

# FRIDAY, AUGUST 10

## 187 Expert Seminars

No Additional Charge  
Included With Your Convention Fee

### 7:00-7:50 AM SEMINARS

#### (11071) YOGA EXERCISE

*Dorothy Kerzner, CH*

*All-levels*

Begin your day relaxed and in control with stress-reducing, easy movements for body and spirit. Attendees should wear comfortable clothing and bring a towel to sit on. *Experiential*

#### (11072) TAI CHI MORNING EXERCISE—Experience The Mind/Body Connection Through Tai Chi

*Stanley Ou Yang, BCH, CI*

*All-levels*

Through a series of slow, relaxed, rhythmic, graceful movements, you will learn to maintain good body alignment to promote stability and balance, and connect your mind and body to enhance wellness and health. *Experiential*

### 8:00-8:50 AM SEMINAR

#### (11081) SHARING THE VISION

*Dwight Damon, DC, DNGH, BCH, OB*

*All-levels*

Keynote Address of 2018 Convention

*Lecture*

### 9:00-9:50 AM SEMINARS

#### (11091) DESTRUCTIVE TRIGGERS - HEALING TRIGGERS—Eliminate Urges, Cravings, Obsessive Thoughts And Actions

*Anthony DeMarco, DNGH, LLB, BCH, CI, OB*

*All-levels*

The passion, or the circumstances, or the repetition with which any given stimulus is presented to us, dictates the effect resulting in specific reactions that please us, or empower us, or haunt us, or disturb us, or “attempt” to destroy us. Tony offers his insights into the workings of the subconscious mind and the collective unconscious, the elevation of consciousness, and several triggers to use to combat cravings, urges, obsessions and give your clients the kick-start. *Lecture/Demonstration/Q&A*

#### (11092) THE AFFECT BRIDGE REGRESSION TECHNIQUE—Powerful, Emotional Regression, Releasing & Resolution Will Increase Your Success

*Debi Boushey, BCH, CI, OB*

*All-levels*

The Affect Bridge Technique is a powerful, effective emotional releasing technique. By utilizing the Affect Bridge Technique you can: Understand how past time emotional experiences can cripple a client in present time situations. Eliminate fears about doing regression work. Guide your client to the first emotional situation which is influencing their life. Help them release, let go and move on with real resolution. *Lecture/Discussion/Q&A*

#### (11093) HOW TO USE STAGE HYPNOSIS TO EDUCATE TEENS—Combining Stage Hypnosis And Educational Content To Motivate Teens To Make Good Life Choices

*Cris Johnson, BCH, CI*

*All-levels*

Stage hypnosis is a marvelous form of entertainment AND a wonderful way to help motivate teens to make good choices in life! Join Cris as he outlines the criteria and steps to crafting a stage hypnosis show to educate/motivate teens. Learn some of the most relevant topics that fit into a stage hypnosis show, how to structure the show, and more. *Lecture/Discussion/Q&A*

#### (11094) A UNIQUE EFT INDUCTION—Using EFT To Induce Trance In The Most Challenging Clients

*Theodore Robinson, BA, JD, BCH, OB*

*Introductory-Intermediate*

You will first be taught basic EFT and shown how to use it to induce clients into hypnosis directly with a very simple, easy and effective way of using EFT. You will also be taught how to incorporate EFT into your hypnotism practice to make it an integral means of preparing clients to go deeply into hypnosis easily and quickly. *Lecture/Demonstration/Q&A*

#### (11095) TRAIN YOUR BRAIN—BE YOUR BEST —An Introductory NLP And Hypnosis Workshop To Present To Middle Management Professionals

*Gary Cameron, CI*

*Introductory*

This seminar has been successfully presented to middle-management in a small group of the Canadian Civil Service. The agenda covers a brief overview of the basics of NLP (11 principles) as well as a contrast to and coordination with hypnosis. A short stress-reduction technique for workers at their desks or on break is one applied technique suggested. *Lecture/Demonstration/Discussion/Q&A*

#### (11096) HOW TO GENERATE REPEAT CLIENTS —Proven Strategies To Encourage Your Clients To Visit You Every 6 Weeks For A Tune-Up

*Timothy Jones, BMin, FNGH, BCH, CI, OB*

*All-levels*

Like visiting their chiropractors every 2 months to maintain their well-being, clients should feel confident enough in you to visit regularly for “tune up’s” even after they’ve met their original objectives so you can help them remain motivated and invigorated. This is a presentation of overlooked techniques that express you’re not only inspired in what you do, but that you look and feel like a respected practitioner. *Lecture/Discussion/Q&A*

