

**INFORMATION REGARDING CALLS PRESENTED AND/OR SUPPORTED BY
2013 RAINBOW ROUND TABLE**

I TO ACCESS THE THREE WEEKLY CALLS via the Internet

A BBS RADIO Go To www.bbsradio.com; click on Talk Radio Station #2; click on "64K Listen"

Thursday: 9 pm – 12:00 pm EST *Stargate Round Table* **Host: Marietta Robert**

Friday: 9 pm – 2 am EST *Friday Night Hard News* **Hosts: T & R**

Saturday: 4:30 pm – 2 am EST *History of our Galactic World & NESARA* **Hosts: T & R**

Friday, Saturday: From **10 – 11 pm EST**, for one hour, the call moves to the Conference Call Line [PIN below] and then returns to BBS Radio.

- Use the following phone numbers to ask questions or make comments during the radio show.

530 – 413 – 9537 [line 1]

530 – 763 – 1594 [line 2 & 3]

530 – 746 – 0341 [line 4]

- **BBS Toll Free # in Canada, US 1 – 888-429-5471** This number picks up whichever line is available.

B <u>Conference Call</u>	1-213 -342-3000	Thursday PIN #	87 87 87#
		Friday PIN #	23 23 23#
		Saturday PIN #	13 72 9#

C Skype **BBSradio2**

D Archives for the 3 Programs listed above

- To access the **FREE BBS archives** for any of these programs:
 - Go to *BBSRadio.com*; scroll down the column on the left hand side and click on "Current Program Archives".
 - The next page which comes up lists the programs alphabetically under the picture of the presenter. Find MariettaRobert's picture: Stargate Roundtable with Marietta Pickett and click on "Other Archives".
 - The page which comes up is the familiar one; click on "Save link as" and the archive will download to the site you indicate on your computer, or you can listen to the program directly.

- The **2013 Round Table website also has an archive section:**

<http://2013rainbowroundtable.ning.com/> look under the "Archives" tab for written notes.

II TO ACCESS OTHER CALLS SUPPORTED BY 2013 Rainbow Roundtable

A Sunday, Mondays: 9 – 10:30 EST *Cheryl Croci's Activation Calls*
By telephone only: 1 – 213 - 342- 3000; PIN 9467441#

B Tuesdays, 2nd & 4th of each month: *Ashtar on the Road*
9:30 – 11:00 pm EST Host is Fran; Susan Leland channels Ashtar, Sekhmet & others
www.Ashtarontheroad.com

- Phone Number: 1 – 559 – 726 – 1300; PIN 163731#
- Call is free [except for long distance charges]
- Can also listen to the call via Skype

C Wednesdays: 7:00 – 9:00 EST *The Friends of The Aboriginal Moabite Nation Call*
By telephone only: 1– 712-432-0900 PIN 666238#
Replay # [good for 1 week] 1-712- 432-0990 PIN 666238#

Host: Marietta Robert

Meditation: Angelsu

Mayan Calendar: Rainbird

We are in the wave of Akbal, the Knight – lots of opportunities to participate in our own abundance, knowing that we are under the protection of the Knight

8st May Thurs – 7 MULUC – a portal day; first quarter moon – telepathic energy; accepting spirit's direction. The 7 energy is of creation, mid point between the flow between 1 and 13

9th Fri – 8 OC – about truth and grace; white north energy is OC, the dog and unconditional love

10th Sat – 9 CHUEN – the blue monkey in the west – balancing work and play; 9 is expanding the energy of activation

11th Sun – 10 EB – another portal day; we are in the 10th unial right now of manifestation ; we are also in the portal energy which amplifies that manifestation; we are manifesting EB, the yellow human, enlightenment and activating cosmic consciousness; contact with other dimensions also is part of the day – a multi-dimensional day & we can focus on cosmic consciousness and activating this

12th Mon – 11 BEN – 11 is letting go of what no longer serves us; BEN is the skywalker

13th Tues – 12 IX - magician, the shaman, the priestess – 12 is crystal clear vision

14th Wed - 13 MEN – completes the wave of Akbal, calling in abundance; a full moon – MEN – let us call in the eagle energy of NESARA on the full moon; in the west and a blue day

15th May Thurs – 1 CIB – we begin the wave of the yellow warrior – brings awareness to our work

MR: asks if what Rainbird is seeing in the Mayan work is the same as what MR is reading about in the other astrological readings – yes, in a word!

Angelsu: we are needing to ask for some donations in order to keep Stargate Roundtable in operation -

MR: Yes, we need \$300 as a minimum per month;

- people can use PayPal on the website on BBS; you can also give MR a call or e-mail her
- see page 1 of these notes for numbers and e-mail address -
- She also asks listeners to let her know what they would like to have on the program or even if they want to continue having the program. If people do not contribute, that means they do not want the program to be still on the air.

