

**INFORMATION REGARDING CALLS PRESENTED AND/OR SUPPORTED BY
2013 RAINBOW ROUND TABLE**

I TO ACCESS THE THREE WEEKLY CALLS via the Internet

A BBS RADIO Go To www.bbsradio.com; click on Talk Radio Station #2; click on "64K Listen"

Thursday: 9 pm – 12:00 pm EST **Stargate Round Table** **Host: Marietta Robert**

Friday: 9 pm – 2 am EST **Friday Night Hard News** **Hosts: T & R**

Saturday: 4:30 pm – 2 am EST **History of our Galactic World & NESARA** **Hosts: T & R**

Friday, Saturday: From **10 – 11 pm EST**, for one hour, the call moves to the Conference Call Line [PIN below] and then returns to BBS Radio.

- During the radio show, use the following phone numbers to ask questions or make comments
530 – 227-7602 [line 1]
530 – 413-4522 [line 2]
530 – 530-413-5011 [line 3 & 4]
- **BBS Toll Free # in Canada, US** 1 – 888-429-5471 This number picks up whichever line is available.

B Conference Call: 1-860-970-0300

Thursday PIN #	87 87 87#
Friday PIN #	23 23 23 #
Saturday PIN #	13 72 9#

C Skype: **BBSradio2**

D Archives for the 3 Programs listed above:

- To access the **FREE BBS archives** for any of these programs:
 - Go to [BBSRadio.com/ Station 2](http://BBSRadio.com/Station2); scroll down; click on **Live Talk Radio Shows**
 - Scroll down to **Hard News on Friday with Tara and Rama**, and click on **"Library Archives"**
 - When that screen comes up, click on ARCHIVES; when that screen comes up, check on the date you want. It opens in a new tab: you'll see the "free to listen box"; click the bars to play; use the tab to stop and start the tape.
 - Right hand click on "direct MP3 Link" and then you can download the program to your own computer, or click on "Listen" without downloading the archived program.
- The **2013 website also has an archive section:**

<http://2013rainbowroundtable.ning.com/> look under the "Archives" tab for written notes.

II TO ACCESS OTHER CALLS SUPPORTED BY 2013 Rainbow Roundtable

A Sunday, Mondays: 9 – 10:30 EST **Cheryl Croci's Activation Calls**
By telephone only: 1 – 605-475-5950; PIN 9467441#

**B Tuesdays, 2nd & 4th of each month:
9: 00 – 11:00 pm EST** **Ashtar on the Road**
Hosts: Fran; Susan Leland channels Ashtar, Mother Sekhmet
www.Ashtarontheroad.com

- Phone Number: 1 – 605-562-3140; PIN 980339 #
- Call is free [except for long distance charges]
- Can also listen to the call via Skype

C Wednesdays: 7:00 – 9:00 EST **The Friends of The Aboriginal Moabite Nation Call**
By telephone only: 1– 712-432-0900 PIN 666238#
Replay # [good for 1 week] 1-712- 432-0990 PIN 666238#

Opening Meditation: Rainbird Calling in the 4 directions!

Housekeeping: Rainbird Thank you!

- BBS:**
- A listener-supported radio program; we know the White Knights listen but they cannot contribute anything; part of our job is to pay for them too
 - **We need \$ 300 this week.** Thanks to all who pay it forward. Thanks to new donors, too – makes it easier for all.
 - What we hear and learn feeds our minds and our souls! And, as LM Nada said, it is also part of our contribution to the work being done by Tara & Rama and to the changes going on. **Every little bit helps!**
 - Go to BBS.com/Radio 2; find the listing for Friday Night Hard News; find the **Paypal** button
 - **NO COST TO ACCESS THE ARCHIVES** for any of the T & R PROGRAMS, or the one for Thursday night: Stargate Round Table, hosted by MariettaRobert
 - Re: archives of the other programs on BBS: the money we pay to listen to someone else's archives is put towards our BBS bill!
 - The mailing address for those who do not like paying electronically:
**BBS Network, Inc. [Attention: Don]
5167 Toyon Lane
Paradise, CA 95969**
 - BBS appreciates getting checks through the mail – no fees taken off by Paypal

AN OPTION ON HOME PAGE: A BUTTON TO SET UP A MONTHLY SUBSCRIPTION

- T & R:**
- Can donate via the Paypal button on the website: 2013RainbowRoundTable.ning.com
 - need \$200+ \$140 for bills and sundrys

FROM ASHTAR ON THE ROAD: donate to the Santa Fe Coop so T&R can access organic, fresh food

Your donation here sets up an account for Tara & Rama with Beneficial Farms Community Supported Agriculture in Santa Fe, New Mexico. This will make available a weekly supply of fresh produce raised with organic and sustainable methods.

These funds will be exclusively used to maintain this weekly account for a steady supply of produce to Tara and Rama. They and we are very grateful for your assistance.

