

# Register Today for the World's #1 Hypnotism Convention

NGH 2018 Annual Convention, Educational Conference & Exhibition  
August 10-12, 2018 • Best Western Royal Plaza Hotel • Marlborough, MA

### Convention Fees:

postmarked:	before July 15th	after July 15th
NGH Members	\$425	\$445
Spouse	\$365	\$385
Nonmembers	\$475	\$495

### Partial Convention:

Friday	\$185
Saturday (includes Extravaganza)	\$225
Sunday	\$140

### Pre- and Post- Institute Fees

Tuition as indicated on pages 53-57

**All participants registered for the full 3-day NGH 2018 Convention are eligible for a \$50 discount on each Pre/Post course with the exception of #151 and #152.**

**DRIVING:** Take exit 24B off Interstate 495.  
Hotel is one mile on the right.

If you are not currently a member of the National Guild of Hypnotists, please join now! Go to our website [www.ngh.net](http://www.ngh.net) and fill out an application form online. If you would like an information package sent, please call (603) 429-9438 or email: [ngh@ngh.net](mailto:ngh@ngh.net).

**Please Join Us!** The National Guild of Hypnotists, Inc. has approximately 18,000 members across the United States and in more than 89 countries. We are the largest and oldest organization of our kind, and we welcome new members as well as members of other groups who would like to maintain dual memberships.

As an active paid-up member of the 68-year-old National Guild of Hypnotists, you receive: The prestige of belonging to the premier hypnotism organization; Referral through our computer listings; The largest and friendliest Hypnotism Convention & Conference; Awareness and reporting of registration, licensing and legislative activities; *The Journal of Hypnotism*® magazine quarterly; *Hypno-Gram*® newsletter quarterly; Availability of malpractice insurance; Quality training, outstanding core-curriculum; Union affiliation available to members; DVD Rental Library for members only; Book, tape, and DVD discounts; Copyrighted brochures and newspaper columns; MP3 downloads; Networking through local chapters; National publicity on TV and in leading publications; Continuing education programs; Consultation and advice; Professional services by a professional staff, which truly works on your behalf.

## REGISTRATION

- YES! Please register me for ....
  - Complete Convention     Friday only     Saturday only (includes Extravaganza)     Sunday only
 (Fill in the form below and return entire page.) To assist in planning meeting space, please indicate your choices for Seminars and Workshops on the other side of this form. All sessions will be available on a first come, first served basis.
- YES! I am interested in becoming a member of the National Guild of Hypnotists.
- I will attend an NGH Summer Institute Pre-Convention Course. Course Selection: \_\_\_\_\_
- I will attend an NGH Summer Institute Post-Convention Course. Course Selection: \_\_\_\_\_

Name \_\_\_\_\_

Company \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone ( ) \_\_\_\_\_ FAX ( ) \_\_\_\_\_

**FAX (603) 424-8066, e-mail [ngh@ngh.net](mailto:ngh@ngh.net)  
or CALL (603) 429-9438** or return this form to:

National Guild of Hypnotists, Inc.  
P.O. Box 308, Merrimack, NH 03054

\$ \_\_\_\_\_ Convention Fee

\$ \_\_\_\_\_ Tuition for Elective Workshops

\$ \_\_\_\_\_ Pre-Convention Institute # \_\_\_\_\_ Tuition

\$ \_\_\_\_\_ Post-Convention Institute # \_\_\_\_\_ Tuition

\$ \_\_\_\_\_ Annual Membership Dues (by separate check)

\$ \_\_\_\_\_ Enclosed is my total payment.

Please charge my:

MasterCard     Visa     Discover     AMEX

\_\_\_\_\_

Credit Card Number

Expiration Date \_\_\_\_\_ CVV \_\_\_\_\_

\_\_\_\_\_

Signature

# NGH 2018 Convention • August 10-12, 2018 • Marlborough, Massachusetts

No additional charge for 1-hour Seminars or Special Workshops #120701, #22111, #33092

Special two-hour workshop #22091 includes DVD: \$35

Elective 2 or 3-hr Workshops: \$25 each; SPECIAL \$100 for 5 when ordered at same time

## Seminars/Workshops Selection Form

Circle one (only) for each time period during days you will attend and mail or fax it with your registration form. Changes and/or additions may be made during the Convention.

### FRIDAY

7 am	11071	11072												
8 am	11081													
9 am	11091	11092	11093	11094	11095	11096	11097	12091	12092	12093	12094	12095	12096	12097
10 am	11101	11102	11103	11104	11105	11106	11107							
11 am	11111	11112		11114	11115	11116	11117	12111	12112	12113	12114	12115	12116	
12 n	11121	11122	11123	11124	11125	11126	11127							13121
1 pm	110101	110102	110103	110104	110105	110106	110107	110108	110109	110110	110111	110112	110113	
2 pm	11021	11022	11023	11024	11025	11026	11027	12021	12022	12023	12024	12025	12026	
3 pm	11031	11032	11033	11034	11035	11036	11037							13031
4 pm	11041	11042	11043	11044	11045	11046			12042	12043	12044	12045	12046	
5 pm	11051	11052	11053											
6 pm														
7 pm	120701	120702	120703	120704	120705	120706	120707	120708						