Angelsu: as we allow this to unfold, it is good that we share what we think:

- Angelsu and her mother Harriet are both thankful for what MR does

NEWS BEHIND THE NEWS: Tara and Rama

R: talked to Kathryn and Heidi today

- **Heidi** was the person who, from 1993 – 1999, paid out the Holocaust Victims fund - \$14 Billion dollars to each person who lost someone in the holocaust
- In October, 2008, she completely closed out the old economy, the system of the 13 families;
 - Since then, they have been lawfully able to work **within NESARA law, meaning that**
 - they could arrest people and put them on ship prisons;
 - they have had to draw up, by law, a syllabus of crimes on each one who will be arrested

for **each crime** committed by each of the one half million people involved in / taking part in roles with the 13 families to obstruct [progress] and create high economic treason

- We need to understand what has been going on for the last 13,000 years; the history of a not-so-nice agenda goes back to our ancestors: this is what the 13 families represent and why we have to know that history [the Collins family is more powerful than the Rockefellers and the Rothschilds put together]
- **Kathryn** works in KOS' office; she helps Rama understand what is going on

R: As Max Keiser and Stacy say: they are playing with a 100% fake economy, **nothing is supporting the DOW, the NASDAQ, S&P** – all that is going on is that these ones are doing hedge funds and making all kinds of money – which is all fake.

- How many ways have they cooked themselves – it is overdone!
 - We are watching the absolute freak-out on a silent level of these guys who are burning their bridges, Kathryn said; there will be no recourse for what they are doing – they are entering the Dark Rift now – love them on their way home.
- Both Kathryn and Heidi added this story:
Mr Medvedev showed up at the World Economic Forum and said
 - “Mr Obama, if you don't announce the galactic presence, we will.”
 - Remember, this is a show for the people who are unaware, and also for the 13 families who are not totally aware of the work done by Xi, Putin & Obama together behind the scenes for almost the last 3 years.

T: What they see on RT & elsewhere, **Putin has moved his troops back but they were never there!**

- What do you do when you have the world's most advanced technologies, aside from the galactics yet we are in barbaric times in comparison to what they have;
- what we humans do have is so dangerous that there are trillions of ships in earth's atmosphere
- the technology got retro-fitted for dangerous minds, those who have no [good] intention in their hearts & do not have emotions

R: the ones with the wherewithal and the awareness to understand the ramifications of an interplanetary incident that is not needed at the moment – it is best to come to the table with our hands open and say we wish to talk on all levels.

- T:** When Putin got on the news, he said if you don't believe me, look from your satellites – you have the technology
- Rachel was ranting last night that they have not moved their troops – **THIS IS A LIE!**
 - Yet there is nothing she can do as she has to stay alive: she **has guns at both sides of her head** – keep your cool! First law of love: be calm! **Things are not as they seem.**
 - T & R have been getting letters from people who are threatening to kill themselves and are blaming the whole situation on what they understand from their perspective – not healthy! Please put those energies and people with those thoughts in the Circle of Support.

R: it is such a great time to be in a body & be conscious of what is shakin' – we are literally watching magic being made manifest and magic is the metaphysical science of love

- we are literally watching hyperdimensional physics as one world is spiralling away from another that is entering, of 5D being anchored here – we can't be here unless we are in a place of balance and love

T: **There is a solution that is already happening:** there are quite a lot of people who have not chosen to go there [to the new 5D world]; they have to be moved and there are planetary systems that have been prepared for them. Many have gone already.

R: in her book, **El-An-Ra**, Solara described old planet earth unravelling itself like an orange and the orange peel being wrapped around a similar earth-like world - those who want to continue to play Black Ops and Special Ops and Tour of Duty can go there and do it

