

MARCH

EVENTS GUIDE

APRIL

EVENTS GUIDE

ONE-OFF EVENTS

RADIO AND DJING WORKSHOP (FOR JUNIORS AGED 5-11) 6TH MAR 3PM-5PM

If you are interested in learning how to DJ or present a radio show, come and learn the essential skills you will need at this fun, FREE and practical session! Cost: FREE.

OK Club

SOUTH KILBURN DEMENTIA CARERS' GROUP 6TH MAR 4PM-5PM

Providing a space for carers to talk and share their experiences in relation to caring for loved ones who have dementia. Cost: FREE.

South Kilburn Trust, Carlton Hall

GRANVILLE COMMUNITY KITCHEN FILM NIGHT 7TH MAR 6PM FOOD ON A BUDGET 7PM FREE FILM

Join us for our showing of Miss Sharon Jones! This documentary film follows the talented and gregarious soul singer of the Grammy nominated R&B band "Sharon Jones and the Dap Kings." Cost: FREE film, food £3 suggested donation.

Granville Plus Centre

SAY - PREPARING FOR WORK PROJECT 8TH-10TH MAR 10AM-3PM

A three day programme in which you will learn how to prepare for interviews, how to best present yourself and what employers are looking for. Live job, volunteering and apprenticeship opportunities available. Booking is required. Email: volunteerteam@genesisha.org.uk or call 0207 563 0166. Must be Genesis resident (from any area) or live in South Kilburn.

The Vale community centre, 1 Pentland Road, NW6 5RT

INTERNATIONAL WOMEN'S DAY 8TH MAR 3PM-6PM

Taking place annually, this year the NAC is empowering women through the inspiration of technology in order to positively impact them to utilise this knowledge through entrepreneurship. Take part in talks, activities and workshops. *The Concord Cafe, Carlton Centre, Granville Road NW6 5RA.*

RADIO PRODUCTION WORKSHOP 15TH MAR, 6.30PM-8.30PM

If you are interested in learning how to DJ or present a radio show, come and learn the essential skills you will need at this fun, FREE and practical session! Cost: FREE.

South Kilburn Studios

ST PATRICK'S DAY 16TH MAR 3PM-6PM

Interactive activities to mark the day including: dress up, fun photos at the photo board, face painting and more. *The Concord Cafe, Carlton Centre, Granville Road NW6 5RA.*

LEGAL SURGERY 18TH MAR 12PM-3PM

Do you need legal advice or help? Come along to this session for an initial discussion/consultation with a qualified lawyer. Donations are welcome.

South Kilburn Studios

AFRICAN INSPIRED GIFTS WORKSHOP 19TH MAR 12PM-4PM

A FREE workshop on Afrocentric gift giving. In this fun and practical workshop you will learn the unique importance of Africa-inspired themed gifts for your loved ones. Cost: FREE.

South Kilburn Studios

WEEKLY EVENTS

ASK (ADVICE SOUTH KILBURN) FREE LEGAL ADVICE SERVICE 1ST MAR AND THEN EVERY WEDNESDAY 10AM-12PM

A FREE confidential legal advice service run by South Kilburn Trust for residents of South Kilburn. Providing advice and guidance on issues such as debt, housing, employment, family and benefits. Drop in from 10am.

South Kilburn Trust, Carlton Hall

OUTDOOR GYM 1ST MAR AND THEN EVERY WEDNESDAY 4PM-5PM

Get fit and into shape with these FREE outdoor gym sessions. Ends 29th March. Space is limited, please call 07401 801083 or email elitesportandleisure@gmail.com to book your space. *South Kilburn Open Space, 153 Carlton Vale, London NW6 5HQ.*

FREE COMMUNITY DINNER (CARLTON CENTRE) 1ST MAR AND THEN EVERY WEDNESDAY 6PM-7.30PM

Join us for fresh homemade food from Europe, North Africa and Asia. The FREE community dinner is open to all, particularly those struggling financially, students, vulnerable people and the unemployed. Cost: FREE. Contact: admin@naclondon.org or call 07804 431132. *The Concord Cafe, Carlton Centre, Granville Road NW6 5RA.*

JOB LOUNGE 2ND MAR AND THEN EVERY THURSDAY 10AM-12PM

Job Lounge is an interactive weekly event where residents can shop for a job. With a minimum of 50 jobs on offer across all sectors including accounting, retail, hospitality, care, transport and IT, residents can seek employment support. *South Kilburn Trust, Carlton Hall*