#### (11097) SHARING THE VISION OF HYPNOTISM AS A SEPARATE AND DISTINCT PROFESSION—How The NGH Propelled Hypnosis To Professional Stature, How To Advance That & Use It To Raise Your Status

*Ralph Benko, BA, JD, CH, OB*

*All-levels*

Lucrative elite professionals, such as lawyers, psychologists, government officials, and businessmen have great social status and earning power. Apply their secrets to raising your professional stature and income. Professional success derives in large measure from your social status. There are simple, powerful ways to raise your status, achieve higher professional & social recognition and professional success. *Lecture/Discussion/Q&A*

### 10:00-10:50 AM SEMINARS

#### (11101) TREE READING INTERPRETATION —Build Rapport And Trust In Less Than 2 Minutes

*Janet Crain, DMD, CI*

*All-levels*

This simple drawing of a tree gives a plethora of information useful in developing a strong bond and trust. In less than two minutes, unique characteristics are uncovered that reveal underlying beliefs, motivations, influences and experiences of the past that are influencing the current situation. Tree reading is not psychotherapy, but, it can have a beneficial effect on your relationship with your client. *Lecture/Exercise/Discussion/Q&A*

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### (11102) YOUR CLIENTS WANT THE MAGIC, THE WOW, THE HYPNOTIC PHENOMENA!!!—Why You Want To Use Hypnotic Phenomena Such As Amnesia, Hallucinations, Age Regressions, Age Progressions, Analgesia, Etc. In Your Practice William Mitchell, BCH, CI

All-levels

The Hypnotic Phenomena is the Wow, the Magic that allows clients to make powerful breakthroughs! Too many hypnotists induce trance and hope the subconscious will benevolently do something magic. As a result many clients do not think they were hypnotized and fail to achieve positive outcomes. Your business and reputation will grow dramatically when you learn to use powerful and relevant Hypnotic Phenomenon.

Lecture/Video/Demonstration/Q&A

### (11103) THE POWER OF MINDFULNESS. GET NEW CLIENTS FAST!—The Joy In Attracting New Clients Donna Bloom, BCH

All-levels

Build the hypnotism practice of your dreams with excitement, enthusiasm and the proper mental mindset! Learn how to get clients by consistently focusing on that which you really, really desire. Discover four quick and easy processes to start attracting new hypnosis clients! This class is full of visualizations, exercises and processes to help you create a thriving practice with practically no money.

Lecture/Participation/Q&A

### (11104) DEALING EFFECTIVELY WITH WEIGHT CONTROL—How To See Less & Less Of Your Client Jacob Bimblich, DNGH, BCH, CI, OB

All-levels

Through many years of research and experimentation, some very effective suggestions with great impact have been developed for use in the hypnotic approach to weight control. Learn the mechanism and suggestions that will produce the best results. Learning basic nutritional approach that will motivate the client to pursue the desire weight goal.

Lecture/Demonstration/Q&A

### (11105) USING MIND STYLES TO IMPROVE CLIENT RAPPORT—An Easy Technique That Improves Practitioner Effectiveness C. Scot Giles, DMin, DNGH, BCH, CI, OB

Introductory-Intermediate

The Eye-Roll, when done properly discloses how hypnotizable your client can be. It also tells you a lot about the client's personality and what sort of hypnotic approach will be most effective. The Complementary Medical Hypnotism Certification program of the NGH uses this technique extensively and this seminar will give you a boost if you desire to use those techniques in your practice.

Lecture/Discussion/Q&A

### (11106) PAST LIVES...TALL TALES, TRUTH OR THERAPY?—What's The Scoop On Past Lives? Lucy Portlock, CH

All-levels

This seminar is designed to present up-to-date information on the veracity of "past lives" through discussion of actual research, citing numerous authors and their published works. It will also show the merits of using past life regressions in your hypnotism practice. Are past lives real or just stories? Is there any use in doing past life regression in your practice? Would you like to try having a past life regression yourself? Come for the answer to these questions.

Lecture/Discussion/Experiential/Q&A

### (11107) SEED MONEY—Attracting Abundance Into Your Life Using The Power Of Your Mind Eric Richmond, CRNA, BCH, CI and Richard Gordon, CI

All-levels

In 1971, Ramona Garcia started handing out blessed quarters and everyone who received one, including Marlene in 1973, began to experience unlimited prosperity and abundance in their lives. Sadly, Ramona passed away last year. We are carrying on her tradition of Seed Money, with Marlene's blessing. Eric and Richard will lead you through step-by-step instructions on how self-suggestive hypnotic states are applied in the most effective way and illustration of anchoring technique. Come and make your own miracle of prosperity!