- T:** Those who had many more gifts, in the sense of knowing more and are still playing the game of their knowingness on the wrong side of the fence, will go to the Tilla system and Herculobus, the planet which is 10X larger than earth; the dinosaurs represent their thoughts and that they created the nightmare that resulted in the creation of that world, though other things happening on the world also contributed to the situation
- we must remember to thank them for the great lessons
- R:** many of the dinosaurs were vegan and did not harm people; it was the crystallized thought forms of what was happening between people as described by Suzanne Lie in The Arcturians, a simply told story
- T:** this is the whole story told simply
- R:** what has been shared with him this last week: about what used to be called the republican party and the ones who follow Rand Paul, Ron Paul, Ted Cruz – not the kind of tea you want to drink!
- T:** a note from Mike Papantonio to Thom Hartmann: “We've got to stop drinking so much koch” !!!
- The Koch bros have been giving the tea party so much money; the tea partiers are bought
 - In a sense it is the fall out of people without work - there are a lot more people out of work than is known
 - since 2009, the work is less well paid & is part time; – a family of 4 needs \$22 / hour to support itself and in relation to the amount of production people are contributing
- R:** a positive story about minimum wage on Ed Schultz program today
- A place in Dearborn, MN - Moo-Cluck-Moo – a family business pays all employees \$15/hour to start! This kind of stuff starts to change the planet
 - The MN Gov is not exactly a good person
- **Hawaii** just made a law to bring wages from \$7.25 to \$10.10; if the pay check including tips does not equal \$17 / hour, the business has to pay them \$10.10 an hour.
 - **VT:** has single payer health care; **WA** is working on this, and also **Hawaii**
 - If hemp is legal in Colorado & they get to grow it as licensed growers: why not make clothes, shoes, furniture from the hemp plant as used to be the case; • R says there are folks working on this
 - Bruce Pearlwin started Medical Marijuana, INC – he is doing what he can to help these medical marijuana dispensaries in CO get what they need.
 - There are over **10,000 businesses in the form of co-ops**; everyone is paid equally regardless of position, and everyone rotates through all the positions so they understand the entire business and they get over \$15 an hour.
 - Also there are over 10,000 restaurants in US that use food from neighbouring farms – people who have no money can eat for free, there is a suggested price for a meal & those with a little more pay it forward for others – these restaurants are surviving
 - Some folks who started a co op restaurant and asked people to bring plastics for re-cycling, they get gardening tools for free.
 - As they come back each week, they get food if they are below the poverty line.
 - The plastic is being recycled and made into tires for electric cars.
- T:** In late 2001 after 9/11 into early 2002, all the wealthy visionaries got their blessings
- They have been creating NGOs across the planet – schools in Afghanistan for girls was so created; Oprah started such a school in South Africa and Kenya
 - they also did alternative things like eradicating disease:
 - Jimmy Carter and the fine, fine mosquito net screen put in a container even with dirty water – at least people do not get sick and die - has been saving tens of thousands of lives
 - This has been moving into the area of lights using glass bottles that are arranged in such a way that the sun can shine on it and give people lights who never had any before.
 - The wealthy visionaries have been preparing for when the changes turn things around so people in villages get help, setting things up over time and the people teach each other
 - The Mike Reynolds houses using hay have got mould in them – so this has to be changed – but a learning process. This is being changed

MR: asks about information and the 6 trivia questions to find out how much history you know
Can we document that this is actually true?

Who said this?

1. We are going to take things away from you on behalf of the common good.
Marx, Hitler, Stalin, Obama, none of the above. Hillary Clinton 6/29/04
- 2 It's time for a new beginning, for an end to government of the few, by the few, for the few and to replace it with shared responsibility for shared prosperity.
Moussilini, Obama, Ahmin Hillary Clinton 5/9/07
3. We can't just let business as usual go on; that means something has to be taken away from some people.
Khrushchev, Goebbels, Yeltsin, Obama Hillary Clinton 6/4/2007
4. We have to build a political consensus and that requires people to give up a little bit of their own in order to create common ground. Hillary Clinton 6/4/07
5. I certainly think the free market has failed.
Lenin, Marx, Obama, none of the above Hillary Clinton 6/4/07
6. I think it is time to send a clear message to what has become the most profitable sector in the entire economy that they are being watched
Pinochet, Milosevic, Saddam Hussein, Barack Obama, or none of the above. Hillary Clinton 9/2/2005

T: could probably submit the quotes on the internet and see who said it

MR: would like someone with more time than she has to look it up

MR: recording of a YouTube done by Judy Beebe – 24 minutes

<http://youtu.be/h5V3AZXT6I4>

T: one of the things that Heidi and Kathryn did say is that it's time for these ones to go now.

R: said to them that Mother's Day would be a good day, wouldn't it? And they more or less agreed but didn't write it in stone that this would happen. Mothers don't like to see children playing war games.

T: The Mother's Day proclamation of Julia Ward Howe – came at the end of the Civil war;

- Lincoln wanted to end all wars; he received the proclamation, but before he could do anything, he was shot.
- However, the proclamation did bring about Mother's Day and also Memorial Day
- War is nothing but slavery - dying for the rich

MR: returns to idea from Judy that this is the 3rd time the scalar energy has been here, and that we are here now to see it

R: he heard the video yesterday and again today: it is so awesome to be alive right now with the crystal children who know this stuff innately; they have mutant DNA at certain levels, in a good way – to bring back the original blueprint

- We are all descendents of the Archangelic Realms; the Annunaki manipulated our DNA down to 2 strands

T: We have more responsibility as we volunteered to come here over and over again to help; a bunch of us got snagged!

- What is going on in Nigeria with the girls; yesterday Boca Haram killed 300 people – a whole village

R: all of this is CIA – duh – Al Queda is a CIA program; it was made clear that this is another Al Queda cell – the name says they don't like western education

T: the elite of Nigeria are western-educated & are puppets of the west, and they are attempting things that are of absolutely atrocious levels with genetic manipulation and mind control

- There's a psychopathic program going on with these ones [Boca Haram]

Who actually created Islam the way they see it: the catholic church in the 3rd century!

