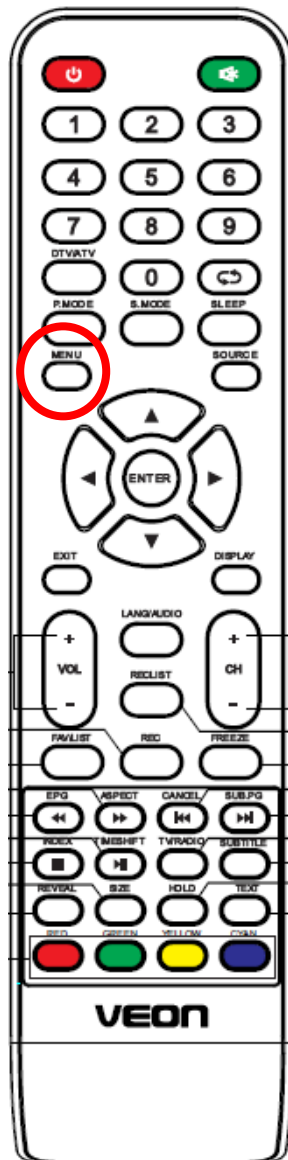


Retuning instructions for Veon televisions with integrated FreeviewHD receivers

Press **MENU** on your remote control to display the **Main Menu** screen on your television.

Use the arrow keys on the remote to move through the menu and the **ENTER** button to choose your option. Press **EXIT** to leave the onscreen menu.



Select the **Channel** option.



Highlight **Auto Tuning** and press **ENTER** to start retuning.

Once retuning is complete press **EXIT** to leave the onscreen menu.