Lecture/Discussion/Q&A

## 11:00-11:50 AM SEMINARS

### (11111) SET YOURSELF AND YOUR CLIENTS FREE OF SHAME—A Protocol To Overcome Thoughts Of Being Not Good Enough Birgit Zottmann, CI

All-levels

Shame is a feeling deep within us of being unworthy. It can damage a person's image of themselves in ways that no other emotion can. Compassion is the antidote to shame. As it is with most poisons, the toxicity of shame needs to be neutralized by another substance if we are truly going to save the client. Compassion is the only thing that can neutralize shame. I will demonstrate and practice with you a powerful exercise in self-compassion.

Lecture/Discussion/Q&A

### (11112) MAKING POST-HYPNOTIC SUGGESTIONS WORK Don Mottin, DNGH, BCH, CMI, OB

All-levels

Understand the mistakes that you have been doing with your clients when it comes to post-hypnotic suggestions. Learn what to say, how to say it, when to change the tone of the voice, and yes, even when to laugh at the client. First, before entering this class be prepared to throw out much of your beliefs about post-hypnotic suggestions.

Lecture/Discussion/Q&A

### (11114) THE ART AND SCIENCE OF MINDFULNESS —Mastering Mindfulness And Passing It On Andrew Neblett, CH

All-levels

This seminar will teach you EXACTLY what mindfulness is, achieve and maintain it, and use it with hypnosis and your clients. There are many influences that affect our ability to achieve mindfulness. You will learn how to correct them. Mindfulness is actually a vehicle to and the definition of a higher state which will be revealed in the class. When this higher state is achieved, you will have the best tool for overcoming any issue.

Lecture/Demonstration/Exercises/Q&A

**"The convention offers an excellent opportunity to update knowledge while reconnecting with friends. Found my "Aha" moment daily."**

—Melissa Shute, North Granby, CT

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**(11115) SHOW YOUR HAND(WRITING) FOR A  
“BUMPER STICKER” ANALYSIS—Your Trump Card  
Revealed & How To Play It**

**Pearlan Feeney-Grater, CH, OB** *All-levels*

Learn for yourself why this tool is invaluable in the work we do with our clients. Allow Pearlan to weave what she sees into a conversation that leaves you feeling understood where others might not. This process can happen in minutes with our subject slipping into a trance without ever being aware of when the hypnosis began. See Pearlan “nail it” by using samples of handwriting from attendees. *Lecture/Discussion/Demonstration/Q&A*

**(11116) THE RELATIONSHIP CODE—Heal Your  
Wounded Heart**

**Debbie Papadakis, BCH, CI, OB** *All-levels*

The Relationship Code is a systematic combination of conflict resolution techniques using the secrets of ancient healing, and visualization with Decoding™. Learn how to facilitate this very simple, yet powerful system to assist your clients to heal their wounded heart. Be guided through a step-by-step demonstration to restore and renew clients’ relationships by removing the blockages that hinder them. *Lecture/Demonstration/Q&A*

**(11117) VALUE LADDERS AND CONTINUITY  
PROGRAMS—Generate More Revenue With This  
Business Model**

**Paul Ramsay, BCH, CI** *Introductory-Intermediate*

Do you have a clear, structured approach to how you sell your services to clients? Understanding value ladders and continuity programs could be a huge improvement for your practice. Stop selling services as one-off items and develop a greater relationship with your clients that has them coming back to you over and over. *Lecture/Discussion/Q&A*

**NOON-12:50 PM SEMINARS**

**(11121) THE ESLINGER MULTIPURPOSE  
INDUCTION MODEL—The Client’s Success Starts  
With The Induction - Get It Right**

**Ron Eslinger, CRNA, RN, APN, FNGH, BCH, CMI, OB** *All-levels*

The Eslinger Model starts with priming the client during the interview and activation of the client’s endorphins, melatonins and serotonin. Next 4 questions set the stage for success. The eyes are closed and a unique set of choices are suggested to the client. Suggestion that pertain to the client’s issues are weaved into colors, eye movement techniques, relaxation, confusion, metaphors, direct suggestions and concludes with eye catalepsy that never fails. *Lecture/Demonstration/Q&A*

**(11122) GROW A PROFITABLE HYPNOTISM  
BUSINESS WITHOUT EXPENSIVE ADVERTISING!  
—Fill Your Schedule With Paying Clients Using  
Powerful Networking Strategies!**

