# INFORMATION REGARDING CALLS PRESENTED AND/OR SUPPORTED BY 2013 RAINBOW ROUND TABLE

#### I TO ACCESS THE THREE WEEKLY CALLS via the Internet

A BBS RADIO Go To www.bbsradio.com; click on Talk Radio Station #2; click on "64K Listen"

**Thursday:** 9 pm - 12:00 pm EST **Stargate Round Table Host: Marietta Robert** 

Friday: 9 pm - 2 am EST <u>Friday Night Hard News</u> Hosts: T & R

Saturday: 4:30 pm - 2 am EST <u>History of our Galactic World & NESARA</u> Hosts: T & R

**Friday, Saturday:** From **10 – 11 pm EST,** for one hour, the call moves to the Conference Call Line [PIN below] and then returns to BBS Radio.

• Use the following phone numbers to ask questions or make comments during the radio show.

530 - 413 - 9537 [Line 1] 530 - 763 - 1594 [Line 2] 530 - 646 - 4187 [Line 3] 530 - 876 - 9146 [Analog 4]

• BBS Toll Free # in Canada, US 1 - 888-429-5471 - picks up whichever line is available.

**B** <u>Conference Call</u> 1-860-970-0300 Thursday PIN # 87 87 87 87

Friday PIN # 23 23 23# Saturday PIN # 13 72 9#

C Skype BBSradio2

## D Archives for the 3 Programs listed above

- To access the **FREE BBS archives** for any of these programs:
  - Go to BBSRadio.com; scroll down the column on the left hand side and click on "Live Radio Shows"
  - The next page which comes up lists the programs alphabetically under the picture of the presenter. Find MariettaRobert's picture: Stargate Roundtable with Marietta Pickett and click on "Library Archives".
  - The page which comes up is the familiar one; click on "Save link as" and the archive will download to the site you indicate on your computer , or you can listen to the program directly.
- The 2013 Round Table website also has an archive section:

http://2013rainbowroundtable.ning.com/ look under the "Archives" tab for written notes.

• Listen-in live 24/7 via conference phone dial 716-748-0144

## II TO ACCESS OTHER CALLS SUPPORTED BY 2013 Rainbow Roundtable

A Sunday, Mondays: 9 – 10:30 EST <u>Cheryl Croci's Activation Calls</u>

By telephone only: 1 - 860-970-0300; PIN 9467441#

B Tuesdays, 2<sup>Nd</sup> & 4<sup>th</sup> of each month: <u>Ashtar on the Road</u> 9:30 - 11:00 pm EST Host is Fran; Susan Lelan

**30 – 11:00 pm EST** Host is Fran; Susan Leland channels Ashtar, Sekhmet & others www.Ashtarontheroad.com

Phone Number: 1 - 559 - 726 - 1300; PIN 163731#

• Call is free [except for long distance charges]

Can also listen to the call via Skype

C Wednesdays: 7:00 - 9:00 EST The Friends of The Aboriginal Moabite Nation Call

By telephone only: 1–712-432-0900 PIN 666238# Replay # [good for 1 week] 1-712- 432-0990 PIN 666238# **Host:** MariettaRobert Has been involved in these calls since at least 2004

Meditation: Angelsu

Mayan Calendar: Rainbird Go to Spacestation plaza.com – to locate specific days & lots

more information: just keep scrolling down!

In first week of new harmonic module in the zolkein: have double tones every day.

**O9**<sup>th</sup> **Thurs – 6 CIMI** the white rhythmic world bridger; Cimi has quality of equalizing life/death; present/past; etc. For the first 13 days of the matrix, we are in double numbers / energy – end of this is Dec 18<sup>th</sup>. Tone 6 represents the tones of balance; the guide tone is the same as the solar glyph – 1, 6, 11 are the tones on which this happens: .

• the affirmation for 6 CIMI: I organize in order to equalize

10<sup>th</sup> Fri - 7 MANIK - a 7 /7; healing energy: the deer, the hand; healing self and others.
 7 represents the ability to move from Source to matter and back; have a clear connection to Creator The healer of healing kind and the ability to open doors.

