



## The New Warrior Training Adventure

### Intention of the Weekend:

**The New Warrior knows his purpose as a man, uses his power to make things happen, and gets value from his life.**

We are glad to include you in this New Warrior Training Adventure (NWTa). This is a very powerful and personal experience with a very special group of men.

In order for you to get the most out of the training, read these pages carefully and handle whatever business is necessary so that you will be able to participate fully.

### Complete these forms:

- 1) **NWTa Form 1 2 3 Registration Tuition and Confidentiality**
- 2) **NWTa Form 4 Release for NWTa Participants**
- 3) **NWTa Form 5 Confidential Medical Record**

Return these 3 forms via email to: **[peter46@telus.net](mailto:peter46@telus.net)**

Or mail them to:

**MKP Alberta c/o Peter Moore  
109 Gainsboro Place  
Sherwood Park, Alberta T8A 2J4**

### Important:

**These forms and all payments MUST BE RECEIVED no later than: **May 17, 2013.****

### Tuition:

The total tuition is \$750. If you have not already done so you must provide a minimum deposit of \$250 before you will be registered for the training. The full amount is due no later than **May 17, 2013** unless other arrangements are made. Cheques are payable to “**The Mankind Project of Canada Inc**”.

You can also pay via PayPal: <http://mkpcommunity.ca/page/pay-for-nwta>

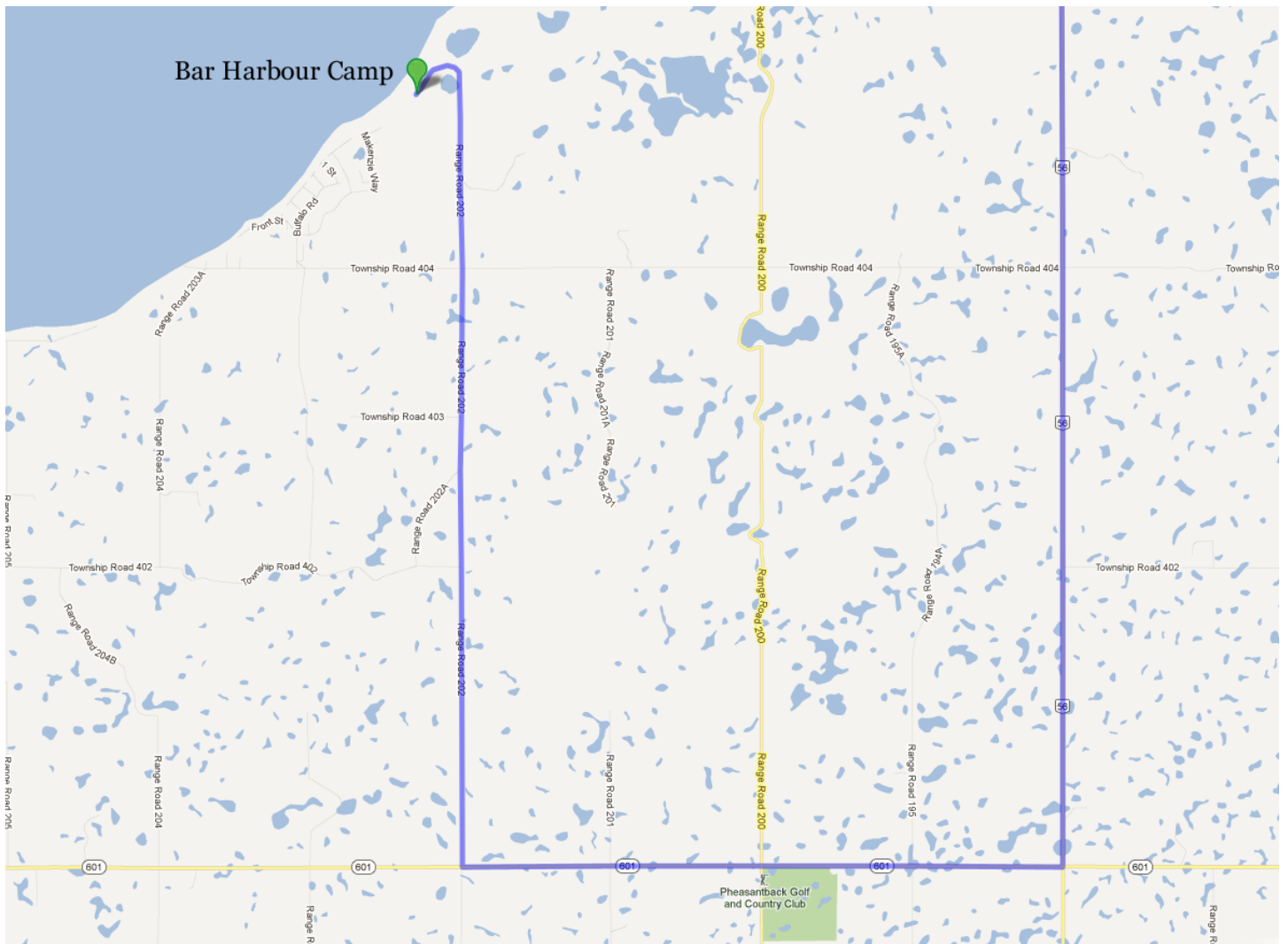
If you find it necessary to make other arrangements contact **Peter Moore** at the email address above or at **587-988-2682.**