It's in the A-O-T-R store & is designated for the food. People can do multiples if they want:

<http://www.ashtarontheroad.com/catalog/item/2497194/10263880.htm>

Fran will put the link on their page as well.

http://www.ashtarontheroad.com/tara_rama_A_A_news_reports.html

- **Please notify them if you're sending something:** koran999@comcast.net
- Rama's mailing address for cheques, Money orders: Ram D Berkowitz
1704-B Llano St, # 249
Santa Fe, NM 87505
- **Phone contact** is via MariettaRobert: 317-773-0061
or by e-mail: stargatemarietta@gmail.com
- **Remember you can book a session with Mother, as well!**

MR:

- Please remember to support MariettaRobert's show also.

Introductory Notes:

- the Gofundme for Rama's operation is doing well: <https://www.gofundme.com/RamaSurgery>
 - **please keep the donations coming & send them to his paypal a/c with a memo**
 - **\$10,519 is the amount donated to date; they can now access the a/c**
- **CONFERENCE CALL: 9 – 10 PM, EST: 1 – 641-715-3650 PIN#: 353 863#**

- **716-748-0044 - use this number to hear the call very clearly: Link is courtesy BBS!**
- Link for the entire program:

<http://bbsradio.com/podcast/hard-news-friday-september-23-2016>

HARD NEWS

R: talked to Natasha today – saw a little more of what Nibiru is doing in the solar system

- very much a place of surrendering to love – send them some love even if they have orange hair and act like Hitler, or if they are Hitler's granddaughter [HRC]
- everything that is happening has to do with the death of the old timeline and superimposed over this, is the new timeline of Sat Yuga
- Natasha took Rama's hand and placed it on her pad, similar to RanaMu giving him VR goggles: he could hook up with indigo crystal children across the planet – such a feeling of hope!
- We are looking at a dark hologram coming from the dark-eyed transmission box – the only ones telling the truth are Democracy Now, RT and Free Speech
- Both Natasha and KOS told him that Gary Johnson bit the big one: took \$ from Koch Bros: GJ wants to privatize everything: hospitals, health care, schools, universities, firemen who would watch your house burn if you had not paid your stipend for the month!-
- **Rana Mu yesterday, Natasha today:** Lord Metatron, and Naptha El Ra are turning up the frequencies: this will increase things even more! Also has to do with the shift of time we are in – going into autumn in northern hemisphere, and Samhain/hallow'en
- Earth's magnetic field and our consciousness – article from Tom Kenyon **[SEE BELOW]**
 - the silicone chips in computer CPUs have consciousness – talk to them in a nice way and things go well.
 - Today they had to fix the skype things – as things become more intense, we can ask the higher frequencies what's up and they will tell us
- Natasha - shared what is happening in Europe
 - EU, countries in Europe in hot water; Brexit is unravelling
 - there could be a break-up of the EU – Max Keiser says it so well that the financial fiascos have nothing to do with reality; every thing leads into black budgets – money goes from congress into go into black holes and they create abominations
 - and at the same time the beings are moving higher and higher frequencies into our realms
- **Both Natasha and KOS** said full disclosure is inevitable:
 - people in Raefeon, GE, and other companies can no longer live with themselves as they have sent unmanned drones into Aleppo, other areas of the planet
- People are getting the news from the 3 sites mentioned; there are some good sites on the web; Keith Olberman is back; the world is wise to this, yet there is a group still buying the old story!
- KKK has been infiltrating police dep'ts for decades: and not just the southern slave states but all across the country
 - the blue culture has overwhelmed whatever culture the policemen come from: a black cop shot a black man somewhere - the fraternity is most important – end up dead if you cross your colleagues

Article: Why are cops OK with killing black people?

[SEE BELOW]

Yet we don't hear about the overlords that these ones answer to who are not

human to begin with – 22' taller and taller who eat humans - even the cloned versions eat people and breathe fire

T: we want to send them love! Yes, it's hard but send them love!

Audio: Thom Hartmann plays the audio of what the wife of Keith Scott recorded at the scene: It's hard to listen to yet we must witness this

CONFERENCE CALL

T: in such tense times!

Ro: said all the police officers that have killed people will be removed from earth?

T: Yes, in the proper sequence. Thom is asking how can we possibly trust the police? They have actually killed 850 in US this year; in Germany not one person has been killed in last 2 years; in Britain, about 24 killed in the last 15 years –

- police trainees in Europe have to take hundreds and hundreds of hours, and serve from several years before they become a full fledged police officers
- the process of change here will be done with a Council of Elders guiding us, and the soul-ution for the highest good of all

T: the people who do the killing are also doing the investigation of the cases of citizens killed by themselves. [fox guarding the hen house scenario]

- there is no leadership or power in any of the gov't – all in the hands of the Black Pope AND they are not from here! [they=leaders in various places]
- We have an example in Norway of a better way to treat prisoners: they never do the things to the people who have committed crimes that we do in US – they are on an island prison; they are treated well; PTSD is healed and all kinds of other things related to physical, mental and spiritual health; maximum sentence is 15 years NOT LIFE!

RA:

T: the royals of all the countries are complete Nazis; the point is that human beings cannot rehabilitate in the American condition

- yes, the only reason for the drug laws is to create schools for drug dispersal - \$60,000 a year for every person incarcerated, and getting those people schooled in how to work for those in charge!