- 11<sup>th</sup> Sat 8 LAMAT 8 / 8; the stargate; fine-tuning, harmonic resonance; galactic; integrity. The counter clockwise spin of the galactic harmony. There is harmony when one is in sync with the universe. A self-empowered knowledge of at-one-ment
- **12<sup>th</sup> Sun 9 MULUC –** 9 /9; 9 is expansion; Muluc is the moon telepathy, working with our abundance An artist aspect; wise use of rational mind; listening to spirit's voice.
- 13<sup>th</sup> Mon 10 OC 10 / 10 manifestation, with OC the dog of unconditional love
- 14<sup>th</sup> Tues 11 CHUEN 11 / 11 destruction letting go of what no longer serves, done with the magic of Cheun the monkey
- **15<sup>th</sup> Wed 12 EB** 12/12 12 is crystal complex stability & unity of polarity; EB the human, the 12 tribe
- **16<sup>th</sup> Thurs 13 BEN** 13/13 complete the wave of Imix, the beginnings and what we want to set as seeds for the rest of the zolkein, Dec 19<sup>th</sup> 2015. An opportunity to go deeper and image what we want to bring forth. Ben is the skywalker.

# **Introductory Notes**

**1. Rainbird: a recap call** on April 9<sup>th</sup> for about an hour.

lightenergync@gmail.com: call RB with questions; she is also thinking of giving private lessons

2. To hear the entire program: Please use the following audio link

http://bbsradio.com/content/stargate-round-table-april-9-2015

- **3. Annie Rose:** has been in hospital almost since end of January; had 2 small strokes and a heart attack on the same day; phone now forwarded to her at the hospital. MR has the son's information so contact can remain constant.
  - Putting AR and Marietta's neice in the Circle of Support and know that they are receiving Divine Healing, in this moment.

**Guest: David Hulse** 

#### **Hard News:**

T: if what was happening is what they say is happening, your hair would be on fire!

• What love looks like is not so pretty when you are misbehaving!

**R:** puts Walter Scott & family in circle of Support: unconsciounable

- D'yanna's mother, Wanda Curbs, passed Tuesday am; saw all her children on Easter Sunday
- she began her process on the Blood Moon / full lunar eclipse day with help from the hospice people
- the 4 girls sat with her for the whole afternoon on Sunday & said goodbye; she was 96.
- May we also realize the quickening is quickening quicker!

# **R spoke to KOS on April 8**<sup>th: -</sup>called him up and ranted about Walter Scott getting shot!

- KOS said he'd call Thom Hartmann and you just listen; he called & Rama was on mute
- KOS had a voice over and talked to Thom: my name is Vinni; I'm a secret service agent & there has been a message out there that you won't hear in the major news, but you may hear it from DC insiders close to the President [Thom now lives in DC at the harbour]
- there are folks within the ACIO and others connected with the Wingmakers who have been ordered by the Ashtar Command, Lord Ashtar, to step into the affairs of earth.
- Eric Holder, the entire Justice Dep't of USA are on top of housecleaning list which has begun with the galactics intervention: this includes not only judges, but also impugned and in-bed lawyers, politicians who have been manipulating the law to their best interests in politics, science, religion, finance, education all areas -
- the blue helmeted Avians are here: [the bird tribes 12' tall with hawk heads, eagle heads, falcon heads; are very advanced. They are the only beings inside this lockdown and are 15 100 million years in advance of our civilization]
- they are intervening in human affairs; they will be seen visibly.
- they will be seen are immortals and so are impervious to earth-based weapons

**MR:** so they are like the avatars coming alive: **YES!!** how will the public be aware of the judges and others being taken down / arrested?

