

Dear brothers and sisters,

At the end of 2008 we have started a thread: "**2012 Nexus Event – Unknown Form of Energy comes our way**" <http://www.projectavalon.net/forum/showthread.php?t=8441>

The **main objectives** of this thread is to achieve **synchronisation** of the **consciousness of humanity** with **Gaia** i.e the consciousness of our Planet, to activate **healing energies** with the intention of **regenerating the DNA** of life and to **prepare ourselves and our planet** for the arrival of the **Nexus 2012 Event**; being a Superwave of energetic waves that will arrive from the galactic center.

For more info please also see:

[http://www.healingexperiment.com/;](http://www.healingexperiment.com/)

[http://www.buycontacthasbegun.com/nexusform.html;](http://www.buycontacthasbegun.com/nexusform.html)

<http://www.buycontacthasbegun.com/support-files/nexus2012summary.pdf>

In **summary**, this is an attempt to **synchronise** as many people as possible, particularly those already participating in **spiritual groups** in the world that are performing **meditations**. This single meditative stream of consciousness, carries enough **psionic power** to influence the basic structure of the **Matrix** for the **benefit of humanity**. Collated from the research of many respected scientists, but mostly from the respected **Dr. Masaru Emoto**, we now know and have factual evidence, that **human vibrational energy**, thoughts, words, ideas and music, **affect** the molecular structure of water. http://www.life-enthusiast.com/twilight/research_emoto.htm



This indicates that our **thoughts** influence matter and the stronger our thoughts become - the stronger becomes the **impact** of the molecular structure of the Matrix. If the thoughts of a single human being can do this to a water molecule, can you imagine what impact on the fractal structure of the Matrix will have if **millions of people** from all over the world come together into a meditative Oneness. Hence, meditating on the same positive objective and transmitting the same intention leading to a shift in reality for the better.



In our world today we are witnessing many **evil agendas** resulting in a **negative direction**. It has become obvious that we cannot trust our **governments** anymore, as they are just following the private agendas of the **Elite**, and do not care about us and our planet Earth. That is why we all have to understand the true nature of our existence, that we are in fact **consciousness** inside a physical body and that we can influence our environment. The impact of a planetary meditation will profoundly **resonate** a direct and clean positive **shift in our reality**.

We **strongly** hold the opinion that the **catastrophic scenarios** that are **coming**, can be **prevented** to a certain point with the **power of our consciousness**. This is because the fractal structure of the Matrix can be modified with the power of our thoughts only if they are **pure** enough, if they are **strong** enough, and if they are **focused** to do such a **change**.

This is the **ultimate message** that the **ETs** who are delivering knowledge and information via **crop formations** are telling us. It is **up to us** if we will take their **messages** more seriously or we will discredit them. The **result** of that decision will **affect us all**.



In this fashion we've begun the **1 hour long** synchronized planetary meditation from our homes every **Saturday** 8 PM GMT. Every participant starts the global meditation according to the Time Zone of their respective location in accordance

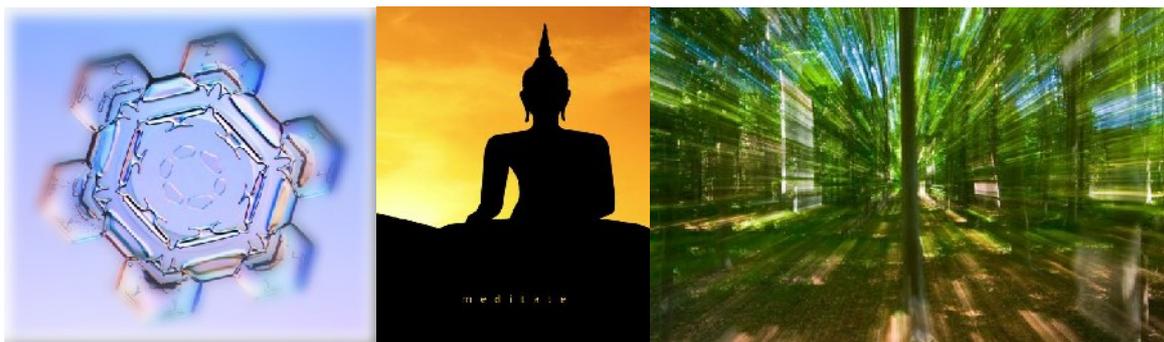
to the 8 PM GMT. Please refer to the link below for more detail.
<http://www.healingexperiment.com/theevents.html>

