

INFORMATION REGARDING CALLS PRESENTED AND/OR SUPPORTED BY
2013 RAINBOW ROUND TABLE

I TO ACCESS THE THREE WEEKLY CALLS via the Internet

A BBS RADIO Go To www.bbsradio.com ; click on Talk Radio Station #2; click on "64K Listen"

Thursday: 9 pm – 12:00 pm EST *Stargate Round Table* **Host: Marietta Robert**

Friday: 9 pm – 2 am EST *Friday Night Hard News* **Hosts: T & R**

Saturday: 4:30 pm – 2 am EST *History of our Galactic World & NESARA* **Hosts: T & R**

Friday, Saturday: From **10 – 11 pm EST**, for one hour, the call moves to the Conference Call Line [PIN below] and then returns to BBS Radio.

- Use the following phone numbers to ask questions or make comments during the radio show.

530 – 413 – 9537 [line 1]

530 – 763 – 1594 [line 2 & 3]

530 – 746 – 0341 [line 4]

- **BBS Toll Free # in Canada, US** 1 – 888-429-5471 This number picks up whichever line is available.

B Conference Call: 1-213 -342-3000

Thursday PIN #	87 87 87#
Friday PIN #	23 23 23#
Saturday PIN #	13 72 9#

C Skype: **BBSradio2**

D Archives for the 3 Programs listed above:

- To access the **FREE BBS archives** for any of these programs:
 - Go to [BBSRadio.com/ Station 2](http://BBSRadio.com/Station2); scroll down; click on **Current Program Archives**
 - Scroll down to **Hard News on Friday with Tara and Rama**, and click on **"More Archives"**
 - Click on those words and you will be taken to the listing of all program archives, the latest one being at the top.
 - You can download the program to your own computer or listen directly.

- The **2013 website also has an archive section:**

<http://2013rainbowroundtable.ning.com/> look under the "Archives" tab for written notes.

II TO ACCESS OTHER CALLS SUPPORTED BY 2013 Rainbow Roundtable

A Sunday, Mondays: 9 – 10:30 EST *Cheryl Croci's Activation Calls*
By telephone only: 1 – 213 - 342- 3000; PIN 9467441#

B Tuesdays, 2nd & 4th of each month: *Ashtar on the Road*
9:30 – 11:00 pm EST Host is Fran; Susan Leland channels Ashtar & Mother Sekhmet
www.Ashtarontheroad.com

- Phone Number: 1 – 559 – 726 – 1300; PIN 163731#
- Call is free [except for long distance charges]
- Can also listen to the call via Skype

C Wednesdays: 7:00 – 9:00 EST *The Friends of The Aboriginal Moabite Nation Call*
By telephone only: 1– 712-432-0900 PIN 666238#
Replay # [good for 1 week] 1-712- 432-0990 PIN 666238#

Opening Meditation: Cheryl Croci

Housekeeping: Cheryl Thank you!

- BBS:**
- A listener-supported radio program; we can access program archives on BBS
 - We need **\$ 251** this week. **Many thanks** for each and all contributions.
 - Needs everyone of us to donate something, would like to hear from all on the call.
 - What we hear and learn feeds our minds and our souls!
 - Go to BBS.com/Radio 2; find the listing for Friday Night Hard News; find the **Paypal** button
 - BBS appreciates getting cheques through the mail – no fees taken off by Paypal
 - **NO COST TO ACCESS THE ARCHIVES** for any of the T & R PROGRAMS, or the one for Thursday night: Stargate Round Table, hosted by MariettaRobert
 - Re: archives of the other programs on BBS: the money we pay to listen to someone else's archives is put towards our BBS bill!
 - The mailing address for those who do not like paying electronically:
BBS Network, Inc. [Please put "**Attention Don**" on the envelope.]
5167 Toyon Lane
Paradise, CA 95969
 - Sending a check to BBS means all of your check is received; using Paypal incurs a fee.
- T & R:**
- They also need food & gas money this week
 - Can donate via the Paypal button on the website: www.2013RainbowRoundTable.ning.com
 - **Please notify them if you're sending something:** koran999@comcast.net
 - Rama's mailing address for cheques, Money orders: Ram D Berkowitz
1704 B Llano St, # 249
Santa Fe, NM 87505
 - **phone contact** is via MariettaRobert: 317-773-0061
or by e-mail: stargatemarietta@gmail.com
 - **Remember you can book a session with Mother, as well!**
- MR:**
- Please remember to support MariettaRobert's show, too

Hard News:

R: World Healing Day - "I'm declaring Peace" in spite of all the dramas going on

- Story floating around on RT.com – a group of soldiers jumped out of a helicopter in Ukraine and there was a shoot out; results not clear. Has to do with the 13 families trying to hold on to an old timeline which has ended: we are in a new timeline – he keeps being told and is experiencing it: in spite of the dregs of the old paradigm which is still floating about like the plastic in the ocean [They are still looking for the plane: the people are doing very well on The New Jerusalem!]

