



CONTACT:

Irene Kendig

571/271-7989

irene@conversationswithjerry.com

New Publisher Announces Third Award This Year For Book Offering Hope For Those Dealing With Grief, Death, Suicide

Reston-based publisher Grateful Press LLC announces USA Book News Award for flagship title “Conversations With Jerry And Other People I Thought Were Dead” by speaker and self-acceptance coach Irene Kendig

Reston, Va. – Grateful Press LLC is pleased to announce that its flagship title, *Conversations With Jerry and Other People I Thought Were Dead* by self-acceptance coach Irene Kendig, has been named the winner in the Health: Death & Dying category of the “Best Books 2010” Awards, sponsored by USA Book News. USABookNews.com is the premiere online magazine and review website for mainstream and independent publishing houses.

This is the third publishing industry award given *Conversations With Jerry and Other People I Thought Were Dead*. The book also garnered a Silver Medal in the same category of the 2010 Independent Publisher Book Awards, and was named a Finalist in the New Age Non-Fiction category of this year’s National Indie Excellence Awards.

Kendig’s book is rapidly gaining recognition as an enlightening, life-affirming account of the experiences she had while communicating through a medium with loved ones whose existence on Earth had ended. Subtitled “Seven compelling dialogues that will transform the way you think about dying...and living,” the book now serves as part of Kendig’s outreach as a professional speaker on death and dying, and as a personal self-acceptance coach.

While already helpful for anyone facing end-of-life issues, this work has taken on more timely and urgent meaning in the wake of recent suicides by teens who had been subject to bullying. The author believes that our society’s discomfort with the subject of dying is magnified for the survivors of suicide victims, and may keep them from processing their feelings in a healthy manner.

“Suicide itself is such a cultural taboo that it puts even more pressure on those left behind to remain silent about the rollercoaster of emotions they may be experiencing,” she explains. “Often, accompanying religious judgment and condemnation of those who’ve committed suicide can multiply the unnecessary suffering of those who are grieving.

While grieving itself is a healthy and expected part of losing a loved one, survivors can become trapped in a downward spiral that can seriously affect the quality of their own lives.”

Kendig believes these people will benefit from reading her book. In *Conversations With Jerry*, the author offers hope through her own life-changing experiences as examples of how people in the throes of this type of suffering can move through it to make peace with the past, develop a loving and compassionate relationship with themselves, and enjoy a renewed sense of optimism.

The 352-page softcover book retails for \$19.95 USD and is available at the book’s website, conversationswithjerry.com, on Amazon.com and through booksellers.

--

Irene Kendig earned her Bachelors degree cum laude in Psychology from UCLA, and her Masters. in Spiritual Psychology from The University of Santa Monica. She is a certified Alchemical Hypnotherapist and a certified Practitioner of Neuro-Linguistics Programming (NLP). She blogs at IreneKendig.com.

###