

From: Diabetes Hands Foundation <newsletter@diabeteshf.org>
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tudiabetes.com . newsletter

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Dear Manny Hernandez,

We never cease to be amazed at the things that come out of the TuDiabetes family. [Jaimie Hernandez](#), one of our members, recently thought of offering [Virtual Santa Hats](#) to TuDiabetes members and Twitter users in exchange for a micro-donation to benefit TuDiabetes.

Want a Virtual Santa Hat? [Let Jaimie know.](#)

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Don't Miss *Hallmark Heroes*, Dec. 25



If you carry the Hallmark Channel in your cable lineup, don't miss the Hallmark Heroes show. We will be featured on it. If you can't catch the show then, you can tune in Dec. 28.

Details about Hallmark Heroes: [Dec. 25](#) and [Dec. 28](#).

Sandy's Dreams For the Future

One of the members to recently join us from the Philippines is [Sandy Cortez](#). He has had type 1 diabetes since 1990 and now faces kidney failure. Yet he doesn't wallow in self pity: he just dreams of a kidney transplant... and eventually having a baby.

[Read Sandy's story.](#)

Check This Out in *TuDiabetes.com*

Forum and Blogs

- [Health insurance, social networks and behavioral change](#)
- [30 years and still going strong...](#)
- [Do you Wear Medical ID jewelry?](#)

Videos

- [The Diabetes Rap: Hilarious!](#)
- [The State of Diabetes Research: A Global View](#)
- [Not By Choice: A song about living with diabetes](#)

TuDiabetes Awards 2008

[Send your nominations](#) by Dec. 26.

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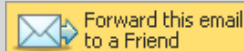
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We look forward to continuing to see you participate in the *TuDiabetes.com*® community.

Manny Hernandez, [Diabetes Hands Foundation](#)

Newsletter edited by [Christine Baker](#).

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