

# 86 Special Elective 2-Hour Workshops

Tuition: \$25; 5 for \$100

## FRIDAY, AUGUST 10

### 9:00-10:50 AM

#### (12091) THE FORMULA FOR A SUCCESSFUL PRE-TALK—Initial Contact + Telephone Conversations + Pre-Session Interview = Success & Referrals

Alan Alves, BCH, CI, OB *All-levels*

- Learn the secrets of building good rapport and trust with a prospective client from your first conversation
- Refine & redefine your skills at building your client's confidence in your ability to help them achieve their goals through a well crafted pre-talk
- Achieve clients' goals

A great pre-talk is at the heart of your clients achieving their goals and your continued success. Any hypnotist who wants to see a consistent flow of clients through their doors will benefit from this workshop on developing an excellent pre-talk, beginning with the initial contact. Learn how to properly apply this method into your own practice and be a success. *Lecture/Discussion/Video/Q&A*

#### (12092) BROKEN HEARTS MENDED HERE—The Biggest Niche - Everyone Has Had A Broken Heart!

Beryl Comar, MA, MEd, CI, OB *All-levels*

- Discuss the mental and emotional processes clients go through before, during and after the breakup
- Discuss what happens when partnerships breakup
- Help self/clients deal with the emotional consequences of a breakup
- Disentangle the depression, guilt and lack of self-confidence/self-esteem issues that accompany breakups
- Use the demonstrated techniques to alleviate negative effects of breakup
- Receive a step-by-step handout to be able to do the procedure for your clients

It can seem a huge job to disentangle the confusion arising during/after a split-up. I will help you recognize the processes that unfold as clients go through the various phases of separating. Clients have greater influence on the outcome of a breakup than they think - help them use their energy positively through the difficulties of a split. How well you cope with it will be very much under your control. Although different personalities react in different ways, there are nevertheless predictable similarities between people - so in this talk we look at the solutions so everyone comes out at the other end a happier and more competent person with the use of this process. *Lecture/Demonstration/Case Studies/Q&A*

#### (12093) BREAKING FREE FROM PAIN & PRESCRIPTION OPIOIDS —The Why And How of Ethically Working With Pain Clients

Roberta Fernandez, BCH, CI *All-levels*

- Learn about the prevalence and costs of chronic pain and opioid use in the US
- Understand how the brain processes pain in the body
- Explore the emotional components that manifest chronic pain
- Examine the relationship between pain and stress
- Learn specific mind and body techniques to work ethically with pain clients

Chronic pain affects nearly 1/3 of our population, prescription opioid addiction is a massive problem, and the Affordable Care Act requires medical institutions to provide integrative medicine. What a great time for hypnotists. This workshop gives you everything you need to work intelligently and ethically with pain clients: • Learn about the prevalence and costs of chronic pain & opioid use in the US • Understand how the brain processes pain in the body • Explore the emotional components that manifest chronic pain • Examine the relationship between pain & stress • Learn specific mind/body techniques to work ethically with pain clients *Interactive Participation*

#### (12094) WANT TO REVERSE YOUR AGE, AND HAVE BOUND- LESS ENERGY? THEN JOIN ME —The Infinite Power Of The Mind And The Lifestyle

Pratap Singhal, MD, CH *All-levels*

- Identify causes of low energy and rapid aging, especially as it applies to you
- List 5 techniques that can help you to bounce back your energy and slow, or even reverse, the aging process
- Apply these techniques immediately for maximum benefits

"You are what you eat and think"- I believe is an incomplete statement. The complete aphorism should read, "You are what you think, eat and 'do.'" The "do" component is very important because nothing happens without doing [action]. Thus, the message is that you are the product of your do's [actions]. Fortunately, your actions are under your control. Therefore you can control your energy, reverse aging as a matter of fact, anything, by your actions [your do's]. *Lecture/Discussion/Q&A*

Questions? Call the NGH  
Office at (603) 429-9438

#### (12095) FOUNDATIONS OF SUCCESSFUL MARKETING FOR HYPNOTISTS—Create A Platform For A Professional, Public Image That Inspires Trust And Maximizes Profits

