

Medications

Date	Drug	Dose/ Frequency

Allergies

Patient Info			
Date			
Height (cm)			
Weight (kg)			
Blood Pressure			

Treatment/Protocols

Detail Medical Status to Include Associated Treatments (such as dialysis, cardiac or neural issues, transplants, central lines, etc)

Events/Issues/Chronic Medical Problems

Visit www.atypicalhus.org to download this form from our 'Grab and Go Toolkit'. Need extra space? Record more data using the Supplemental Lab Tracker.

CBC (Complete Blood Count)				
Date				
RBC				
Hgb				
Hct				
WBC				
Platelets				
Other				

CMP (Comprehensive Metabolic Panel)				
Date				
Sodium (Na)				
Potassium (K)				
Chloride (Cl)				
Calcium (Ca)				
CO ²				
BUN				
Creatinine				
Glucose				
Albumin				
Other				

LFT (Liver Function Panel)				
Date				
AST				
ALT				
Other				

Chemistry Studies				
Date				
LDH				
Phosphorus				
Other				

Other Labs Tracked				
Date				

Date	Test / Treatment	Results / Notes

Other		

LabTracker

Information Regarding Rare Diseases

To learn more about the challenges of rare disease patients, visit these sites for insight, information, and resources:

GARD
Genetic and Rare Diseases Information Center
<http://rarediseases.info.nih.gov/GARD/>

Genetic Alliance
Advocacy, Education & Empowerment
<http://www.geneticalliance.org/>

Orphanet
A reference portal for information on rare diseases and orphan drugs, multiple languages.
<http://www.orpha.net>

NORD
The National Organization for Rare Disorders (USA)
<http://www.rarediseases.org>

EURORDIS
Rare Diseases Europe (EU)
<http://www.eurordis.org>

Rare Connect
Connecting Rare Disease Patients Globally (NORD/EURORDIS initiative)
<http://www.rareconnect.org>

www.atypicalhus.org



Notify your doctor or nurse with changes in symptoms, treatment issues, or health concerns.

LabTracker

PATIENT NAME _____

Diagnosis _____

Primary Physician _____

P: _____

F: _____

Specialist: Name and Specialty _____

P: _____

Specialist: Name and Specialty _____

P: _____

Hospital or Clinic _____

Address _____

Emergency Contact _____

An Outreach and Education Initiative of www.atypicalhus.org



The Foundation of Children with **aHUS**