- T: Don't give timelines: she can see it in so many ways in her daily work with the news
- **R:** has a photo of one of their craft which showed up over turkey
- **T:** they are on the ground yet there are no timelines capable of doing things with galactic backup on the ground in a visible way. Won't say when: they just won't!
- **R:** He spoke with Curly and Tom the Cat later in the day:
  - Mr 19.5\* has been apprized of all the situations; he's at the Summit of the Americas
  - they said things are moving right along no details!
- **T:** they are planning to remove the Cuban gov't from the Terrorist list: has been ordered up to thoroughly inspect things so it can be done already having the meetings
- R: In the midst of this, the 13 families have upped the ante only have nano seconds left
- **T:** Chuck Schumer Democrat from N Y has gone really dark: accepted \$2 Million from the Vatican to stir the pot over the Iran framework that has until end of June: he is doing it by backing the Corker bill [R Tenn] and luring Democrats into it very not nice!
- **R:** Iran wants the sanctions lifted immediately
- **T:** this has been manipulated: they have agreed to do all things up front, yet the US only wants to lift the sanctions in stages; Iran says no deal that way.
- discussion going on about how the Schumer factor complicates things for the President
  - Josh Barro on The Last Word/ Laurence O'Donnell: for the Congress to prevent the implementation of this deal, several steps have to happen.
  - first, goes to Senate & if it gets through it, Pres would presumably veto it
  - then there would have to get to a veto proof majority which means 13 Democratic votes in the Senate just to establish it as the Corker Bill
  - then Congress would have to disapprove any agreement whatsoever if they were going to stop it
  - so you can have a substanial number of Democrats who would line up and say Congress

should have this power

- then when Congress is faced with the details of the agreement, they might choose not to exercise the option
- Corker has said he thinks this process would strengthen the President's hand in having Congress' agreement to move forward.
- this is all slimey, slippery talk!

## R was on Mark Levine with Al Shaprton [April 8] after KOS talked to Thom Hartmann

- KOS told Thom that Al Sharpton is trying to calm down the Black Panthers and the Nation of Islam who want to get their guns because of what happened to Walter Scott
- Thom said: thank you for the info; I will pass it along
- KOS / Vinni: thank you for what you do to help heal the planet

# • Al Sharpton talked of the Moorish Science Temple:

- Mark Levine talked of the original people in the US who were ethnically cleansed before the denouement of the Lemurians
- the ancestors of the native Americans were the Atlanteans
- the ancestors of the Atlanteans were the Lemurians
- the Lemurians were black and so there was a lot of ethnic cleansing going on as the Atlanteans were rising in influence
- the Lemurians were living in squalor and were hated by the Atlantean royals, the overlords of the Orion War who infiltrated Atlantis and took over the higher positions

   the same reptilians who are on the earth now

## **R and Sharpton:** the US owes a lot to the Moorish Science Temple

- Al set up the gofundme.com/Walter Scott for the family & donated \$20,000 to start the funds for Walter Scott's family
- **R** stepped in: This is an ancient story that needs to be told of how the original Aborignal people came from the stars, whether we realize it or not
  - there is a goddess of Mother Africa, Mother Zudiachus, who is here
  - she is levelling the playing field & justice is to be served now
- **A:** there needs to be full accountability for all the ethnic cleansing that ever has been and which now, more than ever, has been happening in America
  - Let us start with Eric Holder: he is an Uncle Tom and a James Crow for Wall Street
- Mark Levine said thanks, we have to go to break!

## **Curly & Larry, Tom the Cat re Schumer:**

- Shumer has accepted very many bribes for a long time, unbeknownst to a lot of people
  - the recent bribe was for \$2 billion from the Vatican
  - received it to stir the pot and steal the authority of the Presidency in terms of determining what happens with the P5+1 and Iran: they want thermal nuclear war it's a Netanyahu thing.
- **R:** the pebble was dropped in the pond at the time of the eclipse and the ripples across time and space are getting wider and deeper
- **T:** that is why the bird people are here, and the MIBs inside the Mossaud are working overtime said to Schumer "You'll take the money, won't you?" and he said "Yes" they'll get Ashtar in their face, not a war!
- Have been using the energies of the Blood Moon which we just went through on Easter Saturday to instigate this behaviour, using the energies in reverse: Mother has cancelled it
  The ante has been raised very high!
- **R:** This is why we are seeing the increase in violence everywhere

**Greece**: the president of Greece went to Russia for 2 days: no exchange of money, just moral support and a long term commitment to working together