Gloria Drewitz, CH *Introductory-Intermediate*

- Describe 3 attributes that help create trust in your advertising
- List 3 free resources for entrepreneurs
- Identify 3 potential niche markets where you could pursue targeting your services
- Define 3 marketing concepts/tools you can integrate into your overall marketing plan

Learn how you can make the many facets of marketing more efficient. This is an essential course for anyone new to the field or for anyone who would like to enhance, improve or simplify their current approach to marketing services and products. Learn why credibility, trust and target marketing are so important to creating a strong presence in a highly competitive marketplace. This course will help you get organized and launch a successful marketing campaign! *Lecture/Exercise/Discussion/Q&A*

#### (12096) HOMEOPATHY FOR HYPNOTISTS—Holistic Energy Healing

Lawrence Galante, CI, OB *All-levels*

- Understand what homeopathy is
- How you can combine homeopathy with hypnosis to help your clients to improve their physical, mental and emotional well-being

Homeopathy is the second most popular medicine in the world today. Yet most Americans know almost nothing about it. Many confuse it with Naturopathy, or Herbalism. Why have our drug companies fought so hard to suppress it and information about this non-toxic, over the counter system of healing? How can we as hypnotists and citizens, benefit from this benign system of energy healing? This class will teach the history, development and use of this safe, healing system. And teach you how to combine these safe remedies along with hypnosis to get enhanced positive results. *Lecture/Demonstration/Practice*

**"Best educational conference ever and so many people to meet from all over the world."**

—Vilene Farina, Lewiston, ME

### (12097) INCORPORATING THE AKASHIC RECORDS INTO YOUR HYPNOTISM PRACTICE

—Working With The Spiritual/Metaphysical Community

Lori Chrepta, CH

All-levels

- Learn 3 step-by-step processes in combining the Akashic Records with your hypnotism practice
- Identify 5 uses of the Akashic Records for clients
- Learn and experience the step-by-step process of conducting an Akashic Records consultation

The Akashic records is an energetic archive of our souls, including thoughts, feelings and experiences of past, present and future. By incorporating the Akashic Records into your practice, you can expand your services to clients and blend with your hypnosis sessions. Access the records to explore past lives and your soul purpose, understand and transform patterns and life struggles, explore relationships (why have you come together), discover the possibilities for your life, business, and more.

Lecture/Exercise/Discussion/Q&A

**11:00 AM-12:50 PM**

### (12111) HOW TO USE THE WEB MESMERIZINGLY—Project Yourself And Your Story And The Art Of Hypnosis To Make Your Practice Mesmerizing

Ralph Benko, BA, JD, CH, OB

All-levels

- Produce a site design using personal narrative to make the difference between a powerful website and a mere virtual brochure
- Design and set up a very affordable website, all elements from domain names to hosting to basics of site creation
- Find and use excellent free site content
- Present yourself professionally and powerfully
- Use the Web to build a thriving professional practice
- Promote the profession of hypnosis and your practice

To project your practice mesmerizingly on the Web uses the same principles as Stanford University Professor Ernest Hilgard's definition of hypnosis: "Believed-in Imagination." Make your website a compelling presentation of your own narrative. Convey yourself, your skills, your credibility, and the ability of hypnosis to bring about compelling outcomes. This will attract clients more powerfully than description

and stock images. You will learn the basics of how to do this simply and effectively.

Lecture/Discussion/Q&A

### (12112) HYBRID PARTS THERAPY: THE EASIEST PARTS THERAPY EVER!—Take All Of The Guesswork Out Of Parts Therapy And Help Your Clients Get Results FAST!

Cris Johnson, BCH, CI

All-levels

- List the reasons why this parts therapy is so easy to learn
- List the reasons why parts therapy is so versatile for so many client presenting issues
- Describe the circumstances that would benefit from parts therapy
- List simple ways to maximize the strength and ease of the process
- List the step-by-step process for the easiest parts therapy ever!

