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insulation in existing walls…

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Insulsmart retrofoam insulation

I recently saw a web video showing foam insulation being installed as *a retrofit application in an existing home* . The video compares the injected foam insulation against blown cellulose and fiberglass and appears to have substantial benefits when compared to each product (the product is called Insulsmart and is manufactured by CFI in Knoxville,TN). Could you give me your opinion about the product?

**** The retro-foam products are very good. It's really hard, almost impossible, to add cellulose in existing walls and get good coverage.**

I noticed on Doug Rye's website that he recommends cellulose in new home construction, but I have been told that it settles over time and if it gets wet it will clump and settle in the walls,rendering it ineffective. Are these true statements?

** Not true at all. Started and continued by another competitive product in the industry (not foam). When it's applied correctly, damp spray, it will never settle. If applied incorrectly, loose fill, it will settle. It's usually installed incorrectly by a fiberglass installer who wanted to give it a shot, only to prove that it settles. Damp spray will be in the same place in 100 years.

Is cellulose the best choice for an existing home? I want to improve the insulation in my 1980 built walls but I am looking for the best method with the least long term headaches.

** As stated above, the foam injected in the walls is a great way to add insulation in the walls.