

From: Diabetes Hands Foundation <newsletter@diabeteshf.org>
Subject: TuDiabetes.com: As we get to World Diabetes Day...
Date: November 11, 2008 1:06:33 PM PST
To: tud diabetes@gmail.com
Reply-To: newsletter@diabeteshf.org

Diabetes Hands Fo...
Not In Address Book

You're receiving this newsletter because of your membership at TuDiabetes.com or your relationship with Diabetes Hands Foundation. Please [confirm](#) your continued interest in receiving email from us.

You may [unsubscribe](#) if you no longer wish to receive our emails.

tudiabetes.com®
newsletter



proudly celebrating diabetes awareness month and world diabetes day

November 2008

issue: 5



Dear Manny Hernandez,

As we get closer to [World Diabetes Day, November 14](#), we invite you to consider how you can help raise diabetes awareness. Whether you can get a local building lit up in blue or you yourself are going to [wear blue that day](#), it is very important that all of us actively make sure that this day doesn't go unnoticed.

TuDiabetes.com: 5,000 Members Later

It seems like it was only yesterday... we were 100... then 1,000... 2,000 members. We are now more than 5,000 members from all over the world (more than 200 members recently joined the TuDiabetes family from the Philippines).

[What are your thoughts about TuDiabetes. 5,000 members later?](#)

in this issue

[5,000 Members](#)

[Meter Reviews](#)

[Things Worth Checking](#)

[Help us and Save](#)

[TuDiabetes Everywhere](#)

Help Us While You Save Money

Various companies offer [discounts](#) to TuDiabetes members, giving back a percentage to DHF.

Blood Glucose Meter Reviews

Our member [Tmana](#) recently took the time to compare readings between multiple blood glucose meters and [shared her findings](#).

[What has your experience been with your blood glucose meter?](#)



Worth Checking in *TuDiabetes.com*®

Forum Topics

- [Managing Type 2 Diabetes with Insulin?](#)
- [Insulin Pumps: Animas Ping or Cozmore?](#)
- [Help Diabetes Charities with a Word in Your Hand](#)

Videos

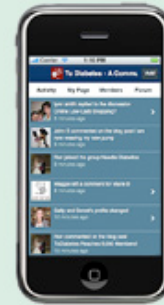
- [What to do for World Diabetes Day?](#)
- [Treating type 1 diabetes](#)
- [Advantages of using a food scale](#)

[HealthWarehouse](#) gives 5% off on diabetes supplies. [EatSmart](#) offers a \$10 discount on food scales. [FiveHumans](#) is having a sale on diabetes t-shirts during November.

[Visit our Discounts page](#), for many more money-saving opportunities.

TuDiabetes Everywhere

On your mobile:
tudiabetes.com/m



[Follow us on Twitter.](#)



We look forward to continuing to see you participate in the *TuDiabetes.com*® community.

Manny Hernandez, [Diabetes Hands Foundation](#)

[Forward email](#)

✉ [SafeUnsubscribe](#)®

This email was sent to tudiabetes@gmail.com by newsletter@diabeteshf.org.
Instant removal with [SafeUnsubscribe](#)™ | [Privacy Policy](#).

Email Marketing by



Diabetes Hands Foundation | P.O. Box 61074 | Palo Alto | CA | 94306