From the Thom Hartmann show

- A caller said the Catholic church is no longer viable in its present form – **needs to change**
- **Brings up the idea that the constitution also needs to be changed**
 - A caller to the show last week said that to know what a document means, need to use the dictionary of the day; brought up the 2nd amendment
 - He looked up the word “arms” of the 1755 dictionary; “arms” are weapons – knives, rocks, sticks, bows and arrows, bones – **no mention of guns at all** There were muskets at the time, though it took 5 minutes after firing them to reload them.
 - The next definition was a “coat of arms” as in “The flag” that you can wear and carry into battle; it represents your values and what you are fighting for.
 - Thom's response was: “we've lost our way! “
- This is naughty kids gone awry – and worse
- The church and its Onward Christian soldiers marching as to war also has a lot to do with it! Going to war perceived as the way to solve things.

T: can no longer ignore **questions about the environment** - on every station – cannot ignore what is going on

R: we are moving up in energy and in orbit as we move across the galactic plane & as we get closer and closer to the middle of the Milky Way Galaxy – sky will get a little weird

T: Greenland is a big tipping point; saying that the acceleration is 4x faster than we expected.

- Looking at Greenland from above shows lots of lakes – the ice shield is not completely gone but there are hundreds and hundreds of lakes; the deep blue colour absorbs the heat of the sun & melts the ice faster.
- Also happening across the Arctic and the Antarctic; an iceberg 3X the size of Texas broke off; As it moves north and starts to melt, the coastal waters are rising – no one is prepared for this

R: this is why we are developing shuttle craft immediately

T: this has also been a galactic operation – at the same time this is speeding up, there are our indigo children with their original blueprints back on track with many solutions

- she saw **Years of Living Dangerously** last Sunday
 - There were 2 threads in the story: Pastor Rick who has a mega church in North Carolina and Leslie Stahl of 60 Minutes and a female scientist
 - Pastor Rick's daughter went to Chapel Hill and learned environmental science; the story of the pastor's family was interspersed with Leslie Stahl's travels with the female scientist who studied changes by looking at coral; she had been drilling into the coral and taking out cylinders of coral and reading what had happened: same principle as taking core samples from trees. With the coral, she had, she only managed to go back about 600 years

T: the oceans are the source of our Oxygen even more so than the trees.

R: the oceans are supposed to be alkaline but are fast becoming acid, due to the plastic

T: there are 5 gyres in the South Pacific; they turn in a reverse direction, a counter clockwise spiral

- those who were looking for the missing plane went to the gyres first because they knew they would find stuff & keep spinning out the story; the gyres are almost 3 miles deep, of solid plastic
- the process of re-cycling the water cannot happen because of the plastic

R: this is where our friends step in

T: saw a program and someone has found out how to dissolve the stuff in the gyres

- we could have used hemp to create plastic and not have this issue - these guys [13 families] knew what they were doing when they used the resources of the earth to make money & have power
- The caller on Thom Hartmann said that if we had support and funding for this, the situation could be completely cleaned up in 15 years. The powers that were are blocking this effort

- They promised us we would have free will choice to make intelligent decisions from our heart – as we take the message of love into our hearts, it changes our aura and as we renew the memory of love in our cells and take it with us, that is the miracle, the scalar wave miracle – what is meant when we are in the presence of the Christ – that Office of the Christ is available to us

R: when he first stood in the presence of the Christ/Commander Sananda, he was overwhelmed by the power of the energy emanating from Sananda; he did get used to it but still gets choked up thinking about it – the only other person he felt this with was Sai Baba

T: going back to Christmas Island and the female scientist

- She could only go back 600 years – wanted to know if this was man-made – over a 6 months period, they looked at these cylinders of coral;
- she wanted some older corals and she found what she wanted – when they opened some coral up, they found one that was 6,000 years old!
- The changes in the cycles were there until the last 200 years and from there on, the changes kept on going – **completely abnormal to the cycles seen previously – caused by fossil fuels**
- Then Leslie Stahl flew over Greenland and she was standing at the edge of some ice; there was only a humungous lake in front of her – the scientist said this shows the cycle of acceleration of melting –
 - by 2040, there will be some serious problems – like, almost half of the US under water!

- The consciousness of people is also rising: yet people who work so hard and work so many jobs have little time to learn this and deal with it
 - The daughter of the pastor spoke in front of his congregation – he still did not quite get it in spite of what the daughter took him to see and hear. For example, they went on a boat of an oyster fisherman near the Florida panhandle – the largest oyster bed for the entire US and the fisherman could not find any: he lost his living because the water is so acidic due to the BP oil spill and the warming of the water: cannot sustain life any more and it's going up the Mississippi like this

R: the Altimarians can change this

T: her father would not buy it; said that things like this go up and down!

- Another teacher scientist, also an evangelical, got together with the daughter & her new husband
- The daughter was at the church, had on this man who brought up some of the biblical narratives that speak to hearing from the earth:
 - I Cor 27; Leviticus 26 – the land is mine and you are but my aliens and my tenants.
- Climate destruction is not a political issue, it is a moral, justice & spiritual issue – when christians do engage, there will be much healing with the land, with each other and with god.
- Please do not sit this one out – who better to lead this than christians even against all these odds.
- An Indigo child who woke up and chose to be born to a pastor – what a challenge!

