CONDOLYMPICS: PATH Helping Kenya’s Uniformed Officers Overcome Condom Use Barriers

What is Condolympics? Condolymics (Condolympics) is an entertaining contest involving a series of condom games designed to help Kenya’s uniformed officers to interact with male and female condoms and thus gain confidence, alter attitudes and overcome obstacles to condom use. It fosters knowledge- and skills-sharing amongst peer, demystifies condoms and moulds beliefs leading to approval of condom-use as an essential HIV prevention strategy.

Demonstrating Correct Condom Use:

Condom Blowing: Some officers fear touching condoms, doubt their elasticity, fear that they allow air through and hate their ‘smell’. This game helps them overcome and clarify those concerns.

The Female Condom: Many officers have never seen or held female condoms, though they may have heard of them. Condolympics gives officers an opportunity of knowing and experiencing the female condom... ignorance is thus eradicated and condom options created.

The Condom Dash: Condolympics seeks to promote dialogue and collaboration between sex partners regarding condom access and use. The Condom Dash gives officers of opposite sexes an opportunity to cooperate with the aim of winning. Symbolically, successful condom use in sexual relationships is a concern of both partners. The desire to win the race is in both parties, just as the need for both to contribute to condom success during sex.

Condom Water Filling: The strength of the condom is well demonstrated in this game and partners’ collaboration and care developed in the course of filling 5ltres of water in the condom.

OFFICERS SHARE WITH PEERS THEIR KNOWLEDGE ON CORRECT USE OF MALE AND FEMALE CONDOMS BY DEMONSTRATING OPENLY.

Hands are not used during the sideways dash, only chests and bellies!

PATH’s Condolympics is an informative fun activity that can reach a huge audience in a short time. It is an easy way to share condom wisdom and break condom-use barriers. It is a simple ‘experiment’ to prove condom efficacy. It is easy to carry out, very participatory and helps officers talk openly about condoms. (I hear and I forget. I see and I remember. I do and I understand - Confucius)