Parts therapy is a wonderful technique that helps clients with a wide variety of presenting issues by resolving their own inner conflict, but it's often difficult to get clients really 'into' the process as they want to 'think' their way through it plus they often struggle with the concept of 'separate parts.' This process eliminates all of the drawbacks, gives the operator a clear step-by-step process to follow, and makes the communication process as easy as 1-2-3. This process combines NLP, ideomotor response, hypnosis, and more. As an added bonus, learn the incredible Overload Induction - a rapid induction even faster than the Elman induction!

Lecture/Demonstration/Discussion/Q&A

### (12113) HYPNOTIZE EVEN THE HARDEST SUBJECTS

—Overcoming Resistance To Being Hypnotized

Theodore Robinson, BA, JD, BCH, OB

All-levels

- How to evaluate what level of susceptibility each client has to being hypnotized
- How to do Emotional Freedom Technique
- How to eliminate resistance to change
- How to overcome fear of going into hypnosis
- How to go deeply into hypnosis and test for it
- How to emerge even the deepest client who doesn't want to emerge

Some clients (and even hypnotists) are reluctant to be hypnotized ... but there is a way to eliminate their resistance and fear and go deeply into hypnosis quickly and easily. This course will teach you

how to evaluate whether they are susceptible to being hypnotized and then you will learn how to use EFT to eliminate their resistance and fear of hypnosis and be hypnotized the first time - every time! You will then learn a seamless EFT hypnosis induction and all of this will be demonstrated repeatedly during the class, so you will have the opportunity to do an induction on your classmates during the class. Make sure to attend this important class.

Lecture/Discussion/Demonstration/Q&A

### (12114) THE AFFECT BRIDGE REGRESSION TECHNIQUE

—Emotional Regressing, Releasing & Resolution That Will Boost Your Self-Confidence & Increase The Success Of Your Practice

Debi Boushey, BCH, CI, OB

All-levels

- Understand how past time emotional experiences can cripple a client in their present time situations
- Eliminate fears about doing regression work within a session
- Learn about anchors and triggers
- Learn how this technique can be applied to habits and behavioral change

The Affect Bridge Technique is a powerful, effective emotional releasing technique. Watch your success rate increase with your clients as you gain certainty by learning how to properly apply this method into your hypnotism practice. By properly utilizing the Affect Bridge Technique, you can eliminate fears about doing regression work within a session. Easily guide your client to the first emotional situation which is influencing their life. Help them release, let go and move on with real resolution. After this workshop, you will know how to incorporate the Affect Bridge Technique into your sessions with a client.

Lecture/Exercises/Demonstration/Q&A

*You'll discover that nobody works harder to give you a better convention experience than the staff of the National Guild of Hypnotists.*

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### (12115) PROVEN D.E.P.T.H. MODEL FOR WEIGHT LOSS SUCCESS—The Only Proven Weight Loss Program Seen On National Television

Thomas Nicoli, BCH, CI, OB *All-levels*

- Be able to help clients expose underlying motivators to unhealthy behaviors
- Learn a proven model to guide clients to weight loss success by focusing on the “why” & not the “what” of the problem
- Learn new quick & effective techniques to getting to the initiating cause
- Learn a variety of inductions to the hypnotic process and understand why this is important
- Learn the importance of the client’s landscape
- Increase success working with weight loss clients, or any clients, using Tom Nicoli’s D.E.P.T.H. Model

Since the exposure of Tom Nicoli’s hypnosis weight loss program on national television on Dateline NBC, he has improved his methods and created his DEPTH Model doing thousands of sessions with continued success. His clear, concise & thorough presentation of how this program is used with any client will assist any hypnotist, whether new or seasoned veteran, to increase client success and business. *Lecture/Demonstration/Q&A*

### (12116) HYPNODONTICS—Kick Start Your Practice Into High Gear With Dental Hypnosis

Timothy Jones, BMIN, FNGH, BCH, CI, OB *All-levels*

- Identify the differences between dental anxiety, fear, and phobia, and how to measure them
- The inherent precautions of pain removal while enhancing & accelerating the client’s natural self-healing abilities
- How to approach the dental practitioner and how to have their front office staff work for you referring clients
- The most effective ways to advertise your services, and to how to easily generate referrals from clients