Ro: does not want to hear their names or anything to do with them

T: they will put someone else in their place unless we change the whole system!

Ro: What do we need to do to make NESARA happen?

T: Have millions who are still racist and who think violence is fine; have done nothing to raise their consciousness;

Lyn: important part of NESARA is getting the healing centres started and what her legislation wants to get done

T: the 1.2 million are non-human; they prepresent something that is not from here; they have to they have a chat with mother and that will determine what will happen to them – tho' they have passed the ???

- doing dance, healing arts, learning something about themselves; a small apartment; go outside and chop wood, carry water – what happens in US is outlandish!

Ro: do we allow it for much longer? Means announcements, disclosure

T: it is up to you and me: there have to be enough of us doing what it takes to raise our vibrations and bring others with us – IT IS REALLY UP TO US, TOGETHER!.

- There are things we are being told, what Rama has access to and shares: ARE WE REALLY IN A PLACE OF UNCONDITIONAL LOVE, DIVINE NEUTRALITY; IN THE DHARMA AND THE SANGA [unless we have walked in another's shoes we cannot throw the first stone]

Ro:we are on this earth and have been raised as humans [so we do get annoyed]

- cannot see either [Trump or HRC] being elected; cannot imagine getting into next year

T: look at what am I being asked to do by my guidance at a cosmic level: we are the leaders in being transformed in front of everyone!

Ro: wants to teach galactic arts to everyone and use a space ship; after he makes sure his family is ok

Reading: 2016/09/22 Earth's magnetic field and consciousness – Tom Kenyon – from howtoexitthematrix.com

Carlton: asks about the pipeline events – Laura Flanders was there, talked to one of the Grandmothers who talked about killing the black snake:

- Google it: **Free the Hard Way** – a movie from the 70s – a diabolical plot to poison the water in cities with predominantly black populations

T: all the chemical waste plants are in black neighbourhoods DELIBERATELY! Set up by the Koch Bros -

Carlton: of course they save the day and stop the process – referring to the movie!

T: the energies are welling up in her all the time:

Carlton: from a metaphysical / astronomical / galactic viewpoint – not so much the bottom of the well stuff: the idea that it's no accident is now understood largely because of social media more and more police killings; Julian Assange & Wikileaks bringing things to a head –

- Asks about the perspective of Mother or any other galactics on this time period – Sept – Dec

T: this is the end of the end of the end time! What we are feeling and we are responsible for helping others too – there are many run-away energies and if people are not quite grounded, can get into trouble and take themselves out easily

Raylene: listening to this: got it is Divine Chaos before the shift – quite ugly, but is changing – best thing is to hold the love

T: Mother saying it too - the energies are so pushing us to a place where our choice is to choose love or not be-ing!

Raylene: heard about Gaia having her kundilini activated in 2012 – because the magnetic field is so ?? - The electrical part is what we do with that energy and we cannot just sit down and wait – we need to be grounded and do the grounding – unplug from the matrix which is now like a swiss cheese!

- Also, movies / cinema is a beautiful way to shift consciousness: Dr Greer asking for \$ for his movie
- Why doesn't Dr Greer catch up with the Keshe foundation – does he know about it?

T: yes, he knows all about it! Keshe was almost killed 4 times, too. The older generation – there are some of us in 80s and 90s that they are in contact with: Sister Francesca from Nicaragua her whole family was slaughtered – living in San Fran in her 80s – don't have to tell her what the history is!

Ro: had a dream involving paschats: in the future, going to a movie [?]

Raylene: the films coming out bring messages in different ways; energies are shifting while we are talking – hang in there!

T: shifting while walking – that's what's going on?

BBS RADIO

MOTHER / ALCYONE [M/A]

Greetings in the Light of the Most Radiant one! In the Office of the Christ and only in the Office of

the Christ, we invoke the loving energies of St Germain and the Violet Flame!

Greetings, Children of Ra!

