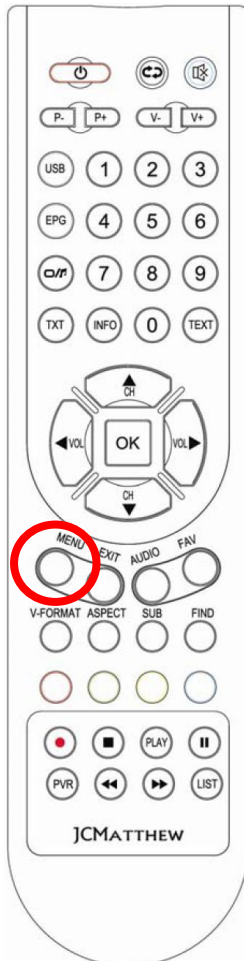


Retuning instructions for JCMatthew FreeviewHD receivers

Press **MENU** on your remote control to display the **Main Menu** screen on your television.

Use the arrow keys on the remote to move through the menu and the **OK** button to choose your option. Press **EXIT** or **MENU** to return to the previous menu.



Select **Installation**.

On the installation page, highlight **Auto Search** and press **OK** to start the retuning process.

Once scanning is complete select your television channel frequencies will have been retuned.

Press **EXIT** to leave the onscreen menu.