**Lois Hermann, BCH, CI, OB** *All-levels*

Would you like to learn how to grow your business without expensive advertising? Since hypnotists are natural communicators, we relate readily to other business people. As we help business professionals with their businesses, we naturally grow ours. Learn secrets to become an expert networker. Develop tools to connect confidently with others. *Lecture/Discussion/Exercise/Q&A*

**(11123) NGH BOARD CERTIFICATION EXAM  
REVIEW—The Questions You Ask**

**Maurice Kershaw, MA, FNGH, BCH, OB** *All-levels*

A member of The National Guild of Hypnotists Certification Board will conduct this important seminar to provide general information to hypnotists who qualify to sit for the Board Certification examination. This seminar will provide instruction on the requirements necessary and an explanation of the testing process. It will discuss the benefits of this professional recognition, and the level of hypnosis skills and professional practice experience the Board will assess. *Introduction/Lecture*

**(11124) INTRODUCTION TO THE BODY LANGUAGE  
CODE—Get A Glimpse Into The Toolbox Of  
Non-Verbal Communication**

**Petra Frese, BCH** *All-levels*

Did you ever desire to read your client’s mind? If you wish to have way more efficient, sustainable and rewarding hypnosis sessions, this seminar is for you. Experience to decipher the non-verbal messages of your clients. Learn and practice. Make your business and private life easier by using this knowledge. Improve the power of our profession by learning the body language code. *Lecture/Discussion/Practice/Exercises/Q&A*

**(11125) EFT’S TO SHARE THE VISION OF OUR  
PROFESSION—What You Don’t Know About EFT**

**Charles Crenshaw Jr., CI** *All-levels*

EFT has evolved out of the subtleties of our understanding of the human energy body (chi body). The general consensus is that EFT is just blindly tapping and talking, but it is a lot more subtle than that. It can be used as part of the arsenal of tools that continue our progress as hypnotists in helping to verify to clients, and ourselves, the reality of change work. *Lecture/Demonstration/Experiential/Q&A*

**(11126) TESTING & CHALLENGES FOR DEEPENING  
HYPNOSIS**

**Jerry Valley, MACP and Tommy Vee, BCH, CI** *All-levels*

This presentation will teach you how to effectively use the proper testing and fool-proof challenges to get your subjects into a deeper state. This will also eliminate subjects from saying “I don’t think I was hypnotized.” If you have ever heard that statement, this class is for you! *Lecture/Demonstration/Q&A*

**(11127) SOS: SESSION RESCUE!—There Are No  
Mistakes, Only Opportunities To Make The Session  
Better**

**Susan Spiegel Solovay, CH** *All-levels*

Every hypnotist needs an SOS toolkit. If a session is going awry, you want the confidence to steer it quickly back on track. Dealing with noises, coughs, yawns, hearing problems? Deep snoozing or steep resistance? You made an error? Lost your script? Lost track of time? No problem! I’ve made every mistake already, so I’ll give you the best tools so problems don’t happen – and quick, effective fixes if they do. *Lecture/Q&A*

**Don’t forget to visit  
COUÉ’S CAFE**

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### 1:00-1:50 PM SEMINARS

#### (110101) MIRROR NEURONS AND METAPHORS —Physical Bases For Crafting Powerful Hypnosis

**Fredric Mau, BCH, CI**

*All-levels*

Fredric will present mirror neurons in an engaging and practical way as a fundamental tool for creating emotional engagement and crafting hypnotic processes. The presentation will emphasize the practical construction of hypnotic metaphors when working with clients, and examine phenomena like catalepsy and pain alleviation.

*Lecture/Q&A*

#### (110102) HYPNOSIS NEUROBIOLOGY & DEPTH TESTING—Hypno-Neurobiology Of The Arons Depth Scale

**Billy Shilling, CI, OB**

*All-levels*

This presentation will highlight modern theories of hypnosis which provide a foundation for contemporary bio-psychosocial theories and neurobiological models of hypnosis, along with their direct application in hypnotism practice. The dissociative elements of current hypnosis theories, which produce the phenomena of the Arons Hypnosis Depth Scale, will be demonstrated.

*Lecture/Demonstration/Q&A*

#### (110103) USING A MINDFUL MINDSET IN ENDING PROFOUND INDECISION—Solving Teenage And Twenties Gloom

**Jean Eljay, CI**

*All-levels*

These teen/twenties young adults end up listless, out-of-school, unemployed and isolated. Virtually left behind, the growing number of unmotivated young adults is dramatically increasing. Given their necessities by parents, these dysfunctional teen/twenty-somethings consider their life ideal. Learn a step-by-step process to change ambivalence into personal growth.