- Indeed, welcome and well met! Now is the time we have asked to rise to the occasion; let's say we asked to come in and do the magic that we do so well – which is transfiguration! We asked to be here as we all have power to transform, transfigure, this holographic story. There is one story – it is about love .
- **THIS** is the time, the place, the hour that it has to arrive in, knowing full well the ramifications of how chaotic the times may be! Everyone has their disabilities; we have all become aware of [them].
 - As the magnetic frequencies we've heard about are only to get more of that which is about the heart beat of She who is symbiotically us: as we breathe, she breathes. The heartbeat of that mother in us, in innocence: she is rising to the occasion - we all are, as well!
- Sacred dances of magic have begun! This time we are in - we make no bones about it – red star kachina, blue star kachina: all of them are here – the gathering of the rainbow nations at the place of Standing Rock as the voice of Mother speaking about the water - what Dr Emoto speaks of. Even as we take radiated water and we send the snowflakes into the water of I LOVE YOU – transformation, blessings and great tidings of joy for all: that radiated water becomes plasma water by our gods!
- The energies in play now cannot be stopped; cannot hold back the tide of the oceans of energy that are pouring forth from Galactic Center. As we have been hearing about for many moons now, there is an anomaly that has been growing exponentially in the centre of the Milky Way Galaxy – it is about this time we are in
 - as the energies pour forth, they shift every particle to one of love. Our wayward brothers and sisters know this and they cannot stop it: it just is – part of the nature of moving from Kali Yuga to Sat Yuga, Silver Age to Golden Age; Golden Age of Enlightenment **is now**.
 - Many folks have said down the road; even 2037 dates have been put out – she says no dates: no appointments, no disappointments! The time is NOW: the Force even of itself has made opportunities so on the money, as we have a saying here on the planet!
- This time we are in is about the shift of consciousness – the shift of the ages – the word “Zeitgeist”: spirit of the age. this is the time, this is the place. All the players are here for the passion play and it is playing out to the tune of a different drummer: that drummer is that heart beat of Mother, where she is saying enough blood has been spilled.
- And yes, she makes no bones about it: she comes in the red scarlet dress: it is about this time as she did once before: the time, the season, is such that the rivers flow with the scarlet red energy as we are seeing.
 - And it is about this particular story: first and foremost the black madonna, the gold dust, the melanin, the stories about ancient – le -mur-i-a - - lemurs, the moors - the old story about the first people who were here before we got here, called the Watchers: sentinals, as it were; these ones that make up the 5 elements that hold life together. Remember the movie *The 5th Element* – LOVE.
 - Now is the time -
T: now and now and now and now: choose love, choose love, choose love, choose love
- Even as we approach what is rapidly spilling over with infinite grace, gratitude, bliss and joy – to just be alive and feel the frequencies pouring in at this time; there are rainbow crystal children coming forth into this realm who have, in the first few moments of the dawn of

what these teachers have come to share with us; as the Rainbird said: teachers' teachers' teachers are here: we all have the power with love. It is like St Jimmy Hendrix said: when the power of love overcomes the love of power, then there shall be peace.

- Without justice, there can be no peace. How justice comes about is with the divine magic of unity consciousness; consciousness does not necessarily need body, form to communicate with you, me or Pinky Lee: it is thought from frequency that has no limits

- An episode of *Star Trek: Next Generation*: one of the crew members got in touch with a consciousness by way of satellite dishes that were 100s of 1000s of satellite dishes – to use a metaphor, the satellite dishes held the consciousness that one of the crew got in touch with and got a download: Lord Krishna came and showed Arjuna his universal form and in an instant he got the awareness, the shakti pat, of how to take the thought forms and the awareness of where he wanted to go and they did it – moved the Enterprise 42 million light years across the galaxy to the place where thought becomes reality – whatever you think is instantly here –
 - this year in our midst as we have this conversation –
 - give us the words, Lady Master, about how we are all related in this rainbow story, whether we have fur, fins, black skin, blue skin, or green or purple: doesn't matter, we are all vitally important to the configuration of how this cosmic story plays out.
 - **The time is now.**
 - As we are awakening in this time, as we see the angels, the unicorns, the fairies, the hobbits, the devas – they are asking us to set aside the affairs of the timeline and dance in the elysian fields and just experience the ecstasy, that moment – it takes one instant. As as we experience the instant, it changes our physicality, the particles, the mitachlorians within these temples:
 - the Force is asking us to dance, to be in joy, in the midst of “yay, I walk in the valley of the shadow of Mordor, I will fear no evil ” – we are walking in this shadow of Mordor now as we look upon Damascus, Aleppo, the West Bank, parts of downtown Detroit, parts of Washington Heights, the Bronx, Harlem, south side of Chicago, Ferguson, East LA – we all have a role to play in this grand story.
- Like Storm said it best in *X Men: Apocalypse*: we rise out of the ashes like the phoenix to bring this wisdom we have within ourselves; the electrons, the protons. Everything is in divine harmonic resonance of dance, of joy; how can we experience that cosmic joy: set aside for just an instant: we are all this lady who lost her husband in front of the world by public executions and, in the same breath, there is a monarch butterfly, maybe a yellow swallow tail butterfly, flapping its wings in Utah, Pradesh, India – that butterfly's magnetic frequency of scalar waves, just flapping its wings as it moves across the vacuum of space/time – those waves have already become what is pouring out of the centre of the Milky Way Galaxy and it is affecting this beloved planet of living light, living love.
- as the Captain has said there will be **no nuclear war, no extinction events** – the events are going on inside here; maybe it is best that we should look at the black hole inside our hearts which got shut down long ago
 - Long time ago like in the song: the boy in the bubble: corner of the sky, a constellation is dying, don't cry, don't cry; remember we are all in this together. It is not about death; it is **about physical resurrection**; in this moment, we have the power with love to resurrect our own – let's say whatever may have felt like it got inside ourselves a long, long time ago; now here it is now – we are fully looking at ourselves in the mirror: like Michael Jackson's song “the man in the mirror is us”; what we have done to her, we feel, we sense every move
- what is being played out; she is wearing her crimson red dress, dressed to the nines for blood like the penguins for blood and, at the same time, it is about that which we asked for: that

resurrection, that transfiguration of everlasting living love, living light. This is the time, this is the place