YOUTH BASKETBALL FOR 13+ YEAR OLDS 2ND MAR AND THEN EVERY THURSDAY 6PM-8PM (TERM-TIME ONLY)

Up your skill level. Ex pro basketball player, Tony Windless, teaches the community how to improve their basketball skills. For ages 13+, all abilities welcome. Cost: £1. *St Augustine sports Hall, Oxford Rd, NW6 5AW.*

JOSEPHINE'S AFRICAN DRUM AND DANCE STUDIO 3RD MAR AND THEN EVERY FRIDAY 5PM-6PM

A unique opportunity to learn African dance moves, maintain good fitness and have fun. Classes available for all ages with special emphasis on the fun elements for children. Cost: £5 per child/£10 adults.

OK Club

COMMUNITY SUPPER 3RD MAR AND THEN EVERY FRIDAY 5.45PM-7.15PM

Please come and join us for a family friendly meal for everyone! The food is free and halal. Cost: FREE.

Granville Plus Centre

SK SATURDAY WALKING GROUP 4TH MAR AND THEN EVERY SATURDAY 10AM-12PM

Taking place every Saturday. A friendly and social space – enjoy a three course lunch, knitting and fun together. Call 020 7328 1312 or email david.pell@salvationarmy.org.uk. Cost: Free first time; then craft group £1 and lunch £4. *Salvation Army*

FREE FOOTBALL/FUTSAL TRAINING (UNDER 16s) 4TH MAR AND THEN EVERY SATURDAY 10.30AM-12PM

Five-a-side indoor football for those aged 16 and under. Booking is essential, please call 07401 801083 or email elitesportandleisure@gmail.com *St Augustine sports Hall, Oxford Rd, NW6 5AW.*

LADIES FITNESS GROUP 6TH MAR AND THEN EVERY MONDAY 10AM-11AM

A great opportunity for ladies living in South Kilburn to get fit and socialise. Sessions take place once a week, are delivered by a qualified coach and use local facilities. A FREE crèche service is available and coffee is provided. Cost: £1 per session.

SOUTH KILBURN OLDER PEOPLE'S PROJECT (SKOPP) 6TH MAR AND THEN EVERY MONDAY FROM 11AM-4PM

A great way for elders to socialise, meet new people, enjoy great food and take part in activities such as bingo and dominoes. A contribution of £4 towards the meal is required. Contact Nilufer on 020 7328 1199. *South Kilburn Trust, Carlton Hall*

MOSAIC (ACTIVITIES FOR PEOPLE OVER 50) – CRAFT GROUP AND LUNCHEON CLUB 7TH MAR AND THEN EVERY TUESDAY 10AM-1.30PM

A friendly and social space – enjoy a three course lunch, knitting and fun together. Call 020 7328 1312 or email david.pell@salvationarmy.org.uk. Cost: Free first time; then craft group £1 and lunch £4. *Salvation Army*

WONDER MUSLIMAH KITCHEN 7TH MAR AND THEN FORTNIGHTLY ON A TUESDAY 10.30AM-1.30PM

A great opportunity for ladies living in South Kilburn to join a cooking workshop. A FREE crèche service is available. Booking is essential, as places are limited. Cost: £2.50/session *Granville Plus Centre*

MOSAIC (ACTIVITIES FOR PEOPLE OVER 50) – EXERCISE CLASS 7TH MAR AND THEN EVERY TUESDAY 1.45PM-3PM

A vibrant, energetic and growing group of people who love to have fun and keep fit. This group is ideal for anyone over 50 looking to keep active and stay in shape whilst having a good time. Call 020 7328 1312 or email david.pell@salvationarmy.org.uk. Cost: First time free, then £1.50 per session. *Salvation Army*

KIDS' BASKETBALL FOR 5 TO 12 YEAR OLDS 7TH MAR AND THEN EVERY TUESDAY 6PM-7PM (TERM-TIME ONLY)

Up your skill level. Ex pro basketball player, Tony Windless, teaches the community how to take their basketball skills to the next level. For ages 5 to 12, all abilities welcome. Cost: £3. *St Augustine Sports Hall, Oxford Rd, NW6 5AW.*

