Resources for
Twin Souls and Soul Mates

"Conversations with God" Book 1
by Neale Donald Walsch

My reason for recommending this book first is that one has to have an understanding of one's soul and what it is up to on its cosmic journey before entering soul-based relationships.

This book will provide you with that understanding. Chapter 8 on relationships is outstanding.

"Twin Souls:"
A Guide To Finding Your True Spiritual Partner by Patricia Joudry and Maurie Pressman, M.D.

This is the best of all books for twin souls and soul mates!

It is now back in print...
go to www.addall.com
or check your with your bookstore
"Soulmates"
by Jess Stearn

Many useful case history examples! A great resource that can be used to gain understanding about recognizing your soul mate and why such partnerships are unlike any other.

"St. Germain - Twin Souls and Soul Mates"
channeled through Azena Ramanda and Claire Heartsong

This is a wonderful book on the nature of twin souls, soul mates, what they are, how they were created "in the beginning" and how it all fits together today. It also provides insights into the role of twin relationships and the New Age. The last chapter is beautiful!

"Bartholomew, Planetary Brother"
by Bartholomew the Spirit
channeled by Mary-Margaret Moore

The wisdom within pages 121-147 is excellent when it comes to understanding how the ego is a relationship's worst enemy.

"Only Love Is Real"
A Story of Soulmates Reunited
by Brian Weiss, M.D.

A very incredible and true story about soul mates! It will truly make you think and wonder.

"Edgar Cayce's Story of Jesus"
by Jeffrey First

See pages 27-28 for the Jesus-Mary twin soul reference

"Beyond The Horizon"
by Walter Mercado

This is the best book I've read that describes the astrological cycles, the coming of the Age of Aquarius and how this will affect many things, including soul relationships.

"Somewhere In Time"

A film with Christopher Reeves and Jane Seymour

This is the film for twins... so beautifully done! It can be found at any large video rental store such as Blockbuster, etc.
"The Camino"

by Shirley MacLaine

Towards the end of the book, Ms. MacLaine's spirit friend, John, gives a good overview of the origin of twin souls. Interestingly John reverses the definition of the soul mate and twin soul phrases, as I understand them and how they are used in this web site. However, it does not diminish the concept that each of us has another half.

http://www.fromthestars.com/page124.html