- The Greek president had 450 million Euros to give to Germany / Brussels not sure where it came from.
- In fact, Germany owes Greece that money there are reparations to Greece that were not paid; in January or February, Richard Wolffe was talking about this: Germany in the early 50s cancelled half of what they owed: \$64 BILLION at the times it was cut in half: to \$ 32 BILLION;
- Greece owes \$250 billion and the atrocities in Greece are way over this.
- Germany had a 30 year extension to make the re-payments, yet there was no such good will extension for Greece. [nor any negotiation to cut any loans in half]
- There is uproar in France and Spain because the austerity is unbearable.
- •The Tsarneuv brother has been been found guilty: yet it was Navy Seal Team 3 that did it.
  •R was told that they will probably put him in prison as this will make waves to Turkistan and Uzbeckistan the Tsarneuv brothers were from Uzbeckistan and it was the kids who were killed in the school there by the Russians
- the brothers were programmed: the black bag was moved the trade off was not noticed: on purpose. All has to do with false flag events and how they happen.
- To answer MR's question: All they know is that it has been officially announced that the Bird people are on the ground.
  - There is a spiritual message to go with this announcement.

# Reading: 2015-04-07 Suzanne Lie~A Message from New Friends – The Blue Avians and the Arcturians [SEE BELOW]

T reads most of the first page; the rest will come later.

- Put the refugee camps into the Circle of Support; there were originally 450,000 refugees has dwindled to 18,000 people and ISIL has taken over and is killing all the young boys. No food, no water – Amnesty International people saying they would go to Bashir Al Assaud but that route is not open now.
- Same thing going on in Yemen but with bigger atrocities: the people here who are supposed to be helping get out thousands and thousands of Yemeni Americans are not doing it; the Israelis and the Saudis are shooting.
  - Plus lies about the Houtis being supported by Iranians; the Iran war ships are there and the Iranians are asking for peaceful solutions.
  - The former president was a dictator supported by American Black Ops but in the news that is not talked of

## Guest: David Hulse, C.M.S.T.T. with SomaEnergetics.com 58.00

David Hulse, C.M.S.T.T. (Certified Master Sound Therapy Teacher) combines his 50 years of experience as a motivational speaker with years of research in metaphysics, science, sound and spirituality to bring you a unique and empowering experience. Participants in David's workshops invariably comment that they had no idea how powerful the experience was going to be. David's ability to gather all the fragments of truth from many different disciplines helps bring all of your experiences up to now into focus. Participants tell us that things in their life that seemed separate and fragmented suddenly come together after spending the weekend with David. We invite you to come and experience an empowering and inspiring weekend with David Hulse and experience the power of SomaEnergetics!

At the turn of the century, David's accelerating interest and research into the lost frequencies of the Ancient Solfeggio Scale, served as the Spirit-Guided catalyst for SomaEnergetics - a technique whereby the Solfeggio Tuning Forks help facilitate the releasing of energy to flow more easily. These custom-made

forks, as well as training classes in the SomaEnergetics Sound Therapies, including the Energy Vitality Technique are available exclusively through SomaEnergetics.



"We are hearing from individuals around the country that these unique frequencies are making a difference in their lives. That is how I know something is real - by the fruit that is bears," observes David.

David believes that these Sacred Tones actually serve as a "vibrational bridge" to holistically re-integrate the physical, mental, emotional and spiritual aspects of the individual, as well as all of Humanity— collectively.

# For more about David's Ministry, visit <u>www.lightwithin.com</u>

#### Describes the workshops he offers

- To learn about his material: contact the office about trying to find a way to get the ifno
  - Going to think about other ways of presenting his material: he's trying to get the material on DVDs so the teachers around the world can have them for their classes, then the material becomes more available to the public can maybe put things as downloads on the website
- 2nd workshop of 2 hours: using the solfeggios to match the frequency of people's desires
  - has been waiting 15 years for a download on the symbols in the frequency of the tuning forks
    - can be used for finding harmonious relationships, or aligning the soul purpose or raising consciousness or work wonderful way to use the forks based on like attracts like
- •3rd workshop Brain waves, cell talkand using sun and moon tuners
  - are we able to communicate with the body through the brain?
  - Way of helping us connect our cerebulum and how the information is moved into the fluid about the spine

the sun and moon tuners coneect

- 4<sup>th</sup> Activate your codes with RNA DNA tuning forks each one of the fork is assigned to one archangel
- Can do all 4 workshops or only one
- April 18 / 19th in Indianapolis; also in Charlotte on April 24 & 25th