FREE TECH LAB & ENTREPRENEURSHIP WORKSHOPS 23RD MAR AND THEN EVERY THURSDAY 4PM-7PM

For ages 16-20. Six exciting and innovative workshops taught by a tutor specialising in Computer Science. Ends 6th May. Book your space today. Please email contact@nationalalgeriancentre.com or call 07506452337. *The Concord Cafe, Carlton Centre, Granville Road NW6 5RA.*

STEM PROGRAMME 25TH MAR AND THEN EVERY SATURDAY 1PM-4PM

For ages 10-16 years old. Participants will learn how to build and control robots, as well as code and create mobile phone apps in a fun environment. Parental consent is required and free refreshments are provided. For more information call Joe on 020 3609 0606. Cost: FREE. *Global Skills Centre, 2 Masefield House, Stafford Road, South Kilburn, London NW6 5YU*

ONE-OFF EVENTS

SOUTH KILBURN DEMENTIA CARERS' GROUP 3RD APR 4PM-5PM

Providing a space for carers to talk and share their experiences in relation to caring for loved ones who have dementia. Cost: FREE.

South Kilburn Trust, Carlton Hall

RADIO DEBATE - HAVE YOUR SAY ON K2K! 13TH APR 6PM-8PM

Ever wanted to have your say on local issues affecting young people? This is your chance to debate the issues that matter to you - broadcast live on K2K Radio. There will be live performances from young people from SK! If you want to get involved in organising the debate, please contact stuar@okclub.org.uk.

OK Club

STRESS RELIEF WORKSHOP 26TH APR 2PM-4PM

Join us to understand and learn what stress is and what techniques you can use to overcome it. Learn how you can change your life by making very small changes. For more information please contact Nilufer on 07436 102924 or email nilufer@southkilburntrust.org *South Kilburn Trust, Carlton Hall*

AFRICAN-CARRIBBEAN MARKET 27TH APR 3PM-6PM

A celebration of African and Caribbean culture through the sharing of food, art, music, dance and enjoyable company. Everyone is welcome. *The Concord Cafe, Carlton Centre, Granville Road NW6 5RA*

WEEKLY EVENTS

SK SATURDAY WALKING GROUP 1ST APR AND THEN EVERY SATURDAY 10AM-12PM

Taking place every Saturday. We meet at 10am outside the SK Studios and the walk lasts approximately 1hr 30 mins. For more info please contact Nilufer on 07436 102924. *Meet outside the South Kilburn Studios.*

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Granville Plus Centre

WE CAN HELP YOU FIND YOUR DREAM JOB

Are you searching for employment? Or are you a recent graduate or looking for a new role or challenge? South Kilburn Trust's weekly Job Lounge on Thursdays can help you secure jobs in a variety of industries.

Our dedicated employment team will help you by improving your CV, securing interviews, gaining additional skills and much more. Further details are in our listings.



JOIN OUR DEMENTIA CARERS' GROUP

Do you provide care for someone who is living with Dementia or experiencing early-stage memory loss? Come along to South Kilburn Trust's Dementia Carers group for friendly, informal and supportive

group sessions with fellow carers from the local area. The group provides an opportunity for carers to share, gain advice and socialise. Further details are in our listings.



TAKE YOUR FITNESS TO AN ELITE LEVEL

South Kilburn's very own sports coaching and fitness experts Elite Sports and Leisure are running some exciting sports programmes in the local area for kids and adults. If you want to get your blood pumping, improve your fitness and stamina, or shed

some pounds check out Elite Sports and Leisure's weekly outdoor gym sessions during March. Young football enthusiasts can also improve their gameplay, skills and technique in fast-paced futsal sessions at the OK Club. Further details are in our listings.



ARE YOUR SHOES MADE FOR WALKING?



Now is a great time to get out and about in the local area to enjoy the (hopefully) improving weather and explore your surroundings. If you also enjoy socialising and meeting new people, our South Kilburn

Saturday walking group could be 'right up your street!' The group enjoy a 90 minute walk around the local area, which is easy-going, fun and also a great way to improve fitness. Further details are in our listings.

WIN BEATS BY DRE WHEN YOU SHOP AT THE BRAND NEW BEST-ONE

Tozers newsagents, which was located in Peel Precinct has recently reopened on Rupert Road as a Best-One Convenience store. The new site boasts a greater range of products and a brand new look. To celebrate the move Best-One are giving customers a chance to win a pair of snazzy Beats By Dre headphones. To enter the prize draw simply spend £5 in store! The competition closes on 10th March. Good luck!