- if we get a sense that this may be all we can hold and more - go into the dying and, like Rumi says, this is how I shall die tonight, by going into that love, and it is that place where there is no death: it is just that I take one shirt off and I allow the light of gazillions amounts of suns to pour forth in this moment.
- Each one of us sons and daughters of the Most High never die – yet it is in this moment, **the shift of the ages is at hand**, and she will say remember through all of this, we are the ones who asked to be here, to awaken consciousness in the rocks, the trees, the grass, us, the particles – it is everything and nothing
- and, in the same moment, in that quiet stillness, Tom the Cat shows up and says "Time for dinner! Can we have some more tea please, with a little more of the crumpets and the scones and the Pleiadian wafers". The time is nigh; this hour is now!

- Greetings in the Light of the Most Radiant one!
- They do some toning together

Mother begins with some exclamations:

- Remember we have the frequency, the everlasting flame that never goes out – we got it in our heart - remember to send only love to all situations, even as we are in . . .
- remember the light of the golden white buffalo calf woman comes, shines the light of a trillion suns – so be it! So it is!
- Enshallah! Namaste! Lord Maitraya is here: answer the call – he will share with us the wisdom –
- In the light of the most radiant one! Kadoish, kadoish, kadoish . . .

R: Was at Fortress of Solitude: has not been there for a long time.

- Listening to the crystals singing their song – a high pitch as when you strike the solfeggio keys and the tones go forever – it awakens everything, all the cells . . . Oh, My!



Audio: Bill Maher Episode 404 2016-09-23

Maureen Dowd, Lanhee Chen, Neera Tanden, Max Brooks, Michael Franti

Real Time With Bill Maher Monologue September 23 2016 (HBO)
<https://www.youtube.com/watch?v=KaMUHgdE5Y>

Real Time With Bill Maher: New Rule "Hypocrisy - Joy Muck Club" Over Time (HBO) Sept 23, 2016
<https://www.youtube.com/watch?v=kIpcStNFiFo>

[#Trump](#) saying "I called it" about the NY/NJ bombing: Donald Trump is the only person besides terrorists who claims credit for terrorism.

Real Time With Bill Maher: Trump vs Hillary Debate Preview September 23 2016 (HBO)

<https://www.youtube.com/watch?v=7fzLJeKldoo>

Audio: [KR970] Keiser Report: Hippies vs Hipsters 2016-09-22

<https://youtu.be/ZlxD48gWtaE>

We warn hipsters, "Don't let the hippie man keep you down." As the intergenerational baton is passed to a bigger voting bloc called 'Millennial', we look at the economic consequences to all the Ponzi and pyramid schemes which worked well for the Boomers. Max interviews [Wolf Richter](#) about the real numbers behind US income data and Germany's export plunge. They also discuss whether or not Deutsche Bank can survive these days of major fines.

Audio: balance of Thom Hartmann

[Full Show 9/23/16: Cell Video Raises Big Questions in Scott Case](#)

<http://www.thomhartmann.com/bigpicture/full-show-92316-cell-video-raises-big-questions-scott-case>

Thom discusses the release of the cell phone video in the Keith Scott case with former DC police officer Ron Hampton, attorney Debbie Hines, and activists Kymone Freeman and Eugene Puryear. Tonight's Rumble discusses whether we should trust the police, the lack of policy coverage by the media in the presidential race, and new catastrophic news on climate change.

Audio: Redacted Tonight [117] Major Dark Money Leak!, Marijuana Legalization, Hacktivists Attacked

<https://www.youtube.com/watch?v=vAi6f4MEc78>

Published on 23 Sep 2016

In this episode of Redacted Tonight, Lee Camp presents, "The Dark Money Special Report." He explains in infuriating hilarity the insane new leak showing just how corrupt Wisconsin Governor Scott Walker is. This leak reveals how deeply tied into a dark money web he really is. This corruption has far-reaching implications for what's happening in our country, as our democracy continues to be hijacked by corporate, pay to play, quid pro quo, special interests. Lee also explains how money in politics is destroying us. And he provides a new and exciting solution for how we can turn things around. It's called the "Clean Money Candidate Certificate." Keep an eye out for more on that! In the second half of the show, correspondent John F. O'Donnell joins Lee at the desk to lend exposure to the plight of UK Hacktivist and political organizer, Lauri Love. The US is actually trying to extradite him to the States, where he would face up to 99 years in prison for "political protest hacks" that hurt nobody. Then correspondent Naomi Karavani presents her "raging controversy" report about how Big Pharma is really behind keeping marijuana illegal.

Audio: ending with a positive solution!