R: heard Stephanie Miller joking about Pastor Rick – not a nice guy!

Putin Story: a meeting on Monday – Merkel led the way, 8 countries from Europe + US & Tunisia

- The US is the only one who has said no, and the people in Ukraine – supposed to have a conference around a round table and instead of fighting and burning people alive [54 people were burnt alive in Odessa – done on purpose; the money for the pro-russian people came from the 13 families, funded by the west]
- The 13 families are using the US gov't to keep things from happening; connected with NATO is completely controlled by the 13 families via the US gov't

T: Ed Snowden was on Camp Loveway on Saturday: piped in from an undisclosed location in Russia to the University at Santa Fe where the radio program originates

R: when Mark was doing the calls with them, Dr John Mack came out with a film called “Touched” about people getting beamed up against their will

- Dr Bassett put out an article about a new film coming out called “ Dr John Mack”
- R got to meet him before he was killed; Dr Mack was telling the truth as we have our freinds here, how about a chat and figure out how to help this planet – we know the rest of the story

- The people putting the film together need a bit more money to get the job done; have a kick starter website; what R has seen of it, it looks awesome: Mack got into realms where denial of what was happening was not possible – and he got taken out!
- The people who got beamed up against their will had past karma with the interdimensional ones and the film was about them working out their stuff.
- It was Bush Jr who ordered the death of Rachel Corey; it was the plan because of Palestine
- **The EU is doing something good:** boycotting products that are grown where Palestine should be
 - The people in the EU are doing this because they want to get rid of apartheid in Palestine
 - They are marching and carrying signs etc
- On May 1st, Nicole Sandler took over for Randi Rhodes; RR will have her last day on May 16th because she talked about 9/11
 - Monica Lewinsky on – time to burn the blue dress and the ball cap associated with that story
- Gong back to the 6 point questionnaire – all about Hillary

Ed Snowden: she goes over what he said

- Mr Putin playing an interesting game: has to do with the criminals in congress and NATO
- There is a 5th element being brought in – it is close encounters of the 5th kind
 - R asked when his father would show up
 - No comment; yet any time, Lord Rama

May 3rd on Saturday: R talked to Ed Snowden again on Camp Loveway

- None of this is about Putin; Kieve is totally backed by the bad guys in the Pentagon & NATO [US]
 - Only 2% in the Pentagon that have decided to behave themselves
 - even Admiral Mike Mullen was supposed to be a White Knight but they got him!
- Kiev is also so corrupt; the temporary president is through and through groomed by Brussels which means the European Central Banksters who are all Nazis and their minions are nazi collaborators
 - The Pan German Alliance with the west which was supposed to do some peacemaking after WWII - this did not happen; it went underground WW II never ended, just took another form
 - Kissinger was made the head of Der Vertideguntz Deintz [Der Verteidigung Deinze]
- Leo Wanta was on AM Coast to Coast but it was not George Noory who interviewed him
 - Leo Wanta is not a good guy: plays with the folks who play for keeps and they have committed themselves to an engagement with the Dark Rift - Mother will comment on this
 - The Nazi plots and plans have never ended – Ed said it is all 13 family black ops – not beholden to Russia or the West but to the top members of the 13 families
- Said there are brave folks who work for the ACLU who are whistleblowers & will whistleblow on the hedge funders who use computers that are so fast & instantaneous that they can do huge numbers of transactions in seconds and steal money
 - Ed said that a little over 9.5 weeks ago, on the Bloomberg market screen, there was a blip – right in plain sight, those who are watching saw it -
- On Sunday, Tara remembered the movie called “Nine and a Half Weeks”
 - It depicts hedge fund operations - there is a scene in the movie where they are doing the trafficking thing, he has a female companion who dressed up as a man and they went to “The Parlour” where everyone makes deals, smokes cigars, and drinks
 - in a fortnight, they made an unbelievable amount of money; needed a million dollars to start – in 9.5 weeks, they made 100 million dollars! Took some out for necessities, then did it again!

T: Mother is more merciful than she is just – those who are not getting it

- Some have already been moved to other planetary systems -
- The acceleration of the energies is just enormous . . .

Ed said the month of May is the month of accountability

- We need to stay calm – everything gets worked out, and gets worked out for the highest good
- Grateful for all the groups who are doing things

T: will play something on Saturday about water from Pirate TV – so grateful for the many bodies of work and information for us to access.