### FRIDAY EVENING STAGE SHOWS

7:30 pm • 9:30 pm — Tickets \$8.00 each show

### SATURDAY

7 am	21071	21072												
8 am	210801	210802	210803	210804	210805	210806	210807	210808	210809	210810	210811	210812	210813	23081
9 am	21091	21092	21093	21094	21095	21096	22091	22092	22093	22094	22095	22096	22097	
10 am	21101	21102	21103	21104	21105	21106	\$35							
11 am	21111	21112	21113	21114	21115	21116	22111	22112	22113	22114	22115	22116	22117	22118
12 n	21121	21122	21123	21124	21125	21126								
1 pm	210101	210102	210103	210104	210105	210106	210107	210108	210109	210110	210111	210112	210113	210114
2 pm	21021	21022	21023	21024	21025	21026	22021	22022	22023	22024	22025	22026	22027	23021
3 pm	21031	21032	21033	21034	21035	21036								
4 pm							22041	22042	22043	22044	22045	22046	22047	

Saturday Extravaganza & Awards/Dancing

### SUNDAY

7 am	31071	31072	31073											
8 am	31081	31082	31083	31084	31085	32081	32082	32083	32084	32085	32086	32087		
9 am	31091	31092	31093	31094	31095								33091	33092
10 am	31101	31102	31103	31104	32101	32102	32103	32104	32105	32106	32107	32108		
11 am	31111	31112	31113											
12 n	311201	311202	311203	311204	311205	311206	311207	311208	311209	311210	311211	311212	311213	311214
1 pm	310101	310102	310103	310104	310105	310106	310107	310108	310109	310110	310111	310112	310113	310114
2 pm	31021	31022	31023	31024	32021	32022	32023	32024	32025	32026	32027	32028	32029	
3 pm	31031	31032	31033	31034										
4 pm														

# “SHARING THE VISION”

## National Guild of Hypnotists Convention 2018

August 10-12, 2018 • Best Western Royal Plaza Hotel  
Marlborough, Massachusetts

### Table of Contents

Page 2	Welcome Letter, Registration Information
Page 3	Register Today for Your 2018 Convention
Page 4	Seminars/Workshops Selection Form
Page 5	Contents, Convention Schedule
Page 6-7	Official Proclamations
Page 8-9	FRIDAY AT-A-GLANCE
Page 10-11	SATURDAY AT-A-GLANCE
Page 12-13	SUNDAY AT-A-GLANCE
Page 14-20	Friday 1-Hour Seminars
Page 21-26	Friday 2-Hour Workshops
Page 27	Friday 3-Hour Workshops
Page 28-35	Saturday 1-Hour Seminars
Page 36-39	Saturday 2-Hour Workshops
Page 40	Saturday 3-Hour Workshops
Page 41-46	Sunday 1-Hour Seminars
Page 47-50	Sunday 2-Hour Workshops
Page 51	Sunday 3-Hour Workshops
Page 54-57	NGH Summer Institute
Page 58-69	Your 2018 NGH Convention Faculty
Page 70-72	NGH ACHIEVEMENTS AND SO MANY “FIRSTS”
Page 73	Your Personal Learning Goals
Page 74	NGH Membership Information

### Convention Schedule

Sunday-Thursday, Aug 5-9	NGH Summer Institute (Pre-Convention) <i>All programs start at 9am.</i>
Thursday, Aug 9	Exhibitor Registration & Set-up (5pm-9pm) Early Registration (5-9pm) Convention Faculty Meeting (5:15pm) NGH Certified Instructors Meeting (6:30pm)
Friday, Aug 10	Registration Opens (7am) Opening Session - Keynote Address (8-9am) Exhibit Hall Open (9am-7pm) Concurrent Seminars & Workshops (9am-6pm) Clergy Special Interest Group Meeting (5:30pm) Concurrent Workshops (7pm-9pm) Stage Shows (7:30pm and 9:30pm)
Saturday, Aug 11	Exhibit Hall (8am-6pm) Concurrent Seminars & Workshops (8am-6pm) Awards Ceremony (6:30-7:30pm) Saturday Extravaganza & Dancing (7:30pm-12:30am)
Sunday, Aug 12	Exhibit Hall (8am-4pm) Concurrent Seminars & Workshops (8am-4pm) Board Certification Exam (4:15pm)
Monday-Thursday, Aug 13-16	NGH Summer Institute (Post Convention) <i>All programs start at 9am.</i>



**Setting The Standards**

*City of Marlborough, Massachusetts*



## PROCLAMATION

- WHEREAS:** The National Guild of Hypnotists, originally founded in 1950 in the Commonwealth of Massachusetts, and currently headquartered in Merrimack, New Hampshire, is the largest and oldest association of its type; and,
- WHEREAS:** During 2018, this professional hypnosis organization in observing sixty-eight years of service to its members and the general public; and,
- WHEREAS:** Members from across the United States and over seventy countries convene annually at what has become the world's largest Hypnosis Convention and Educational Conference; and,
- WHEREAS:** This year, the Guild will be gathering in Marlborough, Massachusetts for their continuing education and networking conference; and,
- WHEREAS:** During this, their sixty-eighth year, we recognize past accomplishments and wish continued growth to this unique organization and its many dedicated members.