Reading: When God was a Woman: the Northern Invaders

the section on Egypt "In the Pyramid Texts of the fifth Dynasty . . ." [p 90]
Talking about a star ship? Checks with Rama about this: YES

Closing: Rainbird

Music: Rumi: the Song of the Reed **<https://www.youtube.com/watch?v=msIGLXmduHw&list=RDmsIGLXmduHw>**

Song: You Can Relax Now

Sung by [Shaina Noll](#)

Brief story about unicorns -

Song: You Can Relax Now

Music & Lyrics: Susan McCullen

© 1986, Heartland Music All Rights Reserved

Sung by [Shaina Noll](#)

<https://www.youtube.com/watch?v=qH5gtOnmVJw>

You can relax now
Come on and open your eyes
Breathe deeply now
I am with you.
Oh my sweet sweet child
Who do you think you are
You are the child of God
And that will never change.

You had a dream
You misunderstood
You thought we were separate
But now you hear my voice and
You can relax now
C'mon and open your eyes
And breathe deeply now
I am with you.
You are the love of my life
You are my one creation
You are eternity
And that will never change.

You had a dream
You misunderstood
You thought we were separate
But now please hear my voice and
You can relax now
Cmon and open your eyes
And breathe deeply now
I am with you.
Oh my sweet sweet child
Who do you think you are
You are the child of God
That will never change.

You are what you are.
You are eternity.
You are divinity.
That can never change.
That has never changed.
Just a dream...open your eyes and breathe.
You are eternity.
You are divinity.
You can relax now...you can.
You are a child of God.
Open your eyes and breathe
You can relax...

INFORMATION RELATED TO THE NOTES

2016-09-21 **Why are cops OK with killing black people? Because American history teaches that we aren't fully human**

Cops dehumanize African Americans in order to administer an oppressive system — and that makes it easy to kill us

D. Watkins

Protester, Baltimore, April 25, 2015. (Credit: Reuters/Sait Serkan Gurbuz)

Last April Terrill Thomas, a 38-year-old inmate in the Milwaukee County Jail suffering from severe mental illness, died of "profound dehydration." He spent his last days pleading — begging — for something to drink, after the water in his cell was shut off. Corrections officers in the jail had no problem torturing him, watching him die slowly and painfully because they did not see him as human. This week Thomas' death was ruled to be a homicide.



* * *

It was our possession. The ball was in my hands and the score was 15-up. The game went straight to 16 because Black Rod had winners. We were 12 years old and eager to play against Rod's 16-year-old friends. The game was ours: I just had to toss the ball down to Al in the post because he was stronger than everybody else. He could easily turn his back on a defender and push him under the rack for the easy layup.

The play danced around in my head as I checked the rock - and then a mix of cops, uniformed and plainclothes, invaded the court from all four entrances, making all of us lie down on the ground face first. With guns drawn on us kids, they found joy watching our noses brush concrete as they wasted our time looking for a robbery suspect. Or so they said.

Sweeps like this would continue to happen throughout my childhood. Plenty of white shirts and sneakers got ruined, along with my respect for police officers, from repeatedly being forced to lie on the ground. Those cops didn't care about our respect because they didn't see us as humans.

* * *

On Tuesday the Tulsa Police Department released a video of police officers killing Terence Crutcher with apparent carelessness and in cold blood. His car stalled. He exited the vehicle for assistance, as most people in a stalled car would do, and lost his life for that. As requested, Crutcher had his hands up and Officer Betty Shelby still shot him.

When was the last time a white person was gunned down for needing vehicular assistance?

He was guilty of being black and didn't need a trial to prove that. Black skin is a crime and Crutcher's killer had no problem pulling the trigger because she didn't see him as human.

* * *

Unk-a-Bunk, or Bunk for short, used to scream suras from the Quran at the top of his lungs on the corner of Rutland Avenue. He'd pace up and down the block all day long, having an intense conversation with himself that never ended, unless he unofficially invited us to his pop-up praise sessions. One day police flooded the corner in the middle of one of Bunk's sermons.

"Shut the fuck up! Sit your ass down!" a laughing officer said. I'm guessing Bunk's praises interrupted his joke. That cop had been through the neighborhood plenty of times; he was a regular. He had to know that Bunk had some sort of mental illness.

"Boy, shut the fuck up!" the cop yelled again. Why Bunk sung to Allah, the officer whaled on his head with his club until he was speechless.

"Call an ambo and get this piece of shit to the hospital," said the officer, still laughing. Laughing was an easy task for him, even while a bleeding man with a disability, whom he easily could have killed, was stretched out right in front of him — because that cop didn't see Bunk as human.

* * *

Keith Lamont Scott, 43, a disabled man who had a wife and seven children was gunned down by police on Tuesday night in Charlotte, North Carolina. Cops were serving an arrest warrant on another person and magically killed an innocent black man who was reportedly reading a book while waiting for his son. Brentley Vinson, the killer in question, is a black officer but it doesn't matter. Oppressing black people is part of his job.

Many black cops share the same mentality as racist white cops. As soon as they put on the badge, they develop that perspective embodied by Samuel L. Jackson in "Django Unchained." - The dehumanization sets in and black skin becomes illegal. Cops have to trick themselves into believing that black people aren't human because it's a proven system and one of the most effective tools in administering oppression. You can't just rape, kill and enslave people. But if they aren't people — and if they are incapable of reason, or of grief, [as Thomas Jefferson suggested](#) — then you can do as you please.

