no judgment
- Money, in and of itself, will not create happiness and fulfillment

Manifesting a romantic relationship

- Be romantic within the self
- Achieve the ability for vulnerability
- Become that which you seek in a partner

Doing vs. allowing

- Be aware of opportunities as they are presented
- Be discerning
- Get out of your own way
- Allow time to clear blockages necessary for manifestations

Instant manifestation

- Must have belief it can be so
- Collapses of time and space occur
- Very possible now in this new millennium

- Humanity is now beginning to remember that we have these abilities

Assistance from spirit guides and angels

- In the asking, assistance will be given
- They will not usurp your free will

Manifestation of your fears

- Be judicial in what you attach energy of thoughts to
- Universal energy will mirror that which you put out