Camp Loveway: the horse whisperer lady, Lisa, was on

- an interesting drama: a caller had a touching story: a couple being deployed to South Korea via Hawaii; the mother of the son who is 19.5 years old & specially trained by the military/DARPA to sit in a chair and use unmanned military drones: had a moment of consciousness, waking up.
- When you are 19, you are still a kid and god forbid you should be sent to war! The mother called because the family dog "Grace" is in a state of panic; she is not happy about what is going on;
- the mother called up asking for some clarity around what is happening to Grace: not eating, lying in her bed shivering.
- Lisa: the 19 year old does not wish to go to South Korea; to be deployed on May 1. He and his wife have decided to go AWOL and go to Canada
- Lisa talked to Grace, and Grace said she does not want the boy to go because he may not come

back; the dog knows this. A strong message as our animal shaman teachers know more about this than we do: we need to listen to them, as this would mean things would be healed!

- The mother was crying: knows the message from the dog is that it's time to end the war games
- The family adopted Grace from a shelter when she was 7 years old; the boy loved the dog from the get-go; the dog wanted to stay in the shelter, had been mistreated before and was not sure about going with a new family. The boy worked with the dog and eventually the barriers were broken down.
- This is a greater reflection of what is being done, about 9/11 and what happened after – so many men and women went through trauma, came home and were never the same
- Lisa said so many animal shamans and teachers are working with the angels ?????

Another story: a Himalyan cat called Princess after Lady D, has been having issues with her family; she was also adopted. The family has issues with the dog who is half German Shepherd and half pit bull.

- Princess is very much a regal cat, not happy with the dog!
- Princess likes to watch American Masters and classical music; the dog likes football having issues about getting along!

Tom the Cat: shared that there are interesting pieces going on around the planet on World Healing Day

- There are all kinds of things happening that have to do with the upliftment of the planet – more and more stories coming out on our ET family, more & more questions about when is this going to happen?
- How we introduce them in the the next moment – not about fake alien invasions or Project Bluebeam
- **Counter Spin today:** in the wake of what happened between Hammas & Fatah, Palestinian gov't now unified! It is a big deal that they have unified between themselves against israel
 - Gaza is the largest prison camp on earth!
- Obama is in Kuala Lumpur where the International hearings occurred, & Israel was tried for crimes against humanity
 - The tunnels between Israel and Egypt have been shut down by Israel – no food, etc getting in
 - The unified Palestinian gov't now going to go to the UN and get Israel tried as an international war criminal

Counter Spin: Sean Penn was on, has been using his blessings to help the Palestiians mount its attack against Israel: Israel is using F16s and tactical nuclear weapons against the Palestinians and bombing the country back into the stone age.

R: called Lisa, the horse whisperer, asked about the Paschats to confirm what he knew:

- Lisa said she who was here before the gods were here is here, and she takes no prisoners.
- The super grand cardinal cross is moving it forward
- Israel, and the entire Repub Partiy, Shelly Adelson and those who swear their allegiance to the Boshevists – they are not Hebrews, they are Khazars! Will be removed.
 - The missing 520 years of history about the black Moors has to be brought into the limelight
 - In 1947 there was a coup d'etat against the country of Palestine by gov't, organizations of the day
- The Lakota Nation, the Iroquois nation – those people connected to The Great Law are on the Washington Mall – Pipeline will not be going across their land – has to do with rich people who think they can buy things with lots of cash!

Audio: a pirate TV presentation; website www.worldbeyondwar.org

This took place in Seattle, WA - the people in the audience have plenty to say!

R: this is about **the everlasting scars of war** by Ann Jones – there are 19, 20 year old kids sent to war and they have not been healed of their PTSD or their drug addictions and they need a job. Get hired by the Border Patrol and other such organizations: they kill people of colour indiscriminately

because they have not been healed. This has to do with the mind control of creating terminators and the creation of souls into android bodies!

T: There are a million issues on the table and everywhere you look, these issues and the people behind them are being called to account! We are in red alert in this time.