80% of all people grow up affected with dental fear from a combination of experiences. Of those, it’s estimated 40-50% don’t seek dental help until their discomfort exceeds the level of pain expected during treatment. This workshop details how to help reverse those negative dental beliefs, boost client confidence and overall physical health, which results in an increase in word-of-mouth referrals. *Lecture/Demonstration/Discussion/Q&A*

Questions? Call the NGH  
Office at (603) 429-9438

### 2:00-3:50 PM

### (12021) HOW I BOOKED MILLIONS OF DOLLARS’ WORTH OF HYPNOSIS APPOINTMENTS & YOU CAN TOO (EVEN IF YOU ARE A BEGINNER)—More Clients, Greater Income & Success By Answering The Phone Right

Maureen Banyan, CH, OB *All-levels*

- How to answer each telephone call and turn them into appointments
- How to take control of a call when they are just shopping around
- How to set up multiple appointments in a single phone call
- How to prevent “no-shows” and last minute rescheduling
- When and how to ask for a “doctor’s referral”
- How to schedule your appointments for “office hours” instead of evening and weekends

This workshop will help you book hypnosis clients and get your hypnotism practice buzzing with clients. If you ever intend to do any kind of marketing, remember that the reason you market or advertise is to get that telephone to ring. You must know how to book those calls in order to make your marketing efforts pay off. Maureen will share her insider techniques on how she and Cal Banyan built one of the largest and most successful hypnotism practices in the country, Banyan Hypnosis Center for Training and Services, Inc. As a bonus, Maureen will give you tips on setting up your practice. *Lecture/Discussion/Q&A*

### (12022) THE RELATIONSHIP CODE—Heal Your Wounded Heart

Debbie Papadakis, BCH, CI, OB *All-levels*

- Identify problematic areas and learn how to transform your clients’ relationships and heal the wounded heart
- Demonstrate how to energetically free your clients from past destructive relationships (if any)
- Learn how to clear cellular memory and break multi-generational patterns that are stored at the cellular level
- Define and explain the 7 energy centers and learn how to incorporate it into the session
- Apply specific techniques to transform negative emotions into positive ones using the Decording™ system
- Outline the steps required to overcome emotional blocks and obstacles created by painful experiences/relationships
- Identify how to create the relationships your clients desire by using the power of the mind

- Partake in a powerful demonstration and group exercise to experience forgiveness and personal transformation

The Relationship Code is a systematic combination of conflict resolution techniques using the secrets of ancient healing, and visualization, with Decording™. Debbie has further enhanced this system with the power of hypnosis, making it a highly dynamic tool for consulting hypnotists. Learn how to facilitate this very simple, yet powerful system to assist clients to heal their wounded heart. Yes, you too can learn to help your clients transform any relationship!! Debbie will guide you through a step-by-step demonstration using the techniques required to restore and renew your clients’ relationships, and heal their wounded heart by removing blockages that hinder them. *Lecture/Demonstration/Experiential/Q&A*

### (12023) HOW TO MAKE POST-HYPNOTIC SUGGESTIONS STICK!—The Automatic Reinstatement Of Specific Suggestions After The Hypnotic State

William Mitchell, BCH, CI *All-levels*

- Describe the results of research by Weitzenhoffer, Berrigan, Evans and Staats, Wojcikiewicz and Orlick and the teachings of Erickson on post-hypnotic suggestion
- Describe how post-hypnotic suggestion is based on the Principle of Association
- Describe how to use direct and indirect suggestion to elicit post-hypnotic phenomena
- Identify 2 indications for use of post-hypnotic suggestions
- Use hypnotic amnesia in conjunction with post-hypnotic suggestion
- Suggestion to create automaticity

Clients come to be hypnotized, not for the experience of simply going into hypnotic state, but rather for the after effects, the results, the change in feeling or behavior. The client wants post-hypnotic results. One of the best tools for the competent hypnotist is the ability to create post-hypnotic suggestions that stick! Post-hypnotic suggestion refers to the subject’s ability to respond at a later time to a suggestion given during trance. The post-hypnotic suggestions can be directed toward behaviors, attitudes, or feelings and can involve any one of the hypnotic phenomena such as anesthesia, amnesia, tunnel vision, hypnotic dreaming, and so on. Learn how William Mitchell, as a Clinician, Instructor, and Stage Hypnotist routinely delivers suggestions that STICK! After this class you can too! *Lecture/Demonstration/Q&A*