**Location:** Bar Harbour Camp

**Directions from the North (Edmonton)**

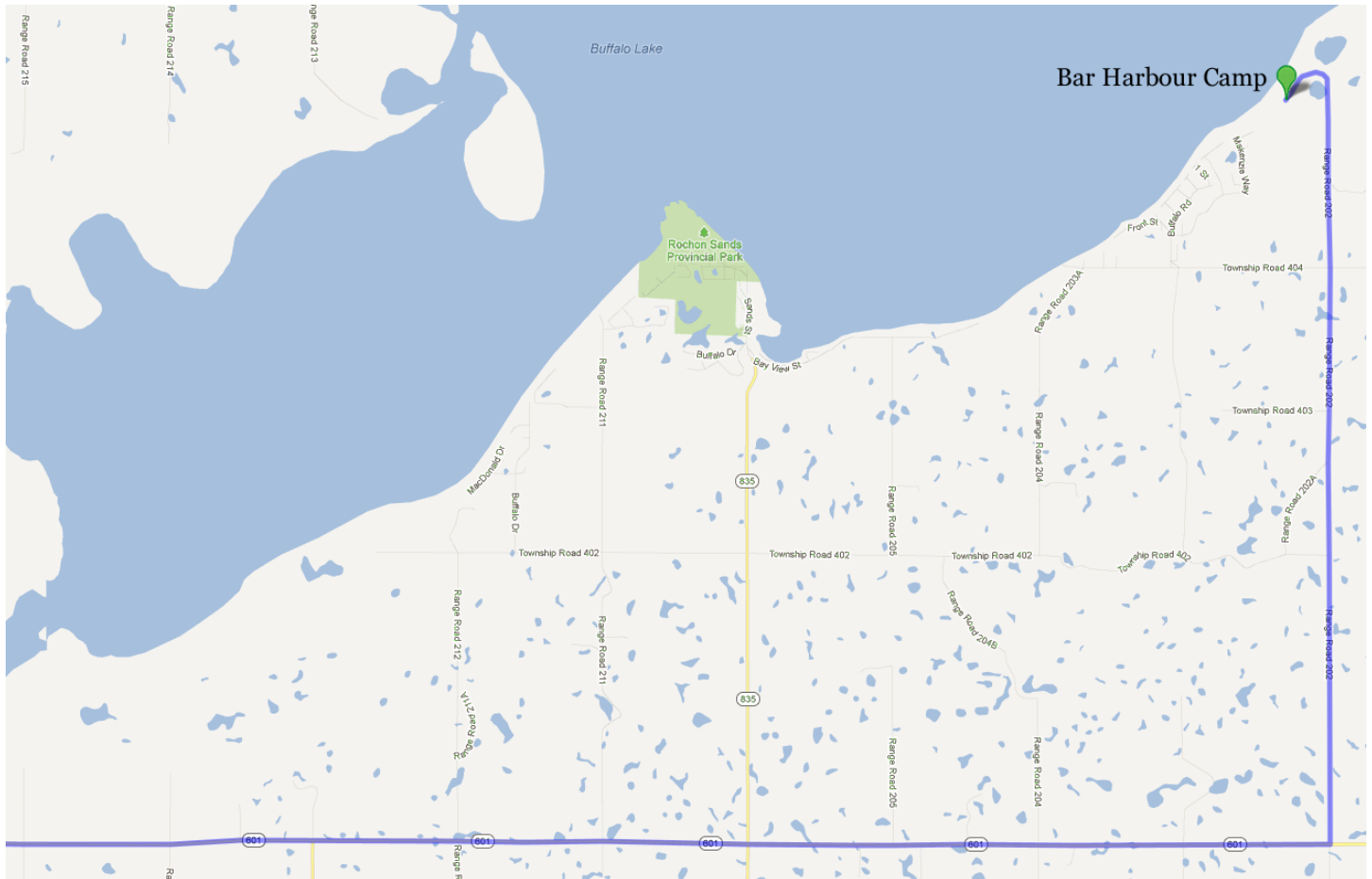
Take highway 21 south to highway 13. Go east on highway 13 through Camrose to highway 56. Go south on highway 56 to 601. Go west on 601 to Range Road 202. Go north on Range Road 202 all the way to the end. The camp is at the end of a long driveway that begins at the end of Range Road 202.