- Introduction of Ann Jones
 - Her book is dedicated to her father who was a highly decorated hero from WW I
 - he was seen as the success story of a vet who came home better than he left:
 - NOT TRUE – he was depressed and violent man at home, in private.
 - wounded warriors coming home – their wounds resonate in the home and the community
- Before she wrote this book, she had written others, mostly about wars against women; went in 2002 to Afghanistan & worked with them on the subject of violence against women
 - It is the children, the women, the elderly, those who cannot escape who suffer the most during war
- In 2010, she embedded with the American troops to follow what happened to the women; by the time she joined the American Military, she knew more about the Afghani culture than anyone else on the base. And about those military ones who have been sent to win the hearts and minds of the Afghans – she would not even talk about it!
- The story she wanted to follow was what happened to the injured between the time the soldiers get hurt and the time they got taken to the hospital in Bagram – took her a year to get embedded in a medivac team
 - There were double, triple and quadruple amputees, and genital damage to those who step in IUDs
- From Bagram they go to Germany, the next level in trauma care: AFTER several surgeries in Bagram, they get more surgeries, After Germany, they go to Dover in the US, and then to the vets hospital, Walter Reed, in Bethesda, MD
 - Most of the soldiers are unconscious for most of the time:
- The medical team members, when behind closed doors with her, always broke down
 - They were always bothered by the knowledge of what these soldiers would think and do when they got home and found they had lost their genitalia
- Discussion of meaning of PTSD, and what she found out travelling to hospitals in the US who deal with PTSD, a term which is thrown around very loosely, and with little understanding.
 - Traumatic Brain Injury is different and there are thousands of soldiers with this – 700,000 was the number a few years ago – knows it is under-reported
- The processing of these soldiers is like a factory; also an under-estimate: 22 soldiers / day taking their lives; nor is anyone taking into account of the suicides of family members, including wives who take their children's lives as well as their own
- An official secret: the implication in these suicides due to the over – prescription of opiate pain killers by private doctors Pain management organizations/ pharmaceutical companies fund research, testify before Congress, lobby to the VA hospitals for the use of these pain killers.
 - Congress passed a law to require the VA hospitals to prescribe these pain killers – a paper in Austin, TX did some research and found out the extent of the implications: highly addictive, particularly in young people.
 - The pain foundations shut down, doctors went on to other things, can't talk about this any more and now the soldiers come home, after destroying the poppy fields in Afghanistan, to be given chemical derivatives of these pain relief agents and then commit suicide
- Then there are the contractors who used to be regular soldiers who loved fighting and killing and who went back for the fun of it. When they come back, they cannot go to the VA: these ones make the best candidates to work for the Border Patrol units
- When the wounded come back, mothers, wives, are expected to take care of them: they give up their work, positions to do this
 - It is the soldiers who bear the burden of war;

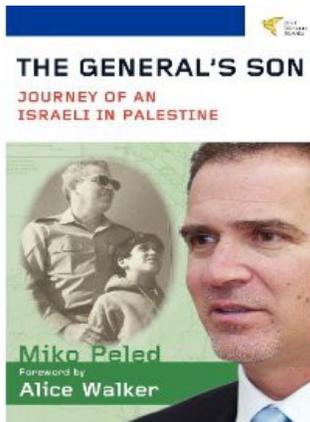
Q & A session followed.

T: this is the work we came here to do: the stripping away of the lies

Audio: Miko Peled “Beyond the Zionist Paradigm” – Nov 14, 2012

Pirate TV - taking place in Seattle, WA

This is the man who wrote **The General's Son**



THE GENERAL'S SON: JOURNEY OF AN ISRAELI IN PALESTINE ...

10 Mar 2014 ... Oct. 1, 2012 by Todd Boyle

***** **Miko Peled - Beyond the Zionist Paradigm** - University of Washington - Miko Peled
lecture 2 Nov '13 by Allison Schmitt

<https://www.youtube.com/watch?v=KKrFu7cZrKg>

T: You can bet your bottom dollar that Obama has been talking to people in Kuala Lumpur about Israel and those who support them: the Khazarians are Nazis who collaborate with the Vatican, also Nazis and the nazis in the US – all of them will be gone.

Audio: news from RT.tv - about what is happening in Ukraine; the background to events

Audio: news from RT.tv - results on the election in Afghanistan; discussion about using american equipment which will be left behind

Audio: news from RT.tv - about the tunnels under Moscow and something of their history, and how long it has taken to explore them fully and map them; now open for public viewing