- The **Ogallala Aquifer of the central United States** is a fossil aquifer – which means when its water runs out, it will not regenerate.
- Texas has thousands of wells that have gone completely dry
- Nevada – the man-made Lake Mead is about to go bye-bye: Las Vegas has huge pools
 - Shelly Adelson owns about 2/3 of the places in LV.
- In Florida, if you get off the grid, you will be sent to jail!!! Desperate things from desperate people.
 - An old couple in the Everglades, a place where companies were getting ready to drill some more – they were being interviewed and said they did not want to see this happen to their water – there are tigers in the area, a sanctuary because tigers are in the endangered list everywhere on the planet – contaminated water would kill them all

Reading: Solara's Surf Report ~ Meeting ourselves again

NOT ABLE TO GET THIS READING, AS IT IS NECESSARY TO HAVE A SUBSCRIPTION

Reading: Pleiadian Perspective on Ascension

[SEE BELOW]

Closing: Angelsu

Kadoish, Kadoish, Kadoish.

INFORMATION RELATED TO THE NOTES



Pleiadian Perspective on Ascension: Changing Realities 3 – The Arcturian Message.

Channelled by Suzanne Lie. May 2, 2014. <http://suzanneliephd.blogspot.co.uk/>

The Arcturian Speaks:

When Sandy and Jason were first beamed to the Lemurian settlement in Middle Earth their Lightbodies were 83% activated. Their Lightbody activation was largely because they were bonded with each other, with their higher expressions of Mytria, Mytre and Mytrian.

However as they entered the beautifully decorated and highly attended celebration given in their honor, they became intimidated and their consciousness dropped. Instantly, Mytre merged with Jason while Mytria merged with Sandy to assist them to adapt to the honor that was being bestowed on them.

When Laturnius saw that Sandy and Jason needed some “time” to adapt to yet another new experience, he introduced us, the Arcturian, to begin our speech. As we expanded our energy field to our brightest and most humanoid form, the room became quiet and everyone took seats to hear our presentation.

Sandy and Jason were happily led to their seats at the same table as Mytre, Mytria and Mytrian who had taken on their own humanoid forms. As the crowd found their seats and settled in to receive our message, we beamed our Unconditional Love into the expansive room.

Once the room was calm and centered on our Arcturian energy field, we told the audience that we would begin our story with the initial “seeding” of Earth. A seeding of a planet is much like a seeding of the ground. Seeds are planted in the hope that they will grow and prosper.

In the same fashion, Beings from different planets, galaxies and dimensions, planted their “seeds” in the hope that they could live, grow and prosper on a new, young (in planetary terms) world. However, rather than physical seeds, we Galactics were planting seeds of consciousness.

The Arcturians were among the first Galactics to send seeds of consciousness onto the life forms of planet Earth. Hence, we have come to deliver this message. Before we flash forward to your relatively new societies of Lemuria and Atlantis, we encourage you to remember your Galactic Family.

Those of you who have taken incarnations on “surface Earth,” which many of you have done, will have to dust off the cobwebs of forgetfulness from your incarnations in the Piscean Age.

In that age of the Kali Yuga, which is referred to as the Dark Age in which humanity was as far away as possible from the ONE, humans believed the Sun revolved around the Earth, or they were the most evolved planet in all of the Galaxy, or even the Universe.

It takes a strong person to recognize their weakness and an even stronger person to recognize the many lies that limited their expansion into SELF. Most important, to understand what we are saying, you will need to release the fear of other civilizations who were once your enemy.

Yes, there have indeed been many civilizations, even amongst your Galactic ancestors, who were ego-oriented and selfish. Many of the ones in power in those societies greatly devolved after the great fall of Lemuria and Atlantis. In fact, it was some of these civilizations that were greatly responsible for the decline and fall, rather than the rise and ascension, of these two civilizations of Lemuria and Atlantis.

Fortunately, just as some members of these civilizations fell, there were others who ascended. There were also those, such as yourselves, who took refuge underground within the body of Gaia to await their next opportunity, which is NOW, to ascend themselves and planet Earth.

These Beings, YOU, live just one half octave above the physical world on Earth's surface, for you entered Earth before She plummeted into Her lowest frequency.

Because of the completion of the great cycle of the Precession of the Equinox, Earth's is now in alignment with the Galactic Center. Thus, the planet's frequency of resonance is slowly and surely rising.

In fact, Earth entered Her Golden Age in late 2012. She will remain in this era for 2,000 years in which Multidimensional Light and Unconditional Love will flow directly from the Galactic Center. Therefore, it is the NOW for those who have ascended, as well as those who have waited within the core and on the body Gaia, to tell their truth.

Because truth is relative to the perception of those who speak it, there are many stories of the rise, peak, decline and fall of the great civilizations of Lemuria and Atlantis. As we, the Arcturians, share our perspective we welcome you to allow your perspective to awaken and grow within your own consciousness.

We begin our story with the beginning of the last Precession of the Equinox. Earth goes through one cycle of precession over a period of approximately 26,000 years or 1° every 72 years. During this time, the positions of stars slowly change in both equatorial co-ordinates and ecliptic longitude.

We go back to a "time" when Lemuria's wonderful Golden Age was coming into its completion, while Atlantis was living within the peak of its society. Lemuria and Atlantis were meant to bring Gaia into the extreme polarization which you have been experiencing since their fall.