* * *

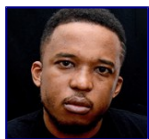
It seems like there's a new hashtag, a new video and another innocent black victim being murdered by police officers every day. So much so that global threats feel like an illusion. Talk to a black person in a predominantly black neighborhood about al-Qaida or ISIS or what's happening in Syria. They'll look at you with the same twisted face Libertarian candidate Gary Johnson made when [asked about Aleppo](#). We don't know!

Well, we do know, but it's too hard for us to focus on the global terrorists when domestic terrorists pin badges to their blue uniforms, call themselves cops and patrol our neighborhoods every day with a license to kill. I don't know people with hero-cop stories. Who do they model these Bruce Willis characters after?

My cop stories include murder, extortion, harassment, brutality and disrespect on every level, and the bulk of African-Americans feel the same way. We know that police officers don't adhere to any type of moral code when dealing with black people. Dehumanizing us allows them to function.

What can we do?

We march, sing, disrupt and protest for justice in a country that fails to convict cops, even in cases with piles and piles of evidence: Consider Eric Garner of Staten Island, murdered on video by an officer who used an illegal chokehold. He clearly stated that he couldn't breathe. But to Officer Daniel Pantaleo, the cowardly killer who continues to receive pay increases, Garner, like Thomas, Crutcher and the rest of us, wasn't human.



D. Watkins is an Editor at Large for Salon. He is also a professor at the University of Baltimore and founder of the BMORE Writers Project. Watkins is the author of the New York Times best-sellers "[The Beast Side: Living \(and Dying\) While Black in America](#)" and "[The Cook Up: A Crack Rock Memoir](#)."

<http://www.salon.com/2016/09/21/why-are-cops-ok-with-killing-black-people-because-american-history-teaches-that-we-arent-fully-human/>

<http://tomkenyon.com/earths-magnetic-field>

Let us give you an overview of the current planetary situation as we view it.

The magnetic field of earth is involved in a perturbation or morphing. This is taking place *interdimensionally*, and the net effect is incremental surges in amplitude or strength of the magnetic field. This morphing of earth's magnetic field is like a wave that rises and falls very quickly, and the oscillations are minute, but distinct. This is having a very strange effect upon human consciousness, specifically your biological experience. Many people are experiencing an increase of exhaustion and weariness. (As we have mentioned in previous communications, these symptoms are also caused by movements of energies from deep space as they pass through your galaxy and your solar system.)

But this (perturbation) is of a different category. This is caused by the magnetic field itself, which is responding to the deep energies from space. It is a response of the molten core of your earth itself; and the magnetic field is having a conversation with the cosmos, if you wish to think of it in this metaphorical way. Now, your science does not view things in this manner, but from our perspective the magnetic field is having a conversation with these cosmic visitors, the energies from deep space, which are, by nature, catalysts for spiritual evolution.

Another set of symptoms directly related to the perturbations of your magnetic field are distinct changes in how you hold short term memory—because memory is a function of the magnetics of your own nervous system and that of earth. Your brain processes information through the minute gravitational and non-gravitational fields of its own structure and it is affected directly by fluctuations in the earth's magnetic field. And so you can expect an increase in short term memory anomalies. You may find yourself speaking a sentence and suddenly the words do not come to you or you mix up the words from their normal syntax. While in some cases this is the sign of a brain disorder, you will find this happening within the general populace at an increasing rate. Escalations in collective short-term memory *glitches* will lead humanity to a most novel situation. This situation is an opportunity or a curse, depending on how you work with it.

The opportunity is to see through the *mental matrix* of your own creation. What we mean by this is when your mind is unable to continue its *story line* in the ways it is used to, you have an opportunity to glimpse the realities behind the curtain (of perception). You are the ones who have created the curtain, and you have done this to keep yourselves separated from things you do not wish to see or experience directly, or in some cases what others do not wish you to see or experience directly. We refer here to *the unseen manipulators* of your collective reality—those who hold the economic and political reins of power.

We have said before that there are forces on your planet that actively resist the impulse for spiritual evolution. They are invested in continuing their lies through the misappropriation of information in order to control you. Their job is getting more difficult.

Their job is getting more difficult because the perturbation of the magnetic field creates gaps in the creation of mental realities projected by the human mind. They—meaning those who wish to control and manipulate you—have vast resources at their command, and they are employing every one of them. But they cannot control the magnetic field of the earth! And for this, you

should give thanks.

The impulse that is affecting the magnetic field of the earth comes from far beyond their locus of influence. It is our expectation, based upon our understanding of hyper-dimensional physics, that the perturbations of your magnetic field are going to increase over the next several years. Those of you who are sensitive energetically are the ones feeling this most intensely at the present moment, but we suspect that in the next two to three years most people will be affected by this in a way they are consciously aware of, even if they do not know why.

We have a couple of suggestions for dealing with the situation.

Our first suggestion is the easiest. It involves understanding your connection to the core of the earth itself. As an energetic being, in addition to your flesh and blood, you can form a conscious energetic relationship with the core of the earth.