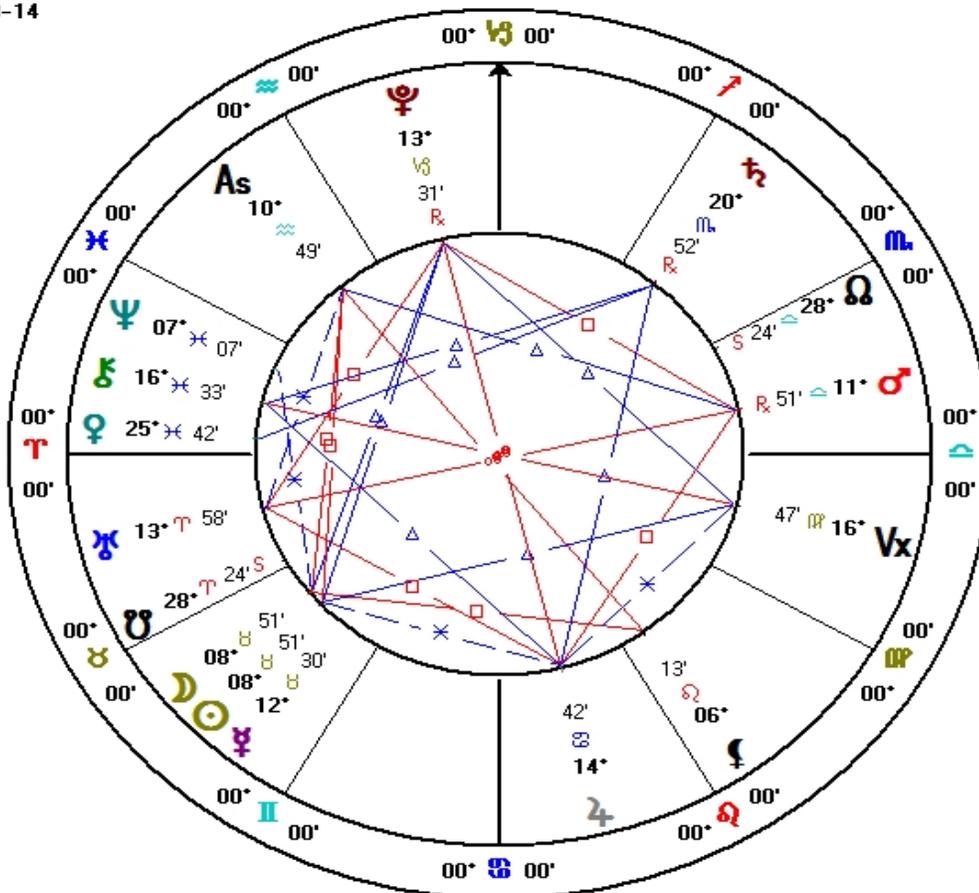
Astrology: Richard

April 22, 2014 Pele Report, Astrology Forecast

http://www.youtube.com/watch?feature=player_embedded&v=a3chnBCjdVs

[*click here for the Solar Eclipse astrology chart*](#)

Solar Eclipse 4-29-14
Natal Chart
 Apr 29 2014, Tue
 0:13:37 am CST +6:00
 San Jose, Costa Rica
 09°N56' 084°W05'
*Geocentric
 Tropical
 0° Aries
 True Node*



***We've been told that we are separate, it's either me or you,
 There's not enough for everyone, we'll never make it through,
 This mindset of division, has robbed me of my strength,
 Its fostered fear and lack of trust, it's time to give it back.***

[click here for the English transcription of the Pele Report](#)

[click here for the Spanish translation of the Pele Report](#)

[Pele Report mp3 only](#)

This Solar Eclipse in Taurus is the perfect time to break out of old survival patterns and patriarchal conditioning. One great way to break through separation is to ask for help! This is a great time to give others the opportunity to feel their power through giving and for all of us to come together in love. If everyone asked everyone for help, just think of how much help there would be haha! Enjoy the NEW..... music by jeffoster.com

T: asks about what we have to hang in for – **Richard:** Mars is retrograde until the end of may – Mars is about the doers, the masculine, the electrical; when Mars is retrograde, the active component is in the background for a while; overpowered by the opposition of Cancer/Capricorn which is a more potent opposition. Jupiter is our collective positive karma; represents all our good karma that we brought with us; for the entire human race, Jupiter is being expressed through Cancer which is emotionally stormy, the

energy of the physical hurricane and the emotional hurricane, the swirling, mixing hurricane – the mixture of feelings and the interface with the air element

T: often say Cancer is the Mother energy: would this be mother coming in to clean up the mess?

Reading: Grounding the Cardinal Cross

[SEE BELOW]

Conference Call

Discussion about the idea of the main news broadcasts being information, not real news networks

C2: question about the Agartha – is it real?

T: yes - in response to the question about Agartha and how many planets have inner networks: all kinds of people have gone into the inner earth through Panther Meadows, the networks on Earth;

Mars also has inner networks; the people had to go into the interior when Maldek went super nova and all the water on the surface of Mars went inside Mars. This is the time of the flood – there is an asteroid belt where Maldek used to be, the 5th planet from the sun: All the Satonians were on it; having been on earth and wrecking it, they were sent to Maldek to work out their shit – but they didn't, as they had nukes. Baldur was the capital city on one side of the planet, and Vera was the capital on the other side. An earth quake tremor caused the nukes to go off and leave the silo. The other side thought they were being fired on, so they set their nukes off – sent the planet super nova. They ended up back earth in the Middle East

C2: Dr Stephen Bassett of Paradigm Research is declaring July 8 to be the congressional hearing for disclosure - says the BRICS alliance is getting stronger -

T: the intention of BRICS is to take the dollar out completely and bring in the gold standard

- Yes, in one sense it can help with NESARA -all the 3 presidents know that to get NESARA announced, the dollar has to be taken out. A Faction 2 item is that the quantitative easing games can go on for another 2 years. However, Faction 3 is not waiting – the report is that at any time, the Chinese economy can fall and, when that happens, the dollar is gone too. That is why these ones are playing war games [a distraction] – the Ukraine government is unspeakably evil

C2: Occupy World has gone global; Occupytelevision.com [Dan and Kerry] are looking for content that can move the planet into enlightenment ; looking to take over main stations like CNN; they can do videos or put stuff out on You tube. They are the movement in Hilo, the capital on the big island of Hawaii.

