

# Conversation Questions

## Food & Eating

A Part of [Conversation Questions for the ESL Classroom](#).

There is a related set of questions at <http://iteslj.org/questions/restaurants.html>

- About how many different color foods did you eat for dinner last night?
  - Do you think about color when you are preparing a meal?
- Are there any foods that you wouldn't eat as a child that you eat now?
- Are you a good cook?
- Are you a vegetarian?
- Are you concerned about your daily calorie intake when choosing something to eat?
- At what times do you usually eat your meals (breakfast, lunch, and dinner)?
- Can you cook well?
- Did you drink coffee this morning?
- Did you eat lunch today?
- Do you always eat dinner with your family?
- Do you always eat vegetables?
- Do you cook? If yes, what food do you cook the most often?
- Do you drink milk every day?
- Do you drink tea every day?
- Do you eat beef?
- Do you eat bread every day?
- Do you eat breakfast every day?
- Do you eat fruit every day?
- Do you eat lunch at school every day?
  - How much does lunch usually cost at school?
- Do you eat rice every day?
- Do you ever skip breakfast? If so, how often and why?
- Do you have a favorite bar or cafe? If so, where is it? Why do you like it?
- Do you have coffee for breakfast?
- Do you know someone who struggles with an eating disorder?
- Do you like British food?
- Do you like Chinese food? Why or why not?
- Do you like deep-fried food?
- Do you like food from other countries? If yes, which do you like the most?
- Do you like Japanese food?
  - What kind of Japanese food do you like?
- Do you like peas and carrots? How about spinach?
- Do you like to cook? Why or why not?

- Do you like to eat a lot of food every day?
- Do you like to eat American foods?
- Do you like to eat at fast food restaurants?
- Do you like to eat cakes?
- Do you like to eat junk food?
- Do you like to eat some desserts after dinner?
- Do you like to eat? Why or why not?
- Do you like to have breakfast each morning? Why or why not?
- Do you like to try new food and drinks?
- Do you often eat out?
- Do you prefer fish or meat?
- Do you prefer to eat at a restaurant or at home?
- Do you prefer your own country's food or other kinds of food?
- Do you read the nutritional information on the foods you buy?
- Do you take vitamin pills?
- Do you think a vegetarian diet is better than a diet that includes meat?
- Do you usually want to eat dessert after dinner?
- Have you ever been a diet? If so, how long did you stayed on it?
- Have you ever eaten dog meat?
- Have you ever eaten Mozambican food?
  - ...French food?
  - ...Chinese food?
  - ...Italian food?
- How long do you take to eat lunch?
- How many calories do most people need every day?
- How many meals do you usually eat every day?
- How much do you eat when you are sad or happy?
- How much does it cost to eat dinner at a hotel in your country?
- How much rice do you eat?
- How often do you eat at a fast-food restaurant?
- How often do you eat bread?
- How often do you eat fresh fruit?
- How often do you eat in a restaurant? (How often do you eat out?)
  - Where do you usually go?
  - Who do you usually go with?
  - About how much do you spend?
  - Do you ever go to an Indian restaurant?
- How often do you eat steak?
- How often do you go drinking? What's your favorite drink?
- How often do you go shopping for food?
- If you are living abroad, what is the food that you miss most from home?
- Is there any food that you really dislike to eat?
- What are some foods that are considered unhealthy?

- What are some foods that you know are healthy for your body?
- What country's food do you like the most?
- What did you eat for lunch yesterday?
- What did you eat the last time you ate at a restaurant?
- What did you have for breakfast this morning?
- What did you have for supper last night?
- What do you eat for breakfast every day?
- What do you eat when you feel sad?
- What do you like to drink?
- What do you like to eat for your dinner?
- What do you think of Thai food? Chinese food? English food?
- What do you usually eat for lunch?
- What do you usually like to drink when you go out?
- What food can you cook the best?
- What food do you hate? Why do you hate it?
- What foods do you hate?
- What foods do you love?
- What foods have you tasted which you will never forget for the rest of your life?
- What fruit do you eat the most often?
- What have you eaten so far today?
- What is a typical meal from your country?
- What is one of your favorite foods?
- What is the cheapest place to eat that you know?
  - About how much is a meal?
  - Where is it?
  - How often do you go there?
- What is the food you like about your country.
- What is the last meal you cooked for someone else?
- What is the most expensive meal you have ever eaten?
- What is the most expensive restaurant that you have ever been to?
  - What did you eat there?
  - When did you go?
  - Who did you go with?
- What is the most unusual thing you've ever eaten. Did it taste good or bad?
- What is the strangest thing you have ever eaten?
- What is your favorite food?
  - Please describe your favorite food.
- What is your favorite Chinese food?
  - ... French food?
  - etc.
- What is your favorite dessert?
- What is your favorite fast food restaurant?
- What is your opinion of Chinese food? American food? British food?

