

Montreal Restaurant Guide

CLA National Conference, May 29-June 1, 2009

Montreal is well-known for its ample and excellent culinary offerings. You can't wander far without finding an interesting place to grab a bite to eat. To help you navigate this embarrassment of riches, the Local Arrangements Committee offers these suggestions for starting points during your visit to Montreal. Ask for more recommendations at the hospitality table!

Pricing per meal (average dinner):
\$ less than \$10
\$\$ \$10-25
\$\$\$ \$25-40
\$\$\$\$ \$40+

Quick picks near the Palais des congrès

Eggspectation Resto-Cafe Bar

201 rue Saint-Jacques (514) 282-0119

Cuisine: *Breakfast, Bistro*

Price: \$\$

Description: Chain restaurant. All-day breakfast, plus a yummy general menu (burgers, pastas, etc.)

<http://www.eggspectation.ca/>

Fourquet Fourchette

265 Saint-Antoine St. West 514-789-6370

Cuisine: *Quebecois*

Price: \$\$\$

Description: Traditional New France experience.

Local beers from Unibroue microbrewery, folk entertainment. <http://www.fourquet-fourchette.com/>

Green Cafe

443 avenue Viger Ouest

Cuisine: *Cafe*

Price: \$

Description: Wide selection of fresh and beautifully presented sandwiches, salads, soups, omelets, and other bistro cuisine offerings. Great for coffee and dessert! <http://www.greencafe.ca/>

Noobox

159 Rue Saint-Antoine Ouest

Cuisine: *Noodles!* (mostly Asian)

Price: \$

Description: Fast-foody noodles combined with your choice of an enormous variety of toppings.

Open Mon-Fri 11:00am – 7:00pm, Sat 11:30am – 3:00pm <http://noobox.com>

La Popessa

115 Rue Saint-Antoine Ouest

Cuisine: *Italian*

Price: \$

Description: "Upscale" Italian fast food. Primarily pasta, plus paninis and desserts.

<http://www.popessa.ca/>

Restaurant Gandhi

230 rue Saint-Paul Ouest (514) 845-5866

Cuisine: *Indian*

Price: \$\$

Description: Fabulously succulent butter chicken, among other things. Excellent vegetarian options. Subtle flavouring, but you can ask for spicier.

<http://www.restaurantgandhi.com/>

Jardin De Jade Poon Kai

67 rue de la Gauchetière Ouest (514) 866-3127

Cuisine: *Chinese*

Price: \$\$

Description: Buffet: Cantonese, Szechuan and dim sum specialties.

Restaurant Beijing Inc

92 de la Gauchetière (514) 861-2003

Cuisine: *Chinese*

Price: \$\$

Description: <http://www.restaurantbeijing.net/>

Restaurant La Maison Kam Fung

1111 Rue Saint-Urbain (514) 878-2888

Cuisine: *Chinese*

Price: \$\$-\$\$\$

Description: Szechuan and Cantonese cuisine, popular with locals. Dim sum and seafood recommended. Good for groups.

<http://www.restaurantlamaisonkamfung.com/>

Further afield: Montreal highlights

Downtown

Amelio's (Italian)

201 rue Milton (at Ste Famille) (514) 845-8396

Cuisine: *Italian*

Price: \$ - \$\$

Description: A small, charming Italian restaurant in the "McGill Ghetto". Rumoured to have the best pizza in the city! <http://ameliospizza.com/>

Le Commensal

1204 avenue McGill Collège (514) 871-1480

Cuisine: *Vegetarian*

Price: \$\$

Description: Wonderfully varied and delicious vegetarian buffet. Price by weight.

<http://www.commensal.com/en/produits/restaurants/default.idigit>

Suite 701

701 Cote de la Place d'Armes
(514) 282-0119

Cuisine: *Fusion/Canadian*

Price: \$\$\$

Description: Swanky lounge restaurant.