This understanding, or orientation, is that you are immersed in and surrounded by, earth's magnetic field. By going into mental resonance with the core of the earth (the generator of earth's magnetic field), you become energetically stabilized. The earth, as a conscious being, can reveal herself to you in ways that are difficult to describe because your culture does not have a language for this. And you have been manipulated and controlled to insure that you do not have an awareness of this, for it could be one of your greatest strengths.

By entering into resonance with the core of the earth you become more conscious of the earth as a *living conscious being*. Through this link, you receive a type of *energetic-solidity*—even in the midst of earth's increasing chaos.

The odd thing about it, however, is that when you bring yourself to your senses, so to speak, you are less controllable, less "manipulatable" by those forces that control the thought stream of humanity through mis-information, manipulation and mind-control.

In other words, forming a direct conscious relationship with the earth's core bypasses many of the affects of what we call life-negative technologies.

If you wish to do something in addition to entering into mental resonance with the core of the earth, we suggest using your *pranic tube*, a subtle energetic channel that runs from above your head, through the center of your body, and into the earth. This tube, this channel, can be extended deep into the earth, down into the very core itself, and also above the head deep into space. In this method you are not dealing with extending the channel beyond the top of the head. Instead, you only extend the channel into the core of the earth.

But the essential thing is not so much the sending of this channel into the earth. The essential thing is to understand that you are in resonance with the core of the earth simply by *knowing* it. This will impart a sense of stability even in the midst of increasing chaos. It will awaken your senses. It will bring you into greater conscious relationship to earth. And, we must caution you that it will also de-hypnotize you—make you less controllable. And you will see through the lies around you more clearly!

The second suggestion involves developing a conscious relationship to the core of the galaxy.

Essentially, understand that you can be in resonance with the core of the Milky Way Galaxy, which is a black hole, and that in similar ways to being in resonance with the core of the earth, you can

become stabilized in relationship to the galaxy.

If you are capable of this, simply hearing this described to you will activate the knowingness of how to do it. It is not a complex affair. It is quite simple, but requires the understanding that a part of you is not limited by the time and space coordinates of your physical body.

It requires an understanding that consciousness can extend instantaneously, anywhere in time and space, and by extending your consciousness to the galactic core, you are stabilized in relationship to the galaxy.

The ideal is to be in relationship to earth's core and the core of the galaxy simultaneously.

Then you will be able to ride the waves of energy from deep space with a greater degree of mastery.

But, again, we caution you that this will make you less controllable, harder to hypnotize, and then you may have the very odd experience of waking up while many around you are still asleep. What you do with this awareness is, of course, your choice and your response-ability.

The Hathors March 24, 2008

A few clarifying thoughts from Tom

For those unfamiliar with the pranic tube here is a brief description:

The pranic tube is a subtle energetic-channel that is *tube-like* and runs from the crown, at the top of the head, through the center of the body and passes through the perineum into the earth. The perineum is a point mid-way between your genitals and your anus.

If you touch the tip of your thumb to the tip of your second finger, you will see a circle that is the approximate size of *your* pranic tube. In some esoteric traditions, the pranic tube is called the *Central Pillar* or *Central Column*.

Some lineages of Tibetan Buddhist yogis and yoginis work with a very thin channel, about the size of a human hair, that runs through the center of the pranic tube. This energy pathway is known as *the Secret Channel* and it is used in certain esoteric yogic practices to affect the subtle energetics within the yogi's or yogini's body—the idea being that such practices lead to a quicker unfolding of spiritual illumination or enlightenment.

Generally speaking, the pranic tube runs a few feet into the earth (unless one is really ungrounded) and up above the head a few feet as well. Since the pranic tube is a subtle energetic, it does not follow the laws of Newtonian physics, but instead resides within the constraints of Quantum Mechanics. Thus, it is possible to extend the pranic tube very far into the earth, into the very core of the planet and/or far out into space.

For those readers who find such concepts outlandish, I suggest you read a short article I wrote entitled Thoughts and Observations of the Channel.

If it helps, think of the pranic tube as an imaginary device. Then you don't have to determine whether such a thing is really possible or not. You can explore the effects of the pranic tube on its own terms.

The pranic tube is affected by thought and intention. All it takes to extend the channel into the

earth or into the cosmos is the intention for it to do so. If you are new at this, you may just have a thought that it is happening. As you work with it more, you will eventually have the distinct impression that it extends or contracts according to your intention.

In the method suggested by the Hathors in this planetary message, use of the pranic tube is for those who want to *do something* in addition to just going into mental resonance with the earth. Some people are resonators and some are activators. Some people are both. Going into resonance with something other than you (i.e. the earth's core) is essentially an act of passivity. Some people do this well while some people need to do something. For those who want to do something while going into resonance, the pranic tube is an excellent device. So choose the method that works for you.

The important thing—however you do it—is to enter into mental resonance with the core of the earth and if you can manage it, the galactic core as well.

© 2016 Tom Kenyon All Rights Reserved www.tomkenyon.com