- What kind of beverages do you usually drink?
- What kind of desserts do you like to eat?
- What kind of food do like to eat when you are angry?
- What kind of food do you eat between meals?
- What kind of food do you like the most?
- What kind of food do you like to eat?
  - What kind of food do you like?
- What kind of food does your mother make?
- What kind of food that you think is the least healthy?
- What kind of food that you think is the most healthy?
- What kind of food you usually eat?
- What kind of fruit do you like the best?
- What kind of restaurants you like?
- What kind of vegetables do you like?
- What kinds of food do you usually eat for lunch?
- What Korean food do you like?
  - Chinese, French, Italian, etc.
- What restaurant in this city do you recommend?
  - Why is it a good place?
  - About how much does a meal cost?
- What special foods do you eat on holidays? (Christmas, New Year's Day, etc.)
- What time do you usually eat breakfast? How about lunch and supper?
- What vegetable do you like best?
- What's the best restaurant you've ever been to?
- What's the best restaurant you've ever been to? Why did you like it?
- What's the strangest food you've ever eaten?
- What's your favorite dessert?
- What's your favorite drink in the summer?
- What's your favorite fish?
- What's your favorite food?
- What's your favorite fruit?
- What's your favorite junk food?
- What's your favorite kind of ethnic food?
- What's your favorite kind of food?
- What's your favorite kind of meat?
- What's your favorite restaurant? Why do you like it?
- What's your favorite snack?
- When was the last time you ate at a restaurant?
- When was the last time you ate dinner with your mother?
- Where do you usually eat dinner? (...lunch, ...breakfast)
- Which country's food do you like the most?
- Which do you eat more often, rice or bread?
- Which fast food restaurants do like?

- Which fast food restaurants do you eat at the most often?
- Who do you usually eat dinner with?
- Why are diets usually short?
- Why can't people stop eating?
- Why do you think obesity is becoming such a problem in the United States and throughout the world?
- What do Chinese people eat for lunch?
  - (Substitute the nationality of your students.)
- Do you know the nutritional value of the things you eat every day?
- Do you believe that "we are what we eat"?
- How many meals a day do you think should be eaten?
- Do you usually eat at home or eat at a restaurant?
- If you were on death row, what would you request for your last meal?
- Do you pray before each meal?
- Have you ever eaten something that made you ill?
- How many calories are in one hamburger?
  - If you don't know, can you make a guess? Is it more or less than an ice-cream cone?
- Have you ever had pot-luck?
- Have you ever tasted African food?
- Does your family have any special recipes that are passed down from generation to generation?
- What would you bring to a pot-luck lunch?
- Do you like brunch?
- How much should you tip the server in a restaurant?
- What type of restaurants would you not tip in?
- Have you ever found something disgusting in your food?
- Have you ever sent food back in a restaurant?
- Have you ever left a restaurant without paying ("dined and dashed")?
- Do you like trying new foods?
- What new foods have you tried this month?
- What is the strangest food you have ever tried?
- Do you have any food allergies?
- Which food from this country do you like the least?
- What do you think about super-sizing?
- Should fast food restaurants serve healthier food?
- Are food portions too big for our health?
- What food would you like to see in a restaurant in this country?
- Do you think it is good to count calories when you are eating?
- Which food is overpriced?
- What differences do you notice in the preparation of American/British/Australian and Chinese/Japanese/Korean foods?
- Do the utensils we use to eat affect the kind or way we prepare the foods we eat?
- Do you think that food defines a culture? If so, how?
- Do you notice any differences in the way food is served at the table when you travel?

- Do you enjoy eating intestines? (Substitute in other foods that students are not likely to enjoy.)
- How does the etiquette of eating together in your country differ from other countries?
- Are there any foods that bring back special memories for you? What are they?
- Pizza
  - Do you like pizza?
  - What is your favorite pizza topping?
  - How often do you eat pizza at a restaurant?
  - How often do you order pizza to your home?
  - Are there pizzerias near your home that deliver pizzas?
  - What do you like to drink with your pizza?
  - Do you know how to make a pizza?
  - Do you know who invented the pizza?
  - Why is pizza popular?
  - Have you ever called for pizza delivery?

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If you can think of another good question for this list, please [add it](#).

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<http://iteslj.org/questions/>

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