Lemuria was to be the "Mother Civilization" and represent the Flow of the electron, receptive/inflow, feminine polarity of energy, experienced as Love. Atlantis, on the other hand, was to be the "Divine Father" and represent the Flow of the proton, expressive/outflow, masculine polarity of energy, experienced as power.

Through the marriage of feminine and masculine, Love and Power, the two landed expressions of Gaia could gain the great Wisdom to Ascend. Unfortunately, instead of a beautiful bonding and resulting Ascension, their "marriage," like many Earthly marriages, ended in a long "divorce" in which both of them lost everything.

Part of the reason for this divorce of power and love was that the Galactic ancestors of these great civilizations could never approve of this marriage. All the ancestors wanted was to "have it ALL". In other words, greed was the cause of destruction then, just as it is in your NOW. Then, much like the story of Romeo and Juliet, it was the children of the families who suffered the most.

As Gaia moves again into the energy field of possible Ascension and planetary Unity, the marriage of ALL polarities into the ONE is your hope and means of Ascension. As we tell the age-old story of love and power, peak and fall, unity and separation, we ask you to listen with your Multidimensional SELF, so that you will remember YOUR Truth.

Through remembering your own Truth, your own perception of this story, you can take that which was in your distant past and bring it into your present, to create a future of Ascension within the NOW of the ONE. In this manner you can travel in consciousness via the oscillation of the sine waves of your consciousness. The higher

your consciousness, the faster the oscillation of sine waves, and the more quickly you will travel inter-dimensionally via your consciousness.

The frequency of your consciousness is influenced by the rate of the spin of molecules within your form. If your form resonates to a much lower frequency than your Multidimensional consciousness, your consciousness and form will not be in entrainment. Therefore, your form and brain will not be aware of what is occurring within your higher frequency consciousness and inter-dimensional travels.

It is the discrepancy between the frequency of your form and the frequency of your consciousness that creates the illusion of separation in which you feel separate from your Multidimensional SELF. In the world in which humanity has lived since before the fall of Atlantis, this type of “separation from SELF” has been quite common.

Before the fall of Lemuria and even until the end times of Atlantis, the humanoid form resonated to the fifth dimension and beyond. Because of these high frequencies, the bodies did not have a static form. In fact, many did not need a form at all and existed as pure consciousness.

Through the early and positive actions of the early Atlantians, Spirit can now still inhabit the fourth dimension. It is the challenge of the grounded Ones, who are the descendants of Atlantis, to bring Spirit into the third dimension.

The Atlantians created this splitting of their spiritual and denser forms when they began genetic engineering. Before the genetic engineering, all forms in Atlantis were “visited” by androgynous Spirits of the higher dimensions. These spiritual Beings visited Atlantis in the same manner that you would log in to a video game.

Life for most of the Lemurian era and a lesser portion of the Atlantian era was exactly like logging into a 3D video game. The higher dimensional Spirit entered into a form that was clearly a “game” on the holographic matrix of fourth dimensional Earth. At first, they entered plants and animals. Humans were so un-evolved at that time that there was little differentiation between a human and any other form of animal.

Humans were male and female just like the other third dimensional animals. Visitors from other Star Systems who were in need of biped workers had genetically engineered these “humanoid animals” millennia before. However, the early Atlantians, as well as the Lemurians, were androgynous and visited Earthly forms to temporarily experience the concept of gender.

Due to the actions of the latter-day Atlantians, their consciousness lowered and they suffered an increasing sense of separation from their Multidimensional SELF. Eventually, their consciousness lowered so drastically that the oscillation of the sine waves of their consciousness slowed to such a low frequency that they could no longer travel inter-dimensionally. Then they became trapped in the forms that they were once just “visiting.”

Travel via consciousness is based on the oscillation of the sine waves of the traveler’s consciousness. The higher the consciousness and the faster the spin and oscillation, the more quickly the Spirit (true non-physical form) can travel inter-dimensionally via consciousness.

Because the frequency of consciousness is influenced by the rate of spin of molecules within the form that Spirit is visiting, it became increasingly difficult for the visiting Spirits to remember their true consciousness while they were inhabiting a form.

For many millennia, Spirits visited the third/fourth dimensional reality in which the masculine and feminine polarities were separated into two different genders. These visits became longer and longer as the Spirits became addicted to the experience of lower dimensional form. These longer visits into the increasing sensation of “time” on Earth further lowered the Spirits’ consciousness.

When the frequency of their consciousness dropped to the frequency of the form they were visiting, they were no

longer Spirit visiting form, but Spirits trapped in form. The trapped Spirits then knew the experience of death, which was never experienced when they were Spirit because they lived infinitely while within the unity of the ONE.

Worse yet, the Atlantians did not take responsibility for the creation of their own problem. Instead, they blamed the ONE for punishing them and making them stay within their decaying, dying Earthen vessels. Therefore, they separated themselves from the ONE as well as from their own Spirit Beings within their physical forms.

