



## Principality of Fear

### Fear And Faith Are Equal: One Will Always Replace The Other

Fear is a form of occultism. It is a counterfeit, the opposite of what God teaches. Fear comes from a lack of faith. Listed below are specific fears that provide armor to the principality of fear. Please read through this list and identify any fear you may be struggling with. This is not a comprehensive list; feel free to add to it.

As you work through this list it will stir up memories. You may need to deal with them. For example, you might remember watching a horror movie and a certain scene sticks in your mind. You should repent for allowing that evil to enter your mind and command it to leave. Or you may recall a bitterness or resentment against someone. If so, confess it, repent of it, and forgive them.

#### Fear

#### Holy Spirit Response

Anxiety and stress (fear)

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Controlling others

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Distress

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Distrust

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Dread: projection of evil into the future

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Drivenness (Overachiever)

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Fear of a wasted life

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Fear of abandoning others

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Fear of abandonment

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Fear of animals

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Fear of another's bitterness

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Fear of another's words

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Fear of authority

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Fear of bad news

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Fear of being alone

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Fear of being controlled

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Fear of being free

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Fear of being robbed

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Fear of being shamed

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Fear of betrayal

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Fear of bigotry

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Fear of blood

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Fear of buildings

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Fear of change

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Fear of commitment

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Fear of criticism

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Fear of death

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Fear of deliverance

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Fear of dependency

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Fear of disability



## Principality of Fear

### Fear And Faith Are Equal: One Will Always Replace The Other (continued)

Fear	Holy Spirit Response
Fear of disapproval	_____
Fear of disease	_____
Fear of disfigurement	_____
Fear of doctors/hospitals	_____
Fear of driving	_____
Fear of dying prematurely	_____
Fear of everything/ free-floating anxiety	_____
Fear of evil	_____
Fear of facial expressions	_____
Fear of failure	_____
Fear of father	_____
Fear of fear	_____
Fear of foods, clothes, i.e. allergies	_____
Fear of germs	_____
Fear of God/afraid of Him	_____
Fear of harassment	_____
Fear of humiliation	_____
Fear of inadequacy	_____
Fear of insanity	_____
Fear of intercourse or sex	_____
Fear of judgment	_____
Fear of lack of food, clothes, etc.	_____
Fear of loneliness	_____
Fear of losing children	_____
Fear of losing life	_____
Fear of losing salvation	_____
Fear of loss of confidence	_____
Fear of loss of relationships	_____
Fear of loss of sexual ability	_____
Fear of man	_____
Fear of menopause	_____
Fear of mother	_____
Fear of natural disasters	_____
Fear of noises	_____
Fear of not being free	_____
Fear of own sexuality	_____
Fear of pain	_____
Fear of poverty	_____
Fear of pregnancy	_____
Fear of public speaking	_____



## Principality of Fear

### Fear And Faith Are Equal: One Will Always Replace The Other (continued)

#### Fear

#### Holy Spirit Response

Fear of punishment

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Fear of rejection

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Fear of reproach

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Fear of reproof

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Fear of responsibility

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Fear of spouse

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Fear of success

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Fear of suffering

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Fear of the dark

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Fear of the dying process

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Fear of the enemy

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Fear of the future

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Fear of the unknown

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Fear of verbal rejection

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Fear of vomiting

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Fear of war/conflict

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Fear of water

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Fear of weapons

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Horror

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Inferiority

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Night terror, dreams  
and visions

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Panic attacks, various phobias

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Perfectionism

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Self-consciousness

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Shyness

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Speculative fear

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Superstitions

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Suspicion

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Trembling





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### Fear And Faith Are Equal: One Will Always Replace The Other (continued)

Now that you have identified various fears, it's time to get rid of them. This is the type of prayer you can pray, asking God to defeat these fears:

#### Prayer For Overcoming Fear

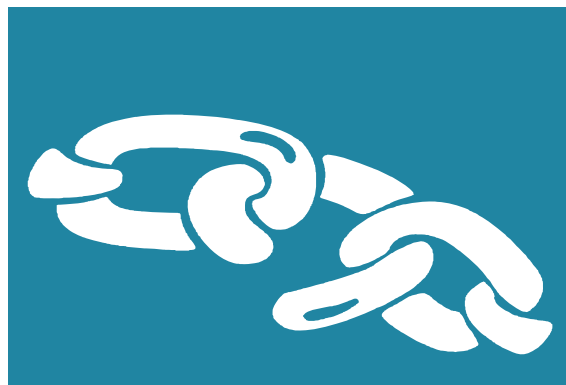
*Heavenly Father, in the name of Jesus, I confess, and repent for allowing the (specific fear) in my life, and I repent for all my generations. I ask You, Lord Jesus, to forgive me. I purpose and choose to forgive myself, from my heart, for allowing this (specific fear) in my life and I release myself from this fear. In the name of Jesus, and by the power of His blood, I cancel all of Satan's authority over me in this fear. In the name of Jesus, I command this fear to go.*

*Holy Spirit, I invite you into my heart to heal me of this fear. Please speak your words of truth to me about this situation.*

While you are praying this, the Holy Spirit might speak to you. Write down what the Holy Spirit spoke to you or what He did in you. This is His testimony to you. When you have prayed through each individual fear, command the principality of fear to go in Jesus' name.

God gave you the power and authority of His Son, Jesus Christ, to defeat fear. His Holy Spirit joins with yours to drive Satan's influence out of your life. You can live in courageous victory!

### You Are Now Loosed From The Bondage of Fear!



**NOTE: Do not reproduce this teaching in any way; this list and prayer, is taken from Dr. Art Mathias' book, "Biblical Foundations of Freedom" - I am using this material with Dr. Mathias' permission. Dr. Mathias' contact information: Phone: 907.563.9033 - E-mail: akwellspr@aol.com - Web Site: www.akwellspring.com. Thank you! Dr. Dorothy E. Hooks**