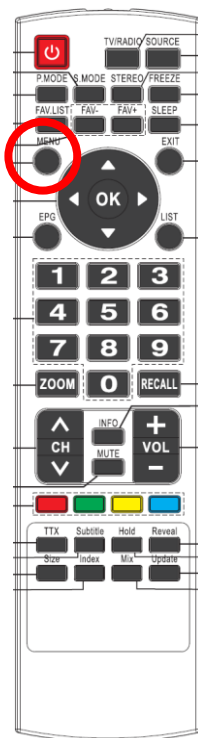


Retuning instructions for Sanyo televisions with integrated FreeviewHD receivers

Press **MENU** on your remote control to display the **Main Menu** screen on your television.

Use the arrow keys on the remote to move through the menu and the **OK** button to choose your option. Press **EXIT** to return to the previous menu.

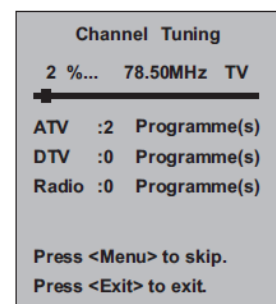


Press **MENU** and the main menu screen displays.

Press **◀** or **▶** to select **Channel** menu, press **▼** to access the menu.

Highlight **Auto Tuning** item, and press **▶** or **OK** to access.

Now a pop-up screen opens. Press **◀** or **▶** to select a proper country according to your local area, and then press **▼** or **OK** to highlight **Start** item, and press **OK** to begin the auto channel search.



Once scanning is complete your television channel frequencies will have been retuned. Press **EXIT** to leave the onscreen menu.