Every time we use **different music** which serves to stimulate our state of consciousness, it also provides a stable connection between everyone and generates a positive emotional charge. Once the positive emotional charge is generated we can direct it externally from our bodies with the intention to lift the **vibrational state** of our **planet**. Thus, causing a healing process of our **Earth** at the same time. In other words, the end result would be to **balance** the everyday emotional charge of **millions of people** that influence our current state of reality. The **meditation methods** will be changing as we're progressing and growing in numbers. At this moment we are using only a basic meditation method:
<http://www.healingexperiment.com/theinfo.html>



We are frequently **updating** the **music file** prior to up and coming global meditational events. For updates please check:
<http://www.healingexperiment.com/themusic.html>

Also one of the **key objectives** at this stage is to locate as many **spiritual groups** on every **continent** and to humbly ask if the group will **synchronise** with us. Any **assistance** in this direction will be **greatly appreciated**. For information or assistance in this direction please contact: bergmanmichael@msn.com with the subject line: nexus 2012



However, all this is preparation for **global meditations** to take place at **sacred sites** that will start on **May 9th 2009**. The idea is to **generate** as many people as possible at **ancient sacred sites** (the acupuncture points of our planet).
<http://www.healingexperiment.com/thegrid.html>

This creates a **stronger interaction** between **us** and the **energies** that flow across our planet. Today it is well known that these energies are stronger on some places. In fact the most **ancient sacred sites** were built on these exact locations where the

magnetic energies intercept and are most powerful. We will use **geo-music** for every location on the planet, as every planetary energy point resonates its very own **frequency**. For more info on this subject please see the **Nexus thread** on the **Avalon forum**.

Much is appreciated if you would understand and see our **vision**, that this is necessary **to be done** and that the net result is **achievable**. If we **believe** that it is possible and we want this **change** we will do it with resounding **success**. The more that participate the more powerful the intention becomes.

We **feel** that the time for conflict is over and that we have to move towards a new paradigm in our **evolution** as a **race**. If we look around we can see that everything is changing in **great speed**. Our **Sun** and the entire **solar system** are changing rapidly on every level. **Humanity is changing**. We are **awakening** from a long and deep sleep and are starting to see the **bigger picture** i.e. that we are only a spark of life of infinite manifestations in the **Universe**.

We will leave you with a **message** extracted from a video providing much wisdom:

<http://www.healingexperiment.com/index.html>. the video can also be seen on the link below:

http://www.youtube.com/watch?v=AZWTfu3kFEc&eurl=http://www.healingexperiment.com/index.html&feature=player_embedded



Collective Consciousness

**Momentum has pulled you here; let's make a profound change globally,
The first small step is with-in,
Value yourself,
It all starts with you,**

Step forward and take our hands,
Thoughts lead to knowledge and knowledge influences thought,
Let's connect with millions to strengthen our energy and reflect outward,
Consciousness is Reality...Reality is Consciousness...This is the power of Intentional
Creation,
The events in our Lives and of the World is feedback to our Conscious Thoughts,
Are you open to Empowering Possibilities?
Your Spirit partnered with others, for the collective strength of numbers,
Collectively and as a United Force,
We can reshape Reality, and transform our lives with Intentional Creation,
Coming from mother Earth, benefiting us all,
Starting from within, reflecting outward,
Do you want to Co-create conditions of abundance, fulfilment and happiness?
What do you want to Heal?
Let's use the power of our Consciousness, to choose our Destiny...



Will you consider joining us and helping us in the building process of a new and better Reality?

Everyone who feels that we should do this, please contact bergmanmichael@msn.com.



Let's **transform** this planet from a place of terror, guns, politics and destruction to a **place of Light**.

Are you with us?

Peace and Harmony with all **Creation**,

Astralwalker

Footnote: Further information and copies of this and other Free Reports (some in French, Polish, Italian German) and other material relevant to the Nexus 2012 Project [may be downloaded here.](#)