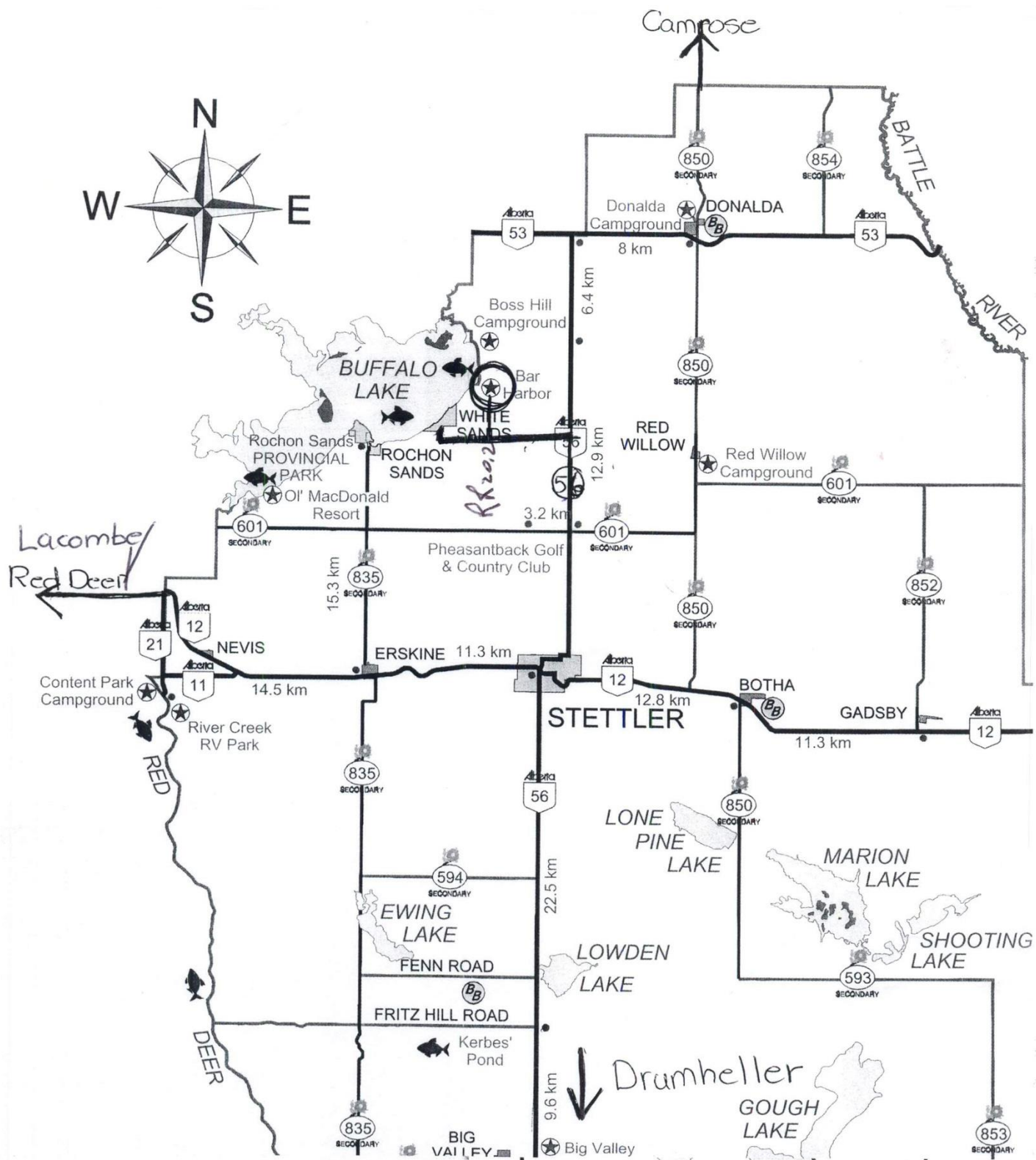
### Directions from the South (Calgary)

Take highway 2 north to highway 11. Go east on highway 11 to 601. Go north on 601. 601 will gradually curve until it is heading east. Continue east on 601 to Range Road 202. Go north on Range Road 202 all the way to the end. The camp is at the end of a long driveway that begins at the end of Range Road 202.





### Additional Map





### **Arrival and Completion Times:**

You are to arrive **between 5:30pm and 6:00pm** on Friday, **May 24, 2013**. The training will be completed by 5:00 pm on Sunday, **May 26, 2013**.