<http://www.suite701.com/>

Les Trois Brasseurs

Multiple locations:

105 St-Paul St. Est (Old Montreal)

732 rue Sainte-Catherine Ouest (Downtown)

Cuisine: *Pub*

Price: \$\$

Description: Microbrewery restaurant. Pub-style food, famous for its "flamms": a thin pizza-like dish. Fun atmosphere for drinks.

<http://les3brasseurs.ca>

Osaka

2137 rue de Bleury (514) 849-3438

Cuisine: *Japanese*

Price: \$\$-\$\$\$

Description: Homestyle Japanese. Authentic!

L'Entrecôte St-Jean

2022 rue Peel (514) 281-6492

Cuisine: *French*

Price: \$\$

Description: Do one thing, but do it well. Open since 1991, l'Entrecôte Saint-Jean has only two options on the menu. They are, of course, famous for their steak frites, served with their secret recipe sauce, French fries and a walnut salad. You can also have just the soup and salad, both of which are excellent. Save room for dessert.

<http://www.lentrecotestjean.com/>

Café République

1200 Peel (at Ste-Catherine Ouest) (514) 875-1200

Cuisine: *French and Italian*

Price: \$ - \$\$

Description: Sandwiches, salads, and pasta at affordable prices. The Peel Street location has a particularly lovely décor that will make you feel like you've stepped right into Paris.

Pasta e Basta

896 Sherbrooke West, at McGill College

(514) 288-7874

Cuisine: *Italian*

Price: \$ - \$\$

Description: A charming family-owned restaurant with a variety of authentic, home-cooked dishes.

<http://www.tabledhote.com/pastaebasta/>

Restaurant AIX Cuisine du Terroir

711 cote de la Place-d'Armes (514) 904-1201

Cuisine: *Quebécois*

Price: \$\$\$\$

Description: <http://www.aixcuisine.com>

Restaurant Julien

1191 Union (at St. Catherine Ouest)

(514) 871-1581

Cuisine: *French*

Price: \$\$\$ - \$\$\$\$

Description: A cosy French restaurant steps away from the busiest part of the city. The entrees are wonderful, but be sure to save room for one of their spectacular desserts!

<http://www.restaurantjulien.com>

Restaurant Le Taj

2077 Stanley Street (514) 845-9015

Cuisine: *Indian*

Price: \$\$

Description: Decorated with panels that once graced the Indian Pavillion at Expo 67, Le Taj boasts attentive staff, a window onto the tandoori oven, and the best samosas in the city.

<http://www.restaurantletaj.com/>

Toqué!

900 Place Jean-Paul-Riopelle (514) 499-2084

Cuisine: *French*

Price: \$\$\$\$

Description: Consistently celebrated as one of Montreal's top restaurants for a French-fusion splurge. <http://www.restaurant-toque.com>

The Plateau

Juliette et Chocolat

1615 rue St Denis or 377 rue Laurier

Cuisine: *French*

Price: \$-\$\$

Description: Chocolate in all its manifestations, as well as salads and crêpes.

Chu Chai

4088 St Denis. 514-843-4194

Cuisine: *Vegetarian Thai*

Price: \$\$

Description: Excellent and innovative vegetarian Asian cuisine that even non-vegetarians will enjoy.

<http://www.chuchai.com>

L'Express Restaurant

3927 Saint-Denis, corner Roy. 514-845-5333

Cuisine: *French*

Price: \$\$\$

Description: Nice French bistro often featured on "Best of Montreal" lists. Menu includes the usual suspects (fabulously cooked here), including steak tartare, foie gras, fish soup with Gruyere croutons, duck and potted chicken pâté. Impressive wine list.

Reservoir

9 avenue Duluth Est (514) 849-7779

Cuisine: *Bistro/ brewpub*

Price: \$\$

Description: Cozy bar that makes their own microbrews, with the big windows looking out onto Duluth. A great place to meet with a group.

<http://www.brasseriesreservoir.ca>