**MR:** the energies are chaotic at the moment

- has been using the tuning forks with people having trouble going to sleep
- **D:** having some of the same issues: thinks it's about repatterning we know through quantum physics that before atoms change, there is a time of chaos and eventually things leap to a higher space.
  - Everything that has been surpressed for a long time and is now breaking out in the body politic hatred between groups coming to the fore for people to work with shadow work that needs
    to be dealt with
- Listening to what was being said before he came on: if we could use our 3<sup>rd</sup> eye and see through all this, that would be really helpful
- **T:** does he do work where he uses the tones to balance out the body of Mother Earth or on larger issues to insert alternative drastic situations like what is happening in the middle east?
- D: has a weekly class: A School of Spirituality working with the chakras and the tuning fortks
  - root chakra is where the energy goes down and into Mother Earth; need to become grounded first Earth is going through her own changes now; the electro magnetic fields are changing
  - We need to partner with earth: she needs our help and we need hers.
  - The best way to use anything is Intention which is what governs all things within the concept of us all being connected we need to set intentions to help all
  - We need to be careful about asking for peace and aborting the process the Hopi prophecies have said we would be going through all this we need to deal with the toxins coming out
- Yes, they are aware of the need to work with the magnetic fields
- T: Can't have peace instantly, need to have a way to get there; also the First Law of Love is to be

calm, and using tones would be of great benefit – thought he might use the tones in a group setting and use pure intention to provide calmness

**D:** uses Tara's phrase "finding a peaceful solution" - agrees that hot spots need to be worked with - will bring it to the class next week.

**T:** the galactics are doing their best to allow us free will, all the money coming in is going to the wealthy and the poor are getting poorer – the toning things that call in the energies: maybe he could look at what the group could do to address the galactics to come in

**D**: thinks it's a good idea

**MR**: hasn't been doing the scales as much lately because the tones are not as good as she would like, though her use of them

**D:** the solfeggios to us are dissonant – if he is working with a client and is looking for something out of place, the dissonant tone finds the tone in the body and things settle

**MR:** has been using them for so long, she can think of a specific tone and it comes to her – isn't dissonant after all.

**D:** as he listens to Hindu and Indian music – used to find it dissonant, now not at all

- Talks about David using the tones to write the psalms
- Outlines the process of how they were lost
- This time is unique and the cycles are merging on us the resistance we are feeling on the planet now is building our spiritual muscle and pushing deep to find out who we are – just as the great teachers went through periods of trial, so are we – a metamorphsis kind of change that is going right down to our DNA – very exciting.

### **Website:** www.somaenergetics.com

More information than we might want to see!! Check it out.

- He is also on www.BlogTalkRadio / DavidHulse you can download the lessons if you wish they are archived on the radio
- Call MR for more info

#### HARD NEWS

**France:** a replica of a 36,000 year old cave – describing that they were exceptional artists; it's been a lesson in humility for everyone because we are not better than they were. The artist had to copy the colours and the tools – Elain Dalas: had to discover their gestures and worked with the historians was important

- the orginal cave is now sealed to try and preserve it from outside bacteria and mould
- April 25<sup>th</sup> the replica cave is open to the public

India: biggest fraud case in history: India's Enron – a \$2 billion case - the founder of the IT company Sachum Computers – he falsified company accounts for years and trumped up their profit figures – he and 9 others each get 7 years in prison and fined \$800,000 each – in India, a lot of money

**France:** having troubles with all kinds of strikes; air traffic controllers, teachers, a coordinated effort with lots of groups – against the austerity; schools, hospitals closed; more and more people feel they are in a precarious position

**Same story for every country in the EU** – Max Keiser is saying all is imploded due to the fact that the fraud is so extensive and so deep.

Audio: Interview with Nassim Haramein Bridge between science and spirituality

https://www.youtube.com/watch?v=QN5MrjMvKAo

Uploaded on 8 Oct 2011

1 hour 14 minutes

It happened July 10, 2011. We talked about the structure of the vacuum and how he found the gap between science and spirituality. It is a very, very interesting dialogue and also, for lay people that don't understand any physics, somehow it makes all sense. Nassim has a way to reach people even with his technical scientific terms and we hope to have more of him. Hope you enjoy it.

You can tune in to our online station, it is bilingual: www.sereradio.com

#### Radio Serenidad

#### Mother:

Greetings in the Light of the Most Radiant One; in the Office of the Christ and only in the Office of the Christ, we invoke the loving energies of St Germain and the Violet flame.