T: they have lots to fight about in Hawaii, dealing with mercury in their atmosphere 24/7 due to the constant spewing of the volcano

C2: they do want content, and they want to talk to people about that content. [as opposed to e-mails, etc]

T: **the White Knights, Faction 3, are in charge of the media;** asks Rama if he knows about the Light Brigade **C2:** Occupy Hilo has been going for a long time; they work with Occupy Wall Street;

OccupytheWorld.org and Dr Joe Stein is around the world now . There is an intra occupynewswire.com –

- www.globalclimateconvergence.com – people are waking up and pairing up Occuworld.com or .org went world wide, along with the Green Party – Canada, Australia, US, and another country
- There's another group – Occupy media groups, and some are associated with facebook groups,

Democracy now, <http://megahangout.com/everywhere> [or <http://mediahangout.com/everywhere> ??]
– the guys are techno wizards – using all kinds of technological avenues to get the messages out.

T: Dennis Kuchinich was on Abby Marten yesterday

C2: www.FreeandEqual.org – there is to be a huge gathering at UCLA this summer

T: the issue of expanding the TTP game is being picked up by the indigenous people from all over the world : the XL pipeline can only happen if the TTP goes through – Abby Marten wants to strangle Nestle who are bottling water and selling it and the water is not clean! She saw on Al Jazeera that wells are going dry all over the world due to fracking – they are going faster and faster to ruin the place and kill a whole pile of people as they themselves are taken out

T: likes Pirate TV – they go to the core of things and get the basic issues clear

Music:

Audio: The nature of Star-gates – from AA Metatron via tyberonn

http://www.youtube.com/watch?feature=player_embedded&v=_2RnD2tIZWY

<http://thegoldenlightchannel.com/the-living-earth-nature-of-star-gates-archangel-metatron-via-james-tyberonn-az-star-gate/>

T reads from the video: : Spirit science stuff: **the 5 core cyrstalline codes**

Tetrahedron: 4 triangular facets; divine will; ruby red ray

Hexahedron: the cube, a 6 square faceted object – divine creativty, orange

Octahedron: 8 triangular facets, double pyramids; divine unity; golden sunshine yellow

Dodecahedron: 12 pentagonal facets or polyhedron object; divine compassion; green

Icosahedron: 20 triangular facets, a polyhedron: divine wisdom; royal excalibar blue

• There is to be a collaboration between Tyberonn and Richard Hoagland: a WESAK presentation

Audio: Global spirit – the first internal travel series **Earth Wisdom: For a World in Crisis**

Regions: [Asia](#), [Central America](#), [Europe](#), [Middle East](#), [North Africa](#), [North America](#), [Oceania](#), [South America](#), [South Asia](#), [Sub-Saharan Africa](#)

In recent years, more have become aware of the unique wisdom in the cosmologies and spiritual practices of indigenous societies. While this native wisdom has always been part of human existence, its teachings have remained outside so-called “formal” religions, leading to zealous missionary campaigns seeking to stamp out this “paganism” from the face of the earth. But with the dramatic increase in global warming, a thinning ozone layer and social alienation, many, including the United Nations, are realizing that native peoples may possess some critical keys to the very survival of our species and fragile ecosystems of the planet.

This **Global Spirit** program focuses on the wisdom of indigenous values and practices that have promoted heightened consciousness, spiritual harmony and a life in balance with nature.

Host **Phil Cousineau** and the Global Spirit crew go to New York to film and interview renowned indigenous

leaders and tribal representatives such as Chief Oren Lyons, Marcos Terena, Jake Swamp, Viktor Kaisiepo and Gloria Ushigua, joined by over 2000 others at a unique gathering of indigenous peoples from around the world at the **United Nations Permanent Forum on Indigenous Issues**.

Indigenous Peoples at the United Nations - YouTube

24 Apr 2009 ... This excerpt, from Link TV's Global Spirit program "Earth Wisdom for a World in Crisis," was filmed at the United Nations, where 3000 ...

<https://www.youtube.com/watch?v=G098g4TRntg>

Uploaded on 24 Apr 2009 This excerpt, from Link TV's Global Spirit program "Earth Wisdom for a World in Crisis," was filmed at the United Nations, where 3,000 indigenous people from around the world were invited to share their solutions to the growing environmental crisis. Tribal leaders from Brazil, West Papua, Kenya, and Peru discuss their concerns. Visit <http://www.globalspirit.tv> for more!