### (12024) HYPNOSIS: GUIDED MINDFUL MEDITATION

—Experience The Mindfulness Techniques I Use With Clients

Ron Eslinger, CRNA, RN, APN, FNGH, BCH, CMI, OB *All-levels*

- Review and experience a scientific relaxing, healing and pain relieving breath
- Experience a Harvard experiment that releases endorphins
- See a demonstration of Do-It-Yourself Eye Movement Techniques for emotional healing
- Experience a colorful expansion of inner peace and understanding

Pain, anxiety, stress and health in general responds in a very positive way to mindfulness. Add mindfulness to your hypnotism practice and see the results. Mindfulness training is a powerful and easy to learn hypnotic technique for changing the biological & physiological response to pain and other client issues. You will learn 7 mindfulness techniques and their benefit to you and your clients. These simple easy and productive techniques will set you apart from other hypnotists. You will understand Harvard research for releasing endorphins that is equal to the administration of morphine to heart patients for releasing pain and stress. This is a must-attend workshop.

*Lecture/Demonstration/Discussion/Q&A*

### (12025) HOW A CONSULTING HYPNOTIST CAN DESIGN A PRACTICE IN COMPLEMENTARY MEDICAL HYPNOTISM—Have A Practice That Results In A Six-Figure Income Using Referrals

C. Scot Giles, DMin, DNGH, BCH, CI, OB,

*Intermediate-Advanced*

- Orient you to the general issues and concerns of adding complementary medical hypnotism to your practice
- Practical tips on running a successful complementary medical practice from a seasoned and successful practitioner
- Discover the hidden issues that can make or break a practice

There are special issues and concerns that you must consider if you want to do complementary medical hypnotism as a serious part of your practice. Complementary medical services need to be marketed in a completely different way than other hypnotic services and there are special concerns to keep the practice lawful. This program by a successful colleague will cover these issues and show you how to run a successful and stable practice focused on medical issues.

*Lecture/Discussion/Q&A*

### (12026) THE HYPNOTIC SOLUTION FOR OVERCOMING SELF-IMPOSED LIMITATIONS

—Empowering The Client To Conquer Life's Obstacles

Jacob Bimblich, DNGH, BCH, CI, OB *All-levels*

- Learn how to change a subject's perception and awareness of his conscious and subconscious mind
- Learn hypnotic techniques to motivate the client to achieve their goals
- Learn approaches to increase strong feelings of self-esteem
- Master the use of hypnotic suggestions for self-empowerment
- Understand how to develop a healthy self-efficacy, self-respect and self-assertiveness

In this workshop, you will learn the techniques and the script that has been used very successfully when dealing with clients. You will be able to look at a different way of thinking and doing a very effective hypnosis session. You will be able to empower the client, boost, encourage and shift away from the negative. Learn the process to help the client erase the negative thoughts and attitudes and help them live a more authentic and real life.

*Lecture/Demonstration/Q&A*

**4:00-5:50 PM**

### (12042) RECORDING HYPNOSIS MP3 AUDIOS—Create Your Own Self-Hypnosis Audio Products

Andy Dolph, CH

*All-levels*

- Choose which of the 3 types of microphones is most appropriate for your needs
- Choose and install the software which is most appropriate to your needs
- Perform the 9 steps to record and edit a hypnosis MP3 audio file
- Correctly evaluate the levels of the completed recording to ensure compatibility with the maximum number of playback devices and situations

Creating high quality MP3 self-hypnosis audios can be easy. We will cover what you need to know to choose the right equipment and use the computer you already have to create, edit and export finished recordings that are ready for sale. If you have had difficulty with making recordings in the past, please bring your problems and questions.