*Lecture/Demonstration/Discussion/Q&A*

#### (110104) THE POWER OF YOUR HYPNOTIC MARKETING PEN—Writing Your Way To Hypno-Success In The Corporate World

**Robert Martel, BCH, CI**

*All-levels*

Be able to create your own strategy for easily, magically and almost effortlessly landing corporate clients for workshops, coaching and for private hypnosis work with employees. A review of conversational hypnosis will be briefly covered to illustrate its role in creating effective direct mail, how it applies to landing page content, and all communication with a prospect.

*Lecture/Discussion*

#### (110105) HOW TO USE HYPNOSIS IN SCHOOLS —An Investment For The Future

**Kirsten Topp, CH**

*All-levels*

A school project with group sessions in two classes (Grade 3 and Grade 9) was carried out to help the children raise their self-esteem and self-confidence. The goals included improving the learning environment for the children & increasing grades for the final exams for those in Grade 9. A few of the students also received private sessions. The project was very successful and the teachers were amazed with the results. The project is being continued.

*Lecture/Q&A*

#### (110106) "IT'S NOT WORKING"—How To Handle That Dreadful Response In Regression

**Carol Denicker, BCH, CMI, OB**

*Intermediate*

You use your best induction and regression. Depth testing indicates deep hypnosis. You suggest they'll begin to become aware of a specific memory... You say, "Go ahead and be there now" and your client says, "It's not working.", "I don't see anything.", or "It's all black." It's a very unsettling moment for the unprepared hypnotist and a disappointing one for the client. Learn to think on your feet, redirect a stalled regression or save the session with a powerful technique.

*Lecture/Discussion/Q&A*

#### (110107) HOW TO HELP SOMEONE STOP SMOKING IN FIVE MINUTES—Stop Smoking In Five Minutes

**Arthur Fecteau, CI**

*All-levels*

You will view demonstrations and participate in the quick method to quit smoking or eliminate any issue in only five minutes. You will view demonstrations and participate in the step-by-step procedure to quit smoking or eliminate any issue in only five minutes.

*Lecture/Demonstration/Experiential/Q&A*

#### (110108) 6 KEYS TO ENHANCE LEARNING FOR ALL AGES—All You Will Ever Need To Know To Enhance And Strengthen Learning!!!

**Laura Boynton King, BCH, CI, OB**

*Intermediate*

This seminar is especially important to hypnotists at this particular time because of the learning problems both kids and adults are having in our country. In this class everyone will be given the tools and techniques to use. We are here to help you help them!

*Lecture/Discussion/Q&A*

#### (110109) THE GIGGLE—Give Your Clients The NLP Giggle To Change

**Roger Willard, BA, CH,**

*Introductory-Intermediate*

Based on Richard Bandler's research and techniques of NLP, this seminar will show you how to quickly collapse client's negative triggers with a simple giggle while in hypnosis. It will also show how to motivate your clients to continue positive outcomes which will be self-rewarding for them. This powerful technique is broken down to its simplest form, no knowledge of NLP is required for it to work.

*Lecture/Demonstration/Q&A*

#### (110110) THE ART OF TEACHING—Use Your Skills To Be A Dynamic, Effective Speaker

**Michael Raugh, BCH, CI**

*All-levels*

Learn how to use simple NLP techniques to prepare yourself mentally for a presentation, build rapport with your audience, and organize your content so that it is easy for a group to absorb. Learn the advantages and disadvantages of lecture, demonstration, and experiential teaching methods so that you can structure your class accordingly.

*Lecture/Demonstration/Q&A*

#### (110111) VERBAL SWAT—Special Words & Tactics, How To Use Them Effectively In Any Situation!

**Marc Sacco, RN, BCH, CI & Robert Monetta, CH**

*All-levels*

See how we successfully integrated complementary medicine practices into the Law Enforcement and EMS culture. The practical use of self-hypnosis for managing staff stress. The practical use of hypnosis in crisis patient care and a review of case studies of hypnosis techniques successfully used to help crisis patients in the emergency department.

