

## **The Human Renovation Project**

**By Kris Misselbrook**

There's an old house on the hill opposite that was unloved in and unloved for many years. Chickens nested in the kitchen, flapping in and out of the half open shutters, sheep at one point were stabled in the living room, the roof had started to leak where the tiles were blocked with leaves and moss. The family had left to build a modern bungalow just down the hill – central heating, all “mod-cons” (of which many are cons), in a rather small soulless box shape. They work away, rushing off in cars in the morning and coming home tired and discontent in the evening to sink into the virtual world of the TV and processed food. A different world from that of their forebears who built the house.

As the Estate Agent said, the old farmhouse building had “great potential” despite the disrepair, and its situation with view over forests, fields and mountains made it worth the necessary restoration work.

Eventually a couple see through the dust and dirt to rediscover the patterns of the old tile floors, the fine stone work around the windows, the architraves, the timber curving staircase and the oak framed roof construction. They call it the “Sleeping Beauty” and set to work. Yes, there will be some modern comforts, a new window, more insulation, an extension of living space into the old barn, but the simple strengths of its original materials and features are restored and the building now makes a harmonious home of natural beauty. The biggest part of the work was not structural, but cleaning and caring, renewing finishes, and making all parts work again. What initiated the change was a new point of view, a new appreciation.

There are other houses nearby where the kitchen has all the latest appliances and the occupants settle spell bound in front of their wide screen media, but no one wants to notice the damp eating the foundations, the leaks in the roof, the rot in the woodwork. Time to take stock and make repairs or the house may fissure and fall.

In our human construction we boast of our habitat having more home comforts than ever before in the minority richer parts, but at the expense of exploitation of the majority, and when we treat our home planet more as a source of pillage than a living network of which we are a part – then we have lost our vision of what a human being is, and how s/he fits within the marvellous cohesion of life. War, famine and the inhuman disregard for the millions of dispossessed in the world and for our natural environment are alarming symptoms of disrepair in our human being – its functioning and aims.

Disrepair means having lost our bearings, unable to see where we came from, and that is a simple summary of our predicament.

In the ‘civilised’ and complacent countries we have grown rather blind in our present, rarely uncomfortable, consumer society and ignore how small we have become in our understanding of ourselves and our world, how disconnected we are from the whole picture of humanity. Deceit, greed, lust, and competition are in control of large parts of the political and social environment with consequent levels of enslavement and want. Capital (with its shadow flip side – debt) and subsequent control of resources are loudly worshiped (legalised) as supreme determinates, but the intrinsic values of human consciousness and the currency of interconnection are ignored or even denied.

The basic human structure has still a solid foundation, but so much of our species latest development is built off the base, incoherent, unplanned, and the cracks in the walls are showing in the discontent, sadness and violence of our society. We have built unsustainable

structures and dreams. There exists almost a conspiracy to deny the reality of consciousness and of soul, and this heresy is the main bramble smothering the threshold, hiding any real view of the building.

We are at a dangerous moment when the human house is run-down, unloved and may fall for lack of repair.

But there are many of us who see how to get some renovations going and have started to commit to some work.

**The Human Renovation Project includes everyone working to restore our foundation of connectedness to each other and to the earth, and full energy into living.**

It is possible to stop our destruction of habitat, to live equitably, to make love not war, to create a new harmony in our patterns of living on the planet and with each other, but this supposes a change in what we think we are here for – an opening into our greater being.

Rediscovering some of the original ground plan.

All is not lost, just mostly forgotten.

We need to commit to political work and change, but also to know that the paradigm must change – as in most therapy work the healing process begins when our stories, behaviours and desires are seen from a wider perspective. Can we see the obvious symptoms of our disrepair as the symbolic manifestation of what our desire mind is creating. We can renovate human construction on Earth when and if we see our incarnation here in the context of our spiritual as well as physical reality.

As Christopher Fry puts it, calling us to wake from “a sleep of prisoners”:

*“Thank God our time is now when wrong*

*Comes up to face us everywhere.*

*Never to leave us till we take*

*The longest stride of soul we ever took.*

*Affairs are now soul size.”*

Humanity is in a wounded phase, derelict, separated from parts of itself, unable to integrate spirit into a soulless, busy, blind everyday life.

Established religion can rarely in itself be of help, being so bound in dogma and void of vision. Especially now it's meditation in all its various forms that can elevate the self into its 'higher' being. Be this in a led or in a silent practice, by chant or by prayer or by song, by posture or in rapture. The growing number of groups quietly meeting regularly to sit together is nurturing this growing awareness in many communities.

All transpersonal work gives important doorways into renewed spirit connection and healing of mind, body and spirit – this Soul Voyagers Network has grown out of shared experiences in Past Life Therapy, Soul Rescue, Spirit Release, Shamanic Journeying, Ancestor Work, and other similar practices.

The old farmhouse of the opening example has a greater area of outbuildings than of living rooms.

And so it is with the human construct – as Robert Munroe so well described in his book “Far Journeys” – our physical planet is surrounded in the spirit plane with ‘deep gray and brown rings’ of the shadow and summer lands which he calls humanity's greatest construct, far larger than our civilisation construction on the planet's physical surface.

This psychic reality of our inter-life scenarios, private hells and communal dreams is a gigantic web of belief, experienced as places and processes, prisons and palaces, of all grades of conscious awareness. All belief confines consciousness, creates these temporary forms. In these many mists a human soul can hide and create some derelict or even punishing private

dwelling, or get well entangled in stories of the tribe and karmic debts, but of course, also find wisdom guides and the help needed to rise into a light beyond these spheres.

These rings, this vast realm we have built, weigh heavily on the physical world influencing the psyche, minds and dreams of humans 'below', dampening joy, encouraging distrust, sapping energy.

Experience in transpersonal work teaches us that the upper levels are well monitored by Angelic beings who are ever ready to elevate a soul wishing to wake, but that at its lower levels, we who are incarnate are needed, and being called, to contact lost parts of humanity and heal the pervading fears.

An important part of the Human Renovation Project is in this 'off planet' work or Soul Rescue work, deliberately voyaging into the shadowlands to clear the debris holding down the human spirit.

Let us pay great respect and thanks to the many who work to help the human body in medical and social professions, but let us also see that most of humanity's dis-ease and prevailing discontent comes from a sickness of the soul, a weight of karma.

Renovation will open society to shared vision, an appreciation through spirit of our complete interconnectedness with all other life and consciousness, with the energy that flows through all those connections, bringing back awe and appreciation.

Change in humanity happens when we as individuals recognise we can change, and become more aware, and then remain conscious of what we are, and share it! The more of us that become the change in ourselves, the sooner an immanent moment of flowering in human affairs will break us out of the old moulds of living.

We can do more than make a peaceful and thriving society; our renovations can bring joy and transcendent vision to all human experience.

Let us celebrate all means of waking up, and spread this new wave of consciousness, whose time has come.

**“Part of the Human Renovation Project” is a label you are invited to use for all work heading into this understanding.**