They polarized the ONE into gender deities of God or Goddess. This final separation from the ONE cemented their fate into the long decline into Beings of form rather than Beings of Spirit. Spirit was always within them, but they had evicted it from their minds.

Hence, they could no longer experience their own spirit through their physical perceptions. For this reason, their inner Spirit became a distant hierarchical ruler who was either a male "God," or a female "Goddess." Once Spirit became polarized in their consciousness, the battle between God and Goddess was focused on the battle between female Lemuria and male Atlantis.

Lemuria and Atlantis had peacefully co-existed for millions of years, but the Atlantians were conflicted and needed to vent their anger onto others. Therefore, that which was meant to be the blissful marriage of masculine and feminine that would return Earth into Her Spirit form and usher in personal and planetary Ascension became instead a long and violent divorce.

Lemuria was to be the matrix for the feminine, receptive, emotive and creative aspect of the future humanity. On the other hand, Atlantis was to be the masculine, expression, logical and scientific aspect of future humanity. Both of these realities resonated to a frequency that we would now call the fourth dimension.

It was not within the Divine Plan to create a reality at the third dimension, for the separation from Spirit would make future evolution too difficult. Unfortunately, after the fall of these two great worlds, especially the fall of Atlantis, Earth was so shaken on her axis that it was impossible for Gaia to maintain a connection with Her fourth dimensional resonance.

Gaia called out to Spirit to send Light Beings to assist Her, as she was on the edge of falling off her axis. Millions of loving Light Beings took forms made of the same elements as Gaia. They hoped that if they could transmute the lower dimensional forms into a higher frequency, they would be able to assist Gaia to do the same. However, Earth was too wounded to resonate any higher than the third dimension.

Even though Gaia's consciousness resonated to the fourth dimension, Her planetary body needed eons of healing before it could also resonate to the fourth dimension. It was then that the fourth dimension became the reality that vibrated in the aura of Gaia and She became separate from Her planetary body that resonated to the third dimension.

The creators of the Earth experiment were very concerned about the absence of Spirit's integration into third-dimensional matter. They knew that matter separated from Spirit would create a very harsh world that would become increasingly polarized.

It is the presence and frequency of Spirit that would allow the life forms on, in and above Earth to find and live within the unity of Planetary Consciousness. In a reality devoid of Unity and Planetary Consciousness, the grounded humans would experience extremes of separation from each other and from their planet.

In an attempt to make sense of their difficult lives, the Ones who fell into darkness grew to believe that what they did was good for others. With such separation from Spirit, the Light Ones tainted their Unconditional Love of the ONE with the conditional love of their polarized reality in which others had to follow their commands to deserve love.

This manner of separation of male and female began in Atlantis while Lemuria was still in existence. The Atlantians increasing separation from spirit set them on a ruthless plight to gain power over others. Worse yet, the “others” included the planet itself.

On the other hand, Lemuria became so polarized to the feminine side that their emotions made them perceive what they wanted to see rather than what was actually occurring. Hence, they did not see that the Atlantian power systems were being used as weapons.

In the end, both civilizations perished, but much was learned. From this experiment of polarized reality on Earth, it was learned that both masculine and feminine energies must incorporate Wisdom, Power and Love within their Earth vessels to serve as the means to find their center. Hence, the Three Fold Flame of Wisdom, Power, and Love were placed in the High Heart of all incarnating Ones.

Unfortunately, in most cases, this correction was useless. After the fall of Atlantis the frequency of Gaia’s body was so low that most humans were unable to connect with their High Heart. Hence, most of their lives were spent in the business of survival.

The Priests and Priestesses of the ONE carried their Light with them into the new locations to which they fled. Unfortunately, many of those who thrived on separation took the darkness of power-over others into the same locations. Hence, the extreme battle between Light and dark was carried into the surviving realities. This battle cannot be won. But it can be ended. Like any fire, it must have fuel to burn.

As we calibrate the Core and Cornerstone Crystals to the fifth-dimensional portions of Earth’s planetary matrix, the third/fourth dimensional energy fields will no longer have a place to which they can attach. Hence, the third/fourth dimensional timelines will expand into a higher frequency or move on to another planet’s third/ fourth dimensional matrix.

In this manner, those who are not yet complete with the experience of resonating to third/fourth dimensional realities will simply switch reality as easily as one can switch into a different dream. With the recalibration of Gaia’s planetary Crystals, the portal into the fifth dimensional matrix of Earth will open wide while the portals into third/fourth dimensional Earth will be re-routed to other planets experimenting with the concept of polarity and separation.

Note From Sue:

I received most of this information as a channel from the Arcturians in the summer of 2010. At that time I did not really understand it and dared NOT publish it. We still had some VERY dark times ahead of us and it was not safe to talk in such a direct manner about Ascension and the real history of Gaia.

In just four years there have been so many changes that I feel I can share this information. I even KNOW that many people will understand it fully and have likely received it themselves. Hurray for humanity!