Native Peoples and the Terrible Injustice - YouTube

24 Apr 2009 ... This excerpt, from Link TV's Global Spirit program "Earth Wisdom for a World in Crisis," begins at a Native American shrine honoring Sitting Bull, ...

<https://www.youtube.com/watch?v=0JY6m6qGjIM>

Uploaded on 24 Apr 2009 This excerpt, from Link TV's Global Spirit program "Earth Wisdom for a World in Crisis," begins at a Native American shrine honoring Sitting Bull, then leads to an interview with Oren Lyons, a tribal leader and historian. Lyons describes how the world-view of Indigenous People first clashed with that of the European colonizers. Visit <http://www.globalspirit.tv> for more!

Audio: Breaking the Set 2014, Ap 26 Suing Nuclear Powers, Cowboys & Indians Take on Keystone, a Festival for Fair & Free Elections

http://img.rt.com/files/episode/25/da/80/00/breaking_set_480p.mp4?event=download

On this episode of Breaking the Set, Abby Martin remarks on an unprecedented lawsuit filed at the Hague by the Marshall Islands against 9 nuclear nations for violations of the 1958 nuclear non-proliferation treaty. Abby then features a panel discussion with Clayton Thomas Muller, member of the Mathais Colomb First Nation, Sundance Chief Reuben George, Member of the Tseil-Waututh First Nation, and Heather Milton Lightening, member of the Tasqua first nation and co-director of the indigenous tar-sands campaign discussing a massive demonstration taking place in Washington DC against the construction of the XL Keystone Pipeline. Abby then goes over a several instances of laws in dozens of American cities that criminalize homelessness, featuring an interview with author and civil rights activist and Eugene Puryear, discussing when the 'War on Poverty' became a war against the poor. BTS wraps up the show with an interview with Christina Tobin, founder and chair of the Free and Equal Elections Foundation, discussing the upcoming United We Stand Festival merging art, music and activism for a revolution of consciousness and political change in America.

Audio: Max Keiser

[\[KR593\] Keiser Report: Hot Tips from Losers](#)

[April 26, 2014](#)

http://www.youtube.com/watch?feature=player_embedded&v=udBFJQqxNiM

We discuss Americans as the big globalisation losers, though they refuse to admit it because they've bought Hot Tips from Losers. Meanwhile, in China, the middle class recognize the equally corrupt oligarchic system there also makes them losers or, in their own words, male pubic hair. In the second half, Max interviews international businessman and RBS claimant, **Neil Mitchell**, about the latest in his high-profile battle against GRG and RBS. He suggests the public move their funds from RBS and Max suggests that British law = government hack writes report, then they hold an enquiry, then they write another report.

Audio: weekends with Alex Witt: Office Politics, Parts 1 and 2 Interviews with Chris Hayes
discussion of difference between Europe and the US on the subject of basic wages and social programs supporting the population, changes having a 2nd child



Audio: Weekends with Alex Witt 2014, April 26

New report looks at 'segregation now'

Alex Witt talks to reporter Nikole Hannah-Jones about her report "Segregation Now" which shows how segregation is still prevalent in our schools today.

Reading: Learning Cherokee Ways - The Ywahoo Path by [The Venerable Dhyani Ywahoo](#)

Learning Cherokee Ways: The Ywahoo Path is an exquisite gathering of ancient and sacred wisdoms from the Ywahoo tradition. Written by the Venerable Dhyani Ywahoo, holder of the Ywahoo lineage and Chief of the Green Mountain Ani Yun Wi Wa, Learning Cherokee Ways: The Ywahoo Path is a sacred passing of teachings that until now have been kept hidden. A moving journey through time, the text explores the Ywahoo experience of worlds, both seen and unseen, and the universes that surround us. Through stories, personal reminiscences, and conversations handed down through the generations, Learning Cherokee Ways: The Ywahoo Path resonates in our past, present, and future. A remarkable worldview as well as a hands-on primer, Learning Cherokee Ways: The Ywahoo Path includes practices, meditations, and enhancement exercises that guide the reader and serves as a universal blessing for all beings.

Closing: Rainbird.

INFORMATION RELATED TO THE NOTES

2014, Ap 26 Grounding the Cardinal Cross

the wonderful [Sarah Varcas](#) from [Astro-Awakenings.uk](#) shares her illuminating insights:

“...we are being placed in situations (for each of us the details will be different) in which we have to work out how to be here differently because how we’ve been doing it up to now has not been working so well.

“Many of these situations appear to arise out of nowhere, the kind of thing we can all too readily put down to ‘bad luck’ or a ‘marked card’ in life...We may be only too tempted to feel hard done by, victimised by life, treated unfairly by the gods of chance.