*Lecture/Demonstration/Discussion/Q&A*

*Questions? Call the NGH  
Office at (603) 429-9438*

### (12043) REMOVING FEARS WITH HYPNOSIS

Don Mottin, DNGH, BCH, CMI, OB *All-levels*

Over 8.7 million people are currently suffering from one type of a fear or another. The one thing that people with various fears have in common is they never see an end to this pain and anxiety. In this short two hour workshop, you will go way beyond understanding these fears, you will be competent at removing them. You will receive a DVD of a full session watching as a client comes into Don's office with a morbid fear of bugs, and leaves the office trying to find a bug. This DVD is a \$50.00 value. The home material does not stop there. You will also receive a free computer CD with all of the written material that was used in the class. Inductions, scripts, post-hypnotics and more. *NOTE: the free CD and DVD will only be offered to those who attend the live training at the 2018 NGH convention*

*Lecture/Demonstration/Q&A*

### (12044) THE BODY LANGUAGE CODE—Fill Your Toolbox With A Dozen Clues Of Non-Verbal Communication

Petra Frese, BCH

*All-levels*

- Know the 3 communication channels and value their significance
- Name 4 types of communicators
- Recognize & analyze at least 4 different handshakes
- Recognize & analyze at least 2 positions of feet/legs
- Identify 2 indicators for non-authentic behavior

Did you ever desire to read your client's mind? If you wish to have way more efficient, sustainable and rewarding hypnosis sessions, this workshop is for you. Experience to decipher the underlying truth of what your client is telling you with his/her words. Learn and practice to read the non-verbal messages. Make your business and private life easier by using this knowledge. Improve the power of our profession by learning the body language code.

*Lecture/Discussion/Practice/Exercises/Q&A*

**"The convention was great as always with so many interesting classes to take. I learn something new each year and I'm grateful for that." —Linda Lee, Pawcatuck, CT**

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### (12045) THE ART AND SCIENCE OF MINDFULNESS—Mastering Mindfulness And Passing It On

Andrew Neblett, CH *All-levels*

- Enter mindfulness consistently and quickly
- Identify external and internal factors that interfere with mindfulness
- Perform energy balancing exercises that you can teach your clients
- Learn how to blend mindfulness techniques with hypnosis

This workshop will teach you *exactly* what mindfulness is, how to achieve and maintain it, and use it with hypnosis and your clients. There are many influences that affect our ability to achieve mindfulness. You will learn how to correct them. Mindfulness is actually a vehicle to and the definition of a higher state which will be revealed in the class. When this higher state is achieved, you will have the best tool for overcoming any issue.

*Lecture/Demonstration/Exercises/Q&A*

### (12046) HYPNOGENES: EPIGENETICS & HYPNOSIS—The Hypnotic Prevention/Promotion Of Predisposition Gene Expression

Anthony DeMarco, LLB, DNGH, BCH, CI, OB

*All-levels*

- Gain practical knowledge of how predisposition works
- Gain practical knowledge of how genes work
- Methods to switch gene predisposition “on and off”
- Identification of “real and imaginary” genes for great health
- Learn immune system enhancement

Epigenetics is the field of study that assesses the mechanism by which environmental information interfaces with the genome and controls genetic activity. The outer environment and our perception of it influences our thoughts, emotions and responses. Hypnosis provides the mechanism to regulate the original predisposition gene activity thereby regulating the cell responses. This is truly a formidable power in that we can change our destiny through changing our perceptions. Hypnotists are on the cutting edge of this biological understanding of our body functions by our environment.

*Lecture/Discussion/Participation/Q&A*

**Don't forget to visit  
COUÉ'S CAFE**

### (12047) EMPOWER YOUR CLIENTS TO CREATE PROFOUND TRANSFORMATION WITH PERMANENT CHANGE—Overcome Negative Thoughts By Resolving Past Memories

Lois Hermann, BCH, CI, OB

*Intermediate-Advanced*

- Describe the importance of discovering the primary memory
- Discern between various different types of memories
- Experience an example of the discovery and resolution process
- Explain the most important action to take for resolution

Empower your clients to overcome habits, fears, and negative thoughts as they recognize and resolve past memories. Discover strategic skills to help clients break through, and break free at profoundly meaningful levels. Gently guide your clients to the origin of limiting memories...past life, spirit, genetic, and more. Help clients resolve unwanted emotions, thoughts, behaviors, night terrors, grief, or feelings of being ‘stuck’. Learn amazing professional techniques for expanded awareness.