T: we ask at this time to have our merkaba, our shuttle craft, our telepnathic communication

## Greetings, Children of Ra!

- You have heard from the man who is master of the Universe in the context of us being one with the Universe! Use that wisdom now to heal yourself and heal this story before you.
- Now is the time for peace; now is the time for Love. It is imperative in this moment to work with the energies of love. It is in this moment we have been given the wisdom of who and what we are; every star has a story to tell . With all the beings, there are so many stories she cannot even begin to share with us, how awesome we are to be here at this time, to be aware of our galactic 'hood since we all live in this hood

**T:** we have just heard there is water everywhere!

**Mo:** That is correct. Now is the time: there is no reason to go to war – it is illogical: we have everything before us; it is in our best interest to find the keys within oursleves

**T:** the singularity as Nassim was talking about

Mo: the sound of one hand clapping!

Greetings in the light of the Most Radiant one! Enshallah! So be it and so it is.

#### Closing music

#### **INFORMATION RELATED TO THE NOTES**

# 2015-04-07 Suzanne Lie~A Message from New Friends – The Blue Avians and the Arcturians



Dear Blue Avians,

I am first writing my message by hand, as I find it is the best way to meet new Galactic Beings. Since my first incarnation – if numbers such as 'first' mean anything within the NOW – was as a member of the early Lemurian Bird Tribe, if possible I would like to establish an on-going communication with you.

I feel as though you, the Blue Avians, you and the Arcturians are very intermingled with your joint service to Gaia and awakening humans. Please respond to let me know if I could have the honor of communicating with you.

Our Dear Suzille,

We, known in your language as the "Blue Avians," which is actually a description of our appearance rather than a title for our flock, will happily address you. You are correct that we are united in service with the Arcturians, with whom we often join as a planet moves into the final stages of contact with the masses of Galactics who have silently been assisting them for much of their "time."

As you realize, we have different kinds of information to share, from a different perspective and often with different people. Of course, the information and people only appear different to your 3D perspective. We see you all as ONE Personal/Planetary Being. Just as you see the parts of your body to be different, but they are all parts of YOU, we see different members of Humanity to all be YOU.

As you, Humanity, expand your consciousness/perceptions into the higher frequencies of the fifth dimension and beyond, your inner experiences and how you interpret them will greatly change. We ask that you now close your physical eyes and perceive us with your Third Eye...

Do you perceive all the 3D clutter inside your brain? Before we begin, we ask you to collect all that clutter into your heart and Love it free. You are NOW in the process of remembering how to BE the Master of your mind. Mastery of your mind is the forerunner for your process of Ascension.

ALL Ascended Beings had to become the Master of their 3D minds prior to their Ascension into their higher dimensional expression. Once the mind is mastered, it can be connected infinitely

with your Multidimensional Mind. The constant Unconditional Love flowing through your connection with your Multidimensional Mind will greatly assist you to become the Master of your emotions.

The key to becoming the Master of your emotions is to release your 3D habit of reacting to life. Via your higher dimensional thoughts and emotions you can release your old habit of reacting to stimuli. Instead, you will be able to observe stimuli as you "read" it via your higher states of consciousness.

From the perspective of your higher consciousness, your thoughts and emotions do not need to "react" to life because you KNOW that it is YOU this is choosing/creating your life. In the higher dimensions, "choosing" and "creating" are the same terms. You choose to create your reality by choosing to attach your consciousness to that which you have chosen to attend.

"Where your attention is, there you are also!" is one of the most important aspects of the Ascension process. Another important aspect is, "There are no mistakes or accidents during Ascension," as YOU are the creator of your reality. As you monitor and take full responsibility for the frequency of your thoughts and emotions, you will increasingly flow into an ongoing awareness of the higher frequency thoughts and emotions that are infinitely within you.

We send you this preamble to our message because we want you to know that as your consciousness expands, you will begin to perceive the myriad higher dimensional friends circling your planet. Remember, you may NOT see these friends via your 3D perceptions, but via your fifth dimensional and beyond perceptions.