“But in fact the urgency of the [Cardinal Cross](#) tells us there’s no time for self-pity and ‘oh poor me’ rhetoric... what and how we currently are is effectively being stored as a prototype for who we become in due course.

“We have a window of opportunity throughout the coming week, to effect significant change in ourselves over a short space of time, merely by changing how we act and react in the present. The question is, will we open the window or leave it boarded shut, refusing to embrace the possibility of such radical change?

“I say ‘merely’ but of course, the things we really need to change are usually the bits about ourselves which are the most rigid and intractable; those habits of thought, feeling and behavior that seem to have become the very essence of who we are, even if they repeatedly cause us on-going problems!

“And as problematic as they are, we often identify with them in some way, which makes it even harder to let them go and choose a different way...”

“The week ahead is full of power – raw, creative, cosmic power. It comes not as a gift with no strings attached, but as an opportunity available to those prepared to knuckle down and do the work of deep change.

“For those ready and willing to do things differently, to let go and challenge the most intransigent parts of their nature, this week comes with profound hope and possibility.

“But if we resist this clarion call we may find ourselves sinking more deeply into our own particular brand of suffering. The choice is ours, even when it doesn’t feel that way, because believing we don’t have a choice about who we are is the biggest lie of all!

No one can be absolutely anything, but every life has more than one version available. This week is upgrade time, to a version which works better for all concerned, both personally and collectively.... if we choose to make it so.”

[Sarah](#) also says:

“We are currently in a time of questions with many seeking answers to the weightiest ones of all: Why are we here? What’s the meaning of life? Why have past efforts not delivered the results I expected? How do I get what I want?!! And, of course, the ultimate question uttered by people throughout the ages: why me?!”

“...Life is exceedingly tough for many people right now, if not physically then emotionally or spiritually, or all three-ly! The Cardinal Cross provides the opportunity for new beginnings, but in order for those beginnings to enable fully present lives, we must be increasingly free of the blocks, obstacles, suppressions,

repressions and 'issues' which bind us.

"There is currently a massive purging taking place which is shifting these blocks to allow a free flow of life energy at an exponential rate. Think of it as a cosmic enema! It's not pleasant, it's very 'icky' and extremely undignified. But we need it none the less, because those stubborn blocks will not shift without some pretty powerful encouragement. That's why they're still there, so strong, so rigid, so ridiculously familiar and yet so incredibly frustrating.

"And of course, when life is tough we resort to those questions I mentioned earlier, and the answers we come up with may not help one iota if we're still thinking in terms of life meeting our needs and fulfilling our personal desires. But if we can sink below the question into the silence beneath, we may just begin to sense that life itself is fulfilled through us in every moment, no matter what we're doing, thinking or feeling.

"We are the fulfilment of life just as we are: living, breathing, thinking and feeling. The purpose of our existence is simply to live and be aware of living, to be conscious of the life force coursing through our veins and to ground it more and more deeply as we remove our inner blocks and gather ourselves into this present moment.

"Ultimately there is no other purpose to being alive than to fully live. The more we can embrace this fact the more deeply we can do so, and as life unfolds within and around us we will know when to act and when to wait, when to speak and when to fall silent, when to stay and when to go..."

"As we each receive the energy of the [Cardinal Cross](#) coursing through our veins in the coming days we have a choice how we use it, the questions we want it to answer and the thoughts, feelings and emotions we want it to fuel.

"If we call upon it to fulfil our personal desires, however spiritual they may seem, we may be disappointed. If we call upon it to wake us up and free us up, to know life as it is in all its fullness, we may just experience a deeper resonance than we ever have before, the very heartbeat of the universe, finally welcoming us home."

© Copyright 2014 ~ [Sarah Varcas](#). All Rights Reserved

<http://www.mysticmamma.com/grounding-the-cardinal-cross-by-sarah-varcas>

2014, Apr 28 **Bill Maher blasts cheating conservatives and obnoxious liberals**

by [BruinKid](#)

Last Friday, Bill Maher blasted both conservatives that cheat to win elections, and obnoxious liberals who turn off people from voting for their side.

Look at all the big issues Democrats have on their side by big margins. 71% want to raise minimum wage. 88% want background checks for guns. 80% support a path to citizenship for illegals. 90% support an equal pay law for women. Republicans are against all of it. So how do they win?

I'll tell you how. They employ a complex multifaceted technique political scientists call "cheating". (*audience laughter*) Gerrymandering the districts, voter ID laws, purging the voter rolls, shortening the voting period, preventing anyone who's been to prison from voting, eliminating same-day registration, putting up billboards in poor black neighborhoods that say "Don't Vote. There's Ghosts In There!"