*Lecture/Discussion/Demonstration/Q&A*

**7:00-8:50 PM**

### SPECIAL FREE WORKSHOP

### (120701) MEET YOUR TRIBE -MAKE NEW HYPNO-BUDDIES!—Connections With Colleagues Equals Power In Our Profession

Cheryl DeDecker, BCH *All-levels*

- Name 3 benefits of being friends with your colleagues
- Name 2 ways strong personal connections strengthen our profession
- List the names of at least 3 new contacts to continue ongoing collegial interactions during the convention
- List 2 actions to complete post-convention to continue to build hypno-buddy connections

Being surrounded by hypnotists is invigorating; finding opportunities to meet new colleagues can be a challenge. This FREE 2-hr workshop invites both new and seasoned hypnotists to mingle in this fun, interactive experience. Make new connections, meet people at another level, so you can continue to spend time during convention — going to classes, having meals, chatting ... and maybe become hypno-buddies for life! It's FREE, it's fun, it's Friday night...Join us, meet people - and continue those connections all weekend and beyond.

*Lecture/Discussion/Interaction/Q&A*

### (120702) EXPLORING THE NATURAL ELECTRIC ENERGIES OF THE MIND AND BODY—Energy Techniques, Kinesiology And Hypnosis For Rapid Change

Arthur Fecteau, CI

*All-levels*

- Identify difference between consciousness, unconsciousness and electromagnetic energy field
- List the 3 major blocks
- Describe 2 of the 14 algorithm points needed to correct problems
- Display ability to align positive and negative polarity on client

Hypnosynergetics is a list of steps to solve a problem in an easy to follow format. Experience this process personally & come away with a chart outlining the basic algorithms necessary to facilitate rapid change. Hypnosynergetics is an ideal modality for all because it is totally non-invasive and based on specific exercises which can be easily repeated daily to maintain the improvements.

*Lecture/Demonstration/Experiential/Q&A*

### (120703) LEARN THE REPROGRAM YOUR WEIGHT WITH HYPNOSIS PROCESS

### —Learn The Simple, Powerful, And Effective Techniques To Help Your Clients Lose Weight

Erika Flint, BCH *Introductory-Intermediate*

- Describe the role of emotional eating and how to eliminate it
- Describe and deliver the mindful eating technique for clients
- Describe and deliver the clarity process for weight loss clients
- Describe and implement the process of incremental success
- Describe and implement the process of default response
- Describe and implement the process of creative fulfillment

Learn the basics and implementation of the Reprogram Your Weight process for helping clients lose weight and keep it off for life with hypnosis. This process is outlined in my best-selling book *Reprogram Your Weight: Stop Thinking about Food All the Time, Regain Control of Your Eating, and Lose the Weight Once and for All*. This very successful process has been used with hundreds of clients who have lost thousands of pounds without a specific diet or complicated exercise program. Use the unlimited power of the mind with highly effective hypnosis techniques to help change your clients' relationship with food for good.

*Lecture/Discussion/Practice/Q&A*

To register, call (603) 429-9438

### (120704) ENTRANCEMENTS AND ENTRAINMENTS—Sound & Music To Enhance Your Hypnotism Practice

Peter Blum, CI *All-levels*

- Explain the principal in acoustics of “entrainment”
- List all 4 of the major brain wave states
- Recognize and play a basic theta rhythm on a frame drum
- Use tuning forks with a client

Music, drumming, chanting, and sound in general have been used since pre-historic time to induce and sustain trance. Learn, from this master sound healer and musician, how to incorporate the magic of rhythm and melody into your hypnotism and/or healing practice. We will explore how sound entrains brain wave activity, and experience directly the magic of singing bowls, tuning forks, and frame drumming for shamanic journeying. Simple techniques that can be easily mastered will be explained and demonstrated.