To summarize, your third-dimensional, outward focused perceptions may not reveal our presence. It is true that we can, and do, briefly lower our frequency into the third dimension to remind you all that we are here. However, just as you could not stay at the bottom of the ocean for too long without making special adjustments, we cannot stay in the third dimension for too long without making major adjustments.

For one thing, we are timeless Beings who flow within the NOW. You know that time is different in different states of consciousness via your dreams. You could have a dream that seemed to last for a lifetime and awake to see that your clock has only added a few minutes of your "time."

We will explain to you how we perceive you, our dear friends wearing physical vessels. For one thing, to look into your reality, we must look through the 3D Matrix. The 3D Matrix contains the frequency plate that you perceive as your physical world. To see you in this manner, we must recalibrate our perceptions into lower frequencies.

This re-calibration is much like the calibration that you use with binoculars where you "turn the wheels at the base of the binoculars" to adjust your perspective. In this same manner, we adjust our perspective down in frequency from our innate perception to see reality in the manner that you perceive it while wearing your Earth vessel.

We will explain this re-calibration process with visualization, as only your imagination could understand what we are saying. You might say that we have a "bird's eye" vision of your dimension, as we look down (in frequency – not space) to perceive the beautiful 3D vision of Gaia's blue orb.

You have all seen this vision via your space stations. However, these pictures only reveal the third dimensional qualities of your planet. Furthermore, the pictures that your "known" space programs (as there are MANY unknown space programs) share with you are greatly altered to hide their many nefarious ventures of which most of you are completely unaware.

From our fifth dimensional perspective we see what humanity has called "New Earth." Remember that time ONLY exists in your 3D/4D reality. Also, creation begins within the core in the higher dimensions and moves out into the lower worlds to be revealed in lower and lower dimensions by imprinting itself on Gaia's third/fourth dimensional matrix.

From our "higher perspective," we see the "blue glow" of fifth-dimensional Earth with clear blue skies and oceans. Gaia is, indeed, a blue jewel in space. We also see an armada of Starships from everywhere in your local Universe who have come to observe and assist.

We are, as you can imagine, serving a Multidimensional service. We have merged our consciousness with fifth dimensional Earth so that we can enter into the lower frequencies of her Multidimensional matrix. The purpose of this Multidimensional matrix is to read the consciousness of the inhabitants of Gaia to instantly provide all that is necessary for the life forms of that frequency.

We wish you to know that as you return to your own higher dimensional perceptions, you will have the same perceptions as ourselves. However, we perceive from our position on our Starship, whereas you may perceive it via the Lightbody you are wearing on fifth dimensional Earth.

We now lower our perceptual focus into the fourth dimension of Earth. From this perspective we see uncountable changes occurring all over fourth-dimensional Earth. These changes are occurring in different timelines, alternate realities and parallel realities, as well as within different subfrequencies of the fourth dimension.

As we enter the Spiritual Sub-plane of Gaia's fourth dimensional Earth, we see the "I AM Presence" of Humanity and all life. We also observe with loving support as we see more and more members of third/fourth dimensional Earth crossing into the fifth dimensional version of New Earth.

Many of these changes and Ascension that we can perceive within the NOW of the fifth dimension, are not yet within your 3D timeline. It is for this reason that your planet still carries a resonance in the third dimension. However, Gaia increasingly tires of the nefarious deeds of the lower consciousness members of Her Multidimensional matrix and is ready to release the third dimensional expression of her matrix.

She is aware that there are still many Beings that would not be able to attach their consciousness to even the higher sub-planes of the fourth dimensional lattice of her Multidimensional matrix. Therefore, Gaia waits.

As we lower our perceptions to perceive this causal Subplane of fourth dimensional Earth, we see that many of you, the Ascending Ones, have completed your Earth lesson of "cause and effect." You NOW remember that whatever you send into the 3D Matrix of Gaia will return to you.

By learning that lesson, your consciousness has expanded into the Causal, and for some the Spiritual sub-planes of the 4D component of Gaia's Multidimensional matrix. Those of you who

have expanded your consciousness to this frequency and beyond are busily creating more and more sections of Light on this matrix.

These areas of Light serve as Portals through we, the higher dimensional Beings, can attach our awareness to integrate our consciousness with your fourth dimensional reality. Through these Portals of Light we can also send forth thoughtforms of our Starships, as well as actual smaller crafts that we have lowered in frequency enough to be perceptible to your dream state and meditative mind.