*Lecture/Demonstration/Discussion/Video/Q&A*

To register, call (603) 429-9438

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**(110112) HYPNOBIRTHING**

**—Changing The World Of Birthing**

**Gina Kochany, CH**

*All-levels*

In this seminar, you will learn the mothers' and birth companions' techniques for safe and satisfying birthing through guided imagery, visualization, and special breathing. *Lecture/Discussion*

**(110113) WORKING WITH ALLERGIES**

**Kevin Martin, CH**

*All-levels*

Did you know some, if not most, allergies can be impacted by hypnosis? The immune system can be heavily influenced by our unconscious mind, and it is thought that many allergic reactions may have a fundamentally psychological trigger. Come learn why and methods that are highly effective on allergies. *Lecture/Demonstration/Q&A*

**2:00-2:50 PM SEMINARS**

**(11021) AMPLIFY YOUR PERSONAL POWER WITH HYPNOSIS—Learn How To Use Hypnosis To Reach Your Potential, Then Teach It To Your Clients**

**Erika Flint, BCH**

*All-levels*

Learn the science behind these techniques to help educate your clients and empower them for success while you enjoy more personal success than ever before. This is an engaging and dynamic presentation and you will walk away feeling empowered and motivated to take your personal and business success to the next level. *Lecture/Discussion/Q&A*

**(11022) THE RX FOR HYPNOSIS AWARENESS IN THE MEDICAL COMMUNITY—RN Demonstrates How To Get The Medical Community Calling You**

**Wendy Packer, RN, BCH, CI, OB**

*All-levels*

This presentation will be a guide for you to establish the understanding of attitudes & knowledge your health care community has regarding hypnosis. Suggestions will be made on whom to contact to facilitate the education process, the listing of scientific and peer review articles, the importance of documenting testimonials, proper charting techniques & the importance of representing yourself as a professional. *Lecture/Discussion/Q&A*

**(11023) THE MAGIC OF MAKE BELIEVE—How To Act Your Greatest Role - You!**

**Lee Pascoe, FNGH, BCH, CI, OB**

*All-levels*

“Make-Believe” means “creating a belief”. Lee Pascoe uses her background experience in theater, education and hypnosis to show how we can “trick” our mind into accepting new beliefs and exploring new possibilities. This is a fun-packed hour dipping into the powerful and wise magic of childhood games. *Lecture/Exercise/Q&A*

**(11024) KNOWING WHEN TO SAY NO**

**Scott McFall, LMT, DCH, CH,**

*All-levels*

This course will concentrate on the skill of refusing to accept clients that should be sent to other professionals to lower your clinical liability as a real hypnotist in the marketplace. Predicting which clients might be dangerous physically or a case that has more down side than potential benefit to the client will be covered. This is a subject no one wants to discuss and yet it is one of the most important skills the practitioner must possess. *Lecture/Q&A*

**(11025) EMPOWERING SUCCESS - EMPOWERMENT SESSIONS FOR YOUR HYPNOTISM PRACTICE!!!**

**—It's Time To More Fully Enhance Lives, And Turbo Charge Improvement!!!**

**John Cerbone, FNGH, BCH, CI, OB**

*All-levels*

John Cerbone will teach you how to make on the spot demonstrations, in good taste, mind blowing, fun, more workable and unforgettable, having hosted thousands of these kind demonstrations himself. Included in this class are 3 must have private sessions every modern clinical hypnotist needs for their practice, to improve lives, inculcate change, and boost your client and the next best moments of their lives. *Lecture/Discussion/Q&A*

**(11026) YOUR VOICE AT ITS BEST—Tips And Tricks For The Vocal Athlete**

**Magen Slesinger, BS, CH**

*All-levels*

As a hypnotist, your voice is an essential tool of your trade. Do you ever feel hoarse after several sessions? Have you been advised to find your “hypnotic voice”? Have you heard someone speak and thought, “I could listen to them speak all day”? Like teachers, politicians and speakers of all sorts, YOU are a vocal athlete. Learn vocal technique from a Certified McClosky Vocal Technician and discover “your voice at its best.” *Lecture/Demonstration/Exercises/Discussion*

**(11027) NEURAL PATHWAYS—How Neurons Communicate**

**Annelle Soponis, BCH, CI**

*All-levels*

This scientific presentation focuses on cellular communication in the nervous system - how neurons send messages as they travel on pathways. Traumas of many kinds can affect pathways, often resulting in pain and paralysis. How can we, as hypnotists, help clients to positively affect neural pathways? *Lecture/Discussion/Q&A*

**3:00-3:50 PM SEMINARS**

**(11031) SHARING THE VISION BY EDUCATING YOUR COMMUNITIES OF WHAT HYPNOSIS CAN DO FOR GETTING A GREAT NIGHT SLEEP**

**—A Complete 50 Minute Seminar With Handouts And Scripts Ready To Present**

**Vilene Farina, CI**

*All-levels*

You will be able to just read the entire materials and have a well presented 50 min seminar. Handouts, scripts and teaching hints included. This seminar has been presented by new hypnotists and experienced hypnotists needing to present a 50 min seminar. Great seminar for CIs to teach to students because the materials are part of the NGH Training package. *Lecture/Q&A*