*Now Therefore, I, Arthur Vigeant, Mayor, do hereby proclaim  
Saturday August 11, 2018 as*

## NATIONAL GUILD OF HYPNOTISTS DAY

in the City of Marlborough in recognition of the contributions made to the City, State and Country by this noble organization.

*Signed Under My Hand And Seal In The Executive Chamber, City Hall*

**Arthur G. Vigeant, Mayor**



# Congressional Record

Congressional Record 113th Congress (2013-2014) S2614

National Guild of Hypnotists, Inc.  
SOLUTIONS TO DAILY STRESS

**HON. STEVE STOCKMAN**  
OF TEXAS IN THE HOUSE OF  
REPRESENTATIVES

Thursday, December 11, 2014

Mr. STOCKMAN. Mr. Speaker, hypnosis may be a useful tool in the field of mental and physical health as well as combatting against those who wish to kick the habit of smoking and substance abuse.

VerDate Sep 11 2014 07:03 Dec 14, 2014 Jkt 049060 PO 00000 Frm 00008 Fmt 0626 Sfmt 9920 E:\CR\FM\K11DE8.007 E12DEPT1 emcdonald on DSK67QTVN1PROD with REMARKS

December 12, 2014 CONGRESSIONAL RECORD—Extensions of Remarks E1803  
FoxNews Health recently published a column noting the effectiveness of “hypnosis as therapy for anxiety, stress,” wherein it noted that “Hypnosis was birthed from the brains of psychologists and researchers, and . . . it’s now making its way back into the mainstream.”

It recommended the National Guild of Hypnotists (the NGH) as one of two national organizations from which to seek referrals.

The following is a news report profiling . . . the organization.

**MERRIMACK, NH** — (Marketwired—Jan. 21, 2014)—  
Change is stressful, even when change comes in the form of beneficial technology and social transformation. Too often, the stress of change manifests as overeating and obesity, smoking, substance abuse, aggression and other negative behaviors. Millions are searching for a non-pharmaceutical solution that is effective, long lasting and causes no side effects. The National Guild of Hypnotists has demonstrated through its longevity and documented results that hypnosis provides proven alternatives for reducing and eliminating many of the negative responses to today’s stressful world.

The National Guild of Hypnotists, NGH, is the oldest, largest and most respected professional association of hypnotists in the world.

The National Guild of Hypnotists, under the leadership of Dr. Dwight Damon, has been instrumental in raising conscious awareness of consulting hypnosis as a separate and distinct profession. Hypnosis now is recognized in the medical and scientific mainstream and its use and acceptance continue to grow. Founded in Boston in 1950 and now based in Merrimack, NH, with over 14,000 members worldwide, the National Guild of Hypnotists includes trained, certified hypnotists, doctors, dentists and other health professionals and educators from many fields. An international organization serving members in 80 countries, the National Guild of Hypnotists established a strong universal code of ethics for

the profession. In 1994, the National Guild of Hypnotists chartered the rapidly growing National Federation of Hypnotists, Local 104, a Union affiliated with the OPEIU, AFLCIO, CLC. Those knowledgeable of non-clinical hypnosis universally acknowledge Dr. Damon as “The Father of Consulting Hypnotism as a Separate and Distinct Profession.”

The National Guild of Hypnotists established and maintains a rigorous certification program based on a standardized curriculum. Annually, the National Guild of Hypnotists conducts educational seminars around the country and an international convention and educational conference, held in Marlborough, MA, that attracts over a thousand hypnotists.

Under the guidance of Convention Director Elsom Eldridge Jr., the convention is the leading and largest venue for the sharing of best practices within the profession. Each year’s convention provides a platform for teaching advanced hypnotic techniques and sharing new information and practical developments from leading members of the profession and legislative and legal updates. The most prestigious awards in the profession are presented during the event. The adjunct faculty, recruited from around the world, provides a distinguished nexus for what Dr. Damon describes as, “an open forum for a free exchange of ideas concerning hypnosis.”

Dr. Damon says, “As members of the National Guild of Hypnotists, we have accepted the invitation and have risen to the challenge that the actions we have taken over the years, lay the groundwork for our profession to soar beyond all that has been accomplished and even beyond all we can conceive. We rise to the invitation to leave a legacy of excellence.”

Respectful of licensed health care professionals, the National Guild of Hypnotists encourages its members to make their services widely available as a complementary adjunct to medical, dental and other licensed health professions. The organization’s vision is of a time when a visit to a Consulting Hypnotist will be as routine as a trip to the dentist. Consistent efforts by the National Guild of Hypnotists in fostering professionalism has been the decisive factor in bringing about the recognition of hypnosis as a separate and distinct profession. The non-profit association publishes *The Journal of Hypnotism* and the *Hypno-Gram* quarterly, as informative publications for practitioners and recently introduced *Hypnosis Today*, an annual magazine created for all readers.