What many of you do not realize is that in order to enter your holographic third dimensional reality, we must do so as a holographic projection. Many members of the holographic reality that is attached to your the third/fourth dimensional rungs of Gaia's Multidimensional matrix, do not perceive us as a hologram, as you are also a hologram.

Since your third/fourth dimensional consciousness has labeled this holographic world as "real," you also perceive us as real. We remind you that all third/fourth dimensional realities are holographic projections from your higher expressions of SELF.

ALL of you, even those who are playing the roles of the "dark side," all exist as ONE unified consciousness of Earth in Gaia's fifth dimensional expression. We understand that this information may be very difficult for you to accept. You intensely feel your pain, your happiness, your sorrow, your birth and your death.

Because you have seen yourselves as victims to your reality for so long, you have deeply embedded your consciousness into the lower frequencies where "victims" and "creator" are different terms. Many of you have forgotten that you chose to play out situations in which you perceived your SELF as a victim, so that you could remember that YOU are the creator of your reality with your own thoughts and emotions.

From your pre-birth frequency in the higher realms, you forgot how deeply the illusions of the third/fourth dimensions merged with your sense of SELF. Therefore, we and many other members of your Galactic Family are lowering our resonance to assist you to remember that YOU are US.

When you cannot consciously remember your own higher frequencies of SELF, you believe that you are trapped in the lower worlds and can only leave it via what you have titled as "death." To us, your "death" is perceived as "logging out" of your holographic reality and returning Home to your REAL self. We want you to remember that important fact.

Now, as we continue our journey through one of the wonderful Light Portals that you, the members of Earth have opened, we begin to perceive your third dimensional world through our Multidimensional perspective. Therefore, we perceive all of the versions of your SELF.

We can easily perceive what you may call a "string of Light" that connects all the myriad incarnations that you have taken within your NOW of some timeline, alternate and/or parallel embodiment on Earth. Because of the great importance of releasing the veils of illusion between dimensions, many of you have taken multiple incarnations in the hopes that at least one of you will fully awaken to your higher dimensional expressions.

Our perception of your third dimensional "rung" of Gaia's Multidimensional matrix is that it is a reality in the process of great change. We can feel this change within our bodies, just as you can

feel the great change within your bodies. Your bodies, your Earth vessels, represent your direct connection to the planet.

Since your small, individual Earth vessel is constructed of the same earth, air, fire and water as the planet, YOU are a miniature version of Gaia's Earth. One of the things that we perceive, and many of you are beginning to remember, is that your fourth dimensional auras are becoming Multidimensional.

We also perceive that many of you have consciously or unconsciously activated your Multidimensional Lightbody and on the verge of being able to burst into Lightbody when the situation calls on you to do so. Since, your Lightbody is Multidimensional, while in that frequency of your SELF, you will be able to replicate our journey, but into the higher frequencies.

In fact, many of you return to your Ships increasingly often. By returning to your higher SELF while maintaining a connection to your Earth vessel, you are able to remain attached to the 3D matrix via your Earth vessel, while you also connect with your fourth dimensional dreamtime.

Once you have taken those rehearsals of returning to your SELF, you are often ready to make your "maiden voyage" to visit your Starship on which your Lightbody SELF is serving to assist Gaia. In this manner, you are able to remain "in active duty" on 3D Earth while your ALSO continue your active duty on physical Earth.

We invite you to ask to be taken Home to your Starship before you sleep. Or, you may chose to use the power of your imagination to move up (in frequency) through the fourth dimension to visit your Starship in the fifth dimension. Many of you do so on a regular basis. All you need do NOW is to REMEMBER!

Call on us and we will assist you, The Blue Avians and Arcturians

## Flying to Lemuria

#### https://www.youtube.com/watch?feature=player\_embedded&v=yYbtiHt1QCI

#### **Lemurian Bird Tribe**

Question for my wonderful readers,

Have any of you made any new Galactic Friends?

I just want you to know that I have talked to many who are meeting and connecting with their higher dimensional Galactic SELF.

It is the NOW!

A Message from New Friends – The Blue Avians and The Arcturians. By Suzanne Lie, April 6, 2015.

http://suzanneliephd.blogspot.co.uk/