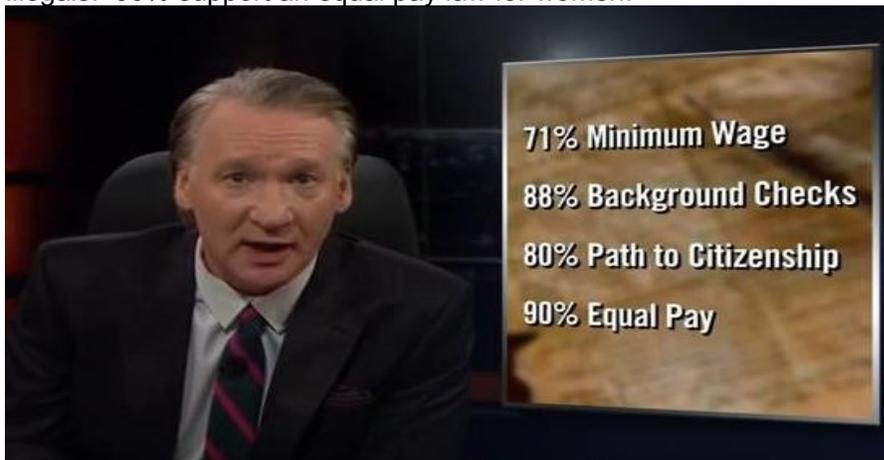
Video and full transcript below the fold.

http://www.youtube.com/watch?feature=player_embedded&v=9_XRRmS62YI

And finally, New Rule: somebody has to tell me how do they do it? How do Republicans win elections? According to a new poll, only 6% of likely voters think Congress is doing a good job. Only 14% think it's passed any legislation that will improve their lives. Yet all the experts predict that come November, the House will remain Republican-dominated, and the party will clean up. Which is ironic, because all the actual cleaning up of America is done by Democrats — and by that I mean environmentalists and Mexicans. (*audience laughter*)

Now, I can understand how people used to vote Republican. Eisenhower seemed like an OK guy, and even if Republicans weren't all that interested in black people, women, or dolphins, you could still see how half the people could vote for them half the time. But how the hell do they do it now? They're so much crazier. And there are so many more of us.

Look at all the big issues Democrats have on their side by big margins. 71% want to raise minimum wage. 88% want background checks for guns. 80% support a path to citizenship for illegals. 90% support an equal pay law for women.



Republicans are against all of it. So how do they win?

I'll tell you how. They employ a complex multifaceted technique political scientists call "cheating". (*audience laughter*) Gerrymandering the districts, voter ID laws, purging the voter rolls, shortening the voting period, preventing anyone who's been to prison from voting, eliminating same-day registration, putting up billboards in poor black neighborhoods that say "Don't Vote. There's Ghosts In There!"



(*audience laughter*)

But that is not the only trick Republicans have up their sleeve. Even more than cheating, what Republicans have done is tap into the deep, rich vein of cultural resentment that runs through America's heartland like an artery clogged with hate-butter. And liberals, to be fair, sometimes make it pretty easy for them to do that.

When Gwyneth Paltrow said her divorce was a "conscious uncoupling", even *I* wanted to jump in a truck, crank up the Lynyrd Skynyrd, and shoot up a farmer's market. (*audience laughter*)

And as a comedian, I don't like it when political correctness Nazis hound me to censor every joke, and apologize for every slight. And when I have to learn how to pronounce words like "chai" and "quinoa", I just want to shove a head of kale up their ass! (*audience laughter*)

They mean well, but sometimes when I'm at Whole Foods, I don't want to sign petitions and give to charity. I just want to go in and get a \$15 dollar lentil sandwich that'll make me fart for a week! (*audience laughter and applause*)

I also, for example, think it's ridiculous that Facebook has now decided we have to choose in our profile from 56 different genders — including transgender, cisgender, and of course, Bruce Jenner. (*audience laughter*)

You know that I once almost ate at Chick-Fil-A? Just because so many people were telling me I *shouldn't* eat at Chick-Fil-A! But then I remembered, it's Chick-Fil-A. (*audience laughter*) But even atheists make me roll my eyes sometimes, like when they sued to have a cross taken down from a building. Oh, for fuck's sake, we're atheists, not vampires! (*audience laughter*) You can't handle seeing a cross now, and then you pick the wrong country!

So I get it, liberals can be obnoxious. And that's why lots of Americans say we don't want politicians *nagging* about what we can name our football team, or how big our soda can be, or what we can eat, or who we've offended. We have wives for that!

But don't cut off your nose to spite your face. One of the Republicans' strongest voting blocs is low-income whites who didn't go to college. These are people who desperately *need* a minimum wage hike. *Need* unions. They *need* health care. But not if it's got Obama's name on it!

Remember, for every liberal with a cause who makes you go, "Oh, just shoot me!", there's a conservative with a gun who will.

<http://www.dailykos.com/story/2014/04/28/1295207/-Bill-Maher-blasts-cheating-conservatives-and-obnoxious-liberals?detail=email>