### **Carpooling:**

In the interest of energy conservation, parking, and most of all, as an opportunity to be with each other, we strongly encourage carpooling. You will be contacted by a staff member prior to the weekend to make arrangements.

### **Emergency Phone Number: 780-288-2241**

This number is to be used only in case of an emergency to reach you at the training.

### **Alcohol and Drugs:**

In order to get full value from the training, do not drink alcoholic beverages, take drugs, or any other consciousness altering substance at least 24 hours prior to the training, unless prescribed by your doctor. Check with the staff about any prescribed medication needed during the NWT. Take responsibility for yourself regarding all health and medical needs.

### **Lodging:**

Accommodation will be provided for each participant. **Bring a sleeping bag, pillow, towel and shorts.**

### **Meals:**

Meals will be provided except for Friday evening.

**Prepare and bring with you a special dish to serve at least six men.** We have ample refrigeration and cooking facilities to complete your special dish. Provide directions including assembly, cooking and or warming instructions. We ask that your dish, whether an appetizer, salad, main course or dessert, be healthful. Heavy meals are discouraged. **PLEASE MARK YOUR FOOD CONTAINERS** so they can be returned to you.

### **Dress:**

We suggest wearing comfortable loose fitting clothes for indoors and outdoor clothes appropriate for early spring weather in Alberta. Bring a couple of pairs of shoes and/or something appropriate for outdoors on Friday night.

### **Graduation Ceremony:**

A graduation ceremony is usually held at a location in your community within two weeks of completing the NWT. Details will be announced at the NWT. This is an opportunity to share your new energy with New Warrior Brothers in the community and with those others who are important people in your life. Plan on inviting your family and friends now. Dress is casual.



## Integration Groups:

After a New Warrior Training Adventure weekend, each man has the opportunity to participate in an initial Integration Group. This is a place where you can experience a continuation of what you gained during your weekend training. These groups provide the opportunity to integrate into your life the new insights and energies received on the New Warrior Training weekend and to receive strong support and safety from other men. They are led by experienced leaders who follow a prescribed series of exercises. Men say that these sessions add powerfully to their weekend experience, produce fabulous individual growth, and provide them with an even stronger sense of support and community. Many have said that they gained even more during the Integration Group sessions than on the Weekend Training itself; even though, after the weekend, they didn't think that was possible. We will discuss Integration Group (I-Group) choices on Sunday morning and make plans for each local community to involve the most men as possible.

We await your arrival at **Bar Harbour Camp** Friday evening, May 24<sup>th</sup>.

*Peter Moore*  
*Registrar*



## *Canada West*

Greetings,

Before you embark on your journey to Bar Harbour Camp we have one last request of you. We know from experience that the changes you go through this weekend may have a profound effect on your primary relationships. Your partner (or close friends) may want to have someone to talk with about the effects of the weekend. Some partners of men who have gone through the weekend have volunteered to answer questions and offer support, and we invite you to share the enclosed letter with your loved ones.



Dear Friend,

Your partner is about to participate in a challenging and transformative experience. Realizing that changes in one partner impacts the other, as well as their family; we are offering some perspective about the New Warrior Training Adventure and some names of other partners of new warriors you can contact with questions or for support.

In traditional cultures boys were initiated into manhood by the men in their communities. This was seen as men's work and had to be done separate from women. We believe that many of the problems in our culture arise from the fact that most men have not had the opportunity to experience the deep transformation of true initiation. The desecration of the planet, oppression of women and minorities, and male violence all have roots in the fact that few men today have had the opportunity to develop mature masculinity. On the New Warrior Training Adventure it is our intention to guide your partner through this experience.

We will do this by creating a safe place for him to experience his own emotions. We will ask and expect him to speak and act with honesty, integrity, and accountability. We will challenge him to look at his life courageously, to see how his life is working for him. As he goes through this process he will begin to experience a deeper sense of his own inner truth. We believe that when men learn to access this place and to act from it, they become radiant and powerful, and safe to be with. He may leave the training feeling a strong commitment to live with more honesty and integrity. And if this is new behaviour for him, it may look like a wonderful blessing to you, or it may bring up fear about your relationship, or, quite possibly, both.

It's important for you to know that we support healthy, honest relationships. Most of us, who have been through the initiation, feel that it has helped us bring more clarity and love to our primary relationships. And while this process can be exciting, it's not always easy, especially in the first few weeks after the training. So if you find yourself needing support from someone who's been there before, or just want to talk with someone about *your* experience, please call one of the partners below. They have each welcomed a New Warrior back home.

Maureen Barnes	780-460-8269	St. Albert, AB
Christine Watts	780-438-5486	Edmonton, AB

*Sincerely,*

*Jim Stephens*

*Community Director  
ManKind Project Alberta*