**(11032) A WORLD OF INDUCTIONS!**

**—A Potpourri Of Induction Techniques**

**Joann Abrahamsen, BCH, CI, OB**

*All-levels*

Learn new induction skills and improve those already possessed. Discover new variations of inductions you already know. Increase your confidence level, and practice many of the inductions demonstrated: instant, rapid, Ericksonian, confusion, non-verbal, etc. Learn and practice my own special technique that shows you how to detect and overcome resistance, test the client, and deepen the hypnosis in one smooth process. *Lecture/Demonstration/Q&A*

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### (11033) ANGER, ANGER, & MORE ANGER —Add Anger Management To Your Presentations Or As A Stand Alone Program

Marx Howell, BS, CH, OB

All-levels

Discover how to teach others to identify, recognize, and deal effectively with anger. Receive the four most important questions to ask yourself when you are angry. A hidden market may be court mandated anger management training. Programs where the offenders have to pay for the training, and sessions are usually in groups of 8 to 10 individuals at a time in government furnished office facilities. Educate others how to effectively deal with all of the “RAGES” & “RAGES.” *Lecture/Q&A*

### (11034) LITTLE PEOPLE, BIG MARKET —Sharing Our Skills With Children And Teens

Tony Kyrios, CH and Leigh Ann Ledbetter, CH

All-levels

How would you like to have more play at your work? Working with young people is financially and personally rewarding. Learn to tap into this huge market and expand your business with clients who will appreciate and respond quickly and easily. *Lecture/Discussion/Q&A*

### (11035) NEVER GOOD ENOUGH—Cognitive-Behavioral Hypnosis; A Low Self-Esteem Intervention

Patricia Pearson, CI

All-levels

Our beliefs are the foundation of our actions and choices. But negatively distorted core beliefs result in low self-esteem and high self-criticism. They steal job/relationship success, happiness & emotional comfort. Cognitive Behavioral Hypnotherapy is an exciting option to rapidly alter core beliefs, improve self-confidence and boost motivation. Learn basic CBT concepts and how this hypnotic method can improve your acceptance in the professional counseling/medical community and boost your income. *Lecture/Demonstration/Q&A*

### (11036) SET UP YOUR OFFICE FOR SUCCESS —Four Things You Can Implement Now That Will Automate Your Business And Help You Find More Time For Marketing And Clients

Tina Pineiro, CH

Introductory

Do you have a dedicated space and a system for your scripts, your client information, your contacts/emails and procedures for pre and post sessions? Implementing a system for all your business needs will help you save time, money and reduce stress. We will start by creating a mission statement, a file structure for your scripts and ways to keep track of client information. Learn to implement procedures and plans that will take the time and stress out of your business. *Lecture/Discussion/Exercise*

### (11037) HOW TO PREPARE A WINNING CONVENTION PROPOSAL—Strategies For 2019

Elsom Eldridge Jr., MEd, CPC, CPMC

All-levels

At times hypnotists with important programs may be overlooked because of poorly prepared proposals. But, just what does it take to create a proposal that sells itself to the Convention Committee? In this informative seminar, Convention Director Elsom Eldridge Jr. unlocks secrets to successful seminar and workshop proposals. *Lecture/Discussion/Q&A*

## 4:00-4:50 PM SEMINARS

### (11041) WHAT'S THE STORY, MORNING GLORY?

#### —Re-Writing Your Client's Stories

Peter Blum, CI

Introductory-Intermediate

Everyone has stories about themselves. Sometimes these “stories” serve us and help us live fulfilling, creative and healthy lives. Often clients arrive with stories of shame, hurt, guilt, trauma, and disempowerment. We can show them how to “re-write” these stories, in order to be more empowered to make change, and take charge of our emotional and physical health. *Lecture/Demonstration/Q&A*

### (11042) EMOTIONAL STRESS RELEASE

#### —A Technique For A Clearer Vision

Carol Crenshaw, CH

All-levels

This technique empowers a client to get a new perspective on an old problem. ESR aids the client in linking back brain memory blocks (the past) to the front brain creativity thinking area (the present). With ESR, emotions from the past surface, yet the client can look at them safely, as new, creative options surface. Information gleaned from this process can be incorporated into hypnosis work. *Lecture/Experiential/Q&A*

### (11043) THE UNIVERSAL PATTERN SCRIPT!?!?

#### —Is it Possible That One Script Could Do It All?

Calvin Banyan, DNGH, BCH, CI, OB

Intermediate-Advanced

Have you ever been frustrated because you didn't have the right pattern script for your new client's issues? That may never happen again when you learn this Universal Script! This script is great for helping people end habits such as smoking, or change behavior such as overeating. I am constantly amazed at the wide variety of issues that are perfect for this universal approach. And, the best thing is, once you have read it a few times, you can easily internalize the way this script works and you don't need to read it any more. *Lecture/Discussion/Q&A*

