

From: Diabetes Hands Foundation <newsletter@diabeteshf.org>
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To: manny@tudiabetes.org
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issue: 1



Dear Manny Hernandez,

This is our first *TuDiabetes.com*® newsletter. We will offer monthly updates about the community that we think you will find valuable.

Member Spotlight: Olaf Saugen

50 years with diabetes and a Joslin Medal to show for it are only some of the accomplishments that *TuDiabetes.com*® member Olaf (at the piano, in the photo above), born in Norway and now based in Sacramento, PA, has to share with us.

[Read his Memories of a Great Life With Diabetes](#)

in this issue

[Member spotlight](#)

[Drawing Diabetes Video](#)

[Featured member post](#)

[Things worth checking](#)

[Word in your hand®](#)

Word in
Your Hand®

July 2008, we will be gathering more photos around [Word In Your Hand](#)® like the one above

Drawing Diabetes Video

After the success of the [Drawing Diabetes](#) contest in both, [TuDiabetes.com](#)® and [EsTuDiabetes.com](#), we contacted the participants and have received permission from most of them to create a diabetes awareness video using the drawings they submitted. The video will feature music by our member, [Margaret Abraham](#). Stay tuned.

Featured Member Post: All About DKA

[DKA \(Diabetic Ketoacidosis\)](#): what we know, what we don't know and what we need to know, by Landileigh Nelson.



Worth Checking in [TuDiabetes.com](#)®

Forum Topics

- [CGMS Denial Day, July 1](#)
- [Two Roads](#)
- [True or False Game](#)

Videos

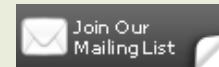
- [The Betes - Part 5 \(of 6\)](#)
- [Using the HomeCheck A1c test](#)
- [Getting rid of your Excess Diabetes Supplies and Insulin](#)

with the word "Frustrated," contributed by [Morgan](#).

Keep an eye on [TuDiabetes.com](#)® for details about the weekly prizes and how to participate.



[Let us know](#) if you would like to participate in the newsletter or if you have any ideas to improve it.



We look forward to continuing to see you participate in the [TuDiabetes.com](#)® community.

Manny Hernandez, [Diabetes Hands Foundation](#)

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