*Lecture/Demonstration/Practice/Q&A*

### (120705) HEAL YOUR PAST, ENJOY YOUR PRESENT

#### —Inspire For Better Future

Imran Yousuf Muhammad, BCH, CI *All-levels*

- Learn coping techniques to “turn off” the past hurts and unresolved painful memories and emotions negativity affecting your life
- Redefine your pain and trauma by understanding the role of forgiveness & letting go in transformational living

Often people experience unresolved past hurts; painful memories and emotions resurface when they want those to disappear & rule their present life. Eventually creating self-imposed limitations, distress, doubts, and tunnel vision and taking away peace and happiness from their relationships and limiting their choices in career and in various aspects of life. During this two-hour session, you will learn to heal traumatic past hurts and pains and positively charge and rejoice your present. *Lecture/Demonstration/Q&A*

To register, call (603) 429-9438

### (120706) USING TECHNOLOGY: A WEBSITE TO RUN YOUR BUSINESS ONLINE—Utilize A New, One-Stop Website To Run Your Business To Save Time And Money

Tina Pineiro, CH *All-levels*

- List 4 ways in which the site saves time over your present procedures
- How it streamlines pre and post tasks
- Receive 1 free month of use of the website to test the efficacy for your business
- Have a one stop website that you can become familiar with and become more comfortable with technology by repetitive use
- Have access to online marketing training and support tools to further automate your business

Would you like to have all your forms, scripts and client information for your hypnotism business all in one, easy-to-use website? Using technology is no longer a good option; it’s now a necessity! Instead of finding where you put that script or looking for that form, you can use one website to run your business. The website gives you storage room, file structure and many other capabilities that will allow you to spend less time on administrative tasks and more time working on your business. In addition, it has marketing training and support tool information to further automate your business. It’s like having a tech-savvy virtual assistant available when you need them.

*Lecture/Discussion/Demonstration*

**“Of 7 consecutive conferences, this was the best so far. I had the chance to meet and speak personally with some of the real heavy weights of the profession. Can’t wait till next year.”**

**—Allan Doane, Ojai, CA**

### (120707) NEUROANATOMY OF PAIN PATHWAYS—Visualize The Pain & Paralysis Pathways By Learning Their Specific Structures In The Nervous System

Annelle Soponis, BCH, CI *All-levels*

- List gross anatomical structures of CNS and PNS
- Distinguish between sensory, motor, and association neurons
- Draw a pathway with 2-3 neurons
- Compare pain and paralysis pathways by drawing them with their precise anatomical locations
- Apply your knowledge of NS structure to choose appropriate metaphors for your clients

The nervous system can be visualized as a series of pathways like roads on a map. In this workshop, you will learn to differentiate between white and gray matter, neuron and nerve, CNS and PNS. You will also draw pain and paralysis pathways using neurons with exact locations of their beginnings and endings in the NS. Learning the basics of neuroanatomy makes it easier for you to choose appropriate hypnotic metaphors for your clients. This workshop also prepares you for pain management courses.

*Lecture/Exercise/Discussion/Q&A*

### (120708) MYSTERY: MEDITATION/MINDFULNESS/NLP & HYPNOSIS—Power And Knowledge For Your Practice

Charles Crenshaw, Jr., CI and Carol Crenshaw, CH *All-levels*

- Learn how NLP and hypnosis have a basis in the science of yoga/meditation
- Understand the relationship between disassociation that occurs in NLP/hypnosis and dispassion in meditation
- Experience breath awareness meditation to note differences/similarities to self-hypnosis
- See how the autonomic nervous system plays into meditation and trance work
- Understand what the goal of meditation is in comparison to self-hypnosis & NLP
- Understand how Milton Erickson’s work relates to the brain science of today & the yoga science of the ancients

There are things that the science of yoga/meditation has bequeathed to hypnosis unbeknownst to most. A practical understanding of these things will empower your work, empower you and help you empower clients. The past, present, and future of our field depends on a thorough and proper understanding of how these modalities relate to each other.

*Lecture/Demonstration/Experiential/Q&A*

**“Whether you are a seasoned professional or brand new to the profession, you will learn more at the NGH convention than anywhere else.”**

**—Robert Merlin, Summerfield, NC**