### (11044) HOW DO YOU KNOW YOU WERE HYPNOTIZED?—A Specific Checklist To Prove It!

Lisa Halpin, BCH, CI, OB

All-levels

It's important both for our clients' success, and for them to be able to describe and relate their experience to others. It's also important for your reputation. I'll share with you a brief “checklist” and a sample script that you can use with all your first session clients to make sure they know they were hypnotized. You'll see greater results with your clients, get more referrals, and increase your confidence. You can be sure they KNOW they were hypnotized and can tell others when they leave your office. *Lecture/Visual/Q&A*

### (11045) INTRODUCTION TO THEATER THERAPY

#### —A Dynamic Approach To Accelerated Healing

Elana Schondorf, LCSW, CH

All-levels

Theater Therapy is a dynamic process based on action-oriented methods, which uses group energy to empower clients. This utilizes these principles and custom-tailors them when working with individuals. This method of self-expression helps the client to go beyond symptom resolution and see their choices as part of a bigger picture. They are able to come away with a greater understanding of those around them with increased appreciation of their position and life experiences. *Lecture/Discussion/Demonstration/Practice/Q&A*

To register, call (603) 429-9438

**FRIDAY, AUGUST 10**

**187 Expert Seminars**

*No Additional Charge  
Included With Your Convention Fee*

**(11046) BEFORE THE PRE-TALK**

*Maurice Kershaw, MA, FNGH, BCH, OB*

*All-levels*

If you are using a canned pre-talk and prepared scripts, if you are using a one-size fits all approach in your practice, this presentation is not for you! If you are creative, treat each client as an individual and tailor your sessions to that individual, then be sure to attend this information-packed event. Learn to hear when you listen, see when you watch, and really tune-in to your clients' wavelength ... then you will get a case history like no other hypnotist can!

*Lecture/Discussion*

**5:00-5:50 PM SEMINARS**

**(11051) DO HYPNOSIS WITHOUT DOING HYPNOSIS  
—Use Rapid Waking Hypnosis Techniques To  
Create Lasting Changes**

*Dan Candell, BCH, CI*

*All-levels*

Dan will show you how to create instant change in your clients without using a formalized hypnotic induction. Learn how to make your sessions more effective and powerful so that your clients know that they are changing their habits and behaviors in the session, before they even leave your office. Creating this immediate effect in your clients will produce raving fans of how powerful your methods can be.

*Lecture/Demonstration/Practice/Q&A*

To register, call (603) 429-9438

**(11052) CLEARING AND GROUNDING AT THE END  
OF THE DAY—Restore Your Energy Using Simple  
Techniques**

*Elizabeth Campbell, BCH, CI*

*All-levels*

Hypnotists and energy workers have a tendency to 'pick up' the energy of the people they help. Combining her background in hypnosis, body work, NLP and energy work, Elizabeth teaches you how to perform an energy break, to separate from the client's energy field at the end of each session, and how to ground and clear your own energy field at any time. She introduces easy, safe body work that allows your body, mind and energy field to emerge grounded, refreshed and recharged.

*Lecture/Demonstration/Discussion/Exercises/Q&A*

**(11053) USE SELF-HYPNOSIS AS A MEDITATIVE  
TECHNIQUE: HYPNOMEDITATION TO DISCOVER  
YOUR GREATNESS—Self-Hypnosis And Meditation:  
Know How To Create Both To Be Great**

*Michael Myers, CH*

*All-levels*

You can apply the Dave Elman Eye Lock Technique to bypass the critical factor and enter hypnosis or meditation easily. Use 5 steps to deepen any state of hypnosis and meditation successfully. You can use these 3 suggestions to engage the 3 main learning modalities. You can identify and distinguish the difference between self-hypnosis and meditation and know when to use each. There is a demonstration at the end of class to experience the process.

*Lecture/Demonstration/Q&A*



# FRIDAY STAGE SHOWS



7:30 PM • **Tommy Vee**

## Hypnotist Extraordinaire

*Tommy Vee has audiences "rolling in the aisles" with his unique style of stage hypnosis, where volunteers become the real "stars" of the show.*

9:30 PM • **John Cerbone**

## The Trance-Master™

*Discover and Experience Amazing,  
Powerful Comedy Hypnosis at its very best!*

Tickets \$8.00 each show