GET SOCIAL WITH THE SK TRUST

Be sure to follow South Kilburn Trust on social media and let us know what you're up to! We regularly update with the latest news, community events and opportunities in South Kilburn and for South Kilburn residents like YOU. Follow us on Twitter - @SKTrustNW6, Facebook - facebook.com/southkilburnNW6/, Snapchat and Instagram - @SKTrust and say 'hi' - we'll follow back!



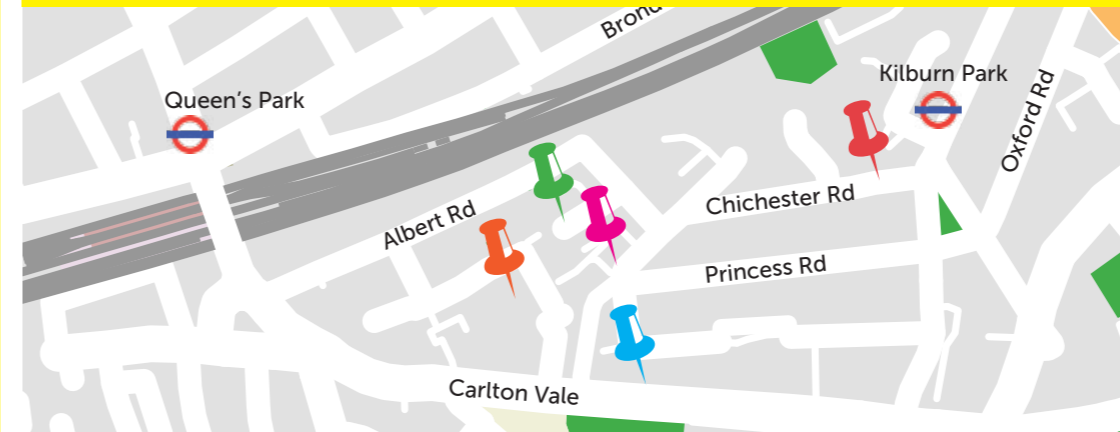
SOUTH KILBURN FAMILY FESTIVAL IS GETTING A MAKEOVER



South Kilburn Trust are in the process of developing brand new ideas for the popular South Kilburn Family Festival. The festival committee will be meeting soon to discuss plans—we will keep you informed of the outcome of

the meeting. South Kilburn Family Festival will not take place in its previous format, but it will be back, with the same fun, positivity and entertainment in summer 2017!

- Canterbury Terrace, NW6 5DX **SOUTH KILBURN TRUST, CARLTON HALL** ↴
- 45 Denmark Road, NW6 5BP **OK CLUB** ↴
- 2A Canterbury Rd, NW6 5SW **SOUTH KILBURN STUDIOS** ↴
- 55 Chichester Road, Kilburn, NW6 5QW **KILBURN SALVATION ARMY** ↴
- 80 Granville Road, Kilburn, NW6 5RA **GRANVILLE CENTRE (INC CHILDREN'S CENTRE)** ↴



Connect with us!

📍 South Kilburn Trust, Carlton Hall
Canterbury Terrace
London, NW6 5DX
Open Mon-Fri: 9.30am - 5pm
hello@southkilburntrust.org
020 7328 1199

- 🌐 southkilburnNW6.london
- 📺 SouthKilburnNW6
- 🐦 SKTrustNW6
- ✉ hello@southkilburntrust.org

This guide is produced by South Kilburn Trust, the leading local charity that works with residents, groups, organisations and businesses to support long-term positive change in South Kilburn.

SOUTH KILBURN TRUST

Registered charity: 1128515

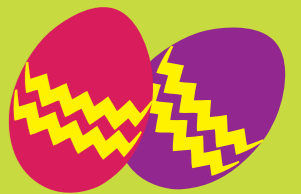


WHAT'S ON SOUTH KILBURN

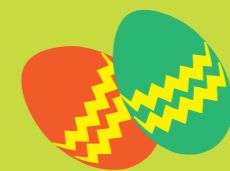
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FEATURING **CONNECT SK NEWS IN BRIEF**



PRODUCED BY

SOUTH KILBURN TRUST